HORIZONS

CITY OF SUNRISE EVENT & ACTIVITY GUIDE

JANUARY | FEBRUARY | MARCH | 2024



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Vendors and Speakers
Wanted for

WORLD HEALTH DAY

World Health Day is an annual event that draws attention to global health priorities. The Sunrise Athletics Complex Multipurpose Building (11501 NW 44th St) will host a free World Health Day event on Friday, April 5, from 9:00 am

to noon. Vendors and speakers interested in providing health-related information are invited to participate.

For more information, please call (954) 746-3670

STAY CONNECTED



www.sunrisefl.gov







@cityofsunrise

Horizons is now color coded by section! As you flip through our updated layout, be sure to explore the new map of Leisure Services facilities and amenities on page 34.

ADA Notice

The City of Sunrise is an equal opportunity agency and does not discriminate with regard to its services, programs and activities regardless of race, color, religion, national origin, sex, age or physical or mental abilities. Any person who believes he or she has a disability and requires an accommodation in order to participate in any of our programs, please call (954) 747-4600 as early as possible so that we may have adequate time to ensure an accommodation by the start date.

It's Easy to Register for Leisure Services Programs! Here's How:

Online at www.sunrisefl.gov/registration.html

• Have your Household Number handy, along with a Visa, MasterCard, American Express or Discover card

In Person at the Sunrise Civic Center, 10610 West Oakland Park Boulevard

- In the Leisure Services office (second floor), weekdays from 9:00 am to 5:30 pm
- In the Athletic Club (first floor), weekdays from 6:30 am to 9:00 pm and weekends from 8:00 am to 7:00 pm

The City of Sunrise is represented by (left to right):

Deputy Mayor Joseph A. Scuotto;

Commissioner Mark A. Douglas;

Mayor Michael J. Ryan;

Assistant Deputy Mayor Neil C. Kerch;

Commissioner Jacqueline A. Guzman

A MESSAGE FROM THE MAYOR

As we begin a new year, we each reflect on 2023 and look forward to the possibilities of 2024. For us as a City, we reflect on our City's recent accomplishments, remain open to areas in which we can improve our services and customer service, and look forward to what is yet to come.

In 2023, we opened the doors to our new City Hall, which brings together most of our departments under one roof. Residents can now complete a variety of transactions—such as opening a utilities account, applying for a building permit, or interviewing for a City job—in one convenient location. In addition, Sunrise employees can better collaborate, which helps streamline the workflows that our customers rely on each day. Stay tuned to our website, sunrisefl.gov, as well as our Instagram and Facebook accounts, for an announcement regarding a **Grand Opening Celebration at City Hall**. Whether you've already visited the new City Hall or you haven't yet been inside, you won't want to miss it!

While we're excited to see how the municipal campus will continue to transform in the coming months, we also recognize the challenges that always come with growing pains and remodeling, including impact on parking. Thankfully, our City staff are making plans to adjust our parking plans for events to try to ease the burden on everyone. Most importantly, a parking garage is being built on the site of the old City Hall, and our very successful amphitheater is being expanded to feature a great lawn. These enhancements will make it easier

to access City services and amenities and make our events and entertainment even more spectacular.

The City is partnering with residents on several important new initiatives, including the development of a **Public Art Master Plan** that will reflect our vibrant community. Visit www.sunrisefl.gov/publicart for updates. We hope you'll also participate in our comprehensive strategic planning process, **Imagine Sunrise 2041: Lighting Our Path Together**. See the box below for information!

As always, the City has an array of great programs planned. Check out this issue of Horizons for details about our weekend of arts and culture in celebration of Martin Luther King, Jr. (January 13-14, Civic Center), as well as Woofstock (February 3, Pawgrass at Welleby Park), Sunrise Comic Con (March 2, Civic Center), Taste of Sunrise (March 13, Civic Center), and so much more.

You can keep track of these important dates with a copy of our free **2024 calendar**, featuring chess-themed artwork from students in Sunrise schools. Pick one up at City Hall or the Sunrise Civic Center.

On behalf of my colleagues on the Sunrise City Commission and our entire City team, I wish you a New Year of peace, prosperity, health and happiness!

Michael J. Ryan, Mayor



Imagine Sunrise 2041: Lighting Our Path Together

The City of Sunrise is embarking on a comprehensive Strategic Planning Process that will enable us to evaluate the City's current path, as well as our path forward. Residents and business owners will be invited to share input via surveys and community visioning sessions that will help shape the future of our great City.

Our **Strategic Planning Process** is called Imagine Sunrise 2041: Lighting Our Path Together. Perspective gathered during this process will form the basis of a new Strategic Plan document that will guide Sunrise's priorities as we head toward a significant milestone: our City's 80th anniversary in 2041. Please stay informed about participation opportunities by visiting sunrisefl.gov/source and signing up to receive our weekly Sunrise Source email newsletter.

Keep Palm and Carry On

rees do more than provide shade—they also protect the quality of our air and water, make our coastline more resilient against storm impacts, and provide food and shelter for species important to our ecosystem. The right tree in the right place can also help to increase home values.

IF YOU ARE CONSIDERING A TREE FOR YOUR YARD, it's hard to imagine a more "Florida" species than a palm! With our warm climate and abundant rainfall, we have the perfect environment for palms. However, while there are more than 2,000 palm species, only 12 types of palm trees are native to Florida. These include:

- Buccaneer Palm
- Everglades Palm
- Florida Silver Palm
- Key Thatch and Florida Thatch Palms
- Needle Palm
- Roval Palm
- Sabal Palm (aka Cabbage Palm)
- Saw Palmetto

When enhancing your yard, it's important to select trees and plants that will thrive. By choosing native and Florida-friendly species that are well-suited to their location—factoring in your yard's light, soil, moisture level and other conditions—you'll have a healthier landscape that doesn't require much maintenance.

PRO TIP: If you plant palms in your yard, be careful not to over prune them. Harsh pruning removes not only dead fronds but lower, healthy green ones. Because the green leaves produce food for the palm via photosynthesis, removing them reduces the palm's source of nutrients and may stunt its growth. Undernourished palms are prone to develop weakened and unattractive bottleneck trunks, making them much more susceptible to wind damage.

Looking for additional resources? Save the date for the City's next plant giveaway, happening on Saturday, April 6, at Sawgrass Sanctuary (237 N New River Circle) as part of our annual Earth Day Festival. Until then, visit sunrisefl.gov/green and sign up for the Good and Green email newsletter, produced by the Sustainability team at Sunrise Utilities.

FIND OUT MORE!

For additional resources, visit Sunrise's Tree City USA webpage at www.sunrisefl.gov/green.



The Sabal palm is the official state tree of Florida. It's a nectar plant for the Eastern Pygmy Blue and Southern Hairstreak butterflies, one of top three shelter species for migratory birds, and a roosting habitat for yellow bats.



HOUSEHOLD HAZARDOUS WASTE DISPOSAL: Drop-off Dates for 2024

The City of Sunrise, the City of Plantation and Weelabrator Davie have partnered to provide residents with opportunities to dispose of household hazardous waste (HHW) and electronics. These drop-off events are open exclusively to residents of Sunrise and Plantation free of charge and with **proof of residency**.

For a complete list of accepted items – as well as monthly HHW drop-off dates at the Wheelabrator facility in Davie – visit www.sunrise.gov/hhw. For additional information, call (954) 577-1135.

*In addition to HHW and electronics, up to two file boxes of personal documents per household will be accepted for on-site shredding only at the disposal events in Sunrise.

LOCATION:

City of Sunrise

Public Works Complex 10500 NW 55 Street

2024 DATES:

January 6 April 13 July 20 October 19

TIME:

9:00 a.m. to 1:00 p.m.

LOCATION:

City of Plantation

Public Works Compound 750 NW 91st Avenue

2024 DATES:

February 3 June 8 August 24 November 23

TIME:

9:00 a.m. to 1:00 p.m.

Shop Sunrise and Earn up to a \$100 Gift Card



In 2022, the City launched Shop Sunrise—a program that provides discounts and other incentives to residents who buy from local businesses. It's a win-win:

- Residents score deals from participating businesses just by mentioning "Shop Sunrise," and
- Businesses receive a boost in customers thanks to the City's promotion of the program.

Now, we've taken Shop Sunrise a step further! City of Sunrise residents who make purchases from Shop Sunrise businesses can earn up to \$100 in gift cards to spend at select merchants!

It's easy to qualify for gift card rewards:

- To earn a \$50 gift card, spend at least \$100 at two or more different Shop Sunrise businesses in a three-month period.
- To earn a \$100 gift card, spend at least \$200 at three or more different Shop Sunrise businesses in a three-month period.

City of Sunrise residents can apply every three months and receive up to \$400 in gift cards per person, per calendar year, subject to funding availability. Gift cards may be used only at Shop Sunrise businesses that accept them.

Residents:

Visit sunrisefl.gov/shopsunrise for a complete list of participating businesses—as well as program eligibility requirements and our online gift card application.

Business owners:

Go to sunrisefl.gov/shopsunrise to apply to be a program partner!



For more information, please call (954) 746-3430 or email shopsunrise@sunrisefl.gov.

THIS SEASON

JANUARY

IN SUNRISE

- 5 Drive-In Movie, "The Super Mario Bros. Movie" Markham Park, Gates open at 5:30 pm; Movie starts at 6:30 pm
- 7 Dance Factory Kids Show Civic Center Theatre, 2:00 pm
- 13 Martin Luther King, Jr. Teen Poetry Workshop Civic Center Art Gallery, 9:00 am
- 13 Martin Luther King, Jr. Family Movie: "Devotion" Civic Center Theatre, 2:00 pm
- 14 Martin Luther King, Jr. A Night of the Arts Civic Center Rotunda, 6:00 pm
- 14 Opening Reception: "The Power of Three" Civic Center Art Gallery, 6:00 pm
- **14** Get Ready Motown Tribute Concert Civic Center Theatre, 7:00 pm
- 19 "Tunes 'n Trucks" The Rock Show Classic Rock Oscar Wind Park, Trucks start serving at 6:00 pm, Music begins 7:00 pm
- 19 "Lyrical Lounge" Teen Workshop & Open Mic Civic Center Theatre, 6:00 pm
- 27 Freaky Friday: One-Act Edition Civic Center Theatre, 8:00 pm
- 28 Freaky Friday: One-Act Edition Civic Center Theatre, 1:00 pm & 5:30 pm

FEBRUARY

- Outdoor Movie, "Teenage Mutant Ninja Turtles" Nob Hill Soccer Club Park, 6:30 pm
- Woofstock
 Pawarass at Wellehy Park 1

Pawgrass at Welleby Park, 10:00 am to 1:00 pm $\,$

- 3 Terms of Endearment Civic Center Theatre, 2:00 pm & 7:00 pm
- 4 Disney's The Jungle Book KIDS Civic Center Theatre, 2:00 pm
- 9 "Lyrical Lounge" Teen Workshop & Open Mic Civic Center Theatre, 6:00 pm
- 9 "Tunes 'n Trucks" Fusion Band Party Hits City Park, Trucks start serving at 6:00 pm, Music begins 7:00 pm
- 13 Neil Diamond Tribute Show Civic Center Theatre, 7:00 pm
- Opening Reception: "Off the Page" Civic Center Art Gallery, 6:00 pm
- 24 Anastasia Civic Center Theatre, 7:00 pm
- 25 Anastasia Civic Center Theatre, 1:00 pm & 6:30 pm

MARCH

- 2 Sunrise Comic Con Civic Center Campus, 11:00 am
- Outdoor Movie, "Puss in Boots: The Last Wish"
 Oscar Wind Park, 6:30 pm
- 9 Classic Car Show featuring Bike Safety Expo Welleby Park, 10:00 am - 1:00 pm
- 9 13: The Musical Civic Center Theatre, 2:00 pm & 7:00 pm
- 10 13: The Musical Civic Center Theatre, 2:00 pm
- 13 Taste of Sunrise
 - Civic Center Campus, 7:00 pm 9:00 pm
- 15 "Lyrical Lounge" Teen Workshop & Open Mic Civic Center Theatre, 6:00 pm
- 15 "Tunes 'n Trucks" Studio 54 Disco/Funk Flamingo Park, Trucks start serving at 6:00 pm, Music begins 7:00 pm
- 23 Royal Egg Hunt Sunrise Sportsplex, 10:00 am - 1:00 pm, Egg Hunt begins promptly at 10:30 am
- 23 The Cemetery Club
 Civic Center Theatre, 7:00 pm
- 24 The Cemetery Club
 Civic Center Theatre, 2:00 pm









DRIVE-IN MOVIE: "The Super Mario Bros. Movie"

Friday, January 5 - Gates open at 5:30 pm; Movie starts at 6:30 pm



Markham Park, 16001 West State Road 84

FREE Admission!

Enjoy the film from the comfort of your car, or bring your lawn chair and grab a spot up front. Audio will be broadcast via radio frequency. Food vendors will be on site. Sponsored by Memorial Healthcare System.

TUNES 'N TRUCKS CONCERT SERIES

Enjoy a fantastic lineup of tribute and cover bands and food trucks. The trucks start serving at 6pm, and the music begins at 7pm. Bring your lawn chair or blanket.



Sponsored by Memorial Healthcare System

FREE Admission!

| Day/Date | Location | Band |
|--------------------|--|--|
| Friday, January 19 | Oscar Wind Park 200 N New River Circle | The Rock Show - Classic Rock |
| Friday, February 9 | City Park 6600 Sunset Strip | Fusion Band – Party Hits |
| Friday, March 15 | Flamingo Park 12855 NW 8th Street | Studio 54 – Disco/Funk |
| Friday, April 12 | Sunrise Athletic Complex (SAC) 11501 NW 44th Street | Soul Circus Cowboys- Country |
| Friday, May 10 | Sunrise Sportsplex 9101 NW 50th Street | Havoc 305 – Rock |
| Friday, June 14 | City Park 6600 Sunset Strip | Krush Party – Motown/R&B Juneteenth Celebration |

MAYORS' CHESS CHALLENGE

Join mayors from across South Florida in support of chess in our communities. Participants will receive a "Mayors' Chess Challenge Passport" that can be stamped at each event they attend during the 2023-2024 school year. New to the game? Instructors from the Sunrise Center for Excellence in Chess will be on hand to help! Visit sunrisefl.gov/chess for details and a complete schedule of host cities and dates.

WOOFSTOCK

Saturday, February 3, 10:00 am - 1:00 pm

Pawgrass at Welleby Park, 11100 NW 44 St.

FREE Admission!

The City's annual celebration of dogs and dog lovers features entertainment, demonstrations, specialty retail vendors, food and more. The first 500 canines through the gate will receive a "doggie bag" of treats. Don't have a dog? Don't miss out on the fun! Rescue groups are expected to be on site, offering pets for adoption. Retractable leashes are not permitted.

OUTDOOR MOVIE SERIES

Please arrive early. Bring a lawn chair or blanket, enjoy free popcorn, and relax under the stars.



Sponsored by Memorial Healthcare System

FREE Admission!

"Teenage Mutant Ninja Turtles: Mutant Mayhem"

Friday, February 2 at 6:30 pm

Nob Hill Soccer Club Park, 10200 Sunset Strip

After years of being sheltered from the human world, the Turtle brothers set out to win the hearts of New Yorkers and be accepted as normal teenagers through heroic acts. Produced by Nickelodeon Movies and Point Grey Productions. Rated PG.

"Puss in Boots: The Last Wish"

Friday, March 8 at 6:30 pm

Oscar Wind Park, 200 N. New River Circle

When Puss in Boots discovers that his passion for adventure has taken its toll and he has burned through eight of his nine lives, he launches an epic journey to restore them by finding the mythical Last Wish. Produced by DreamWorks Animation. Rated PG.

Vendors and Sponsors are welcome at many of our events! To find out more, call (954) 747-4600 or email agriffin@sunrisefl.gov.

SUNRISE COMIC CON

Saturday, March 2, from 11:00 am - 6:00 pm

Sunrise Civic Center Campus, 10610 West Oakland Park Boulevard

Early Bird Tickets: On or before February 24

\$10 for adults, \$5 for children 12 and under.

Regular Ticket Pricing: Beginning February 25

\$20 for adults or \$10 for children 12 and under.

Enjoy an all-ages day of fantasy and fun, including gaming, demos and panels, photo ops, and a cosplay contest. Visit www.sunrisefl.gov/comiccon for an up-to-date list of activities and exhibitors.

Joe DiMaggio

Memorial Healthcare System

Baptist Health

CLASSIC CAR SHOW featuring BIKE SAFETY EXPO

Saturday, March 9, 10:00 am - 1:00 pm

Welleby Park, 11100 NW 44th Street

FREE admission!

Learn bicycle safety at Safety Town. You can also enjoy a day of classic cars, toucha-truck opportunities, food trucks, and more! This event is fun for the whole family. Sponsored by Joe DiMaggio Children's Hospital.

TASTE OF SUNRISE

Wednesday, March 13, 7:00 pm - 9:00 pm

Sunrise Civic Center, 10610 W. Oakland Park Blvd.

Admission: \$20 in advance or \$30 at the door (if tickets remain)

Tickle your taste buds at the 6th annual Taste of Sunrise! Join us as we celebrate the flavors of Sunrise and enjoy samples from restaurants all around the city. Visit the

Sunrise Civic Center Box Office or sunrisefl.gov/taste.

ROYAL EGG HUNT

Saturday, March 23, 10:00 am - 1:00 pm

Admission: \$5 per participant 12 and under

Sunrise Sportsplex, 9101 NW 50th Street

Sponsored by Memorial Healthcare System

EGG HUNT BEGINS PROMPTLY AT 10:30 AM

Egg Hunt Age Groups: Walkers to Age 3

Ages 4-5 Ages 6-7

Ages 8-12

Dress as your favorite prince or princess and enter our magical kingdom! Children will be divided into age groups for the egg hunts – which will all take place promptly at 10:30 am. Bring your basket and camera, and take your picture with King Bunny. Enjoy arts & crafts, rides and much more following the hunt!

EARTH DAY FESTIVAL

Saturday, April 6, 10:00 am - 1:00 pm

Sawgrass Sanctuary, 237 North New River Circle

New River Circle

FREE Admission!

Sponsored by Memorial Healthcare System

Enjoy live entertainment, great food and family-friendly activities – all in a beautiful outdoor setting. Festival highlights include a Kids' Corner with hands-on activities, arts and crafts, rides, and more! We'll also have a great selection of food and retail vendors. The City's annual Earth Day Festival is made possible through the support of the City of Sunrise Utilities Department, Republic Services and Baptist Health. No coolers, glass bottles, pets or bicycles will be allowed in the park during the Festival. (A bike parking area will be available.)

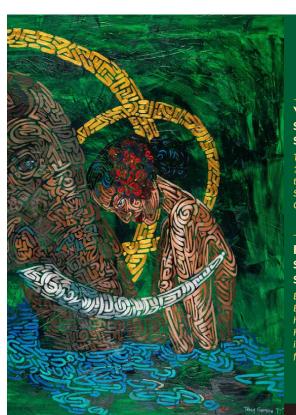












MARTIN LUTHER KING, JR. CELEBRATION

Join us for these FREE events!

YOUTH POETRY WORKSHOP

Saturday, January 13 | 9:00 am to 1:00 pm Sunrise Civic Center Art Gallery

This writing workshop for students age 13 to 18 will be facilitated by teaching artists from the Omari Hardwick bluapple Poetry Network. Space is limited and pre-registration is required: Call (954) 747-4646 to sign up.

FAMILY FILM: "Devotion" Saturday, January 13 | 2:00 pm Sunrise Civic Center Theatre

Experience the inspirational true story of Jesse Brown, the first Black aviator in U.S. Navy history, and his enduring friendship with fellow Korean War fighter pilot Tom Hudner. Seating is limited: Call (954) 747-4646 to reserve up to four free tickets per family.

A NIGHT OF THE ARTS Artist Meet & Greet: Tracy Guiteau Sunday, January 14 | 6:00 pm Sunrise Civic Center Art Gallery & Rotunda

Guiteau's exhibit, "The Power of Three: A Trifecta Exhibition—Paintings, Ceramics and Fashion," celebrates her mastery across three artistic disciplines. Meet the artist, view her works, and enjoy poetry and light refreshments.

Get Ready! Motown Tribute Concert Sunday, January 14 | 7:00 pm Sunrise Civic Center Theatre

This high-energy show pays homage to two Motown sensations—The Temptations and The Four Tops. "Get Ready!" features a talented ensemble of performers who capture the groups' mannerisms, vocal stylings and stage presence. From "My Girl" to "Can't Help Myself," this show delivers hit after hit. Seating is limited: Call (954) 747-4646 to reserve up to four free tickets per family.

Sunrise Civic Center Theatre & Art Gallery | 10610 W Oakland Park Boulevard | (954) 747-4646



Theme: Voices of the 2000s

Theme: Voices of Today

Visit www.sunrisefl.gov/lyrical for details.

