

HORIZONS

CITY OF SUNRISE EVENT & ACTIVITY GUIDE

JANUARY | FEBRUARY | MARCH | 2023



Earth Day Festival Returns To Sawgrass Sanctuary!



IT STARTS IN
PARKS

HEALTH • COMMUNITY • ECONOMY • ENVIRONMENT

Captain Sunrise, Daybreak, and Sunny



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STAY CONNECTED



www.sunrisefl.gov



@cityofsunrise



Horizons is now color coded by section! As you flip through our updated layout, be sure to explore the new map of Leisure Services facilities and amenities on page 32.



ADA Notice

The City of Sunrise is an equal opportunity agency and does not discriminate with regard to its services, programs and activities regardless of race, color, religion, national origin, sex, age or physical or mental abilities. Any person who believes he or she has a disability and requires an accommodation in order to participate in any of our programs, please call (954) 747-4600 as early as possible so that we may have adequate time to insure an accommodation by the start date.

It's Easy to Register for Leisure Services Programs! Here's How:

Online at www.sunrisefl.gov/registration.html

- Have your Household Number handy, along with a Visa, MasterCard, American Express or Discover card

In Person at the Sunrise Civic Center, 10610 West Oakland Park Boulevard

- In the Leisure Services office (second floor), weekdays from 9:00 am to 5:00 pm
- In the Athletic Club (first floor), weekdays from 6:30 am to 9:00 pm and weekends from 8:00 am to 7:00 pm

The City of Sunrise is represented by (left to right):
Assistant Deputy Mayor Joseph A. Scutto;
Deputy Mayor Mark A. Douglas;
Mayor Michael J. Ryan;
Commissioner Neil C. Kerch;
Commissioner Jacqueline A. Guzman



A MESSAGE FROM THE MAYOR

Happy New Year, Sunrise! As we welcome 2023, we're pleased to introduce new programs and initiatives—including this redesigned issue of *Horizons*. We've made our quarterly recreation catalog easier to navigate with color-coded sections throughout, and a map that showcases our great Leisure Services amenities. We're also publishing an interactive online version of *Horizons*, full of links that connect you to information more quickly. Visit www.sunrisefl.gov/horizons to experience it for yourself.

We all know that keeping children active is important for their social and physical well-being. Adding to our efforts to encourage youth athletics, we're pleased to offer a new **Youth Athletics Incentive Program** for Sunrise residents, which provides youth recreation sports participants with a \$50 Dick's Sporting Goods gift card to help offset the cost of equipment. Families can qualify for one gift card per child, per sport. Program details, including eligibility requirements, are available at www.sunrisefl.gov/athlete50.

What else is new? This year's free **Outdoor Movie Series** is traveling to two new locations—The Bridges at Springtree Golf Club (*Happy Gilmore* on February 3) and the recently-renovated Sunrise Athletic Complex/SAC (*The Bad Guys* on March 3). It's a great opportunity to explore these facilities for the first time—or see them in a new light.

Also new: We've reinvented our annual car show! Don't miss the **Safety Expo featuring Classic Car Show** on March 11

at Welleby Park, where kids can learn safe-biking skills in our Safety Town, and visitors of all ages can admire amazing automobiles.

Of course, we're excited about the return of many tried-and-true favorites. We're hosting a trio of free events on Sunday, January 15, at the Sunrise Civic Center in celebration of **Martin Luther King, Jr. Day**. Teens can take part in a writing workshop in the morning, followed by a family-friendly screening of the film *King Richard*. Afterward, don't miss a Night of the Arts featuring a reception in our Art Gallery and a concert in our Theatre.

Other popular events include **Woofstock** on February 11 at the Pawgrass at Welleby Park dog park, our annual **ComicCon** at the Sunrise Civic Center on March 4, and the **Earth Day Festival**, which returns to its original Sawgrass Sanctuary location on Saturday, March 25.

Keep track of these happenings with our **2023 City of Sunrise Chess Calendar**, which features artwork by students from nine Sunrise schools. Pick up your free copy at Sunrise City Hall while supplies last!

On behalf of the entire Sunrise City Commission, I wish you and your family all the best in the New Year and beyond.

Michael J. Ryan, Mayor



BE A BUTTERFLY HERO

Help Save the Monarch!



Photo by Lexi Smith,
City of Sunrise
Sustainability Intern

The monarch is one of the most widely-recognized butterflies in the world! It also has tremendous ecological significance. Monarch butterflies are pollinators—which means they travel from plant to plant carrying pollen on their bodies, a process critical to the reproduction of most flowering plants. These plants produce the fruits, vegetables and nuts we eat, as well as oils, natural fibers and raw materials.

Unfortunately, one monarch subspecies—the migratory monarch (*Danaus plexippus plexippus*)—was recently added to the Red List of Threatened Species by the International Union of Conservation of Nature.

You can help monarchs by building habitats that support them!

The monarch butterfly relies on the milkweed plant to survive. Planting milkweed restores critical habitat and is one of the easiest ways that each of us can make a difference for monarchs.

There are MANY different species of milkweed plants; however, only eight are native to South Florida and only two—Swamp milkweed (*Asclepias incarnata*) and Butterflyweed (*Asclepias tuberosa*)—are currently available at native nurseries in our area. (Consult the Broward Native Plant Society, www.broward.fnpschapters.org, for a list of native nurseries.) Avoid the non-native Tropical milkweed (*Asclepias curassavica*), which has the potential to become invasive—meaning it aggressively takes over the habitat of native species, causing more harm than good. Be sure to use the scientific name to confirm the species of plant you are purchasing.

Planting milkweed helps, but does not create a sustained habitat alone. A monarch garden also needs nectar plants to provide food for the adult butterflies, shrubs and trees to provide wind protection, and a water source. Using native plants provides the most benefits to local wildlife, so it is especially important to use them whenever possible.

Plant these natives with milkweeds to provide nectar to monarchs:

- Snow Squarestem (*Melanthera nivea*)
- Shrub Thoroughwort (*Koanophyllon villosum*)
- Goldenrod (*Solidago* spp.)
- Mistflower (*Conoclinium coelestinum*)
- Scorpiontail (*Heliotropium angiospermum*)
- Yellowtop (*Flaveria linearis*)

To learn more, including how to Be A Butterfly Hero in Sunrise, visit www.sunrisefl.gov/green.

Milkweed Species: Identify Native and Non-native Types



NATIVE: Swamp milkweed (*Asclepias incarnata*)



NATIVE: Butterflyweed (*Asclepias tuberosa*)



NON-NATIVE: Tropical milkweed (*Asclepias curassavica*), also known as Scarlet milkweed

HOUSEHOLD HAZARDOUS WASTE DISPOSAL: Drop-off Dates for 2023

The City of Sunrise and the City of Plantation have partnered to conduct Household Hazardous Waste (HHW) and Electronics Drop-off events throughout the year. These free events are open exclusively to residents of Sunrise and Plantation with **proof of residency**.

For a complete list of accepted items—as well as monthly HHW drop-off dates at the Wheelabrator facility in Davie—visit www.sunrisefl.gov/hhw. For additional information, call (954) 577-1135.

**In addition to HHW and electronics, up to two file boxes of personal documents per household will be accepted for on-site shredding only at the disposal events in Sunrise.*

LOCATION:

City of Sunrise*
Public Works Complex
10500 NW 55th Street

2023 DATES:

January 7
April 22
July 22
October 21

TIME:

9:00 am to 1:00 pm

LOCATION:

City of Plantation
Public Works Compound
750 NW 91st Avenue

2023 DATES:

February 4
June 10
August 12
November 11

TIME:

9:00 am to 1:00 pm

ICYMI: In Case You Missed It!

