

# HORIZONS

CITY OF SUNRISE EVENT & ACTIVITY GUIDE

JULY | AUGUST | SEPTEMBER | 2024



Sunrise Athletic Complex (SAC)  
Bankshot Basketball Course



Scan Here  
to Learn  
About SAC

Meet Your Mayor  
and Commissioners  
See pages 3 - 7 for details!



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## STAY CONNECTED



[www.sunrisefl.gov](http://www.sunrisefl.gov)



@cityofsunrise



*Horizons is now color coded by section! As you flip through our updated layout, be sure to explore the map of Leisure Services facilities and amenities on page 38.*



## ADA Notice

The City of Sunrise is an equal opportunity agency and does not discriminate with regard to its services, programs and activities regardless of race, color, religion, national origin, sex, age or physical or mental abilities. Any person who believes he or she has a disability and requires an accommodation in order to participate in any of our programs, please call (954) 747-4600 as early as possible so that we may have adequate time to ensure an accommodation by the start date.

## It's Easy to Register for Leisure Services Programs! Here's How:



**Online** at [www.sunrisefl.gov/registration.html](http://www.sunrisefl.gov/registration.html)

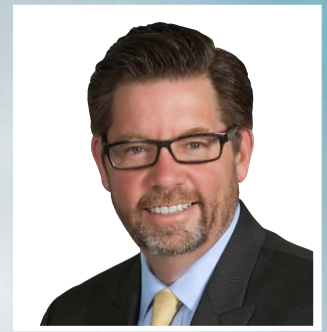
- Have your Household Number handy, along with a Visa, MasterCard, American Express or Discover card

**In Person** at the Sunrise Civic Center, 10610 West Oakland Park Boulevard

- In the Leisure Services office (second floor), weekdays from 9:00 am to 5:30 pm
- In the Athletic Club (first floor), weekdays from 6:30 am to 9:00 pm and weekends from 8:00 am to 7:00 pm

# A MESSAGE FROM MAYOR MICHAEL J. RYAN

Sunrise City Commission, Mayor's Seat | [mryan@sunrisefl.gov](mailto:mryan@sunrisefl.gov)



As the sun shines ever-brighter over our beautiful city, we are filled with the vibrant energy and warmth that the summer season brings. Summer in Sunrise is a time for us to come together to enjoy our wonderful community and create lasting memories. Sunrise has so many opportunities for you and your family to engage and celebrate including parks, pools, splash pads, covered and indoor basketball courts, special events, golf, tennis and even pickleball!

We have an exciting lineup of events this summer, and I encourage you to learn more at [www.sunrisefl.gov/events!](http://www.sunrisefl.gov/events!) Our annual **July 4th Celebration** will begin in the morning with an "Under the Sea" parade along Sunset Strip and a Family Fun Day at City Park. In the evening, you can help us "Celebrate Freedom with Freestyle" at an '80s music concert featuring DJ Johnny Quest and chart-topping artists The Cover Girls and Lisa Lisa starting at 6 pm at the Amerant Bank Arena. The music will be followed by an incredible fireworks show, at 9:30 pm. We hope to see you and your family there!

On August 3rd at our **Back to School Splash**, you can connect with your child's school and enjoy refreshments, activities, and giveaways, including a free book and school supplies for the first 1,000 Sunrise students. Following this event, the **National Night Out** is back on August 6th with police/community partnerships, live music, refreshments, public safety demonstrations and displays. In September, we will once again honor and remember those affected by the tragic events of 9/11 in our September 11th Remembrance Ceremony.

Other beloved annual events as we transition into the fall include our fun-filled outdoor **Family Fishing Derby** on September 14th, our seasonal celebration with family activities and vendors at the **Fall Harvest Festival** on September 21st, and our friendly open-play **Mayors' Chess**

**Challenge** on September 28th. Stay tuned to our social media @CityofSunrise for more information on these and other exciting Sunrise events.

I am also grateful that so many of you have begun preparations for hurricane season. Your proactive efforts will help ensure that we are ready to face any challenges that may come our way. Being great neighbors and looking out for each other truly makes a difference and helps to keep our community safe.

We are excited to see residents taking advantage of our **Residential Fence Repair Incentive Program**, which provides qualifying homeowners with a reimbursement of up to \$500 for fence repairs made to their homesteaded property in Sunrise. This wonderful opportunity to enhance the safety and beauty of our neighborhoods can be found at [www.sunrisefl.gov/fencerepair](http://www.sunrisefl.gov/fencerepair).

Opportunity continues to thrive and dreams continue to soar in Sunrise. We invite small business owners to apply for the next **Sunrise Small Business Academy (SSBA)** cohort, beginning in September. This program offers valuable resources and support to help your business thrive and for you to follow your entrepreneurial dreams. To learn more, stay tuned to [www.sunrisefl.gov/ssba](http://www.sunrisefl.gov/ssba).

As we embrace the joys of the summer season, our City Commission and City staff hope you and your family have a joyous summer filled with lasting memories. Thank you for your continued support and dedication to making Sunrise a wonderful place to live, work, play, shop and learn!

A handwritten signature in black ink, appearing to read "Michael J. Ryan".

Michael J. Ryan, Mayor







# A MESSAGE FROM DEPUTY MAYOR JOSEPH A. SCUOTTO

Sunrise City Commission, Seat B | [jscutto@sunrisefl.gov](mailto:jscutto@sunrisefl.gov)

I am proud to be a 45-year resident of the City of Sunrise! My family moved here when I was 12 years old when Sunrise was a small-town with just 25,000 residents. As the youngest of five brothers and two sisters, I grew up playing baseball, and riding dirt bikes on trails that later became Sawgrass Mills mall and the Amerant Bank Arena.

I attended Sunrise's own Bair Middle School and graduated from St. Thomas Aquinas High School, which gave me a strong foundation. Sunrise is where I met the love of my life, Allison, at Nob Hill Hall and have two beautiful daughters, Kaitlyn and Alyse.

I'm so grateful to our outstanding employees who maintain our incredible 250 acres of parks, green space, and facilities, including incredible splash pads, pools, Safety Town, Pawgrass Dog Park, covered basketball courts, indoor gymnasiums, the fitness center, sports fields, our Bridges at Springtree Golf Club and Sunrise Tennis Club. We will also be opening our new Village Art Plaza and Veteran's Park in the coming months. Other exciting developments are the two new world-class hospitals coming to Sunrise: Joe DiMaggio's from Broward Health and a 100-bed Baptist Health Hospital!

In 1985 I became a Sunrise business owner with the founding of a ceramics company, Michael Anthony's Designs. I founded Scutto's Pizza in 1997. I also had the honor to serve as a board member of the Greater Sunrise Chamber of Commerce. Over the years, I have had the privilege of working with great Managers, employees, and colleagues to give our residents the best quality of life. As a City Commissioner since 1997, I enjoyed the Sunrise Musical Theatre, I was part of the building of the Florida Panthers Arena and the expansion of Sawgrass Mills mall, including the new AC Marriott Hotel. The Commission also developed Florida's fourth-largest corporate office park in Sunrise.

I am all about family, friends, and my community. We're thankful to have our accredited Police and Fire Departments, not only for safety, but also serving the community through programs like our School Resource Officers, pop-up barbecues, life-saving equipment, transport and CERT programs, and community outreach. Sunrise also provides water, wastewater, and natural gas services to our residents, and regional services of water, wastewater, and natural gas to Weston, Davie, Southwest Ranches, Tamarac, and Lauderhill.

Participating and engaging in the community is what inspired me to support the Neighborhood Participation Program, which helps to bring sidewalks, landscaping, streetscapes, and the monument signage in communities such as Twin Lakes, Windward Isle, Gold Key, and Sunrise Lakes to name a few. I am also proposing a Disabilities and Inclusion Board, to ensure support and access for children of all ages and disabilities. I'm always here for the community, including annual fundraisers, golf tournaments and sponsorships, providing more than 50 \$1,000 college scholarships to Piper High School students throughout the years. Our family has also made a difference with Wish Trips, the annual Kaitlyn's Gift toy drive, the Sunrise Italian-American Civic Association, the Scutto/Marziliano Family Foundation, support to the Dan Marino Foundation, the Anthony Rizzo Foundation, Gilda's Club, Special Olympics, Knights of Columbus, Relay for Life, American Cancer Society, Piper JROTC, American Legion, and the Paralyzed Veterans of Florida. **This is my City, I'm part of it, and I'm proud of it!**

Joseph A. Scutto, Deputy Mayor





# A MESSAGE FROM ASSISTANT DEPUTY MAYOR NEIL C. KERCH



Sunrise City Commission, Seat C | [nkerch@sunrisefl.gov](mailto:nkerch@sunrisefl.gov)

Hello, Sunrise!

I am grateful for your support, and I truly appreciate the confidence you showed in me as one of your elected City Commissioners. Since being elected, I have followed my three guiding principles as an elected official, which are: follow your vision for the city, serve with integrity, and deliver results. Every day, I look forward to working with the residents, neighbors, stakeholders, businesses, city staff, and my colleagues on the Commission to make Sunrise the best place to live, work, play, learn, shop, and eat.

During my tenure, I have enjoyed speaking and participating in numerous community meetings and events. I am proud of the improvements to the parks and recreation facilities in neighborhoods citywide, the improvements in our Sunrise Police Department's community-based policing, and improvements in Sunrise Fire Rescue. We are blessed to have the best Public Safety professionals in all of Florida.

As we continue to tackle the challenges of the economy and inflation, I want to let you know that as a fiduciary of the public's tax money, I will continue to make sure that the city maintains a structurally balanced budget without raising the tax millage rate, continues to provide excellent programming and services, and continues to plan for the City's future with infrastructure improvements and investments throughout the city.

I hope over the summer, you will take the time to enjoy the many amenities that Sunrise has to offer. Stop by our Art Gallery to appreciate one of the traveling exhibits or the work of area artists, or check out the Civic Center Theatre for quality, affordable entertainment, including theatrical presentations, musical performances, and children's programming.

Grab your friends and play some tennis at our beautiful Tennis Club or grab the clubs and enjoy a round of golf at the Bridges at Springtree Golf Club, or cool off at the Sunrise Civic Center Aquatic Complex, Welleby Pool, Village Beach Club, Roarke Pool, or at any of the Splash pads located in our beautiful parks.

Check out the Athletic Club at the Sunrise Civic Center as well as Multipurpose Centers located at Sunrise Athletic Complex (SAC) and adjacent to City Park (Village). All three facilities have gymnasiums that host a variety of recreation activities which include pickleball, basketball, and fitness programs for all ages and offer free access to select amenities for Sunrise residents. For our Seniors, take advantage of the Sunrise Senior Center which hosts a wide variety of events - including trips, classes, support groups, dances, fitness programs, games, and arts and crafts.

As you can see, Sunrise has something for everyone and I look forward to seeing you out and about in our city. Sunrise is the city that rises above the rest.

Neil C. Kerch, Assistant Deputy Mayor

Assistant Deputy Mayor Kerch graduated cum laude from Florida Atlantic University in 2001 with a B.A. in Finance and Management and received his J.D. in 2005 from the Shepard Broad Law Center at Nova Southeastern University. He is admitted to the Florida Bar and the United States District Court of the Southern District of Florida. Assistant Deputy Mayor Kerch has been active throughout our community as a member of many professional associations and organizations. He has also served as a chess coach, a youth athletics coach, and a member of the City's Leisure Services Advisory Board.







# A MESSAGE FROM COMMISSIONER MARK A. DOUGLAS

Sunrise City Commission, Seat A | [mdouglas@sunrisefl.gov](mailto:mdouglas@sunrisefl.gov)

Dear Sunrise Residents,

I am your Commissioner Mark A. Douglas who has been serving as one of your elected representatives for the past eight years. In the historic 2016 elections over 17,000 of you voted for me to join the leadership of this City. Since then, I have worked hard on your behalf and I hope you are proud of the work that I have done, and in cooperation with the rest of the City Commission, the things that we have achieved.

I have found multiple occasions to remind myself that our core function as a City government is to deliver municipal services to you our residents and other stakeholders. It is true, what is often said, that local government is the government closest to the people. Here in the City of Sunrise, our service-delivery infrastructure includes our best-in-class public safety agencies. Our fully accredited police department ranks within the top 5% in the nation; we operate a class A, fire rescue department that has one of only four special operations and hazardous materials response teams in Broward County. Our water utility system is regional, serving not only the residents and businesses of Sunrise, but all of Weston, the majority of the town of Davie and Southwest Ranches. We own and operate the only municipal gas utility in South Florida.

We are fortunate to have one of the most robust parks and recreation systems in the State, arising from a recent renewal program which saw approximately \$80 million spent to upgrade our parks over the past eight years. This is all supported by a dedicated team of professionals who go the extra mile each day to ensure our system is well maintained and deliver the events and services you have come to expect from your City. I am particularly proud of our

annual Christmas tree lighting event, a family favorite, which I initiated in 2018 after joining the Commission.

Public works, transportation, community development as well as our administration forms the core of our over 1,300 full time equivalent staff professionals who take pride in serving you each and every day. They make us look good and I dare say, they are second to none.

As your Commissioner, I have a responsibility to provide oversight and guidance over all of these functional areas, ensuring they are fit for purpose and ready to serve you. The crafting and adoption of an annual budget of over \$550 million is one of our most important tasks, ensuring that allocations across different areas are done fairly, and are directed to those programs that best serve your needs. Additionally, our City is unique in Broward County in that, we are the only City where both the police and fire chiefs are charter officers, directly hired by, and supervised by the City Commission which provides all administrative oversight of these departments and not through a City Manager.

As you can see, your local government does a lot to serve your needs. Each time I am required to make a decision related to my role, I put your interests first, hoping that my decision is the one that would find favor with you. It has been the privilege of my life to be your Commissioner, I am proud to serve you each and every day and look forward to continuing to serve you in the future.

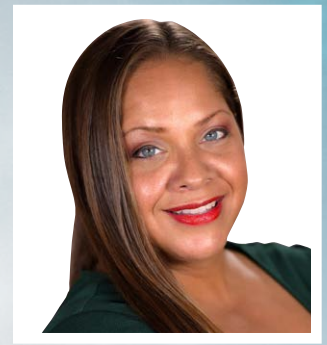
Mark A. Douglas, Commissioner





# A MESSAGE FROM COMMISSIONER JACQUELINE A. GUZMAN

Sunrise City Commission, Seat D | [jguzman@sunrisefl.gov](mailto:jguzman@sunrisefl.gov)



I am honored to serve as your Commissioner, and I am grateful for your trust and support. It is a privilege to work alongside dedicated community partners and staff, ensuring we deliver resources and support to our families and businesses. I promise to continue working diligently to address your concerns, foster growth, and make our community an even better place to live, work, and prosper.

**Elected Official of the Year Nominee:** I am honored to have been nominated as a “2024 Elected Official of the Year” by the TaskForce Fore Ending Homelessness. This prestigious recognition spotlights individuals, organizations and companies for their efforts in tackling homelessness.

**National League of Cities Board Member:** Earlier this year, I joined elected officials nationwide at the National League of Cities’ Congressional City Conference. Every day was jam-packed with information about economic growth, water infrastructure, climate change, housing, technology and other important topics. As a board member for Women in Municipal Government; Hispanic Elected Local Officials; and the Council on Youth, Education and Families, it is great to be a voice at the table! Most importantly, listening to different ideas and strategies helps me to formulate plans for our community! I would love to hear your ideas as well!

**The Boys and Girls Club is Here!** I am thrilled to announce the launch of our very own Teen Center in Sunrise, made possible through a partnership with The Boys and Girls Club! This new Teen Club will provide our youth with a constructive outlet for learning, growth, connection and fun! As a mother of three, including two teenagers, I understand the significance of providing our kids, with a positive and safe environment after school. I am grateful to our dedicated staff and my colleagues on the City Commission for bringing this initiative to life. Visit <https://bgcbc.org/roarke-hall-teen-center/> for details.

## Welcome Broward College – Free Classes Offered in Sunrise!

I am also thrilled to announce that the City is partnering with Broward College’s Broward UP Program to offer FREE workforce development training right here in Sunrise – empowering our community members to acquire new skills, enhance their employability, and boost their careers. I am eager to see the positive impact this program will have on our residents. Classes are expected to be held on line and in our very own Village Civic Center. Visit <https://www.broward.edu/browardup/> for details.

**Farm Share Food Distribution:** Plantation Councilmember Jennifer Andreu and I, along with amazing volunteers, served 500 families with fresh food items donated by Farm Share. Thank you to St. Bernard Church for hosting the drive-through food distribution event, and to our Sunrise Police Department Officers and Public Service Aides for stepping up to assist! Be on the lookout for info about future food distribution events.

**Sunrise Small Business Academy - Proud Graduate:** I’m beaming with pride after graduating from the Sunrise Small Business Academy! The Sunrise Staff provided an outstanding program for small business owners and aspiring entrepreneurs over five sessions and each presenter shared invaluable insights about City codes, marketing, and so much more! If you are a Sunrise small business owner or want to become one, I highly recommend this FREE program. Visit [www.sunrisefl.gov/ssba](http://www.sunrisefl.gov/ssba) for details.

Thank you to each of you for your positive contributions to our wonderful community. Team work makes the dream work!

A stylized, handwritten signature in black ink, appearing to be the initials 'JAG'.

Jacqueline A. Guzman, Commissioner





# Make this School Year the Greenest Yet!

**S**tart the school year with new Good and Green habits. Whether you're a parent, a student or a teacher, there are steps you can take to reduce your environmental footprint—and earn an A in Sustainability!

## PARENTS AND STUDENTS

### Shop Smart

Before you buy, check your inventory of school supplies: You may have usable items left over from last year. If you do need to purchase supplies, look for eco-friendly options made from recycled content, FSC certified paper, and other sustainably-sourced materials.

### Stop Idling

If the drop-off or pick-up lines are at a standstill (or if you are parked, waiting for the final bell), turn off the ignition. Idling emits toxins from the tailpipe that contribute to air pollution and can be harmful, especially to those with asthma. Better yet, walk, bike or carpool to school to save money and reduce fumes!

### Reduce Lunch Waste

Opt for reusable utensils, water bottles and packaging. When kids get a voice in the lunch planning process, they can help select nutritious food items that they're likely to eat—not toss.

## TEACHERS

- Broward County Public Schools offers a comprehensive curriculum supplement for teaching health, science, language arts, mathematics, and social studies through the use of school gardens. Email [browardstem@browardschools.com](mailto:browardstem@browardschools.com) for info.
- The CLEAN Network provides a rigorously reviewed collection of educational resources to help teach the key principles of climate and energy. You can even search topics by Next Generation Science Standards. Visit [www.cleanet.org](http://www.cleanet.org) for details!

## WE'RE HERE TO HELP!

Stop by the Good and Green booth at the Back to School Splash on Saturday, August 3, at the Sunrise Civic Center. Take our Sunrise Pass Up Plastics Pledge and receive a free reusable item for your lunchbox while supplies last!

Stay informed about (and involved with) sustainability initiatives in the City of Sunrise: Sign up for our Good and Green newsletter at [www.sunrisefl.gov/green](http://www.sunrisefl.gov/green).



## Calling All Citizen Scientists!

This September, you can contribute to a genuine scientific survey here in Sunrise. You don't have to be an expert to participate!

**Join us** for a **FREE** family-friendly event to learn about local pollinators and help collect local pollinator data using the iNaturalist app. Sunrise BioBlitz Bingo is an eco-scamper hunt you can play individually or as a family/group. Prizes will be available while supplies last. We'll also have naturalist-led nature walks, learning stations and eco-crafts—and students can earn community service hours for participating!

### Sunrise BioBlitz Bingo

**Saturday, September 14, 10:00 am to 1:00 pm**  
**Welleby Park, 11100 NW 44th Street**

Get started by picking up your Sunrise BioBlitz Bingo Card at Pavilion #7. At least one person in your family/group will need a smart phone with the free iNaturalist app in order to participate.

