HORIZONS

CITY OF SUNRISE EVENT & ACTIVITY GUIDE

APRIL | MAY | JUNE | 2024



TABLE OF CONTENTS



FEATURES

Message from the Mayor	.3
Pass Up Plastics	.4
Hurricane Preparedness	.5
Panthers/Shop Sunrise	.5

Hurricane Preparedness	5
Panthers/Shop Sunrise	5
EVENT/CLASS LISTINGS	
Special Events	6
Vendor & Sponsor Opportunities	
Event Listings	
Theatre & Art Gallery	8
Civic Center Art Gallery	
Civic Center Theatre	
Sunrise Tennis Club	
The Bridges at Springtree Golf Club	
Aquatics	
Spotlight - Memberships	14
Spotlight - Special Populations	15
Youth Activities	16
Family Fun / Visual & Performing Arts	
Art Classes / Days Off / Classes	
Karate / Gymnastics / Dance	
Youth Athletics	20
Adult Activities/Fitness	26
Fitness Classes	
Adult Athletics	28
Senior Activities & Resources	
Social Services / Senior Center Events & Activ	vities
Transportation / Special Interest Clubs	
Upcoming Senior Trips / Trip & Ticket Policie	
Special Interest Classes / Senior Fitness Class	
Map of Leisure Services Amenities	
Spotlight - Rentals	
Registration Form	37

STAY CONNECTED



www.sunrisefl.gov







@cityofsunrise

Horizons is now color coded by section! As you flip through our updated layout, be sure to explore the map of Leisure Services facilities and amenities on page 34.

ADA Notice

The City of Sunrise is an equal opportunity agency and does not discriminate with regard to its services, programs and activities regardless of race, color, religion, national origin, sex, age or physical or mental abilities. Any person who believes he or she has a disability and requires an accommodation in order to participate in any of our programs, please call (954) 747-4600 as early as possible so that we may have adequate time to ensure an accommodation by the start date.

It's Easy to Register for Leisure Services Programs! Here's How:



Online at www.sunrisefl.gov/registration.html

• Have your Household Number handy, along with a Visa, MasterCard, American Express or Discover card

In Person at the Sunrise Civic Center, 10610 West Oakland Park Boulevard

- In the Leisure Services office (second floor), weekdays from 9:00 am to 5:30 pm
- In the Athletic Club (first floor), weekdays from 6:30 am to 9:00 pm and weekends from 8:00 am to 7:00 pm

The City of Sunrise is represented by (left to right):

Deputy Mayor Joseph A. Scuotto;

Commissioner Mark A. Douglas;

Mayor Michael J. Ryan;

Assistant Deputy Mayor Neil C. Kerch;

Commissioner Jacqueline A. Guzman

A MESSAGE FROM THE MAYOR

As the vibrant signs of spring begin to appear throughout our community, we are filled with a sense of renewal and hope. We celebrate the beauty in Sunrise's natural surroundings.

Celebrating together is one of the most important things we can do as a community. January's Grand Opening Celebration of our new City Hall was a momentous occasion that marked a new chapter in our City's history. Your presence and support made this event truly special! We are grateful that we can welcome residents and businesses, as we remain focused on providing great customer service.

Looking ahead, we have exciting developments on the horizon for our municipal campus including the construction of a new 500-space parking garage and the expansion of our Sunrise Civic Center Amphitheater to host concerts and events. These projects will enhance Sunrise's infrastructure and provide more opportunities for community engagement. In the meantime, our Sunrise Civic Center continues to provide robust cultural arts programs with a packed schedule of shows at the Sunrise Civic Center Theatre as well as Art Gallery openings.

The new season also reminds us to joyfully anticipate more free events that we can enjoy as a united Sunrise, including the **Earth Day Festival** on April 6th, the **Tunes 'N Trucks** outdoor concert series on April 10th, May 12th, and June 14th, and our spectacular **July 4th Celebration**. These events are a great way to connect with neighbors, see our incredible parks, and revel in all that makes Sunrise special!

And, of course, how about our **Florida Panthers**!? We look forward to celebrating more victories (and maybe even the Stanley Cup) at Amerant Bank Arena! GO CATS!

I also want to express sincere thanks to all who have participated in our strategic planning campaign, **Imagine Sunrise 2041: Lighting Our Path Together**. Your feedback through surveys and public meetings is invaluable as we work together to shape the future of our City. Please stay tuned to www.sunrisefl.gov/imagine for more updates and events during this collaborative process.

While celebrating the beauty of Sunrise, we also take time through our **Stunning Sunrise Awards Program** to recognize the aesthetic enhancements added by our homeowners and businesses who have beautified their properties and inspired others to do the same. The improvements we've seen are truly stunning! Visit www. sunrisefl.gov/stunning to find out how to apply—or to nominate a neighbor.

As we embrace the joys of the spring season, I extend warm wishes to you and your families on behalf of the entire City Commission. Thank you for your continued support and dedication to making Sunrise the best City to live, work, play, shop and learn.

Michael J. Ryan, Mayor



The Sunrise Small Business Academy (SSBA) is a **FREE** program designed to help Sunrise small businesses grow and thrive. It can also help prospective Sunrise small business owners better prepare for launch.

Participants learn about important business-related topics, including City and County guidelines, regional opportunities, accounting, finance, human resources and marketing.

We're currently accepting applications for the City's fifth SSBA cohort—with sessions starting in May. To find out more, visit **sunrisefl.gov/ssba** or email Sady I. Diaz, Public Engagement Manager, at sdiaz@sunrisefl.gov.



Help Save Our Everglades: Pass Up Plastics

unrise shares its western border with one of the most of the most unique and environmentally significant ecosystems in the U.S.—the Florida Everglades! The Everglades provides resource-rich habitat for thousands of species of plants and animals, including those that are threatened or endangered, such as the egret, the Florida panther and the American alligator.

SUNRISE GOOD AND GREEN

Our connection to the Everglades runs deep. For example:

- It's the source of our drinking water, since it replenishes the underground Biscayne Aquifer;
- It helps protect our community from hurricanes and floods by absorbing surplus water generated by heavy rains; and
- It offers an array of recreational opportunities, including fishing, boating, biking and hiking.

Just as we need the Everglades, the Everglades relies on our stewardship to thrive. There are many ways you can help, from supporting big-picture initiatives like Everglades restoration to doing your part at home:

- Create a Florida-friendly yard. By selecting plants suited for our climate and your unique yard conditions, you can reduce the need for irrigation, pesticides and chemicals.
- Minimize your indoor water use. Save water and money by checking for leaks, trimming your shower time, and running the dishwasher only for full loads.

You can tackle Everglades pollution by taking the City of Sunrise Pass Up Plastics

Did you know that more than 400 million tons of plastic waste is produced worldwide each year—and **single-use plastics** make up roughly 50% of that amount? Single-use plastics are convenience items such as straws, utensils, and beverage and takeout containers. They're designed to be tossed; however, they don't truly disappear. Instead, they can take hundreds of years to degrade into smaller and smaller pieces. These microplastics have been found in the most remote locations—including **Everglades National Park!**

When you pledge to **Pass Up Plastics**, you're joining our community-wide movement to reduce waste and protect wildlife, marine life and human health. Participating is as simple as refusing plastic straws, bringing reusable bags when you shop, and/or sipping from reusable beverage containers. Visit sunrisefl.gov/green for more tips and to sign up!

FREE Good & Green Resources!

The City of Sunrise website is loaded with tips on "Good and Green" topics, from water and energy conservation to wildlife preservation. Visit sunrisefl.gov/green for helpful resources—and to register for these free programs:

- "Sunrise Gardening For Wildlife" Workshop
 - Saturday, May 11, at 10:00 am at Flamingo Park Hall (12855 NW 8th Street)
- "Protecting Pollinators" Presentation Friday, June 14, at 1:00 pm at Sunrise Dan Pearl Branch Library (10500 W Oakland Park Blvd)



Join us for a day of outdoor fun!

Saturday, April 6 10:00 am - 1:00 pm

Sawgrass Sanctuary 237 North New River Circle

Details at sunrisefl.gov/earthday

The Earth Day Festival will feature interactive displays, a Florida-friendly tree giveaway, children's activities, live music and more!



— CITY of SUNRISE -

HURRICANE PREPAREDNESS

IT'S TIME TO TRIM:

Hurricane Season Starts on June 1st!

Spring is in the air—and hurricane season is around the corner. Now is the time to put your preparedness plans in motion, especially when it comes to storm-proofing your yard.

Get started by walking around your property and identifying any trees or shrubs that need attention. If your trees are overgrown, or there are branches too close to your house, they could pose a threat in high winds. It's best to have trees trimmed by an arborist who's certified and insured. To find a local professional, visit this webpage maintained by the International Society of Arboriculture: treesaregood.org/findanarborist.

The time to trim your trees is not the day before a hurricane or tropical storm. If you trim your trees after a storm warning is issued, the discarded branches in your yard create a neighborhood hazard. Debris that's left outside can cause serious damage to your home, or to your neighbors' homes, when the wind rises. It can also block roadways and slow the response of emergency personnel.

Storm drains, swales and retention basins are all part of our stormwater system; they work together to move water away from our streets during hurricanes and other rain events. You can help by keeping them clear. For example, don't dump grass clippings in storm drains, which are for water only.

For the safety of collection crews—and due to the closure of disposal sites—bulk trash collection is suspended long before bad weather arrives. NOW is the best time to prepare your yard for hurricane season!

Visit www.sunrisefl.gov/hurricane for additional preparedness tips.



Let's Go, Panthers!

Building on last season's Eastern Conference championship and Stanley Cup run, the Florida Panthers are again one of the hottest teams in hockey! The Cats are also celebrating their 30th anniversary, and marking their **25th season in Sunrise**.

Whether you cheer for our hometown Cats at the Amerant Bank Arena, or from the comfort of your couch, their scrappy, skillful play is amazing to behold.

Let's go, Panthers—thanks for another fantastic ride!

AMERANT BANK ARENA



SHOP SUNRISE

and Earn Up to a \$100 Gift Card!

The City's popular Shop Sunrise program provides discounts and other incentives to residents who buy from 100+ local businesses. It's a win-win:

- Residents score deals from participating businesses just by mentioning "Shop Sunrise," and;
- **Businesses** receive a boost in customers thanks to the City's promotion of the program.

Sunrise residents who buy from Shop Sunrise businesses can earn up to \$100 in gift cards to spend at select merchants!



Visit sunrisefl.gov/shopsunrise

for a list of participating businesses and their money-saving offers!









EARTH DAY FESTIVAL

Saturday, April 6, 10:00 am - 1:00 pm





Baptist Health

FREE Admission!

Enjoy live entertainment, great food and family-friendly activities – all in a beautiful outdoor setting. Festival highlights include a Kids' Corner with hands-on activities, arts and crafts, rides, and more! We'll also have a great selection of food and retail vendors. The City's annual Earth Day Festival is made possible through the support of the City of Sunrise Utilities Department, Republic Services and Baptist Health. No coolers, glass bottles, pets or bicycles will be allowed in the park during the Festival. (A bike parking area will be available.)

TUNES 'N TRUCKS CONCERT SERIES



Enjoy a fantastic lineup of tribute and cover bands and food trucks. The trucks start serving at 6pm, and the music begins at 7pm. Bring your lawn chair or blanket.

Sponsored by Memorial Healthcare System

FREE Admission!

Day/Date	Location	Band
Friday, April 12	Sunrise Athletic Complex (SAC) 11501 NW 44th Street	Soul Circus Cowboys- Country
Friday, May 10	Sunrise Sportsplex 9101 NW 50th Street	Havoc 305 – Rock
Friday, June 14	City Park 6600 Sunset Strip	Krush Party – Motown/R&B Juneteenth Celebration

COMMUNITY RESOURCE FAIR

Saturday, April 27, 11:00 am - 2:00 pm

City Park, 6600 Sunset Strip

FREE Admission!

Join us for an afternoon filled with valuable resources — including a FREE food distribution — exciting activities, and a sense of community spirit! Don't miss out – come be a part of this enriching, all ages event!

FAMILY DANCE: CARNIVAL FUN

Friday, May 3, 7:00 pm - 8:30 pm

Sunrise Civic Center - Grand Ballroom, 10610 W. Oakland Park Blvd.

Tickets: \$5 per person*

Kids of all ages and their parents/guardians are invited for an evening of carnival-style family fun! Enjoy dinner, dancing and games.

*Space is limited! Tickets must be purchased by Apr. 26 (unless the event sells out sooner) at www.sunrisefl.gov/tickets, or in person or by phone through the Civic Center Box Office. (954) 747-4646.

MEMORIAL DAY CEREMONY

Monday, May 27, 9:00 am

Sunrise Civic Center - Theatre, 10610 W. Oakland Park Blvd.

FREE Admission!

Join us in honoring the U.S. military service personnel who gave their lives to protect our freedom. The ceremony will feature distinguished speakers, music and a three-round volley. Light refreshments will be served. Special thanks to the Piper High School Army JROTC, the Sunrise Police Honor Guard and the Sunrise Fire Rescue Honor Guard. For more information, call (954) 746-3670.

Vendors and Sponsors are welcome at many of our events! To find out more, call (954) 747-4600 or email agriffin@sunrisefl.gov.

MAYORS' CHESS CHALLENGE

Join elected officials and families from across South Florida in support of chess in our communities. New to the game? Instructors from the Sunrise Center for Excellence in Chess will be on hand to help! Visit sunrisefl.gov/chess for details and a complete schedule of host cities and dates.

"CHAMPIONS OF CHESS" STUDENT TOURNAMENT

Saturday, May 11, 8:30 am - 3:00 pm

Sunrise Athletic Complex (SAC) Multipurpose Center, 11501 NW 44 St.

FREE Admission! (Pre-registration required)

The City of Sunrise began hosting its annual Champions of Chess tournament in 2012. This free event for students in elementary, middle and high school is facilitated by the Sunrise Center of Excellence in Chess. Visit https://sunrisechesscenter.org for information and to sign up!



Celebrate Freedom with a FREESTYLE Concert!





SPONSORED BY









PARADE & FAMILY FUN DAY



Thursday, July 4 9:00 am - 12:00 pm

City Park, 6600 Sunset Strip

FREE Admission!

Themed floats will wind their way west along Sunset Strip from NW 12th Street to City Park – where the fun continues with free rides and children's entertainment. Local businesses and organizations are invited to participate in the parade.

Visit sunrisefl.gov/july4 and apply online to participate in the parade.

F © @cityofsunrise

CONCERT & FIREWORKS

Thursday, July 4, 6:00 pm - 10:00 pm Amerant Bank Arena, One Panther Parkway

FREE parking & admission!

Celebrate freedom with a night of '80s freestyle! Enjoy hours of continuous music featuring **DJ Johnny Quest** and chart-topping artists **The Cover Girls** and **Lisa Lisa & Cult Jam.** This fantastic event will also feature fireworks, food and beverage vendors, and a children's fun zone.

FOR YOUR SAFETY

The following items cannot be brought into the event area at the Amerant Bank Arena: Backpacks, bags larger than 12" x 12", coolers, glass bottles, alcohol, weapons, fireworks, pets, bicycles, and drones. (Bring a lock to park your bike in the lot.) All bags will be searched.



For more information, call (954) 747-4600 or visit sunrisefl.gov/july4



SUNRISE CIVIC CENTER ART GALLERY

10610 West Oakland Park Boulevard | (954) 747-4646

Hours: Tuesday and Friday from 10:00 am to 5:00 pm; Wednesday and Thursday from 12:00 pm to 7:00 pm; and Saturday from 10:00 am to 3:00 pm.

FREE admission!



THE NATURAL BEAUTY OF FLORIDA

Opening Reception: Friday, April 5, at 6:00 pm On exhibit April 5 through May 11

Sunrise Civic Center Art Gallery

Works by Terry Arroyo Mulrooney

Watercolor artist Terry Arroyo Mulrooney was born in Venezuela and raised in Florida. Her art captures the unique beauty in our state's architecture, nature and people—and focuses on color, detail, contrast and light. Meet the artist and enjoy light refreshments at our free opening reception.



PRIME TIME PHOTOGRAPHY

Opening Reception: Friday, June 7, at 6:00 pm On exhibit June 7 through June 22

Works by Sunrise Senior Center Patrons

Join us in celebrating the creative endeavors of our Sunrise Senior Center members! We're proud to showcase their newfound passion for photography, developed with the guidance of instructor Jeremiah Jenner. This diverse collection of images was captured with cell phones and cameras. From scenic landscapes to portraits, each photograph tells a story and reflects the unique perspectives and evolving skills of the photographer. Meet the artists and enjoy light refreshments at our free opening reception.



SUNRISE CIVIC CENTER THEATRE

10610 West Oakland Park Boulevard | (954) 747-4646

Box Office Tuesday and Friday from 10:00 am to 5:00 pm; Wednesday and Thursday from 12:00 pm to Hours: 7:00 pm; Saturday from 10:00 am to 3:00 pm;

and one hour before shows.

By phone | (954) 747-4646 **Ticket Purchases** In person | Visit our Bα Office

Online | wwwsunrisefl.gov/tickets



YOUTH POETRY

Louder Than A Bomb Florida Indy Finals Presented by Jason Taylor Foundation

Wednesday, April 17, 2024, at 6:30 pm

Sunrise Civic Center Theatre

General Admission Seating: \$5

Contact: info@jasontaylorfoundation.com or (954) 424-0799

Dubbed the "Super Bowl of poetry," Louder Than a Bomb Florida (LTABFLA) presented by the Jason Taylor Foundation's Omari Hardwick bluapple Poetry Network—features a friendly spoken-word competition between school-based poetry teams from across the state. LTABFLA also celebrates outstanding individual performances. Tonight's "Indy" Finals are headlined by the top 10 individual poets from the entire festival.





LYRICALLY SPEAKING: VOICES IN TIME Presented by the bluapple Poetry Network

Friday, May 31, at 7:00 pm

Sunrise Civic Center Theatre

General Admission Seating: *FREE

Lyrically Speaking features teen poets from the City's monthly Lyrical Lounge open mics, performing original poetry that inspires and educates. This unique production will move through time-decade by decade-focusing on key figures, movements, cultural shifts, music and, of course, poetry, from the 1920s to the present. Lyrically Speaking is a poetic timeline that demonstrates cycles of history. *Seating is limited: Up to four free general admission tickets are available per household. Call (954) 747-4646 for details.