The City of Sunrise Cultural Festival—hosted in November at City Park—featured live music, children’s activities, and unique food and retail vendors. Event highlights included performances by **Sunrise SuperStars Talent Competition** winners, as well as the debut of our **#IAMSUNRISE** photo op. When you see the giant SUNRISE letters at an upcoming event, be sure to snap (and share) a picture to show you’re an important part of our amazing community!



[Left] Young residents put the “I” in SUNRISE
[Right] Sunrise SuperStar Sebastian Elliott Garcia

Youth Athlete Of The Month Honorees

Each month, the Sunrise City Commission recognizes exceptional youth athletes from Sunrise recreational, travel and instructional sports programs. Athletes are nominated by their coaches, selected by the City’s Leisure Services Advisory Board, and exemplify the highest standards of sportsmanship, teamwork and academic achievement. Congratulations to these recent honorees:



November honorees
Kilee Hurlston and TyShawn Martin

OCTOBER 2022

Eden Sereg, Recreation Flag Football – Cheerleading
Emmanuel Partridge, Recreation Flag Football

NOVEMBER 2022

Kilee Hurlston, Tackle Football – Cheerleading
TyShawn Martin, Tackle Football

DECEMBER 2022

Eva Luna Lindsay and Gabriel Lindsay, Golf

\$50 Gift Card for Sunrise Athletes

The City’s Youth Athletics Incentive Program, launched in October 2022, makes available one **\$50 Dick’s Sporting Goods gift card** per eligible child who participates in a City of Sunrise youth recreation athletics program. The Program is made possible by funds received from the American Rescue Plan Act (ARPA), and was developed in an effort to assist Sunrise residents who have experienced a hardship due to the COVID-19 pandemic.

Incentives are available only for participants in the following programs:

- City of Sunrise Youth Recreation Baseball & Softball
- City of Sunrise Youth Recreation Soccer
- City of Sunrise Youth Recreation Basketball
- City of Sunrise Youth Recreation Flag Football & Cheerleading

City of Sunrise residents who are parents/guardians of eligible participants are encouraged to apply! Visit www.sunrisefl.gov/athlete50 or call (954) 747-4600 for details.

THIS SEASON

IN SUNRISE

JANUARY

- 6 Drive-In Movie: “Minions—The Rise of Gru”
Markham Park, Gates open at 5:30 pm
- 7 Household Hazardous Waste Disposal
Sunrise Public Works Complex, 9:00 am to 1:00 pm
- 8 Mark Nizer 4D
Civic Center Theatre, 2:00 pm
- 15 MLK Jr. Celebration: Youth Poetry Workshop
Civic Center Art Gallery, 9:00 am
- 15 MLK Jr. Celebration: Family Film
Civic Center Theatre, 2:00 pm
- 15 MLK Jr. Celebration: Night of the Arts
Civic Center Theatre & Art Gallery, 6:00 pm
- 20 “Tunes ‘N Trucks” Concert: Motown
Civic Center Amphitheater, 6:00 pm to 9:00 pm
- 22 “Beauty & The Beast Jr.”
Civic Center Theatre, 1:00 pm and 5:00 pm
- 27 “Lyrical Lounge” Poetry Workshop & Teen Open Mic
Civic Center Art Gallery, 6:00 pm

FEBRUARY

- 3 Outdoor Movie: “Happy Gilmore”
The Bridges at Springtree Golf Club, 6:30 pm
- 10 “Tunes ‘N Trucks” Concert: Hip Hop / Top 40
City Park, 6:00 pm to 9:00 pm
- 11 Woolfstock
Pawgrass at Welleby Park, 10:00 am to 1:00 pm
- 12 “Rumplestiltskin”
Civic Center Theatre, 2:00 pm
- 18 Family Fishing Derby
Welleby Park, 9:00 am to 12:00 pm
- 23 Taste of Sunrise
Civic Center, 7:00 pm to 9:00 pm
- 24 “Lyrical Lounge” Poetry Workshop & Teen Open Mic
Civic Center Art Gallery, 6:00 pm
- 24 Opening Reception: “Off the Page”
Civic Center Art Gallery, 6:00 pm
- 25 “The Play That Goes Wrong”
Civic Center Theatre, 7:00 pm
- 26 “The Play That Goes Wrong”
Civic Center Theatre, 2:00 pm

MARCH

- 3 Outdoor Movie: “The Bad Guys”
Sunrise Athletic Complex (SAC), 6:30 pm
- 4 Sunrise Comic-Con
Civic Center, 11:00 am to 6:00 pm
- 10 “Lyrical Lounge” Poetry Workshop & Teen Open Mic
Civic Center Art Gallery, 6:00 pm
- 11 Safety Expo featuring Classic Car Show
Welleby Park, 10:00 am to 1:00 pm
- 11 “Mean Girls”
Civic Center Theatre, 2:00 pm and 7:00 pm
- 12 “Mean Girls”
Civic Center Theatre, 2:00 pm
- 17 “Tunes ‘N Trucks” Concert: Top 40
Civic Center Amphitheater, 6:00 pm to 9:00 pm
- 20 Piano Men: Music of Billy Joel and Elton John
Civic Center Theatre, 7:00 pm
- 25 Earth Day Festival
Sawgrass Sanctuary, 10:00 am to 1:00 pm
- 25 “The Savannah Sipping Society”
Civic Center Theatre, 7:00 pm
- 26 “The Savannah Sipping Society”
Civic Center Theatre, 2:00 pm



Vendors and sponsors are welcome at many of our special events! To find out more, call (954) 747-4600 or email agriffin@sunrisefl.gov.

DRIVE-IN MOVIE: "Minions: The Rise of Gru"



Friday, January 6 - Gates open at 5:30 pm; Movie starts at 6:30 pm
Markham Park, 16001 West State Road 84

FREE Admission!

Don't miss the latest animated hit in the Minions series! Enjoy the film from the comfort of your car, or bring your lawn chair and grab a spot up front. Audio will be broadcast via radio frequency. Food vendors will be on site. Sponsored by Memorial Healthcare System.

MARTIN LUTHER KING, JR. DAY CELEBRATION

Sunday, January 15 - Times vary, see below

Sunrise Civic Center, 10610 West Oakland Park Boulevard

FREE* Admission!

We're celebrating the legacy of Martin Luther King, Jr. with a series of free events: Youth Poetry Workshop: 9:00 am to 1:00 pm; Family Film - "King Richard": 2:00 pm; A Night of the Arts: Art Gallery Reception at 6:00 pm; Concert and Poetry at 7:00 pm *Seating is limited and pre-registration is required. See our Theatre and Art Gallery section (page 8) for details!

TUNES 'N TRUCKS Concert Series



Day/Date	Location	Band
Friday, January 20	Sunrise Civic Center Amphitheater	The Motowners
Friday, February 10	City Park Amphitheater	Alexander Star & The Golden People (Hip Hop/Top 40)
Friday, March 17	Sunrise Civic Center Amphitheater	Tom Sartori Band (Top 40)
Friday, April 14	Sunrise Civic Center Amphitheater	Cadillac Blue (Country)
Friday, May 12	Sunrise Civic Center Amphitheater	Johnny Wild and the Delights ('50s/'60s)
Friday, June 16	City Park Amphitheater	Valerie Tyson Band (Jazz and R&B)

Now at two locations: Sunrise Civic Center Amphitheater, 10610 West Oakland Park Boulevard, and City Park, 6600 Sunset Strip. Enjoy a fantastic lineup of tribute and cover bands and food trucks. The trucks start serving at 6:00 pm and the music begins at 7:00 pm. Bring your lawn chair or blanket; admission is FREE! Sponsored by Memorial Healthcare System.

MAYORS' CHESS CHALLENGE

Join mayors, elected officials and community leaders from across Broward County in support of scholastic chess. Participants will receive a "Mayors' Chess Challenge Passport" that can be stamped at each event they attend during the 2022-2023 school year. Visit www.sunrisefl.gov/chess for dates and locations.