A "BioBlitz" is a communal citizen-science effort to record as many species within a designated location and time period as possible. These events engage local residents to connect to their environment while generating useful data for science and conservation. They also provide fun opportunities for naturalists, scientists, and curious members of the public to meet in person in the great outdoors!



Learn more about September's Parks for Pollinators BioBlitz, and how to participate in Sunrise by visiting [www.sunrisefl.gov/bioblitz](http://www.sunrisefl.gov/bioblitz) or scanning the QR Code.

## SAVE MONEY THIS SUMMER!



### Grants for Home-Strengthening Improvements

Starting July 1st, the state-funded My Safe Florida Home program will re-open for homeowners to apply for grants up to \$10,000 to make specific home-strengthening improvements—including those that enhance roofs, window openings and exterior doors. Low-income homeowners and seniors will be prioritized in the first phase of applications. Details are available at [mysafehome.com](http://mysafehome.com).

### Sales Tax Holidays

State sales tax will not be assessed for eligible items in the following categories:

#### Freedom Month

**July 1 - July 31**

Qualifying recreation and outdoor items, and admissions to entertainment and cultural events

#### Disaster Preparedness

**August 24 - September 6**

Qualifying disaster preparedness supplies

#### Back to School

**July 29 - August 11**

Qualifying back-to-school supplies

#### Tool Time

**September 1 - September 7**

Qualifying tools and equipment

**For details, visit [floridarevenue.com/salestaxholidays](http://floridarevenue.com/salestaxholidays).**



# YOUTH ATHLETES OF THE MONTH

Each month, the Sunrise City Commission recognizes City employees who go above and beyond, top teachers from Sunrise schools, and others whose stories inspire and engage—including youth athletes from Sunrise recreational, travel and instructional sports programs. Athletes are nominated by their coaches, selected by the City’s Leisure Services Advisory Board, and exemplify the highest standards of sportsmanship, teamwork and academic achievement. Congratulations to these recent Youth Athlete of the Month honorees:



**APRIL 2024**

**Clayton Meyerson and Kelsey Vadnais**  
Sunrise Travel Baseball and Sunrise Travel Softball



**MARCH 2024**

**Olivia Navarro and Isaac Callahui**  
Sunrise Travel Soccer



**MAY 2024**

**Payton Cerny and Christopher Hyser**  
Sunrise Recreational Softball and Sunrise Recreational Baseball



## STUNNING SUNRISE AWARDS PROGRAM

The Stunning Sunrise Awards Program recognizes residents and business owners who beautify their property and improve curb appeal in our community. Winners are selected in three categories: **Home Award, Business Award and Transformation Award.**

in Sunrise! All winners receive recognition at a City Commission meeting and a decorative yard sign. In addition, Home Award and Transformation Award winners are presented with a gift card.

Visit [sunrisefl.gov/stunning](http://sunrisefl.gov/stunning) to find out more—and to nominate a home or business

Congratulations to our Stunning Sunrise winners for the first quarter of 2024:

**Claudette JeanPierre**



**Chris Shannon**



**Karen Haggard**



**The Sunrise Small Business Academy (SSBA)** is a **FREE** program designed to help Sunrise small businesses grow and thrive. It can also help prospective Sunrise small business owners prepare for launch.

We’re currently accepting applications for the City’s sixth SSBA cohort—with sessions starting in September. To find out more, visit [sunrisefl.gov/ssba](http://sunrisefl.gov/ssba) or email Sady I. Diaz, Public Engagement Manager, at [sdiaz@sunrisefl.gov](mailto:sdiaz@sunrisefl.gov).

**APPLY NOW!**





# CELEBRATE FREEDOM with a FREESTYLE CONCERT!



**"UNDER THE SEA!"**  
**PARADE & FAMILY FUN DAY**  
 9:00 am to 12:00 pm  
 City Park, 6600 Sunset Strip  
 Patriotic parade with themed floats, plus refreshments and children's activities!  
 FREE admission!

**CONCERT & FIREWORKS**  
 6:00 pm to 10:00 pm  
 Outdoors at the Amerant Bank Arena  
 One Panther Parkway  
 Children's rides and inflatables, food and beverage vendors, an '80s freestyle concert & fireworks! FREE parking & admission!

★ ★ ★ **EVENING ENTERTAINMENT BY** ★ ★ ★



DJ Johnny Quest and chart-topping artists The Cover Girls and Lisa Lisa!



Facebook, X, Instagram icons  
 @cityofsunrise

For more information, call (954) 747-4600  
 or visit [sunrisefl.gov/july4](http://sunrisefl.gov/july4)

### FOR YOUR SAFETY

The following items cannot be brought into the event area at the Amerant Bank Arena: Backpacks, bags larger than 12" x 12", coolers, glass bottles, alcohol, weapons, fireworks, pets, bicycles, and drones. (Bring a lock to park your bike in the lot.) All bags will be searched.

SPECIAL EVENTS

# Tricker Trot

## 5K

and Kids Dash

**SATURDAY, OCTOBER 19, 2024**

# MARKHAM PARK

16001 W State Rd. 84 • Sunrise, FL 33326

**RACE STARTS AT 7:30 AM**  
**DASHES START AT 8:00 AM**

**SIGN UP NOW!**  
[www.sunrisefl.gov/5K](http://www.sunrisefl.gov/5K)

5K REGISTRATION		KIDS' DASH REGISTRATION	
\$15	Prior to October 1st	\$10	Ages 10 and Under
\$30	Starting October 1st	Age 3 and under	6-7 year olds
		Divisions: 4-5 year olds	8-10 year olds

Facebook, X, Instagram icons @cityofsunrise



## BACK TO SCHOOL SPLASH



Saturday, August 3, 10:00 am – 1:00 pm

Sunrise Athletic Complex (SAC) Multipurpose Center, 11501 NW 44 St.

**FREE Admission!**

This annual end-of-summer celebration features refreshments, rides and representatives from Sunrise schools. The first 1,000 Sunrise K-12 students will receive a free grade-appropriate book and school supplies. Students must be accompanied by legal guardian. Proof of residency required. [sunrisefl.gov/BTSsplash](http://sunrisefl.gov/BTSsplash)



## NATIONAL NIGHT OUT

Tuesday, August 6, 6:00 pm – 9:00 pm

Outside at the Public Safety Building, 10440 W. Oakland Park Blvd.

**FREE Admission!**

Join the Sunrise Police Department for a family-friendly evening featuring live music, refreshments, public safety displays and demonstrations, crime-prevention resources, and plenty of fun! For more information, call (954) 746-3383 or email [NationalNightOut@sunrisefl.gov](mailto:NationalNightOut@sunrisefl.gov)



## SEPTEMBER 11TH REMEMBRANCE CEREMONY

Wednesday, September 11, 8:30 am

Flamingo Park Meeting Hall, 12855 NW 8th St.

**FREE Admission!**

Join us in honoring the victims, heroes and survivors of the 2001 terrorist attacks on America. The ceremony will feature music, distinguished speakers, refreshments, and the presentation of colors. [sunrisefl.gov/september11](http://sunrisefl.gov/september11)

## FALL HARVEST FESTIVAL

Saturday, September 21, 10:00 am – 1:00 pm

Welleby Park, 11100 NW 44th St.

**FREE Admission!**

Enjoy a petting zoo, games and rides at this all-ages event! We'll also have food and retail vendors; bring your appetite and your holiday shopping list. [sunrisefl.gov/fall](http://sunrisefl.gov/fall)



## MAYORS' CHESS CHALLENGE

Saturday, September 28, 10:00 am – 12:00 pm

Sunrise Athletic Complex (SAC) Multipurpose Center, 11501 NW 44 St.

**FREE Admission!**

Join elected officials and community members from across South Florida in support of chess in our communities. Participants will receive a "Mayors' Chess Challenge Passport" that can be stamped at each event they attend during the 2024-2025 school year. Instructors will be on hand to help those new to the game. [sunrisefl.gov/chess](http://sunrisefl.gov/chess)

## SAVE THE DATE! TUNES 'N TRUCKS CONCERT SERIES

We're launching a new season of outdoor concerts in October! Bring your lawn chair or blanket and enjoy fantastic music and food trucks. Food trucks start serving at 6:00 pm; the music begins at 7:00 pm. [sunrisefl.gov/tnt](http://sunrisefl.gov/tnt)

**FREE Admission!**



Day/Date	Location	Theme
Friday, October 18	Oscar Wind Park 200 N. New River Circle	Hispanic Heritage Month Celebration





## SUNRISE CIVIC CENTER ART GALLERY

10610 West Oakland Park Boulevard | (954) 747-4646

**Hours:** Tuesday and Friday from 10:00 am to 5:00 pm;  
 Wednesday and Thursday from 12:00 pm to 7:00 pm;  
 Saturday from 10:00 am to 3:00 pm; Sunday and Monday - Closed.  
 Holiday closures: 7/4; 9/2.

**FREE admission!**



GREGG RIVAS

## DISPLACEMENT AND EMPLACEMENT

Opening Reception: Friday, July 19, at 6:00 pm  
 On exhibit July 19 through August 24

Sunrise Civic Center Art Gallery

Works by **GREGG RIVAS**

*This exhibition showcases the artist's deep exploration of cultural complexities and emphasizes how art serves as a crucial space for immigrants seeking a sense of belonging. Meet the artist and enjoy light refreshments at our free opening reception.*



CHYKY LAFAURIE

## LAS FLORES DE MI VIDA

Opening Reception: Friday, August 30, at 6:00 pm  
 On exhibit August 30 through October 5

Sunrise Civic Center Art Gallery

Works by **CHYKY LAFAURIE**

*This exhibition is a collection of paintings in an abstract geometric style. The artist creates designs using lines, geometric shapes and colors in all ranges, giving depth, light, shadow and movement to each of them. Meet the artist and enjoy light refreshments at our free opening reception.*



**FREE**  
 Light Refreshments  
 Admission

# LYRICAL LOUNGE



National Youth Poet Laureate Finalist  
**Shnayjaah Jeanty**

**Writing WORKSHOP**  
 at 6:00 pm in the  
 Theatre Lobby

**Teen OPEN MIC NIGHT**  
 at 7:00 pm in the  
 Art Gallery

Sunrise Civic Center Theatre  
 & Art Gallery

10610 W Oakland Park Blvd.  
 Served by BCT Route 72

Friday, July 26 6:00 pm – 9:00 pm  
 Friday, Aug. 23 6:00 pm – 9:00 pm  
 Friday, Sep. 20 6:00 pm – 9:00 pm

PRESENTED IN  
 COLLABORATION WITH:



[sunrisefl.gov/lyrical](http://sunrisefl.gov/lyrical)  
**#LyricalLounge**





## SUNRISE CIVIC CENTER THEATRE

10610 West Oakland Park Boulevard | (954) 747-4646

**Box Office Hours:** Tuesday and Friday from 10:00 am to 5:00 pm;  
Wednesday and Thursday from 12:00 pm to 7:00 pm; Saturday from 10:00 am to 3:00 pm;  
and one hour before shows.  
*Holiday closures: 7/4; 9/2.*

**Ticket Purchases:** By phone | (954) 747-4646  
In person | Visit our Box Office  
Online | [www.sunrisefl.gov/tickets](http://www.sunrisefl.gov/tickets)



### SHREK THE MUSICAL JR. Presented by Broadway Kids Studio

Friday, July 12, at 7:00 pm

Saturday, July 13, at 2:00 pm

Reserved seating: \$25

*Beauty is in the eye of the ogre in Shrek The Musical Jr., based on the Oscar-winning DreamWorks Animation film and the family-friendly Broadway musical. Part romance and part twisted fairy tale, this show is irreverent and fun with a powerful family message.*



### DISNEY'S THE LION KING JR. Presented by The David Posnack JCC

Wednesday, July 17, at 7:00 pm

Thursday, July 18, at 7:00 pm

Reserved seating: \$20

*Based on the 1994 Disney animated feature film of the same name and William Shakespeare's Hamlet, The Lion King Jr. is a story and a spectacle about identity, family, and responsibility that is enjoyed worldwide by people of all ages.*



### THE PETTY HEARTS The National Tom Petty Tribute Show

Saturday, July 20, at 7:00 pm

Reserved seating: \$20

*The Petty Hearts are a nationally touring tribute band celebrating Tom Petty's amazing 40-year career in rock and roll. The Petty Hearts are committed to honoring Tom and his bandmates by recreating the live concert experience and playing songs the world loves and appreciates.*



### BRING IT ON THE MUSICAL Presented by Inside Out Theatre Company

Saturday, July 27, at 7:00 pm

Sunday, July 28, at 1:00 pm & 6:30 pm

Reserved seating: \$20

*Bitingly relevant, sprinkled with sass, and inspired by the hit film, Bring It On: The Musical takes audiences on a high-flying journey through the world of competitive high school cheerleading!*



Inside Out Theatre Company





## SUNRISE TENNIS CLUB

**Location:** 9605 West Oakland Park Boulevard  
**Operating Hours:** Monday - Friday, 8:00 am - 9:30 pm\*  
 Saturday & Sunday, 8:00 am - 3:00 pm

*Holiday closures: \*The club will close at 3:00 pm on 7/4 and 9/2.*

### TENNIS MEMBERSHIP FEES

Sunrise Residents		Non-Residents	
Senior - Individual	\$135	Senior - Individual	\$200
Senior - Double	\$185	Senior - Double	\$250
Individual	\$240	Individual	\$325
Double	\$330	Double	\$425
Family	\$345	Family	\$450
Junior	\$65	Junior	\$100
Sunrise Business Owners		Guests (per visit)	
Individual	\$240	Resident	\$5
Double	\$330	Non-resident	\$6
Family	\$345		

*All fees are subject to sales tax. Age restrictions may apply. Please call (954) 572-2286 for more information. Discount Guest Passes are now available - Buy 6 passes for the price of 5.*

### Recreational Tennis Camp

Activity	Age	Dates	Time	Fee
Camp	4-11	6/10-8/9	8:00 am - 11:00 am	\$50 daily \$200 Weekly

### Intro to Tennis Camp

Activity	Age	Dates	Time	Fee
Camp	11-18	6/10-8/9	8:00 am - 3:30 pm	\$150 Weekly/Resident \$175 Weekly/Non-Resident

*This camp is for new tennis players. Activities include tennis, fitness, soccer, ping pong, swimming, basketball, board games and pickleball. On Fridays, pizza will be served. Late pick up available until 5:00 pm for an additional \$10 daily or \$40 for the week.*

### Private Tennis Lessons

For private lesson rates, call the Tennis Pro Shop at (954) 572-2286.

### Adult Clinics

Clinic	Age	Day	Time	Fee
Adult Beginner	18+	TU/TH	7:30 pm - 8:30 pm	\$20 daily, \$60/4 classes
Intermediate Drill and Play	18+	M/ TU/W	7:00 pm - 8:30 pm	\$25 daily, \$85/4 classes, \$140/8 classes
	18+	SA	10:30 am - 12:00 pm	\$25 daily, \$85/4 classes, \$140/8 classes
Advanced Drill and Play	18+	TH	7:00 pm - 8:30 pm	\$25 daily, \$85/4 classes, \$140/8 classes
	18+	SA	9:00 am - 10:30 am	\$25 daily, \$85/4 classes, \$140/8 classes
Cardio Tennis	18+	SA	9:00 am - 10:00 am	\$20 daily, \$60/4 classes

### Youth Programming

Activity	Age	Day	Time	Fee
Mini Grinders	7-10	M-F	5:00 pm - 7:00 pm	\$45 daily, \$465/4 weeks
Orange Ball	5-7	M/W	4:00 pm - 5:00 pm	\$22 daily, \$160/4 weeks
Red Ball	3-6	TU/TH	4:15 pm - 5:00 pm	\$22 daily, \$160/4 weeks
Super Saturday*	4-12	SA	9:00 am - 10:00 am	\$20 daily
Beginner/ Intermediate Juniors	12-16	M/TU/ TH	6:00 pm - 7:30 pm	\$90/week, \$360/4 weeks

\*Free to residents every 3rd Saturday.

### Tennis Academy

Activity	Age	Day	Time	Fee
High Performance	All	M-F	Call for times	\$60/ daily, \$210/week, \$785/4 weeks
High Performance Elite*	All	M-F	Call for times	\$1,130/4 weeks

\*Try-out only.





## THE BRIDGES AT SPRINGTREE GOLF CLUB

**Location:** 8150 Springtree Drive

**Golf Course Hours:** Sunrise to Sunset (weather permitting)

**Pro Shop Hours:** 6:00 am – 6:00 pm

**Restaurant Hours:** 9:00 am – 3:30 pm

Visit [www.springtreegc.com](http://www.springtreegc.com) to book tee times or events.

Located just north of West Oakland Park Boulevard and west of University Drive, The Bridges at Springtree Golf Club is an 18-hole executive course designed by former PGA pro Mark McCumber. The course provides enhanced play for golfers of all levels.

Among the many events at The Bridges are monthly scramble tournaments featuring a continental breakfast, complimentary drinks on the golf course, buffet lunch, and prizes. The Sunrise Women's Association of Golf (SWAG) meets every Tuesday and hosts events including inter club golf competitions and luncheons.

Open seven days a week for breakfast and lunch, the restaurant features weekly specials served by our friendly and efficient staff. Reservations are suggested for the Sunday breakfast buffet by calling (954) 572-2209. The catering staff at The Bridges would be happy to help you plan your next family celebration.

### GOLF MEMBERSHIP FEES (October 1st – September 30th)

Sunrise Resident	Non-Resident	6 Month	Juniors*
Single \$325	Single \$1,000	Single \$850	Junior \$0
Family \$425	Family \$1,500	Family \$1,250	

Annual membership benefits include significantly reduced daily play rates for members, complimentary access to the short game area, and complimentary pull carts. Prices do not include taxes. \*Free Junior memberships available to ages 15 and under.

### GOLF RATES - SUMMER 5/1/2024 – 10/31/2024

18 Holes Riding	Member Rate	Sunrise Resident	Non-Resident
Before 2:00 pm	\$14.49	\$22	\$38
After 2:00 pm	\$14.49	\$14	\$32

\*All juniors (ages 15 and under) are free with a paying adult after 3pm daily.

### GOLF LESSONS

Activity	Age	Day	Time
Private Lesson	5+	M-SU	8:00 am – 5:00 pm
Package 5 ½ hr	5+	M-SU	8:00 am – 5:00 pm

Lesson prices vary depending on instructor. For more information about golf activities, please call (954) 572-2270.





## SUNRISE CIVIC CENTER AQUATICS COMPLEX

Location: 10610 W. Oakland Park Blvd. (954) 747-4636

**Lap Pool Hours:** Through 8/11, Open daily 8:00 am – 7:00 pm  
Starting 8/12, Open daily 10:00 am – 7:00 pm

**Family Pool Hours:** Through 8/11, Open daily 8:00 am to 7:00 pm  
Starting 8/12, Open daily 10:00 am – 7:00 pm

**Holiday Hours:** 7/4, Open 8:00 am – 3:00 pm  
9/2, Open 10:00 am – 3:00 pm

**Waterslide Hours:** Through 8/11: Daily 10:00 am to 6:45 pm  
Beginning 8/12: Closed Monday – Thursday; Open Fridays 2:30 pm – 6:45 pm; Weekends: 10:00 am – 6:45 pm

**Weekend Family Pool Sessions:** 8:00 am – 9:45 pm, 10:00 am – 12:45 pm, 1:00 pm – 3:45 pm, 4:00 pm – 6:45 pm

**Admission: \*Resident** – \$1/Child (17 and under), \$1.25 Adult

**Admission: Non-Resident** – \$3/Child (17 and under), \$6 Adult

\* Proof of residency required upon payment. Admission fee entitles patrons to use the 50M pool and children's wading pool, and one session in the Family Pool. Call (954) 747-4636 for height restrictions for waterslide.

## SATELLITE POOLS

\*All satellite pools will be open daily from 12:00-5:00 pm through August 11th. Beginning August 12th, they will be open weekends only from 12:00 pm-5:00 pm.