DOUGLAS. LA NOCHE DEL BOLERO Sponsored by Pools by DBC

Thursday, April 18, at 7:00 pm

Reserved Seating: \$20

Join internationally-renowned singer, Douglas, and celebrate his 25-year career with a night of rhythmic and romantic bolero songs.



THE THREE **MESS-KETEERS Presented by Fantasy Theatre Factory**

Sunday, April 21, at 2:00 pm

Reserved Seating: \$7

The Dirty Duke has kidnapped the Queen of Clean and the Three Mess-Keteers must save her and the environment! In this hilariously educational show, children will learn the importance of environmental conservation while becoming part of the action. It's "all for one and one for all" when it comes to protecting our planet!

BRAZILIAN VOICES: Jazz Across Cultures

Saturday, April 27, at 7:00 pm

Reserved Seating: \$20

Brazilian Voices is an award-winning South Florida female vocal ensemble. Their "Jazz Across Cultures" concert demonstrates the connections between American jazz and its Brazilian cousin, bossa nova. The Girl Choir of South Florida will join Brazilian Voices as a special guest for this unforgettable performance!



DISNEY'S NEWSIES JR. Presented by **Inside Out Theatre Company**

Saturday, May 4, at 8:00 pm

Sunday, May 5, at 1:00 pm & 5:30 pm

Reserved Seating: \$20

This toe-tapping musical is inspired by the true story of newsboys in turn-of-thecentury New York City, and features a Tony Award-winning score. When powerful newspaper publishers raise prices at the newsboys' expense, the charismatic Jack Kelly rallies newsies from across the city to strike against the unfair conditions. Together, the newsies create a movement to fight for what's right.

INTO THE WOODS **Presented by Inside Out Theatre Company**

Saturday, May 18, at 7:00 pm

Sunday, May 19, at 1:00 pm & 6:30 pm

Reserved Seating: \$20

This darkly comedic musical intertwines the stories of fairy tale characters, including a baker and his wife, who wish to have a child; Cinderella, who wishes to attend the King's Festival; and Jack, who wishes his cow would give milk. Although everyone's wish is granted, the consequences of their actions ultimately yield disastrous results.



Thursday, May 30, at 7:00 pm

General Admission Seating: \$35

This collaboration by the Fort Lauderdale Ballet and United Ballet Theatre is a showcase of ballet masterpieces. Immerse yourself in the elegant Pas de Deux and Blue Bird Pas de Deux from Sleeping Beauty, the powerful Diana and Acteon Pas de Deux, and the grand spectacle of La Bayadere—a pinnacle of 19th-century classicism. It's a magical night of love stories, told through dance.

LEGALLY BLONDE THE MUSICAL Presented by

Saturday, June 8, at 2:00 pm & 7:00 pm

Sunday, June 9, at 2:00 pm

Reserved Seating: \$25

Don't miss this fabulously fun, award-winning musical based on the hit movie! Follow the transformation of sorority girl/scholar Elle Woods as she tackles stereotypes and scandal in pursuit of her dreams. Legally Blonde the Musical is bursting with memorable songs and dynamic dances!



Broadway Kids Studio

LEGALLY BLONDE The Musical

THE LITTLE MERMAID

Poolside Meet & Greet

Saturday, June 22, at 10:00 am; Poolside Meet & Greet starts at 9:00 am

General Admission Seating: \$7

The youngest of King Triton's daughters, Ariel (Halle Bailey) is a beautiful and spirited young mermaid with a thirst for adventure. When she falls for the dashing Prince Eric, she follows her heart and makes a deal with evil sea witch Ursula to experience life on land. Enjoy a poolside mermaid meet & greet at 9:00 am, and a second photo opportunity immediately after the live-action movie!

[2023] Family Movie and



Sunday, June 23, at 2:00 pm

Reserved Seating: \$10

The classic fairy tale is reimagined with unexpected twists and turns! Rapunzel and her stepmother engage in a Star Wars-style light saber battle, and other princesses make surprise visits while searching for a handsome prince. It's zany fun for the whole family!

Curtain Call Playhouse

SHREK THE MUSICAL, JR.

Presented by **Broadway Kids Studio**

Friday, July 12 at 7:00 pm

Saturday, July 13 at 2:00 pm

Reserved Seating: \$25

Beauty is in the eye of the ogre. Shrek, The Musical, Jr. is based on the Oscar winning DreamWorks Animation film and fantastic Broadway musical.









SUNRISE TENNIS CLUB

9605 West Oakland Park Boulevard Location: Monday - Friday, 8:00 am - 9:30 pm Operating Hours: *Saturday & Sunday, 8:00 am - 3:00 pm

^{*}The club will close at 3:00 pm on 5/27.

Membership Fees				
Sunrise Residents		Non-Residents		
Senior - Individual	\$135	Senior – Individual	\$200	
Senior - Double	\$185	Senior - Double	\$250	
Individual	\$240	Individual	\$325	
Double	\$330	Double	\$425	
Family	\$345	Family	\$450	
Junior	\$65	Junior	\$100	
Sunrise Business Own	ers	Guests (per visit)		
Individual	\$240	Resident	\$5	
Double	\$330	Non-resident	\$6	
Family	\$345			

Sunrise Tennis Club Membership Fees can be seen in the chart above. All fees are subject to sales tax. Age restrictions may apply. Please call (954) 572-2286 for more information. Discount Guest Passes are now available - Buy 6 passes for the price of 5.

Tennis Camp						
Activity	Age	Dates	Time	Fee		
Camp	4-11	W, 4/10	8:00 - 11:00 am	\$50		
Camp	4-11	M, 5/27	8:00 - 11:00 am	\$50		
Camp	4-11	T, 6/11	8:00 - 11:00 am	\$50		

Private Tennis Lessons

For private lesson rates, call Tennis Pro Shop at (954) 572-2286.

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Clinic	Age	Day	Time	Fee
Adult Beginner	18+	TU/TH	7:30 - 8:30 pm	\$20 daily, \$60/4 classes
Intermediate Drill and Play	18+	M/TU/W	7:00 - 8:30 pm	\$25 daily, \$85/4 classes \$140/8 classes
	18+	SA	10:30 am - 12:00 pm	\$25 daily, \$85/4 classes \$140/8 classes
Advanced Drill and Play	18+	TH	7:00 - 8:30 pm	\$25 daily, \$85/4 classes \$140/8 classes
	18+	SA	9:00 - 10:30 am	\$25 daily, \$85/4 classes \$140/8 classes
Cardio Tennis	18+	SA	9:00 - 10:00 am	\$20 daily, \$60/4 classes
Ladies Drill	18+	TU	9:30 - 11:00 am	\$25 daily

Youth Programming

Activity	Age	Day	Time	Fee
Mini Grinders	7-10	M-F	5:00 - 7:00 pm	\$45 daily, \$465/4 weeks
Orange Ball	5-7	M/W	4:00 - 5:00 pm	\$22 daily, \$160/4 weeks
Red Ball	3-6	TU/TH	4:15 - 5:00 pm	\$22 daily, \$160/4 weeks
Super Saturday*	4-12	SA	9:00 - 10:00 am	\$20 daily
Beginner/ Intermediate Juniors	12-16	M/T/TH	6:00 - 7:30 pm	\$90/week, \$360/4 weeks

*Free to residents every 3rd Saturday.

Tennis Academy

iciniis Academy	/			
Activity	Age	Day	Time	Fee
High Performance	All	M-F	Call for times	\$60/ daily, \$210/week, \$785/4 weeks
High Performance Elite*	All	M-F	Call for times	\$1,130/4 weeks

^{*}Try-out only.



THE BRIDGES AT SPRINGTREE GOLF CLUB

Location: 8150 Springtree Drive

Golf Course Hours: Sunrise to Sunset (weather permitting)

Pro Shop Hours: 6:30 am - 5:30 pm Restaurant Hours: 9:00 am - 3:30 pm

Hours subject to change depending on weather conditions and sunrise/sunset.

Located just north of West Oakland Park Boulevard and west of University Drive, The Bridges at Springtree Golf Club is an 18-hole executive course – designed by former PGA pro Mark McCumber. The course provides enhanced play for golfers of all levels. Among the many events at The Bridges are the monthly scramble tournaments, featuring a continental breakfast, complimentary drinks on the golf course, buffet lunch, and prizes. The Sunrise Women's Association of Golf (SWAG) meet every Tuesday and host different events including inter club golf competitions and luncheons. Open seven days a week for breakfast and lunch, the restaurant menu features weekly specials served by our friendly and efficient staff. Reservations are suggested for the Sunday breakfast buffet by calling (954) 572-2209. The catering staff at The Bridges would be happy to help you plan your next family celebration. From baby showers to weddings, The Bridges is the perfect location. Please go to www. springtreegc.com to book tee times or events.

GOLF MEMBERSHIP FEES (October 1st - September 30th)

Sunrise Resident	Non-Resident	6 Month	Juniors*
Single \$325	Single \$1,000	Single \$850	Junior \$0
Family \$425	Family \$1,500	Family \$1,250	

Annual membership benefits include significantly reduced daily play rates for members, complimentary access to the short game area, and complimentary pull carts. Prices do not include taxes. *Free Junior memberships available to ages 15 and under.

GOLF RATES - SHOULDER 4/1/2024 - 4/30/2024

18 Holes Riding	Member Rate	Sunrise Resident	Non-Resident
Before 2:00 pm	\$14.49	\$24	\$41
After 2:00 pm	\$14.49	\$16	\$35

GOLF RATES - SUMMER 5/1/2024 - 10/31/2024

18 Holes Riding	Member Rate	Sunrise Resident	Non-Resident
Before 2:00 pm	\$14.49	\$22	\$38
After 2:00 pm	\$14.49	\$14	\$32

*All juniors are free with a paying adult after 3pm daily.

GOLF LESSONS

Activity	Age	Day	Time
Private Lesson	5+	M-SU	8:00 am - 5:00 pm
Package 5 ½ hr	5+	M-SU	8:00 am - 5:00 pm

Lesson prices vary depending on instructor. For more information about golf activities, please call (954) 572-2270.



SUNRISE CIVIC CENTER AQUATICS COMPLEX

Location: 10610 W. Oakland Park Blvd. (954) 747-4636

Lap Pool Hours: Open daily 10:00 am - 7:00 pm

Lap Pool Hours beginning 6/15, 8:00 am to 7:00 pm

HOLIDAY HOURS: Open 10:00 am - 3:00 pm on 5/27

Family Pool Hours: 10:00 am to 7:00 pm

Waterslide Hours: Closed Monday - Thursday;

Fridays through June 10th: 2:30 pm - 6:45 pm,

Weekends: 10:00 am - 6:45 pm

Waterslide Hours beginning June 11: Open daily 10:00 am - 6:45 pm Weekend Family Pool Sessions: 10:00 am - 12:45 pm, 1:00 pm -

3:45 pm, 4:00 pm - 6:45 pm

Admission: *Resident - \$1/Child (17 and under), \$1.25 Adult Admission: Non-Resident - \$3/Child (17 and under), \$6 Adult

* Proof of residency required upon payment. Admission fee entitles patrons to use the 50M pool and children's wading pool, and one session in the Family Pool. Call (954) 747-4636 for height restrictions for waterslide.

WELLEBY POOL*

9605 West Oakland Park Boulevard

Admission: Resident - \$1/Child; \$2/Adult with proof of Sunrise Residency Non-Resident - \$2/Child (17 and under); \$3/Adult

VILLAGE BEACH CLUB*

6767 NW 24 Street

Admission: Resident - FREE with proof of Sunrise Residency Non-Resident - \$2/Child (17 and under); \$3/Adult

ROARKE POOL*

1720 NW 60 Avenue

Admission: Resident - FREE with proof of Sunrise Residency

Non-Resident - \$2/Child (17 and under); \$3/Adult

*All Satellite pools will be open on weekends April 20th through June 9th from 12:00 pm - 5:00 pm. They will open daily beginning June 15th.

CITY OF SUNRISE SWIM LESSONS

Registration Policy - Registration will be accepted only in person at the Civic Center during normal hours of operation. Copy of birth certificate and proof of Sunrise residency (parent/guardian driver license and utility bill) required at time of registration. Registration will NOT be accepted by mail or fax.

Make-Up Policy - Missed lessons will only be made up if class is cancelled due to inclement weather (thunder, lightning, heavy rain). Aquatics staff determines cancellation 15 minutes prior to class start time. If a lesson is taught for a minimum of 20 minutes, it will not be rescheduled.

Class Descriptions

Parent & Child Swim Lessons (ages 6 months to 2 years, with adult participation) Adult and child are in the water together. Includes submerging mouth, nose and eyes in water; floating on front and back; entering and exiting the water; gliding on front and back with support; and beginning leg and arm movement.

Preschool Swim Lessons (without adult participation)

- Age 3: Includes submerging face in the water; gliding on front and back with support; and beginning arm strokes and kicks.
- Ages 4-5: Includes floating independently; gliding on front and back; rolling over and floating for five seconds with support; combining arm and leg action on front and back with support; entering and exiting the water independently; and using combined arm and leg action for five body lengths independently.

Ages 6+, Levels 1 to 6

Skills are checked at the first lesson to confirm that swimmers are in the appropriate level.

- Level 1 Introduction to Water Skills: Includes submerging entire head; gliding on front and back with support; combining arm and leg action on front and back with support.
- Level 2 Fundamental Aquatic Skills: Includes: treading water; gliding independently; floating on front and back for five seconds independently; using combined arm and leg action on front and back for five body lengths independently.
- Level 3 Stroke Development: Includes swimming front crawl for 15 yards; treading in deep water for 30 seconds; and swimming elementary backstroke for 15 yards.

- Level 4 Stroke Improvement: Includes swimming front crawl and elementary backstroke for 25 yards; and swimming breaststroke, butterfly, sidestroke and backstroke for 15 yards.
- Level 5 Stroke Refinement: Includes swimming front crawl and elementary backstroke for 50 yards; and swimming breaststroke, butterfly, sidestroke and backstroke for 25 yards.
- Ages 16+, Adult & Teen Swim Classes are 30 minutes. Skills are checked the first day of lesson. Our program gives adult and teen swimmers at every level the opportunity to improve their skills in a safe environment.

Group Swim Lessons - Preschool 1 (Age 3)

Age	Days	Dates	Time	Fee*	Register by	Activity#	
3	M-TH	6/3 - 6/13	10:00 am	\$42/\$50	5/30	451310-A	
3	M-TH	6/17 - 6/27	10:35 am	\$42/\$50	6/13	451310-B	
3	M-TH	6/3 - 6/13	4:00 pm	\$42/\$50	5/30	451310-C	
3	M-TH	6/17 - 6/27	4:00 pm	\$42/\$50	6/13	451310-D	

Group Swim Lessons - Preschool 1 (Age 4-5)

Age	Days	Dates	Time	Fee*	Register by	Activity #
4-5	M-TH	6/3 - 6/13	4:35 pm	\$42/\$50	5/30	451311-A
4-5	M-TH	6/17 - 6/27	4:35 pm	\$42/\$50	6/13	451311-B

Group Swim Lessons - Level 1

Age	Days	Dates	Time	Fee*	Register by	Activity #
6-13	M-TH	6/3 - 6/13	5:10 pm	\$42/\$50	5/30	451331-A
6-13	M-TH	6/17 - 6/27	5:10 pm	\$42/\$50	6/13	451331-B

Group Swim Lessons - Level 2

Age	Days	Dates	Time	Fee*	Register by	Activity#
6-13	M-TH	6/3 - 6/13	5:45 pm	\$42/\$50	5/30	451332-A
6-13	M-TH	6/17 - 6/27	5:45 pm	\$42/\$50	6/13	451332-B

Group lesson program consists of eight 30-minute classes at the Civic Center Family Pool.

* Fee does not include use of pool outside of lesson time.

Private Swim Lessons

Age	Days	Dates	Time	Fee*	Register by	Activity #
18 mo+	M-TH	4/1 - 4/4	9:25 am	\$45/\$55	3/28	451201-A
18 mo+	M-TH	4/8 - 4/11	9:25 am	\$45/\$55	4/4	451201-B
18 mo+	M-TH	4/15 - 4/18	9:25 am	\$45/\$55	4/11	451201-C
18 mo+	M-TH	4/22 - 4/25	9:25 am	\$45/\$55	4/18	451201-D
18 mo+	M-TH	6/3 - 6/6	9:00 am	\$45/\$55	5/30	451201-E
18 mo+	M-TH	6/3 - 6/6	9:35 am	\$45/\$55	5/30	451201-F
18 mo+	M-TH	6/3 - 6/6	10:10 am	\$45/\$55	5/30	451201-G
18 mo+	M-TH	6/3 - 6/6	10:45 am	\$45/\$55	5/30	451201-H
18 mo+	M-TH	6/3 - 6/6	11:20 am	\$45/\$55	5/30	451201-I
18 mo+	M-TH	6/10 - 6/13	9:00 am	\$45/\$55	6/6	451201-J
18 mo+	M-TH	6/10 - 6/13	9:35 am	\$45/\$55	6/6	451201-K
18 mo+	M-TH	6/10 - 6/13	10:10 am	\$45/\$55	6/6	451201-L
18 mo+	M-TH	6/10 - 6/13	10:45 am	\$45/\$55	6/6	451201-M
18 mo+	M-TH	6/10 - 6/13	11:20 am	\$45/\$55	6/6	451201-N
18 mo+	M-TH	6/17 - 6/20	9:00 am	\$45/\$55	6/13	451201-O
18 mo+	M-TH	6/17 - 6/20	9:35 am	\$45/\$55	6/13	451201-P
18 mo+	M-TH	6/17 - 6/20	10:10 am	\$45/\$55	6/13	451201-Q
18 mo+	M-TH	6/17 - 6/20	10:45 am	\$45/\$55	6/13	451201-R
18 mo+	M-TH	6/17 - 6/20	11:20 am	\$45/\$55	6/13	451201-S
18 mo+	M-TH	6/24 - 6/27	9:00 am	\$45/\$55	6/20	451201-T
18 mo+	M-TH	6/24 - 6/27	9:35am	\$45/\$55	6/20	451201-U
18 mo+	M-TH	6/24 - 6/27	10:10 am	\$45/\$55	6/20	451201-V
18 mo+	M-TH	6/24 - 6/27	10:45 am	\$45/\$55	6/20	451201-W
18 mo+	M-TH	6/24 - 6/27	11:20 am	\$45/\$55	6/20	451201-X

AUTISM SWIMS

Saturday, April 13, 10:00 am to 12:00 pm

Location: Sunrise Civic Center Aquatics Center, 10610 West Oakland Park Boulevard

FREE Pre-registration is required.