SUNRISE CIVIC CENTER ART GALLERY

10610 West Oakland Park Boulevard | (954) 747-4646 Hours: Tuesday and Friday from 10:00 am to 5:00 pm;

Wednesday and Thursday from 12:00 pm to 7:00 pm; and Saturday from 10:00 am to 3:00 pm.

FREE admission!

A NIGHT OF THE ARTS ARTIST MEET & GREET: TRACY GUITEAU

Opening Reception: Sunday, January 14, at 6:00 pm On exhibit January 14 through February 17

Sunrise Civic Center Art Gallery and Rotunda

Guiteau's exhibit, "The Power of Three: A Trifecta Exhibition—Paintings, Ceramics and Fashion," celebrates her mastery across three artistic disciplines. Meet the artist, view her works, and enjoy poetry and light refreshments.

OFF THE PAGE: THE POWER OF MANGA AND COMICS

Opening Reception: Friday, February 23, at 6:00 pm On exhibit February 23 through March 30

Sunrise Civic Center Art Gallery

Works by Pak Kwan, Silverback, Additional Artists TBD

We're excited to spotlight talented local artists who capture the power and passion of the Sunrise Comic Con community. Enjoy remarkable illustrations, paintings and 3D pieces inspired by anime, comic books and other action-packed subject matter. Meet the artists and enjoy light refreshments at our free opening reception!

THE NATURAL BEAUTY OF FLORIDA

Opening Reception: Friday, April 5, at 6:00 pm On exhibit April 5 through May 11

Sunrise Civic Center Art Gallery

Works by Terry Arroyo Mulrooney

Watercolor artist Terry Arroyo Mulrooney was born in Venezuela and raised in Florida. She emphasizes color, detail, contrast and light—creating art that captures the beauty in people, architecture and landscapes. Meet the artist and enjoy light refreshments at our free opening reception.

Friday, February 9

Friday, March 15

SUNRISE CIVIC CENTER THEATRE

10610 West Oakland Park Boulevard | (954) 747-4646

Box Office Hours: Tuesday and Friday from 10:00 am to 5:00 pm; Wednesday and Thursday from 12:00 pm to 7:00 pm; Saturday from 10:00 am to 3:00 pm.; and one hour before shows.

Ticket Purchases By phone | (954) 747-4646 In person | Visit our Box Office Online | www.sunrisefl.gov/tickets

Please communicate any special seating requests or mobility challenges at time of purchase. Coupons, if applicable, must be presented in person at time of purchase.

DANCE FACTORY KIDS SHOW Presented by Fantasy Theatre Factory

Sunday, January 7, at 2:00 pm

General Admission seating: \$7

We like to MOVE IT MOVE IT in this totally interactive, fun Dance Factory Show! Kids and adults of all ages will experience a highly customized, energized dance show that includes group participation and movement themed songs. It's a stage show that has the audience dancing in their seats. Dance Factory hosts teach simple group dance steps that get the audience up and dancing to popular and current music, as well as some oldies-but-goodies!

FREAKY FRIDAY THE MUSICAL: ONE ACT EDITION Presented by Inside Out Theatre Company

Saturday, January 27, at 8:00 pm Sunday, January 28, at 1:00 pm & 5:30 pm

Reserved seating: \$20

When an uber-organized mother and her spontaneous teenage daughter magically swap bodies, they have just one day to put things right. Masquerading as each other, they must work together to solve the mystery of how to break the spell. In the end, both learn the true power of love and the strength of the bond between a mother and daughter in this heartfelt and hilarious adaptation.





TERMS OF ENDEARMENT Presented by Curtain Call Playhouse

Saturday, February 3, at 2:00 pm & 7:00 pm

Reserved seating: \$20

Challenges in life and love test the resilience of a mother-daughter relationship in Dan Gordon's adaptation of Terms of Endearment, based on the book by Pulitzer Prize-winner Larry McMurtry and James L. Brooks' screenplay of the Oscar-winning film. This funny and touching story captures the delicate, sometimes fractured bonds between mothers and daughters, husbands and wives, and lovers, both old and new.









DISNEY'S THE JUNGLE BOOK KIDS Presented by Inside Out Theatre Company

Sunday, February 4, at 2:00 pm

Reserved seating: \$20

The jungle is jumpin' with a jazzy beat in this musical adapted from Disney's beloved animated film and from the literary works of Rudyard Kipling. Disney's The Jungle Book KIDS features a host of colorful characters and your favorite songs from the movie. Follow Mowgli, the "man cub", as he bounds through the jungle and learns what it means to be human.

NEIL DIAMOND TRIBUTE SHOW

Tuesday, February 13, at 7:00 pm

Reserved seating: \$20

Just in time for Valentine's Day, embark on a nostalgic journey with Nearly Diamond, the premier Neil Diamond tribute. The band's meticulous attention to detail—and lead singer Jonathan Elgart's amazing voice—will make you think you're listening to Neil himself! Enjoy hits like "Sweet Caroline," "Cracklin' Rosie," "Song Sung Blue" and "America." If you've ever dreamt of experiencing a Neil Diamond concert, don't miss this opportunity to see Nearly Diamond.

ANASTASIA: THE MUSICAL Presented by Inside Out Theatre Company

Saturday, February 24, at 7:00 pm Sunday, February 25, at 1:00 pm & 6:30 pm

Reserved seating: \$20

This dazzling show transports its audience from the twilight of the Russian Empire to the euphoria of Paris in the 1920s, as a brave young woman sets out to discover the mystery of her past. Pursued by a ruthless Soviet officer determined to silence her, Anya enlists the aid of a dashing con man and a lovable ex-aristocrat. Together, they embark on an epic adventure to help her find home, love and family.

13: THE MUSICAL Presented by Broadway Kids Studio

Saturday, March 9, at 2:00 pm & 7:00 pm Sunday, March 10, at 2:00 pm

Reserved seating: \$25

When 13-year-old Evan Goldman moves from New York City to Indiana, he struggles to make friends and find happiness at his new school. This musical deals with the hardships of leaving familiar places for unfamiliar ones, fitting in with your peers, and transitioning from youth to adulthood.

THE CEMETERY CLUB Presented by Curtain Call Playhouse

Saturday, March 23, at 7:00 pm Sunday, March 24, at 2:00 pm

Reserved seating: \$20

Three Jewish widows meet once a month for tea before going to visit their husbands' graves. Ida is sweet tempered and ready to begin a new life; Lucille is a feisty embodiment of the girl who just wants to have fun; and Doris is priggish and judgmental, particularly when Sam the butcher enters the scene.



SUNRISE TENNIS CLUB

9605 West Oakland Park Boulevard

Operating Hours: Monday - Friday, 8:00 am - 9:30 pm *Saturday & Sunday, 8:00 am - 3:00 pm

^{*}The club will be closed on 1/1/24.

| Membership Fees | | | | | | |
|-----------------------|-------|---------------------|-------|--|--|--|
| Sunrise Residents | | Non-Residents | | | | |
| Senior - Individual | \$135 | Senior - Individual | \$200 | | | |
| Senior - Double | \$185 | Senior - Double | \$250 | | | |
| Individual | \$240 | Individual | \$325 | | | |
| Double | \$330 | Double | \$425 | | | |
| Family | \$345 | Family | \$450 | | | |
| Junior | \$65 | Junior | \$100 | | | |
| Daily | \$5 | Daily | \$6 | | | |
| Sunrise Business Owne | ers | Guests (per visit) | | | | |
| Individual | \$240 | Resident | \$5 | | | |
| Double | \$330 | Non-resident | \$6 | | | |
| Family | \$345 | | | | | |
| | | • | | | | |

Sunrise Tennis Club Membership Fees can be seen in the chart above. All fees are subject to sales tax. Age restrictions may apply. Please call (954) 572-2286 for more information. Discount Guest Passes are now available – Buy 6 passes for the price of 5.

| Tennis Camps | | | | | | | |
|--------------|------|-------------------------|-----------------|---------------------------|--|--|--|
| Activity | Age | Dates | Time | Fee | | | |
| Camp | 4-11 | Jan. 2-5, 15, 19, 22 | 8:00 - 11:00 am | \$45 daily, \$180/week | | | |
| Camp | 4-11 | Feb. 1, 13, 14, 19 | 8:00 - 11:00 am | \$45 daily, \$180/week | | | |
| Camp | 4-11 | Mar. 25-29 | 8:00 - 11:00 am | \$45 daily, \$180/week | | | |

Private Tennis Lessons

For private lesson rates, call Tennis Pro Shop at (954) 572-2286.

| Adult Clinics | Adult Clinics | | | | | | | |
|--------------------------------------|---------------|--------|------------------------|--|--|--|--|--|
| Clinic | Age | Day | Time | Fee | | | | |
| Adult Beginner | 18+ | TU/TH | 7:30 - 8:30 pm | \$20 daily, \$60/4 classes | | | | |
| Intermediate Drill and Play | 18+ | M/TU/W | 7:00 - 8:30 pm | \$25 daily, \$85/4 classes \$140/8 classes | | | | |
| | 18+ | SA | 10:30 am - 12:00 pm | \$25 daily, \$85/4 classes \$140/8 classes | | | | |
| Advanced Drill and Play | 18+ | TH | 7:00 - 8:30 pm | \$25 daily, \$85/4 classes \$140/8 classes | | | | |
| | 18+ | SA | 9:00 - 10:30 am | \$25 daily, \$85/4 classes \$140/8 classes | | | | |
| Cardio Tennis | 18+ | SA | 9:00 - 10:00 am | \$20 daily \$60/4 classes | | | | |
| Ladies Drill | 18+ | TU | 9:30 - 11:00 am | \$25 daily | | | | |
| Youth Progra | mmin | g | | | | | | |
| Activity | Age | Day | Time | Fee | | | | |
| Mini Grinders | 7-10 | M-F | 5:00 - 7:00 pm | \$40 daily, \$440/month | | | | |
| Orange Ball | 5-7 | M/W/F | 4:00 - 5:00 pm | \$20 daily, \$240/month | | | | |
| Red Ball | 3-6 | TU/TH | 4:15 - 5:00 pm | \$20 daily | | | | |
| Super Saturday* | 4-12 | SA | 9:00 - 10:00 am | \$20 daily, \$60/4 classes | | | | |
| Beginner/ Intermediate Juniors | 12-16 | M/T/TH | 6:00 - 7:30 pm | \$90/week, \$360/month | | | | |

*Free to residents every 3rd Saturday.

| Tennis Academy | | | | | | |
|----------------------------|-----|-----|----------------|---|--|--|
| Activity | Age | Day | Time | Fee | | |
| High Performance | All | M-F | Call for times | \$55/day, \$200/week, \$770/month | | |
| High Performance Elite* | All | M-F | Call for times | \$1100/month | | |

^{*}Try-out only.

^{*}The club will close at 3:00 pm on 1/15, and 3/31.



THE BRIDGES AT SPRINGTREE GOLF CLUB

Location: 8150 Springtree Dr.

Golf Course Hours: Sunrise to Sunset (weather permitting)

(Course closes at 5:30 pm starting 3/11/24)

Pro Shop Hours: 6:30 am - 5:00 pm Restaurant Hours: 9:00 am - 3:30 pm

Hours subject to change depending on weather conditions and sunrise/sunset.

Located just north of West Oakland Park Boulevard and west of University Drive, The Bridges at Springtree Golf Club is an 18 hole executive course – designed by former PGA pro Mark McCumber. The course provides enhanced play for golfers of all levels. Among the many events at The Bridges are the monthly scramble tournaments, featuring a continental breakfast, complimentary drinks on the golf course, buffet lunch, and prizes. The Sunrise Women's Association of Golf (SWAG) meet every Tuesday and host different events including inter club golf competitions and luncheons. Open seven days a week for breakfast and lunch, the restaurant menu features weekly specials served by our friendly and efficient staff. Reservations are suggested for the Sunday breakfast buffet by calling (954) 572-2209. The catering staff at The Bridges would be happy to help you plan your next family celebration. From baby showers to weddings, The Bridges is the perfect location. Please go to www. springtreegc.com to book tee times or events.

GOLF MEMBERSHIP FEES (October 1st - September 30th)

Sunrise Resident Non-Resident 6 Month Juniors*
Single \$325 Single \$1,000 Single \$850 Junior \$0
Family \$425 Family \$1,500 Family \$1,250

Annual membership benefits include significantly reduced daily play rates for members, complimentary access to the short game area, and complimentary pull carts. Prices do not include taxes. *Junior memberships available to ages 15 and under.

GOLF RATES - WINTER 12/23/2023 - 03/31/2024

18 Holes RidingMember RateSunrise ResidentNon-ResidentBefore 2:00 pm\$14.49\$29\$49After 2:00 pm\$14.49\$23\$43

GOLF LESSONS

 Activity
 Age
 Day
 Time

 Private Lesson
 5+
 M-SU
 8:00 am - 5:00 pm

 Package 5 ½ hr
 5+
 M-SU
 8:00 am - 5:00 pm

Lesson prices vary depending on instructor. For more information about golf activities, please call (954) 572-2270.



UPCOMING EVENTS

JANUARY

Monthly Scramble Golf Tournament

Saturday, January 13, Starts at 8:00 am

9 & Dine

Friday, January 19, Starts at 3:30 pm

FEBRUARY

9 & Dine

Friday, February 9, Starts at 3:30 pm

Monthly Scramble Golf Tournament

Saturday, February 17, Starts at 8:00 am

MARCH

9 & Dine

Friday, March 1, Starts at 3:30 pm

Monthly Scramble Golf Tournament

Saturday, March 9, Starts at 8:00 am

SUNRISE CIVIC CENTER AQUATICS COMPLEX

Location: 10610 W. Oakland Park Blvd. (954) 747-4636

Lap Pool Hours: Open daily 10:00 am - 7:00 pm

HOLIDAY HOURS: Closed 1/1; Open 10:00 am - 3:00 pm 1/15 & 3/31

Family Pool Hours: 10:00 am to 7:00 pm

Waterslide Hours: Closed Monday - Thursday; Fridays: 2:30pm -

7:00pm, Weekends: 10:00am - 7:00pm

Admission fee entitles patrons to use the 50M pool and children's wading pool, and one session in the Family Pool. Call (954) 747-4636 for height restrictions

Admission: Resident - \$1/Child (17 and under): \$1,25/Adult Non-Resident - \$3/Child (17 and under); \$6/Adult

Annual Pool Memberships: Resident* - \$75/Individual; \$175/

Family, Non-Resident - \$175/Individual; \$250/Family

Admission and membership fees entitle patrons unlimited use of the 50M Pool, Family Pool, and Kiddie Pool. Call (954)747-4636 for membership details.

CITY OF SUNRISE SWIM LESSONS

Registration Policy

Registration will be accepted only in person at the Civic Center during normal hours of operation. Copy of birth certificate and proof of Sunrise residency (parent/guardian driver license and utility bill) required at time of registration. Registration will NOT be accepted by mail or fax.

Make-Up Policy

Missed lessons will only be made up if class is cancelled due to inclement weather (thunder, lightning, heavy rain). Aquatics staff determines cancellation 15 minutes prior to class start time. If a lesson is taught for a minimum of 20 minutes, it will not be rescheduled.

Class Descriptions

Parent & Child Swim Lessons (ages 6 months to 2 years, with adult participation) Adult and child are in the water together. Includes submerging mouth, nose and eyes in water; floating on front and back; entering and exiting the water; gliding on front and back with support; and beginning leg and arm movement.

Preschool Swim Lessons (without adult participation)

- Age 3: Includes submerging face in the water; gliding on front and back with support; and beginning arm strokes and kicks.
- Ages 4-5: Includes floating independently; gliding on front and back; rolling over and floating for five seconds with support; combining arm and leg action on front and back with support; entering and exiting the water independently; and using combined arm and leg action for five body lengths independently.

Ages 6+, Levels 1 to 6

Skills are checked at the first lesson to confirm that swimmers are in the appropriate level.

- Level 1 Introduction to Water Skills: Includes submerging entire head; gliding on front and back with support; combining arm and leg action on front and back with support.
- Level 2 Fundamental Aquatic Skills: Includes: treading water; gliding independently; floating on front and back for five seconds independently; using combined arm and leg action on front and back for five body lengths independently.
- Level 3 Stroke Development: Includes swimming front crawl for 15 yards; treading in deep water for 30 seconds; and swimming elementary backstroke for 15 yards.
- Level 4 Stroke Improvement: Includes swimming front crawl and elementary backstroke for 25 yards; and swimming breaststroke, butterfly, sidestroke and backstroke for 15 yards.
- Level 5 Stroke Refinement: Includes swimming front crawl and elementary backstroke for 50 yards; and swimming breaststroke, butterfly, sidestroke and backstroke for 25 yards.

Group Swim Lessons - Preschool 1 (Age 3)

| Age | Days | Dates | Time | Fee* | Register by | Activity # |
|-----|------|------------|---------|-----------|-------------|------------|
| 3 | M-TH | 3/4 - 3/14 | 4:10 pm | \$42/\$50 | 2/22 | 351310-A |
| 3 | M-TH | 3/4 - 3/14 | 4:45 pm | \$42/\$50 | 2/22 | 351310-B |

| Group Swim | Lessons - Preschool 1 (Age 4- | 5) |
|-------------------|--------------------------------------|----|
|-------------------|--------------------------------------|----|

| Age | Days | Dates | Time | Fee* | Register by | Activity# |
|-----|------|------------|---------|-----------|-------------|-----------|
| 4-5 | M-TH | 3/4 - 3/14 | 4:10 pm | \$42/\$50 | 2/22 | 351311-A |
| 4-5 | M-TH | 3/4 - 3/14 | 4:45 pm | \$42/\$50 | 2/22 | 351311-B |

Group Swim Lessons - Level 1

| Age | Days | Dates | Time | Fee* | Register by | Activity# |
|------|------|------------|---------|-----------|-------------|-----------|
| 6-13 | M-TH | 3/4 - 3/14 | 3:00 pm | \$42/\$50 | 2/22 | 351331-A |
| 6-13 | M-TH | 3/4 - 3/14 | 3:35 pm | \$42/\$50 | 2/22 | 351331-B |

Group Swim Lessons - Level 2

| Age | Days | Dates | Time | Fee* | Register by | Activity # |
|------|------|------------|---------|-----------|-------------|------------|
| 6-13 | M-TH | 3/4 - 3/14 | 3:00 pm | \$42/\$50 | 2/22 | 351332-A |
| 6-13 | M-TH | 3/4 - 3/14 | 3:35 pm | \$42/\$50 | 2/22 | 351332-B |

Group lesson program consists of eight 30-minute classes at the Civic Center Family Pool. * Fee does not include use of pool outside of lesson time.

Private Swim Lessons

| Age | Days | Dates | Time | Fee* | Register by | Activity# |
|--------|------|-------------|---------|-----------|-------------|-----------|
| 18 mo+ | M-TH | 3/4 - 3/7 | 3:00 pm | \$45/\$55 | 2/22 | 351201-A |
| 18 mo+ | M-TH | 3/4 - 3/7 | 3:35 pm | \$45/\$55 | 2/22 | 351201-B |
| 18 mo+ | M-TH | 3/4 - 3/7 | 4:10 pm | \$45/\$55 | 2/22 | 351201-C |
| 18 mo+ | M-TH | 3/4 - 3/7 | 4:45 pm | \$45/\$55 | 2/22 | 351201-D |
| 18 mo+ | M-TH | 3/11 - 3/14 | 3:00 pm | \$45/\$55 | 2/29 | 351201-E |
| 18 mo+ | M-TH | 3/11 - 3/14 | 3:35 pm | \$45/\$55 | 2/29 | 351201-F |
| 18 mo+ | M-TH | 3/11 - 3/14 | 4:10 pm | \$45/\$55 | 2/29 | 351201-G |
| 18 mo+ | M-TH | 3/11 - 3/14 | 4:45 pm | \$45/\$55 | 2/29 | 351201-H |
| 18 mo+ | M-TH | 3/18 - 3/21 | 3:00 pm | \$45/\$55 | 3/7 | 351201-I |
| 18 mo+ | M-TH | 3/18 - 3/21 | 3:35 pm | \$45/\$55 | 3/7 | 351201-J |
| 18 mo+ | M-TH | 3/18 - 3/21 | 4:10 pm | \$45/\$55 | 3/7 | 351201-K |
| 18 mo+ | M-TH | 3/18 - 3/21 | 4:45 pm | \$45/\$55 | 3/7 | 351201-L |

Private Swim Lessons Saturday Morning

| Age | Days | Dates | Time | Fee* | Register by | Activity# |
|--------|------|-------------------------|----------|-----------|-------------|-----------|
| 18 mo+ | SAT | 3/2, 3/9, 3/16, 3/23 | 10:00 am | \$45/\$55 | 2/22 | 351201-M |
| 18 mo+ | SAT | 3/2, 3/9, 3/16, 3/23 | 10:35 am | \$45/\$55 | 2/22 | 351201-N |
| 18 mo+ | SAT | 3/2, 3/9, 3/16, 3/23 | 11:45 am | \$45/\$55 | 2/22 | 351201-O |

Swim Lessons Saturday Morning (Parent Infant/Toddler)

| Age | Days | Dates | Time | Fee* | Register by | Activity # |
|---------------|------|-------------------------|----------|------|-------------|------------|
| 6mo - 2yrs | SAT | 3/2, 3/9, 3/16, 3/23 | 11:10 am | \$55 | 2/22 | 351410-A |

Private lessons consist of four 30-minute classes at the Civic Center Family Pool. * Fee does not include use of pool outside of lesson time.