## WELLEBY POOL\*

9605 West Oakland Park Boulevard

**Admission:** Resident - \$1/Child; \$2/Adult with proof of Sunrise Residency  
Non-Resident - \$2/Child (17 and under); \$3/Adult



## VILLAGE BEACH CLUB\*

6767 NW 24 Street

**Admission:** Resident - FREE with proof of Sunrise Residency  
Non-Resident - \$2/Child (17 and under); \$3/Adult



## ROARKE POOL\*

1720 NW 60 Avenue

**Admission:** Resident - FREE with proof of Sunrise Residency  
Non-Resident - \$2/Child (17 and under); \$3/Adult

## CITY OF SUNRISE SWIM LESSONS

**Registration Policy** - Registration will be accepted only in person at the Civic Center during normal hours of operation. Copy of birth certificate and proof of Sunrise residency (parent/guardian driver license and utility bill) required at time of registration. Registration will NOT be accepted by mail or fax.

**Make-Up Policy** - Missed lessons will only be made up if class is cancelled due to inclement weather (thunder, lightning, heavy rain). Aquatics staff determines cancellation 15 minutes prior to class start time. If a lesson is taught for a minimum of 20 minutes, it will not be rescheduled.

## Class Descriptions

**Parent & Child Swim Lessons** (ages 6 months to 2 years, with adult participation)  
Adult and child are in the water together. Includes submerging mouth, nose and eyes in water; floating on front and back; entering and exiting the water; gliding on front and back with support; and beginning leg and arm movement.

**Preschool Swim Lessons** (without adult participation)

- **Age 3:** Includes submerging face in the water; gliding on front and back with support; and beginning arm strokes and kicks.
- **Ages 4-5:** Includes floating independently; gliding on front and back; rolling over and floating for five seconds with support; combining arm and leg action on front and back with support; entering and exiting the water independently; and using combined arm and leg action for five body lengths independently.

## Ages 6+, Levels 1 to 6

Skills are checked at the first lesson to confirm that swimmers are in the appropriate level.

- **Level 1 - Introduction to Water Skills:** Includes submerging entire head; gliding on front and back with support; combining arm and leg action on front and back with support.
- **Level 2 - Fundamental Aquatic Skills:** Includes: treading water; gliding independently; floating on front and back for five seconds independently; using combined arm and leg action on front and back for five body lengths independently.
- **Level 3 - Stroke Development:** Includes swimming front crawl for 15 yards; treading in deep water for 30 seconds; and swimming elementary backstroke for 15 yards.
- **Level 4 - Stroke Improvement:** Includes swimming front crawl and elementary backstroke for 25 yards; and swimming breaststroke, butterfly, sidestroke and backstroke for 15 yards.
- **Level 5 - Stroke Refinement:** Includes swimming front crawl and elementary backstroke for 50 yards; and swimming breaststroke, butterfly, sidestroke and backstroke for 25 yards.
- **Ages 16+, Adult & Teen Swim** - Classes are 30 minutes. Skills are checked the first day of lesson. Our program gives adult and teen swimmers at every level the opportunity to improve their skills in a safe environment.



## GROUP - WEEKDAYS

### Group Swim Lessons - Preschool 1 (Age 3)

Age	Days	Dates	Time	Fee*	Register by	Activity #
3	M-TH	8/5 - 8/15	3:30 pm	\$42/\$50	8/1	151310-E
3	M-TH	8/5 - 8/15	4:40 pm	\$42/\$50	8/1	151310-F
3	M-TH	8/19 - 8/29	3:30 pm	\$42/\$50	8/15	151310-G
3	M-TH	8/19 - 8/29	4:40 pm	\$42/\$50	8/15	151310-H



### Group Swim Lessons – Preschool 1 (Age 4-5)

Age	Days	Dates	Time	Fee*	Register by	Activity #
4-5	M-TH	8/5 - 8/15	3:30 pm	\$42/\$50	8/1	151311-C
4-5	M-TH	8/19 - 8/29	3:30 pm	\$42/\$50	8/15	151311-D

### Group Swim Lessons – Level 1

Age	Days	Dates	Time	Fee*	Register by	Activity #
6-13	M-TH	8/5 - 8/15	4:05 pm	\$42/\$50	8/1	151331-G
6-13	M-TH	8/5 - 8/15	4:40 pm	\$42/\$50	8/1	151331-H
6-13	M-TH	8/5 - 8/15	5:15 pm	\$42/\$50	8/1	151331-I
6-13	M-TH	8/19 - 8/29	4:05 pm	\$42/\$50	8/15	151331-J
6-13	M-TH	8/19 - 8/29	4:40 pm	\$42/\$50	8/15	151331-K
6-13	M-TH	8/19 - 8/29	5:15 pm	\$42/\$50	8/15	151331-L

### Group Swim Lessons – Level 2

Age	Days	Dates	Time	Fee*	Register by	Activity #
6-13	M-TH	8/5 - 8/15	4:05 pm	\$42/\$50	8/1	151332-E
6-13	M-TH	8/5 - 8/15	5:50 pm	\$42/\$50	8/1	151332-F
6-13	M-TH	8/19 - 8/29	4:05 pm	\$42/\$50	8/15	151332-G
6-13	M-TH	8/19 - 8/29	5:50 pm	\$42/\$50	8/15	151332-H

### Group Swim Lessons – Adult/Teen All Levels 16+

Age	Days	Dates	Time	Fee*	Register by	Activity #
16+	M-TH	8/5 - 8/15	5:15 pm	\$42/\$50	8/1	151346-E
16+	M-TH	8/5 - 8/15	5:50 pm	\$42/\$50	8/1	151346-F
16+	M-TH	8/19 - 8/29	5:15 pm	\$42/\$50	8/15	151346-G
16+	M-TH	8/19 - 8/29	5:50 pm	\$42/\$50	8/15	151346-H

Group lesson program consists of eight 30-minute classes at the Civic Center Family Pool.  
\* Fee does not include use of pool outside of lesson time.



## GROUP - SATURDAYS

### Saturday Group (Parent Infant/Toddler)

Age	Days	Dates	Time	Fee*	Register by	Activity #
6mo-2yrs	SA	7/27 - 9/14	9:10 am	\$55	7/25	151410-A
6mo-2yrs	SA	7/27 - 9/14	9:45 am	\$55	7/25	151410-B
6mo-2yrs	SA	7/27 - 9/14	10:20 am	\$55	7/25	151410-C

### Saturday Group Swim Lessons – Preschool 1 (Age 3)

Age	Days	Dates	Time	Fee*	Register by	Activity #
3	SA	7/27 - 9/14	9:10 am	\$42/\$50	7/25	151310-I

### Saturday Group Swim Lessons – Preschool 1 (Age 4-5)

Age	Days	Dates	Time	Fee*	Register by	Activity #
4-5	SA	7/27 - 9/14	9:10 am	\$42/\$50	7/25	151311-E
4-5	SA	7/27 - 9/14	10:20 am	\$42/\$50	7/25	151311-F

### Saturday Group Swim Lessons – Level 1

Age	Days	Dates	Time	Fee*	Register by	Activity #
6-13	SA	7/27 - 9/14	9:45 am	\$42/\$50	7/25	151331-M
6-13	SA	7/27 - 9/14	10:20 am	\$42/\$50	7/25	151331-N

### Saturday Group Swim Lessons – Level 2

Age	Days	Dates	Time	Fee*	Register by	Activity #
6-13	SA	7/27 - 9/14	9:45 am	\$42/\$50	7/25	151332-I





## PRIVATE - WEEKDAYS

### Private Swim Lessons

Age	Days	Dates	Time	Fee*	Register by	Activity #
18 mo+	M-TH	7/8 - 7/11	8:00 am	\$45/\$55	7/3	151201-A-D
18 mo+	M-TH	7/8 - 7/11	8:35 am	\$45/\$55	7/3	151201-E-H
18 mo+	M-TH	7/8 - 7/11	9:10 am	\$45/\$55	7/3	151201-I-L
18 mo+	M-TH	7/8 - 7/11	9:45 am	\$45/\$55	7/3	151201-M-P
18 mo+	M-TH	7/15 - 7/18	8:00 am	\$45/\$55	7/11	151201-Q-T
18 mo+	M-TH	7/15 - 7/18	8:35 am	\$45/\$55	7/11	151201-U-X
18 mo+	M-TH	7/15 - 7/18	9:10 am	\$45/\$55	7/11	151201-Y-AB
18 mo+	M-TH	7/15 - 7/18	9:45 am	\$45/\$55	7/11	151201-AC-AF
18 mo+	M-TH	7/22 - 7/25	8:00 am	\$45/\$55	7/18	151201-AG-AJ
18 mo+	M-TH	7/22 - 7/25	8:35 am	\$45/\$55	7/18	151201-AK-AN
18 mo+	M-TH	7/22 - 7/25	9:10 am	\$45/\$55	7/18	151201-AO-AR
18 mo+	M-TH	7/22 - 7/25	9:45 am	\$45/\$55	7/18	151201-AS-AV
18 mo+	M-TH	7/29 - 8/1	8:00 am	\$45/\$55	7/25	151201-AW-AZ
18 mo+	M-TH	7/29 - 8/1	8:35 am	\$45/\$55	7/25	151201-BA-BD
18 mo+	M-TH	7/29 - 8/1	9:10 am	\$45/\$55	7/25	151201-BE-BH
18 mo+	M-TH	7/29 - 8/1	9:45 am	\$45/\$55	7/25	151201-BI-BL
18 mo+	M-TH	8/5 - 8/8	8:00 am	\$45/\$55	8/1	151201-BM-BN
18 mo+	M-TH	8/5 - 8/8	8:35 am	\$45/\$55	8/1	151201-BO-BP
18 mo+	M-TH	8/5 - 8/8	9:10 am	\$45/\$55	8/1	151201-BQ-BR
18 mo+	M-TH	8/5 - 8/8	9:45 am	\$45/\$55	8/1	151201-BS-BT
18 mo+	M-TH	8/12 - 8/15	8:00 am	\$45/\$55	8/8	151201-BU-BX
18 mo+	M-TH	8/12 - 8/15	8:35 am	\$45/\$55	8/8	151201-BY-CB
18 mo+	M-TH	8/12 - 8/15	9:10 am	\$45/\$55	8/8	151201-CC-CF
18 mo+	M-TH	8/12 - 8/15	9:45 am	\$45/\$55	8/8	151201-CG-CJ
18 mo+	M-TH	8/19 - 8/22	8:00 am	\$45/\$55	8/15	151201-CK-CN
18 mo+	M-TH	8/19 - 8/22	8:35 am	\$45/\$55	8/15	151201-CO-CR
18 mo+	M-TH	8/19 - 8/22	9:10 am	\$45/\$55	8/15	151201-CS-CV
18 mo+	M-TH	8/19 - 8/22	9:45 am	\$45/\$55	8/15	151201-CW-CZ
18 mo+	M-TH	8/26 - 8/29	8:00 am	\$45/\$55	8/22	151201-DA-DD
18 mo+	M-TH	8/26 - 8/29	8:35 am	\$45/\$55	8/22	151201-DE-DH
18 mo+	M-TH	8/26 - 8/29	9:10 am	\$45/\$55	8/22	151201-DI-DL
18 mo+	M-TH	8/26 - 8/29	9:45 am	\$45/\$55	8/22	151201-DM-DP

Private lessons consist of four 30-minute classes at the Civic Center Family Pool. \* Fee does not include use of pool outside of lesson time.

## PRIVATE - SATURDAYS

### Saturday Private Swim Lessons

Age	Days	Dates	Time	Fee*	Register by	Activity #
18 mo+	SA	7/27 - 8/17	8:00 am	\$45/\$55	7/25	151201-DQ-DS
18 mo+	SA	7/27 - 8/17	8:35 am	\$45/\$55	7/25	151201-DF-DV
18 mo+	SA	8/24 - 9/14	8:00 am	\$45/\$55	8/17	151201-DW-DY
18 mo+	SA	8/24 - 9/14	8:35 am	\$45/\$55	8/17	151201-DZ-EB

Private lessons consist of four 30-minute classes at the Civic Center Family Pool. \* Fee does not include use of pool outside of lesson time.



# “SUNRISE SWIMMING” PROGRAMS

## Parent & Tot Swim Lessons

Age	Days	Dates	Time	Fee*
12 months - 3 years	TBA	TBA	TBA	\$55/four, 30-minute lessons

Class requires a parent in the water. Minimum 4 children required to run the class. Make-up days will only be scheduled in the event the facility or instructor cancels the class. Call (954) 747-4635 or visit the website at [www.sunriseswimming.com](http://www.sunriseswimming.com) for more information about the next available session. \*Fee does not include use of pool outside of lesson time.

## Preschool – School Age Swim Lessons

Age	Days	Dates	Time	Fee*
3 - 12	TBA	TBA	TBA	\$55/four, 30-minute lessons

Class size is limited to six students per instructor. Make-ups will only be scheduled in the event the facility or instructor cancels the class. Call (954) 747-4635 or visit the website at [www.sunriseswimming.com](http://www.sunriseswimming.com) for more information about the next available session. \*Fee does not include use of pool outside of lesson time.

## Adult Group Swim Lessons

Age	Days	Dates	Time	Fee*
15+	TBA	TBA	TBA	\$55/four 30-minute lessons

Class size is limited to six students per instructor. Make-ups will only be scheduled in the event the facility or instructor cancels the class. Call (954) 747-4635 or visit the website at [www.sunriseswimming.com](http://www.sunriseswimming.com) for more information about the next available session. \*Fee does not include use of pool outside of lesson time.

## Private Swim Lessons

Age	Days	Dates	Time	Fee*
15 mo+	By appt.	By appt.	By appt.	\$35/25 - minute lesson

Private lessons are year-round. They include water safety & swim stroke lessons. Call (954) 747-4635 or visit the website at [www.sunriseswimming.com](http://www.sunriseswimming.com) for more information and to make an appointment. \*Fee does not include use of pool outside of class time.

## “SUNRISE SWIMMING” SWIM TEAM

This is a year-round competitive USA Swimming program based at the Civic Center Aquatics Center. All participants must try out with the swim coach prior to registering for the team. For more information call (954) 747-4635 or visit [www.sunriseswimming.com](http://www.sunriseswimming.com). All sessions are held at the Sunrise Civic Center Pool. Registration fee does not include use of pool outside of class time.

## Swim Strokes & Fun

Age	Days	Time	Monthly Fee*
6 - 15	M - TH	4:45 pm - 5:45 pm	2 practices/week, \$65/ mo 3 practices/week, \$70/ mo 4 practices/week, \$75/ mo

Introduction to competitive swimming. \*Does not include \$90/year for registration fees or use of pool outside of class time.

## Competitive Swim Groups

Group	Days	Time	Monthly Fee*
Bronze	M - F	5:45 pm - 7:00 pm	\$85/month
Gold	M - F	4:45 pm - 6:45 pm	\$100/month
Champions/SR	M - F	4:45 pm - 7:00 pm	\$110/month

Competitive Groups are open to all ages. Coach will make group determination. Saturday practices TBA for all competitive groups. \*Fee does not include \$90/year registration fee or use of the pool outside of class time.







**Family Fishing Derby**

## FAMILY FUN

### Blanket Bingo

Location: City Park, 6600 Sunset Strip

Age	Date	Day	Time	Fee	Activity #
ANY	7/21	SU	6:00 pm	FREE	N/A
	8/18				N/A
	9/15				N/A

Get ready to yell out BINGO! Bring your blanket or lawn chairs for a fun night of music and great prizes. Each participant will receive one Bingo packet (approx. 9 games). No reservations; first come, first served. Arrive early!

### Family Time Volleyball

Location: Sunrise Civic Center Athletic Club  
10610 W. Oakland Park Boulevard

Age	Date	Day	Time	Fee*	Activity #
13+	Ongoing	SU	12:00 pm - 2:00 pm	Daily visit fee	N/A

Play a volleyball game with family members or with others in the community.

### Hooked on a Book: "Harry Potter and the Goblet of Fire"

Location: Sunrise Athletic Complex (SAC) Multipurpose Center  
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
8-13	7/21, 8/4, 8/18, 9/1, 9/15, 9/29	SU	11:00 am - 12:00 pm	FREE	N/A

Calling all Harry Potter reading enthusiasts...Join us to read and discuss together this fascinating book. Please bring your own copy of the book.

### Family Fishing Derby

Location: Welleby Park, 11100 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
All	9/14	SA	8:30 am - 10:00 am	FREE	N/A

Beginners welcome. Bring a pole and bait and enjoy a fun morning of fishing. Prizes will be awarded in several categories. Children under 12 must be accompanied by an adult. No registration required.

### SAC Arcade

Location: Sunrise Athletic Complex (SAC) Multipurpose Center  
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
13-17	Ongoing	SA	2:30 pm - 4:30 pm	Free	370713

Enjoy friendly competition in the SAC Community room. Registration is required and can be completed at the front desk prior to participating. Please call (954) 747-4604 for more information.

### Indoor Movie Night

Location: Sunrise Athletic Complex (SAC) Multipurpose Center  
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
ANY	7/5	F	6:15 pm - 8:30 pm	FREE	Sandlot
	7/26		4:30 pm - 6:30 pm		Frozen
	8/9		6:15 pm - 8:30 pm		Robots
	8/30		4:30 pm - 6:30 pm		The Incredibles
	9/6		6:15 pm - 8:30 pm		Peter Pan and Wendy
	9/27		4:30 pm - 6:30 pm		Spiderman

Register at the SAC front desk and join us on the first and last Friday of each month. Sleeping bags and blankets are allowed. Popcorn can be brought and popped using our onsite microwave. For more information, please call (954) 747-4604.

### Sidewalk Chalk Art

Location: City Park, 6600 Sunset Strip

Age	Date	Day	Time	Fee	Activity #
ALL	7/20	SA	12:00 pm - 1:00 pm	FREE	N/A
	8/17	SA	12:00 pm - 1:00 pm		N/A
	9/21	SA	12:00 pm - 1:00 pm		N/A

Express yourself artistically on the sidewalks of City Park! Each month, there will be a different theme to use as inspiration for your works of art. Chalk provided. Bring drinking water and a towel or rag for your hands. Call (954) 747-4601 for information.

### Storytime

Location: Village Civic Center, 6800 Sunset Strip

Age	Date	Day	Time	Fee	Activity #
4-8	7/20	SA	11:00 am - 12:00 pm	FREE	170702-D
4-8	8/17	SA	11:00 am - 12:00 pm	FREE	170702-E
4-8	9/21	SA	11:00 am - 12:00 pm	FREE	170702-F

Children are invited to enjoy a story, an activity, and a snack. July: "Finn's Little Fibs" by Tom Percival; August: "Picture Day Perfect" by Deborah Diesen; September: "Teamwork Isn't My Thing, and I Don't Like to Share" by Julia Cook. Call (954) 747-4601 to sign up.

### Open Play Chess

Location: Sunrise Athletic Complex (SAC) Multipurpose Center  
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
ANY	Ongoing	SA	10:00 am - 12:00 pm	FREE	N/A

All levels welcome! Continuing all summer long. Call (954) 747-4604 for information.

### Sunrise Chess Queens

Location: Sunrise Athletic Complex (SAC) Multipurpose Center  
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
9+	9/14	SA	12:15 pm - 1:15 pm	FREE	N/A

Our Sunrise Chess Queens Initiative encourages more girls to play chess by offering extra coaching and mentoring. FIDE Master Dr. Amelia Hernandez leads the program. For more information, call (954) 747-4604 or visit [www.nscfchess.org/](http://www.nscfchess.org/).

### Youth Nights

Location: Village Multipurpose Center, 2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
13-17	7/5, 7/19	F	7:00 pm - 9:00 pm	FREE	170703-G, H
	8/2, 8/16				170703-I, J
	9/6, 9/20				170703-K, L

Kick off the weekends with your crew on the first and third Friday of each month. A variety of activities will be available ranging from kickball, karaoke night, obstacle courses, skills challenges, pickup and full court games, and more. Call (954) 747-4601 for information.