Event: Visit sunrisefl.gov/autismswims for details

Ages: 5 to 18

Contact: (954) 747-4636

This annual event promotes swimming and water safety.

Private Swim Lessons Saturday Morning

Age	Days	Dates	Time	Fee*	Register by	Activity #
18 mo+	SA	6/1 - 6/22	10:45 am	\$45/\$55	5/28	451201-Y
18 mo+	SA	6/1 - 6/22	11:20 am	\$45/\$55	5/28	451201-Z
18 mo+	SA	6/29 - 7/20	10:45 am	\$45/\$55	6/22	451201-AA
18 mo+	SA	6/29 - 7/20	11:20 am	\$45/\$55	6/22	451201-BB

Private Swim Lessons Saturday Morning - Adult/Teen All Levels 16+

Age	Days	Dates	Time	Fee*	Register by	Activity #
16+	SA	6/1 - 6/22	10:10 am	\$45/\$55	5/28	451201-AC
16+	SA	6/29 - 7/20	10:10 am	\$45/\$55	5/28	451201-AD

Swim Lessons Saturday Morning (Parent Infant/Toddler)

Age	Days	Dates	Time	Fee*	Register by	Activity#
6mo - 2yrs	SA	6/1 - 7/20	9:00 am	\$55	5/28	451410-A
6mo - 2yrs	SA	6/1 - 7/20	9:35 am	\$55	5/28	451410-B

Private lessons consist of four 30-minute classes at the Civic Center Family Pool. * Fee does not include use of pool outside of lesson time.

"SUNRISE SWIMMING" PROGRAMS

Parent & Tot Swim Lessons

Age	Days	Dates	Time	Fee*
12 months	TBA	TBA	TBA	\$55/four
- 3 years				30-minute lessons

We plan to offer the Parent/Tot group class beginning in March, weather permitting. Class requires a parent in the water. Minimum 4 children required to run the class. Classes are expected to run Sunday mornings. Make-up days will only be scheduled in the event the facility or instructor cancels the class. Call (954) 747-4635 or visit the website at www.sunriseswimming.com for more information about the next available session. *Fee does not include use of pool outside of lesson time.

Preschool - School Age Swim Lessons

Age	Days	Dates	Time	Fee*
3 - 12	TBA	TBA	TBA	\$55/four 30-minute lessons

We plan to offer Children's group classes beginning in March, weather permitting. Class size is limited to four students per instructor. Classes are expected to run weekday mornings, afternoons, and evenings, plus a weekend morning. Make-ups will ONLY be scheduled in the event the facility or instructor cancels the class. Call (954) 747-4635 or visit the website at www.sunriseswimming.com for more information about the next available session. *Fee does not include use of pool outside of lesson time.

Adult Group Swim Lessons

Age	Days	Dates	Time	Fee*
15+	TBA	TRΔ	TBA	\$55/four 30-minute lessons

We plan to offer Adult group classes beginning in March, weather permitting. Class size is limited to six students per instructor. Classes are expected to run Sunday mornings. Make-ups will ONLY be scheduled in the event the facility or instructor cancels the class. Call (954)747-4635 or visit the website at www.sunriseswimming.com for more information about the next available session. *Fee does not include use of pool outside of lesson time.

Learn to Swim Free Lessons - Preschool 1 (Age 3)

Age	Days	Dates	Time	Fee*	Register by	Activity #
3	M/W	4/29 - 5/22	5:00 pm	\$0	4/25	451320-A
3	T/TH	4/30 - 5/23	5:00 pm	\$0	4/25	451320-B

Learn to Swim Free Lessons - Preschool 1 (Age 4-5)

Age	Days	Dates	Time	Fee*	Register by	Activity #
4 - 5	M/W	4/29 - 5/22	5:00 pm	\$0	4/25	451321-A
4 - 5	T/TH	4/30 - 5/23	5:00 pm	\$0	4/25	451321-B

Learn to Swim Free Lessons - Level 1 Age 6+

Age	Days	Dates	Time	Fee*	Register by	Activity#
6+	M/W	4/29 - 5/22	5:40 pm	\$0	4/25	451341-A
6+	T/TH	4/30 - 5/23	5:40 pm	\$0	4/25	451341-B

Learn to Swim Free Lessons - Level 2 Age 6+

Age	Days	Dates	Time	Fee*	Register by	Activity#
6+	M/W	4/29 - 5/22	5:40 pm	\$0	4/25	451342-A

Learn to Swim Free Lessons -Adult/Teen All Levels Age 16+

Age	Days	Dates	Time	Fee*	Register by	Activity #
16+	M/W	4/29 - 5/22	5:40 pm	\$0	4/25	451345-A

Learn to Swim Free group Swim Lessons- Sunrise Residents only: Registration begins April 2nd. Group Lessons consist of up to eight free 30-minute classes at VILLAGE BEACH CLUB, limited to 1 session a year/child, on a first come first serve basis. No make-up lessons due to inclement weather. Registration accepted in-person at the Sunrise Civic Center beginning at 10:00am on April 2nd. No mailed or faxed in registrations accepted. Copy of birth certificate & parent/guardian driver's license and current utility bill for proof of Sunrise residency required at registration.

Private Swim Lessons

Age	Days	Dates	Time	Fee*
15 mo+	By appt.	By appt.	By appt.	\$35/25 - minute lesson

Private lessons are year-round. They include water safety & stroke lessons. Call (954)747-4635 or visit the website at www.sunriseswimming.com for more information and to make an appointment. *Fee does not include use of pool outside of class time.

"SUNRISE SWIMMING" SWIM TEAM

This is a year-round competitive USA Swimming program based at the Civic Center Aquatics Center. All participants must try out with the swim coach prior to registering for the team. For more information call (954) 747-4635 or visit www.sunriseswimming.com. All sessions are held at the Sunrise Civic Center Pool. Registration fee does not include use of pool outside of class time.

Strokes & Fun

Age	Days	Time	Monthly Fee*
6 - 15	M-TH	4:45 pm - 5:45 pm	2 practices/week, \$65/mo 3 practices/week, \$70/mo 4 practices/week, \$75/mo

Introduction to competitive swimming. *Does not include \$90/year for registration fees or use of pool outside of class time.

Competitive Swim Groups

Group	Days	Time	Monthly Fee*
Bronze	M-F	5:45 pm - 7:00 pm	\$85/month
Gold	M-F	4:45 pm - 6:45 pm	\$100/month
Champions/SR	M-F	4:45 pm - 7:00 pm	\$110/month

Competitive Groups are open to all ages. Coach will make group determination. Saturday practices TBA for all competitive groups. *Fee does not include \$90/year registration fee or use of the pool outside of class time.





Sunrise Civic Center Athletic Club

10610 West Oakland Park Boulevard | (954) 747-4666

Regular Hours: Open Monday through Friday from 6:30 am to 9:00 pm,

and Saturday and Sunday from 8:00 am to 7:00 pm.

Holiday Hours: Open 8:00 am to 3:00 pm, 5/27.

Amenities: Our recent renovations added to the existing gymnasium with a bi-level fitness center with free weights and machines, a second gym with an elevated fitness track, racquetball courts, a game room, and locker rooms.

Sunrise residents can use the fitness track, game room, and racquetball courts **FREE of charge**; just present your ID at the front desk and proof of residency!

BASIC ANNUAL MEMBERSHIP

Entitles member to use the gymnasiums, racquetball courts, track and game room, and to check out equipment (i.e. basketballs, volleyballs, and racquetball racquets) at no cost. Available only to Sunrise residents. FREE with proof of Sunrise residency!

PLUS ANNUAL MEMBERSHIP

Entitles member to Basic Annual Membership benefits, plus use of the fitness center and locker rooms. Available only to Sunrise residents.

Individual (one adult age 18 or over): \$150/year Family (up to five household members): \$225/year

DELUXE ANNUAL MEMBERSHIP

Entitles member to Plus Annual Membership benefits, plus use of the Civic Center aquatics facilities. Available only to Sunrise residents. Individual (one adult age 18 or over): \$175/year Family (up to five household members): \$250/year

Monthly and daily rates are also available. All fees are subject

Individuals under 13 years old can utilize Athletic Club facilities, excluding the Fitness Center, when accompanied by a card-holding member.





Sunrise Athletic Complex (SAC) Multipurpose Center

11501 NW 44th Street | (954) 747-4604

Regular Hours: Open Monday through Friday from 9:00 am to 9:00 pm,

and Saturday and Sunday from 9:00 am to 5:00 pm

Holiday Hours: Open 9:00 am to 3:00 pm. 5/27.

Amenities: The Sunrise Athletic Complex was expanded in 2022, to include a new 15,000 squarefoot building with an indoor gymnasium and programming space to host events for all ages.

Sunrise residents are encouraged to sign up for a FREE membership.

INDIVIDUAL MEMBERSHIPS:

FREE for ages 18+ with proof of Sunrise residency.

FAMILY MEMBERSHIPS:

FREE-with proof of Sunrise residency-for up to five family members living at the same address. Parent or guardian must apply in person with a photo I.D., as well as a birth certificate for each minor child in the household.

DAILY VISIT FEES:

Non-members are \$5 per adult and \$3 per child (17 and younger).





Village Multipurpose Center

2240 NW 68th Avenue | (954) 747-4601

Regular Hours: Open Monday through Friday from 9:00 am to 9:00 pm,

and Saturday and Sunday from 9:00 am to 5:00 pm

Holiday Hours: Open 9:00 am to 3:00 pm, 5/27.

Amenities: The Village Multipurpose Center features an indoor gymnasium for basketball and a variety of other activities, including indoor walking, badminton, netball, fitness classes, and more.

Sunrise residents are encouraged to sign up for a FREE membership.

INDIVIDUAL MEMBERSHIPS:

FREE for ages 18+ with proof of Sunrise residency.

FAMILY MEMBERSHIPS:

FREE-with proof of Sunrise residency-for up to five family members living at the same address. Parent or guardian must apply in person with a photo I.D., as well as a birth certificate for each minor child in the household.

DAILY VISIT FEES:

Non-members are \$5 per adult and \$3 per child (17 and younger).



The City of Sunrise partners with the Special Populations Section of the Broward County Parks and Recreation Division—as well as other community organizations—to host programs that engage and enrich the special populations community. Activities include social events, athletics, and general recreation opportunities. For more information, call (954) 747-4600.

Spring Fling Dance

Age 18+

Friday, April 19, from 7:00 pm to 9:00 pm Sunrise Civic Center - Grand Ballroom 10610 W. Oakland Park Blvd.

FREE admission! Pre-registration required!

Registration is limited

For more information, call (954) 357-8170 or email SpecialPopulations@Broward.org.

Adults with developmental disabilities are invited for an evening of dancing and fun!

Boccia

Ages 18+

Tuesdays from 1:00 pm to 3:00 pm, ongoing

Sunrise Civic Center Gymnasium 10610 West Oakland Park Blvd.

FREE!

Activity #: 170693-A

For more information, call (954) 357-8170 or email SpecialPopulations@Broward.org.

Boccia is a highly competitive Paralympic throwing sport, in which individuals throw leather-like balls on a marked floor with the intent to have them land as close as possible to the target ball. This program helps improve hand-eye coordination and fine motor skills.



TOPSoccer

Ages 3+

July thru August Nob Hill Soccer Park 10200 Sunset Strip

FREE

Activity #230210-A

For more information, call Michael Barbare at (954) 609-1263.

US Youth Soccer TOPSoccer (The Outreach Program for Soccer) is a community-based training and team placement program for young athletes with disabilities, organized by youth soccer association volunteers. The program is designed to bring the opportunity of learning and playing soccer to any boy or girl, who has a mental or physical disability. The goal of the program is to enable the thousands of young athletes with disabilities to become valued and successful members of the US Youth Soccer family. TOPSoccer creates a fun, adaptive environment for players 3 years old and up. Programs are geared toward player development rather than competition. Athletes learn skills and have fun!

Wheelchair Basketball

Ages 16+

Tuesdays & Thursdays from 5:00 pm to 7:00 pm, ongoing

Village Multipurpose Center Gymnasium 2240 NW 68th Avenue

FREE!

Activity # 170687-A

For more information, contact Dana Wade at (954) 609-4345 or SunriseSuns1@gmail.com.







FAMILY FUN

Family Time Volleyball

Location: Sunrise Civic Center Athletic Club, 10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee*	Activity #			
13+	Ongoing	SU	12:00 pm - 2:00 pm	Daily visit fee	N/A			
A time where you can play a game against family or with others in your community								

Movie Night

Location: Sunrise Athletic Complex (SAC) Multipurpose Center 11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
ANY	4/5	F	6:15 pm - 8:30 pm	FREE	Bee Movie
	4/26		4:30 pm - 6:30 pm	FREE	Up
	5/3		6:15 pm - 8:30 pm	FREE	Coco
	5/31		4:30 pm - 6:30 pm	FREE	High School Musical
	6/7		6:15 pm - 8:30 pm	FREE	Finding Nemo
	6/28		4:30 pm - 6:30 pm	FREE	Mr. Popper's Penguins

Movie night will be held at SAC in the community room on the first and last Friday of each month. Registration must be done at SAC front desk. Sleeping bags and blankets are allowed. Popcorn can be brought and popped using onsite microwave. For more information, please call (954) 747-4604.

Open Play Chess

Location: Sunrise Athletic Complex (SAC) Multipurpose Center 11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity#
ANY	Ongoing	SA	10:00 am – 12:00 pm	FREE	N/A

All levels welcome! For more information, call (954) 747-4604.

Storytime

Location: City Park, 6600 Sunset Strip, 11501 NW 44th Street JUNE: Village Civic Center, 6800 Sunset Strip

Age	Date	Day	Time	Fee	Activity #
4-8	4/20	SA	11:00 am - 12:00 pm	FREE	470702-A
4-8	5/18	SA	11:00 am - 12:00 pm	FREE	470702-B
4-8	6/15	SA	11:00 am - 12:00 pm	FREE	470702-C

Young readers are invited to enjoy a story, activity, and snack. April: "How to Help the Earth" by the Lorax; May: "That's Not My Name" by: Anoosha Syed; June: "If I Built a House" by: Chris Van Dusen. Lawn chairs and blankets are recommended. Call (954) 747-4601 to sign up. This event is held rain or shine.

Sidewalk Chalk Art

Location: City Park, 6600 Sunset Strip

Age	Date	Day	Time	Fee	Activity #
ALL	4/20	SA	12:00 pm - 1:00 pm	FREE	N/A
	5/18				N/A
	6/15				N/A

Express yourself artistically on the sidewalks of City Park! There will be a different theme for each month to use as inspiration for your works of art. Chalk provided. Bring drinking water and a damp towel or rag for your hands. Call (954) 747-4601 for information.

Blanket Bingo

Location: City Park, 6600 Sunset Strip

Age	Date	Day	Time	Fee	Activity #
ANY	4/21	SU	6:00 pm	FREE	N/A
	5/19				N/A
	6/16				N/A

Get ready to yell out BINGO! Bring your blanket or lawn chairs for a fun night of music and great prizes. Bingo begins at 6 pm. Each participant will receive one Bingo packet (approx.9 games). Be sure to get to the park early to secure your chances. No reservations: first come, first served

SAC Arcade - NBA 2K23

Location: Sunrise Athletic Complex (SAC) Multipurpose Center 11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
8-17	Ongoing	SA	2:30 pm - 4:30 pm	Free for members, Daily Visit fee for non-members	370713

Come join us in the friendly competition of NBA 2K23 at the SAC Community room. Registration is required and can be completed at the front desk prior to participating in the event. Please call (954) 747-4604 for more information.

Youth Nights

Location: Village Multipurpose Center, 2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity#
13-17	4/5, 4/19	F	7:00 pm - 9:00 pm	FREE	470703-A, B
	5/3, 5/17				470703-C, D
	6/7, 6/21				470703-E, F

Kickoff your weekends with your crew every 1st & 3rd Friday of each month. A variety of activities will be available ranging from Kickball, Karaoke Night, Obstacle Courses, Skills Challenges, Pickup and Full Court Games, and more. Call (954) 747-4601 for information.



VISUAL & PERFORMING ARTS

Musical Theater, Dance & Drama

Location: Sunrise Athletic Complex (SAC) Multipurpose Center 11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
6 - 10	4/2 - 4/30	TU	6:45 pm -7:30 pm	\$67.50	420771-A
	5/7 - 5/28			\$54	420771-B
	6/4 - 6/25			\$54	420771-C

If you love to Act, Sing and Dance this class is for you! Students will learn dances and practice rhythm and timing to build on coordination of their bodies. Musical Theater routines will be introduced from popular movies along with theater terminology and small scripts. Attire: comfortable clothes and sneakers.

Inside Out Theatre's Summer Intensive: BRING IT ON THE MUSICAL

Location: Sunrise Civic Center Theatre, 10610 W. Oakland Park Blvd.