^{*}Proof of residency required upon payment.



"SUNRISE SWIMMING" PROGRAMS

Parent & Tot Swim Lessons

| Age | Days | Dates | Time | Fee* |
|------------------------|------|-------|------|--------------------------------|
| 12 months - 3 years | TBA | TBA | TBA | \$55/four 30-minute lessons |

We plan to offer the Parent/Tot group class beginning in March, weather permitting. Class requires a parent in the water. Minimum 4 children required to run the class. Classes are expected to run weekday mornings and a weekend morning. Make-up days will only be scheduled in the event the facility or instructor cancels the class. Call (954) 747-4635 or visit the website at www.sunriseswimming.com for more information about the next available session. *Fee does not include use of pool outside of lesson time.

Preschool - School Age Swim Lessons

| Age | Days | Dates | Time | Fee* |
|--------|------|-------|------|--------------------------------|
| 3 - 12 | TBA | TBA | TBA | \$55/four 30-minute lessons |

We plan to offer Children's group classes beginning in March, weather permitting. Class size is limited to four students per instructor. Classes are expected to run weekday mornings, afternoons, and evenings, plus a weekend morning. Make-ups will ONLY be scheduled in the event the facility or instructor cancels the class. Call (954) 747-4635 or visit the website at www.sunriseswimming.com for more information about the next available session. *Fee does not include use of pool outside of lesson time.

Adult Group Swim Lessons

| Age | Days | Dates | Time | Fee* |
|-----|------|-------|------|-----------------------------|
| 15+ | TBA | TBA | TBA | \$55/four 30-minute lessons |

We plan to offer Adult group classes beginning in March, weather permitting. Class size is limited to six students per instructor. Classes are expected to run weekday mornings, afternoons, and evenings, plus a weekend morning. Make-ups will ONLY be scheduled in the event the facility or instructor cancels the class. Call (954)747-4635 or visit the website at www.sunriseswimming.com for more information about the next available session. *Fee does not include use of pool outside of lesson time.

Private Swim Lessons

| Age | Days | Dates | Time | Fee* |
|--------|----------|----------|----------|-------------------------|
| 15 mo+ | By appt. | By appt. | By appt. | \$35/25 - minute lesson |

Private lessons are year-round. They include water safety & stroke lessons. Call (954)747-4635 or visit the website at www.sunriseswimming.com for more information and to make an appointment. *Fee does not include use of pool outside of class time.



"SUNRISE SWIMMING" SWIM TEAM

This is a year-round competitive USA Swimming program based at the Civic Center Aquatics Center. All participants must try out with the swim coach prior to registering for the team. For more information call (954) 747-4635 or visit www.sunriseswimming.com. All sessions are held at the Sunrise Civic Center Pool. Registration fee does not include use of pool outside of class time.

Strokes & Fun

| Age | Days | Time | Monthly Fee* |
|--------|------|----------------|---|
| 6 - 15 | M-TH | 4:45 - 5:45 pm | 2 practices/week, \$65/mo 3 practices/week, \$70/mo 4 practices/week, \$75/mo |

Introduction to competitive swimming. *Does not include \$90/year for registration fees or use of pool outside of class time.

Competitive Swim Groups

| Group | Days | Time | Monthly Fee* |
|--------------|------|----------------|--------------|
| Bronze | M-F | 5:45 - 7:00 pm | \$85/month |
| Gold | M-F | 4:45 - 6:45 pm | \$100/month |
| Champions/SR | M-F | 4:45 - 7:00 pm | \$110/month |

Competitive Groups are open to all ages. Coach will make group determination. Saturday practices TBA for all competitive groups. *Fee does not include \$90/year registration fee or use of the pool outside of class time.



Use ONE membership card at all three facilities!





Sunrise Civic Center Athletic Club

10610 West Oakland Park Boulevard | (954) 747-4666

Regular Hours: Open Monday through Friday from 6:30 am to 9:00 pm,

and Saturday and Sunday from 8:00 am to 7:00 pm.

Holiday Hours: Closed 1/1; Open 8:00 am to 3:00 pm, 1/15 & 3/31.

Amenities: Our recent renovations added to the existing gymnasium with a bi-level fitness center with free weights and machines, a second gym with an elevated fitness track, racquetball courts, a game room, and locker rooms.

Sunrise residents can use the fitness track, game room, and racquetball courts **FREE of charge**; just present your ID at the front desk as proof of residency!

BASIC ANNUAL MEMBERSHIP

Entitles member to use the gymnasiums, racquetball courts, track and game room, and to check out equipment (i.e. basketballs, volleyballs, and racquetball racquets) at no cost. Available only to Sunrise residents. FREE with proof of Sunrise residency!

PLUS ANNUAL MEMBERSHIP

Entitles member to Basic Annual Membership benefits, plus use of the fitness center and locker rooms. Available only to Sunrise residents.

Individual (one adult age 18 or over): \$150/year Family (up to five household members): \$225/year

DELUXE ANNUAL MEMBERSHIP

Entitles member to Plus Annual Membership benefits, plus use of the Civic Center aquatics facilities. Available only to Sunrise residents. Individual (one adult age 18 or over): \$175/year Family (up to five household members): \$250/year

Monthly and daily rates are also available. All fees are subject

Individuals under 13 years old can utilize Athletic Club facilities, excluding the Fitness Center, when accompanied by a card-holding member.





Sunrise Athletic Complex (SAC) Multipurpose Center

11501 NW 44th Street | (954) 747-4604

Regular hours: Open weekdays from 9:00 am to 9:00 pm,

Weekends from 9:00 am to 5:00 pm

Holiday hours: Closed 1/1; Open 9:00 am to 3:00 pm, 1/15 & 3/31.

Amenities: The Sunrise Athletic Complex was expanded in 2022, to include a new 15,000 squarefoot building with an indoor gymnasium and programming space to host events for all ages.

Sunrise residents are encouraged to sign up for a FREE membership.

INDIVIDUAL MEMBERSHIPS:

FREE for ages 18+ with proof of Sunrise residency.

FAMILY MEMBERSHIPS:

FREE-with proof of Sunrise residency-for up to five family members living at the same address. Parent or guardian must apply in person with a photo I.D., as well as a birth certificate for each minor child in the household.

DAILY VISIT FEES:

Non-members are \$5 per adult and \$3 per child (17 and younger).



Village **Multipurpose Center**

2240 NW 68th Avenue | (954) 747-4601

Regular Hours: Open Monday through Friday from 9:00 am to 9:00 pm,

and Saturday and Sunday from 9:00 am to 5:00 pm

Holiday Hours: Closed 1/1; Open 9:00 am to 3:00 pm, 1/15 & 3/31.



Amenities: The Village Multipurpose Center features an indoor gymnasium for basketball and a variety of other activities, including indoor walking, badminton, netball, fitness classes, and more.

Sunrise residents are encouraged to sign up for a FREE membership.

INDIVIDUAL MEMBERSHIPS:

FREE for ages 18+ with proof of Sunrise residency.

FAMILY MEMBERSHIPS:

FREE-with proof of Sunrise residency-for up to five family members living at the same address. Parent or guardian must apply in person with a photo I.D., as well as a birth certificate for each minor child in the household.

DAILY VISIT FEES:

Non-members are \$5 per adult and \$3 per child (17 and younger).



The City of Sunrise partners with the Special Populations Section of the Broward County Parks and Recreation Division—as well as other community organizations—to host programs that engage and enrich the special populations community. Activities include social events, athletics, and general recreation opportunities. For more information, call (954) 747-4600.

BOCCIA

Ages 18+

Tuesdays from 1:00 pm to 3:00 pm, ongoing

Sunrise Civic Center Gymnasium 10610 West Oakland Park Blvd.

FREE!

Activity #: 170693-A

Boccia is a highly competitive Paralympic throwing sport, in which individuals throw leather-like balls on a marked floor with the intent to have them land as close as possible to the target ball. This program helps improve hand-eye coordination and fine motor skills.

CHALLENGER BASEBALL

Open to ages 6 and up

March thru May - Registration Deadline 1/5/2024

Sunrise Athletic Complex 11501 NW 44th Street

FREE!

Activity #330201-I

Boys and girls with disabilities will learn the fundamentals of baseball and the excitement of playing on a team. During the season, players are paired with a "buddy" who assists them throughout the game. Special rules apply to create a fun and exciting experience and everyone gets to participate.

WHEELCHAIR BASKETBALL

Ages 16+

Tuesdays and Thursdays, 5:00 pm to 7:00 pm, ongoing

Village Multipurpose Center Gymnasium 2240 NW 68th Avenue

FREE!

Activity # 170687-A

Call Dana Wade at (954) 609-4345 or email SunriseSuns1@gmail. com for information.

No Practice 1/02, 1/04, & 3/21



FAMILY FUN

Family Time Volleyball

Location: Sunrise Civic Center Athletic Club, 10610 W. Oakland Park Blvd.

| Age | Date | Day | Time | Fee* | Activity # |
|-----|---------|-----|-----------------|-----------------|------------|
| 13+ | Ongoing | SU | 12:00 - 2:00 pm | Daily visit fee | N/A |

A time where you can play a game against family or with others in your community. *Free to Athletic Club members. For more information, please call (954) 747-4666.

Family Time Pickleball

Location: Sunrise Civic Center Athletic Club, 10610 W. Oakland Park Blvd.

| Age | Date | Day | Time | Fee* | Activity # |
|-----|---------|-----|-----------------|-----------------|------------|
| 7+ | Ongoing | SU | 8:00 - 11:00 am | Daily visit fee | N/A |

*Free to Athletic Club members. For more information, call (954) 747-4666.

Family Time Wallyball

Location: Sunrise Civic Center Athletic Club, 10610 W. Oakland Park Blvd.

| Age | Date | Day | Time | Fee | Activity # |
|-----|---------|-----|----------------|------------------|------------|
| 12+ | Ongoing | SA | 2:00 - 4:30 pm | Daily Visit Fee* | N/A |

Fees: Resident Free with Membership; \$5 Non-Resident Daily; \$75 Annual Non-Resident Membership per person.

Wallyball is a fast-paced sport that is similar to volleyball played in a racquetball court, where it is legal to hit the ball off of the walls. For more information, call (954)747-4666.

Family Fishing Derby

Location: Welleby Park, 11100 NW 44th Street

| Age | Date | Day | Time | Fee | Activity # |
|-----|------|-----|-----------------|------|------------|
| ALL | 2/17 | SA | 8:00 - 10:30 am | FREE | N/A |

Fees: FREE admission! Register at www.sunrisefl.gov/familyfish

Be part of this year's Family Fishing Derby! All ages and skill levels are welcome—just bring your fishing pole and bait. (Night crawlers or worms work well.) Awards will be presented for Longest Fish Caught and Most Fish Caught. Children must be accompanied by an adult at all times!

Storytime

Location: City Park, 6600 Sunset Strip

| Age | Date | Day | Time | Fee | Activity # |
|-----|------|-----|--------------------|------|------------|
| 4-8 | 1/20 | SA | 11:00 am- 12:00 pm | FREE | 370702-J |
| | 2/17 | | | | 370702-K |
| | 3/16 | | | | 370702-L |

Young readers are invited to enjoy a story, activity, and snack on the City Park stage. January: "I Can Do Hard Things" by: Gabi Garcia: February: "The Year We Learned to Fly" by: Jacqueline Woodson; March: "Dr. Seuss, The Great Doodler" by: Kate Klimo. Lawn chairs and blankets are recommended. Call (954) 747-4601 to sign up. This event is held

Sidewalk Chalk Art

Location: City Park, 6600 Sunset Strip

| Age | Date | Day | Time | Fee | Activity # |
|-----|------|-----|-----------------|------|------------|
| ALL | 1/20 | SA | 12:00 - 1:00 pm | FREE | N/A |
| | 2/17 | | | | N/A |
| | 3/16 | | | | N/A |

Express yourself artistically on the sidewalks of City Park! There will be a different theme for each month to use as inspiration for your works of art. Chalk provided. Bring drinking water and a damp towel or rag for your hands. Call (954) 747-4601 for information.

Blanket Bingo

Location: City Park, 6600 Sunset Strip

| Age | Date | Day | Time | Fee | Activity # |
|-----|------|-----|---------|------|------------|
| Any | 1/21 | SU | 6:00 pm | FREE | N/A |
| | 2/18 | | | | N/A |
| | 3/17 | | | | N/A |

Get ready to yell out BINGO! Bring your blanket or lawn chairs for a fun night of music and great prizes. Bingo begins at 6 pm. Each participant will receive one Bingo packet (approx.9 games). Be sure to get to the park early to secure your chances. No reservations; first come, first served.

Movie Night

Location: Sunrise Athletic Complex (SAC) Multipurpose Center, 11501 NW 44th Street

| Age | Date | Day | Time | Fee | Activity # |
|-----|------|-----|-------------------|------|--------------------------|
| ANY | 1/5 | F | 6:15 pm - 8:30 pm | FREE | The Amazing Maurice |
| | 1/26 | | | | Cats |
| | 2/2 | | | | The Little Mermaid |
| | 2/23 | | | | Pokemon: The First Movie |
| | 3/1 | | | | Good Burger |
| | 3/29 | | | | Are We There Yet? |

Movie night will be held at SAC in the community room on the first and last Friday of each month. Registration must be done at SAC front desk. Sleeping bags and blankets are allowed. Popcorn can be brought and popped using onsite microwave. For more information, please call (954)747-4604.

SAC Arcade - NBA 2K23

Location: Sunrise Athletic Complex (SAC) Multipurpose Center, 11501 NW 44th Street

| Age | Date | Day | Time | Fee | Activity# |
|------|---------|-----|-------------------|--|-----------|
| 8-17 | Ongoing | SAT | 2:30 pm - 4:30 pm | Free for members, Daily Visit fee for | 370713 |

Come join us in the friendly competition of NBA 2K23 at the SAC Community room. Registration is required and can be completed at the front desk prior to participating in the event. Please call (954)747-4604 for more information.

Open Play Chess

Location: Sunrise Athletic Complex (SAC) Multipurpose Center, 11501 NW 44th Street

| Age | Date | Day | Time | Fee | Activity # |
|-----|---------|-----|---------------------|------|------------|
| ANY | Ongoing | SAT | 10:00 am - 12:00 pm | FREE | N/A |

All levels welcome! For more information, call (954)747-4604.

Hooked on a Book: Harry Potter and the Prisoner of Azkaban

Location: Sunrise Athletic Complex (SAC) Multipurpose Center, 11501 NW 44th Street

| Age | Date | Day | Time | Fee | Activity # |
|------|---------------------------------------|-----|---------------------|------|------------|
| 8-13 | 1/7, 1/21, 2/4, 2/18, 3/3, 3/17 | SU | 11:00 am - 12:00 pm | FREE | 370714 |

Calling all Harry Potter reading enthusiasts...We are looking for youth ages 8 – 13 who would like to read and discuss together this fascinating book. Please bring your own copy of the book.

Youth Nights

Location: Village Multipurpose Center, 2240 NW 68th Avenue

| Age | Date | Day | Time | Fee | Activity # |
|-------|-----------|-----|-------------------|------|-------------|
| 13-17 | 1/5, 1/19 | F | 7:00 pm - 9:00 pm | FREE | 370703-S, T |
| | 2/2, 2/16 | | | | 370703-U, V |
| | 3/1, 3/15 | | | | 370703-W, X |

Kickoff your weekends with your crew every 1st & 3rd Friday of each month. A variety of activities will be available ranging from Kickball, Karaoke Night, Obstacle Courses, Skills Challenges, Pickup and Full Court Games, and more. Call (954) 747-4601 for information.

VISUAL & PERFORMING ARTS

Inside Out Theatre's Advanced Performance Ensemble: Into the Woods

Location: Sunrise Civic Center Theatre, 10610 W. Oakland Park Blvd. **By Audition Only:** Actors cast will need to register with the Sunrise Civic Center

Rehearsals: Sundays beginning January 21

Performances: May 18 & 19

| Age | Date | Day | Time | Fee | Activity # |
|-----|-------------|-----|-------------------|-------|------------|
| 15+ | 1/21 - 5/19 | SU | 9:00 am - 4:00 pm | \$450 | 310604-A |

Auditionees will be required to send in a vocal video prior to the in-person auditions held on January 7. "Into the Woods" is an epic fairytale from the Brothers Grimm about wishes, family and the choices we make. A complete schedule will be distributed once the rehearsal process gets underway. Actors must be available for the performances and the mandatory tech rehearsals the week prior to the performances. For more information, please visit www.insideouttheatre.org or call (954) 249-1380. To register, please contact Jennifer Ginn at (954) 747-4646 or at jginn@sunrisefl.gov.

Inside Out Theatre's Music Theatre Production Class: Disney's Newsies JR.

Location: Sunrise Civic Center Theatre, 10610 W. Oakland Park Blvd.

No experience is necessary; however, class leads to public performance and students are expected to be committed and work at the highest level of professionalism.

Classes Begin: 2/5

Performances: Mandatory performances on 5/4 and 5/5 and dress/tech rehearsals the week prior to shows.

| Age | Date | Day | Time | Fee | Activity # |
|-------|-----------|-----|-------------------|-------|------------|
| 11-15 | 2/5 - 5/5 | М | 5:00 pm - 8:00 pm | \$450 | 310606-A |

Musical theatre class focuses on training in acting and voice, with a rehearsal period that leads to a performance of Disney's Newsies JR. Music Theatre International: "When powerful newspaper publishers raise prices at the newsboys' expense, the charismatic Jack Kelly rallies newsies from across the city to strike against the unfair conditions. Together, the newsies learn that they are stronger united and create a movement to fight for what's right." A complete rehearsal schedule will be distributed once the rehearsal process gets underway. For more information, please visit http://www.insideouttheatre. org or call (954) 249-1380. To register, please contact Jennifer Ginn at (954) 747-4646 or jginn@sunrisefl.gov.



Musical Theater Dance & Drama

Location: Sunrise Athletic Complex (SAC) Multipurpose Center,

11501 NW 44th Street

| Age | Date | Day | Time | Fee | Activity # |
|------|------------|-----|----------------|------|------------|
| 6-10 | 1/9 - 1/30 | TU | 6:45pm -7:30pm | \$54 | 320771-A |
| | 2/6 - 2/27 | | | | 320771-B |
| | 3/5 -3/26 | | | | 320771-C |

ART CLASSES

Anime and Manga

Location: Sunrise Civic Center, 10610 W. Oakland Park Blvd.

| Age | Date | Day | Time | Fee | Activity # |
|-----|-------------|-----|-------------------|------|------------|
| 10+ | 1/11 - 1/25 | TH | 6:15 pm - 7:15 pm | \$36 | 320818-A |
| | 2/1 - 2/29 | | | \$60 | 320818-B |
| | 3/7 - 3/21 | | | \$36 | 320818-C |
| | 1/11 - 1/25 | TH | 7:30 pm - 8:30 pm | \$36 | 320819-A |
| | 2/1 - 2/29 | | | \$60 | 320819-B |
| | 3/7 - 3/21 | | | \$36 | 320819-C |
| | 1/12 - 1/26 | F | 6:15 pm -7:15 pm | \$36 | 320718-A |
| | 2/2 - 2/23 | | | \$48 | 320718-B |
| | 3/8 - 3/22 | | | \$36 | 320718-C |
| | 1/12 - 1/26 | F | 7:30 pm - 8:30 pm | \$36 | 320719-A |
| | 2/2 - 2/23 | | | \$48 | 320719-B |
| | 3/8 - 3/22 | | | \$36 | 320719-C |
| | | | | | |

The goal of the class will center upon learning skills, developing creativity, inspiration and fun, as well as having the opportunity to meet others who love anime and manga. Students of all ability levels are welcome and will be challenged accordingly. Participants must be registered before sessions begins.

Let's Create Art

Location: Sunrise Civic Center, 10610 W. Oakland Park Blvd.

| Age | Date | Day | Time | Fee | Activity # |
|-------|-------------|-----|-------------------|------|------------|
| 10-15 | 1/10 - 1/31 | W | 5:30 pm - 7:00 pm | \$60 | 320711-A |
| 10-15 | 2/7 - 2/28 | | | \$60 | 320711-B |
| 10-15 | 3/6 - 3/20 | | | \$45 | 320711-C |

The goal of the class is to provide tutorial instructions that would maximize the students' artistic potentials. Every class should be an opportunity for them to learn something new. Materials are not included; supply list will be listed on the receipt. For more information please contact instructor at 954-479-2966. Participants must be registered before sessions begins. A minimum of three students are required to run this class.



SAVE THE DATE!