# VISUAL & PERFORMING ARTS

## Musical Theatre, Dance & Drama

**Location:** Sunrise Athletic Complex (SAC) Multipurpose Center  
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
6 - 10	7/9 - 7/30	TU	6:45 pm - 7:30 pm	\$54	120771-A
6 - 10	8/6 - 8/27	TU	6:45 pm - 7:30 pm	\$54	120771-B
6 - 10	9/3 - 9/24	TU	6:45 pm - 7:30 pm	\$54	120771-C

If you love to act, sing and dance, this class is for you! Students will learn dances and practice rhythm and timing. Musical theater routines will be introduced from popular movies along with theater terminology and small scripts. Attire: comfortable clothes and sneakers. For details, visit [www.JoyDecoEnterprises.com](http://www.JoyDecoEnterprises.com). Participants must be registered before session begins. A minimum of four students required to run this class.

## Inside Out Theatre's Summer Intensive: BRING IT ON THE MUSICAL

**Location:** Sunrise Civic Center Theatre, 10610 W. Oakland Park Blvd.

**Rehearsals:** Monday through Friday, beginning July 8

**Performances:** Saturday, July 27 & Sunday, July 28

Age	Date	Day	Time	Fee	Activity #
14+	7/8 - 7/28	M - F	1:00 pm - 7:00 pm	\$675	110607-A

IOTC's Advanced Intensive is a 3-week fast-paced summer program for teens to work on their musical theatre skills. Teens are expected to be dedicated and work at their highest level. IOTC's 2024 Summer program will work on "Bring It On The Musical", which Music Theatre International calls "bitingly relevant, sprinkled with sass, and inspired by the hit film" released in 2000. Performances will be on July 27 & July 28. Please note: additional rehearsal hours may be added if needed. For more information, visit [www.insideouttheatre.org](http://www.insideouttheatre.org) or call (954) 249-1380. To register, contact Jennifer Ginn at (954) 747-4647 or [jginn@sunrisefl.gov](mailto:jginn@sunrisefl.gov).

## Inside Out Theatre's Advanced Performance Ensemble: PARADE

**Location:** Sunrise Civic Center Theatre, 10610 W. Oakland Park Blvd.

**Rehearsals:** Sundays, beginning August 25

**Performances:** Saturday, November 2 & Sunday, November 3

Age	Date	Day	Time	Fee	Activity #
16+	8/25 - 11/03	SU	9:00 am - 4:00 pm	\$450	110604-A

BY AUDITION ONLY! This advanced performance class is by audition only and auditionees must send in a vocal video prior to the in-person auditions held on August 18. According to Music Theatre International, "Amid religious intolerance, political injustice and racial tension, the Tony Award-winning Parade explores the endurance of love and hope against all odds. Daring, innovative and bold, Parade is filled with soaring music and a heart-wrenching story, offering a moral lesson about the dangers of prejudice and ignorance". If cast in the show, performers will need to register for the class through the Sunrise Civic Center. Rehearsals begin on August 25 and performances will be held on November 2 & 3. Additional rehearsal hours will be added as needed and students must attend the mandatory tech rehearsals the week prior to the performances. Rated R - Mature subject matter. For more information, visit [www.insideouttheatre.org](http://www.insideouttheatre.org) or call (954) 249-1380. To register, contact Jennifer Ginn at (954) 747-4647 or at [jginn@sunrisefl.gov](mailto:jginn@sunrisefl.gov).

## Inside Out Theatre's Musical Theatre Production Class: MEAN GIRLS JR.

**Location:** Sunrise Civic Center Theatre, 10610 W. Oakland Park Blvd.

**Rehearsals:** Mondays, beginning September 9

**Performances:** Saturday, January 25 & Sunday, January 26, 2025

Age	Date	Day	Time	Fee	Activity #
12-16	9/9 - 1/26	M	5:00 pm - 8:00 pm	\$450	110606-A

This musical theatre class focuses on training in acting and voice, with a rehearsal period that leads to a performance of "Mean Girls JR.", a fearless musical about chasing

popularity and being true to yourself. No experience is necessary; however, this class leads to a performance for the public and students are expected to be committed and work at the highest level of professionalism. Class begins on 9/9. No class on 11/11, 12/30, and 1/20. A complete rehearsal schedule will be handed out once the rehearsal process gets underway. Rehearsal hours may be extended if needed. Students must be available for performances on 1/25 and 1/26, as well as mandatory dress/tech rehearsals the week prior to the shows. For more information, visit [www.insideouttheatre.org](http://www.insideouttheatre.org) or call (954) 249-1380. To register, contact Jennifer Ginn at (954) 747-4647 or [jginn@sunrisefl.gov](mailto:jginn@sunrisefl.gov).

## Inside Out Theatre's Musical Theatre Production Class: THE ADDAMS FAMILY Young@Part®

**Location:** Sunrise Civic Center Theatre, 10610 W. Oakland Park Blvd.

**Rehearsals:** Thursdays, beginning September 5

**Performances:** Sunday, February 9, 2025

Age	Date	Day	Time	Fee	Activity #
8-13	9/5 - 2/9	TH	4:30 pm - 6:30 pm	\$450	110605-A

This musical theatre class focuses on training in acting and voice, with a rehearsal period that leads to a performance of "The Addams Family Young@Part®", a celebration of the wackiness in every family! No experience is necessary; however, this class leads to a performance for the public and students are expected to be committed and work at the highest level of professionalism. Class begins on 9/5. No class on 10/31, 11/28 12/26, or 1/2. A complete rehearsal schedule will be handed out once the rehearsal process gets underway. Please note: Rehearsal hours may be extended as needed. Students must be available for performances on 2/9, as well as mandatory dress/tech rehearsals the week prior to the shows. For more information, visit [www.insideouttheatre.org](http://www.insideouttheatre.org) or call (954) 249-1380. To register, contact Jennifer Ginn at (954) 747-4647 or [jginn@sunrisefl.gov](mailto:jginn@sunrisefl.gov).

# ART CLASSES

## Anime and Manga

**Location:** Sunrise Civic Center Athletic Club, 10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee	Activity #
10+	7/11 - 7/25	TH	6:15 pm - 7:15 pm	\$36	120818-A
	8/1 - 8/29			\$60	120818-B
	9/5 - 9/26			\$48	120818-C
	7/12 - 7/26	F	6:15 pm - 7:15 pm	\$36	120718-A
	8/2 - 8/30			\$60	120718-B
	*9/6 - 9/27			\$36	120718-C
	7/12-7/26	F	7:30 pm - 8:30 pm	\$36	120719-A
	8/2-8/30			\$60	120719-B
	*9/6 - 9/27			\$36	120719-C

Students will learn skills, develop creativity, find inspiration, have fun and meet others who love anime and manga. Students of all ability levels are welcome and will be challenged accordingly. Participants must be registered before sessions begins. \*No class 9/13.

## Let's Create Art

**Location:** Sunrise Civic Center Athletic Club, 10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee	Activity #
10-15	7/3 - 7/31	W	5:30 pm - 7:00 pm	\$75	120711-A
10-15	8/7 - 8/28			\$60	120711-B
10-15	9/4 - 9/25			\$60	120711-C

The goal of the class is to provide tutorial instructions that would maximize the students' artistic potentials. Every class should be an opportunity to learn something new. Materials are not included; supply list will be listed on the receipt. For more information please contact instructor at (954) 479-2966. Participants must be registered before sessions begins. A minimum of three students are required to run this class. Students will display their finest art pieces in the Sunrise Civic Center Art Gallery on October 12 and 13.





**Summer Mini Camp**

## DAYS OFF

### Summer Mini Camp

Location: Drop off/Pickup at Sunrise Civic Center  
10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee*	Activity #
5-15	8/5 - 8/9	M-F	7:30 am - 6:00 pm	\$150 Resident/ \$200 Non-Resident	120402-A

For more information call the Leisure Services Department at (954) 747-4600. Please make sure children bring their lunch and plenty of drinks and snacks for the entire day. Children must wear their yellow City of Sunrise camp shirts.

\*Resident/ Non-resident rate.



**Karate**

## CLASSES

### KARATE

#### Beginner Karate

Location: Sunrise Civic Center  
10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee*	Activity#
5+	7/8 - 7/31	M/W	5:00 pm - 6:00 pm	\$80	120740-A
5+	8/5 - 8/28	M/W	5:00 pm - 6:00 pm	\$80	120740-B
5+	9/4 - 9/30	M/W	5:00 pm - 6:00 pm	\$80	120740-C

#### Intermediate Karate

Location: Sunrise Civic Center Athletic Club  
10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee*	Activity#
5+	7/8 - 7/31	M/W	6:00 pm - 7:00 pm	\$80	120741-A
5+	8/5 - 8/28	M/W	6:00 pm - 7:00 pm	\$80	120741-B
5+	9/4 - 9/30	M/W	6:00 pm - 7:00 pm	\$80	120741-C

\*\$25/yr Membership to Karate Association (payable to instructor) Additional fees for ranking test and uniforms not included. If you have any questions regarding Karate classes, please call (954) 940-8801. Participants must be registered before session begins.



**Gymnastics**

### GYMNASTICS

#### Tumblebears - SAC

Location: Sunrise Athletic Complex (SAC) Multipurpose Center  
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
3-5	7/9 - 7/30	TU	5:15 pm - 6:00 pm	\$54	120768-A
3-5	8/6 - 8/27	TU	5:15 pm - 6:00 pm	\$54	120768-B
3-5	9/3 - 9/24	TU	5:15 pm - 6:00 pm	\$54	120768-C

#### Tumblebears - Civic Center

Location: Sunrise Civic Center, 10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee	Activity #
3-4	7/13 - 7/27	SA	10:00 am - 10:45 am	\$40.50	120760-A
3-4	8/10 - 8/31		10:00 am - 10:45 am	\$54	120760-B
	*9/7 - 9/28		10:00 am - 10:45 am	\$40.50	120760-C

#### Gymnastics Basics

Location: Sunrise Civic Center, 10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee	Activity #
4-6	7/11 - 7/25	TH	5:15 pm - 6:00 pm	\$40.50	120765-A
	8/1 - 8/29		5:15 pm - 6:00 pm	\$67.50	120765-B
	9/5 - 9/26		5:15 pm - 6:00 pm	\$54	120765-C
6-11	7/11 - 7/25	TH	6:05 pm - 6:50 pm	\$40.50	120766-A
	8/1 - 8/29		6:05 pm - 6:50 pm	\$67.50	120766-B
	9/5 - 9/26		6:05 pm - 6:50 pm	\$54	120766-C
5-11	7/13 - 7/27	SA	10:50 am - 11:35 am	\$40.50	120761-A
	8/10 - 8/31		10:50 am - 11:35 am	\$54	120761-B
	*9/7 - 9/28		10:50 am - 11:35 am	\$40.50	120761-C

#### Gymnastics Level 1

Location: Sunrise Civic Center, 10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee	Activity #
6-11	7/11 - 7/25	TH	6:55 pm - 7:40 pm	\$40.50	120767-A
	8/1 - 8/29		6:55 pm - 7:40 pm	\$67.50	120767-B
	9/5 - 9/26		6:55 pm - 7:40 pm	\$54	120767-C
5-11	7/13 - 7/27	SA	11:40 am - 12:25 pm	\$40.50	120762-A
	8/10 - 8/31		11:40 am - 12:25 pm	\$54	120762-B
	*9/7-9/28		11:40 am - 12:25 pm	\$40.50	120762-C

For details, visit [www.JoyDecoEnterprises.com](http://www.JoyDecoEnterprises.com). Participants must be registered before session begins. A minimum of four students are required to run this class. Tumblebears participants will use equipment such as parachutes, trampolines and balance beams to exercise and work on basic tumbling skills. Gymnastics basics will focus on basic rolls, cartwheels, handstands, back walkovers and trampoline. Level 1 must have experience in order to enroll in class. \* No Class 9/14.



## Alchemy Twirl & Dance

Location: Village Multipurpose Center, 2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
4 - 14	8/1 - 8/29	TH	5:00 pm - 6:00 pm	\$85	170704-B
4 - 14	9/5 - 9/26	TH	5:00 pm - 6:00 pm	\$85	170704-C

Join Alchemy Baton Twirling and Dance for an exhilarating adventure of baton twirling, dance, and more! Your young performers will master these arts in a supportive environment, gearing up to showcase their skills in parades, shows, and beyond. Unleash the magic of performance as your child discovers the extraordinary in the ordinary! For more information, email [Ashlie@ashlierolfe.com](mailto:Ashlie@ashlierolfe.com). \*No classes in July.

## Cheerleading & Cartwheel

Location: Sunrise Athletic Complex (SAC) Multipurpose Center  
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
5 - 10	7/9 - 7/30	TU	6:00 pm - 6:45 pm	\$54	120759-A
5 - 10	8/6 - 8/27	TU	6:00 pm - 6:45 pm	\$54	120759-B
5 - 10	9/3 - 9/24	TU	6:00 pm - 6:45 pm	\$54	120759-C

Learn the techniques of what it takes to be a cheerleader. Cheer technique, small partner stunts, cheers, pom routines and acro-tricks such as cartwheels will be learned. Attire: comfortable clothes and sneakers. For details, visit [www.JoyDecoEnterprises.com](http://www.JoyDecoEnterprises.com). Participants must be registered before session begins. A minimum of four students are required to run this class.

## Fantastic Toddler Fun

Location: Sunrise Civic Center, 10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee	Activity #
19 mo - 2	9/4 - 9/25	W	9:00 am - 10:30 am	\$24	120917-A

This program allows a caregiver the opportunity to participate with their child in age appropriate crafts, story time, songs, and more! Birth certificate is required with registration. Unregistered siblings will not be permitted to attend the class.

## Kids in The Kitchen

Location: Sunrise Civic Center, 10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee	Activity #
8-10	*9/23 - 12/16	M	5:00 pm - 6:00 pm	\$72	120750-A
11-15			6:30 pm - 7:30 pm	\$72	120750-B

Participants will gain basic cooking skills while preparing various foods. Skills will include reading recipes, wet and dry measuring, food safety and basic knife skills. Participants must be registered before sessions begins. A minimum of three students required to run this class. \*No class 11/25.

## Kids Total Fitzone

Location: Sunrise Athletic Complex, 11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
8-13	7/9 - 7/30	TU & TH	4:00 pm - 4:45 pm	\$84	120701-A
	*8/1 - 8/29			\$72	120701-B
	9/3 - 9/26			\$96	120701-C

This program will provide a fun and engaging way for kids to improve their fitness, coordination, and agility. Participants will develop positive attitudes towards exercise and healthy habits that will benefit them throughout their lives. For more information please contact instructor at (702) 883-2487. Participants must be registered before sessions begins. \*No class 8/8, 8/13, and 8/15.

## Just You & Me

Location: Sunrise Civic Center, 10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee	Activity #
3 - 5	9/3 - 9/26	TU & TH	9:00 am - 10:30 am	\$48	120915-A

This program features developmentally appropriate activities for children 3-5 (pre-school age). Birth certificate is required with registration. Unregistered siblings will not be permitted to attend the class. Parent participation is required.

## THE KOOL KIDZ DANCE PROGRAM

Location: Sunrise Civic Center  
10610 W. Oakland Park Boulevard

### Baby Ballerinas 1

Age	Date	Day	Time	Fee	Activity #
2 ½ - 3	7/15 - 7/29	M	4:00 pm - 4:45 pm	\$36	120777-A
2 ½ - 3	*8/5 - 8/26			\$36	120777-B
2 ½ - 3	9/9 - 9/30			\$48	120777-C
2 ½ - 3	7/13 - 7/27	SA	9:30 am - 10:15 am	\$36	120778-A
2 ½ - 3	*8/17 - 9/21			\$60	120778-B

### Baby Ballerinas 2

Age	Date	Day	Time	Fee	Activity #
4-5	7/17 - 7/31	W	4:00 pm - 4:45 pm	\$36	120787-A
4-5	*8/7 - 8/28			\$36	120787-B
4-5	9/4 - 9/25			\$48	120787-C

### Hip Hop

Age	Date	Day	Time	Fee	Activity #
6 - 10	7/17 - 7/31	W	4:45 pm - 5:30 pm	\$36	120797-A
6 - 10	*8/7 - 8/28			\$36	120797-B
6 - 10	9/4 - 9/25			\$48	120797-C
4 - 6	7/13 - 7-27	SA	11:15 am - 12:00 pm	\$36	120785-A
4 - 6	*8/17 - 9/21			\$60	120785-B

### Jazz and Ballet

Age	Date	Day	Time	Fee	Activity #
6 - 10	7/15 - 7/29	M	4:45 pm - 5:30 pm	\$36	120796-A
	*8/5 - 8/26			\$36	120796-B
	9/9 - 9/30			\$48	120796-C

### Tap and Ballet

Age	Date	Day	Time	Fee	Activity #
4 - 6	7/13 - 7/27	SA	10:15 am - 11:15 am	\$45	120784-A
4 - 6	*8/17 - 9/21			\$75	120784-B

Join us for an exciting dance adventure tailored for young dancers age 2-1/2-10! Our classes are perfect for beginners to explore their passion for dance. For more details on dance attire, visit our website at [www.thekoolkidzdp.com](http://www.thekoolkidzdp.com) or reach out to Ms. Anna at (702) 883-2487. Participants must be registered before sessions begins. A minimum of three students required to run the class. \*No classes 8/12, 8/14 and 9/14.





Sunrise Athletic Complex (SAC) Multipurpose Center

## OPEN PLAY SPORTS

### 13 & Under Open Play Basketball - Village

Location: Village Multipurpose Center  
2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
6 - 13	Ongoing	Varies	Varies	Daily*	N/A

Sunrise residents FREE with membership. \*Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by a parent or legal guardian. Call (954) 747-4601 for information.

### 13 & Under Open Play Basketball - SAC

Location: Sunrise Athletic Complex (SAC) Multipurpose Center  
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
6 - 13	Ongoing	Varies	Varies	Daily*	N/A

Sunrise residents FREE with membership. \*Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by a parent or legal guardian. Call (954) 747-4604 for information.

### Badminton - Village

Location: Village Multipurpose Center  
2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
13+	Ongoing	TU	7:00 pm - 8:45 pm	FREE	270675-A
	Ongoing	SU	12:15 pm - 2:15 pm	FREE	270675-B

A City of Sunrise waiver must be completed to participate in the program. Call (954) 747-4601 for information.



Badminton

### Open Play Basketball - Village & SAC

Location: Village Multipurpose Center  
2240 NW 68th Avenue

Location: Sunrise Athletic Complex (SAC) Multipurpose Center  
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
Any	Ongoing	Varies	Varies	Daily*	N/A

Sunrise residents FREE with membership. \*Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by a parent or legal guardian. Call (954) 747-4604 for information at SAC or (954) 747-4601 for information at Village.

### Open Play Pickleball - SAC

Location: Sunrise Athletic Complex (SAC) Multipurpose Center  
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
13+	Ongoing	Varies	Varies	Daily*	N/A

Sunrise residents FREE with membership. \*Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by a parent or legal guardian. Call (954) 747-4604 for information.

### Youth Open Play 7-on-7 Flag Football - SAC

Location: Sunrise Athletic Complex (SAC) Multipurpose Center  
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
13-17	Ongoing	W	6:00 pm - 7:00 pm	Free	470616A

Calling all football lovers! Lace up your cleats and head to the Sunrise Athletic Complex for some friendly and competitive flag football matches. Flags will be provided on the field, so all you'll need to bring is your skill and competitive spirit! Call (954) 747-4604 for more information.