Rehearsals: Monday through Friday, beginning July 8

Performances: July 27 & 28

Age	Date	Day	Time	Fee	Activity #
14+	7/8 - 7/28	M-F	1:00 pm - 7:00 pm	\$675	110607-A

IOTC's Advanced Intensive is a 3-week summer program for teens to work on their musical theatre skills. The program is fast-paced and teens are expected to be dedicated and work at their highest level. IOTC's 2024 Summer program will work on Bring It On The Musical, which Music Theatre International calls "bitingly relevant, sprinkled with sass, and inspired by the hit film" released in 2000. Performances will be on July 27 & July 28. Please note: additional rehearsal hours may be added if needed. For more info on the Advanced Intensive, please contact Robin Braun at (954) 249-1380 or robinbbraun@gmail.com. To register, please contact Jennifer Ginn at (954) 747-4647 or at jginn@sunrisefl.gov



ART CLASSES

Anime and Manga

Location: Sunrise Civic Center 10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee	
10+	4/4 - 4/25	TH	6:15 pm - 7:15 pm	\$48	420818-A
	*5/2 - 5/30			\$48	420818-B
	*6/6 - 6/27			\$36	420818-C
	4/4 - 4/25	TH	7:30 pm - 8:30 pm	\$48	420819-A
	*5/2 - 5/30			\$48	420819-B
	*6/6 - 6/27			\$36	420819-C
	4/5 - 4/26	F	6:15 pm -7:15 pm	\$48	420718-A
	*5/3 - 5/31			\$48	420718-B
	*6/7 - 6/28			\$36	420718-C
	4/5 - 4/26	F	7:30 pm - 8:30 pm	\$48	420719-A
	*5/3 - 5/31			\$48	420719-B
	*6/7 - 6/28			\$36	420719-C

The goal of the class will center upon learning skills, developing creativity, inspiration and fun, as well as having the opportunity to meet others who love anime and manga. Students of all ability levels are welcome and will be challenged accordingly. Participants must be registered before sessions begins. *No class 5/16, 5/17, 6/13 and 6/14.

Let's Create Art

Location: Sunrise Civic Center, 10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee	Activity #
10-15	4/3 - 4/24	W	5:30 pm - 7:00 pm	\$60	420711-A
10-15	5/1 - 5/29			\$60	420711-B
10-15	*6/5 - 6/26			\$45	420711-C

The goal of the class is to provide tutorial instruction that would maximize the students' artistic potentials. Every class should be an opportunity to learn something new. Materials are not included; supply list will be listed on the receipt. For more information please contact instructor at (954) 479-2966. Participants must be registered before session begins. A minimum of three students is required to run this class. *No class 6/12. Let's Create Art will hold an exhibit for all participants on October 12 and 13 in the Sunrise Civic Center Art Gallery. Students will be able to display their finest art pieces.

SAVE THE DATE!

SATURDAY, APRIL 20TH

SUMMER CAMP REGISTRATION

IN PERSON ONLY **STARTING AT 8 AM**

FIRST COME, FIRST SERVED

SUNRISE RESIDENTS, AGES 6 years to 14 years

(Age as of September 1, 2024) 8:00 am to 2:00 pm or until spaces fill up. SPACE IS LIMITED

SUNRISE CIVIC CENTER

10610 West Oakland Park Boulevard

Registration packet available online at Sunrisefl.gov/camp and at Leisure Services office.

DAYS OFF

Kids/Teens Day Off

Location: Drop off/Pickup at Sunrise Civic Center 10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee	Activity#	
5-15	4/10	W	7:30 am - 6:00 pm	\$30/\$40	420402-A	TBA

For more information, call the Department of Leisure Services at (954) 747-4600. Drop off and pick up children at the Sunrise Civic Center. Please make sure to bring lunch and plenty of drinks and snacks for the entire day. Children must always wear their yellow City of Sunrise camp shirts. Pre - registration required.

CLASSES

Mini Gladiators

Location: Sunrise Athletic Complex 11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #	
8-13	4/2 - 4/30	TU&TH	4:00 pm - 4:45 pm	\$108	420701-A	
	*5/7 - 5/30			\$84	420701-B	
	*6/4 - 6/27			\$72	420701-C	

This program will provide a fun and engaging way for youth aged 8-13 to improve their fitness, coordination, and agility. By providing a safe and supportive environment, participants will develop positive attitudes towards exercise and healthy habits that will benefit them throughout their lives. For more information please contact instructor at (702) 883-2487. Participants must be registered before sessions begins.

* No class 5/21, 6/18 and 6/20.

KARATE

Beginner Karate

Location: Sunrise Civic Center 10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee [™]	Activity#
5+	4/1 - 4/24	M/W	5:00 pm - 6:00 pm	\$80	420740-A
5+	*5/1 - 5/29	M/W	5:00 pm - 6:00 pm	\$80	420740-B
5+	6/3 - 6/26	M/W	5:00 pm - 6:00 pm	\$80	420740-C

Intermediate Karate**

Location: Sunrise Civic Center Athletic Club 10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee*	Activity#	
5+	4/1 - 4/24	M/W	6:00 pm - 7:00 pm	\$80	420741-A	
5+	*5/1 - 5/29	M/W	6:00 pm- 7:00 pm	\$80	420741-B	
5+	6/3 - 6/26	M/W	6:00 pm - 7:00 pm	\$80	420741-C	

**\$25/yr Membership to Karate Association (payable to instructor) Additional fees for ranking test and uniforms not included. If you have any questions regarding Karate classes, please call (954) 940-8801. Participants must be registered before session begins. * No class 5/27



GYMNASTICS

Location: Sunrise Civic Center 10610 W. Oakland Park Blvd.

Tumblebears

Age	Date	Day	Time	Fee	Activity #
3-4	*4/6 - 5/25	SA	10:00 am - 10:45 am	\$81	420760-A
	6/1 - 6/29	SA	10:00 am - 10:45 am	\$67.50	420760-B

Gymnastics Basics

•					
Age	Date	Day	Time	Fee	Activity #
4-6	4/4 - 4/25	TH	5:15 pm - 6:00 pm	\$54	420765-A
	5/2 - 5/30		5:15 pm - 6:00 pm	\$67.50	420765-B
	*6/6 - 6/27		5:15 pm - 6:00 pm	\$40.50	420765-C
6 - 11	4/4 - 4/25	TH	6:05 pm - 6:50 pm	\$54	420766-A
	5/2 - 5/30		6:05 pm - 6:50 pm	\$67.50	420766-B
	*6/6 - 6/27		6:05 pm - 6:50 pm	\$40.50	420766-C
5 - 11	*4/6 - 5/25	SA	10:50 am - 11:35 am	\$81	420761-A
	6/1 - 6/29		10:50 am - 11:35 am	\$67.50	420761-B

Gymnastics Level 1

Age	Date	Day	Time	Fee	Activity #
6 - 11	*4/4 - 4/25	TH	6:55 pm - 7:40 pm	\$54	420767-A
	5/2 - 5/30		6:55 pm - 7:40 pm	\$67.50	420767-B
	*6/6 - 6/27		6:55 pm - 7:40 pm	\$40.50	420767-C
5 - 11	*4/6 - 5/25	SA	11:40 am - 12:25 pm	\$81	420762-A
	*6/1 - 6/29		11:40 am - 12:25 pm	\$67.50	420762-B

For details, visit www.JoyDecoEnterprises.com. Participants must be registered before session begins. A minimum of four students are required to run this class. Tumblebears participants will use equipment such as parachutes, trampolines and balance beams to exercise and work on basic tumbling skills Gymnastics Class will focus on basic rolls, cartwheels, handstands, back walkovers and trampoline work. Level 1 must have experience in order to enroll in class. * No Class 4/20, 4/27, and 6/13. Class recital 5/23. \$25 recital fee not included.

Dance & Creative Movement

Location: Sunrise Athletic Complex (SAC) Multipurpose Center 11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
4 - 5	4/2 - 4/30	TU	5:15 pm - 6:00 pm	\$67.50	420768-A
	5/7 - 5/28			\$54	420768-B
	6/4 - 6/25			\$54	420768-C

A beginner class to expose kids to basic movement, gross motor, loco motor and following directions. Boys and Girls will love our creative action songs and fun props for variety.

Cheerleading & Cartwheel

Location: Sunrise Athletic Complex (SAC) Multipurpose Center 11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
5 - 10	4/2 - 4/30	TU	6:00 pm -6:45 pm	\$67.50	420759-A
	5/7 - 5/28			\$54	420759-B
	6/4 - 6/25			\$54	420759-C

Learn the techniques of what it takes to be a cheerleader. Cheer technique, small partner stunts, cheers, pom routines and acro-tricks such as cartwheels will be learned. Attire: comfortable clothes and sneakers.

Alchemy Twirl and Dance

Location: Village Multipurpose Center 2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
4 - 14	4/4 - 4/25	TH	5:00 pm - 6:00 pm	\$85	470726-A
	5/2 - 5/30			\$85	470726-B
	6/6 - 6/27			\$85	470726-C

Join Alchemy Baton Twirling and Dance for an exhilarating adventure of baton twirling, dance, and more! Your young performers will master these arts in a supportive environment, gearing up to showcase their skills in parades, shows, and beyond. Unleash the magic of performance as your child discovers the extraordinary in the ordinary! For more information, email ashlie@ashlierolfe.com

DANCE FX DANCE CLASSES

Baby Ballerinas									
Age	Date	Day	Time	Fee	Activity #				
3-5	4/1-5/13	М	4:00 pm - 4:45 pm	\$84	420777-A				
3-5	6/3 - 6/24			\$48	420777-B				
3-5	*4/3 - 5/15	W	4:00 pm - 4:45 pm	\$72	420797-A				
3-5	*6/5 - 6/26			\$36	420797-B				
Hin Hon									

Age	Date	Day	Time	Fee	Activity #
6 - 10	*4/3 - 5/15	W	4:45 pm - 5:30 pm	\$72	420775-A
6 - 10	*6/5 - 6/26			\$36	420775-B
4-6	*4/13 - 5/18	SA	10:45 am -11:30 am	\$48	420785-A
4-6	*6/1 - 6/29			\$48	420785-B

Jazz and Ballet

Age	Date	Day	Time	Fee	Activity #
6 - 10	4/1 - 5/13	М	4:45 pm - 5:30 pm	\$84	420796-A
	6/3 - 6/24			\$48	420796-B

Tap and Ballet

Age	Date	Day	Time	Fee	Activity #
4-6	*4/13 - 5/18	SA	10:00 am -10:45 am	\$48	420784-A
	*6/1 - 6/29			\$48	420784-B

Participants must be registered before sessions begins. A minimum of three students are required to run the class. * No class 4/10, 4/20, 4/27, 6/19 and 6/22. Class recital 5/21. Recital fees not included.



Fantastic Toddler Fun

Location: Sunrise Civic Center 10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee	Activity #
19 mo - 2	*4/3 - 5/15	W	9:00 am - 10:30 am	\$30	420917-A

This program allows a caregiver the opportunity to participate with their child in age appropriate crafts, story time, songs, and more! Birth certificate is required with registration. Unregistered siblings will not be permitted to attend the class. *No class 4/10 and 4/24.



Just You & Me

Location: Sunrise Civic Center 10610 W. Oakland Park Blvd.

Age	Date	Day	Time	Fee	Activity #
3 - 5	*4/2 - 5/16	TU&TH	9:00 am - 10:30 am	\$72	420915-A

This program features developmentally age appropriate activities for children age's three to five (pre-school age). Birth certificate is required with registration. Unregistered siblings will not be permitted to attend the class. Parent participation is required. *No class 4/23 and 4/25.





OPEN PLAY

13 & Under Open Play Basketball - Village

Location: Village Multipurpose Center 2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
6 - 13	Ongoing	Varies	Varies	Daily Visit Fee*	N/A

Sunrise residents FREE with membership. *Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by a parent or legal guardian. Call (954) 747-4601 for information.

13 & Under Open Play Basketball - SAC

Location: Sunrise Athletic Complex (SAC) Multipurpose Center 11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
6 - 13	Ongoing	Varies	Varies	Daily*	N/A

Sunrise residents FREE with membership. *Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by a parent or legal guardian. Call (954) 747-4604 for information.

Badminton - Village

Location: Village Multipurpose Center 2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
13+	Ongoing	TU	7:00 pm - 8:45 pm	Daily	270675-A
	Ongoing	SU	12·15 pm - 2·15 pm	Daily	270675-B

A City of Sunrise waiver must be completed to participate in the program. Call (954)747-4601 for information.

Open Play Basketball - Village & SAC

Location: Village Multipurpose Center 2240 NW 68th Avenue

Location: Sunrise Athletic Complex (SAC) Multipurpose Center 11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity#
Any	Ongoing	Varies	Varies	Daily Visit Fee*	N/A

Sunrise residents FREE with membership. *Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by a parent or legal guardian. Call (954) 747-4604 for information.

Open Play Pickleball - SAC

Location: Sunrise Athletic Complex (SAC) Multipurpose Center 11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
13+	Ongoing	Varies	Varies	Daily*	N/A

Sunrise residents FREE with membership. *Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by a parent or legal guardian. Call (954) 747-4604 for information.

Youth Open Play 7-on-7 Flag Football - SAC

Location: Sunrise Athletic Complex (SAC) Multipurpose Center 11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
13-17	Ongoing	W	6:00 pm - 7:00pm	Free	370716A

Calling all football lovers! Lace up your cleats and head to the Sunrise Athletic Complex for some friendly and competitive flag football matches. Flags will be provided on the field, so all you'll need to bring is your skill and competitive spirit! Call (954) 747-4604 for more information.





Volleyball - SAC

Location: Sunrise Civic Center Athletic Club 10610 West Oakland Park Boulevard

Beginner/Intermediate Volleyball Clinics

Age	Date	Day	Time	Fee	Activity #
9-17	4/1 - 6/26	Any	Any	\$25	470676-G-Z
	4/1 - 4/24	M & W	6:30 pm - 8:00 pm	\$150	470676-A
	4/29 - 5/22	M & W	6:30 pm - 8:00 pm	\$150	470676-B
	5/29 - 6/24	M & W	7:00 pm - 8:30 pm	\$150	470676-C

Volleyball Team Practices

Age	Date	Day	Time	Fee	Activity #
9-17	4/5-4/28	F/SU	6:00 pm - 8:00 pm/ 4:00 pm - 6:00 pm	\$150	470677-A
	5/3-5/26	F/SU	6:00 pm - 8:00 pm/ 4:00 pm - 6:00 pm	\$150	470677-B
	5/31-6/23	F/SU	6:00 pm - 8:00 pm/ 4:00 pm - 6:00 pm	\$150	470677-C

Crossing Courts – The focus of this program is to strengthen the athlete with the proper technique and developing the necessary skills. Teams will be divided by skill level. For more information contact Coach Mo at (954) 687-2908. There will be no class 5/27.



YOUTH ATHLETES OF THE MONTH

Each month, the Sunrise City Commission recognizes City employees who go above and beyond, top teachers from Sunrise schools, and others whose stories inspire and engage—including youth athletes from Sunrise recreational, travel and instructional sports programs. Athletes are nominated by their coaches, selected by the City's Leisure Services Advisory Board, and exemplify the highest standards of sportsmanship, teamwork and academic achievement. Congratulations to these recent Youth Athlete of the Month honorees:



DECEMBER 2023
Hayley Fernandez and Merrick Galoci
Sunrise First Tee Golf



JANUARY 2024
Sophia Barnett and Nisin Nidheesh
Sunrise Recreational Soccer



FEBRUARY 2024
Christopher Enrique Kean and Cecilia Mirones
Sunrise Swimming



HOOPSTER BASKETBALL ACADEMY

Location: Sunrise Civic Center Gymnasium 10610 West Oakland Park Boulevard

REGISTRATION: Only accepted at Athletic Club desk CONTACT: Coach Ceasar Diaz at (954) 804-9241 **REFUNDS:** Five-week sessions must be made in

> writing, and submitted before the beginning of the third class. ALL REFUNDS subject to approval by Coach Diaz.

BASKETBALL CAMPS

Summer Break Basketball Camp								
Age	Date	Day	Time	Fee	Activity #			
6 - 17	6/11 - 6/14	TU - F	7:30 am - 5:30 pm	\$100	170621-A			
		Daily		\$30	170621-B-F			
Kids' Day Off Basketball Camps								
6 - 17	4/10	W	7:30 am - 5:30 pm	\$30	170619- A			

BASKETBALL CLASSES

Small Fry Basketball Program									
4 - 5	4/27 - 5/25	SA	9:00 am - 9:30 am	\$25	170623-A				
	DAILY			\$6	170623-B-F				
	6/1 - 6/29	SA		\$25	170623-G				
	DAILY			\$6	170623-H-L				

Small Fry Basketball is a fun introductory program for boys and girls that teaches children the fundamentals of basketball through the basics of ball handling, passing, shooting and defense.

Beginner Skills Program									
6 - 17	4/16 - 5/14	TU	6:00 pm - 7:00 pm	\$50	170657-A				
	Daily			\$12	170657-B-F				
	5/21 - 6/18	TU	5:45 pm - 6:45 pm	\$50	170657-G				
	Daily			\$12	170657-H-L				
	6/25 - 7/23	TU	5:45 pm - 6:45 pm	\$50	170657-M				
	Daily			\$12	170657-N-R				
6 - 17	4/25 - 5/23	TH	6:30 pm - 7:30 pm	\$50	170663-A				
	Daily			\$12	170663-B-F				



5/30 - 6/27 TH 6:45 pm - 7:45 pm \$50	170663-G
Daily \$12	170663-H-L
6 - 17 4/27 - SA 9:45 am - 10:45 am \$50 5/25	170622-A
Daily \$12	170622-B-F
6/1 - 6/29 SA \$50	170622-G
Daily \$12	170622-H-L

Beginner Skills program emphasizes basketball fundamentals, including ball handling, passing, shooting, rebounding and defense.

Intermediate Skills Program					
6 - 17	4/16 - 5/14	TU	7:00 pm - 8:00 pm	\$50	170661-A
	Daily			\$12	170661-B-F
6 - 17	4/25 - 5/23	TH	7:30 pm - 8:30 pm	\$50	170665-A
	Daily			\$12	170665-B-F
	5/30 - 6/27	TH	7:45 pm - 8:45 pm	\$50	170665-G
	Daily			\$12	170665-H-L
6 - 17	4/27 - 5/25	SA	11:00 am - 12:00 pm	\$50	170606-A
	Daily			\$12	170606-B-F
	6/1 - 6/29	SA		\$50	170606-G
	Daily			\$12	170606-H-L

Intermediate Skills program emphasizes basketball fundamentals, including ball handling, passing, shooting, rebounding and defense. It is designed for players that have mastered the beginner drills.