SUMMER CAMP REGISTRATION IN PERSON ONLY

FIRST COME. FIRST SERVED **REGISTER SATURDAY, APRIL 20TH** SUNRISE RESIDENTS, AGES 6 years to 14 years

8:00 am to 2:00 pm or until spaces fill up.*

SUNRISE CIVIC CENTER

10610 West Oakland Park Boulevard Registration packet will be available online at Sunrisefl.gov/camp and at Leisure Services

office by Wednesday, March 6. *Space is limited

DAYS OFF

Kids/Teens Day Off

Location: Drop off/Pickup at Sunrise Civic Center Art Studios, 10610 W. Oakland Park Blvd.

| Age | Date | Day | Time | Fee | Activity # | |
|------|------|-----|-------------------|------------|------------|--------------|
| 5-15 | 1/22 | М | 7:30 am - 6:00 pm | \$30/\$40* | 320402-A | At the Civic |
| 5-15 | 2/19 | М | 7:30 am - 6:00 pm | \$30/\$40* | 320402-B | TBA |
| 5-15 | 3/22 | F | 7:30 am - 6:00 pm | \$30/\$40* | 320402-C | At the Civic |

For more information, call the Department of Leisure Services at (954) 747-4600. Please make sure to bring lunch and plenty of drinks and snacks for the entire day. Children must always wear their yellow City of Sunrise camp shirts. *Pre-registration required.

Spring Mini Camp

Location: Sunrise Civic Center Athletic Club, 10610 W. Oakland Park Blvd.

| Age | Date | Day | Time | Fee* | Activity# |
|------|------------|-----|-----------|--------------------|-----------|
| 5-15 | March 25 - | M-F | 7:30 am - | \$150/Resident, | 420403-A |
| | March 29 | | 6:00 pm | \$200/Non-Resident | |

Kids and teens will love participating in our exciting activities and field trips during their school break. Bring a lunch, and plenty of drinks and snacks every day. Campers are required to wear their City of Sunrise yellow camp shirt. Drop off and pick up at the Sunrise Civic Center Art Studios. Space is limited. *Pre-registration required.

CLASSES

Mini Gladiators

Location: Sunrise Civic Center. 10610 W. Oakland Park Blvd.

| Age | Date | Day | Time | Fee | Activity # | |
|------|------------|-------|-------------------|-------------|------------|--|
| 8-13 | 1/9 - 1/30 | TU&TH | 4:00 pm - 4:45 pm | \$84 | 320701-A | |
| | 2/6 - 2/29 | | | \$96 | 320701-B | |
| | 2/5 2/20 | | | ¢0 / | 220704 C | |

This program will provide a fun and engaging way for youth aged 8-13 to improve their fitness, coordination, and agility during the summer. By providing a safe and supportive environment, participants will develop positive attitudes towards exercise and healthy habits that will benefit them throughout their lives. For more information please contact instructor at (702) 883-2487. Participants must be registered before sessions begins.



KARATE

Beginner Karate

Location: Sunrise Civic Center, 10610 W. Oakland Park Blvd.

| Age | Date | Day | Time | Fee* | Activity# |
|-----|-------------|-----|----------------|------|-----------|
| 5+ | *1/3 - 1/31 | M/W | 5:00 - 6:00 pm | \$80 | 320740-A |
| 5+ | 2/5 - 2/28 | M/W | 5:00 - 6:00 pm | \$80 | 320740-B |
| 5+ | 3/4 - 3/27 | M/W | 5:00 - 6:00 pm | \$80 | 320740-C |

Intermediate Karate**

Location: Sunrise Civic Center Athletic Club, 10610 W. Oakland Park Blvd.

| Age | Date | Day | Time | Fee* | Activity# |
|-----|-------------|-----|----------------|------|-----------|
| 5+ | *1/3 - 1/31 | M/W | 6:00 - 7:00 pm | \$80 | 320741-A |
| 5+ | 2/5 - 2/28 | M/W | 6:00 - 7:00 pm | \$80 | 320741-B |
| 5+ | 3/4 - 3/27 | M/W | 6:00 - 7:00 pm | \$80 | 320741-C |

^{**\$25/}yr Membership to Karate Association (payable to instructor) Additional fees for ranking test and uniforms not included. If you have any questions regarding Karate classes, please call (954) 940-8801.* No class on 1/15. Participants must be registered before session begins.

GYMNASTICS

Location: Sunrise Civic Center Athletic Club, 10610 W. Oakland Park Blvd.

Tumblebears

| Age | Date | Day | Time | Fee | Activity # |
|-------|------------|-----|------------------|------|------------|
| 3 - 4 | 1/6 - 1/27 | SA | 10:00 - 10:45 am | \$54 | 320760-A |
| | 2/3 - 2/24 | SA | 10:00 - 10:45 am | \$54 | 320760-B |
| | 3/9 - 3/30 | SA | 10:00 - 10:45 am | \$54 | 320760-C |

Gymnastics Basics

| - / | | | | | |
|--------|-------------|------|-----------------|---------|------------|
| Age | Date | Day | Time | Fee | Activity # |
| 4-6 | 1/11- 1/25 | TH | 5:15 - 6:00 pm | \$40.50 | 320765-A |
| | 2/1 - 2/29 | •••• | 5:15 - 6:00 pm | \$67.50 | 320765-B |
| | 3/7-3/21 | | 5:15 - 6:00 pm | \$40.50 | 320765-C |
| 6 - 11 | 1/11- 1/25 | TH | 6:05 - 6:50 pm | \$40.50 | 320766-A |
| | 2/1- 2/29 | | 6:05 - 6:50 pm | \$67.50 | 320766-B |
| | 3/7-3/21 | | 6:05 - 6:50 pm | \$40.50 | 320766-C |
| 5 - 11 | 1/12 - 1/26 | F | 6:30pm -7:30pm | \$40.50 | 320763-A |
| | 2/2 - 2/23 | | 6:30pm -7:30pm | \$54 | 320763-B |
| | 3/8 - 3/22 | | 6:30pm -7:30pm | \$40.50 | 320763-C |
| 5 - 11 | 1/6 - 1/27 | SA | 10:50 - 11:35am | \$54 | 320761-A |
| | 2/3 - 2/24 | | 10:50 - 11:35am | \$54 | 320761-B |
| | 3/9 - 3/30 | | 10·50 - 11·35am | \$54 | 320761-C |

Gymnastics Level 1

| Age | Date | Day | Time | Fee | Activity# |
|--------|------------|-----|---------------------|---------|-----------|
| 6 - 11 | 1/11- 1/25 | TH | 6:55 pm – 7:40 pm | \$40.50 | 320767-A |
| | 2/1-2/29 | | 6:55 pm - 7:40 pm | \$67.50 | 320767-B |
| | 3/7-3/21 | | 6:55 pm - 7:40 pm | \$40.50 | 320767-C |
| 5 - 11 | 1/6 - 1/27 | SA | 11:40 am - 12:25 pm | \$54 | 320762-A |
| | 2/3 - 2/24 | | 11:40 am - 12:25 pm | \$54 | 320762-B |
| | 3/9 - 3/30 | | 11:40 am - 12:25 pm | \$54 | 320762-C |

For details, visit www.JoyDecoEnterprises.com. Participants must be registered before session begins. A minimum of four students are required to run this class. Tumblebears participants will use equipment such as parachutes, trampolines and balance beams to exercise and work on basic tumbling skills Gymnastics Class will focus on basic rolls, cartwheels, handstands, back walkovers and trampoline work. Level 1 must have experience in order to enroll in class.

Creative Movement

Location: Sunrise Athletic Complex (SAC) Multipurpose Center, 11501 NW 44th Street

| Age | Date | Day | Time | Fee | Activity # |
|-----|------------|-----|------------------|------|------------|
| 4-5 | 1/9 - 1/30 | TU | 5:15pm - 6:00 pm | \$54 | 320768-A |
| | 2/6 - 2/27 | | | \$54 | 320768-B |
| | 3/5 - 3/26 | | | \$54 | 320768-C |

A beginner class to expose kids to basic movement, gross motor, loco motor and following directions. Boys and Girls will love our creative action songs and fun props for variety.

Cheerleading & Cartwheel

Location: Sunrise Athletic Complex (SAC) Multipurpose Center, 11501 NW 44th Street

| Age | Date | Day | Time | Fee | Activity # |
|--------|------------|-----|------------------|------|------------|
| 5 - 10 | 1/9 - 1/30 | TU | 6:00 pm -6:45 pm | \$54 | 320759-A |
| | 2/6 - 2/27 | | | \$54 | 320759-B |
| | 3/5 - 3/26 | | | \$54 | 320759-C |

Learn the techniques of what it takes to be a cheerleader. Cheer technique, small partner stunts, cheers, pom routines and acro-tricks such as cartwheels will be learned.

Attire: comfortable clothes and sneakers.

DANCE FX DANCE CLASSES

Location: Sunrise Civic Center, 10610 W. Oakland Park Blvd.

Baby Ballerinas

| Age | Date | Day | Time | Fee | Activity # |
|-----|-------------|-----|----------------|------|------------|
| 3-5 | 1/22 - 2/26 | М | 4:00 - 4:45 pm | \$72 | 320777-A |
| 3-5 | 3/4 - 3/18 | | | \$36 | 320777-B |
| 3-5 | 1/10 - 1/31 | W | 4:00 - 4:45 pm | \$48 | 320797-A |
| 3-5 | 2/7 - 2/28 | | | \$48 | 320797-B |
| 3-5 | 3/6 - 3/20 | | | \$36 | 320797-C |

Hip Hop

| Age | Date | Day | Time | Fee | Activity # |
|--------|-------------|-----|-----------------|------|------------|
| 6 - 10 | 1/10 - 1/31 | W | 4:45 - 5:30 pm | \$48 | 320775-A |
| 6 - 10 | 2/7 - 2/28 | | | \$48 | 320775-B |
| 6 - 10 | 3/6 - 3/20 | | | \$36 | 320775-C |
| 4-6 | 1/13 - 1/27 | SA | 10:45 -11:30 am | \$36 | 320785-A |
| 4-6 | 2/3 - 2/17 | | | \$36 | 320785-B |
| 4-6 | 3/9 - 3/30 | | | \$48 | 320785-C |
| | | | | | |

Jazz and Ballet

| Age | Date | Day | Time | Fee | Activity # |
|--------|-------------|-----|----------------|------|------------|
| 6 - 10 | 1/22 - 2/26 | М | 4:45 - 5:30 pm | \$72 | 320796-A |
| | 3/4 - 3/18 | | | \$36 | 320796-B |

Tap and Ballet

| Age | Date | Day | Time | Fee | Activity # |
|-----|-------------|-----|----------------|------|------------|
| 4-6 | 1/13 - 1/27 | SA | 10:00 -10:45am | \$36 | 320784-A |
| | 2/3 - 2/17 | | | \$36 | 320784-B |
| | 3/9 - 3/30 | | | \$48 | 320784-C |

Participants must be registered before sessions begins. A minimum of three students are required to run the class.



Fit Kids

Location: Village Multipurpose Center, 2240 NW 68th Avenue

| Age | Date | Day | Time | Fee | Activity # |
|--------|---------|-------|----------------|------|------------|
| 6 - 12 | Ongoing | TU/TH | 3:30 - 4:15 pm | Free | 370704-A |

This program involves an exercise circuit designed for children. Program activities vary each session. The goal is to increase the child's exercise level, self-esteem, social skills, motor skills and maintain a healthy weight. Call (954)747-4601 for more information.

Kids in The Kitchen

Location: Sunrise Civic Center, 10610 W. Oakland Park Blvd.

| Age | Date | Day | Time | Fee | Activity # |
|-------|--------------|-----|----------------|------|------------|
| 8-10 | *1/29 - 5/13 | М | 5:00 - 6:00 pm | \$78 | 320750-A |
| 11-15 | | | 6:30 - 7:30 pm | \$78 | 320750-B |

Participants will gain basic cooking skills and knowledge while preparing various foods. Skills will include reading recipes, wet and dry measuring, food safety, and basic knife skills. We will consume our creations at the end of each class. Participants must be registered before sessions begins. Deadline for registration 1/25. A minimum of three students are required to run this class. *No class 2/19, 3/25 and 4/22.

Fantastic Toddler Fun

Location: Sunrise Civic Center, 10610 W. Oakland Park Blvd.

| Age | Date | Day | Time | Fee | Activity# |
|-----------|-------------|-----|-----------------|------|-----------|
| 19 mo - 2 | 1/10 - 3/20 | W | 9:00 - 10:30 am | \$66 | 320917-A |

This program allows a caregiver the opportunity to participate with their child in age appropriate crafts, story time, songs, and more! Birth certificate is required with registration. Unregistered siblings will not be permitted to attend the class.

Just You & Me

Location: Sunrise Civic Center, 10610 W. Oakland Park Blvd.

| Age | Date | Day | Time | Fee | Activity # |
|-------|------------|---------|-----------------|------|------------|
| 3 - 5 | 1/9 - 1/30 | TU & TH | 9:00 - 10:30 am | \$42 | 320915-A |
| | 2/6 - 2/29 | | 9:00 - 10:30 am | \$48 | 320915-B |
| | 3/5 - 3/21 | | 9:00 - 10:30 am | \$36 | 320915-C |

This program features developmentally age appropriate activities for children age's three to five (pre-school age). Birth certificate is required with registration. Unregistered siblings will not be permitted to attend the class. Parent participation is required.



VOLLEYBALL

Location: Sunrise Athletic Club, 10610 West Oakland Park Boulevard

Beginner Volleyball Clinics

| Age | Date | Day | Time | Fee | Activity # |
|------|----------|-------|----------------|-------|------------|
| 9-17 | 1/3-3/27 | Any | Any | \$25 | 370676-G-Z |
| | 1/3-1/31 | M & W | 5:30 - 7:00 pm | \$140 | 370676-A |
| | 2/5-2/28 | M & W | 5:30 - 7:00 pm | \$140 | 370676-B |
| | 3/4-3/27 | M & W | 5:30 - 7:00 pm | \$140 | 370676-C |

Intermediate Volleyball Clinics

| Age | Date | Day | Time | Fee | Activity # |
|------|----------|------|----------------|-------|------------|
| 9-17 | 1/3-3/27 | Any | Any | \$25 | 370676-G-Z |
| | 1/3-1/31 | M &W | 7:00 - 8:30 pm | \$140 | 370676-D |
| | 2/5-2/28 | M &W | 7:00 - 8:30 pm | \$140 | 370676-E |
| | 3/4-3/27 | M &W | 7:00 - 8:30 pm | \$140 | 370676-F |

Volleyball Team Practices

| Age | Date | Day | Time | Fee | Activity # |
|------|----------|------|-----------------------------------|-------|------------|
| 9-17 | 1/5-1/28 | F/SU | 6:00 - 8:00 pm / 4:00 - 6:00pm | \$140 | 370677-A |
| | 2/2-2/25 | F/SU | 6:00 - 8:00 pm / 4:00 - 6:00pm | \$140 | 370677-B |
| | 3/3-3/29 | F/SU | 6:00 - 8:00 pm / 4:00 - 6:00pm | \$140 | 370677-C |

Crossing Courts - The focus of this program is to strengthen the athlete with the proper technique and developing the necessary skills. Teams will be divided by skill level. For more information contact Coach Mo at (954) 687-2908. There will be no class on 1/15.



OPEN PLAY

13 & Under Open Play Basketball - Village

Location: Village Multipurpose Center, 2240 NW 68th Avenue

| Age | Date | Day | Time | Fee | Activity # |
|------------|---------|------|----------------|--------|------------|
| 13 & Under | Ongoing | T/TH | 2:00 - 5:00 pm | Daily* | N/A |

Sunrise residents FREE with membership. *Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by a parent or legal guardian. Call (954) 747-4601 for information.

13 & Under Open Play Basketball - SAC

Location: Sunrise Athletic Complex (SAC) Multipurpose Center, 11501 NW 44th Street

| Age | Date | Day | Time | Fee | Activity # |
|------|---------|--------|--------|--------|------------|
| 6-13 | Ongoing | Varies | Varies | Daily* | N/A |

Sunrise residents FREE with membership. *Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by a parent or legal guardian. Call (954) 747-4604 for information.



Badminton

Location: Village Multipurpose Center. 2240 NW 68th Avenue

| Age | Date | Day | Time | Fee | Activity # |
|-----|---------|-----|-----------------|-------|------------|
| 13+ | Ongoing | TU | 7:00 - 8:45 pm | Daily | 270675-A |
| | Ongoing | SU | 12:15 - 2:15 pm | Daily | 270675-B |

A City of Sunrise waiver must be completed to participate in the program. Call (954)747-4601 for information.

OPEN PLAY

Open Play Volleyball

Location: Sunrise Athletic Complex (SAC) Multipurpose Center, 11501 NW 44th Street

| Age | Date | Day | Time | Fee | Activity # |
|-----|---------|-----|---------------|------------------|------------|
| 13+ | Ongoing | TH | 5:30 - 8:45pm | Daily visit fee* | N/A |

Sunrise residents FREE with membership. *Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by a parent or legal guardian. Call (954) 747-4604 for information.

Open Play Pickleball

Location: Sunrise Athletic Complex (SAC) Multipurpose Center, 11501 NW 44th Street

| Age | Date | Day | Time | Fee | Activity # |
|-----|---------|--------|--------|------------------|------------|
| 13+ | Ongoing | Varies | Varies | Daily visit fee* | N/A |

Sunrise residents FREE with membership. *Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by a parent or legal guardian. Call (954) 747-4604 for information.

SOCCER OPENING NIGHT

In October, Leisure Services hosted an amazing event to kick off soccer season! The teams were introduced to their adoring fans—and players, coaches and family members alike enjoyed the opportunity to mingle and have fun.







YOUTH ATHLETES OF THE MONTH

Each month, the Sunrise City Commission recognizes City employees who go above and beyond, top teachers from Sunrise schools, and others whose stories inspire and engage—including youth athletes from Sunrise recreational, travel and instructional sports programs. Athletes are nominated by their coaches, selected by the City's Leisure Services Advisory Board, and exemplify the highest standards of sportsmanship, teamwork and academic achievement. Congratulations to these recent Youth Athlete of the Month honorees:



OCTOBER 2023

Harley Fike and Maxwell Reid

Sunrise Recreational Flag Football and Cheerleading



NOVEMBER 2023

Clevon Roberts and Nilayna Fadeus

Tackle Football and Cheerleading

DECEMBER 2023

Hayley Fernandez and Merrick Galoci

Sunrise First Tee Golf





HOOPSTER BASKETBALL ACADEMY

Location: Sunrise Civic Center Gymnasium, 10610 West Oakland Park Boulevard

REGISTRATION: Only accepted at Athletic Club desk

CONTACT: Coach Ceasar Diaz at (954) 804-9241

REFUNDS: Five-week sessions must be made in

writing, and submitted before the beginning of the third class. ALL REFUNDS

subject to approval by Coach Diaz.