WOOFSTOCK

Saturday, February 11, from 10:00 am to 1:00 pm

Pawgrass at Welleby Park, 11100 NW 44 Street

FREE Admission!

The City's annual celebration of dogs and dog lovers features entertainment, demonstrations, specialty retail vendors, food and more. Don't have a dog? Don't miss out on the fun! Rescue groups will be on site, offering pets for adoption. The first 500 canines through the gate will receive a "doggie bag" of treats. Please note that dogs must be on non-retractable leashes when not inside dog park fencing.

OUTDOOR MOVIE SERIES

Sponsored by Memorial Healthcare System



FREE Admission!

Please arrive early. Bring a lawn chair or blanket, enjoy free popcorn, and relax under the stars.

"Happy Gilmore"

Friday, February 3 at 6:30 pm

The Bridges at Springtree Golf Club, 8150 Springtree Drive

In "Happy Gilmore," a failed hockey player (Adam Sandler) takes his skills to the golf course in an effort to win money and save his grandmother's house. Produced by Robert Simonds. Rated PG-13.

"The Bad Guys"

Friday, March 3 at 6:30 pm

Sunrise Athletic Complex (SAC), 11501 NW 44th Street

To avoid prison, a criminal group of animals attempt to reform themselves as model citizens. Along the way, they discover their leader has devised a plan of his own. Produced by DreamWorks Animation. Rated PG.

FAMILY FISHING DERBY

Saturday, February 18, from 8:30 to 10:30 am

Welleby Park, 11100 NW 44th Street

FREE admission! Register at www.sunrisefl.gov/familyfish

Enjoy a fun family day filled with fishing and prizes! Bring your own equipment and bait.

TASTE OF SUNRISE

Thursday, February 23, from 7:00 pm to 9:00 pm

Sunrise Civic Center, 10610 West Oakland Park Boulevard

Admission: \$20 in advance or \$30 at the door (if tickets remain)

Tickle your taste buds at the 5th annual Taste of Sunrise! Join us as we celebrate the flavors of Sunrise and enjoy samples from restaurants across our community. Call (954) 747-4646 or visit www.sunrisefl.gov/tickets.

SUNRISE COMICCON

Saturday, March 4, from 11:00 am to 6:00 pm

Sunrise Civic Center Campus, 10610 West Oakland Park Boulevard

Tickets: On or before February 25 - \$10 per person (\$7 tickets for children 10 and under are available only at the box office). Beginning February 26 - \$20 per person (\$14 tickets for children 10 and under are available only at the box office)

Enjoy an all-ages day of fantasy and fun, including gaming, demos and panels, photo ops, and a cosplay contest. Visit www.sunrisefl.gov/comiccon for an up-to-date list of activities and exhibitors.

SAFETY EXPO featuring CLASSIC CAR SHOW

Saturday, March 11, from 10:00 am to 1:00 pm

Welleby Park, 11100 NW 44th Street

FREE admission!

Learn bicycle safety at Safety Town. You can also enjoy a day of classic cars, touch-a-truck opportunities, bounce houses, food trucks, and more! This event is fun for the whole family. Sponsored by Joe DiMaggio Children's Hospital.



EARTH DAY FESTIVAL

Saturday, March 25, from 10:00 am to 1:00 pm

Sawgrass Sanctuary, 237 North New River Circle

FREE Admission!

Enjoy live entertainment, great food and family-friendly activities - all in a beautiful outdoor setting. In keeping with the event's conservation theme, water bottle refilling stations will be available throughout the park. No coolers, glass bottles, pets or bicycles will be allowed in the park during the Festival. (A bike parking area will be available.) Other festival highlights include a Kids' Corner with hands-on activities, arts and crafts, rides, and more! We'll also have a great selection of food and retail vendors. The City's annual Earth Day Festival is made possible through the support of the City of Sunrise Utilities Department, Republic Services and Baptist Health. For more information, call (954) 747-4600.



ROYAL EGG HUNT

Saturday, April 1, from 10:00 am to 1:00 pm;
Egg Hunt begins promptly at 10:30 am

Sunrise Sportsplex, 9101 NW 50th Street

Admission: \$5 per participant 12 and under

Egg Hunt age groups:

Walkers to Age 4, Ages 5 - 6, Ages 7 - 8, and 9 - 12

Dress as your favorite prince or princess and enter our magical kingdom! Children will be divided into age groups for the egg hunts—which will all take place promptly at 10:30 am. Bring your basket and camera, and take your picture with King Bunny. Enjoy arts & crafts, rides and much more following the hunt!



SUNRISE CIVIC CENTER ART GALLERY

10610 West Oakland Park Boulevard | (954) 747-4646

Hours: Tuesday and Friday from 10:00 am to 5:00 pm;
Wednesday and Thursday from 12:00 pm to 7:00 pm; and
Saturday from 10:00 am to 3:00 pm.

FREE admission!

Martin Luther King, Jr. Celebration

Works by Terri Meredith, Chris Butler, Tiffany Beasi, & Vaughn Tucker

On exhibit January 15 to February 16

Opening reception: Sunday, January 15, at 6:00 pm

This exhibit features diverse work in a variety of mediums, highlighting the nuances of Black life and culture. Meet the artists and enjoy light refreshments at our free opening reception, part of the City's Night of the Arts in celebration of Martin Luther King, Jr. Day. See page 9 for event details.

OFF THE PAGE: The Power of Manga and Comics

Works by George Moss, Glaister Ormsby, Bernal Zumbado, and Chivas Davis

On exhibit February 24 to April 15

Opening reception: Friday, February 24, at 6:00 pm

We're excited to spotlight talented local artists who capture the power and passion of the Sunrise ComicCon community. Enjoy remarkable illustrations, paintings and 3D pieces inspired by anime, comic books and other action-packed subject matter. Meet the artists and enjoy light refreshments at our free opening reception!



SUNRISE CIVIC CENTER THEATRE

10610 West Oakland Park Boulevard | (954) 747-4646

Box Office Hours: Tuesday and Friday from 10:00 am to 5:00 pm; Wednesday and Thursday from 12:00 pm to 7:00 pm; Saturday from 10:00 am to 3:00 pm.; and one hour before shows.

Ticket Purchases By phone | (954) 747-4646

In person | Visit our Box Office

Online | www.sunrisefl.gov/tickets

Please communicate any special seating requests or mobility challenges at time of purchase. Coupons, if applicable, must be presented in person at time of purchase.

MARK NIZER 4D: A New Dimension in Entertainment

Sunday, January 8, at 2:00 pm

Reserved seating: \$20

Mark Nizer changes the way people view the world: The impossible is possible, the improbable is probable. His one-man show blends original comedy, world-class juggling, movement, music, and technology - and keeps everyone in the family on the edge of their seat! Each member of the audience receives a pair of special 4D glasses for this "new dimension in entertainment."

BEAUTY & THE BEAST JR.

Sunday, January 22, at 1:00 pm and 5:00 pm

Reserved seating: \$20

Based on the Academy Award-winning motion picture and the Broadway show, Disney's Beauty and the Beast JR. is a fantastic story of transformation and tolerance. Inside Out Theatre's production of this musical is performed by youth for youth and will be most enjoyed by ages 6-13.

RUMPELSTILTSKIN

Sunday, February 12, at 2:00 pm

Reserved seating: \$7

Adapted from the story by Brothers Grimm, this Atlantic Coast Theatre production features elaborate masks, comic characters, and audience participation.