Advanced Skills Program					
6 - 17	4/27 - 5/25	SA	12:15 pm - 1:15 pm	\$50	170625-A
	Daily			\$12	170625-B-F
	6/1 - 6/29	SA		\$50	170625-G
	Daily			\$12	170625-H-L

Advanced Skills program emphasizes advanced drills and is designed for players that have mastered the intermediate drills.

START SMART BASKETBALL

Location: Village Multipurpose Center, 2240 NW 68 Ave.

Age	Date	Day	Time	Fee	Activity #
3 - 5	4/13 - 5/18	SA	9:00 am - 10:00 am	\$35/60*	430207-A

Start Smart Basketball is a six-week, developmentally-appropriate introductory program that prepares children and their guardians for organized basketball in a fun, non-competitive environment. Parent(s) work one-on-one with their child, practicing a variety of skills. Parent-child groups will receive a Start Smart basketball that will be used during the program and can be used to continue the development of the child. Space is limited; please register early. *Resident/Non-resident rate.

RECREATIONAL SPORTS

RECREATIONAL BASKETBALL

Open to ages 6 to 17

Season Dates: June to July

Fee: \$75/Residents; \$110/Non-Residents

Registration Deadline for Residents: Thursday, April 18

Registration for Non-Residents (Space Permitting):

Monday, April 22 - Tuesday, April 23. Note: Non-Resident registration will be accepted before April 22, but will be placed on the waiting list.

Learn new skills as part of our youth basketball program. Both boys and girls divisions are offered. Practices and games are held indoors at one of the local schools or City facilities. Games and practices are two to three times a week starting at 6:00pm or later, and on weekends. Players are given a uniform shirt and must supply themselves with shorts and proper athletic shoes. Sign up early because space is limited.

Boys Basketball			
Division	Date of Birth	Activity #	
8 & Under	9-1-15 to 5-31-18	430204-A	
10 & Under	9-1-13 to 8-31-15	430204-B	
12 & Under	9-1-11 to 8-31-13	430204-C	
14 & Under	9-1-09 to 8-31-11	430204-D	
17 & Under	9-1-06 to 8-31-10	430204-E	
Girle Rackethal	<u> </u>		

GITIS DASKELDAII			
Division	Date of Birth	Activity #	
10 & Under	9-1-13 to 5-31-18	430205-B	
13 & Under	9-1-10 to 8-31-13	430205-F	
17 & Under	9-1-06 to 8-31-10	430205-E	

^{*}Divisions may be combined depending on number of registrations.

Date

Player Ratings: Each participant must attend ratings to assure that teams are as equal as possible for players to fully enjoy the program. All ratings will be held at the Sunrise Athletic Complex Multipurpose Building, 11501 NW 44th Street. Dates and times of ratings are as follows:

Time

Age	Date	rime
10 & Under Girls	Monday, April 29	6:00 pm
13 & Under Girls	Monday, April 29	7:00 pm
17 & Under Girls	Monday, April 29	7:50 pm
12 & Under Boys	Tuesday, April 30	6:00 pm
14 & Under Boys	Tuesday, April 30	7:00 pm
17 & Under Boys	Tuesday, April 30	8:00 pm
8 & Under Boys	Thursday, May 2	6:00 pm
10 & Under Boys	Thursday, May 2	7:00 pm
Make up Ratings f	or All Divisions	
10 & Under Girls	Saturday, May 4	10:00 am
13 & Under Girls	Saturday, May 4	10:30 am
17 & Under Girls	Saturday, May 4	10:30 am
12 & Under Boys	Saturday, May 4	11:00 am
14 & Under Boys	Saturday, May 4	11:30 am
17 & Under Boys	Saturday, May 4	12:00 pm
8 & Under Boys	Saturday, May 4	12:30 pm
10 & Under Boys	Saturday, May 4	1:00 pm

RECREATIONAL FLAG FOOTBALL & CHEERLEADING

Open to ages 4 to 15 (child cannot be 16 on 9/1/2024)

Season Dates: August to October

Fee: \$75/Resident; \$110/Non-Resident Registration Deadline: Tuesday, June 25

Games are played weeknights and on weekends. Games will begin in early August. Participants will be placed on teams based on their level of ability, which is determined at player ratings. Participants will receive a team jersey and cheerleaders will receive a shirt and skirt with paid registration. Football players must provide for themselves a mouthpiece that is mandatory for all practices and games. Plastic molded cleats are recommended. Tennis shoes may be worn.

Division	Age Group	Activity #
Instructional	Must be 4 by 9-1-24	130209-A
Pee Wee	Must be 6 by 9-1-24	130209-B
Junior	Must be 8 by 9-1-24	130209-C
Intermediate	Must be 10 by 9-1-24	130209-D
Senior	Must be 13 by 9-1-24	130209-E
Cheerleading	Must be 16 by 9-1-24	130210-A

Player Ratings: All ratings will take place on Tuesday, July 9 and Thursday, July 11. Instructional Division does not need to attend ratings. Players should report to the Nob Hill Soccer Club Park (Field 2), 10200 Sunset Strip as follows:

Pee Wee	6:00 pm	
Junior	6:45 pm	
Intermediate	7:30 pm	
Senior	8:15 pm	

Make up Ratings for all divisions are Saturday, July 13 from 10:00 am – 11:30 am at Nob Hill Soccer Club Park Field 2.

Interested in Coaching Youth Recreational Sports?

Volunteer coaches are needed in all Youth Recreational Sports and age divisions, and will be selected immediately following the registration deadline.

All coaches are required to be fingerprinted, and have a criminal background check completed.

As an added benefit, head coaches are eligible for a 50% DISCOUNT on their child's registration.

If you are interested and need further information, please call Leisure Services at (954) 747-4600.

FREE \$50 Gift Card for Sunrise Athletes

The City's Youth Athletics Incentive Program makes available one \$50 Dick's Sporting Goods gift card per eligible child who participates in a City of Sunrise Youth Recreational Athletics Program.

The Program is made possible by American Rescue Plan Act (ARPA) funds, and was developed in an effort to assist Sunrise residents who have experienced a hardship due to the COVID-19 pandemic.

Sunrise residents who are parents/guardians of eligible participants are encouraged to apply!

Visit www.sunrisefl.gov/athlete50 or call (954) 747-4600 for details.





TRAVEL SPORTS

TRAVEL SOCCER

Open to ages 8 to 18 (child cannot be 19 on 8/12/2024)

Season Dates: June to April

Fee*: \$125/Resident, \$175/Non-Resident

Registration Deadline: Friday, May 10

Players in this league will compete against other South Florida teams. Tryouts for girls divisions will be held at Nob Hill Soccer Club Park, 10200 Sunset. Tryouts for boys divisions will be held at Oscar Wind Park, 200 North New River Circle. *Additional fees may apply.

Divisions	Boys Activity #	Girls Activity #
9 & Under	230207-A	230206-A
10 & Under	230207-В	230206-B
11 & Under	230207-C	230206-C
12 & Under	230207-D	230206-D
13 & Under	230207-E	230206-E
14 & Under	230207-F	230206-F
15 & Under	230207-G	230206-G
16 & Under	230207-H	230206-H
17 & Under	230207-I	230206-I
18 & Under	230207-J	230206-J

Girls Divisions	Try Out Dates	Time
9U & 10U - Field 3	Tuesday, April 30	6:00 pm to 7:15 pm
	Thursday, May 2	6:00 pm to 7:15 pm
11U & 12U - Field 3	Monday, April 29	6:00 pm to 7:15 pm
	Wednesday, May 1	6:00 pm to 7:15 pm
13U - Field 3	Tuesday, April 30	7:45 pm to 9:00 pm
	Thursday, May 2	7:45 pm to 9:00 pm
14U - Field 1	Monday, April 29	6:00 pm to 7:15 pm
	Wednesday, May 1	6:00 pm to 7:15 pm
15U - Field 1	Monday, April 29	7:45 pm to 9:00 pm
	Wednesday, May 1	6:00 pm to 7:15 pm

16U - Field 1	Tuesday, April 30	6:00 pm to 7:15 pm
	Thursday, May 2	6:00 pm to 7:15 pm
17U - Field 1	Tuesday, April 30	7:45 pm to 9:00 pm
	Thursday, May 2	7:45 pm to 9:00 pm
19U - Field 1	Tuesday, April 30	7:45 pm to 9:00 pm
	Thursday, May 2	7:45 pm to 9:00 pm

	, -	F F
Boys Divisions	Try Out Dates	Time
9U & 10U	Monday, April 29	4:30 pm to 5:45 pm
	Tuesday, April 30	4:30 pm to 5:45 pm
	Wednesday, May 1	4:30 pm to 5:45 pm
	Thursday, May 2	4:30 pm to 5:45 pm
11U, 12U, 13U, 14U & 15U	Monday, April 29	6:00 pm to 7:15 pm
	Tuesday, April 30	6:00 pm to 7:15 pm
	Wednesday, May 1	6:00 pm to 7:15 pm
	Thursday, May 2	6:00 pm to 7:15 pm
16U, 17U & 19U	Monday, April 29	7:30 pm to 8:45 pm
	Tuesday, April 30	7:30 pm to 8:45 pm
	Thursday, May 2	4:30 pm to 5:45 pm
9U & 10U	Monday, April 29	4:30 pm to 5:45 pm
	Tuesday, April 30	4:30 pm to 5:45 pm
	Wednesday, May 1	4:30 pm to 5:45 pm
	Thursday, May 2	4:30 pm to 5:45 pm





SUNRISE HURRICANES FOOTBALL

Season Dates: July to November, Spring training starts May 1, 2024

Fee: \$200/Resident (\$225 after 6/30); \$225/Non-Resident (\$250 after 6/30)

Open to ages 5 to 14

Registration required to participate. This is a full contact, competitive tackle football program. There is no mandatory play rule and players may be cut based upon registration and skill level. Players must provide their own rubber-molded cleats. The season consists of 11 games played in Broward, Dade and Palm Beach counties. There is a minimum of four practices per week and games are played on Saturdays. Each team has a maximum of 38 players. Participants are placed on a team based on age and weight. Player placement on each team is based on the player's age as of May 1, 2024 except 13U which is based on player's age as of January 1, 2024.

League Age	Max Weight	Activity#
*13	Unlimited	130220-F
12 and under	Unlimited	130220-E
11 and under	130 lb to advance ball	130220-D
10 and Under	120 lb to advance ball	130220-C
9 and Under	110 lb to advance ball	130220-B
8 and Under	90 lb to advance ball	130220-A
Mighty Mites / 7 and under	80 lb	130220-G
Super Mighty Mites / 5,6	70 lb	130220-H

^{*}Cannot be 14 before January 1, 2024

SUNRISE HURRICANES CHEERLEADING

Open to ages 4 to 15

Season Dates: July to November, Spring training starts May 1, 2024 $\,$

Fee: \$200/Resident (\$225 after 6/30); \$225/Non-Resident (\$250 after 6/30)

Participants are placed on squads based on age and ratings. The season consists of 11 games played in Broward, Dade and Palm Beach counties. There is a minimum of three practices a week and games are played on Saturdays. Each squad has a maximum of 25 participants. *Additional costs may apply.

Cheer	Football Team	Cheerleader	Year of Birth	Activity#
Division	Division	Age		
Senior	13 and Under,	13, 14, 15	2011, 2010,	130221-F
	Unlimited		2009	
Junior	12 and Under,	12, 13,	2012, 2011,	130221-E
	Unlimited	14, 15	2010, 2009	



Cheer Division	Football Team Division	Cheerleader Age	Year of Birth	Activity#
Junior Prep	11 and Under, 130 lbs	10, 11, 12, 13	2014, 2013, 2012, 2011	130221-C
Youth	10 and Under, 120 lbs	9, 10, 11	2015, 2014, 2013	130221-D
Youth Prep	9 and Under, 110 lbs	8, 9, 10	2016, 2015, 2014	130221-B
**Pee Wee	8 and Under, 90 lbs	**5, 6, 7, 8	**2019, 2018, 2017, 2016	130221-A
*Mighty Mites	7 and Under, 80 lbs	*4, 5	*2020, 2019	130221-G

^{**}Must be 5 by September 1, 2024. *Must be 4 by September 1, 2024.

SUNRISE SHARKS TRAVEL BASEBALL

Open to ages 8 to 14 (Child cannot be 15 on 5/1/24)

Season Dates: July to April

Fee: \$90/Resident; \$210/Non-Resident

Tryouts: Saturday, July 13 - Pre-Registration is required before

tryout

Coaching: COACHING APPLICATIONS ARE DUE BY MAY 17

Participants need to commit to a minimum of three (3) practices and/or games per week.

Step up to the plate and tryout for this highly competitive baseball league. Teams consist of all-star caliber players that play against other teams from around the county. This program is year-round, and roster changes may be made throughout the year.

TRYOUTS							
Age	Tryout Location	Time	Activity #				
8	Sportsplex, Field 1	8:30 am	230208-I				
9	Sportsplex, Field 4	9:00 am	230208-A				
10	Sportsplex, Field 1	10:30 am	230208-B				
11	Sportsplex, Field 1	12:00 pm	230208-C				
12	Sportsplex, Field 1	1:30 pm	230208-D				
13	Sportsplex, Field 1	3:00 pm	230208-E				
14	Sportsplex, Field 1	4:30 pm	230208-F				



DANCE AND FITNESS

Adult Hip-Hop Dance Class

Location: Sunrise Civic Center Athletic Club 10610 West Oakland Park Boulevard

Age	e Date	Day	Time	Fee	Activity #
18+	4/1 - 6/24	Any	Any	\$15	470658-D-Z
	4/1 - 4/22	М	7:15 pm - 8:15 pm	\$50	470658-A
	4/29 - 5/20	М	7:15 pm - 8:15 pm	\$50	470658-B
	6/3 - 6/24	М	7:15 pm - 8:15 pm	\$50	470658-C

For more information contact Developing Dreams Foundation at (954) 282-1014. *There will be no class on 5/27.

Caribbean Dance Fitness

Location: Sunrise Civic Center Athletic Club 10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	Any	Any	Any	\$15	470667-D-Z
	*4/6 - 5/4	SA	10:00 am - 11:00 am	\$50	470667-A
	5/11 - 6/1	SA	10:00 am - 11:00 am	\$50	470667-B
	6/8 - 6/29	SA	10:00 am - 11:00 am	\$50	470667-C

Dress comfortably and wear sneakers, NO OPEN TOED SHOES OR SANDALS. For more information contact Developing Dreams Foundation at (954) 282-1014. *No class on 4/20.

Salsa Dancing

Location: Sunrise Civic Center Athletic Club 10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	4/5 - 4/26	F	6:00 pm - 7:00 pm	\$65	470664-A
	5/3 - 5/31	F	6:00 pm - 7:00 pm	\$81.50	470664-B
	6/7 - 6/28	F	6:00 pm - 7:00 pm	\$65	470664-C

*Dress comfortably; however, sneakers are not encouraged for this class due to turns and pivots. We recommend heels for ladies and dress shoes or loafers for gentlemen. For more information contact Developing Dreams Foundation at (954) 282-1014.

Soca Step Dance Aerobics

Location: City Park, 6600 Sunset Strip

Age	Date	Day	Time	Fee	Activity #
18+	4/26	F	7:00 pm	Free	N/A*
	5/31	F	7:00 pm	Free	N/A*
	6/28	F	7:00 pm	Free	N/A*

Join us for a class on the last Friday of every month! Bring water, a towel and your flag. Hosted by Coach Kamal from Tailored Fitness with a live Soca DJ. *Register online at www. sunrisefl.gov/soca.

Personal Training: 15-Minute "Lunch Rush"*

Location: Sunrise Civic Center Athletic Club 10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
16+	Weekly Pass	M-F	12:30 - 1:00pm	\$50	470681-A-M
	Weekly Pass	M-F	1:00 - 1:30pm	\$50	470681-N-Z

*Sessions are available only for current Athletic Club members! Space is limited. Must register by 5:00 pm the day before.

Personal Training: 30-Minute Session*

Location: Sunrise Civic Center Athletic Club 10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
16+	1 Session	Any	Any	\$25	470685-A-Z
	3 Sessions	Any	Any	\$69	470673-A-G
	6 Sessions	Any	Any	\$138	470673-H-N
	9 Sessions	Any	Any	\$207	470673-O-U
	12 Sessions	Any	Any	\$276	470673-V-Z

A (one-time) complimentary 15-minute assessment will be scheduled after the purchase of the first 30-minute session. *Sessions available only for current Athletic Club members. For more information please call Bobbi at (954) 779-8175.

Personal Training: 60-Minute Session*

Location: Sunrise Civic Center Athletic Club 10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
16+	1 Session	Any	Any	\$45	470686A-Z
	3 Sessions	Any	Any	\$129	470674A-G
	6 Sessions	Any	Any	\$258	470674H-N
	9 Sessions	Any	Any	\$387	470674O-U
	12 Sessions	Any	Any	\$516	470674V-Z

A (one-time) complimentary 15-minute assessment will be scheduled after the purchase of the first 60-minute session. *Sessions available only for current Athletic Club members. For more information please call Bobbi at (954) 779-8175.

Blast & Burn Tuesdays & Tone Up Saturdays*

Location: Sunrise Civic Center Athletic Club 10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	4/2 - 4/30	TU	5:45 - 6:45 pm	Free	470683-A
	5/7 - 5/28	TU	5:45 - 6:45 pm	Free	470683-B
	6/4 - 6/25	TU	5:45 - 6:45 pm	Free	470683-C
	*4/6 - 4/27	SA	8:15 - 9:15 am	Free	470683-D
	5/4 - 5/25	SA	8:15 - 9:15 am	Free	470683-E
	6/1 - 6/29*	SA	8:15 - 9:15 am	Free	470683-F

Blast & Burn is designed to be a FUN yet challenging, cardio toning class that prioritizes your lower body. Tone Up is designed to sculpt your body by shedding excess fat while building muscles. For more information, please call Bobbi at (954) 779-8175. Register at the Athletic Club desk or at www.sunrisefl.gov. *No class on 4/20.