BASKETBALL CAMPS

| Winter Break Basketball Camp | | | | | | | |
|------------------------------|----------------|------------|-----------------|-------|------------|--|--|
| Age | Date | Day | Time | Fee | Activity # | | |
| 6 - 17 | 1/2 - 1/5 | Tues - Fri | 7:30am - 5:30pm | \$100 | 270621-F | | |
| | | Daily | | \$30 | 270621-G-J | | |
| Spring | g Break B | asketbal | l Camp | | | | |
| 6 - 17 | 3/25 - 3/29 | Mon - Fri | 7:30am - 5:30pm | \$125 | 370621-A | | |
| | | Daily | 7:30am - 5:30pm | \$30 | 370621-B-F | | |
| Kids' | Day Off B | asketbal | l Camps | | | | |
| 6 - 17 | 1/22 | М | 7:30am - 5:30pm | \$30 | 470619- A | | |
| | 2/19 | М | 7:30am - 5:30pm | \$30 | 470619-B | | |
| | 3/22 | F | 7:30am - 5:30pm | \$30 | 470619-C | | |

BASKETBALL CLASSES

| Small Fry Basketball Program | | | | | | | | |
|------------------------------|-------------|----|----------------|------|------------|--|--|--|
| 4 - 5 | 1/6 - 2/3 | SA | 9:00 - 9:30 am | \$25 | 470623-A | | | |
| | Daily | | | \$6 | 470623-B-F | | | |
| | 2/10 - 3/9 | SA | | \$25 | 470623-G | | | |
| | Daily | | | \$6 | 470623-H-L | | | |
| | 3/16 - 4/13 | SA | | \$25 | 470623-M | | | |
| | Daily | | | \$6 | 470623-N-R | | | |

Small Fry Basketball is a fun introductory program for boys and girls that teaches children the fundamentals of basketball through the basics of ball handling, passing, shooting and defense.

| Beginner Skills Program | | | | | | | |
|-------------------------|-------------|----|----------------|------|------------|--|--|
| 6 - 17 | 1/2 - 1/30 | TU | 6:00 - 7:00pm | \$50 | 470657-A | | |
| | Daily | | | \$12 | 470657-B-F | | |
| | 2/6 - 3/5 | TU | | \$50 | 470657-G | | |
| | Daily | | | \$12 | 470657-H-L | | |
| | 3/12 - 4/9 | TU | | \$50 | 470657-M | | |
| | Daily | | | \$12 | 470657-N-R | | |
| 6 - 17 | 1/11 - 2/8 | TH | 6:30 - 7:30pm | \$50 | 470663-A | | |
| | Daily | | | \$12 | 470663-B-F | | |
| | 2/15 - 3/14 | TH | | \$50 | 470663-G | | |
| | Daily | | | \$12 | 470663-H-L | | |
| | 3/21 - 4/18 | TH | | \$50 | 470663-M | | |
| | Daily | | | \$12 | 470663-N-R | | |
| 6 - 17 | 1/6 - 2/3 | SA | 9:45 - 10:45pm | \$50 | 470622-A | | |
| | Daily | | | \$12 | 470622-B-F | | |
| | 2/10 - 3/9 | SA | | \$50 | 470622-G | | |
| | Daily | | | \$12 | 470622-H-L | | |
| | 3/16 - 4/13 | SA | | \$50 | 470622-M | | |
| | Daily | | | \$12 | 470622-N-R | | |

Beginner Skills program emphasizes basketball fundamentals, including ball handling, passing, shooting, rebounding and defense.

| Intermediate Skills Program | | | | | | | | |
|-----------------------------|-------------|----|-----------------|------|------------|--|--|--|
| 6 - 17 | 1/2 - 1/30 | TU | 7:00 - 8:00pm | \$50 | 470661-A | | | |
| | Daily | | | \$12 | 470661-B-F | | | |
| | 2/6 - 3/5 | TU | | \$50 | 470661-G | | | |
| | Daily | | | \$12 | 470661-H-L | | | |
| | 3/12 - 4/9 | TU | | \$50 | 470661-M | | | |
| | Daily | | | \$12 | 470661-N-R | | | |
| 6 - 17 | 1/11 - 2/8 | TH | 7:30 - 8:30 pm | \$50 | 470665-A | | | |
| | Daily | | | \$12 | 470665-B-F | | | |
| | 2/15 - 3/14 | TH | | \$50 | 470665-G | | | |
| | Daily | | | \$12 | 470665-H-L | | | |
| | 3/21 - 4/18 | TH | | \$50 | 470665-M | | | |
| | Daily | | | \$12 | 470665-N-R | | | |
| 6 - 17 | 1/6 - 2/3 | SA | 11:00 - 12:00pm | \$50 | 470606-A | | | |
| | Daily | | | \$12 | 470606-B-F | | | |
| | 2/10 - 3/9 | SA | | \$50 | 470606-G | | | |
| | Daily | | | \$12 | 470606-H-L | | | |
| | 3/16 - 4/13 | SA | | \$50 | 470606-M | | | |
| | Daily | | | \$12 | 470606-N-R | | | |
| | | | | | | | | |

Intermediate Skills program emphasizes basketball fundamentals, including ball handling, passing, shooting, rebounding and defense. It is designed for players that have mastered the beginner drills.

| Adva | nced Skills | Pro | gram | | |
|--------|-------------|------------|----------------|------|------------|
| 6 - 17 | 1/6 - 2/3 | SA | 12:15 - 1:15pm | \$50 | 470625-A |
| | Daily | | | \$12 | 470625-B-F |
| | 2/10 - 3/9 | SA | | \$50 | 470625-G |
| | Daily | | | \$12 | 470625-H-L |
| | 3/16 - 4/13 | SA | | \$50 | 470625-M |
| | Daily | | | 7 | 470625-N-R |

Advanced Skills program emphasizes advanced drills and is designed for players that have mastered the intermediate drills.

YOUTH OPEN PLAY 7-ON-7 FLAG FOOTBALL

Location: Sunrise Athletic Complex, 11501 NW 44th St.

| Age | Date | Day | Time | Fee | Activity # |
|-------|---------|-----|----------------|-------|------------|
| 13-17 | Ongoing | W | 6:00 - 7:00 pm | Free* | N/A |

Sunrise Residents - Free with membership Non-residents must pay a daily or annual fee.

Calling all football lovers! Lace up your cleats and head to the Sunrise Athletic Complex for some friendly and competitive flag football matches. Flags will be provided on the field, so all you'll need to bring is your skill and competitive spirit! Call (954) 747-4604 for more information.

TNT SUNRISE FASTPITCH SOFTBALL

Fee: \$60/Resident; \$75/Non-resident

Registration Deadline: Thursday, January 4 – Must complete a registration form and submit payment prior to tryouts

AGE: Player's age on January 1, 2024 will determine player

age for each division

SEASON: Late March to December

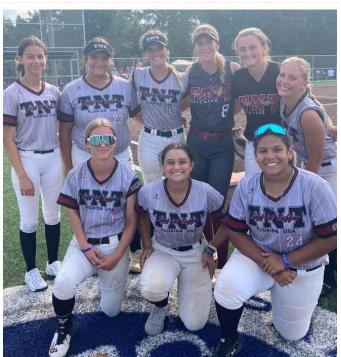
TRYOUTS: Held at Sunrise Sportsplex, 9101 NW 50th St.

REFUNDS: Players who do not make the team will receive

a full refund.

This traveling program is for girl's interested in playing competitive fast pitch softball. Each team will travel throughout Florida and compete in weekend tournaments.

| Tryouts | | | | |
|------------|---------------|----------|-------|------------|
| Division | Date | Time | Field | Activity # |
| 8 & under | January 6 & 7 | 9:00 am | 3 | 330203-A |
| 10 & under | January 6 & 7 | 9:00 am | 2 | 330203-B |
| 12 & under | January 6 & 7 | 11:00 am | 3 | 330203-C |
| 14 & under | January 6 & 7 | 11:00 am | 2 | 330203-D |
| 16 & under | January 6 & 7 | 1:00 pm | 3 | 330203-E |
| 18 & under | January 6 & 7 | 1:00 pm | 2 | 330203-F |





START SMART BASEBALL

Location: Sunrise Athletic Complex, 11501 NW 44th St.

| Age | Date | Day | Time | Fee | Activity # |
|-------|-------------|-----|----------------|---------|------------|
| 3 - 5 | 1/17 - 2/21 | W | 6:00 - 7:00 pm | \$35/60 | 330204-A |

Start Smart Baseball is a developmentally appropriate introductory program. The program prepares children and their guardians for organized tee ball and baseball/ softball in a fun, non-competitive environment. Parent(s) work one-on-one with their child practicing a variety of skills including throwing, catching, batting, and running. Parent-child groups will receive a Start Smart baseball kit which includes: 1 Koosh bat, glove & ball. Class will run for 6 weeks. Space is limited, so please register early.

START SMART BASKETBALL

Location: Village Multipurpose Center, 2240 NW 68 Ave.

| Age | Date | Day | Time | Fee | Activity # |
|-------|-------------|-----|----------------|---------|------------|
| 3 - 5 | 4/13 - 5/18 | SA | 9:00 - 10:00am | \$35/60 | 430207-A |

Start Smart Basketball is a developmentally appropriate introductory program for boys and girls that takes place over six classes. The program prepares children and their guardians for organized basketball in a fun, non-competitive environment. Parent(s) work one-on-one with their child practicing a variety of skills. Parent-child groups will receive a Start Smart basketball. This will be used during the program and can be used to continue the development of the child. Space is limited, so please register early.



YOUTH RECREATION BASEBALL/SOFTBALL

Baseball open to ages 4 to 16; Softball open to ages 7 to 14

Season Dates: February to May

Fee: \$75/Residents; \$110/Non Residents Registration Deadline: Thursday, January 4

Boys and girls are drafted on teams based on their age and skill level, as determined by player ratings. The City of Sunrise supplies each player with a shirt, pants/shorts, socks, and team ball cap. Players must supply their own glove. Rubber molded cleats are also recommended. Coaches will contact players on or before Saturday, February 3.

Games and Practices: Depending on the division, games will be played on weeknights and Saturday or Sunday. Practices will tentatively begin Monday, February 5 and are typically held on weeknights at 6:00 pm or later and on weekends. Teams will practice two or three times per week prior to the beginning of the season. It may be necessary for younger age divisions to practice on grass fields. Dates, times, and location of practices and games will be announced by team coaches. Don't forget to attend Baseball/Softball Opening Night on February 23 at the Sunrise Sportsplex! If you have any concerns please contact the Leisure Services Department, Monday through Friday, 9:00 am to 5:30 pm at 954-747-4600

Player Ratings: Players in the Instructional Tee Ball division do not need to attend ratings. All other baseball players and all softball players must attend ratings.

| Baseball | | | | | | |
|------------------------|-----------|-------------------|--|--|--|--|
| Division | Activity# | Age as of 4/30/24 | | | | |
| Instructional Tee Ball | 330201-A | 4, 5 | | | | |
| Tee Ball | 330201-B | 6 | | | | |
| Coach Pitch | 330201-D | 7, 8 | | | | |
| Minors | 330201-E | 9, 10 | | | | |
| Majors | 330201-F | 11, 12 | | | | |
| Juniors | 330201-G | 13, 14 | | | | |
| Seniors | 330201-H | 15, 16 | | | | |

| Softball | | |
|-------------|-----------|------------------|
| Division | Activity# | Age as of 1/1/24 |
| Coach Pitch | 330202-B | 7, 8 |
| Midget | 330202-C | 9, 10 |
| Senior | 330202-D | 11, 12, 13, 14 |

| Baseball Ratings | | | | | | | |
|------------------|---------------|------------|-------------------|--|--|--|--|
| Division | Field | Date | Time | | | | |
| Tee Ball | Sportsplex #1 | January 10 | Begins at 6:00 pm | | | | |
| Coach Pitch | Sportsplex #1 | January 10 | Begins at 7:00 pm | | | | |
| Minors Division | Sportsplex #1 | January 9 | Begins at 6:00 pm | | | | |
| Majors Division | Sportsplex #1 | January 9 | Begins at 7:00 pm | | | | |
| Juniors Division | Sportsplex #1 | January 8 | Begins at 7:30 pm | | | | |
| Seniors Division | Sportsplex #1 | January 8 | Begins at 7:30 pm | | | | |

| Softball Ratings | | | | | | | |
|------------------|---------------|-----------|-------------------|--|--|--|--|
| Division | Field | Date | Time | | | | |
| Coach Pitch | Sportsplex #2 | January 8 | Begins at 6:00 pm | | | | |
| Midget | Sportsplex #2 | January 8 | Begins at 6:30 pm | | | | |
| Senior | Sportsplex #2 | January 8 | Begins at 7:00 pm | | | | |
| | | | | | | | |

| Make-Up Ratings | | | | | | | |
|----------------------------|---------------|------------|----------|--|--|--|--|
| Division | Field | Date | Time | | | | |
| All Softball Divisions | Sportsplex #1 | January 13 | 9:30 am | | | | |
| Tee Ball / Coach Pitch | Sportsplex #1 | January 13 | 10:00 am | | | | |
| Minors and Majors | Sportsplex #1 | January 13 | 10:30 am | | | | |
| Juniors / Seniors Baseball | Sportsplex #1 | January 13 | 11:00 am | | | | |

Special Requests

Any special requests must be in writing. Requests are not automatically granted. Requests must be received prior to drafts.

Age Division Requests

Requests for a child to play in an age division above their age apppopriate division will be required to follow the following procedure. A special request form must be filled out prior to ratings. Requests are not automatically granted. The child must attend ratings or make-up ratings in the age division that they wish to play in. If they are unable to attend the ratings date or the make-up ratings date, they will automatically be placed in the age appropriate division. A decision regarding the request to play above HIS/HER assigned age group shall be based upon the skill level displayed by the child at ratings.

FREE \$50 Gift Card for **Sunrise Athletes**

The City's Youth Athletics Incentive Program makes available one \$50 Dick's Sporting Goods gift card per eligible child who participates in a City of Sunrise youth recreation athletics program. The Program is made possible by American Rescue Plan Act (ARPA) funds, and was developed in an effort to assist Sunrise residents who have experienced a hardship due to the COVID-19 pandemic.

> Sunrise residents who are parents/guardians of eligible participants are encouraged to apply!

> > Visit www.sunrisefl.gov/athlete50 or call (954) 747-4600 for details.

Interested in Coaching for the 2024 Youth Recreation **Baseball Softball Season?**

Volunteer coaches are needed in all age divisions, and will be selected immediately following the registration deadline. All coaches are required to be fingerprinted, and have a criminal background check completed.

As an added benefit, head coaches are eligible for a 50% DISCOUNT on their child's registration.

If you are interested and need further information, please call Leisure Services at (954) 747-4600.

Open Play Basketball

Location: Village Multipurpose Center 2240 NW 68th Avenue

| Age | Date | Day | Time | Fee | Activity # |
|-----|---------|--------|--------|------------------|------------|
| 13+ | Ongoing | Varies | Varies | Daily visit fee* | N/A |

Sunrise residents FREE with membership. *Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by a parent or legal guardian. Call (954) 747-4601 for daily schedule.

Location: Sunrise Athletic Complex (SAC) Multipurpose Center 11501 NW 44th Street

| Age | Date | Day | Time | Fee | Activity# |
|-----|---------|--------|--------|------------------|-----------|
| 13+ | Ongoing | Varies | Varies | Daily visit fee* | N/A |

Sunrise residents FREE with membership. *Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by a parent or legal guardian. Call (954) 747-4604 for daily schedule.

Adult Open Play 7-on-7 Flag Football

Location: Sunrise Athletic Complex 11501 NW 44th Street

| Age | Date | Day | Time | Fee | Activity # |
|-----|---------|-----|----------------|-------|------------|
| 18+ | Ongoing | W | 7:00 - 8:00 pm | Free* | N/A |

Calling all football lovers! Lace up your cleats and head to the Sunrise Athletic Complex for some friendly and competitive flag football matches. Flags will be provided on the field, so all you'll need to bring is your skill and competitive spirit! Sunrise residents FREE with membership. *Non-residents must pay a daily or annual visit fee. Call (954) 747-4604 for more information.

Open Play Netball

Location: Village Multipurpose Center 2240 NW 68th Avenue

| Age | Date | Day | Time | Fee | Activity # |
|-----|---------|------|---------------|------------------|------------|
| 18+ | Ongoing | SU** | 2:30 - 4:30pm | Daily visit fee* | 370687-A |

Netball is a ball sport played by two teams of seven players. Games are played on a rectangular court with raised goal rings at each end. Each team attempts to score goals by passing a ball down the court and shooting it through its goal ring. A City of Sunrise waiver must be completed to participate in the program. Call (954) 747-4601 for information. *Non-members pay daily or annual fee. **SU: No Netball on 3/31.

Open Play Volleyball

Location: Sunrise Civic Center Athletic Club, 10610 West Oakland Park Boulevard

| Age | Date | Day | Time | Fee | Activity # |
|-----|---------|-----|---------------|------------------|------------|
| 18+ | Ongoing | SU | 2:00 - 4:00pm | Daily visit fee* | N/A |

*Free to Athletic Club members. Non-members pay daily or annual fee. For more information and schedule, please call (954) 747-4666.

Location: Sunrise Athletic Complex (SAC) Multipurpose Center, 11501 NW 44th Street

| Age | Date | Day | Time | Fee | Activity# |
|-----|---------|-----|---------------|------------------|-----------|
| 13+ | Ongoing | TH | 5:30 - 8:45pm | Daily visit fee* | N/A |

Children under 13 must be accompanied by parent or legal guardian. FREE with membership. *Non-members pay daily or annual fee. Please call (954)747-4604 for details.

Open Play Wallyball

Location: Sunrise Civic Center Athletic Club, 10610 West Oakland Park Boulevard

| Age | Date | Day | Time | Fee | Activity # |
|-----|---------|-----|---------------|------------------|------------|
| 18+ | Ongoing | F | 6:00 - 8:30pm | Daily visit fee* | N/A |

FREE with membership. *Non-members pay daily or annual fee. Please call (954)747-4666 for more information.

Badminton

Location: Village Multipurpose Center, 2240 NW 68th Avenue

| Age | Date | Day | Time | Fee | Activity # |
|-----|---------|-----|----------------|------------------|------------|
| 13+ | Ongoing | TU | 7:00 - 8:45 pm | Daily visit fee* | 370675-A |
| | Ongoing | SU | 12:15 - 2:15pm | Daily visit fee* | 370675-B |

*Free with membership. A City of Sunrise waiver must be completed to participate in the program. Non-members pay daily or annual fee. Call (954) 747-4601 for information.

Open Play Pickleball

Location: Sunrise Civic Center Athletic Club, 10610 West Oakland Park Boulevard

| Age | Date | Day | Time | Fee | Activity # |
|-----|---------|--------|------|------------------|------------|
| 18+ | Ongoing | M - SA | Any | Daily visit fee* | N/A |

FREE with membership. *Non-members pay daily or annual fee. Please call (954) 747-4666 for daily schedule.

Location: Sunrise Athletic Complex (SAC) Multipurpose Center, 11501 NW 44th Street

| Age | Date | Day | Time | Fee | Activity # |
|-----|---------|--------|------|------------------|------------|
| 18+ | Ongoing | M - SA | Any | Daily visit fee* | N/A |

FREE with membership. *Non-members pay daily or annual fee. Please call (954)747-4604 for daily schedule.

Pickleball Instruction

Location: Sunrise Civic Center Athletic Club, 10610 West Oakland Park Boulevard

| Age | Class | Day | Time | Fee | Activity # |
|-----|-----------------|-----|------|-------|------------|
| 7+ | 90 Min. Private | Any | Any | \$120 | 370688A-Z |
| | 60 Min. Private | Any | Any | \$75 | 370689A-Z |
| | 30 Min. Private | Any | Any | \$40 | 370692A-Z |
| | Semi Private | Any | Any | \$80 | 370690A-Z |
| | Group Clinic | Any | Any | \$25 | 370691A-Z |

For more information on Pickleball Instruction with Coach Callo, please call (917) 676-8888.



DANCE AND FITNESS



Adult Hip-Hop Dance Class

Location: Sunrise Civic Center Athletic Club, 10610 West Oakland Park Boulevard

| Age | Date | Day | Time | Fee | Activity# |
|-----|-----------|-----|----------------|---------|------------|
| 18+ | Any | Any | Any | \$15 | 370658-D-Z |
| | 1/8-1/29* | М | 7:15 - 8:15 pm | \$37.50 | 370658-A |
| | 2/5-2/26 | М | 7:15 - 8:15 pm | \$50 | 370658-B |
| | 3/4-3/25 | М | 7:15 - 8:15 pm | \$50 | 370658-C |

For more information contact Developing Dreams Foundation at (954) 282-1014. *There will be no class on 1/15.

Caribbean Dance Fitness

Location: Sunrise Civic Center Athletic Club, 10610 West Oakland Park Boulevard

| Age | Date | Day | Time | Fee | Activity# |
|-----|------------|-----|-----------------|------|------------|
| 18+ | Any | Any | Any | \$15 | 370667-D-Z |
| | 1/6 - 1/27 | SA | 10:00 - 11:00am | \$50 | 370667-A |
| | 2/3-2/24 | SA | 10:00 - 11:00am | \$50 | 370667-B |
| | 3/9-3/30 | SA | 10:00 - 11:00am | \$50 | 370667-C |

Dress comfortably and wear sneakers, NO OPEN TOED SHOES OR SANDALS. For more information contact Developing Dreams Foundation at (954) 282-1014.

Salsa Dancing

Location: Sunrise Civic Center Athletic Club, 10610 West Oakland Park Boulevard

| Age | Date | Day | Time | Fee | Activity # |
|-----|----------|-----|----------------|------|------------|
| 18+ | 1/5-1/26 | F | 6:00 - 7:00 pm | \$65 | 370664-A |
| | 2/2-2/23 | F | 6:00 - 7:00 pm | \$65 | 370664-B |
| | 3/8-3/29 | F | 6:00 - 7:00 pm | \$65 | 370664-C |

*Dress comfortably; however, sneakers are not encouraged for this class due to turns and pivots. We recommend heels for ladies and dress shoes or loafers for gentlemen. For more information contact Developing Dreams Foundation at (954) 282-1014.

Soca Step Dance Aerobics

Location: City Park, 6600 Sunset Strip

| Age | Date | Day | Time | Fee | Activity # | |
|-----|------|-----|---------|------|------------|--|
| 18+ | 1/26 | F | 7:00 pm | Free | N/A* | |
| | 2/23 | F | 7:00 pm | Free | N/A* | |
| | 3/29 | F | 7:00 pm | Free | N/A* | |

Join Us for a class on the last Friday of every month! Bring water, a towel and your flag. Hosted by Coach Kamal from Tailored Fitness with a live Soca DJ. *Register online at www. sunrisefl.gov/soca.

Yoga

Location: Sunrise Civic Center Athletic Club, 10610 West Oakland Park Boulevard

| Age | Date | Day | Time | Fee | Activity # |
|-----|-----------|-----|---------------|---------|------------|
| 18+ | 1/8-1/29* | М | 6:00 - 7:00pm | \$41.25 | 370653-A |
| | 2/5-2/26 | М | 6:00 - 7:00pm | \$55 | 370653-B |
| | 3/4-3/25 | М | 6:00 - 7:00pm | \$55 | 370653-C |

Please bring a mat and bottle of water to class. *No class on 1/15.