THE PLAY THAT GOES WRONG

Saturday, February 25, at 7:00 pm

Sunday, February 26, at 2:00 pm

Reserved seating: \$20

Welcome to opening night of the Cornley University Drama Society's newest production, The Murder at Haversham Manor, where things are quickly going from bad to utterly disastrous. This 1920s whodunit has everything you never wanted in a show - an unconscious leading lady, a corpse that can't play dead, and actors who trip over everything (including their lines). Part Monty Python, part Sherlock Holmes, this award-winning comedy is guaranteed to leave you aching with laughter. This South Florida premiere is presented by Inside Out Theatre.

MEAN GIRLS: High School Edition

Saturday, March 11, at 2:00 pm and 7:00 pm;
Sunday, March 12, at 2:00 pm

Reserved seating: \$20

Cady Heron may have grown up on an African savanna, but nothing prepared her for the wild and vicious ways of her strange new home: suburban Illinois. When she rises to the top of the popularity pecking order, she learns the hard way that you can't cross a Queen Bee without getting stung! This musical stage adaptation of the hit 2004 film is presented by Broadway Kids Studio.

PIANO MEN

Monday, March 20, at 7:00 pm

Reserved seating: \$30

Two men, two pianos – one fabulous night. Don't miss the amazing father and son team of Terry and Nick Davis, performing the hits of Billy Joel and Elton John.

THE SAVANNAH SIPPING SOCIETY

Saturday, March 25, at 7:00 pm

Sunday, March 26, at 2:00 pm

Reserved seating: \$20

In this delightful comedy, four unique Southern women--all needing to escape the sameness of their day-to-day routines--bond during an impromptu happy hour. They continue to meet over the course of six months, forging lasting friendships and a renewed determination to live in the moment. Raise your glass as you enjoy this lively show from the creator of The Golden Girls.

ENCANTO

Sunday, April 2, at 2:00 pm

Reserved seating: \$7

Enjoy the movie that has everyone singing about Bruno! The Madrigals are an extraordinary family who live hidden in the mountains of Colombia in a charmed place called the Encanto. The magic of the Encanto has blessed every child in the family with a unique gift -- every child except Mirabel. However, she soon may be the Madrigals last hope when she discovers that the magic surrounding the Encanto is now in danger. Admission includes popcorn.

ARGENTINE TANGO

Tuesday, April 4, at 2:00 pm

Reserved seating: \$20

Tango is a potent ambassador of Argentinian culture. Its music, dance, and poetry have traveled the globe. This unforgettable show will have your heart pounding and your feet moving.

SPECIAL EVENT!

MARTIN LUTHER KING, JR. CELEBRATION

Our celebration of the legacy of Martin Luther King, Jr. will feature a series of free* events:

Youth Poetry Workshop

Sunday, January 15, from 9:00 am to 1:00 pm

Sunrise Civic Center Art Gallery, 10610 W. Oakland Park Blvd.

*This fun and engaging poetry-writing workshop is open to students age 13 to 18. Each poet will receive breakfast, lunch, and writing supplies. Students will also have the opportunity to view the City's 2:00 pm screening of "King Richard." *There is no cost to participate; however, space is limited and pre-registration is required. Call (954) 747-4646 by January 6 to sign up. A minimum of 12 students needed for workshop to be held.*

Family Film: "King Richard"

Sunday, January 15, at 2:00 pm

Sunrise Civic Center Theatre, 10610 W. Oakland Park Blvd.

*Based on the true story of Richard Williams, father of legendary tennis champions Venus and Serena Williams, this film shows how family and perseverance can achieve the impossible and impact the world. *Seating is limited: Up to four free general admission tickets are available per family. Call (954) 747-4646 for details.*

A Night of the Arts

Sunday, January 15

Opening Reception - Sunrise Civic Center Rotunda at 6:00 pm

Sunrise Civic Center, 10610 West Oakland Park Boulevard

Join us for light refreshments and a tribute to Martin Luther King, Jr.

Concert and Poetry - Sunrise Civic Center Theatre at 7:00 pm

*Acclaimed vocalist CeCe Teneal honors the legacy of five decades of female hitmakers. Journey alongside an award-winning ensemble of musicians on a "soul train" traveling through a collection of high-energy uptempos and heartfelt ballads, with songs from Gladys Night, Tina Turner, Whitney Houston, and so many more. *Seating is limited: Up to four free general admission tickets are available per family. Call (954) 747-4646 for details.*

LYRICAL LOUNGE TEEN OPEN MIC

Writing workshop at 6:00 pm, Open Mic from 7:00 pm to 9:00 pm

Day/Date	Theme	Location
Friday, January 27	Fresh Starts/Goals	Art Gallery
Friday, February 24	Love and Friendship	Theatre
Friday, March 10	Pop Culture	Art Gallery
Friday, April 28	Earth Day	Art Gallery

Our FREE monthly Teen Open Mic now includes a writing workshop facilitated by a teaching artist. Fine-tune your words at 6:00 pm and take the stage at 7:00 pm! Attire and poems that match the monthly theme are encouraged, and audience members are welcome. Light refreshments will be served. Visit sunrisefl.gov/lyrical for details.



FAMILY FUN

Family Time Volleyball

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee*	Activity #
13+	Ongoing	SU	12:00 - 3:00 pm	Daily visit fee	N/A

*Free to Athletic Club members. For more information, call (954) 747-4666.

Family Time Pickleball

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee*	Activity #
7+	Ongoing	SU	8:00 - 11:30 am	Daily visit fee	N/A

*Free to Athletic Club members. For more information, call (954) 747-4666.

Family Time Wallyball

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee*	Activity #
12+	Ongoing	SA	2:00 - 4:30 pm	Free; \$5; \$75	N/A

Members free; \$5 Non-resident daily fee; \$75 Annual non-resident membership/person. Wallyball is a fast-paced sport that is similar to volleyball. It's played in a racquetball court, where it is legal to hit the ball off of the walls. For information, call (954) 747-4666.

Storytime

Location: City Park, 6600 Sunset Strip

Age	Date	Day	Time	Fee*	Activity #
4-8	1/21	SA	11:00 am- 12:00 pm	FREE	370702-A
	2/18				370702-B
	3/18				370702-C

Young readers are invited to enjoy a story and snack on the City Park stage. January: I Have a Dream by Martin Luther King Jr; February: The Invisible String by Patrice Karst; March: The Hugging Tree by Jill Neimark. Lawn chairs and blankets are recommended. Call (954) 747-4601 to sign up. Held rain or shine!

Sidewalk Chalk Art

Location: City Park, 6600 Sunset Strip

Age	Date	Day	Time	Fee*	Activity #
4-8	1/21	SA	12:00 - 1:00 pm	FREE	N/A
	2/18				N/A
	3/18				N/A

Express yourself artistically on the sidewalks of City Park! There will be a different theme for each month to use as inspiration for your works of art. Chalk will be provided. Be sure to bring drinking water and a damp towel or rag for your hands. Call (954) 747-4601 for information.

Youth Nights

Location: Village Multipurpose Center, 2240 NW 68th Avenue

Age	Date	Day	Time	Fee*	Activity #
13-17	1/6, 1/20	F	5:00 - 7:00 pm	FREE	370703-A-B
	2/3, 2/17				370703-C-D
	3/3, 3/17				370703-E-F

Kickoff your weekends with your crew! Youth Nights will take place on the 1st & 3rd Friday of each month. A variety of activities will be available ranging from 2K and Madden Tournaments, 3-point Shooting Contests, Obstacle Courses, Skills Challenges, Pickup and Full Court Games, and much more. Call (954) 747-4601 for information.

DAYS OFF / CAMPS



Kids/Teens Day Off

Location: Drop off at the Sunrise Civic Center,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
5-15	1/13	F	7:30 am - 6:00 pm	\$30/\$40	320402-A
5-15	2/20	M	7:30 am - 6:00 pm	\$30/\$40	320402-B
5-15	3/17	F	7:30 am - 6:00 pm	\$30/\$40	320402-C

January: Butterfly World; February: At the Civic Center; March: Arcade Zone. Participants must wear their yellow City of Sunrise camp shirt and bring lunch and plenty of drinks and snacks each day. Space is limited and pre-registration is required. For details, call the Department of Leisure Services at (954) 747-4600.