## VOLLEYBALL

Location: Sunrise Civic Center Athletic Club  
10610 West Oakland Park Boulevard

### Beginner/ Intermediate Volleyball Clinics

Age	Date	Day	Time	Fee	Activity #
9-17	6/26 - 9/18	Any	Any	\$30	170676-G-Z
9-17	6/26 - 7/22	M & W	7:00 pm - 8:30 pm	\$150	170676-A
9-17	7/24 - 8/19	M & W	7:00 pm - 8:30 pm	\$150	170676-B
9-17	8/21 - 9/18	M & W	6:30 pm - 8:00 pm	\$150	170676-C

### Volleyball Team Practices

Age	Date	Day	Time	Fee	Activity #
9-17	6/28 - 7/21	F/SU	6:00 pm - 8:00 pm/ 4:00 pm - 6:00 pm	\$150	170677-A
9-17	7/26 - 8/18	F/SU	6:00 pm - 8:00 pm/ 4:00 pm - 6:00 pm	\$150	170677-B
9-17	8/23 - 9/15	F/SU	6:00 pm - 8:00 pm/ 4:00 pm - 6:00 pm	\$150	170677-C

This program is designed to teach proper technique and help players develop the necessary skills. Teams will be divided by skill level. For more information contact Coach Mo at (954) 687-2908.



## Sunrise Hoopster Travel Basketball

The Hoopster travel basketball program is looking for players who would like to be part of the AAU U.S. Amateur Basketball, USSSA, and USBA sanctioning competitive travel basketball circuit. We are currently seeking players of all skill levels.

For more information, contact Coach Ceasar Diaz at (954) 804-9241 or visit [www.hoopsterbasketball.com](http://www.hoopsterbasketball.com). \$40 registration fee. Additional fees may apply.



## HOOPSTER BASKETBALL ACADEMY

Location: Sunrise Civic Center Gymnasium  
10610 West Oakland Park Boulevard

**REGISTRATION:** Only accepted at Athletic Club desk

**CONTACT:** Coach Ceasar Diaz at (954) 804-9241

**REFUNDS:** Refunds for five-week sessions must be requested in writing, and submitted before the beginning of the third class. All refunds subject to approval by Coach Diaz.

## BASKETBALL CAMPS

### Summer Break Basketball Camp

Age	Date	Day	Time	Fee	Activity #
6 - 17	8/5 - 8/9	M - F	7:30 am - 5:30 pm	\$150	170621-G
		Daily		\$35	170621-H-L

## BASKETBALL CLASSES

### Small Fry Basketball Program

Age	Date	Day	Time	Fee	Activity #
4 - 5	7/6 - 8/3	SA	9:00 am - 9:30 am	\$25	270623-A
		DAILY		\$6	270623-B-F
	8/10 - 9/7	SA		\$25	270623-G
		DAILY		\$6	270623-H-L
	9/14 - 10/12	SA		\$25	270623-M
		DAILY		\$6	270623-N-R

Small Fry Basketball is a fun, introductory program for boys and girls that teaches children the fundamentals of basketball through the basics of ball handling, passing, shooting and defense.

### Beginner Skills Program

Age	Date	Day	Time	Fee	Activity #
6 - 17	7/30 - 8/27*	TU	5:45 pm - 6:45 pm	\$50	270657-A
		Daily		\$12	270657-B-F
	9/3 - 10/1	TU	6:00 pm - 7:00 pm	\$50	270657-G
		Daily		\$12	270657-H-L
6 - 17	7/11 - 8/8	TH	6:45 pm - 7:45 pm	\$50	270663-A
		Daily		\$12	270663-B-F
	8/15 - 9/12		6:30 pm - 7:30 pm	\$50	270663-G
		Daily		\$12	270663-H-L

	9/19 - 10/17	TH	6:30 pm - 7:30 pm	\$50	270663-M
		Daily		\$12	270663-N-R
6-17	7/6 - 8/3	SA	9:45 am - 10:45 am	\$50	270622-A
		Daily		\$12	270622-B-F
	8/10 - 9/7	SA		\$50	270622-G
		Daily		\$12	270622-H-L
	9/14 - 10/12	SA		\$50	270622-M
		Daily		\$12	270622-N-R

\*Class will start at 6:00 pm beginning August 13. Beginner Skills program emphasizes basketball fundamentals, including ball handling, passing, shooting, rebounding and defense.

### Intermediate Skills Program

6 - 17	9/3 - 10/1	TU	7:00 pm - 8:00 pm	\$50	270661-A
		Daily		\$12	270661-B-F
6 - 17	7/11 - 8/8	TH	7:45 pm - 8:45 pm	\$50	270665-A
		Daily		\$12	270665-B-F
	8/15 - 9/12	TH	7:30 pm - 8:30 pm	\$50	270665-G
		Daily		\$12	270665-H-L
	9/19 - 10/17	TH	7:30 pm - 8:30 pm	\$50	270665-M
		Daily		\$12	270665-N-R
6 - 17	7/6 - 8/3	SA	11:00 am - 12:00 pm	\$50	270606-A
		Daily		\$12	270606-B-F
	8/10 - 9/7	SA		\$50	270606-G
		Daily		\$12	270606-H-L
	9/14 - 10/12	SA		\$50	270606-M
		Daily		\$12	270606-N-R

Intermediate Skills program emphasizes basketball fundamentals, including ball handling, passing, shooting, rebounding and defense. It is designed for players that have mastered the beginner drills.

### Advanced Skills Program

6 - 17	7/6 - 8/3	SA	12:15 pm - 1:15 pm	\$50	270625-A
		Daily		\$12	270625B-F
	8/10 - 9/7	SA		\$50	270625-G
		Daily		\$12	270625-H-L
	9/14 - 10/12	SA		\$50	270625-M
		Daily		\$12	270625-N-R

Advanced Skills program emphasizes advanced drills and is designed for players that have mastered the intermediate drills.

## SOCCER CLASSES

### Start Smart Soccer

Location: Nob Hill Soccer Club Park, Field 2, 10200 Sunset Strip

Age	Date	Day	Time	Fee	Activity #
3 - 5	9/4 - 10/9	W	6:00 pm - 7:00 pm	\$35/60**	130203-A
3 - 5	*11/6 - 12/18	W	6:00 pm - 7:00 pm	\$35/60**	130203-B

Start Smart Soccer is an introductory program for boys and girls ages three to five years that takes place over six classes. The program prepares children and their guardians for organized soccer in a fun, non-competitive environment. Parent(s) work one-on-one with their child practicing a variety of skills. Parent-child groups will receive a Start Smart soccer ball, which will be used during the program and can be used to continue the development of the child. Space is limited to 20 participants per session. \*No class 11/27. \*\*Resident/Non-resident rate.





Recreational Youth Soccer

## RECREATIONAL SPORTS

### RECREATIONAL YOUTH SOCCER

**Open to ages 4 to 18 (Age as of 12/31/24)**

**Season Dates:** October to January

**Fee:** \$75/Residents; \$110/Non-Residents

**Registration Deadline for Residents:**

Thursday, September 5

**Player Ratings:** All participants, except Instructional Division, must attend player ratings, which take place at Nob Hill Soccer Club, Field 2. See below for date and times of scheduled ratings. Soccer Opening Day Friday, October 25. Divisions may be combined based on registration numbers.

Division	Age as of 12/31/24	Rating Day/Time	Activity #
Instructional	4, 5, 6	N/A	230231-A

#### Girls

Division	Age as of 12/31/24	Rating Day/Time	Activity #
8 & Under Girls	7, 8	9/10 6:00 pm	230232-B
10 & Under Girls	9, 10	9/10 6:45 pm	230232-C
12 & Under Girls	11, 12	9/10 7:30 pm	230232-D
14 & Under Girls	13, 14	9/11 8:00 pm	230232-E

#### Boys

Division	Age as of 12/31/24	Rating Day/Time	Activity #
8 & Under Boys	7, 8	9/11 6:00 pm	230231-B
10 & Under Boys	9, 10	9/11 7:00 pm	230231-C
12 & Under Boys	11, 12	9/12 6:00 pm	230231-D
14 & Under Boys	13, 14	9/12 7:00 pm	230231-E

#### Girls and Boys

HS Coed / 18U	15, 16, 17, 18	9/12 7:45 pm	230231-F
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Recreational Youth Soccer

#### Make up Ratings

Make up Ratings	Rating Day / Time
8 & Under Girls and Boys	9/14 9:00 am
10 & Under Girls and Boys	9/14 10:00 am
12 & Under Girls and Boys	9/14 11:00 am
14 & Under Girls and Boys	9/14 12:00 pm
HS Coed / 18U	9/14 1:00 pm

**Drafts and Practices:** Teams will practice two to three times per week during the preseason; two games and one practice per week during the season.

### FREE \$50 Gift Card for Sunrise Athletes

The City's Youth Athletics Incentive Program makes available one **\$50 Dick's Sporting Goods gift card** per eligible child each time they participate in a City of Sunrise Youth Recreational Athletics Program.

The Program is made possible by American Rescue Plan Act (ARPA) funds, and was developed in an effort to assist Sunrise residents who have experienced a hardship due to the COVID-19 pandemic.

Sunrise residents who are parents/guardians of eligible participants are encouraged to apply!

Visit [www.sunrisefl.gov/athlete50](http://www.sunrisefl.gov/athlete50) or call (954) 747-4600 for details.

### Interested in Coaching Youth Recreational Sports?

Volunteer coaches are needed in all Youth Recreational Sports and age divisions, and will be selected immediately following the registration deadline.

All coaches are required to be fingerprinted, and have a criminal background check completed.

As an added benefit, head coaches are eligible for a **50% DISCOUNT** on their child's registration.

If you are interested and need further information, please call Leisure Services at (954) 747-4600.



Sunrise Sharks Travel Baseball

## TRAVEL SPORTS

### SUNRISE SHARKS TRAVEL BASEBALL

Open to ages 8 to 14 (Child cannot be 15 on 5/1/24)

Season Dates: July to April

Fee: \$90/Resident; \$210/Non-Resident

Tryouts: Saturday, July 13; Pre-Registration is required before tryout.

Participants need to commit to a minimum of three practices and/or games per week.

Step up to the plate and try out for this highly competitive baseball league. Teams consist of all-star caliber players that play against other teams from around the county. This program is year-round, and roster changes may be made throughout the year.

### TRYOUTS

Age	Tryout Location	Date	Time	Activity #
8	Sportsplex, Field 1	7/13	8:30 am	230208-I
9	Sportsplex, Field 4	7/13	9:00 am	230208-A
10	Sportsplex, Field 1	7/13	10:30 am	230208-B
11	Sportsplex, Field 1	7/13	12:00 pm	230208-C
12	Sportsplex, Field 1	7/13	1:30 pm	230208-D
13	Sportsplex, Field 1	7/13	3:00 pm	230208-E
14	Sportsplex, Field 1	7/13	4:30 pm	230208-F



Sunrise Sharks Travel Baseball

## SUNRISE HURRICANES FOOTBALL

Open to ages 5 to 14

Season Dates: July to November,  
Spring training starts May 1, 2024

Fee: \$200/Resident (\$225 after 6/30);  
\$225/Non-Resident (\$250 after 6/30)

Registration required to participate. This is a full contact, competitive tackle football program. There is no mandatory play rule and players may be cut based upon registration and skill level. Players must provide their own rubber-molded cleats. The season consists of 11 games played in Broward, Dade and Palm Beach counties. There is a minimum of four practices per week and games are played on Saturdays. Each team has a maximum of 38 players. Participants are placed on a team based on age and weight. Player placement on each team is based on the player's age as of May 1, 2024 except 13U which is based on player's age as of January 1, 2024.

League Age	Max Weight	Activity #
*13	Unlimited	130220-F
12 and under	Unlimited	130220-E
11 and under	130 lb to advance ball	130220-D
10 and Under	120 lb to advance ball	130220-C
9 and Under	110 lb to advance ball	130220-B
8 and Under	90 lb to advance ball	130220-A
Mighty Mites / 7 and under	80 lb	130220-G
Super Mighty Mites / 5,6	70 lb	130220-H

\*Cannot be 14 before January 1, 2024

## SUNRISE HURRICANES CHEERLEADING

Open to ages 4 to 15

Season Dates: July to November,  
Spring training starts May 1, 2024

Fee: \$200/Resident (\$225 after 6/30);  
\$225/Non-Resident (\$250 after 6/30)

Participants are placed on squads based on age and ratings. The season consists of 11 games played in Broward, Dade and Palm Beach counties. There is a minimum of three practices a week and games are played on Saturdays. Each squad has a maximum of 25 participants. Additional costs may apply.

Cheer Division	Football Team Division	Cheerleader Age	Year of Birth	Activity #
Senior	13 and Under, Unlimited	13, 14, 15	2011, 2010, 2009	130221-F
Junior	12 and Under, Unlimited	12, 13, 14, 15	2012, 2011, 2010, 2009	130221-E
Junior Prep	11 and Under, 130 lbs	10, 11, 12, 13	2014, 2013, 2012, 2011	130221-D
Youth	10 and Under, 120 lbs	9, 10, 11	2015, 2014, 2013	130221-C
Youth Prep	9 and Under, 110 lbs	8, 9, 10	2016, 2015, 2014	130221-B
**Pee Wee	8 and Under, 90 lbs	**5, 6, 7, 8	**2019, 2018, 2017, 2016	130221-A
*Mighty Mites	7 and Under, 80 lbs	*4, 5	*2020, 2019	130221-G

\*\*Must be 5 by September 1, 2024. \*Must be 4 by September 1, 2024.





# Sunrise Civic Center Athletic Club

10610 West Oakland Park Boulevard | (954) 747-4666

**Regular Hours:** Open Monday through Friday from 6:30 am to 9:00 pm, and Saturday and Sunday from 8:00 am to 7:00 pm.

**Holiday Hours:** Open 8:00 am to 3:00 pm, 7/4 and 9/2.

**Amenities:** The Sunrise Civic Center Athletic Club features two gymnasiums; a bi-level fitness center with free weights and machines, an elevated fitness track, racquetball courts, a game room, and locker rooms.

*Sunrise residents can use the fitness track, game room, and racquetball courts **FREE of charge**; just present your I.D. and proof of residency at the front!*

## BASIC ANNUAL MEMBERSHIP

Entitles member to use the gymnasiums, racquetball courts, track and game room, and to check out equipment (i.e. basketballs, volleyballs, and racquetball racquets) at no cost. Available only to Sunrise residents. **FREE** with proof of Sunrise residency!

## PLUS ANNUAL MEMBERSHIP

Entitles member to Basic Annual Membership benefits, plus use of the fitness center and locker rooms. Available only to Sunrise residents. **Individual** (one adult age 18 or over): **\$150/year**  
**Family** (up to five household members): **\$225/year**

## DELUXE ANNUAL MEMBERSHIP

Entitles member to Plus Annual Membership benefits, plus use of the Civic Center aquatics facilities. Available only to Sunrise residents. **Individual** (one adult age 18 or over): **\$175/year**  
**Family** (up to five household members): **\$250/year**

*Monthly and daily rates are also available. All fees are subject to Florida sales tax. Individuals under 13 years old can utilize Athletic Club facilities, excluding the Fitness Center, when accompanied by a card-holding member.*



# Sunrise Athletic Complex (SAC) Multipurpose Center

11501 NW 44th Street | (954) 747-4604

**Regular Hours:** Open Monday through Friday from 9:00 am to 9:00 pm, and Saturday and Sunday from 9:00 am to 5:00 pm

**Holiday Hours:** Open 9:00 am to 3:00 pm, 7/4 and 9/2.

**Amenities:** The Sunrise Athletic Complex has a 15,000 square-foot Multipurpose Center with an indoor gymnasium and programming space.

*Sunrise residents are encouraged to sign up for a **FREE membership**.*

## INDIVIDUAL MEMBERSHIPS:

FREE for ages 18+ with proof of Sunrise residency.

## FAMILY MEMBERSHIPS:

FREE—with proof of Sunrise residency—for up to five family members living at the same address. Parent or guardian must apply in person with a photo I.D., as well as a birth certificate for each minor child in the household.

## DAILY VISIT FEES:

Non-members are \$5 per adult and \$3 per child (17 and younger).



# Village Multipurpose Center

2240 NW 68th Avenue | (954) 747-4601

**Regular Hours:** Open Monday through Friday from 9:00 am to 9:00 pm, and Saturday and Sunday from 9:00 am to 5:00 pm

**Holiday Hours:** Open 9:00 am to 3:00 pm, 7/4 and 9/2.

**Amenities:** The Village Multipurpose Center features an indoor gymnasium for basketball and a variety of other activities, including indoor walking, badminton, netball, fitness classes, and more.

*Sunrise residents are encouraged to sign up for a **FREE membership**.*

## INDIVIDUAL MEMBERSHIPS:

FREE for ages 18+ with proof of Sunrise residency.

## FAMILY MEMBERSHIPS:

FREE—with proof of Sunrise residency—for up to five family members living at the same address. Parent or guardian must apply in person with a photo I.D., as well as a birth certificate for each minor child in the household.

## DAILY VISIT FEES:

Non-members are \$5 per adult and \$3 per child (17 and younger).

# Special Populations

The City of Sunrise partners with the Special Populations Section of the Broward County Parks and Recreation Division—as well as other community organizations—to host programs that engage and enrich the special populations community. Activities include social events, athletics, and general recreation opportunities. For more information, call (954) 747-4600.



## Back To School Dance

**Ages 13-25**

**Friday, August 16, from 7:00 pm – 9:00 pm**

**Sunrise Civic Center – Grand Ballroom  
10610 W. Oakland Park Blvd.**

**FREE admission! Pre-registration required.**

**For more information, call (954) 357-8170 or  
email [SpecialPopulations@Broward.org](mailto:SpecialPopulations@Broward.org).**

*Individuals ages 13-25 with developmental disabilities are invited for an evening of dancing and fun!*

## Boccia

**Ages 18+**

**Tuesdays from 1:00 pm to 3:00 pm, ongoing**

**Sunrise Civic Center Gymnasium  
10610 West Oakland Park Blvd.**

**FREE!**

**Activity #: 170693-A**

**For more information, call (954) 357-8170 or  
email [SpecialPopulations@Broward.org](mailto:SpecialPopulations@Broward.org).**

*Boccia is a highly competitive Paralympic sport, in which individuals throw leather-like balls on a marked floor with the intent to have them land as close as possible to the target ball. This program helps improve hand-eye coordination and fine motor skills.*

## TOPSoccer

**Ages 3+**

**July through August**

**Nob Hill Soccer Park  
10200 Sunset Strip**

**FREE!**

**Activity #230210-A**

**For more information, call Michael Barbare at  
(954) 609-1263.**

*US Youth Soccer TOPSoccer (The Outreach Program for Soccer) is a community-based training and team placement program for young athletes with disabilities, organized by youth soccer association volunteers. The program is designed to bring the opportunity of learning and playing soccer to any child with a mental or physical disability. The goal of the program is to enable the thousands of young athletes with disabilities to become valued and successful members of the US Youth Soccer family. TOPSoccer creates a fun, adaptive environment for players 3 years old and up. Programs are geared toward player development rather than competition. Athletes learn skills and have fun!*

## Wheelchair Basketball

**Ages 16+**

**Tuesdays & Thursdays from 5:00 pm to 7:00 pm,  
ongoing**

**Village Multipurpose Center Gymnasium  
2240 NW 68th Avenue**

**FREE!**

**Activity # 170687-A**

**For more information, contact Dana Wade  
at (954) 609-4345 or [SunriseSuns1@gmail.com](mailto:SunriseSuns1@gmail.com).**

**\* No practice 7/4.**



## DANCE AND FITNESS



Adult Hip-Hop Dance

### Adult Hip-Hop Dance Class

Location: Sunrise Civic Center Athletic Club  
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	7/1 - 9/30*	Any	Any	\$15	170658D-Z
	7/1 - 7/29	M	7:15 pm - 8:15 pm	\$62.50	170658-A
	8/5 - 8/26	M	7:15 pm - 8:15 pm	\$50	170658-B
	9/9 - 9/30	M	7:15 pm - 8:15 pm	\$50	170658-C

For more information, contact Developing Dreams Foundation at (954) 282-1014. \*There will be no class on 9/2.