Adult Indoor Walking

Location: Village Multipurpose Center, 2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	M - F	9:00 am - 11:00 am	Free*	N/A

Our staff will motivate you and provide you with various stretching exercises. Call (954) 747-4601 for information. *A City of Sunrise waiver must be completed to participate in the program.

Stretch-N-Stroll

Location: Sunrise Athletic Complex (SAC) Multipurpose Center 11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	TU	9:30 am - 10:30 am	Free*	N/A

Meet at the SAC Multipurpose Center and join us for a 30 minute walk, starting and ending with a 15 minute stretch. *A City of Sunrise waiver must be completed to participate in the program.

Sunrise Steppers

Location: City Park, 6600 Sunset Strip

Age	Date	Day	Time	Fee	Activity#
All	Ongoing	Varies	9:30 am - 10:30 am	Free	N/A

Pump up your morning routine at the park! Walk the park, hit our outdoor gym stations for a full-body workout, and groove to energizing beats, making fitness fun under the rising sun.

40+ Double Dutch Jump Rope

Location: Village Multipurpose Center, 2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #					
40+	Ongoing	TH	7:00 pm - 8:45 pm	Free*	470687-A					
Location	Location: City Park, 6600 Sunset Strip									
Age	Date	Day	Time	Fee	Activity#					

Age	Date	Day	Time	Fee	Activity#
40+	Ongoing	SA	9:00 am - 10:00 am	Free*	470687-A
		SU	5:00 nm - 6:00 nm		

Women over the age of 40 get together to take a break from "adulting" by jumping Double Dutch, hula hooping, playing hopscotch and Chinese rope! "A City of Sunrise waiver must be completed to participate in the program. Call (847) 207-6227 for information.



Baptist Health Boot Camp Bapusi Health **Baptist** Location: Sunrise Civic Center Athletic Club 10610 West Oakland Park Boulevard Fee Date Time Activity # Age Day 18+ Ongoing TH 5:30 pm - 6:30 pm Free N/A Bring a mat, water and a towel to class. Must register at the Athletic Club desk.

Baptist Health Zumba Baptist Health Location: Sunrise Civic Center Athletic Club 10610 West Oakland Park Boulevard Date Day Time Fee Activity # Age TU 7:00 pm - 8:00 pm 18+ Free N/A Ongoing Bring water and a towel to class. Must register at the Athletic Club desk.





OPEN PLAY SPORTS

Open Play Basketball - Village & SAC

Location: Village Multipurpose Center 2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity#
13+	Ongoing	Varies	Varies	Daily visit fee*	N/A

Sunrise residents FREE with membership. *Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by a parent or legal guardian. Call (954) 747-4601 for daily schedule.

Location: Sunrise Athletic Complex (SAC) Multipurpose Center 11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity#
13+	Ongoing	Varies	Varies	Daily visit fee*	N/A

Sunrise residents FREE with membership. *Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by a parent or legal guardian. Call (954) 747-4604 for daily schedule.

Adult Open Play 7-on-7 Flag Football - SAC

Location: Sunrise Athletic Complex (SAC) Multipurpose Center 11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	W	7:00 pm - 8:00 pm	FREE	N/A

Calling all football lovers! Lace up your cleats and head to the Sunrise Athletic Complex for some friendly and competitive flag football matches. Flags will be provided on the field, so all you'll need to bring is your skill and competitive spirit! Call (954) 747-4604 for more information.

Open Play Netball - Village

Location: Village Multipurpose Center 2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	SU	2:30 pm - 4:30 pm	Free*	270687-A

Netball is a ball sport played by two teams of seven players. Games are played on a rectangular court with raised goal rings at each end. Each team attempts to score goals by passing a ball down the court and shooting it through its goal ring. *A City of Sunrise waiver must be completed to participate in the program. Call (954) 747-4601 for information.

Open Play Volleyball

Location: Sunrise Civic Center Athletic Club 10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	SU	12:00 - 3:45 pm	Daily*	N/A

*Free to Athletic Club members. Non-members pay daily or annual fee. For more information and schedule, please call (954) 747-4666.





Badminton - Village

Location: Village Multipurpose Center 2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity#
13+	Ongoing	TU	7:00 pm - 8:45 pm	Free*	270675-A
	Ongoing	SU	12:15 pm - 2:15 pm	Free*	270675-B

*A City of Sunrise waiver must be completed to participate in the program. Call (954) 747-4601 for information.

Open Play Pickleball

Location: Sunrise Civic Center Athletic Club 10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	M - SA	Varies	Free*	N/A

FREE with membership. *Non-members pay daily or annual fee. Please call (954) 747-4666 for daily schedule.

Location: Sunrise Athletic Complex (SAC) Multipurpose Center 11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity#
13+	Ongoing	M - SA	Varies	Free*	N/A

FREE with membership. *Non-members pay daily or annual fee. Please call (954) 747-4604 for daily schedule.

Pickleball Instruction

Location: Sunrise Civic Center Athletic Club 10610 West Oakland Park Boulevard

Age	Class	Day	Time	Fee	Activity #
7+	90 Min. Private	Any	Any	\$120	470688A-Z
	60 Min. Private	Any	Any	\$75	470689A-Z
	30 Min. Private	Any	Any	\$40	470692A-Z
	Semi Private	Any	Any	\$80	470690A-Z
	Group Clinic	Any	Any	\$25	470691A-Z

For more information on Pickleball Instruction with Coach Callo, please call (917) 676-8888.

SOCIAL SERVICES

The Special and Community Support Division

provides information regarding available state, and county social service programs. An emergency food pantry and medical equipment loan-out is available for Sunrise residents who may need temporary assistance due to loss of employment or other issues. Social Services also include transportation and special programs. For further information, contact the Social Worker at (954) 746-3670.

Bereavement Support Group

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity #
Weekly	TH	9:45 am - 11:00 am	Free	Walk-ins welcome

This group is facilitated by a Continuum Care Health professional grief counselor and is a valuable source of support for those dealing with grief and mourning. For more information call (954) 746-3670 or stop by the Senior Center Front Desk.

Blood Pressure Check - (Sunrise Fire Rescue)

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity #
4/12, 5/3, 6/14	F	11:00 am	Free	Walk-ins welcome

Emergency Food Pantry

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity#
	Weekly	8:30 am - 4:00 pm	Free	Call for appt.

The City of Sunrise operates an Emergency Food Pantry with canned goods for Sunrise residents in need. Visits to the Pantry are limited to no more than once every three months until the crisis is past or an alternate agency can fulfill the need. It is by appointment only and must be arranged with the Social Worker. For information, call (954) 746-3670 between 8:30 am and 4:00 pm.

F.L.O.W. - (Florida Licensing on Wheels)

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity#
4/10	\A/	10:00 am - 1:30 nm		Call for annt *

Residents can renew their driver's license, vehicle registration and get a Florida I.D. Please visit the website to know what documents you will need to bring with you to avoid a second trip https://www.flhsmv.gov/driver-licenses. For more information call (954) 746-3670. This service is available to all Broward residents. *Note: This is not a City run program these dates are subject to cancellation without notice, please call before you come to the Senior Center.

The Aging Mouth Lecture

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity #
4/12	F	10:00 am - 11:30 am	Free	Call to sign up

Nearly all adults aged 65 years or older have had a cavity; 1 in 5 have untreated tooth decay. Join a Dentist from Horizon Dental Practice and find out how to achieve a healthy mouth. A light lunch will be provided to all pre-registered participants.

My Doctor Recommended I Exercise! Now What?

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity #
5/3	F	10:00 am - 11:30 am	Free	Call to sign up

Physical Therapist, Ricardo A. Neira, will show you how to begin an exercise plan. Learn what to do and where to begin if you have restrictions. A light lunch will be sponsored by Colony Springs Medical Center for all pre-registered participants.

World Health Day Expo

Location: Sunrise Athletic Complex (SAC), 11501 NW 44th Street

Date	Day	Time	Fee	Activity #
4/5	F	9:00 am - 12:00 pm	Free	Walk-ins Welcome



World Health Day is a globally recognized health awareness day founded by the World Health Organization. The City of Sunrise will host a World Health Day event at the Sunrise Athletic Complex. Come out and visit vendor tables featuring agencies and medical offices pertaining to senior health. There will be a breakout session featuring a health professional from Memorial Health Care. Free giveaways and health screenings!

Fall Prevention

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity #
6/14	F	10:00 am - 11:30 am	Free	Call to sign up

Each year, over 3 million people are treated in the emergency room due to fall related injuries. Attend this informative lecture by Recharge Physical Therapy to learn fall prevention tips and ways to improve your balance & leg strength. A light lunch will be provided to all pre-registered participants.

Life Changes Group

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity #
Weekly	W	2:30 pm - 3:30 pm	Free	Walk-ins welcome

The Life Changes group is designed to help people deal with grief beyond the 12-month period, as well as help people who may not have loss, but a string of life changes related to the aging process, (loss of hearing, vision, mobility or entering the retirement years to name a few). This is a peer-support group, facilitated by VITAS Healthcare; all are welcome

Prescription Discount Card Program

Sunrise residents who are without health insurance, a traditional pharmacy benefit plan, or have prescriptions not covered by insurance can take advantage of this plan. The savings is approximately 20%, and no income or age requirements. Please call the Sunrise Senior Center at (954) 746-3670 or come by the Senior Center for information.

Property Tax Exemption Assistance

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity#
4/12, 5/10, 6/14	F	10:00 am - 11:30 am	Free	Walk-ins welcome
4/17, 5/15, 6/19	W	4:00 pm - 5:30 pm	Free	Walk-ins welcome

Representatives from the Broward County Property Appraiser's office will help taxpayers apply for homestead and other property tax exemptions, including those for seniors, widows/widowers, the disabled, and veterans. Bring a Florida Driver's License; a Broward voter registration card; Social Security numbers of all owners; and a copy of the recorded deed or tax bill. Resident aliens must bring a permanent resident green card or proof of asylum.

Veterans Advisors

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity#
4/12, 5/10, 6/14	F	9:00 am - 12:00 pm	Free	Walk-ins welcome

Broward County Veterans Services will have a Certified Veterans Advisor at the Sunrise Senior Center to aid veterans, their widows, dependents and dependent survivors regardless of age or other status. Services are focused on attainment and/or maintenance of self-sufficiency. Services include: Information, Referral and Linkage, & Benefits and Claims Processing.



SENIOR EVENTS & ACTIVITIES

Sunrise Senior Center

10650 West Oakland Park Boulevard, (954) 746-3670

Hours of Operation:

M - TH: 8:30 am to 9:00 pm; Closed 5/27.

F: 8:30 am to 4:30 pm; SA: 9:00 am to 1:00 pm.

Annual Membership Fees:

Sunrise residents \$15/year; non-residents \$25/year

The Sunrise Senior Center offers services for people 55+ years young, including recreational classes, trips, transportation. health and safety programs, special events and more.

SPECIAL EVENTS

Denim, Diamond and Dancing Social

Date	Day	Time	Register	Fee	Activity#
4/18	TH	1:00 pm - 3:00 pm	3/1	\$8/\$10	480822-A

Dust off your cowboy (or cowgirl) hat and boots, add a little denim and bling, and have a rip-roarin' good time at our western-themed extravaganza! We'll have footstomping music, country line dancing, and plenty of fun. Saddle up!

Mother's Day Derby Social

Date	Day	Time	Register	Fee	Activity#
5/10	F	1:00 pm - 3:00 pm	4/3	\$8/\$10	480822-B

Celebrate Mother's Day in style with our derby-themed social! Join us for an unforgettable afternoon filled with elegance, excitement, and, of course, a touch of Southern charm. Put on your finest derby attire, complete with extravagant hats and dapper suits, and prepare to be whisked away to the world of horse racing. Enjoy a delicious Derby themed lunch, a live DJ, and fun games and activities for all. Grab your hat and join us for a day that's sure to be a winner!

FREE TRANSPORTATION

Minibus Routes operate weekdays from 8:00 am to 2:45 pm, picking up passengers from residential areas and transporting them to major shopping centers within Sunrise. For more information, or to obtain schedules, call (954) 764-3677.

Non-Emergency Medical Transportation is available to eligible Sunrise residents who are 62 or older, or physically handicapped. If you no longer drive or maintain a vehicle in your immediate household and need reliable transportation to doctors, dentists and other medical appointments call (954) 746-3676 for transportation information. Application and approval is required.





SPECIAL INTEREST CLUBS

American Legion Post 365

Meets 4th Tuesday of month, at 7:00 pm

Location: Sunrise Senior Center, 10650 West Oakland Park Blvd

The American Legion is the nation's largest veteran's service organization, committed to mentoring and sponsorship of youth programs in our communities, advocating patriotism and honor, promoting a strong national security, and continued devotion to our fellow service members and veterans. The American Legion's success depends entirely on active membership, participation and volunteerism. Contact Commander Loretta Young (954) 257-6763 for further information.

Sunrise Latin Social Club

Meets 1st Tuesday of month from 6:00 pm - 8:00 pm

Free admission; Walk-ins welcome

Location: Sunrise Senior Center, 10650 West Oakland Park Blvd

This Club is geared towards socialization, building friendships, participating in activities and other special events. Everyone is invited. Senior Center membership is required. Queremos invitar a la communidad Latina que venga a disfrutar de nuestro centro y ser parte de nuestra communidad. We invite the Latin community to come embrace our center and be a part of our community. Contact Elizabeth Lasprilla (954) 328-7483 for monthly meeting and ticket information.

Sunrise Wood Carvers

Meets Tuesdays, from 9:00 am - 12:00 pm

Free; Walk-ins welcome

Location: Sunrise Senior Center, 10650 West Oakland Park Blvd

No experience necessary. Must be 18 years or older. Volunteer instructors available.

Gold Coast Wood Turners

Meets 3rd Thursday of month from 7:00 pm - 9:00 pm

Free: Walk-ins welcome

Location: Sunrise Senior Center, 10650 West Oakland Park Blvd

This non-profit organization is dedicated to promoting the art and craft of wood turning through education. Join us at meetings, where we conduct club business, present technical demonstrations, share work, discuss technique and provide constructive feedback. Call Lara Baker at (954) 557-3038 or visit https:// goldcoastwoodturnersinc.org

Sunrise Women's Bocce Club

Meets Wednesdays, from 3:00 pm - 5:00 pm

Free*; Walk-ins welcome

Location: Nob Hill Soccer Club Park, 10200 Sunset Strip

No experience necessary. *Membership in the Sunrise Senior Center is required for participation. Call Frances (Fran) Nugent - Captain at (954) 495-7730 or Irma Martorana Co-Captain (954) 578-1940 for information.



UPCOMING SENIOR TRIPS

APRIL TICKET SALE: 2024 Members 4/5: Non-Members 4/12

Trip	Date	Day	Time	Fee	Activity#
Miccosukee Casino	5/7	TU	9:00 am - 3:30 pm	\$5/\$7	480826-B

Get ready for a great day at the casino. Try your luck at slots, table games and more. Lunch on your own

Aventura Mall 5/14 TU 9:00 am - 3:30 pm \$5/\$7 480846-A

Located in Aventura, this is the largest mall in Florida. Get ready to shop! Visit one or the many restaurants or the food court for lunch on your own.

Marlins vs 5/19 SU 11:00 am - 5:30 pm \$53/\$55 **480837-A** Mets

Baseball season has arrived! Don't miss your chance to see thee Marlins take on the Mets. These tickets are limited and won't last long. Seats are in Section 14, Rows 14 – 16. (Seats may be subject to change)

Bulk Candy 5/28 TU 9:00 am - 2:30 pm \$15/\$17 **480842-C** Store Tour

Take a 45 minutes tour through candy's history, at one of the most unique candy stores you'll see. Learn how your favorite candies are made and packaged, as you are introduced to the history of candy. You'll encounter rooms with two story ceilings, decorated top to bottom in candy. You'll received candy samples, and be able to shop all the store has to offer. Afterwards, lunch on own at Duffy's Sports Grill.

MAY TICKET SALE: 2024 Members 5/3: Non-Members 5/10

Trip	Date	Day	Time	Fee	Activity#
Harrah's Casino	6/4	TU	9:00 am - 3:00 pm	\$5/\$7	480826-C

Get ready for a great day at the casino. Try your luck at slots, table games and more. Lunch on your own.

Fishing Trip 6/13 TH 7:30 am - 2:00 pm \$54/\$56 480844-A

4-hour fishing trip aboard the 55' Mary B III. Everything needed (rods, bait, tackle, licenses) included. NO EXPERIENCE NECESSARY. Experienced, professional and friendly crew, ready to assist. Pack a lunch and refreshments! **Please note that the waters can get choppy. If you are susceptible to sea sickness, this might not be the trip for you!**

Board and Brush 6/19 W 4:30 pm - 8:30 pm \$40/\$42 480842-B

Is your inner DIY itching for a fun new project with friends? Then look no further, this trip is for you! Join your peers at Board & Brush, and enjoy the fully hands on process of creating your own DIY wood sign. After picking, distressing, sanding, painting and stenciling your wood, you'll leave with a unique piece that YOU created. Feel free to bring your own refreshments and snacks.

Wellington 6/27 TH 9:00 am - 3:30 pm \$5/\$7 **480846-B** Green Mall & Trader Joe's

Experience a premier shopping destination in West Palm Beach for your shopping needs. Enjoy lunch on your own at one of the many dine-in restaurants, or grab a quick bite in the Food Court. Then visit Trader Joe's, where you can find great quality items at great prices.



JUNE TICKET SALE: 2024 Members 6/7: Non-Members 6/14

Trip	Date	Day	Time	Fee	Activity#
Palm Beach Out-	7/9	TU	9:00 am - 3:30 pm	\$5/\$7	180846-A
let Mall					

Located in the heart of Palm Beach County, this outlet mall features over 100 outlet stores including some of the best names in fashion. While enjoying your shopping, don't forget to eat. Visit one of the many restaurants for lunch on your own.

Gulfstream Casino 7/16 TU 9:00 am - 3:00 pm \$20/\$22 180826-A

Feeling lucky? Enjoy a great day at the casino! Enjoy lunch on your own.