Spring Mini Camp

Location: Drop off at the Sunrise Civic Center,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
5-15	3/20 - 3/24	M-F	7:30 am - 6:00 pm	\$150/\$200	420404-A

Kids and teens will enjoy exciting activities and field trips during their school break. Participants must wear their yellow City of Sunrise camp shirt and bring lunch and plenty of drinks and snacks each day. Space is limited and pre-registration is required.

**SAVE
THE DATE!
SUMMER CAMP
REGISTRATION**

The final day to submit registrations for summer camp lottery enrollment is April 7, 2023. Registration packets will be available online at sunrisefl.gov/camp and at Leisure Services Offices by Wednesday, March 1. Space is limited!

CLASSES

Fantastic Toddler Fun

Location: Sunrise Civic Center,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
19 mo - 2	1/11 - 3/15	W	9:00 - 10:30 am	\$60	320917-A

This program allows a caregiver the opportunity to participate with their child in age appropriate crafts, story time, songs, and more! Birth certificate is required with registration. Unregistered siblings will not be permitted to attend the class.

Bright Soul Yoga For Kids

Location: Sunrise Athletic Complex (SAC) Multipurpose Center,
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
3 - 6	1/10 - 3/28	Any	Any	\$14	370696-D-Z
	1/10 - 1/31	TU	4:45 - 5:30 pm	\$37.50	370696-A
	2/7 - 2/28	TU	4:45 - 5:30 pm	\$50	370696-B
7 - 12	3/7 - 3/28	TU	4:45 - 5:30 pm	\$50	370696-C
	1/10 - 3/28	Any	Any	\$14	370697-D-Z
	1/10 - 1/31	TU	5:45 - 6:30 pm	\$37.50	370697-A
	2/7 - 2/28	TU	5:45 - 6:30 pm	\$50	370697-B
	3/7 - 3/28	TU	5:45 - 6:30 pm	\$50	370697-C

Location: Sunrise Civic Center,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
3 - 6	1/7 - 1/28	SA	11:45 am - 12:30 pm	\$50	370654-A
	2/4 - 2/25	SA	11:45 am - 12:30 pm	\$50	370654-B
	3/11 - 4/1	SA	11:45 am - 12:30 pm	\$50	370654-C
7 - 12	1/7 - 1/28	SA	12:45 - 1:30 pm	\$50	370654-D
	2/4 - 2/25	SA	12:45 - 1:30 pm	\$50	370654-E
	3/11 - 4/1	SA	12:45 - 1:30 pm	\$50	370654-F

During this 45-minute yoga class for kids, participants can expect to learn new postures, play yoga-related games to deepen their knowledge of yoga and, most importantly, have fun! For more information, contact instructor Abigail Martinez at (954) 610-2144. Registration begins two weeks prior to the start of a session. Daily class fees are non-refundable. Adult must be present to register a minor.

Just You & Me

Location: Sunrise Civic Center,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
3 - 5	1/7 - 3/16	TU & TH	9:00 - 10:30 am	\$96	320915-A

This program features developmentally age-appropriate activities for preschoolers age three to five. Birth certificate is required with registration. Unregistered siblings will not be permitted to attend the class. Parent participation is required. *No class on 2/21 and 3/2.

Let's Create Art

Location: Sunrise Civic Center,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
10-15	2/1 - 2/22	W	5:30 - 7:00 pm	\$60	370711-A
10-15	3/3 - 3/29*	W	5:30 - 7:00 pm	\$60	370711-B

Get instruction that maximizes artistic potential. Materials not included. Supply list provided on receipt. For more information, call (954) 479-2966. *No class 3/22.

Kids in The Kitchen

Location: Sunrise Senior Center,
10650 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
8 - 10	1/23 - 5/8*	M	5:00 - 6:00 pm	\$84	320750-A
11 - 15	1/23 - 5/8*	M	6:30 - 7:30 pm	\$84	320750-B

Participants will gain basic cooking skills while preparing various foods. Skills will include reading recipes, wet and dry measuring, food safety, and basic knife skills. We will consume our creations at the end of each class. Participants must be registered before session begins. Deadline for registration 1/18. A minimum of five students is required to run this class. *No class 2/20, and 3/20. Session Theme: Mexican!

Beginner Karate

Location: Sunrise Civic Center,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity#
5+	1/4 - 2/1*	M/W	5:00 - 6:00 pm	\$80	320740-A
5+	2/6 - 3/1	M/W	5:00 - 6:00 pm	\$80	320740-B
5+	3/6 - 3/29	M/W	5:00 - 6:00 pm	\$80	320740-C

Intermediate Karate*

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity#
5+	1/4 - 2/1*	M/W	6:00 - 7:00 pm	\$80	320741-A
5+	2/6 - 3/1	M/W	6:00 - 7:00 pm	\$80	320741-B
5+	3/6 - 3/29	M/W	6:00 - 7:00 pm	\$80	320741-C

\$25/yr Membership to Karate Association (payable to instructor) PLUS additional fees for ranking test and uniforms. If you have any questions regarding Karate classes, please call (954) 940-8801. *No class 1/16. Participants must be registered before session begins.

*Students must have experience in order to enroll in the Intermediate class.

THEATRE CLASS: SpongeBob, Jr., The Musical

Location: Sunrise Civic Center Theatre,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
10-14	1/23 - 5/7	M	5:00 - 7:30 pm	\$425	310606-A

This class focuses on training in acting, voice and dance with a rehearsal period that leads to the performances of the musical. No experience is necessary; however, this class leads to a performance for the public and students are expected to be committed, hardworking and professional. Minimum 15 participants required. Class hours may be extended as needed during the rehearsal process. Students must be available for mandatory dress/tech rehearsals during the week of May 1. Visit www.insideouttheatre.org for details. Show week is May 1 to May 7. Show date/times are May 7, 2023 at 1:00 pm & 5:00 pm.

THEATRE CLASS: In The Heights

Location: Sunrise Civic Center Dance Studio A,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
15	1/8 - 4/30	SU	9:00 am - 2:00 pm	\$425	310604-A

This Advanced Performance class is for dedicated actors eager to work on Broadway's hit musical, "In the Heights." Classes will begin on January 8; performances will be held on April 29 at 7:00 pm, and April 30 at 2:30 pm and 7:00 pm. Class hours may be extended as needed during the rehearsal process. Actors cast in the play must register with the City of Sunrise before January 8. Visit www.insideouttheatre.org for details. Show week is April 24 to April 30. Show dates/times: April 29 at 7:00 pm; and April 30 at 2:30 pm and 7:00 pm.