### Caribbean Dance Fitness

Location: Sunrise Civic Center Athletic Club  
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	Any	Any	Any	\$15	170667D-Z
	7/6 - 7/27	SA	10:00 am - 11:00 am	\$50	170667-A
	8/3 - 8/31	SA	10:00 am - 11:00 am	\$62.50	170667-B
	9/7 - 9/28	SA	10:00 am - 11:00 am	\$50	170667-C

Dress comfortably and wear sneakers, no open toed shoes or sandals. For more information contact Developing Dreams Foundation at (954) 282-1014.

### Salsa Dancing

Location: Sunrise Civic Center Athletic Club  
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	7/5 - 9/27	Any	Any	\$18	170664-D-Z
	7/5 - 7/26	F	6:00 pm - 7:00 pm	\$65	170664-A
	8/2 - 8/30	F	6:00 pm - 7:00 pm	\$81.25	170664-B
18+	9/6 - 9/27	F	6:00 pm - 7:00 pm	\$65	170664-C

\*Dress comfortably; however, sneakers are not encouraged for this class due to turns and pivots. We recommend heels for ladies and dress shoes or loafers for gentlemen. For more information contact Developing Dreams Foundation at (954) 282-1014.



Blast & Burn

### Personal Training: 15-Minute "Lunch Rush"\*

Location: Sunrise Civic Center Athletic Club  
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
16+	Weekly Pass	M-F	12:30 pm - 1:00 pm	\$50	170681A-M
	Weekly Pass	M-F	1:00 pm - 1:30 pm	\$50	170681N-Z

\*Sessions are available only for current Athletic Club members! Space is limited. Must register by 5:00 pm the day before.

### Personal Training: 30-Minute Session\*

Location: Sunrise Civic Center Athletic Club  
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
16+	1 Session	Any	Any	\$25	170685A-Z
	3 Sessions	Any	Any	\$69	170673A-G
	6 Sessions	Any	Any	\$138	170673H-N
	9 Sessions	Any	Any	\$207	170673O-U
	12 Sessions	Any	Any	\$276	170673V-Z

\*Sessions are available only for current Athletic Club members! Space is limited. Must register by 5:00 pm the day before.

### Personal Training: 60-Minute Session\*

Location: Sunrise Civic Center Athletic Club  
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
16+	1 Session	Any	Any	\$45	170686A-Z
	3 Sessions	Any	Any	\$129	170674A-G
	6 Sessions	Any	Any	\$258	170674H-N
	9 Sessions	Any	Any	\$387	170674O-U
	12 Sessions	Any	Any	\$516	170674V-Z

A one-time complimentary 15-minute assessment will be scheduled after the purchase of the first 60-minute session. \*Sessions available only for current Athletic Club members. For more information please call Bobbi at (954) 779-8175.

### Blast & Burn Tuesdays & Tone Up Saturdays

Location: Sunrise Civic Center Athletic Club  
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	7/2 - 7/30	TU	5:45 pm - 6:45 pm 6:50 pm - 7:50 pm	Free	170683-A 170683-B
	8/6 - 8/27	TU	5:45 pm - 6:45 pm 6:50 pm - 7:50 pm	Free	170683-C 170683-D
	9/3 - 9/24	TU	5:45 pm - 6:45 pm 6:50 pm - 7:50 pm	Free	170683-E 170683-F
	7/6 - 7/27	SA	8:15 am - 9:15 am	Free	170683-G
	8/3 - 8/31	SA	8:15 am - 9:15 am	Free	170683-H
	9/7 - 9/28	SA	8:15 am - 9:15 am	Free	170683-I

Blast & Burn is designed to be a fun yet challenging cardio toning class that prioritizes your lower body. Tone Up is designed to sculpt your body by shedding excess fat while building muscles. For more information, please call Bobbi at (954) 779-8175. Register at the Athletic Club desk or at [www.sunrisefl.gov](http://www.sunrisefl.gov).

## Adult Indoor Walking

Location: Village Multipurpose Center, 2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	M - F	9:00 am - 11:00 am	Free*	N/A

Our staff will motivate you and provide you with various stretching exercises. Call (954) 747-4601 for information. \*A City of Sunrise waiver must be completed to participate in the program.

## Stretch-N-Stroll

Location: Sunrise Athletic Complex (SAC) Multipurpose Center  
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	TU	9:30 am - 10:30 am	Free*	N/A

Meet at the SAC Multipurpose Center and join us for a 30 minute walk, starting and ending with a 15 minute stretch. \*A City of Sunrise waiver must be completed to participate in the program.



Soca Step Dance Aerobics

## Soca Step Dance Aerobics

Location: City Park, 6600 Sunset Strip

Age	Date	Day	Time	Fee	Activity #
18+	7/26	F	7:00 pm - 8:00 pm	Free	N/A
	8/30	F	7:00 pm - 8:00 pm	Free	N/A
	9/27	F	7:00 pm - 8:00 pm	Free	N/A

Join us for a class on the last Friday of every month! Bring water, a towel and your flag. Hosted by Coach Kamal from Tailored Fitness with a live Soca DJ. \*Register online at [www.sunrisefl.gov/soca](http://www.sunrisefl.gov/soca).

## Sunrise Steppers

Location: City Park, 6600 Sunset Strip

Age	Date	Day	Time	Fee	Activity #
All	Ongoing	Varies	9:30 am - 10:30 am	Free	N/A

Pump up your morning routine at the park! Walk, hit our outdoor gym stations for a full-body workout, and groove to energizing beats.

## 40+ Double Dutch Jump Rope

Location: Village Multipurpose Center, 2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
40+	Ongoing	TH**	7:00 pm - 8:45 pm	Free*	470687-A

Location: City Park, 6600 Sunset Strip

Age	Date	Day	Time	Fee	Activity #
40+	Ongoing	SA	9:00 am - 10:00 am	Free*	470687-A
		SU	5:00 pm - 6:00 pm		

Women over the age of 40 get together to take a break from "adulting" by jumping Double Dutch, hula hooping, playing hopscotch and Chinese rope! \*A City of Sunrise waiver must be completed to participate in the program. Call (847) 207-6227 for information. \*\*No practice 7/4.



## Cars & Coffee

Location: Sunrise Athletic Complex (SAC) Multipurpose Center  
11501 NW 44th Street

FREE: 3rd Sunday of each month

Registration: Pre-registration is required.  
Please call (954) 747-4604 to sign up.

Age	Date	Day	Time	Fee	Activity #
18+	7/21	Sun	10:00 am - 12:00 pm	Free	N/A
	8/18	Sun	10:00 am - 12:00 pm	Free	N/A
	9/15	Sun	10:00 am - 12:00 pm	Free	N/A

Calling all car enthusiasts... Join us each month in the SAC parking lot to show off your car.

## Yoga

Location: Sunrise Civic Center Athletic Club  
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	7/1-9/30*	Any	Any	\$16	170653D-Z
	7/1-7/29	M	6:00 pm - 7:00 pm	\$68.75	170653-A
	8/5-8/26	M	6:00 pm - 7:00 pm	\$55	170653-B
	9/9-9/30	M	6:00 pm - 7:00 pm	\$55	170653-C

Participants are encouraged to bring their own yoga mats, yoga blocks, yoga straps, towel, and bottle of water. \*There will be no class on 9/2.



## Baptist Health Boot Camp



Location: Sunrise Civic Center Athletic Club  
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	TH*	5:30 pm - 6:30 pm	Free	370699-A

Bring a mat, water and a towel to class. Must register at the Athletic Club desk. \*No Class 7/4.

## Baptist Health Zumba



Location: Sunrise Civic Center Athletic Club  
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	TU	7:00 pm - 8:00 pm	Free	370699-Z

Bring water and a towel to class. Must register at the Athletic Club desk.

## Baptist Health Aqua Zumba



Location: Sunrise Civic Center Family Pool  
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	W	5:30 pm - 6:30 pm	Free	370899-A

Bring a towel to class. Must register at the Pool Control Desk.



## OPEN PLAY SPORTS

### Open Play Basketball – Village & SAC

Location: Village Multipurpose Center  
2240 NW 68th Avenue

Call (954) 747-4601 for daily schedule.

Age	Date	Day	Time	Fee	Activity #
13+	Ongoing	Varies	Varies	Daily	N/A

Location: Sunrise Athletic Complex (SAC) Multipurpose Center  
11501 NW 44th Street

Call (954) 747-4604 for daily schedule.

Age	Date	Day	Time	Fee	Activity #
13+	Ongoing	Varies	Varies	Daily	N/A

Sunrise residents FREE with membership. \*Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by a parent or legal guardian.

### Open Play Netball

Location: Village Multipurpose Center  
2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	SU	2:30 pm - 4:30 pm	Free*	270687-A

\*A City of Sunrise waiver must be completed to participate in the program. Call (954) 747-4601 for information.

### Adult Open Play 7-on-7 Flag Football

Location: Sunrise Athletic Complex (SAC) Multipurpose Center  
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	W	7:00 pm - 8:00 pm	Free	N/A

Lace up your cleats and head to the Sunrise Athletic Complex to play flag football. Flags will be provided on the field, so all you'll need to bring is your skill and competitive spirit! Call (954) 747-4604 for more information.

### Open Play Volleyball

Location: Sunrise Civic Center Athletic Club  
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	SU	2:00 pm - 3:45 pm	Daily*	N/A

\*FREE to Athletic Club members. Non-members pay daily or annual fee. For more information and schedule, please call (954) 747-4666.

### Open Play Badminton

Location: Village Multipurpose Center  
2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
13+	Ongoing	TU	7:00 pm - 8:45 pm	Free*	270675-A
	Ongoing	SU	12:15 pm - 2:15 pm	Free*	270675-B

\*A City of Sunrise waiver must be completed to participate in the program. Call (954) 747-4601 for information.



### Open Play Pickleball

Location: Sunrise Civic Center Athletic Club  
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	M - SA	Varies	Free*	N/A

FREE with membership. \*Non-members pay daily or annual fee. Please call (954) 747-4666 for daily schedule.

Location: Sunrise Athletic Complex (SAC) Multipurpose Center  
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
13+	Ongoing	M - SU	Varies	Free*	N/A

FREE with membership. \*Non-members pay daily or annual fee. Please call (954) 747-4604 for daily schedule.



Pickleball

### Pickleball Instruction

Location: Sunrise Civic Center Athletic Club  
10610 West Oakland Park Boulevard

Age	Class	Day	Time	Fee	Activity #
7+	90 Min. Private	Any	Any	\$120	170688A-Z
	60 Min. Private	Any	Any	\$75	170689A-Z
	30 Min. Private	Any	Any	\$40	170692A-Z
	Semi Private	Any	Any	\$80	170690A-Z
	Group Clinic	Any	Any	\$25	170691A-Z

For more information on Pickleball Instruction with Coach Callo, please call (917) 676-8888.



Badminton

## SOCIAL SERVICES

The Special and Community Support Division provides information regarding available state and county social service programs. An emergency food pantry and medical equipment loan-out is available for Sunrise residents who may need temporary assistance due to loss of employment or other issues. The division also administers include transportation and special programs. For further information, contact the City's Social Worker at (954) 746-3670.

### Bereavement Support Group

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity #
Weekly	TH	9:45 am - 11:00 am	Free	Walk-ins welcome

This group is facilitated by a Continuum Care Health professional grief counselor and is a valuable source of support for those dealing with grief and mourning. For more information call (954) 746-3670 or stop by the Senior Center Front Desk.

### Blood Pressure Check - Sunrise Fire Rescue

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity #
7/12, 8/9, 9/13	F	11:00 am	Free	Walk-ins welcome

### Emergency Food Pantry

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity #
Weekly		8:30 am - 4:00 pm	Free	Call for appt.

The City of Sunrise operates an Emergency Food Pantry with canned goods for Sunrise residents in need. Visits to the Pantry are limited to no more than once every three months until the crisis has passed or an alternate agency can fulfill the need. It is by appointment only and must be arranged with the Social Worker. For information, call (954) 746-3670 between 8:30 am and 4:00 pm.

### Life Changes Support Group

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity #
1st & 3rd	W	2:30 pm - 3:30 pm	Free	Walk-ins welcome

The Life Changes Support Group, facilitated by VITAS Healthcare, is designed to help people who experience life changes related to the aging process (loss of hearing, vision, mobility or entering the retirement years, to name a few). This is a peer-support group. All are welcome.

### Prescription Discount Card Program

Sunrise residents who are without health insurance, a traditional pharmacy benefit plan, or have prescriptions not covered by insurance can take advantage of this plan. The savings is approximately 20%, with no income or age requirements. Please call the Sunrise Senior Center at (954) 746-3670 or come by the Senior Center for information.

### Property Tax Exemption Assistance

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity #
7/12, 8/9, 9/13	F	10:00 am - 11:30 am	Free	Walk-ins welcome
7/17, 8/21, 9/18	W	4:00 pm - 5:30 pm	Free	Walk-ins welcome

Representatives from the Broward County Property Appraiser's office will help taxpayers apply for homestead and other property tax exemptions, including those for seniors, widows/widowers, the disabled, and veterans. Bring a Florida driver license; a Broward voter registration card; Social Security numbers of all owners; and a copy of the recorded deed or tax bill. Resident aliens must bring a permanent resident green card or proof of asylum.

## S.H.I.N.E. Counselor

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity #
1st & 3rd	Tu	10:00 am - 12:00 pm	Free	Call for appointment

"Serving the Health Insurance Needs of the Elderly" counselor will be at the Senior Center. SHINE counselors provide free unbiased and confidential Medicare counseling to empower you to make the best decision for your individual needs. Specially trained volunteers from the Area Agency on Aging will be here to assist you. Call for an appointment.

## Veterans Advisors

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity #
7/12, 8/9, 9/13	F	9:00 am - 12:00 pm	Free	Walk-ins welcome

Broward County Veterans Services will have a Certified Veterans Advisor at the Sunrise Senior Center to aid veterans, their widows, dependents and dependent survivors regardless of age or other status. Services are focused on attainment and/or maintenance of self-sufficiency. Services include: information, referral and linkage, and benefits and claims processing.

## LECTURES

### The Anti-Arthritis Diet Lecture

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Contact the City's Social Worker for lectures at (954) 746-3670

Date	Day	Time	Fee	Activity #
7/12	F	10:00 am	Free	Call to sign up

Dr. Norma Barbosa from Conviva Care Center will be speaking about the way to help manage your arthritis through an anti-inflammatory diet. When you have arthritis or a related condition, getting the right nutrients may help alleviate pain and inflammation and improve your overall health.

### Neuropathy Lecture

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity #
8/9	F	10:00 am	Free	Call to sign up

Neuropathy poses significant challenges often leading to profound impacts on quality of life. Dr. Rozenblum's lecture aims to shed light on these detrimental effects, providing crucial insights into prevention, management, and treatment available. A light lunch will be provided to all pre-registered participants. Sponsored by Genesis Physical Medicine and Chiropractic.

### Personal Safety Lecture

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity #
9/13	F	10:00 am	Free	Call to sign up

Comfort Keepers will be here to discuss home safety. They will introduce the latest in personal emergency response systems and discuss how to effectively use these devices in emergency situations. They will provide practical tips for navigating daily life safety and confidently while maintaining independence and an active lifestyle. A light lunch will be provided to all pre-registered participants.



Senior Center Lectures





## SENIOR EVENTS & ACTIVITIES

### Sunrise Senior Center

10650 West Oakland Park Boulevard, (954) 746-3670

#### Hours of Operation:

M - TH: 8:30 am to 9:00 pm; Closed 7/4, 9/2.  
F: 8:30 am to 4:30 pm; SA: 9:00 am to 1:00 pm.

#### Annual Membership Fees:

Sunrise residents \$15/year; non-residents \$25/year

The Sunrise Senior Center offers services for people 55+ years young, including recreational classes, trips, transportation, health and safety programs, special events and more.

### Grandparents Day Event

Date	Day	Time	Register	Fee	Activity #
9/10	TU	2:00 pm - 4:00 pm		Free	N/A

Bring your grandchildren of all ages. No grandchildren? No problem! Come and enjoy an afternoon of music, dancing activities, and treats. This is a free event and space is limited. Senior Center Membership required. Please call (954) 746-3670 or stop by the Senior Center Front Desk to RSVP.

### Halloween Social

Location: Flamingo Park, 12855 NW 8th Street

Date	Day	Time	Register	Fee	Activity #
10/30	W	1:00 pm - 3:00 pm	9/6	\$8/\$10	280822-A

Halloween is coming! Celebrate the spooky season with music, dancing, and a lunch that will be sure to please. Come dressed in costume.

## SPECIAL INTEREST CLUBS

### American Legion Post 365

Meets 4th Tuesday of month, at 7:00 pm

Location: Sunrise Senior Center, 10650 West Oakland Park Blvd

The American Legion is the nation's largest veteran's service organization, committed to mentoring and sponsorship of youth programs in our communities, advocating patriotism and honor, promoting a strong national security, and continued devotion to our fellow service members and veterans. The American Legion's success depends entirely on active membership, participation and volunteerism. Contact Commander Loretta Young at (954) 257-6763 for further information.

### Sunrise Latin Social Club

Meets 1st Tuesday of month from 6:00 pm - 8:00 pm

Free admission; Walk-ins welcome

Location: Sunrise Senior Center, 10650 West Oakland Park Blvd

This club is geared towards socialization, building friendships, participating in activities and other special events. Everyone is invited. Senior Center membership is required. Queremos invitar a la comunidad Latina que venga a disfrutar de nuestro centro y ser parte de nuestra comunidad. We invite the Latin community to come embrace our center and be a part of our community. Contact Elizabeth Lasprilla at (954) 328-7483 for monthly meeting and ticket information.

### Sunrise Wood Carvers

Meets Tuesdays, from 9:00 am - 12:00 pm

Free; Walk-ins welcome

Location: Sunrise Senior Center, 10650 West Oakland Park Blvd

No experience necessary. Must be 18 years or older. Volunteer instructors available.

### Gold Coast Wood Turners

Meets 3rd Thursday of month from 7:00 pm - 9:00 pm

Free; Walk-ins welcome

Location: Sunrise Senior Center, 10650 West Oakland Park Blvd

This non-profit organization is dedicated to promoting the art and craft of wood turning through education. Join us at meetings, where we conduct club business, present technical demonstrations, share work, discuss technique and provide constructive feedback. Call Lara Baker at (954) 557-3038 or visit <https://goldcoastwoodturnersinc.org>

### Sunrise Women's Bocce Club

Meets Wednesdays, from 3:00 pm - 5:00 pm

Free\*; Walk-ins welcome

Location: Nob Hill Soccer Club Park, 10200 Sunset Strip

No experience necessary. \*Membership in the Sunrise Senior Center is required for participation. Call Irma Martorana Co-Captain at (954) 578-1940 for information.



## FREE TRANSPORTATION

**Minibus Routes** operate weekdays from 8:00 am to 2:45 pm, picking up passengers from residential areas and transporting them to major shopping centers within Sunrise. For more information, or to obtain schedules, call (954) 764-3677.

**Non-Emergency Medical Transportation** is available to eligible Sunrise residents who are 62 or older, or physically handicapped. If you no longer drive or maintain a vehicle in your immediate household and need reliable transportation to doctors, dentists and other medical appointments call (954) 746-3676 for transportation information. Application and approval is required.

**City of Sunrise Mini-Bus Routes Locations & Map**

**Mini-Bus Service Routes 3, 4, 5, 6, & 7**

**Observed Holidays & Weekends**

**Get Your Mini Bus Schedule at the Senior Center!**



## UPCOMING SENIOR TRIPS

### JULY TICKET SALE: 2024 Members 7/5: Non-Members 7/12

Trip	Date	Day	Time	Fee	Activity #
Frost Science Museum	8/6	TU	9:00 am – 3:30 pm	\$30/\$32	180841-B

Explore the world of science and technology, the oceans and outer space through dazzling and interactive exhibitions. Enjoy special exhibits, a planetarium show, and animal encounters. No outside food or beverage permitted inside the museum. Lunch on your own at the Café.