PERSONAL TRAINING: 15-Minute "Lunch Rush"

Location: Sunrise Civic Center Athletic Club, 10610 West Oakland Park Boulevard

| Age | Date | Day | Time | Fee | Activity # |
|-----|-------------|-----|----------------|------|------------|
| 16+ | Weekly Pass | M-F | 12:30 - 1:00pm | \$50 | 370681-A-M |
| | Weekly Pass | M-F | 1:00 - 1:30pm | \$50 | 370681-N-Z |

*Sessions are available only for current Athletic Club members! Space is limited. Must register by 5:00 pm the day before.

PERSONAL TRAINING: 30-Minute Session*

Location: Sunrise Civic Center Athletic Club, 10610 West Oakland Park Boulevard

| Age | Date | Day | Time | Fee | Activity # |
|-----|-------------|-----|------|-------|------------|
| 16+ | 1 Session | Any | Any | \$25 | 370685-A-Z |
| | 3 Sessions | Any | Any | \$69 | 370673-A-G |
| | 6 Sessions | Any | Any | \$138 | 370673-H-N |
| | 9 Sessions | Any | Any | \$207 | 370673-O-U |
| | 12 Sessions | Any | Any | \$276 | 370673-V-Z |

A (one-time) complimentary 15-minute assessment will be scheduled after the purchase of the first 30-minute session. *Sessions available only for current Athletic Club members. For more information please call Bobbi at (954) 779-8175.

PERSONAL TRAINING: 60-Minute Session*

Location: Sunrise Civic Center Athletic Club, 10610 West Oakland Park Boulevard

| Age | Date | Day | Time | Fee | Activity# |
|-----|-------------|-----|------|-------|-----------|
| 16+ | 1 Session | Any | Any | \$45 | 370686A-Z |
| | 3 Sessions | Any | Any | \$129 | 370674A-G |
| | 6 Sessions | Any | Any | \$258 | 370674H-N |
| | 9 Sessions | Any | Any | \$387 | 370674O-U |
| | 12 Sessions | Any | Any | \$516 | 370674V-Z |

A (one-time) complimentary 15-minute assessment will be scheduled after the purchase of the first 60-minute session. *Sessions available only for current Athletic Club members. For more information please call Bobbi at (954) 779-8175.





Blast & Burn Tuesdays & Tone Up Saturdays*

Location: Sunrise Civic Center Athletic Club, 10610 West Oakland Park Boulevard

| Age | Date | Day | Time | Fee | Activity# |
|-----|-----------|-----|-----------------|------|-----------|
| 18+ | 1/9-1/30 | TU | 5:45pm - 6:45pm | Free | 370683-A |
| | 2/6-2/27 | TU | 5:45pm - 6:45pm | Free | 370683-B |
| | 3/5-3/26 | TU | 5:45pm - 6:45pm | Free | 370683-C |
| | 1/6-1/27 | SA | 8:15am-9:15am | Free | 370683-D |
| | 2/3-2/24 | SA | 8:15am-9:15am | Free | 370683-E |
| | 3/9-3/30* | SA | 8:15am-9:15am | Free | 370683-F |

Blast & Burn is designed to be a FUN yet challenging, cardio toning class that prioritizes your lower body. Tone Up is designed to sculpt your body by shedding excess fat while building muscles. For more information, please call Bobbi at (954) 779-8175. Register at the Athletic Club desk or at www.sunrisefl.gov. *No class on 3/16.

Adult Indoor Walking

Location: Village Multipurpose Center, 2240 NW 68th Avenue

| Age | Date | Day | Time | Fee | Activity# |
|-----|---------|-------|-----------------|-------|-----------|
| 18+ | Ongoing | M - F | 9:00 - 11:00 am | Free* | N/A |

Our staff will motivate you and provide you with various stretching exercises. Call (954) 747-4601 for information. A City of Sunrise waiver must be completed to participate in the program. *Free with membership.

Stretch-N-Stroll

Location: Sunrise Athletic Complex (SAC) Multipurpose Ctr, 11501 NW 44th Street

| Age | Date | Day | Time | Fee | Activity # |
|-----|---------|-----|----------------|------|------------|
| 18+ | Ongoing | TU | 9:30 - 10:30am | Free | N/A |

Meet at the SAC Multipurpose Center and join us for a 30 minute walk, starting and ending with a 15 minute stretch. A City of Sunrise waiver must be completed to participate in the program.

Sunrise Steppers

Location: City Park, 6600 Sunset Strip

| Age | Date | Day | Time | Fee | Activity# |
|-----|---------|-----|------------------|------|-----------|
| All | Ongoing | M-F | 9:30am - 10:30am | Free | N/A |

Pump up your morning routine at the park! Walk the park, hit our outdoor gym stations for a full-body workout, and groove to energizing beats, making fitness fun under the rising sun.

Baptist Health Boot Camp

Location: Sunrise Civic Center Athletic Club, 10610 West Oakland Park Boulevard

Age Date Day Time Fee Activity #

18+ Ongoing TH 5:30pm - 6:30pm Free N/A

Baptist Health

Baptist Health

Baptist

Health

Bring a mat, water and a towel to class. Must register at the Athletic Club desk.

Baptist Health Aqua Zumba

Location: Sunrise Civic Center Family Pool, 10610 West Oakland Park Boulevard

AgeDateDayTimeFeeActivity #18+OngoingW5:30pm - 6:30pmFreeN/A

Bring a towel to class. Must register at the Pool Control desk.

Baptist Health Zumba

Location: Sunrise Civic Center Athletic Club, 10610 West Oakland Park Boulevard

 Age
 Date
 Day
 Time
 Fee
 Activity#

 18+
 Ongoing
 TU
 7:00pm - 8:00pm
 Free
 N/A

Bring water and a towel to class. Must register at the Athletic Club desk.

40+ Double Dutch Jump Rope

Location: Village Multipurpose Center, 2240 NW 68th Avenue

| Age | Date | Day | Time | Fee | Activity # |
|-----|---------|-----|---------------|------|------------|
| 40+ | Ongoing | TH | 7:00 - 8:45pm | Free | 370687-A |

Location: City Park, 6600 Sunset Strip

| Age | Date | Day | Time | Fee | Activity # |
|-----|---------|-----|----------------|------|------------|
| 40+ | Ongoing | SA | 9:00am- 8:45pm | Free | 370687-A |
| | | SU | 5:00 - 6:00pm | | |

Women over the age of 40 get together to take a break from "adulting" by jumping Double Dutch, hula hooping, playing hopscotch and Chinese rope! A City of Sunrise waiver must be completed to participate in the program. Call (847) 207-6227 for information.





PHOTOGRAPHY

South Florida Photography - Basic

Location: SAC Multipurpose Center, 11501 NW 44th Street

| Age | Date | Day | Time* | Fee | Activity # |
|-----|-------------|-----|---------------|-------|------------|
| 18+ | 1/10 - 1/31 | W | 5:30 - 6:50pm | \$150 | 370710-A |
| | 2/7 - 2/28 | W | 5:30 - 6:50pm | \$150 | 370710-В |
| | 3/6 - 3/27 | W | 5:30 - 6:50pm | \$150 | 370710-C |

South Florida Photography - Advanced

Location: SAC Multipurpose Center, 11501 NW 44th Street

| Age | Date | Day | Time* | Fee | Activity # |
|-----|-------------|-----|---------------|-------|------------|
| 18+ | 1/10 - 1/31 | W | 7:00 - 8:20pm | \$150 | 370712-A |
| | 2/7 - 2/28 | W | 7:00 - 8:20pm | \$150 | 370712-В |
| | 3/6 - 3/27 | W | 7:00 - 8:20pm | \$150 | 370712-C |

For more information please call the instructor at (609) 412-7546 or visit south florida photography classes. com.

SOCIAL SERVICES

The Special and Community Support Division

provides information regarding available state, and county social service programs. An emergency food pantry and medical equipment loan-out is available for Sunrise residents who may need temporary assistance due to loss of employment or other issues. Social Services also include transportation and special programs. For further information, contact the Social Worker at (954) 746-3670.

Bereavement Support Group

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

| Date | Day | Time | Fee | Activity # |
|--------|-----|------------------|------|------------------|
| Weekly | TH | 9:45am - 11:00am | Free | Walk-ins welcome |

This group is facilitated by a Continuum Care Health professional grief counselor and is a valuable source of support for those dealing with grief and mourning. For more information call (954) 746-3670 or stop by the Senior Center Front Desk.

Blood Pressure Check - (Sunrise Fire Rescue)

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

| Date | Day | Time | Fee | Activity# |
|----------------|-----|----------|------|------------------|
| 1/12, 2/9, 3/8 | F | 11:00 am | Free | Walk-ins welcome |

Emergency Food Pantry

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

| Date | Day | Time | Fee | Activity # |
|------|--------|----------------|------|----------------|
| | Weekly | 8:30 - 4:00 am | Free | Call for appt. |

The City of Sunrise operates an Emergency Food Pantry with canned goods for Sunrise residents in need. Visits to the Pantry are limited to no more than once every three months until the crisis is past or an alternate agency can fulfill the need. It is by appointment only and must be arranged with the Social Worker. For information, call (954) 746-3670 between 8:30 am and 4:00 pm.

F.L.O.W. - (Florida Licensing on Wheels)

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

| Date | Day | Time | Fee | Activity# | |
|------|-----|------------------|-----|-----------------|--|
| 1/10 | W | 10:00am - 1:30pm | | Call for appt.* | |

Florida Licensing on Wheels, the DMV mobile unit, will be at the Sunrise Senior Center the second Wednesday of the month. Residents can renew their driver's license, vehicle registration and get a Florida I.D. Please visit the website to know what documents you will need to bring with you to avoid a second trip https://www.flhsmv.gov/driver-licenses. For more information call (954) 746-3670. This service is available to all Broward Co. residents.

*Note: This is not a City run program these dates are subject to cancellation without notice, please call before you come to the Senior Center.

Insomnia and Sleep Wellness Lecture

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

| Date | Day | Time | Fee | Activity# | |
|------|-----|------------------|------|-----------------|--|
| 1/12 | F | 10:00 - 11:30 am | Free | Call to sign up | |

Join us for a lecture from Memorial Healthcare about insomnia and sleep wellness. Insomnia is defined by the presence of an individual's report of difficulty with sleep. Insomnia is a common sleep disorder. If you have it, you may have trouble falling asleep, staying asleep, or both. As a result, you may get too little sleep or have poor-quality sleep. Learn what you can do to get better sleep.

Heart Health Lecture

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

| Date | Day | Time | Fee | Activity # |
|------|-----|------------------|------|-----------------|
| 2/9 | F | 10:00 - 11:30 am | Free | Call to sign up |

February is American Heart Month, a time when all people can focus on their cardiovascular health. Sometimes heart disease may be "silent" and not diagnosed until a person experiences signs or symptoms of a heart attack, heart failure, or an arrhythmia. Learn the signs and symptoms so that you can be educated and take control of your heart health. A light lunch will be provided to all pre-registered participants. Sponsored by Humana Marketpoint.

Kidney Disease Awareness Lecture

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

| Date | Day | Time | Fee | Activity # |
|------|-----|------------------|------|-----------------|
| 3/8 | F | 10:00 - 11:30 am | Free | Call to sign up |

This lecture will be presented by Jade Barnes, LPN. March is National Kidney Month. Did you know kidney disease is often referred to as a "silent disease," because there are usually no symptoms during its early stages? In fact, as many as 90% of Americans who have chronic kidney disease (CKD) don't know they have the disease until it is very advanced. The good news is the earlier you find out you have kidney disease, the sooner you can take steps to protect your kidneys from further damage. A light lunch will be provided to all pre-registered participants. Sponsored by Phoenix Homecare.

Life Changes Group

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

| Date | Day | Time | Fee | Activity # |
|--------|-----|-------------------|------|------------------|
| Weekly | W | 2:30 pm - 3:30 pm | Free | Walk-ins welcome |

This group is starting back January 3! VITAS Healthcare will be facilitating this support group. Laura Durant, Social Worker will lead the meetings. The Life Changes group was designed to help people deal with grief beyond the 12-month period, as well as help people who may not have loss, but a string of life changes related to the aging process, (loss of hearing, vision, mobility or entering the retirement years to name a few). This is a peer-support group, all are welcome.

Prescription Discount Card Program

Sunrise residents who are without health insurance, a traditional pharmacy benefit plan, or have prescriptions not covered by insurance can take advantage of this plan. The savings is approximately 20%, and no income or age requirements. Please call the Sunrise Senior Center at 954-746-3670 or come by the Senior Center for information.

Property Tax Exemption Assistance Additional Hours

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

| Date | Day | Time | Fee | Activity # |
|------------------|-----|------------------|------|------------------|
| 1/12, 2/9, 3/8 | F | 10:00 - 11:30 am | Free | Walk-ins welcome |
| 1/17, 2/21, 3/20 | W | 4:00pm - 5:30pm | Free | Walk-ins welcome |

Representatives from the Broward County Property Appraiser's office will help taxpayers apply for homestead and other property tax exemptions, including those for seniors, widows/widowers, the disabled, and veterans. Bring a Florida Driver's License; a Broward voter registration card; Social Security numbers of all owners; and a copy of the recorded deed or tax bill. Resident aliens must bring a permanent resident green card or proof of asylum.

Veteran's Advisors

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard

| Date | Day | Time | Fee | Activity # |
|----------------|-----|--------------------|------|------------------|
| 1/12, 2/9, 3/8 | F | 9:00 am - 12:00 pm | Free | Walk-ins welcome |

Broward County Veterans Services will have a Certified Veterans Advisor at the Sunrise Senior Center to aid veterans, their widows, dependents and dependent survivors regardless of age or other status. Services are focused on attainment and/or maintenance of self-sufficiency. Services include: Information, Referral and Linkage, & Benefits and Claims Processing.

SENIOR EVENTS & ACTIVITIES

Sunrise Senior Center

10650 West Oakland Park Boulevard, (954) 746-3670

Hours of Operation:

M - TH: 8:30 am to 9:00 pm; Closed 1/1 & 1/15. F: 8:30 am to 4:30 pm; SA: 9:00 am to 1:00 pm.

Annual Membership Fees:

Sunrise residents \$15/year; non-residents \$25/year

The Sunrise Senior Center offers services for people 55+ years young, including recreational classes, trips, transportation, health and safety programs, special events and more.

SPECIAL EVENTS

Dancing Through the Decades Dinner Dance

| Date | Day | Time | Register | Fee | Activity# |
|------|-----|-------------------|----------|-----------|-----------|
| 1/11 | TH | 6:00 pm - 9:00 pm | Now | \$22/\$24 | 380832-A |

Enjoy an unforgettable evening of nostalgia and fun! This lively event will transport you through the eras, offering a trip down memory lane as we celebrate the music, fashion, and culture that defined past decades. You'll be outfitted with a pair of hi-tech headphones, giving you the power to control your listening and entertainment experience. A delicious dinner will also be served!

Murder Mystery Dinner Dance

| Date | Day | Time | Register | Fee | Activity# |
|------|-----|-------------------|----------|-----------|-----------|
| 2/20 | TU | 6:00 pm - 9:00 pm | 1/5 | \$22/\$24 | 380832-B |

Become a detective and help solve a crime during this exciting murder mystery dinner show! You'll interact with participants and fellow partygoers as you unravel clues, scrutinize witnesses and alibis, and select from a range of suspects. In addition to uncovering whodunnit, you'll be treated to a delectable meal!

Under the Big Top Social

| Date | Day | Time | Register | Fee | Activity # |
|------|-----|-------------------|----------|----------|------------|
| 3/13 | W | 1:00 pm - 3:00 pm | 2/2 | \$8/\$10 | 380822-A |

Come one, come all to the greatest party in town! Clown around with your friends at the Senior Center Big Top: enjoy a circus-style hot dog with all your favorite toppings, try your luck at carnival games, enjoy a juggling show, and get your face painted if you choose!

Denim, Diamond and Dancing Social

| Date | Date Day Time | | Register | Fee | Activity# | |
|------|---------------|-------------------|----------|----------|-----------|--|
| 4/18 | TH | 1:00 pm - 3:00 pm | 3/1 | \$8/\$10 | 480822-A | |

Dust off your cowboy (or cowgirl) hat and boots, add a little denim and bling, and have a rip-roarin' good time at our western-themed extravaganza! We'll have footstomping music, country line dancing, and plenty of fun. Saddle up!

FREE TRANSPORATION

Minibus Routes operate weekdays from 8:00 am to 2:45 pm, picking up passengers from residental areas and transporting them to major shopping centers within Sunrise. For more information, or to obtain schedules, call (954) 764-3677.

Non-Emergency Medical Transportation is available to eligible Sunrise residents who are 62 or older, or physically handicapped. If you no longer drive or maintain a vehicle in your immediate household and need reliable transportation to doctors, dentists and other medical appointmentsm call (954) 746-3676 for transportation information. Application and approval is required.



SPECIAL INTEREST CLUBS

American Legion Post 365

Meets 4th Tuesday of month, at 7:00 pm

Location: Sunrise Senior Center, 10650 West Oakland Park Blvd

The American Legion is the nation's largest veteran's service organization, committed to mentoring and sponsorship of youth programs in our communities, advocating patriotism and honor, promoting a strong national security, and continued devotion to our fellow service members and veterans. The American Legion's success depends entirely on active membership, participation and volunteerism. Contact Commander Loretta Young (954) 257-6763 for further information.

Sunrise Latin Social Club

Meets 1st Tuesday of month from 6:00 pm - 8:00 pm

Free admission; Walk-ins welcome

Location: Sunrise Senior Center, 10650 West Oakland Park Blvd

This Club is geared towards socialization, building friendships, participating in activities and other special events. Everyone is invited. Senior Center membership is required. Queremos invitar a la communidad Latina que venga a disfrutar de nuestro centro y ser parte de nuestra communidad. We invite the Latin community to come embrace our center and be a part of our community. Contact Ana Lopez (908) 907-1324 or Elizabeth Lasprilla (954) 328-7483 for monthly meeting and ticket information.

Sunrise Wood Carvers

Meets Tuesdays, from 6:00 pm - 9:00 pm

Free: Walk-ins welcome

Location: Sunrise Senior Center, 10650 West Oakland Park Blvd

No experience necessary. Must be 18 years or older. Volunteer instructors available.

Gold Coast Wood Turners

Meets 3rd Thursday of month from 7:00 pm - 9:00 pm

Free; Walk-ins welcome

Location: Sunrise Senior Center, 10650 West Oakland Park Blvd

This non-profit organization is dedicated to promoting the art and craft of woodturning through education. Join us at meetings, where we conduct club business, present technical demonstrations, share work, discuss technique and provide constructive feedback. Call Lara Baker at (954) 557-3038 or visit https://goldcoastwoodturnersinc.org

Sunrise Women's Bocce Club

Meets Wednesdays, from 3:00 pm - 5:00 pm

Free*; Walk-ins welcome

Location: Nob Hill Soccer Club Park, 10200 Sunset Strip

No experience necessary. *Membership in the Sunrise Senior Center is required for participation. Call Frances (Fran) Nugent - Captain at (954) 495-7730 or Irma Martorana Co-Captain (954) 578-1940 for information.

UPCOMING SENIOR TRIPS

JANUARY TICKET SALE: Members 1/5: Non-Members 1/12

| Trip | Date | Day | Time | Fee | Activity# |
|------------------------|------|-----|------------------|-----------|-----------|
| Delray Yacht Cruise | 2/6 | TU | 11:30am - 5:30pm | \$34/\$36 | 380844-A |

Escape for the afternoon, and experience the calm waters of the Intracoastal Waterway. Hop aboard the Lady Atlantic on a two-hour narrated tour past some of the area's most beautiful mansions. See a variety of marine life in its natural habitat and learn a little about the area's history. Cruise from Veterans Park on East Atlantic Avenue, Delray Beach south to Boca Raton. Lunch on own on board.

Seminole Hard 2/15 TH 9:00am - 3:30pm \$5/\$7 **380826-B Rock Casino**

Get ready for a great day at the casino. Try your luck at slots, table games and more. Lunch on your own.

Dania Pointe 2/22 TH 10:00 am - 3:30 pm \$5/\$7 380846-A

Dania Pointe is one of the newest premier mixed-use shopping and leisure places in South Florida. Featuring more than 45 stores and shops including 14 restaurants and eateries. Shop and enjoy lunch on your own at the eatery of your preference.

Stranahan House 2/27 TU 9:00 am - 3:30 pm \$16/\$17 **380841-A** & Water Taxi

Enjoy a one hour and fifteen minutes tour of the Historic Stranahan House Museum, Fort Lauderdale's oldest and most historically significant surviving structure. The Stranahan House holds the story of a family, a house, and the birth of a city. After the tour, enjoy a twenty-minute tour on the Water Taxi Trolley. Enjoy more sites of Fort Lauderdale on this fun ride on the intercoastal. Then lunch on your own at one of the restaurants next to the Stranahan House. Feel free to bring your own picnic lunch if you prefer.