Perez Art Museum 7/25 TH 10:00 am - 3:30 pm \$17/\$19 180841-A

Participate in a memorable and unique one hour guided tour of Modern and Contemporary art pieces housed at the Perez Museum. Then enjoy lunch on your own at one of the many eateries at Bayside.

Festival Flea Market 7/30 TH 9:00 am - 3:30 pm \$17/\$19 180846-B

Shop to your heart's content and enjoy lunch on your own at the largest indoor flea market in Florida. At over a quarter-mile long and featuring over 500 stores with name brand merchandise at below outlet prices, this is shopping excursion you won't want to miss.

TRIP & TICKET POLICIES

- No tickets will be sold before the published sale date. Sales commence at 8:30 am. Current Senior Center I.D. cards must be presented for any transaction.
- Members MUST be present to purchase tickets. You may, however, buy a ticket for a member who resides in the same household as you, provided you present their I.D. card. Both tickets will be charged the member rate.
- You may purchase one additional ticket (at the higher guest price) for each member ticket purchased (provided the member is present).
- Any person purchasing tickets will only be allowed to purchase a maximum of two tickets per person per event regardless of member/ guest status.
- When purchasing tickets, indicate the full name, birth date and phone number of guest.
- Non-members may purchase tickets, based on availability, at a later date.
 Check with the front desk for open sale dates.
- If you purchase a ticket and later sell or give it to someone, you must contact a Senior Center staff member to make a name change on our roster.
- If you require wheelchair accommodations for a trip, you must inform us at sign up time. (Be sure this is noted on your registration form)
- When you are called about a food choice for a trip, you must return the call within 2-3 days; otherwise a choice will be made for you. No changes can be made seven days prior to the trip or at the restaurants.
- Trips departing before 3:30 pm leave from the Civic Center East (Pool) parking lot. Please do not park in restricted areas.
- A group leader is available on most trips. In their absence, the bus driver will act as group leader. The group leader checks all participants in and assists in providing you with the best possible experience.
- Please occupy the same bus seat on the way to and from an event.
- Refund Policy: The City reserves the right to retain fees to cover expenses non-refundable to the City.
- If a minimum number of people are not reached, the program may be canceled.
- A \$5 Transportation fee is added to all trip prices.

Computer

Scrap booking

Scrap booking

Journey

Digital

Digital



SPECIAL INTEREST CLASSES

Art, Crafting, and Computer Classes						
Class	Day, Date	Time	Register by	Fee	Activity#	
Quilting Corner	M, Apr - Jun*	10:00 am - 2:00 pm	Now	Free	480828-A	
Quilting Corner	M, Apr - Jun*	2:30 am - 5:30 pm	Now	Free	480829-A	
Knitting & Crochet	TU, Apr - Jun	10:00 am -12:00 pm	Now	Free	480828-A	
Coloring with the Classics	SA, Apr - Jun	9:00 am - 10:00 am	Now	Free		
Photography Workshop	SA, 4/6 - 5/11	10:00 am - 12:00 pm	Now	\$30/ \$32	480833-A	
Card/Paper Crafting	W, Apr - Jun	10:00 am - 12:00 pm	Now	Free	480806-A	
Cut and Chat	TH, Apr -Jun***	10:00 am - 1:00 pm	Now	Free	N/A	
Bag-Making Workshop	SA, 4/13	9:30 am - 12:30 pm	Now	\$5/ \$7	480830-A	
Bag-Making Workshop	SA, 4/20	9:30 am - 12:30 pm	Now	\$5/ \$7	480830-В	
Bag-Making Workshop	SA, 5/4	9:30am - 12:30pm	4/3	\$5/ \$7	480830-C	
Bag-Making Workshop	SA, 5/18	9:30 am - 12:30 pm	4/3	\$5/ \$7	480830-D	
Bag-Making Workshop	SA, 6/8	9:30 am - 12:30 pm	5/1	\$5/ \$7	480830-Е	
Bag-Making Workshop	SA, 6/22	9:30 am - 12:30 pm	5/1	\$5/ \$7	480830-F	
Computer Journey	TU/TH, 4/23 - 5/30	9:30 am - 10:30 am	Now	\$5/ \$10	480802-A	

Quilting Corner: *No class on 5/27 (Memorial Day).

TU/TH,

6/11-7/23 TU/TH,

4/23 - 5/30

6/11 - 7/23

TU/TH,

Cut and Chat: ***3rd Thursday of each month will be at 11:30 am.

Computer Journey / Digital Scrap booking: *No Class on 7/4 (Independence Day).

9:30 am - 10:30 am

11:00 am - 12:00 pm

11:00 am - 12:00 pm

5/1

Now

5/1

480802-B

480803-A

480803-B

\$5/ \$10

\$5/

\$10

\$5/

\$10

Beading Classes						
Class	Day, Date	Time	Register	Fee	Activity #	
Project TBA	M,4/1-4/29	10:30 am - 12:00 pm	Now	Free	480814-A	
Project TBA	M,5/6-5/20	10:30 am - 12:00 pm	4/1	Free	480814-B	
Project TBA	M,6/3-6/24	10:30 am - 12:00 pm	5/6	Free	480814-C	
Open Beading	M, Ongoing*	12:30 pm - 2:30 pm	Walk-in	Free		
Sewing Creations	TU, Ongoing	1:00 pm - 3:00 pm	Walk-in	Free		
Open Stitchery	TH, Ongoing	6:30 pm - 8:00 pm	Walk-in	Free		

Join us for a Beginners Beading Class lead by Lazira Amar. Learn a new project each month. A list of materials will be available at the front desk. You must bring your supplies to the class. Senior Center membership required. *No class on 5/27 (Memorial Day).

Book/Discussion Groups							
Class	Day, Date	Time	Register by	Fee	Activity #		
Let's Talk Discussion Group	W, Ongoing	1:00 pm - 2:00 pm	Walk-in	Free			
Life Changes	W, Ongoing	2:30 pm - 3:30 pm	Previous Month	Free			
Book Club	F, 4th Fri of month	12:00 pm - 1:00 pm	Previous Month	Free			

For current book titles check the Senior Center calendar. Must sign up at the front desk.

Latin Dance W, Apr 11:00 am - 12:00 pm No	w \$12/\$14 480864-A
W, May 11:00 am - 12:00 pm 4/3	3 \$15/\$17 480864-B
W, Jun 11:00 am - 12:00 pm 5/1	\$12/\$14 480864-C

Classes taught by Lidia Dumenigo, a NDTA Certified Latin and Ballroom Teacher and graduate from the Conservatory of the Performing Arts in Madrid, Spain. Learn the fundamentals of a variety of dances such as the Rumba, Salsa & Cha Cha. For more information, call (954) 439-5899.

Line Dancing	TU, Ongoing	10:00 am - 11:15 am	Walk-in	Free		
	TH, Ongoing	10:00 am - 11:00 am	Walk-in	Free		
Classes are taught by volunteer instructor Larry Brancheau, and assisted by volunteer						
Shirley Scrop.						

Monday Mixer	M, Weekly	1:30 pm - 3:30 pm	Walk-in	Free		
Live entertainment and refreshments provided weekly. Senior Center membership card						
must be shown for	admission to the a	lance.				

Scottish Dancing	TU, Weekly	7:00 pm - 9:00 pm	Walk-in	Free		
Sent - July Learn the traditional dances of Scotland. No experience or partner required						

English Language Classes - ESOL Beginners ESOL W, 2:00 pm - 3:30 pm Now \$5/\$10 380817-B 3/27 - 5/1 Int/Adv ESOL 380821-B 6:15 pm - 7:45 pm Now \$5/\$10 3/25 - 4/29 Join instructor Bruce Fraser and learn how to improve your English during these six-

week courses. You may only register for one course at a time, either Beginners ESOL or Int/Adv ESOL. You cannot be registered for both.

Conversation- al English Workshop	M-TH, 4/8 - 4/11	3:45 pm - 5:45 pm	Now	\$5/\$10	480868-A
	M-TH, 5/13 - 5/16	3:45 pm - 5:45 pm	4/3	\$5/\$10	480868-B
	M-TH,	3:45 pm - 5:45 pm	5/1	\$5/\$10	480868-C

Conversational English Workshops are taught by volunteer instructor Don Pedro Guerad.

Games/M	Games/Movies					
Billiards Lesson	TH, Ongoing	11:00 am - 1:00 pm	Walk-in	Free		
Open Game Room	M - TH, Ongoing	8:30 am - 9:00 pm	Walk-in	Free		
	F, Ongoing	8:30 am - 4:30 pm	Walk-in	Free		
	SA, Ongoing	8:30 am - 1:00 pm	Walk-in	Free		
Open Mah Jongg	TU, Ongoing	9:00 am - 12:00 pm	Walk-in	Free		
Bingo	F, Ongoing	1:00 pm - 2:30 pm	Walk-in	Free		
Classic Movies	M, Ongoing	11:00 am Start time	Walk-in	Free		
New Release Movies	TU, Ongoing	11:30 am Start time	Walk-in	Free		

Billiards is taught by volunteer instructor Robb Timm. Enjoy pool tables, darts, and good company! All participants must be current Senior Center members. Current Senior Center membership card must be shown to play.

Music Classes

Choral F, Apr - June 11:30 am - 1:00 pm Now Free **480878-A**

Come out and lend your voices to this amazing group, led by instructor Cari Barter. Senior Center membership required.

Music Jam M, Apr - June 4:00 pm - 5:00 pm Now Free Section

Do you play an instrument, or even have an instrument that you are learning how to play? Would you like to jam out with others and have fun? If you do, then this activity is for you! Join instructor Cari Barter, and learn how to infuse your talent with others around you. You will need to bring your own instrument. Senior Center membership required.

Senior Cooking Club

Class	Day, Date	Time	Register by	Fee	Activity#
Apr – Spring is In the Air	4/26	10:00 am - 1:00 pm	Now	\$6/\$8	480816-A
May – Ultimate Appetizers	5/24	10:00 am - 1:00 pm	4/3	\$6/\$8	480816-B
Jun - TBD	6/28	10:00 am - 1:00 pm	5/1	\$6/\$8	480816-C

If you have a love for food, join us for this exciting class where you will be able to learn how to cook some unique dishes in a fun environment. Cooking tips, plating and presentation will all be discussed. Each month will focus on a different menu that we will get to enjoy.

SENIOR FITNESS CLASSES

Senior Center exercise classes are being offered as "Drop In" programs with no registration required. However, Senior Center membership is still required to participate in ALL exercise programs. Please see below for a list of "Drop In" programs and their dates and times. Remember to please be on time for all instructor-led programs, as it is disruptive to enter after the class has started. Also listed are classes requiring registration. These classes are subject to change if a live instructor becomes available.

Aqua Fitness

Month	Day	Time	Register by	Fee	Activity #
Apr -Jun	TU/TH*	9:00 - 9:45 am	Now	Free	480891-A

A fun and energetic workout in the pool combining cardio with strength building and increased flexibility. Senior Center membership required. *No class on 4/18

Flex and Stretch with Darius

Month	Day	Time	Register by	Fee
Apr	W	5:00 pm - 5:45 pm	N/A	Free
	*TH	9:30 am - 10:15 am	N/A	Free
May	*W	5:00 pm - 5:45 pm	N/A	Free
	TH	9:30 am - 10:15 am	N/A	Free
Jun	W	5:00 pm - 5:45 pm	N/A	Free
	TH	9:30 am - 10:15 am	N/A	Free

This class offers a perfect blend of gentle movements, dynamic stretches, and muscle and joint flexibility exercises for individuals of all fitness levels. Classes are being offered as "Drop In" with no registration required, however **Senior Center membership is still required to participate.** *No class on 4/18, 5/1, 5/8, 5/15

Firm and Burn/Tone Every Zone

Day	Time	Fee	Format
TU	2:00 pm - 3:00 pm	Free	DVD

Senior Center membership is required. Maximum 20 students per class.

Full Body Cardio with Rosie

Month	Day	Time	Register by	Fee	Activity #
Apr	M*	6:30 - 7:30 pm	Now	\$15/\$17	480856-A
May	М	6:30 - 7:30 pm	4/3	\$9/\$11	480856-B
Jun	М	6:30 - 7:30 pm	5/1	\$12/\$14	480856-C

These classes, taught by instructor Rose Michaelson, incorporate aerobics, yoga and strength training to help you to stay fit in a fun environment. *No class on 5/27.

Senior Bowling

Month	Day	Time	Register by	Fee Activity #	
9/20 - 6/5	W	10:00 am - 12:30 pm	Call Now	Free	180854-A

League plays at Strikers Lanes. Lane fees are paid to Strikers the day of play. All players must be registered members of the Sunrise Senior Center and must sign up for the league prior to play. Call (954) 749-1400 for information and available space.

Step Up to Fitness With Rosie

Month	Day	Time	Register by	Fee	Activity #
Apr	SA	10:15 - 11:15 am	Now	\$12/\$14	480852-A
May	SA	10:15 - 11:15 am	4/3	\$12/\$14	480852-B
Jun	SA	10:15 - 11:15 am	5/1	\$15/\$17	480852-C

Classes taught by instructor Rose Michaelson. Step Up to Fitness incorporates Step Aerobics, dynamic stretches and strength training to help you to stay fit in a fun environment. Program sponsored by Humana.

Tai Chi

1011 0111				
	Month	Day	Time	Fee
Beginners Tai Chi	Apr	TH	5:00 pm - 5:45 pm	Free
Int and Adv Tai Chi		TH	6:00 pm - 6:45 pm	
Beginners Tai Chi	May	TH	5:00 pm - 5:45 pm	Free
Int and Adv Tai Chi		TH	6:00 pm - 6:45 pm	
Beginners Tai Chi	Jun	TH	5:00 pm - 5:45 pm	Free
Int and Adv Tai Chi		TH	6:00 pm - 6:45 pm	

Tai Chi is a great way to improve your balance and help prevent falls. We now have a live Instructor from the Area Agency on Aging of Broward County (AAABC) and classes are being offered as a "Drop In" program, with no registration required, however **Senior Center membership is still required to participate. Maximum 24 students per class.**

Total Body Fitness With Alli

Month	Day	Time	Register by	Fee	Activity #
Apr	М	9:45 am - 10:45 am	Now	\$15/\$17	480870-A
	F	9:30 am - 10:30 am	Now	\$12/\$14	480870-B
May	M*	9:45 am - 10:45 am	4/3	\$9/\$11	480870-C
	F	9:30 am - 10:30 am	4/3	\$15/\$17	480870-D
Jun	М	9:45 am - 10:45 am	5/1	\$12/\$14	480870-E
	F	9:30 am - 10:30 am	5/1	\$12/\$14	480870-F

Experience a blend of heart health, strength training, cardio and balance exercises in this totally invigorating and energizing new program featuring upbeat music. Stay fit and have fun! Chair modifications available. **Senior Center membership is required.**Maximum 24 students per class. *No class on 5/27.

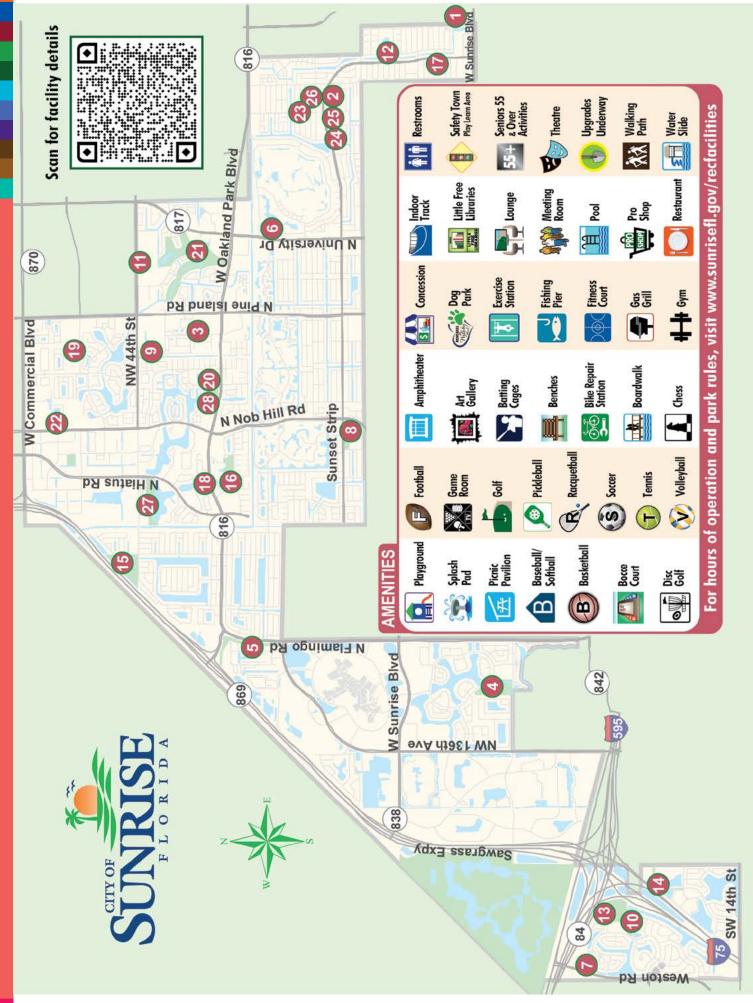
Walk Your Way To Health

Day	Time	Fee	Format
TU	11:00 am - 12:00 pm	Free	DVD
W	9:45 am – 10:45 am	Free	DVD
F	11:15 am – 12:15 pm	Free	DVD

Senior Center membership is required. Maximum 20 students per class.

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Classes taught by a certified instructor. Classes are being offered as "Drop In" with no registration required; however, **Senior Center membership is still required to participate. Maximum 20 students per class.** An additional waiver is required to participate in this program.