Dolphin Mall	8/13	TU	9:00 am - 3:00 pm	\$5/\$7	180846-B
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It's time for some shopping at Dolphin Mall. With a wide array of retail stores and restaurants, you will be sure to find something that fits your interest. Lunch is on your own.

Seminole Hard Rock Casino	8/22	TH	9:00 am – 3:30 pm	\$5/\$7	180826-B
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Get ready for a great day at the casino. Try your luck at slots, table games and more. Lunch on your own.

Dauer Museum of Classic Cars	8/29	TH	9:30 am - 2:30 pm	\$23/\$25	180841-C
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Travel back in time at Dauer Classic Cars and immerse yourself in America's stunning history. From cars to memorabilia, devices, science and technology too, this blast from the past will leave you feeling inspired by our history and eager for the future. Afterwards, the group will head to the Colonnades at Sawgrass Mills Mall for lunch on your own.

### AUGUST TICKET SALE: 2024 Members 8/2: Non-Members 8/9

Trip	Date	Day	Time	Fee	Activity #
Danio Casino	9/3	TU	9:00 am – 3:30 pm	\$5/\$7	180826-C

Get ready for a great day at the casino. Lunch on your own.

Norton Museum	9/12	TH	9:30 am – 3:30 pm	\$30/\$32	180841-D
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Enjoy a delightful exploration of diverse artworks. The museum's serene gardens provide a perfect backdrop for leisurely walks, while the architectural design adds an element of grandeur to the visit. This outing will not only enrich your appreciation of art but also provide a comfortable and engaging environment to enjoy with friends. Lunch will be on your own.

Town Center at Boca Raton	9/17	TU	10:00 am – 3:00 pm	\$5/\$7	180846-C
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Spend the day at one of south Florida's top luxury shopping destinations, Town Center at Boca Raton, featuring an outstanding mix of over 200 upscale and elite specialty shops along with your favorite mall stores in an indoor environment. Lunch on your own at one of the many eateries in the mall.

Flamingo Gardens	9/24	TU	9:00 am – 3:00 pm	\$20/\$22	180846-C
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Flamingo Gardens botanical gardens in Davie features over 3,000 species of rare and exotic, tropical and subtropical native plants and trees. Flamingo Gardens wildlife sanctuary is home to alligators, bobcats, eagles, otters, panthers, peacocks and of course flamingos. Lunch on your own at the Café.



## TRIP & TICKET POLICIES

- No tickets will be sold before the published sale date. Sales commence at 8:30 am. Current Senior Center I.D. cards must be presented for any transaction.
- Members MUST be present to purchase tickets. You may, however, buy a ticket for a member who resides in the same household as you, provided you present their I.D. card. Both tickets will be charged the member rate.
- You may purchase one additional ticket (at the higher guest price) for each member ticket purchased (provided the member is present).
- Any person purchasing tickets will only be allowed to purchase a maximum of two tickets per person per event regardless of member/guest status.
- When purchasing tickets, indicate the full name, birth date and phone number of guest.
- Non-members may purchase tickets, based on availability, at a later date. Check with the front desk for open sale dates.
- If you purchase a ticket and later sell or give it to someone, you must contact a Senior Center staff member to make a name change on our roster.
- If you require wheelchair accommodations for a trip, you must inform us at sign up time. (Be sure this is noted on your registration form)
- When you are called about a food choice for a trip, you must return the call within 2-3 days; otherwise a choice will be made for you. No changes can be made seven days prior to the trip or at the restaurants.
- Trips departing before 3:30 pm leave from the Civic Center East (Pool) parking lot. Please do not park in restricted areas.
- A group leader is available on most trips. In their absence, the bus driver will act as group leader. The group leader checks all participants in and assists in providing you with the best possible experience.
- Please occupy the same bus seat on the way to and from an event.
- Refund Policy: The City reserves the right to retain fees to cover expenses non-refundable to the City.
- If a minimum number of people are not reached, the program may be canceled.
- A \$5 Transportation fee is added to all trip prices.





**Brush with Nature**

## SPECIAL INTEREST CLASSES

### Art, Crafting, and Computer Classes

Class	Day, Date	Time	Register by	Fee	Activity #
Quilting Corner	M, Jul - Sep*	10:00 am - 2:00 pm	Now	Free	<b>180828-A</b>
Quilting Corner	M, Jul - Sep*	2:30 pm - 5:30 pm	Now	Free	<b>180829-A</b>
Knitting & Crochet	TU, Jul - Sep	10:00 am - 12:00 pm	Now	Free	<b>180869-A</b>
Coloring with the Classics	SA, Jul - Sep	9:00 am - 10:00 am	Now	Free	<b>N/A</b>
Photography Workshop	SA, 7/20 - 8/24	10:00 am - 12:00 pm	Now	\$30/\$32	<b>180833-A</b>
Card/Paper Crafting	W, Jul - Sep	10:00 am - 12:00 pm	Now	Free	<b>180806-A</b>
Cut and Chat*	TH, Jul - Sep*	10:00 am - 1:00 pm	Now	Free	<b>N/A</b>
Bag-Making Workshop	SA, 7/13 & 7/20	9:30 am - 12:30 pm	Now	\$5/\$7	<b>180830-A</b>
Bag-Making Workshop	SA, 8/10 & 8/17	9:30 am - 12:30 pm	7/3	\$5/\$7	<b>180830-B</b>
Bag-Making Workshop	SA, 9/14 & 9/21	9:30 am - 12:30 pm	8/7	\$5/\$7	<b>180830-C</b>
Computer Journey	TU/TH, 8/6 - 9/12	9:30 am - 10:30 am	7/3	\$5/\$10	<b>180802-A</b>
Computer Journey	TU/TH, 9/24 - 10/24	9:30 am - 10:30 am	8/7	\$5/\$10	<b>180802-B</b>
Digital Scrap booking	TU/TH, 8/6 - 9/12	11:00 am - 12:00 pm	7/3	\$5/\$10	<b>180803-A</b>
Digital Scrap booking	TU/TH, 9/24 - 10/24	11:00 am - 12:00 pm	8/7	\$5/\$10	<b>180803-B</b>

\*No classes on 7/4 (Independence Day) and 9/2 (Labor Day).

### Beading Classes

Class	Day, Date	Time	Register	Fee	Activity #
Project TBA	M, 7/1 - 7/29	10:30 am - 12:00 pm	Now	Free	<b>180814-A</b>
Project TBA	M, 8/5 - 8/26	10:30 am - 12:00 pm	7/1	Free	<b>180814-B</b>
Project TBA	M, 9/9 - 9/30	10:30 am - 12:00 pm	8/5	Free	<b>180814-C</b>
Open Beading	M, Ongoing*	12:30 pm - 2:30 pm	Walk-in	Free	
Sewing Creations	TU, Ongoing	1:00 pm - 3:00 pm	Walk-in	Free	
Open Stitchery	TH, Ongoing	6:30 pm - 8:00 pm	Walk-in	Free	

Join us for a *Beginners Beading Class* lead by *Lazira Amar*. Learn a new project each month. A list of materials will be available at the front desk. You must bring your supplies to the class. Senior Center membership required. \*No class on 9/2 (Labor Day).

### Book/Discussion Groups

Class	Day, Date	Time	Register by	Fee	Activity #
Let's Talk Discussion Group	W, Ongoing	1:00 pm - 2:00 pm	Walk-in	Free	
Life Changes	W, 1st & 3rd Ongoing	2:30 pm - 3:30 pm	Walk-in	Free	
Book Club	F, 4th Fri of month	12:00 pm - 1:00 pm	Previous Month	Free	

For current book titles, check the Senior Center calendar. Must sign up at the front desk.

### Dance Classes

Latin Dance	W, Jul	11:00 am - 12:00 pm	Now	\$15/\$17	<b>180864-A</b>
	W, Aug	11:00 am - 12:00 pm	7/3	\$12/\$14	<b>180864-B</b>
	W, Sep	11:00 am - 12:00 pm	8/7	\$12/\$14	<b>180864-C</b>

Classes taught by *Lidia Dumenigo*, a NDTA Certified Latin and Ballroom Teacher and graduate from the Conservatory of the Performing Arts in Madrid, Spain. Learn the fundamentals of a variety of dances such as the Rumba, Salsa & Cha Cha. For more information, call (954) 439-5899.

Line Dancing	TU, Ongoing	10:00 am - 11:15 am	Walk-in	Free
	TH, Ongoing*	10:00 am - 11:15 am	Walk-in	Free

Classes are taught by volunteer instructor *Larry Brancheau*, and assisted by volunteer *Shirley Scrop*. \*No class on 7/4 (Independence Day).

Monday Mixer	M, Weekly*	1:30 pm - 3:30 pm	Walk-in	Free
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Live entertainment and refreshments provided weekly. Senior Center membership card must be shown for admission to the dance. \*No class on 9/2 (Labor Day).

Scottish Dancing	TU, Weekly	7:00 pm - 9:00 pm	Walk-in	Free
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Sept. - July. Learn the traditional dances of Scotland. No experience or partner required.

### English Language Classes - ESOL

Beginners ESOL	W, 7/24 - 8/28	2:00 pm - 3:30 pm	Now	\$5/\$10	<b>180817-A</b>
Int/Adv ESOL	M, 7/22 - 8/26	6:15 pm - 7:45 pm	Now	\$5/\$10	<b>180821-A</b>
Conversational English Workshop	M-TH, 7/8 - 7/11	3:45 pm - 5:45 pm	Now	\$5/\$10	<b>180868-A</b>
	M-TH, 8/12 - 8/15	3:45 pm - 5:45 pm	7/3	\$5/\$10	<b>180868-B</b>
	M-TH, 9/9 - 9/12	3:45 pm - 5:45 pm	8/7	\$5/\$10	<b>180868-C</b>

Conversational English Workshops are taught by volunteer instructor *Don Pedro Guerad*.

### Games/Movies

Billiards Lesson	TH, Ongoing	11:00 am - 1:00 pm	Walk-in	Free
Open Game Room	M - TH, Ongoing	8:30 am - 9:00 pm	Walk-in	Free
	F, Ongoing	8:30 am - 4:30 pm	Walk-in	Free
	SA, Ongoing	8:30 am - 12:30 pm	Walk-in	Free
Open Mah Jongg	TU, Ongoing	9:00 am - 12:00 pm	Walk-in	Free
Bingo	F, Ongoing	1:00 pm - 2:30 pm	Walk-in	Free
Classic Movies	M, Ongoing	11:00 am Start time	Walk-in	Free
New Release Movies	TU, Ongoing	11:30 am Start time	Walk-in	Free

Billiards is taught by volunteer instructor *Robb Timm*. Enjoy pool tables, darts, and good company! All participants must be current Senior Center members. Current Senior Center membership card must be shown to play.

## Music Classes

Class	Day, Date	Time	Register by	Fee	Activity #
Music Jam Session	F, Jul - Sep	11:30 am - 1:00 pm	Now	Free	N/A

**Senior Center membership required.**

## Senior Cooking Club

Class	Day, Date	Time	Register by	Fee	Activity #
TBD	F, 8/23	10:00 am - 1:00 pm	7/3	\$6/\$8	<b>180816-B</b>
TBD	F, 9/27	10:00 am - 1:00 pm	8/7	\$6/\$8	<b>180816-C</b>

If you have a love for food, join us for this exciting class where you will be able to learn how to cook some unique dishes in a fun environment. Cooking tips, plating and presentation will all be discussed. Each month will focus on a different menu that we will get to enjoy.

## SENIOR FITNESS CLASSES

Senior Center exercise classes are being offered as "Drop In" programs with no registration required. However, Senior Center membership is still required to participate in all exercise programs. Please see below for a list of "Drop In" programs and their dates and times. Remember to please be on time for all instructor-led programs, as it is disruptive to enter after the class has started. Also listed are classes requiring registration. These classes are subject to change if a live instructor becomes available.

### Aqua Fitness

Month	Day	Time	Register by	Fee	Activity #
Jul -Sept	TU/TH*	9:00 am - 9:45 am	Now	Free	<b>180891-A</b>

A fun and energetic workout in the pool combining cardio with strength building and increased flexibility. **Senior Center membership required.** \*No class on 7/4.

### Flex and Stretch with Darius

Month	Day	Time	Register by	Fee
Jul	W	5:00 pm - 5:45 pm	N/A	Free
	*TH	9:30 am - 10:15 am	N/A	Free
Aug	W	5:00 pm - 5:45 pm	N/A	Free
	TH	9:30 am - 10:15 am	N/A	Free
Sep	W	5:00 pm - 5:45 pm	N/A	Free
	TH	9:30 am - 10:15 am	N/A	Free

This class offers a perfect blend of gentle movements, dynamic stretches, and muscle and joint flexibility exercises for individuals of all fitness levels. Classes are being offered as "Drop In" with no registration required, however **Senior Center membership is still required to participate.** \*No class on 7/4.

### Firm and Burn/Tone Every Zone

Day	Time	Fee	Format
TU	2:00 pm - 3:00 pm	Free	DVD

**Senior Center membership is required.** Maximum 20 students per class.

### Full Body Cardio with Rosie

Month	Day	Time	Register by	Fee	Activity #
Jul	M	6:30 pm - 7:30 pm	6/5	\$15/\$17	<b>180856-A</b>
Aug	M	6:30 pm - 7:30 pm	7/3	\$12/\$14	<b>180856-B</b>
Sep	M*	6:30 pm - 7:30 pm	8/7	\$12/\$14	<b>180856-C</b>

These classes, taught by instructor Rose Michaelson, incorporate aerobics, yoga and strength training to help you to stay fit in a fun environment. \*No class on 9/2.

### Senior Bowling

Month	Day	Time	Register by	Fee	Activity #
9/18 - 6/4	W	12:00 pm - 2:30 pm	Call Now	Free	<b>180854-A</b>

League plays at Strikers Lanes. Lane fees are paid to Strikers the day of play. All players must be registered members of the Sunrise Senior Center and must sign up for the league prior to play. Call (954) 749-1400 for information and available space.

## Step Up to Fitness With Rosie

Month	Day	Time	Register by	Fee	Activity #
Jul	SA	10:15 am - 11:15 am	6/5	\$12/\$14	<b>180852-A</b>
Aug	SA	10:15 am - 11:15 am	7/3	\$15/\$17	<b>180852-B</b>
Sep	SA	10:15 am - 11:15 am	8/7	\$12/\$14	<b>180852-C</b>

Classes taught by instructor Rose Michaelson. Step Up to Fitness incorporates Step Aerobics, dynamic stretches and strength training to help you to stay fit in a fun environment. Program sponsored by Humana.

## Tai Chi

	Month	Day	Time	Fee
Beginners Tai Chi	Jul*	TH	5:00 pm - 5:45 pm	Free
Int and Adv Tai Chi		TH	6:00 pm - 6:45 pm	
Beginners Tai Chi	Aug	TH	5:00 pm - 5:45 pm	Free
Int and Adv Tai Chi		TH	6:00 pm - 6:45 pm	
Beginners Tai Chi	Sep	TH	5:00 pm - 5:45 pm	Free
Int and Adv Tai Chi		TH	6:00 pm - 6:45 pm	

Tai Chi is a great way to improve your balance and help prevent falls. We now have a live Instructor from the Area Agency on Aging of Broward County (AAABC) and classes are being offered as a "Drop In" program, with no registration required, however **Senior Center membership is still required to participate.** Maximum 24 students per class. \*No class on 7/4.

## Total Body Fitness With Alli

Month	Day	Time	Register by	Fee	Activity #
Jul	M	9:45 am - 10:45 am	6/5	\$15/\$17	<b>180870-A</b>
	F	9:30 am - 10:30 am	6/5	\$12/\$14	<b>180870-B</b>
Aug	M	9:45 am - 10:45 am	7/3	\$12/\$14	<b>180870-C</b>
	F	9:30 am - 10:30 am	7/3	\$15/\$17	<b>180870-D</b>
Sep	M*	9:45 am - 10:45 am	8/7	\$12/\$14	<b>180870-E</b>
	F	9:30 am - 10:30 am	8/7	\$12/\$14	<b>180870-F</b>

Experience a blend of heart health, strength training, cardio and balance exercises in this totally invigorating and energizing new program featuring upbeat music. Stay fit and have fun! Chair modifications available. **Senior Center membership is required.** Maximum 24 students per class. \*No class on 9/2.

## Walk Your Way To Health

Day	Time	Fee	Format
TU	11:00 am - 12:00 pm	Free	DVD
W	9:45 am - 10:45 am	Free	DVD
F	11:15 am - 12:15 pm	Free	DVD

**Senior Center membership is required.** Maximum 20 students per class.

## Yoga - Sponsored by Baptist Health



Month	Day	Time	Register by	Fee
Jul	W	2:30 pm - 3:30 pm	N/A	Free
Aug	W	2:30 pm - 3:30 pm	N/A	Free
Sep	W	2:30 pm - 3:30 pm	N/A	Free

## Zumba - Sponsored by Baptist Health



Month	Day	Time	Register by	Fee
Jul	TU	5:30 pm - 6:30 pm	N/A	Free
	SA	11:30 am - 12:30 pm	NA	Free
Aug	TU	5:30 pm - 6:30 pm	N/A	Free
	SA	11:30 am - 12:30 pm	NA	Free
Sep	TU	5:30 pm - 6:30 pm	N/A	Free
	SA	11:30 am - 12:30 pm	NA	Free

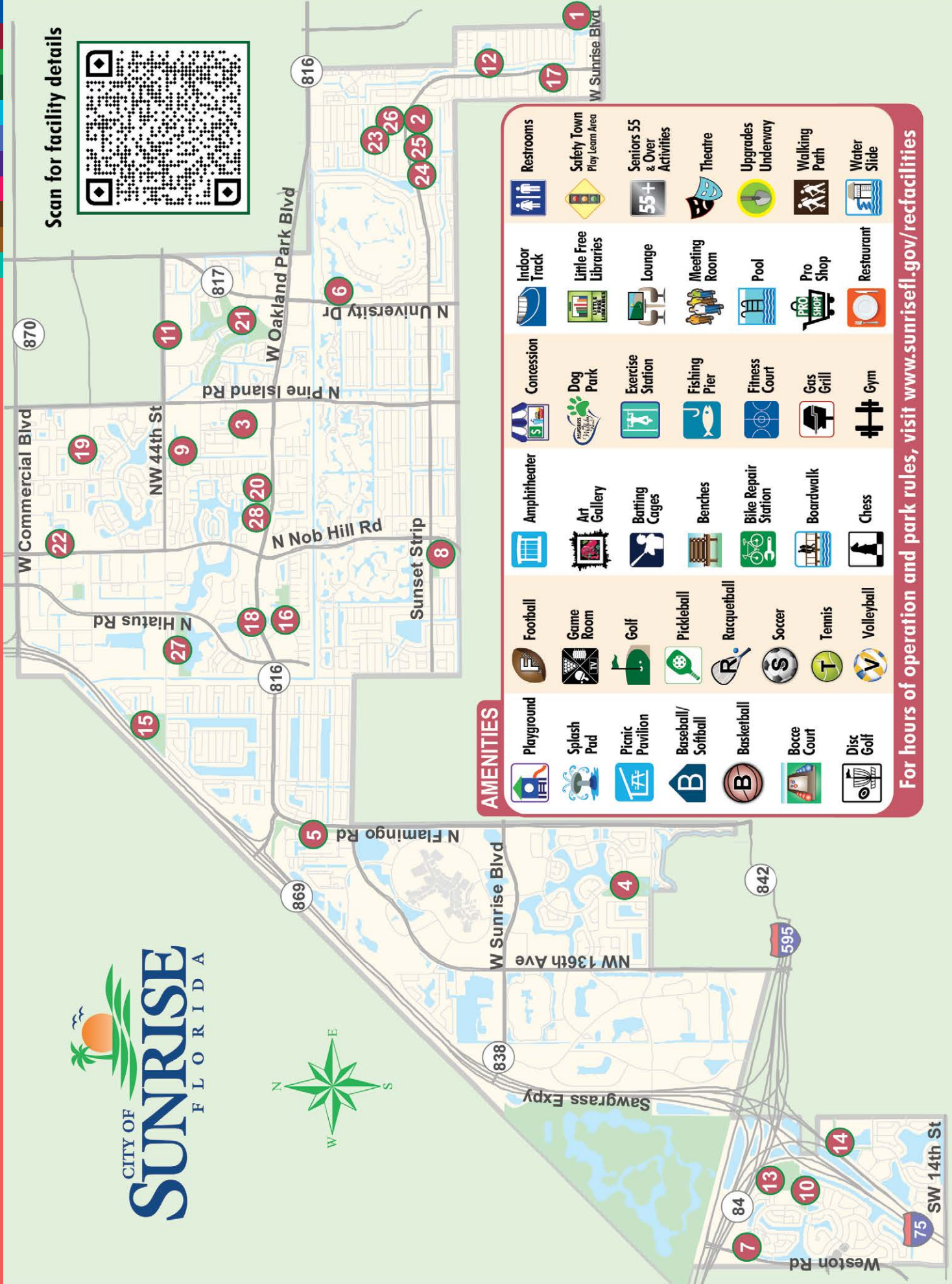
Classes taught by a certified instructor. Classes are being offered as "Drop In" with no registration required; however, **Senior Center membership is still required to participate.** Maximum 20 students per class. An additional waiver is required to participate in this program.