! IMPORTANT NOTICE:

To ensure accessibility, there are ramps leading up to the first floor of the house, allowing tour guests in wheelchairs to enjoy the entire first floor. However, the second floor is accessible only by stairs. Nonetheless, they do offer a virtual tour featuring informational videos of each of the rooms upstairs which provide an alternative experience for those who cannot access the second floor in person.

FEBRUARY TICKET SALE: Members 2/2: Non-Members 2/9

| Trip | Date | Day | Time | Fee | Activity# |
|-----------------------|------|-----|-----------------------|-----------|-----------|
| Marlins vs Yankees | 3/4 | М | 4:30 pm - 11:00 pm | \$43/\$45 | 380837-A |

Don't miss your chance to see the Marlins take on the Yankees in a Major League Baseball showdown. Be sure to get your tickets early! Seats TBD.

"Moulin Rouge" at 3/14 TH 6:15 pm - 11:00 pm \$62/\$64 **380839-A** Broward Center

Hey sister... the 10-time Tony Award-winning Broadway sensation, Moulin Rouge, is heading to Broward! Garnering rave reviews from Broadway's toughest critics Moulin Rouge has been named the most gorgeous Broadway event of the year! You won't want to miss this visually spectacular show! Please eat dinner prior to arriving at the Senior Center. Sections and Rows TBD.

Dania Casino 3/19 TU 9:00 am - 3:30 pm \$5/\$7 380826-C

Get ready for a great day at the casino. Try your luck at slots, table games and more. Lunch on your own.

Dolphin Mall 3/28 TH 9:00 am - 3:30 pm \$5/\$7 **380846-B**

Enjoy great indoor shopping at its finest! Then take time to experience the extensive food court for lunch on your own.

MARCH TICKET SALE: Members 3/1: Non-Members 3/8

| Trip | Date | Day | Time | Fee | Activity# |
|----------------------------|------|-----|-------------------|---------|-----------|
| Seminole Classic Casino | 4/4 | TH | 9:00 am - 3:30 pm | \$5/\$7 | 480826-A |

Feeling lucky? Enjoy a great day at the casino! Play the tables, slots, and more.

Delray Affair 4/12 F 9:00 am - 4:00 pm \$5/\$7 **480842-A**

Celebrate the 62nd year of the Delray Affair, the largest arts and crafts festival in the southeast United States with over 800 vendors. The event features an eclectic mixture of fine art, great crafts, live music, food, and funky products from around the world. The outdoor Delray Affair takes place downtown and stretches 12 city blocks. Food and beverages available for purchase.

Beach Day and 4/16 TH 9:45 am - 3:30 pm \$5/\$7 **480851-A** Lunch

Spend the morning relaxing on the beach in Pompano. Bring your beach chair or beach blanket and catch some sun or take a dip in the ocean. Take a stroll or rent a rod and fish on the Pompano Beach Fisher Family Pier. After the beach and pier, the group will head over to the one of the newest spots in Pompano, The Bite Eatery, for lunch on your own. Choices include, Taco Vibez, Papas Pizzeria, Deli Snack, Captain Lobster, Beef Boys and more.

Morikami 4/23 TU 9:15am - 3:30pm \$20/\$22 **480841-A** Japanese Gardens

Enjoy a docent led tour of the current exhibit, the Seishin-an Tea House, the dry garden, and an overview of the Yamato Colony. After the tour, you can continue to stroll thru the Morikami Museum at your leisure. You can enjoy lunch on your own at the Cornell Cafe.

Flagler Museum 4/30 TU 9:00 am - 2:30 pm \$27/\$29 **480842-A**

Get to know the Flagler Museum on a one-hour docent led group tour of the first floor of Whitehall. Then experience the second floor and the Flagler Kenan Pavilion on your own. Afterwards board bus and head to TooJay's for lunch on your own.



Trip & Ticket Policies

- No tickets will be sold before the published sale date. Sales commence at 8:30 am.
 Current Senior Center I.D. cards must be presented for any transaction.
- Members MUST be present to purchase tickets. You may, however, buy a ticket for a member who resides in the same household as you, provided you present their I.D. card. Both tickets will be charged the member rate.
- You may purchase one additional ticket (at the higher guest price) for each member ticket purchased (provided the member is present).
- Any person purchasing tickets will only be allowed to purchase a maximum of two tickets per person per event regardless of member/guest status.
- When purchasing tickets, indicate the full name, birth date and phone number of guest.
- Non-members may purchase tickets, based on availability, at a later date. Check with the front desk for open sale dates.
- If you purchase a ticket and later sell or give it to someone, you must contact a Senior Center staff member to make a name change on our roster.
- If you require wheelchair accommodations for a trip, you must inform us at sign up time.
 (Be sure this is noted on your registration form)
- When you are called about a food choice for a trip, you must return the call within 2-3
 days; otherwise a choice will be made for you. No changes can be made seven days prior
 to the trip or at the restaurants.
- Trips departing before 3:30 pm leave from the Civic Center East (Pool) parking lot.
 Please do not park in restricted areas.
- A group leader is available on most trips. In their absence, the bus driver will act as
 group leader. The group leader checks all participants in and assists in providing you
 with the best possible experience.
- Please occupy the same bus seat on the way to and from an event.
- Refund Policy: The City reserves the right to retain fees to cover expenses nonrefundable to the City.
- If a minimum number of people are not reached, the program may be cancelled.
- A \$5 Transportation fee is added to all trip prices.

SPECIAL INTEREST CLASSES

| Art, Craf | ting, and | Computer Cl | asses | | |
|----------------------------|-----------------------|-------------------|-------------|---------------|-----------|
| Class | Day, Date | Time | Register by | Fee | Activity# |
| Quilting Corner | M, Jan - Mar* | 10:00 am - 2:00pm | Now | Free | 380828-A |
| Quilting Corner | M, Jan - Mar* | 2:30 am - 5:30pm | Now | Free | 380829-A |
| Knitting & Crochet | TU, Jan - Mar | 10:00am - 12:00pm | Now | Free | 280828-A |
| Coloring with the Classics | SA, Jan - Mar | 9:00am- 10:00am | Now | Free | |
| Photography Workshop | SA, 1/6 - 2/10 | 10:00am - 12:00pm | Now | \$30/ \$32 | 380833-A |
| Card/Paper Crafting | W, Jan - Mar** | 10:00am - 12:00pm | Now | Free | 380806-A |
| Cut and Chat | TH, Jan - Mar*** | 10:00am - 1:00pm | Now | Free | N/A |
| Bag-Making Workshop | SA, 1/20 | 9:30am - 12:30pm | Now | \$5/ \$7 | 380830-A |
| Bag-Making Workshop | SA, 1/27 | 9:30am - 12:30pm | Now | \$5/ \$7 | 380830-В |
| Bag-Making Workshop | SA, 2/10 | 9:30am - 12:30pm | 1/6 | \$5/ \$7 | 380830-C |
| Bag-Making Workshop | SA, 2/17 | 9:30am - 12:30pm | 1/6 | \$5/ \$7 | 380830-D |
| Bag-Making Workshop | SA, 3/2 | 9:30am - 12:30pm | 2/2 | \$5/ \$7 | 380830-Е |
| Bag-Making Workshop | SA, 3/23 | 9:30am - 12:30pm | 2/2 | \$5/ \$7 | 380830-F |
| Computer Journey | TU/TH, 1/16 - 2/22 | 9:30am - 10:30am | Now | \$5/ \$10 | 380802-A |
| Computer Journey | TU/TH, 3/5 - 4/11 | 9:30am - 10:30am | 2/2 | \$5/ \$10 | 380802-В |
| Digital Scrapbooking | TU/TH, 1/16 - 2/22 | 11:00am - 12:00pm | Now | \$5/ \$10 | 380803-A |
| Digital Scrapbooking | TU/TH, 3/5 - 4/11 | 11:00am - 12:00pm | 2/2 | \$5/ \$10 | 380803-В |

Quilting Corner: *No class on 1/1 (New Year's Day), and 1/15 (MLK Jr. Day). Card/Paper Crafting: **3rd Wednesday of each month will be at 11:30 am. Cut and Chat: ***3rd Thursday of each month will be at 11:30 am.

| AARP Sa | afe Driv | ing Course | | | |
|----------------|----------|-----------------|-----|-----------|----------|
| 1/18 | TH | 9:00am - 3:00pm | Now | \$20/\$25 | 380853-A |
| 2/15 | TH | 9:00am - 3:00pm | 1/8 | \$20/\$25 | 380853-B |
| 3/21 | TH | 9:00am - 3:00pm | 2/5 | \$20/\$25 | 380853-C |

Bring a check to class made payable to AARP. (Fees - \$20 AARP Members, \$25 Non-Members) Classes may be cancelled due to AARP protocols. Please stop by the front desk or contact the Senior Center 954-746-3670 to confirm program occurrence.

| Beading Classes | | | | | | | |
|------------------|----------------|------------------------|----------|------|------------|--|--|
| Class | Day, Date | Time | Register | Fee | Activity # | | |
| Project TBA | M , 1/8 - 1/29 | 10:30 am - 12:00 pm | Now | Free | 380814-A | | |
| Project TBA | M,2/5-2/26 | 10:30 am - 12:00 pm | 1/8 | Free | 380814-B | | |
| Project TBA | M,3/4-3/25 | 10:30 am - 12:00 pm | 2/5 | Free | 380814-C | | |
| Open Beading | M, Ongoing* | 12:30 - 2:30 pm | Walk-in | Free | | | |
| Sewing Creations | TU, Ongoing | 1:00 pm - 3:00 pm | Walk-in | Free | | | |
| Open Stitchery | TH, Ongoing | 6:30 pm - 8:00 pm | Walk-in | Free | | | |

Join us for a Beginners Beading Class lead by Lazira Amar. Learn a new project each month. A list of materials will be available at the front desk. You must bring your supplies to the class. Senior Center membership required. *No class on 1/1 (New Year's Day), and 1/15 (MLK Jr. Day).

| Book/Discussion Groups | | | | | | | | |
|--------------------------------|------------------------|----------------------|-------------------|------|-----------|--|--|--|
| Class | Day, Date | Time | Register by | Fee | Activity# | | | |
| Let's Talk Discussion Group | W, Ongoing | 1:00 - 2:00 pm | Walk-in | Free | | | | |
| Book Club | F, 4th Fri of month | 12:00pm - 1:00 pm | Previous Month | Free | | | | |

 $For \ current \ book \ titles \ check \ the \ Senior \ Center \ calendar. \ Must \ sign \ up \ at \ the \ front \ desk.$

| Dance C | lasses | | | | |
|-------------|--------|-------------------|-----|-----------|----------|
| Latin Dance | W, Jan | 11:00am - 12:00pm | Now | \$15/\$17 | 380864-A |
| | W, Feb | 11:00am - 12:00pm | 1/5 | \$12/\$14 | 380864-B |
| | W, Mar | 11:00am - 12:00pm | 2/2 | \$12/\$14 | 380864-C |

Classes taught by Lidia Dumenigo, a NDTA Certified Latin and Ballroom Teacher and graduate from the Conservatory of the Performing Arts in Madrid, Spain. Learn the fundamentals of a variety of dances such as the Rumba, Salsa & Cha Cha. For more information, call (954) 439-5899.

10:00am - 11:15am

Walk-in

Free

Line Dancing

required.

TU, Ongoing

| | , , , | | | |
|--|--------------------|---------------------------------------|----------------|-----------|
| - | TH, Ongoing | 10:00am - 11:00am | Walk-in | Free |
| Classes are taugh volunteer Shirley | | tructor Larry Brancheau, | and assisted b | У |
| Monday Mixer | M, Weekly | 1:30 pm - 3:30 pm | Walk-in | Free |
| Live entertainmen must be shown for | • | s provided weekly. Senior C lance. | enter members | hip card |
| Scottish Dancing | TU, Weekly | 7:00 pm - 9:00 pm | Walk-in | Free |
| September - July. | Learn the traditio | nal dances of Scotland. N | o experience o | r partner |

| English Language Classes - ESOL | | | | | | | |
|---------------------------------|----------------|-----------------|-----|----------|----------|--|--|
| Beginners ESOL | W, 1/31 - 3/6 | 2:00pm -3:30 pm | Now | \$5/\$10 | 380817-A | | |
| | W, 3/27 - 5/1 | 2:00pm - 3:30pm | 2/2 | \$5/\$10 | 380817-B | | |
| Int/Adv ESOL | M, 1/29 - 3/4 | 6:15pm - 7:45pm | Now | \$5/\$10 | 380821-A | | |
| | M, 3/25 - 4/29 | 6:15pm - 7:45pm | 2/2 | \$5/\$10 | 380821-B | | |

Join instructor Bruce Fraser and learn how to improve your English during these sixweek courses. You may only register for one course at a time, either Beginners ESOL or Int/Adv ESOL. You cannot be registered for both.

| Conversation- al English Workshop | M-TH, 1/8 - 1/12 | 3:45pm - 5:45pm | Now | \$5/\$10 | 380868-A |
|---|----------------------|-----------------|-----|----------|----------|
| | M-TH, 2/12 -2/15 | 3:45pm - 5:45pm | 1/5 | \$5/\$10 | 380868-B |
| | M-TH, 3/11 - 3/14 | 3:45pm - 5:45pm | 2/2 | \$5/\$10 | 380868-C |

Conversational English Workshops are taught by volunteer instructor Don Pedro Guerad.

| Games/Movies | | | | | | | | | |
|-----------------------|---------------|---------------------|---------|------|--|--|--|--|--|
| Billiards Lesson | TH, Ongoing | 11:00am - 1:00pm | Walk-in | Free | | | | | |
| Open Game Room | M-TH, Ongoing | 8:30 am - 9:00 pm | Walk-in | Free | | | | | |
| | F, Ongoing | 8:30 am - 4:30 pm | Walk-in | Free | | | | | |
| | SA, Ongoing | 8:30 am - 1:00 pm | Walk-in | Free | | | | | |
| Open Mah Jongg | TU, Ongoing | 9:00am - 12:00pm | Walk-in | Free | | | | | |
| Bingo | F, Ongoing | 1:00pm - 2:30pm | Walk-in | Free | | | | | |
| Classic Movies | M, Ongoing | 11:00 am Start time | Walk-in | Free | | | | | |
| New Release Movies | TU, Ongoing | 11:30 am Start time | Walk-in | Free | | | | | |

Billiards is taught by volunteer instructor Robb Timm. Enjoy pool tables, darts, and good company! All participants must be current Senior Center members. Current Senior Center membership card must be shown to play.

Music Classes

| Choral | F, Jan - Mar | 11:30am - | Now | Free | 380878-A |
|--------|--------------|-----------|-----|------|----------|
| | | 1:00pm | | | |

Come out and lend your voices to this amazing group, led by instructor Cari Barter. Senior Center membership required.

| Music Jam | M, Jan - Mar | 4:00 pm - | Now | Free |
|-----------|--------------|-----------|-----|------|
| Session | | 5:00 nm | | |

Do you play an instrument, or even have an instrument that you are learning how to play? Would you like to jam out with others and have fun? If you do, then this activity is for you! Join instructor Cari Barter, and learn how to infuse your talent with others around you. You will need to bring your own instrument. Senior Center membership required.

Senior Cooking Club

| Class | Day, Date | Time | Register by | Fee | Activity # |
|-----------|-----------|------------------|-------------|---------|------------|
| Jan - TBD | 1/19 | 10:00am - 1:00pm | Now | \$6/\$8 | 380816-A |
| Feb-TBD | 2/16 | 10:00am- 1:00pm | 1/5 | \$6/\$8 | 380816-B |
| Mar-TBD | 3/15 | 10:00am - 1:00pm | 2/2 | \$6/\$8 | 380816-C |

If you have a love for food, join us for this exciting class where you will be able to learn how to cook some unique dishes in a fun environment. Cooking tips, plating and presentation will all be discussed. Each month will focus on a different menu that we will get to enjoy.

SENIOR FITNESS CLASSES

Senior Center exercise classes are being offered as "Drop In" programs with no registration required. However, Senior Center membership is still required to participate in ALL exercise programs. Please see below for a list of "Drop In" programs and their dates and times. Remember to please be on time for all instructor-led programs, as it is disruptive to enter after the class has started. Also listed are classes requiring registration. These classes are subject to change if a live instructor becomes available.

Aqua Fitness

| Month | Day | Time | Register by | Fee | Activity # |
|-----------|--------|----------------|-------------|------|------------|
| Jan - Mar | TU/TH* | 9:00 - 9:45 am | Now | Free | 380891-A |

A fun and energetic workout in the pool combining cardio with strength building and increased flexibility. **Senior Center membership required.** *No class on 1/25.

Flex and Stretch with Darius

| Month | Day | Time | Register by | Fee |
|-------|-----|-----------------|-------------|------|
| Jan | W | 5:00 - 5:45 pm | N/A | Free |
| | TH | 9:30 - 10:15 am | N/A | Free |
| Feb | W | 5:00 - 5:45 pm | N/A | Free |
| | TH | 9:30 - 10:15 am | N/A | Free |
| Mar | W | 5:00 - 5:45 pm | N/A | Free |
| | TH | 9:30 - 10:15 am | N/A | Free |

This class offers a perfect blend of gentle movements, dynamic stretches, and muscle and joint flexibility exercises for individuals of all fitness levels. Classes are being offered as "Drop In" with no registration required, however **Senior Center membership is still required to participate**.

Firm and Burn/Tone Every Zone

| Day | Time | Fee | Format |
|-----|----------------|------|--------|
| TU | 2:00 - 3:00 pm | Free | DVD |
| | 7:00 - 8:00 pm | Free | DVD |
| TH | 7:00 - 8:00 pm | Free | DVD |

Senior Center membership is required. Maximum 20 students per class.

Full Body Cardio with Rosie

| Month | Day | Time | Register by | Fee | Activity # |
|-------|-----|----------------|-------------|-----------|------------|
| Jan | M* | 6:30 - 7:30 pm | Now | \$9/\$11 | 380856-A |
| Feb | М | 6:30 - 7:30 pm | 1/5 | \$12/\$14 | 380856-B |
| Mar | М | 6:30 - 7:30 pm | 2/2 | \$12/\$14 | 380856-C |

Thes classes, taught by instructor Rose Michaelson, incorporate aerobics, yoga and strength training to help you to stay fit in a fun environment. *No class on 1/1 and 1/15.

Senior Bowling

| Month | Day | Time | Register by | Fee | Activity# |
|----------|-----|---------------------|-------------|------|-----------|
| 9/20-6/5 | W | 10:00 am - 12:30 pm | Call Now | Free | 180854-A |

League plays at Strikers Lanes. Lane fees are paid to Strikers the day of play. All players must be registered members of the Sunrise Senior Center and must sign up for the league prior to play. Call (954) 749-1400 for information and available space.

Step Up to Fitness With Rosie

| Month | Day | Time | Register by | Fee | Activity # |
|-------|-----|------------------|-------------|-----------|------------|
| Jan | SA | 10:15 - 11:15 am | Now | \$12/\$14 | 380852-A |
| Feb | SA | 10:15 - 11:15 am | 1/5 | \$12/\$14 | 380852-B |
| Mar | SA | 10:15 - 11:15 am | 2/2 | \$15/\$17 | 380852-C |

Classes taught by instructor Rose Michaelson. Step Up to Fitness incorporates Step Aerobics, dynamic stretches and strength training to help you to stay fit in a fun environment. Program sponsored by Humana.

Tai Chi

| | Month | Day | Time | Fee |
|---------------------|-------|-----|-------------------|------|
| Beginners Tai Chi | Jan | TH | 5:00 pm - 5:45 pm | Free |
| Int and Adv Tai Chi | | TH | 6:00 pm - 6:45 pm | |
| Beginners Tai Chi | Feb | TH | 5:00 pm - 5:45 pm | Free |
| Int and Adv Tai Chi | | TH | 6:00 pm - 6:45 pm | |
| Beginners Tai Chi | Mar | TH | 5:00 pm - 5:45 pm | Free |
| Int and Adv Tai Chi | | TH | 6:00 pm - 6:45 pm | |

Tai Chi is a great way to improve your balance and help prevent falls. We now have a live Instructor from the Area Agency on Aging of Broward County (AAABC) and classes are being offered as a "Drop In" program, with no registration required, however Senior Center membership is still required to participate. Maximum 24 students per class.