CLASSES

GYMNASTICS

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Tumblebears

Age	Date	Day	Time	Fee	Activity #
3 - 4	1/7 - 1/28	SA	10:00 - 10:45 am	\$54	320760-A
	2/4 - 3/18*	SA	10:00 - 10:45 am	\$81	320760-B

Gymnastics Basics

Age	Date	Day	Time	Fee	Activity #
4 - 6	1/12 - 1/26	TH	5:15 - 6:00 pm	\$40.50	320765-A
	2/2 - 2/23		5:15 - 6:00 pm	\$54	320765-B
	3/2 - 3/30*		5:15 - 6:00 pm	\$54	320765-C
6 - 11	1/12 - 1/26	TH	6:05 - 6:50 pm	\$40.50	320766-A
	2/2 - 2/23		6:05 - 6:50 pm	\$54	320766-B
	3/2 - 3/30*		6:05 - 6:50 pm	\$54	320766-C
5 - 11	1/7 - 1/28	SA	10:50 - 11:35 am	\$54	320761-A
	2/4 - 3/18*		10:50 - 11:35 am	\$81	320761-B

Gymnastics Level 1

Age	Date	Day	Time	Fee	Activity #
6 - 11	1/12 - 1/26	TH	6:55 - 7:40 pm	\$40.50	320767-A
	2/2 - 2/23		6:55 - 7:40 pm	\$54	320767-B
	3/2 - 3/30*		6:55 - 7:40 pm	\$54	320767-C
5 - 11	1/7 - 1/28	SA	11:40 am - 12:25 pm	\$54	320762-A
	2/4 - 3/18*		11:40 am - 12:25 pm	\$81	320762-B

For details, visit www.JoyDecoEnterprises.com. Participants must be registered before session begins. A minimum of four students is required to run this class. Tumblebears: Participants will use equipment such as parachutes, trampolines and balance beams to exercise and work on basic tumbling skills. *No class on 3/4. Gymnastics Class will focus on basic rolls, cartwheels, handstands, back walkovers and trampoline work. Students will participate in an end-of-year recital. Level 1 students must have experience in order to enroll in class. *No class 3/4 and 3/23.

ART: Anime and Manga

Location: Sunrise Civic Center,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
10+	1/12 - 2/23	TH	6:15 - 7:15 pm	\$84	320818-A
	3/2 - 3/30*	TH	6:15 - 7:15 pm	\$48	320818-B
	1/13 - 2/24	F	6:15 - 7:15 pm	\$84	320718-A
			7:30 - 8:30 pm		320719-A
	3/10 - 3/31*	F	6:15 - 7:15 pm	\$36	320718-B
			7:30 - 8:30 pm		320719-B

Students will learn skills, develop creativity, gain inspiration, have fun, and meet others who love anime and manga. Students of all ability levels are welcome and will be challenged accordingly. *No class 3/23 and 3/24. Participants must be registered before sessions begin.



DANCE FX DANCE CLASSES

Location: Sunrise Civic Center,
10610 West Oakland Park Boulevard

Baby Ballerinas

Age	Date	Day	Time	Fee	Activity #
3 - 5	1/23 - 3/27*	M	4:00 - 4:45 pm	\$96	320777-A

Hip Hop

Age	Date	Day	Time	Fee	Activity #
6 - 10	1/23 - 3/27*	M	4:45 - 5:30 pm	\$96	320775-A
4 - 5	1/10 - 1/31	TU	4:00 - 4:45 pm	\$48	320797-A
	2/7 - 2/28			\$48	320797-B
	3/7 - 3/28*			\$36	320797-C
4 - 6	1/7 - 1/28	SA	10:45 - 11:30 am	\$48	320785-A
	2/4 - 3/18*			\$72	320785-B

Jazz and Ballet

Age	Date	Day	Time	Fee	Activity #
6 - 10	1/10 - 1/31	TU	4:45 - 5:30 pm	\$48	320796-A
	2/7 - 2/28			\$48	320796-B
	3/7 - 3/28*			\$36	320796-C

Tap and Ballet

Age	Date	Day	Time	Fee	Activity #
4 - 6	1/7 - 1/28	SA	9:15 - 10:00 am	\$48	320784-A
	2/4 - 3/18*			\$72	320784-B
6 - 8	1/7 - 1/28	SA	10:00 - 10:45 am	\$48	320786-A
	2/4 - 3/18*			\$72	320786-B

Participants must be registered before session begins. A minimum of three students is required to run the class. *No class 2/20, 3/4, 3/20, and 3/21.

FITNESS: Fit Kids/Fit Teens

Location: Village Multipurpose Center,
2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
6 - 12	Ongoing	TU/TH	3:30 - 4:15 pm	Free	370704-A
13 - 17	Ongoing	TH	4:15 - 5:00 pm	Free	370704-B

This program provides an exercise circuit designed for children. Program activities vary each session. The goal is to increase the child's exercise level, self-esteem, social skills, motor skills, and maintain a healthy weight. A City of Sunrise waiver must be completed to participate in the program. Call (954) 747-4601 for information.

JOGA BONITO FUTSAL ACADEMY

Location: Sunrise Athletic Complex (SAC),
11501 NW 44th Street

Beginners - Once a Week

Age	Date	Day	Time	Fee	Activity #
6 - 14	1/4 - 1/25	W	5:30 - 6:45 pm	\$115/125	370694-A
	2/1 - 2/22				370694-B
	3/1 - 3/29				370694-C
	1/6 - 1/27	F	5:30 - 6:45 pm	\$115/125	370694-M
	2/3 - 2/24				370694-N
	3/3 - 3/31				370694-O

Advanced - Once a Week

Age	Date	Day	Time	Fee	Activity #
6 - 14	1/4 - 1/25	W	6:45 - 8:00 pm	\$115/125	370694-P
	2/1 - 2/22				370694-Q
	3/1 - 3/29				370694-R
	1/6 - 1/27	F	6:45 - 8:00 pm	\$115/125	370694-D
	2/3 - 2/24				370694-E
	3/3 - 3/31				370694-F

Beginners - Twice a Week

Age	Date	Day	Time	Fee	Activity #
6 - 10	1/4 - 1/27	W & F	5:30 - 6:45 pm	\$170/190	370694-G
	2/1 - 2/24				370694-H
	3/1 - 3/31				370694-I

Advanced - Twice a Week

Age	Date	Day	Time	Fee	Activity #
6 - 10	1/4 - 1/27	W & F	6:45 - 8:00 pm	\$170/190	370694-J
	2/1 - 2/24				370694-K
	3/1 - 3/31				370694-L

Futsal is a fast-paced game played on a basketball-sized hard court. It looks similar to soccer at first, but has many characteristics that make it different! All players are constantly involved, keeping them engaged, moving, learning, and having lots of fun. This class is offered to boys and girls ages 6-14. There is an annual fee of \$125 for new members and \$75 for returning members. For details and to schedule your FREE evaluation practice, contact Coach Guga at (561) 542-0961.



13 & Under Open Play Basketball

Location: Village Multipurpose Center,
2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
6 - 13	Ongoing	M/W/F	2:00 - 5:00 pm	Daily*	N/A
	Ongoing	T/TH	2:00 - 3:30 pm	Daily*	N/A

Sunrise residents FREE with membership. *Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by parent or legal guardian. Call (954) 747-4601 for information.

Open Play Basketball

Location: Village Multipurpose Center,
2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
Any	Ongoing	Varies	Varies	Daily*	N/A
	Ongoing	T/TH	2:00 - 3:30 pm	Daily*	N/A

Sunrise residents FREE with membership. *Non-residents must pay a daily or annual visit fee. Children under 13 years old must be accompanied by parent or legal guardian. Call (954) 747-4601 for information.

Location: Sunrise Athletic Complex (SAC) Multipurpose Center,
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
13+	Ongoing	Varies	Varies	Daily visit fee*	N/A

Children under 13 must be accompanied by parent or legal guardian. *Free with membership. Please call (954) 747-4604 for daily schedule.

Pickleball

Location: Sunrise Athletic Complex (SAC) Multipurpose Center,
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
13+	Ongoing	Varies	Varies	Daily visit fee*	N/A

Children under 13 must be accompanied by parent or legal guardian. *Free with membership. Please call (954) 747-4604 for daily schedule.

Open Play Volleyball

Location: Sunrise Athletic Complex (SAC) Multipurpose Center,
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
13+	Ongoing	Varies	5:30 - 8:45 pm	Daily visit fee*	N/A

Children under 13 must be accompanied by parent or legal guardian. *Free with membership. Please call (954) 747-4604 for daily schedule.