# MAP OF LEISURE SERVICES AMENITIES



Scan for facility details



## AMENITIES

Playground	Game Room	Amphitheater	Concession	Indoor Track	Restrooms
Splash Pad	Golf	Art Gallery	Dog Park	Little Free Libraries	Safety Town Play Learn Area
Picnic Pavilion	Pickleball	Barting Cages	Exercise Station	Lounge	Seniors 55 & Over Activities
Baseball/ Softball	Racquetball	Benches	Fishing Pier	Meeting Room	Theatre
Basketball	Soccer	Bike Repair Station	Fitness Court	Pool	Upgrades Underway
Boce Court	Tennis	Boardwalk	Gas Grill	Pro Shop	Walking Path
Disc Golf	Volleyball	Chess	Gym	Restaurant	Water Slide

For hours of operation and park rules, visit [www.sunrisefl.gov/recreational](http://www.sunrisefl.gov/recreational)



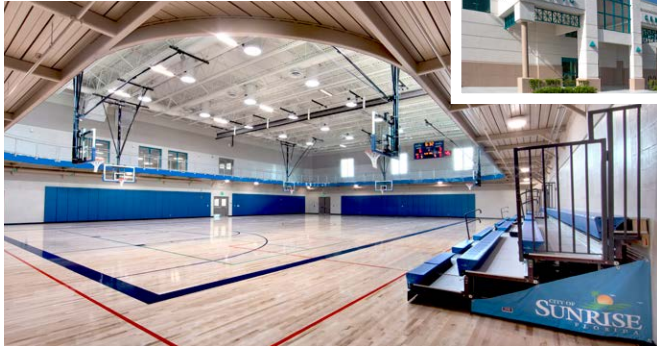
1.	<b>12th Street Park</b>	(954) 747-4600	Corner of 12th Street & NW 58th Terrace																				
2.	<b>City Park</b>	(954) 747-4600	6600 Sunset Strip																				
3.	<b>Cypress Preserve Park</b>	(954) 747-4600	9020 NW 38th Street																				
4.	<b>Flamingo Park</b>	(954) 747-4600	12855 NW 8th Street																				
5.	<b>Flamingo Road Linear Park</b>	(954) 747-4600	Flamingo Road between Panther Pkwy & West Oakland Park Boulevard																				
6.	<b>Lakeside Park</b>	(954) 747-4600	3000 Sunrise Lakes Drive, West																				
7.	<b>New River Civic Center</b>	(954) 747-4600	60 Weston Road																				
8.	<b>Nob Hill Soccer Club Park</b>	(954) 747-4600	10200 Sunset Strip																				
9.	<b>Oak Hammock Park</b>	(954) 747-4600	9220 NW 44th Street																				
10.	<b>Oscar Wind Park</b>	(954) 747-4600	203 North New River Circle																				
11.	<b>Piper Field</b>	(954) 747-4600	8000 NW 44th Street																				
12.	<b>Roarke Pool</b> <i>(Operated by City of Sunrise)</i> & <b>Teen Center</b> <i>(Operated by Boys and Girls Club)</i>	(954) 572-2460 (954) 537-1010	1720 NW 60th Avenue																				
13.	<b>Sawgrass Sanctuary</b>	(954) 747-4600	237 North New River Circle																				
14.	<b>Shotgun Road Linear Park</b>	(954) 747-4600	Shotgun Road, between SW 14th Street & SW 148th Avenue																				
15.	<b>Sunrise Athletic Complex (SAC) &amp; Multipurpose Center</b>	(954) 747-4604	11501 NW 44th Street																				
16.	<b>Sunrise Civic Center &amp; Athletic Club</b>	(954) 747-4600	10610 West Oakland Park Boulevard																				
17.	<b>Sunrise Golf Village Park</b>	(954) 747-4600	1277 Sunset Strip																				
18.	<b>Sunrise Senior Center</b>	(954) 746-3670	10650 West Oakland Park Boulevard																				
19.	<b>Sunrise Sportsplex</b>	(954) 747-4600	9101 NW 50th Street																				
20.	<b>Sunrise Tennis Club</b>	(954) 572-2286	9605 West Oakland Park Boulevard																				
21.	<b>The Bridges at Springtree Golf Club</b>	(954) 572-2270	8150 Springtree Drive - 18-hole executive course																				
22.	<b>Veterans Park</b>	(954) 747-4600	5400 N Nob Hill Road																				
23.	<b>Village Beach Club</b>	(954) 572-2480	6767 NW 24th Street																				
24.	<b>Village Civic Center</b>	(954) 747-4600	6800 Sunset Strip, Sunrise																				
25.	<b>Village Multipurpose Center</b>	(954) 747-4601	2240 NW 68th Avenue																				
26.	<b>Village Square Park</b>	(954) 747-4600	6601 Sunset Strip																				
27.	<b>Welleby Park &amp; Dog Park</b>	(954) 747-4600	11100 NW 44th Street																				
28.	<b>Welleby Pool</b>	(954) 572-2285	9605 West Oakland Park Boulevard																				





# Facility, Pavilion, and Field Rentals

**Sunrise Civic Center Athletic Club – Gym**



Are you planning an event? We offer a wide range of locations, from open-air picnic pavilions and athletic fields to meeting halls. Rental options include:

## ATHLETIC FACILITY RENTALS

**Indoor Basketball Gyms** – Sunrise Civic Center, Sunrise Athletic Complex (SAC) and Village Multipurpose Center.

**Outdoor Athletic Facilities**, such as sports/multipurpose fields and covered outdoor basketball courts – City Park, Flamingo Park, Nob Hill Soccer Club Park, Oscar Wind Park, Piper Field, Sunrise Athletic Complex (SAC), Sunrise Sportsplex and Welleby Park.

**Flamingo Park - Meeting Hall and Rooms**



## PICNIC PAVILIONS

Pavilions are available in various sizes, accommodating 15 to 80 guests. Many locations also offer gas grills. Pavilions are located at:

- City Park
- Cypress Preserve Park
- Oak Hammock Park
- Oscar Wind Park
- Sawgrass Sanctuary
- Welleby Park

**Sunrise Athletic Complex (SAC) & Multipurpose Center**



## MEETING ROOMS AND HALLS

Indoor space is available for civic groups and families. Not all meeting rooms are equipped with kitchens; however, food, beverages and catering are allowed. Locations include:

- Flamingo Park
- New River Civic Center
- Nob Hill Soccer Club Park
- Village Civic Center
- Welleby Park
- Sunrise Athletic Complex

## THEATRE

The 296-seat Sunrise Civic Center Theatre may be rented for performances and events.







WAIVER, RELEASE OF LIABILITY AND INDEMNIFICATION FOR ADULTS AND MINORS  
**NOTICE TO THE MINOR CHILD'S NATURAL GUARDIAN**

READ THIS FORM COMPLETELY AND CAREFULLY. YOU ARE AGREEING TO LET YOUR MINOR CHILD ENGAGE IN A POTENTIALLY DANGEROUS ACTIVITY. YOU ARE AGREEING THAT, EVEN IF THE CITY OF SUNRISE, ITS DEPARTMENTS, EMPLOYEES, OFFICIALS, COACHES, VOLUNTEERS AND AGENTS (HEREINAFTER "RELEASED PARTIES") USE REASONABLE CARE IN PROVIDING THIS ACTIVITY, THERE IS A CHANCE YOU OR YOUR CHILD MAY BE SERIOUSLY INJURED OR KILLED BY PARTICIPATING IN THIS ACTIVITY BECAUSE THERE ARE CERTAIN DANGERS INHERENT IN THE ACTIVITY WHICH CANNOT BE AVOIDED OR ELIMINATED. BY SIGNING THIS FORM YOU ARE GIVING UP YOUR CHILD'S RIGHT AND YOUR RIGHT TO RECOVER FROM RELEASED PARTIES IN A LAWSUIT FOR ANY PERSONAL INJURY, INCLUDING DEATH, TO YOU OR YOUR CHILD OR ANY PROPERTY DAMAGE THAT RESULTS FROM THE RISKS THAT ARE A NATURAL PART OF THE ACTIVITY. YOU HAVE THE RIGHT TO REFUSE TO SIGN THIS FORM, AND RELEASED PARTIES HAVE THE RIGHT TO REFUSE TO LET YOU OR YOUR CHILD PARTICIPATE IF YOU DO NOT SIGN THIS FORM.

I, the undersigned, as the undersigned and/or as the parent or legal guardian of the minor child ("my child") named below, do hereby give my full consent and approval for me or my child to participate as a member of the City of Sunrise's Recreation Programs.

I understand that there are certain risks of damages and injuries, including death, inherent in the City of Sunrise's Recreation Programs, as well as in traveling and in other related activities incidental to my or my child's participation, and I am willing to assume these risks on behalf of myself or my child. These risks include, but are not limited to, those hazards associated with weather conditions, travel, playing conditions, equipment and other participants.

I understand that there is inherent risk in Recreation Programs and that inherent risk means those dangers or conditions known or unknown, which are characteristic of, intrinsic to, or an integral part of the activity; and that the term "inherent risk" further includes, but is not limited to: (1) the failure by the Released Parties to warn me or my child of an inherent risk, and (2) the risk that someone may act in a negligent or intentional manner and contribute to the injury or death of me or my minor child.

Further, I agree that in consideration for my or my child's participation in the City of Sunrise Recreation Programs, I hereby waive, release, discharge and agree not to sue the City of Sunrise, its departments, employees, officials, coaches, volunteers and agents ("Released Parties"), for any and all causes of actions, claims or damages arising out of or resulting from my or my child's participation in this activity, including but not limited to damages, injuries, or death arising out of the negligence of Released Parties or otherwise. I agree that for me or my child to participate in the activity, I assume full responsibility for any loss of property, accident, bodily injury, or death as a result of my or my child's participation in this activity.

I hereby permit the City of Sunrise to use or distribute any or all still and/or moving images in which I or my child appear for any use including, but not limited to: video, Web, print and multimedia applications; training or other instructional materials; advertising, commercials or other promotional materials; and other forms of media, without compensation. Any image (s) created shall be the property of the City of Sunrise.

I hereby give permission for me or my child to receive necessary medical treatment.

I further agree on behalf of myself and my child listed below, that I shall hold harmless and fully indemnify and defend the Released Parties from any and all causes of action, claims, damages, costs including but not limited to attorney's fees and costs, which may arise from any cause of action made by me or by, through or on behalf of me or my child, even if the damages, injuries or death are caused in whole or in part by the negligence of the Released Parties.

I acknowledge (a) that I have read (or have had read to me) each and every one of the provisions in this waiver, release of liability and indemnification agreement, (b) that I understand each of the provisions in this agreement and (c) that I agree to abide by them.

\_\_\_\_\_  
PRINT NAME OF MINOR CHILD

\_\_\_\_\_  
PRINT NAME OF LEGAL GUARDIAN OR ADULT PARTICIPANT

\_\_\_\_\_  
ADDRESS

\_\_\_\_\_  
SIGNATURE OF LEGAL GUARDIAN OR ADULT PARTICIPANT

DATE: \_\_\_\_\_

WAIVER / RELEASE



# REGISTRATION INSTRUCTIONS

- 1. REGISTER ONLINE AT [www.sunrisefl.gov](http://www.sunrisefl.gov) OR USE ONE FORM TO REGISTER:** Please print in ink or type. Make sure you fill out the registration form and waiver completely. Incomplete forms will be returned, and could delay your registration process. You may make additional photocopies of the form to submit if necessary.
- 2. HOUSEHOLD IDENTIFICATION#:** The Department of Leisure Services has implemented a computerized registration process. If you have registered for any previous programs, your family was assigned a "Household Identification #." This number can be found on the receipt you received. Please write this number on your registration form. This will greatly speed up the registration process and improve the accuracy of your registration.
- 3. SUNRISE RESIDENTS RECEIVE SIBLING DISCOUNTS FOR YOUTH SPORTS PROGRAMS:** Fee is for the first child: residents receive a 10% reduction for the second child, 15% for the third child, 20% for the fourth child, 25% for fifth child and an additional 5% cumulative reduction for each successive child.
- 4. LIST THE APPROPRIATE ACTIVITY NUMBER ON YOUR REGISTRATION FORM.** Refer to the activity listing for the proper activity number.
- 5. DO NOT SEND CASH!** Make checks or money orders payable to the City of Sunrise or complete credit card information on your registration form. Payment in full is required with each registration. (There is a \$20 or 5% charge - whichever is greater - for all checks not honored for any reason by the bank). Payment by check will only be accepted if received three (3) weeks prior to the activity.
- 6. PROOF OF RESIDENCY/AGE IS REQUIRED.** Each time you register for a sport or activity, you must provide proof of residency as specified in the table on the right in order to qualify for the discounted Sunrise resident rate. You must also provide a copy of each child's birth certificate as proof of age if this is their first time participating in a Sunrise sports activity or other activity.

**7. SIGN AND DATE THE BOTTOM OF THE FORM.**

SEND: 1) Completed registration form;  
 2) Check or money order;  
 3) Proof of residency; and  
 4) A copy of each first-time participant's birth certificate to:  
**City of Sunrise Leisure Services Department**  
**Attn: Registration**  
**Civic Center & Athletic Club**  
**10610 West Oakland Park Boulevard**  
**Sunrise, Florida 33351**

<b>PROOF A</b>	<b>ONE Document* from Category A:</b> Mortgage Statement Utility Bill: Water, Cable, FPL, or Internet Printout from the Broward County Property Appraiser website (BCPA.net)
OR	<i>Don't have Proof A? Provide Proof B...</i>
<b>PROOF B</b>	<b>TWO Documents* from Category B:</b> Car registration Car insurance Tax return / tax assessment
OR	<i>Don't have Proof A or Proof B? Provide Proof C...</i>
<b>PROOF C</b>	<b>THREE Documents* from Category C:</b>
	Bank statement Credit card statement Cell phone bill Student loan School enrollment form Paystub
	Lease agreement Toll bill Insurance policy Driver's license or State-issued photo ID with Sunrise address
<i>*Documents cannot be more than two months older than the date on which they are submitted as proof of residency.</i>	

## LEISURE SERVICES GIFT CARDS

*Give the gift of a great experience!*  
 The City's Leisure Service Gift Cards can be used for our classes, sports registrations, admission fees, Theatre shows - virtually any Leisure Services program - just like other payment methods.



Leisure Services Gift Cards are available in any denomination, up to \$100. They can be purchased in person only (no phone or mail orders, please) using cash or a credit card.

- Gift Cards are available for purchase at:
- Leisure Services Administrative Office - 10610 West Oakland Park Boulevard, 2nd Floor
  - Sunrise Civic Center Athletic Club - 10610 West Oakland Park Boulevard, 1st Floor
  - Sunrise Senior Center - 10650 West Oakland Park Boulevard
  - Sunrise Athletic Complex (SAC) - 11501 NW 44th Street
  - Village Multipurpose Center - 2240 NW 68th Avenue
  - Sunrise Tennis Club - 9605 West Oakland Park Boulevard
  - The Bridges at Springtree Golf Club - 8150 Springtree Drive

Leisure Services Gift Cards do not expire, and they cannot be reloaded. The City of Sunrise is not responsible for cards that are lost, stolen, destroyed, or used without permission. Redemption of gift cards is subject to change at the City's sole discretion. For more information, please call (954) 747-4600.





Leisure Services Department  
 10610 West Oakland Park Boulevard  
 Sunrise, FL 33351  
 Phone: (954) 747-4600

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Residential Customer  
 Sunrise, Florida

## YOUR SUNRISE CITY COMMISSION



**Mayor**  
 Michael J. Ryan



**Deputy Mayor**  
 Joseph A. Scutto



**Assistant Deputy Mayor**  
 Neil C. Kerch



**Commissioner**  
 Mark A. Douglas



**Commissioner**  
 Jacqueline A. Guzman

### THIS SEASON IN SUNRISE

#### JULY

- 4** July 4th Parade and Family Fun Day  
*City Park, 9:00 am*
- 4** July 4th Concert and Fireworks  
*Outdoors at Amerant Bank Arena, 6:00 pm - 10:00 pm*
- 12** Shrek the Musical JR.  
*Civic Center Theatre, 7:00 pm*
- 13** Shrek the Musical JR.  
*Civic Center Theatre, 2:00 pm*
- 17** Disney's The Lion King JR.  
*Civic Center Theatre, 7:00 pm*
- 18** Disney's The Lion King JR.  
*Civic Center Theatre, 7:00 pm*
- 19** Opening Reception:  
Displacement and Emplacement  
*Civic Center Art Gallery, 6:00 pm*
- 20** Household Hazardous Waste Disposal  
*Sunrise Public Works, 9:00 am - 1:00 pm*
- 20** The Petty Hearts Tribute Band  
*Civic Center Theatre, 7:00 pm*
- 26** "Lyrical Lounge" Teen Workshop & Open Mic  
*Civic Center Art Gallery, 6:00 pm*

#### JULY

- 27** Bring It On: The Musical  
*Civic Center Theatre, 7:00 pm*
- 28** Bring It On: The Musical  
*Civic Center Theatre, 1:00 pm & 6:30 pm*

#### AUGUST

- 3** Back to School Splash  
*Sunrise Athletic Complex, 10:00 am - 1:00 pm*
- 6** National Night Out  
*Outside at the Public Safety Building, 6:00 pm - 9:00 pm*
- 16** Special Populations:  
Back To School Dance  
*Civic Center Grand Ballroom, 7:00pm - 9:00pm*
- 23** "Lyrical Lounge" Teen Workshop & Open Mic  
*Civic Center Art Gallery, 6:00 pm*
- 30** Opening Reception:  
Las Flores De Mi Vida  
*Civic Center Art Gallery, 6:00 pm*

#### SEPTEMBER

- 11** September 11th Remembrance Ceremony  
*Flamingo Park Meeting Hall, 8:30 am*
- 14** Family Fishing Derby  
*Welleby Park, 8:30 am - 10:00 am*
- 14** Sunrise BioBlitz Bingo  
*Welleby Park, 10:00 am - 1:00 pm*
- 21** Fall Harvest Festival  
*Welleby Park, 10:00 am - 1:00 pm*
- 23** "Lyrical Lounge" Teen Workshop & Open Mic  
*Civic Center Art Gallery, 6:00 pm*
- 28** Mayors' Chess Challenge  
*Sunrise Athletic Complex, 10:00 am - 12:00 pm*



**SCAN QR CODE**  
[sunrisefl.gov/events](http://sunrisefl.gov/events)