MAP OF LEISURE SERVICES AMENITIES

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Corner of 12th Street & NW 58th Terrace	6600 Sunset Strip	9020 NW 38th Street	12855 NW 8th Street	Flamingo Road between Panther Pkwy & West Oakland Park Boulevard	3000 Sunrise Lakes Drive, West	60 Weston Road	10200 Sunset Strip	9220 NW 44th Street	200 North New River Circle	8000 NW 44th Street -	1720 NW 60th Avenue	237 North New River Circle	Shotgun Road, between SW 1 Street & SW 148th Avenue	11501 NW 44th Street	10610 West Oakland Park Bouleva	1277 Sunset Strip	10650 West Oakland Park Boulevard	9101 NW 50th Street	9605 West Oakland Park Boulevard	8150 Springtree Drive – 18-hole executive course	5400 N Nob Hill Road	6767 NW 24th Street	6800 Sunset Strip Sunrise	2240 NW 68th Avenue	6601 Sunset Strip	11100 NW 44th Street
(954) 747-4600 NW 58th Terrace	(954) 747-4600 6600 Sunset Strip	(954) 747-4600 9020 NW 38th Street	(954) 747-4600 12855 NW 8th Street	(954) 747-4600 & West Oakland Park Boule	(954) 747-4600 3000 Sunrise Lakes Drive, W	(954) 747-4600 60 Weston Road	(954) 747-4600 10200 Sunset Strip	(954) 747-4600 9220 NW 44th Street	(954) 747-4600 200 North New River Circle	(954) 747-4600 8000 NW 44th Street —	(954) 572-2460 1720 NW 60th Avenue	(954) 747-4600 237 North New River Circle	(954) 747-4600 Shotgun Road, between SW 14th Street & SW 148th Avenue	(954) 747-4604 11501 NW 44th Street	(954) 747-4600 10610 West Oakland Park Boulevard	(954) 747-4600 1277 Sunset Strip	(954) 746-3670 10650 West Oakland Park Boule	(954) 747-4600 9101 NW 50th Street	(954) 572-2286 9605 West Oakland Park Boule	(954) 572-2270 8150 Springtree Drive – 18-hole executive course	(954) 747-4600 5400 N Nob Hill Road	(954) 572-2480 6767 NW 24th Street	(954) 747-4600 6800 Sunset Strip Sunrise	(954) 747-4601 2240 NW 68th Avenue	(954) 747-4600 6601 Sunset Strip	(954) 747-4600 11100 NW 44th Street
															Sunrise Civic Center & (954) 747-4600 10610 West Oakland Park Bouleva			(954) 747-4600	Club (954) 572-2286		(954) 747-4600				(954) 747-4600	



Facility, Pavilion, and Field Rentals

Are you planning a wedding, a birthday party, or a corporate meeting? Consider hosting your special event at one of the City's many facilities. We offer a range of locations, from open-air picnic pavilions and athletic fields to meeting halls.

Options include:

ATHLETIC FACILITY RENTALS

Indoor Basketball Gyms – Sunrise Civic Center, Sunrise Athletic Complex (SAC) and Village Multipurpose Center.

Outdoor Athletic Facilities, such as sports/multipurpose fields and covered outdoor basketball courts – City Park, Flamingo Park, Nob Hill Soccer Club Park, Oscar Wind Park, Piper Field, Sunrise Athletic Complex (SAC), Sunrise Sportsplex and Welleby Park.

PICNIC PAVILIONS

Pavilions are available in various sizes, accommodating 15 to 80 guests. Many locations also offer gas grills. Pavilions are located at:

- City Park
- Cypress Preserve Park
- Oak Hammock Park
- Oscar Wind Park
- Sawgrass Sanctuary
- Welleby Park

MEETING ROOMS AND HALLS

Indoor space is available for civic groups and families. Not all meeting rooms are equipped with kitchens; however, food, beverages and catering are allowed. Locations include:

- Flamingo Park
- New River Civic Center
- Nob Hill Soccer Club Park
- Village Civic Center
- Welleby Park
- Sunrise Athletic Complex

THEATRE

The 296-seat Sunrise Civic Center Theatre may be rented for performances and events.









REGISTER TODAY: Proof of residency is required each time you register for a sport or activity. Registration forms without proper proof of residency and a copy of birth certificate (if applicable) will not be accepted. Remember to apply multiple child discount to fees, if appropriate.

Please contact me regardin	g youth athlet	ics voluntee	r coaching	opportu	ınities.				
PARTICIPANT INFORMATION	Please print in ink	and fill out co	mpletely		Have	e you registered	l for a recreation activi	ty before? Yes	No
Parent/Legal Guardian's Name									
Relationship to Participant	Mother	Father	Court Ap	pointed	Legal G	uardian			
Home Phone		Work Ph	ione				Cell Phone		
Street Address									
City					Stat	:e	Zip Code		
Email Address							es, please use this email address vent information. I understand th		
Secondary Guardian's Name									
Relationship to Participant	Mother	Father	Court Ap	pointed	Legal G	uardian			
Home Phone		Work Ph	ione				Cell Phone		
Street Address									
City					Stat		Zip Code	to provide me with City of S	unrise program and
Email Address							vent information. I understand th		
PARTICIPANT NAME	DATE	OF BIRTH	GRADE	AGE	SEX	ACTIVITY		ACTIVITY#	FEE
			T	T	T				
FOR CAMP/DAYS OFF ONLY: A	AUTHORIZED First Name		RSONS (O	ther than Cell P		Guardians)	Home I	Phone	
	_			$\overline{}$					
EMERGENCY CONTACT (Oth	er than parent/gu	ardian. To be c	ontacted in t	he event t	hat parei	nt/guardian list	ted above cannot be red	ached.)	
Emergency Contact				Rela	tionship	to Participa	nnt		
Home Phone		Work Ph	none		-		Cell Phone		
Allergies or medications (specify	which child)								
CREDIT CARD / GIFT CARD PA	YMENT								
MasterCard Visa Disc	over AmEx	K Exp.	Date	// /		Card#			
CVV# Signature	as it appears o								
la	gree to pay the al	oove amounts l	listed as credi	t card cha	rges acco	ording to credit	card user agreements.		
9-Digit Gift Card #				6-Digi	t Gift C	ard PIN (Lett	ers & Numbers)		
RELEASE INFORMATION & RE	FUND POLICII	ES							
• The Release and Waiver on the									
 Refunds for one-day programs start of the activity. Refunds w 									
attendance has met or exceede									

PLEASE NOTE: FLORIDA PUBLIC RECORDS LAW REQUIRES THAT ALL INFORMATION – INCLUDING E-MAIL ADDRESSES – RECEIVED IN CONNECTION WITH CITY BUSINESS BE MADE AVAILABLE TO ANYONE UPON REQUEST, UNLESS THE INFORMATION IS SUBJECT TO A

SPECIFIC STATUTORY EXEMPTION. PLEASE SEE REVERSE FOR REQUIRED RELEASE AND WAIVER.

WAIVER, RELEASE OF LIABILITY AND INDEMNIFICATION FOR ADULTS AND MINORS

NOTICE TO THE MINOR CHILD'S NATURAL GUARDIAN

READ THIS FORM COMPLETELY AND CAREFULLY. YOU ARE AGREEING TO LET YOUR MINOR CHILD ENGAGE IN A POTENTIALLY DANGEROUS ACTIVITY. YOU ARE AGREEING THAT, EVEN IF THE CITY OF SUNRISE, ITS DEPARTMENTS, EMPLOYEES, OFFICIALS, COACHES, VOLUNTEERS AND AGENTS (HEREINAFTER "RELEASED PARTIES") USE REASONABLE CARE IN PROVIDING THIS ACTIVITY, THERE IS A CHANCE YOU OR YOUR CHILD MAY BE SERIOUSLY INJURED OR KILLED BY PARTICIPATING IN THIS ACTIVITY BECAUSE THERE ARE CERTAIN DANGERS INHERENT IN THE ACTIVITY WHICH CANNOT BE AVOIDED OR ELIMINATED. BY SIGNING THIS FORM YOU ARE GIVING UP YOUR CHILD'S RIGHT AND YOUR RIGHT TO RECOVER FROM RELEASED PARTIES IN A LAWSUIT FOR ANY PERSONAL INJURY, INCLUDING DEATH, TO YOU OR YOUR CHILD OR ANY PROPERTY DAMAGE THAT RESULTS FROM THE RISKS THAT ARE A NATURAL PART OF THE ACTIVITY. YOU HAVE THE RIGHT TO REFUSE TO SIGN THIS FORM, AND RELEASED PARTIES HAVE THE RIGHT TO REFUSE TO LET YOU OR YOUR CHILD PARTICIPATE IF YOU DO NOT SIGN THIS FORM.

I, the undersigned, as the undersigned and/or as the parent or legal guardian of the minor child ("my child") named below, do hereby give my full consent and approval for me or my child to participate as a member of the City of Sunrise's Recreation Programs.

I understand that there are certain risks of damages and injuries, including death, inherent in the City of Sunrise's Recreation Programs, as well as in traveling and in other related activities incidental to my or my child's participation, and I am willing to assume these risks on behalf of myself or my child. These risks include, but are not limited to, those hazards associated with weather conditions, travel, playing conditions, equipment and other participants.

I understand that there is inherent risk in Recreation Programs and that inherent risk means those dangers or conditions, known or unknown, which are characteristic of, intrinsic to, or an integral part of the activity; and that the term "inherent risk" further includes, but is not limited to: (1) the failure by the Released Parties to warn me or my child of an inherent risk, and (2) the risk that someone may act in a negligent or intentional manner and contribute to the injury or death of me or my minor child.

Further, I agree that in consideration for my or my child's participation in the City of Sunrise Recreation Programs, I hereby waive, release, discharge and agree not to sue the City of Sunrise, its departments, employees, officials, coaches, volunteers and agents ("Released Parties"), for any and all causes of actions, claims or damages arising out of or resulting from my or my child's participation in this activity, including but not limited to damages, injuries, or death arising out of the negligence of Released Parties or otherwise. I agree that for me or my child to participate in the activity, I assume full responsibility for any loss of property, accident, bodily injury, or death as a result of my or my child's participation in this activity.

I hereby permit the City of Sunrise to use or distribute any or all still and/or moving images in which I or my child appear for any use including, but not limited to: video, Web, print and multimedia applications; training or other instructional materials; advertising, commercials or other promotional materials; and other forms of media, without compensation. Any image (s) created shall be the property of the City of Sunrise.

I hereby give permission for me or my child to receive necessary medical treatment.

I further agree on behalf of myself and my child listed below, that I shall hold harmless and fully indemnify and defend the Released Parties from any and all causes of action, claims, damages, costs including but not limited to attorney's fees and costs, which may arise from any cause of action made by me or by, through or on behalf of me or my child, even if the damages, injuries or death are caused in whole or in part by the negligence of the Released Parties.

I acknowledge (a) that I have read (or have had read to me) each and every one of the provisions in this waiver, release of liability and indemnification agreement, (b) that I understand each of the provisions in this agreement and (c) that I agree to abide by them.

PRINT NAME OF MINOR CHILD	PRINT NAME OF LEGAL GUARDIAN OR ADULT PARTICIPANT
ADDRESS	SIGNATURE OF LEGAL GUARDIAN OR ADULT PARTICIPANT
	DATE:

REGISTRATION INSTRUCTIONS

- REGISTER ONLINE AT www.sunrisefl.gov OR USE ONE FORM TO REGISTER: Please print in ink or type. Make sure you fill out the registration form and waiver completely. Incomplete forms will be returned, and could delay your registration process. You may make additional photocopies of the form to submit if necessary.
- 2. HOUSEHOLD IDENTIFICATION #: The Leisure Services Department has implemented a computerized registration process. If you have registered for any previous programs, your family was assigned a "Household Identification #." This number can be found on the receipt you received. Please write this number on your registration form. This will greatly speed up the registration process and improve the accuracy of your registration.
- 3. SUNRISE RESIDENTS RECEIVE SIBLING DISCOUNTS FOR YOUTH SPORTS PROGRAMS: Fee is for the first child; residents receive a 10% reduction for the second child, 15% for the third child, 20% for the fourth child, 25% for fifth child and an additional 5% cumulative reduction for each successive child.
- 4. LIST THE APPROPRIATE ACTIVITY NUMBER ON YOUR REGISTRATION FORM. Refer to the activity listing for the proper activity number.
- 5. DO NOT SEND CASH! Make checks or money orders payable to the City of Sunrise or complete credit card information on your registration form. Payment in full is required with each registration. (There is a \$20 or 5% charge whichever is greater for all checks not honored for any reason by the bank). Payment by check will only be accepted if received three (3) weeks prior to the activity.
- 6. PROOF OF RESIDENCY/AGE IS REQUIRED. Each time you register for a sport or activity, you must provide proof of residency as specified in the table on the right in order to qualify for the discounted Sunrise resident rate. You must also provide a copy of each child's birth certificate as proof of age if this is their first time participating in a Sunrise sports activity or other activity.

7. SIGN AND DATE THE BOTTOM OF THE FORM. Send: 1) Completed registration form; 2) check or money order; 3) proof of residency; and 4) a copy of each first-time participant's birth certificate to:

City of Sunrise Leisure Services Department Attn: Registration Civic Center & Athletic Club 10610 West Oakland Park Blvd. Sunrise, Florida 33351

Call (954) 747-4600 with any questions.

Proof A or	ONE Document* from Category A: Mortgage Statement Utility Bill: Water, Cable, FPL, or Internet Printout from the Broward County Property Appraiser website (BCPA.net) Don't have Proof A? Provide Proof B	
Proof B or	TWO Documents* from Category B: Car registration Car insurance Tax return / tax assessment Don't have Proof A or Proof B? Provide Proof C	
Proof C	THREE Documents* from Category C: Bank statement Paystub Credit card statement Lease agreement Medical bill Toll bill Cell phone bill Insurance policy Student loan Driver license or State-is: photo ID with Sunrise add	
	rs cannot be more than two months older than the date on which as proof of residency.	they are



Leisure Services Gift Cards Available for Purchase

Give the gift of a great experience! The City's new Leisure Services Gift Cards can be used for our classes, sports registrations, admission fees, Theatre shows – virtually any Leisure Services program – just like other payment methods.

Leisure Services Gift Cards are available in any denomination, up to \$100. They can be purchased in person only (no phone or mail orders, please) using cash or a credit card.

Points of purchase include:

- Leisure Services Administrative Office 10610 West Oakland Park Boulevard, 2nd Floor
- Sunrise Civic Center Athletic Club –
 10610 West Oakland Park Boulevard. 1st Floor
- Sunrise Senior Center 10650 West Oakland Park Boulevard
- Sunrise Athletic Complex (SAC) 11501 NW 44th Street
- Village Multipurpose Center 2240 NW 68th Avenue
- Sunrise Tennis Club 9605 West Oakland Park Boulevard
- The Bridges at Springtree Golf Club 8150 Springtree Drive



Leisure Services Gift Cards do not expire, and they cannot be reloaded. The City of Sunrise is not responsible for cards that are lost, stolen, destroyed, or used without permission. Redemption of gift cards is subject to change at the City's sole discretion. For more information, please call (954) 747-4600.



Leisure Services Department 10610 West Oakland Park Boulevard Sunrise, FL 33351

Phone: (954) 747-4600

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Residential Customer Sunrise, Florida

YOUR SUNRISE CITY COMMISSION



Mayor Michael J. Ryan



Deputy Mayor Joseph A. Scuotto



Assistant Deputy Mayor Neil C. Kerch



Commissioner Mark A. Douglas



Commissioner Jacqueline A. Guzman

THIS SEASON IN SUNRISE

APRIL

- 5 Opening Reception: Terry Arroyo Mulrooney "The Natural Beauty of Florida" Civic Center Art Gallery, 6:00 pm
- 6 Earth Day Festival Sawgrass Sanctuary, 10:00 am - 1:00 pm
- 12 Tunes 'N Trucks Soul Circus Cowboys (Country) Sunrise Athletic Complex (SAC), 6:00 pm
- 13 Autism Swims Pre-registration required Civic Center Aquatics Center, 10:00 am - 12:00 pm
- 17 Louder Than A Bomb Florida Indy Finals Civic Center Theatre, 6:30 pm
- **18** Douglas, La Noche del Bolero Civic Center Theatre, 7:00 pm
- 21 Three Mess-keteers
 Civic Center Theatre, 2:00 pm
- 26 "Lyrical Lounge" Teen Workshop & Open Mic Civic Center Theatre, 6:00 pm
- 27 Community Resource Fair City Park, 11:00 am - 2:00 pm
- 27 Brazilian Voices: Jazz Across Cultures Civic Center Theatre, 7:00 pm

MAY

- 3 Family Dance Civic Center - Grand Ballroom, 7:00 pm - 8:30 pm
- 4 Disney's Newsies JR.
 Civic Center Theatre, 8:00 pm
- 5 Disney's Newsies JR. Civic Center Theatre, 1:00 pm & 5:30 pm
- 10 Tunes 'N Trucks Havoc 305 (Rock) Sunrise Sportsplex, 6:00 pm
- 11 "Champions of Chess" Student Tournament Sunrise Athletic Complex (SAC), 8:30 am 3:00 pm
- 18 Into the Woods
 Civic Center Theatre, 7:00 pm
- 19 Into the Woods
 Civic Center Theatre, 1:00 pm & 6:30 pm
- 27 Memorial Day Ceremony Civic Center Theatre, 9:00 am
- 30 Celebration of Ballet Civic Center Theatre, 7:00 pm
- 31 Lyrically Speaking: Voices In Time Civic Center Theatre, 7:00 pm

JUNE

- 7 Opening Reception: Sunrise Senior Center Patrons Civic Center Art Gallery, 6:00 pm
- 8 Legally Blonde The Musical Civic Center Theatre, 2:00 pm & 7:00 pm
- 9 Legally Blonde The Musical Civic Center Theatre, 2:00 pm
- 14 Tunes 'N Trucks
 Krush Party (Motown/R&B)
 Juneteenth Celebration
 City Park. 6:00 pm
- 22 The Little Mermaid [2023]
 Family Movie and Poolside Meet & Greet
 Civic Center Theatre, 10:00 am
 Poolside Meet & Greet at 9:00 am
- 23 Rapunzel
 Civic Center Theatre, 2:00 pm
- 28 "Lyrical Lounge" Teen Workshop & Open Mic Civic Center Art Gallery, 6:00 pm

SCAN QR CODE

sunrisefl.gov/events