Badminton

Location: Village Multipurpose Center,
2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
13+	Ongoing	TU	7:00 - 8:45 pm	Daily*	370675-A
	Ongoing	SU	12:15 - 2:15 pm	Daily*	370675-B

A City of Sunrise waiver must be completed to participate in the program. Call (954) 747-4601 for information.

Jr Netball

Location: Village Multipurpose Center,
2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
13 - 17	Ongoing	TU	4:15 - 5:00 pm	Daily*	270687-B

Call (954) 747-4601 for information.

VOLLEYBALL

Location: Sunrise Athletic Club,
10610 West Oakland Park Boulevard

Beginner Volleyball Clinics

Age	Date	Day	Time	Fee	Activity #
9-17	1/2 - 3/29	Any	Any	\$20	370676-G-Z
	1/2 - 1/30*	M&W	5:30 - 7:00 pm	\$140	370676-A
	2/1 - 3/1*	M&W	5:30 - 7:00 pm	\$140	370676-B
	3/6 - 3/29	M&W	5:30 - 7:00 pm	\$140	370676-C

Intermediate Volleyball Clinics

Age	Date	Day	Time	Fee	Activity #
9-17	1/2 - 3/29	Any	Any	\$20	370676-G-Z
	1/2 - 1/30*	M&W	7:00 - 8:30 pm	\$140	370676-D
	2/1 - 3/1*	M&W	7:00 - 8:30 pm	\$140	370676-E
	3/6 - 3/29	M&W	7:00 - 8:30 pm	\$140	370676-F

Advanced Volleyball Clinics

Age	Date	Day	Time	Fee	Activity #
9-17	1/6 - 3/29	Any	Any	\$20	370677-G-Z
	1/6 - 2/3*	F	3:00 - 4:30 pm	\$70	370677-A
	2/10 - 3/3	F	3:00 - 4:30 pm	\$70	370677-B
	3/10 - 4/28*	F	3:00 - 4:30 pm	\$70	370677-C
	1/6 - 2/3*	F	4:30 - 6:00 pm	\$70	370677-D
	2/10 - 3/3	F	4:30 - 6:00 pm	\$70	370677-E
	3/10 - 4/28*	F	4:30 - 6:00 pm	\$70	370677-F

*No class on 1/13, 1/16, 2/20, 3/17, 3/24, 4/7 and 4/21. For more information, contact Coach Mo at (954) 687-2908. These programs introduce new athletes to the game and strengthen their technique as they progress. Teams will be divided by skill level. Approval required from the instructor before signing up for Advanced Volleyball Clinics.

50% REGISTRATION DISCOUNT FOR ALL HEAD COACHES!

Volunteer coaches are needed in all Youth Recreation Baseball & Softball age divisions, and will be selected immediately following the registration deadline. All coaches are required to be fingerprinted and have a criminal background check completed.

If you are interested and need further information, please call Leisure Services at (954) 747-4600.

Start Smart Baseball

Location: Sunrise Athletic Complex,
11501 NW 44th Street, Field 1

Age	Date	Day	Time	Fee	Activity #
3 - 5	1/18 - 2/22	W	6:00 - 7:00 pm	\$35/60*	330204-A

Start Smart Baseball is a six-week, developmentally-appropriate introductory program that prepares children and their guardians for organized tee ball and baseball/softball in a fun, non-competitive environment. Parent(s) work one-on-one with their child practicing a variety of skills including throwing, catching, batting, and running. Parent-child groups will receive a Start Smart Baseball kit which includes a Koosh bat, a glove and a ball. Space is limited to 20 participants. *Resident/Non-resident rate.

Challenger Division Baseball

Age	Season	Day	Time	Fee	Activity #
6+	March - May	TBD	TBD	FREE	330201-I

Players with disabilities will learn the fundamentals of baseball and experience the excitement of playing on a team. During the season, players are paired with a "buddy" who assists them throughout the game. Special rules apply to create a fun and exciting time for the participants and ensure that everyone gets to participate.

Start Smart Youth Basketball

Location: Village Multipurpose Center,
2240 NW 68 Avenue

Age	Date	Day	Time	Fee	Activity #
3 - 5	4/15 - 5/20	SA	10:00 - 11:00 am	\$35/60*	430207-A

Start Smart Basketball is a six-week, developmentally-appropriate introductory program that prepares children and their guardians for organized basketball in a fun, non-competitive environment. Parent(s) work one-on-one with their child, practicing a variety of skills. Parent-child groups will receive a Start Smart basketball that will be used during the program and can be used to continue the development of the child. Space is limited; please register early. *Resident/Non-resident rate.

TNT Sunrise Fastpitch Softball

Fee: \$60/Resident; \$75/Non-resident

TRYOUTS

Division	Date	Time	Field	Activity #
8 & under	January 7 & 8	9:00 am	3	330203-A
10 & under	January 7 & 8	9:00 am	2	330203-B
12 & under	January 7 & 8	11:00 am	3	330203-C
14 & under	January 7 & 8	11:00 am	2	330203-D
16 & under	January 7 & 8	1:00 pm	3	330203-E
18 & under	January 7 & 8	1:00 pm	2	330203-F

Registration by Thursday, January 5. This travel program is for girls interested in playing competitive fastpitch softball. Each team will travel throughout Florida and compete in weekend tournaments. The season runs from late March to December. Tryouts will be held at the Sunrise Sportsplex, 9101 NW 50th Street. Interested players must complete a registration form and submit payment prior to tryouts. Players who do not make the team will receive a full refund. Player's age on January 1, 2023 will determine player age for each division.

YOUTH RECREATION BASEBALL/SOFTBALL

Baseball open to ages 4 to 16; Softball open to ages 7 to 13

Season Dates: February to May

Fee: \$75/Residents; \$110/Non Residents

Registration Deadline: Friday, January 6

Boys and girls are drafted on teams based on their age and skill level, as determined by player ratings. The City of Sunrise supplies each player with a shirt, pants/shorts, socks, and team ball cap. Players must supply their own glove. Rubber molded cleats are also recommended. Coaches will contact players on or before Saturday, February 4.

Games and Practices: Depending on the division, games will be played on weeknights and Saturday or Sunday. Practices will tentatively begin Monday, February 6 and are typically held on weeknights at 6:00 pm or later and on weekends. Teams will practice two or three times per week prior to the beginning of the season. It may be necessary for younger age divisions to practice on grass fields. Dates, times, and location of practices and games will be announced by team coaches. Don't forget to attend Baseball/Softball Opening Night on February 24 at the Sunrise Sportsplex! If you have any concerns please contact the Leisure Services Department, Monday through Friday, 9:00 am to 5:30 pm at (954) 747-4600.

Player Ratings: Players in the Instructional Tee Ball division do not need to attend ratings. All other baseball players and all softball players must attend ratings.

SOFTBALL

Division	Activity #	Age as of 1/1/23
Coach Pitch	330202-B	7, 8
Midget	330202-C	9, 10
Senior	330202-D	11, 12, 13

BASEBALL

Division	Activity #	Age as of 4/30/23
Instructional Tee Ball	330201-A	4, 5
Tee Ball	330201-B	6
Coach Pitch	330201-D	7, 8
Minors	330201-E	9, 10
Majors	330201-F	11, 12
Juniors	330201-G	13, 14
Seniors	330201-H	15, 16



Images: Zay Russ Photo

BASEBALL RATINGS

Division	Field	Date	Time
Tee Ball	Sportsplex #1	January 11	Begins at 6:00 pm
Coach Pitch	Sportsplex #1	January 11	Begins at 7:00 pm
Minor Division	Sportsplex #1	January 10	Begins at 6:00 pm
Major Division	Sportsplex #1	January 10	Begins at 7:00 pm
Junior Division	Sportsplex #1	January 9	Begins at 7:30 pm
Senior Division	Sportsplex #1	January 9	Begins at 7:30 pm

SOFTBALL RATINGS

Division	Field	Date	Time
Coach Pitch	Sportsplex #2	January 9	6:00 pm
Midget	Sportsplex #2	January 9	6:30 pm
Senior	Sportsplex #2	January 9	7:00 pm

MAKE UP RATINGS

Division	Field	Date	Time
All Softball	Sportsplex #1	January 14	9:30 am
Tee Ball / Coach Pitch	Sportsplex #1	January 14	10:00 am
Minor and Major	Sportsplex #1	January 14	10:30 am
Junior/Senior Baseball	Sportsplex #1	January 14	11:00 am

ANY SPECIAL REQUESTS MUST BE IN WRITING. REQUESTS ARE NOT AUTOMATICALLY GRANTED. REQUESTS MUST BE RECEIVED PRIOR TO DRAFTS.