Total Body Fitness With Alli

| Month | Day | Time | Register by | Fee | Activity # |
|-------|-----|----------------|-------------|-----------|------------|
| Jan | M* | 9:45 - 10:45am | Now | \$9/\$11 | 380870-A |
| | F | 9:30 - 10:30am | Now | \$12/\$14 | 380870-B |
| Feb | М | 9:45 - 10:45am | 1/5 | \$12/\$14 | 380870-C |
| | F | 9:30 - 10:30am | 1/5 | \$12/\$14 | 380870-D |
| Mar | М | 9:45 - 10:45am | 2/2 | \$12/\$14 | 380870-E |
| | F | 9:30 - 10:30am | 2/2 | \$15/\$17 | 380870-F |

Experience a blend of heart health, strength training, cardio and balance exercises in this totally invigorating and energizing new program featuring upbeat music. Stay fit and have fun! Chair modifications available. Senior Center membership is required. Maximum 24 students per class. *No class on 1/1 and 1/15.

Walk Your Way To Health

| Day | Time | Fee | Format |
|-----|-------------------|------|--------|
| М | 9:45am - 10:45am | Free | DVD |
| TU | 11:00am - 12:00pm | Free | DVD |
| TU | 5:45pm - 6:45pm | Free | DVD |
| W | 9:45am - 10:45am | Free | DVD |
| W | 2:45pm - 3:45pm | Free | DVD |
| TH | 5:45pm - 6:45pm | Free | DVD |
| F | 11:15am - 12:15pm | Free | DVD |

Senior Center membership is required. Maximum 20 students per class.

Yoga - Sponsored by Baptist Health

| Month | Day | Time | Register by | Fee | Activity # |
|-------|-----|-----------------|-------------|------|------------|
| Jan | W* | 12:30 - 1:30 pm | N/A | Free | |
| Feb | W | 12:30 - 1:30 pm | N/A | Free | |
| Mar | W | 12:30 - 1:30 pm | N/A | Free | |

Classes taught by a certified instructor. Classes are being offered as "Drop In" with no registration required, however **Senior Center membership is still required to participate. Maximum 20 students per class.** An additional waiver is required to participate in this program. *No Class on 1/3.

MAP OF LEISURE SERVICES AMENITIES



MAP OF LEISURE SERVICES AMENITIES

| 1. | 12th Street Park | (954) 747-4600 | Corner of 12th Street & NW 58th Terrace | | 昌 | | | | | | | | | | | | | | | | |
|-----|---|----------------|---|----------------------|----------|----------|-----------|------------|-----------|------------|------------|-------------|-----------|-------|--|-----|-----|-------------|----------|-----|---|
| 2. | City Park | (954) 747-4600 | 6600 Sunset Strip | | | | [播] | B | F | S | T | | \$ | 1 | * | 7 | † † | KK | | | |
| 3. | Cypress Preserve Park | (954) 747-4600 | 9020 NW 38th Street | | | 17 | @ <u></u> | 7 | 7 | * + | KK | | | | | | | | | | |
| 4. | Flamingo Park | (954) 747-4600 | 12855 NW 8th Street | | | | B | B | F | S | T | \$ | 1 | 7202 | | * † | KK | | | | |
| 5. | Flamingo Road Linear Park | (954) 747-4600 | Flamingo Road between & West Oakland Park B | Panther Pkwyoulevard | # | KK | | | | | | | | | | | | | | | |
| 6. | Lakeside Park | (954) 747-4600 | 3000 Sunrise Lakes Drive | e, West | 旅 | | | | | | | | | | | | | | | | |
| 7. | New River Civic Center | (954) 747-4600 | 60 Weston Road | | | * † | | | | | | | | | | | | | | | |
| 8. | Nob Hill Soccer Club Park | (954) 747-4600 | 10200 Sunset Strip - | | | | F | S | \$ | The second | | * † | KK | | | | | | | | |
| 9. | Oak Hammock Park | (954) 747-4600 | 9220 NW 44th Street | | | 1 | | 1 | 7 | † † | 旅 | | | | | | | | | | |
| 10. | Oscar Wind Park | (954) 747-4600 | 200 North New River Circ | cle ——— | | 1 | B | F | S | ₫ |) (| * † | KK | | | | | | | | |
| 11. | Piper Field | (954) 747-4600 | 8000 NW 44th Street | | B | B | S | † † | | | | | | | | | | | | | |
| 12. | Roarke Pool | (954) 572-2460 | 1720 NW 60th Avenue | | | 升 | * † | | | | | | | | | | | | | | |
| 13. | Sawgrass Sanctuary | (954) 747-4600 | 237 North New River Ci | rcle ——— | <u>1</u> | ₫ | × J | † † | KK | | | | | | | | | | | | |
| 14. | Shotgun Road Linear Park | (954) 747-4600 | Shotgun Road, between Street & SW 148th Aven | SW 14th | | KK | | | | | | | | | | | | | | | |
| 15. | Sunrise Athletic Complex (SAC) & Multipurpose Center | (954) 747-4604 | 11501 NW 44th Street | | | B | B | | P | R. | (3) | T | V | ¥ | Sia | | ŧİİ | KK | | | |
| 16. | Sunrise Civic Center & Athletic Club | (954) 747-4600 | 10610 West Oakland Park | Boulevard —— | B | | P | R. | (V) | | | Sia. | # | | UPTER PRESE | | 角 | † † | E | Ħ | |
| 17. | Sunrise Golf Village Park | (954) 747-4600 | 1277 Sunset Strip — | | 昌 | | | | | | | | | | | | | | | | |
| 18. | Sunrise Senior Center | (954) 746-3670 | 10650 West Oakland Par | k Boulevard —— | 55+ | | | * † | | | | | | | | | | | | | |
| 19. | Sunrise Sportsplex | (954) 747-4600 | 9101 NW 50th Street | | | B | P | S | 1 | ₫ | | ∳ i | 核 | | | | | | | | |
| 20. | Sunrise Tennis Club | (954) 572-2286 | 9605 West Oakland Park | Boulevard ——— | T | ب | SHOP | * 1 | | | | | | | | | | | | | |
| 21. | The Bridges at Springtree Golf Club | (954) 572-2270 | 8150 Springtree Drive – 18-hole executive course | . —— | 5 | PRO | ili | 0 | | | | | | | | | | | | | |
| 22. | Veterans Park | (954) 747-4600 | 5400 N Nob Hill Road | | 1 | Close | d for C | onstru | ction | | | | | | | | | | | | |
| 23. | Village Beach Club | (954) 572-2480 | 6767 NW 24th Street | | 1 | † † | | | | | | | | | | | | | | | |
| 24. | Village Civic Center | (954) 747-4600 | 6800 Sunset Strip Sunri | se ——— | | ÷ ÷ | | | | | | | | | | | | | | | |
| 25. | Village Multipurpose Center | (954) 747-4601 | 2240 NW 68th Avenue | | B | P | (V) | MILE. | † † | | | | | | | | | | | | |
| 26. | Village Square Park | (954) 747-4600 | 6601 Sunset Strip — | | Ē | | | | | | | | | | | | | | | | |
| 27. | Welleby Park & Dog Park | (954) 747-4600 | 11100 NW 44th Street | | | H | 1 | F | S | (V) |) (| | | (Para | The fact of the fa | T | J | 7 | | † † | À |
| 28. | Welleby Pool | (954) 572-2285 | 9605 West Oakland Par | k Boulevard —— | H | * † | | | | | | | | - 10 | | | | | | | |
| | | | | | - | | | | | | | | | | | | | | | | |



Facility, Pavilion, and Field Rentals

Are you planning a wedding, a birthday party, or a corporate meeting? Consider hosting your special event at one of the City's many facilities. We offer a range of locations, from open-air picnic pavilions and athletic fields to meeting halls and elegant ballrooms. Options include:

ATHLETIC FACILITY RENTALS

Indoor Basketball Gyms – Sunrise Civic Center, Sunrise Athletic Complex (SAC) and Village Multipurpose Center

Outdoor Athletic Facilities, such as sports/multipurpose fields and covered outdoor basketball courts – City Park, Flamingo Park, Nob Hill Soccer Club Park, Oscar Wind Park, Piper Field, Sunrise Athletic Complex (SAC), Sunrise Sportsplex and Welleby Park

PICNIC PAVILIONS

Pavilions are available in various sizes, accommodating 15 to 80 guests. Many locations also offer gas grills. Pavilions are located at:

- City Park
- Cypress Preserve Park
- Oak Hammock Park
- Oscar Wind Park
- Sawgrass Sanctuary
- Welleby Park

MEETING ROOMS AND HALLS

Indoor space is available for civic groups and families. Not all meeting rooms are equipped with kitchens; however, food, beverages and catering are allowed. Locations include:

- Flamingo Park
- New River Civic Center
- Nob Hill Soccer Club Park
- Village Civic Center
- Welleby Park
- Sunrise Athletic Complex

THEATRE AND AMPHITHEATER

The 300-seat Sunrise Civic Center Theatre and the adjoining Amphitheater may be rented for performances and events.













REGISTER TODAY: Proof of residency is required each time you register for a sport or activity. Registration forms without proper proof of residency and a copy of birth certificate (if applicable) will not be accepted. Remember to apply multiple child discount to fees, if appropriate.

| Please contact me regarding | youth athletics volur | nteer coaching | g opportu | nities. | | | | |
|---|------------------------------|---------------------|--------------|-----------|-----------------|--|----------------|-----|
| PARTICIPANT INFORMATION PI | ease print in ink and fill o | ıt completely | | Have | you registered | l for a recreation activi | ty before? Yes | No |
| Parent/Legal Guardian's Name | | | | | | | | |
| Relationship to Participant | Mother Father | Court Ap | opointed L | _egal Gι | uardian | | | |
| Home Phone | Wor | k Phone | | | | Cell Phone | | |
| Street Address | | | | | | | | |
| City | | | | State | е | Zip Code | | |
| Email Address | | | | | | es, please use this email address ent information. I understand th | | |
| Secondary Guardian's Name | | | | | | | | |
| Relationship to Participant | Mother Father | Court Ap | opointed L | _egal Gι | uardian | | | |
| Home Phone | Wor | k Phone | | | | Cell Phone | | |
| Street Address | | | | | | | | |
| City | | | | State | е | Zip Code | | |
| Email Address | | | | | | es, please use this email address rent information. I understand th | | |
| PARTICIPANT NAME | DATE OF BIRT | H GRADE | AGE | SEX | ACTIVITY | | ACTIVITY# | FEE |
| | | | | | _ | | _ | |
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| | | | | | | | | |
| FOR CAMP/DAYS OFF ONLY: AL | JTHORIZED PICK-U | PERSONS (O | ther than | Legal C | Guardians) | | | |
| Last Name | First Name | · · | Cell Pl | | | Home I | Phone | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| EMERGENCY CONTACT (Other | than parent/guardian. To | be contacted in | the event th | nat paren | t/guardian list | ed above cannot be red | ached.) | |
| Emergency Contact | | | Relat | ionship | to Participa | ınt | | |
| Home Phone | Wor | k Phone | | | | Cell Phone | | |
| Allergies or medications (specify v | which child) | | | | | | | |
| | | | | | | | | |
| CREDIT CARD / GIFT CARD PAY | MENT | | | | | | | |
| MasterCard Visa Discov | ver AmEx I | Exp. Date | // / | (| Card# | | | |
| | s it appears on the car | | | | | | | |
| | ree to pay the above amou | ints listed as cred | | | | | | |
| 9-Digit Gift Card # | | | 6-Digit | Gift Ca | ard PIN (Lett | ers & Numbers) | | |
| RELEASE INFORMATION & REFU | UND POLICIES | | | | | | | |
| • The Release and Waiver on the b | | | | | | | | |
| • Refunds for one-day programs, Kids' Day Off, Mini Camps and Holiday Camps will only be granted if requested 24 business hours prior to the start of the activity. Refunds will not be granted for all other programs if requested four (4) weeks or more after the start of the activity, or if | | | | | | | | |

attendance has met or exceeded 50% of the activity. Refunds will be pro-rated. All refund requests must be submitted in writing to Leisure Services.

PLEASE NOTE: FLORIDA PUBLIC RECORDS LAW REQUIRES THAT ALL INFORMATION - INCLUDING E-MAIL ADDRESSES - RECEIVED IN CONNECTION WITH CITY BUSINESS BE MADE AVAILABLE TO ANYONE UPON REQUEST, UNLESS THE INFORMATION IS SUBJECT TO A SPECIFIC STATUTORY EXEMPTION. PLEASE SEE REVERSE FOR REQUIRED RELEASE AND WAIVER.

WAIVER, RELEASE OF LIABILITY AND INDEMNIFICATION FOR ADULTS AND MINORS

NOTICE TO THE MINOR CHILD'S NATURAL GUARDIAN

READ THIS FORM COMPLETELY AND CAREFULLY. YOU ARE AGREEING TO LET YOUR MINOR CHILD ENGAGE IN A POTENTIALLY DANGEROUS ACTIVITY. YOU ARE AGREEING THAT, EVEN IF THE CITY OF SUNRISE, ITS DEPARTMENTS, EMPLOYEES, OFFICIALS, COACHES, VOLUNTEERS AND AGENTS (HEREINAFTER "RELEASED PARTIES") USE REASONABLE CARE IN PROVIDING THIS ACTIVITY, THERE IS A CHANCE YOU OR YOUR CHILD MAY BE SERIOUSLY INJURED OR KILLED BY PARTICIPATING IN THIS ACTIVITY BECAUSE THERE ARE CERTAIN DANGERS INHERENT IN THE ACTIVITY WHICH CANNOT BE AVOIDED OR ELIMINATED. BY SIGNING THIS FORM YOU ARE GIVING UP YOUR CHILD'S RIGHT AND YOUR RIGHT TO RECOVER FROM RELEASED PARTIES IN A LAWSUIT FOR ANY PERSONAL INJURY, INCLUDING DEATH, TO YOU OR YOUR CHILD OR ANY PROPERTY DAMAGE THAT RESULTS FROM THE RISKS THAT ARE A NATURAL PART OF THE ACTIVITY. YOU HAVE THE RIGHT TO REFUSE TO SIGN THIS FORM, AND RELEASED PARTIES HAVE THE RIGHT TO REFUSE TO LET YOU OR YOUR CHILD PARTICIPATE IF YOU DO NOT SIGN THIS FORM.

I, the undersigned, as the undersigned and/or as the parent or legal guardian of the minor child ("my child") named below, do hereby give my full consent and approval for me or my child to participate as a member of the City of Sunrise's Recreation Programs.

I understand that there are certain risks of damages and injuries, including death, inherent in the City of Sunrise's Recreation Programs, as well as in traveling and in other related activities incidental to my or my child's participation, and I am willing to assume these risks on behalf of myself or my child. These risks include, but are not limited to, those hazards associated with weather conditions, travel, playing conditions, equipment and other participants.

I understand that there is inherent risk in Recreation Programs and that inherent risk means those dangers or conditions, known or unknown, which are characteristic of, intrinsic to, or an integral part of the activity; and that the term "inherent risk" further includes, but is not limited to: (1) the failure by the Released Parties to warn me or my child of an inherent risk, and (2) the risk that someone may act in a negligent or intentional manner and contribute to the injury or death of me or my minor child.

Further, I agree that in consideration for my or my child's participation in the City of Sunrise Recreation Programs, I hereby waive, release, discharge and agree not to sue the City of Sunrise, its departments, employees, officials, coaches, volunteers and agents ("Released Parties"), for any and all causes of actions, claims or damages arising out of or resulting from my or my child's participation in this activity, including but not limited to damages, injuries, or death arising out of the negligence of Released Parties or otherwise. I agree that for me or my child to participate in the activity, I assume full responsibility for any loss of property, accident, bodily injury, or death as a result of my or my child's participation in this activity.

I hereby permit the City of Sunrise to use or distribute any or all still and/or moving images in which I or my child appear for any use including, but not limited to: video, Web, print and multimedia applications; training or other instructional materials; advertising, commercials or other promotional materials; and other forms of media, without compensation. Any image (s) created shall be the property of the City of Sunrise.

I hereby give permission for me or my child to receive necessary medical treatment.

I further agree on behalf of myself and my child listed below, that I shall hold harmless and fully indemnify and defend the Released Parties from any and all causes of action, claims, damages, costs including but not limited to attorney's fees and costs, which may arise from any cause of action made by me or by, through or on behalf of me or my child, even if the damages, injuries or death are caused in whole or in part by the negligence of the Released Parties.

I acknowledge (a) that I have read (or have had read to me) each and every one of the provisions in this waiver, release of liability and indemnification agreement, (b) that I understand each of the provisions in this agreement and (c) that I agree to abide by them.

| PRINT NAME OF MINOR CHILD | PRINT NAME OF LEGAL GUARDIAN OR ADULT PARTICIPANT |
|---------------------------|---|
| ADDRESS | SIGNATURE OF LEGAL GUARDIAN OR ADULT PARTICIPANT |
| | DATE: |

REGISTRATION INSTRUCTIONS

- REGISTER ONLINE AT www.sunrisefl.gov OR USE ONE FORM TO REGISTER: Please print in ink or type. Make sure you fill out the registration form and waiver completely. Incomplete forms will be returned, and could delay your registration process. You may make additional photocopies of the form to submit if necessary.
- 2. HOUSEHOLD IDENTIFICATION#: The Department of Leisure Services has implemented a computerized registration process. If you have registered for any previous programs, your family was assigned a "Household Identification #." This number can be found on the receipt you received. Please write this number on your registration form. This will greatly speed up the registration process and improve the accuracy of your registration.
- 3. SUNRISE RESIDENTS RECEIVE SIBLING DISCOUNTS FOR YOUTH SPORTS PROGRAMS: Fee is for the first child; residents receive a 10% reduction for the second child, 15% for the third child, 20% for the fourth child, 25% for fifth child and an additional 5% cumulative reduction for each successive child.
- 4. LIST THE APPROPRIATE ACTIVITY NUMBER ON YOUR REGISTRATION FORM. Refer to the activity listing for the proper activity number.
- 5. DO NOT SEND CASH! Make checks or money orders payable to the City of Sunrise or complete credit card information on your registration form. Payment in full is required with each registration. (There is a \$20 or 5% charge - whichever is greater - for all checks not honored for any reason by the bank). Payment by check will only be accepted if received three (3) weeks prior to the activity.
- 6. PROOF OF RESIDENCY/AGE IS REQUIRED. Each time you register for a sport or activity, you must provide proof of residency as specified in the table on the right in order to qualify for the discounted Sunrise resident rate. You must also provide a copy of each child's birth certificate as proof of age if this is their first time participating in a Sunrise sports activity or other activity.

7. SIGN AND DATE THE BOTTOM OF THE FORM. Send: 1) Completed registration form; 2) check or money order; 3) proof of residency; and 4) a copy of each first-time participant's birth certificate to: The City of Sunrise.

> Department of Leisure Services Attn: Registration Civic Center & Athletic Club 10610 West Oakland Park Blvd. Sunrise, Florida 33351

Call (954) 747-4600 with any questions.

| Proof A or | ONE Document* from Category A: Mortgage Statement Utility Bill: Water, Cable, FPL, or Internet Printout from the Broward County Property Appraiser website (BCPA.net) Don't have Proof A? Provide Proof B | | | | | | | | |
|---------------|--|---|--|--|--|--|--|--|--|
| Proof B or | TWO Documents* from Category B: Car registration Car insurance Tax return / tax assessment Don't have Proof A or Proof B? Provide Proof C | | | | | | | | |
| Proof C | THREE Documents* fr Bank statement Credit card statement Medical bill Cell phone bill Student loan School enrollment form | Prom Category C: Paystub Lease agreement Toll bill Insurance policy Driver's license or State-issued photo ID with Sunrise address | | | | | | | |
| | *Documents cannot be more than two months older than the date on which they are submitted as proof of residency. | | | | | | | | |



Leisure Services Gift Cards Available for Purchase

Give the gift of a great experience! The City's new Leisure Services Gift Cards can be used for our classes, sports registrations, admission fees, Theatre shows – virtually any Leisure Services program – just like other payment methods.

Leisure Services Gift Cards are available in any denomination, up to \$100. They can be purchased in person only (no phone or mail orders, please) using cash or a credit card.

Points of purchase include:

- Leisure Services Administrative Office 10610 West Oakland Park Boulevard, 2nd Floor
- Sunrise Civic Center Athletic Club –
 10610 West Oakland Park Boulevard, 1st Floor
- Sunrise Senior Center 10650 West Oakland Park Boulevard
- Sunrise Athletic Complex (SAC) 11501 NW 44th Street
- Village Multipurpose Center 2240 NW 68th Avenue
- Sunrise Tennis Club 9605 West Oakland Park Boulevard
- The Bridges at Springtree Golf Club 8150 Springtree Drive



Leisure Services Gift Cards do not expire, and they cannot be reloaded. The City of Sunrise is not responsible for cards that are lost, stolen, destroyed, or used without permission. Redemption of gift cards is subject to change at the City's sole discretion. For more information, please call (954) 747-4600.



10610 West Oakland Park Boulevard Sunrise, FL 33351

Phone: (954) 747-4600

PRSRT STD US Postage Paid Ft. Lauderdale, FL Permit No. 825

ECRWSS

********ECRWSSEDDM****

Residential Customer Sunrise, Florida

Mayor Michael J. Ryan, Commissioners Mark A. Douglas, Jacqueline A. Guzman, Neil C. Kerch, and Joseph A. Scuotto