REQUESTS FOR A CHILD TO PLAY IN AN AGE DIVISION ABOVE THEIR AGE APPROPRIATE DIVISION WILL BE REQUIRED TO FOLLOW THE FOLLOWING PROCEDURE. A SPECIAL REQUEST FORM MUST BE FILLED OUT PRIOR TO RATINGS. REQUESTS ARE NOT AUTOMATICALLY GRANTED. THE CHILD MUST ATTEND RATINGS OR MAKE-UP RATINGS IN THE AGE DIVISION THAT THEY WISH TO PLAY IN. IF THEY ARE UNABLE TO ATTEND THE RATINGS DATE OR THE MAKE-UP RATINGS DATE, THEY WILL AUTOMATICALLY BE PLACED IN THE AGE APPROPRIATE DIVISION. A DECISION REGARDING THE REQUEST TO PLAY ABOVE HIS/HER ASSIGNED AGE GROUP SHALL BE BASED UPON THE SKILL LEVEL DISPLAYED BY THE CHILD AT RATINGS.



HOOPSTER BASKETBALL ACADEMY

Location: Sunrise Civic Center Gymnasium,
10610 West Oakland Park Boulevard

*Class on 3/4 will be held at the SAC Gymnasium. Registration is accepted at the Athletic Club desk. For more information, call Coach Ceasar Diaz at (954) 634-2061. Refunds for the five-week sessions must be made in writing, and submitted before the beginning of the third class. All refunds are subject to approval by Coach Diaz. **SMALL FRY BASKETBALL** is an introductory program for boys and girls that teach children the fundamentals of basketball through the basics of ball handling, passing, shooting and defense. These drills will have an emphasis on fun, while learning the foundation of basketball. **BEGINNER SKILLS PROGRAM** emphasizes basketball fundamentals, including ball handling, passing, shooting, rebounding and defense. **INTERMEDIATE SKILLS PROGRAM** emphasizes basketball fundamentals, including ball handling, passing, shooting, rebounding and defense. It is designed for players that have mastered the beginner drills. **ADVANCED SKILLS PROGRAM** emphasizes advanced level drills and is designed for players that have mastered the intermediate drills. Individual & Group Instruction is available. Please contact Coach Diaz at (954) 634-2061 for availability and pricing.

Winter Break Basketball Camp

Age	Date	Day	Time	Fee	Activity #
6 - 17	1/3 - 1/6	TU - F	7:30 am - 5:30 pm	\$100	270621-F
	Daily			\$30	270621-G-J

Spring Break Basketball Camp

6 - 17	3/20 - 3/24	M-F	7:30 am - 5:30 pm	\$125	370621-A
	Daily			\$30	370621-B-F

Kids' Day Off Basketball Camps

6 - 17	1/13	F	7:30 am - 5:30 pm	\$30	470619-A
	2/20	M	7:30 am - 5:30 pm	\$30	470619-B
	3/17	F	7:30 am - 5:30 pm	\$30	470619-C

Small Fry Basketball Program

4 - 5	1/21 - 2/18	SA	9:00 - 9:30 am	\$25	470623-A
	Daily			\$6	470623-B-F
	2/25 - 3/25*	SA		\$25	470657-G
	Daily			\$6	470657-H-L

Beginner Skills Program

6 - 17	1/17 - 2/14	TU	6:00 - 7:00 pm	\$50	470657-A
	Daily			\$12	470657-B-F
	2/21 - 3/21	TU		\$50	470657-G
	Daily			\$12	470657-H-L
6 - 17	1/21 - 2/18	SA	9:45 - 10:45 am	\$50	470622-A
	Daily			\$12	470622-B-F
	2/25 - 3/25*	SA		\$50	470622-G
	Daily			\$12	470622-H-L

Intermediate Skills Program

6 - 17	1/17 - 2/14	TU	7:00 - 8:00 pm	\$50	470661-A
	Daily			\$12	470661-B-F
	2/21 - 3/21	TU		\$50	470661-G
	Daily			\$12	470661-H-L
6 - 17	1/21 - 2/18	SA	11:00 am - 12:00 pm	\$50	470606-A
	Daily			\$12	470606-B-F
	2/25 - 3/25*	SA		\$50	470606-G
	Daily			\$12	470606-H-L

Advanced Skills Program

6 - 17	1/21 - 2/18	SA	12:15 - 1:15 pm	\$50	470625-A
	Daily			\$12	470625-B-F
	2/25 - 3/25*	SA		\$50	470625-G
	Daily			\$12	470625-H-L

SUNRISE HOOPSTER TRAVEL BASKETBALL

Hoopster travel basketball program is looking for players who would like to play in the AAU U.S. Amateur Basketball, USSSA, and USBA sanctioned competitive travel basketball circuit. We are currently looking for players in the 3rd and 4th grade levels. For more information, contact Coach Diaz at (954) 634-2061 or visit www.hoopster-basketball.com. \$40 fee. Additional fees may apply.



NEW! Bright Soul Yoga

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	Any	Any	Any	\$14	370653-M-Z
	1/2 - 1/30*	M	7:00- 8:00 pm	\$50	370653-A
	1/4 - 1/25	W	12:30 - 1:30 pm	\$50	370653-B
	1/5 - 1/26	TH	9:00 - 10:00 am	\$50	370653-C
	1/7 - 1/28	SA	10:30 - 11:30 am	\$50	370653-D
	2/6 - 2/27	M	7:00- 8:00 pm	\$50	370653-E
	2/1 - 2/22	W	12:30 - 1:30 pm	\$50	370653-F
	2/2 - 2/23	TH	9:00 - 10:00 am	\$50	370653-G
	2/4 - 2/25	SA	10:30 - 11:30 am	\$50	370653-H
	3/6 - 3/27	M	7:00- 8:00 pm	\$50	370653-I
	3/1 - 3/29	W	12:30 - 1:30 pm	\$62.50	370653-J
	3/2 - 3/30	TH	9:00 - 10:00 am	\$62.50	370653-K
	3/11 - 4/1	SA	10:30 - 11:30 am	\$50	370653-L

For more information, call instructor Abigail Martinez at (954) 610-2144. *No class 1/16.

Location: Sunrise Athletic Complex (SAC) Multipurpose Center,
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
18+	Any	Any	Any	\$14	370698-J-Z
	1/10 - 1/31	TU	7:00 - 8:00 pm	\$50	370698-A
	1/12 - 1/26	TH	6:00 - 7:00 pm	\$37.50	370698-B
	2/7 - 2/28	TU	7:00 - 8:00 pm	\$50	370698-D
	2/2 - 2/23	TH	6:00 - 7:00 pm	\$50	370698-E
	3/7 - 3/28	TU	7:00 - 8:00 pm	\$50	370698-G
	3/2 - 3/30	TH	6:00 - 7:00 pm	\$62.50	370698-H

Registration begins two weeks prior to start of session. Daily class fees non-refundable. Adult must be present to register minor. During class, students learn foundational postures and modifications so they feel confident in their practice. Postures will be held for only for a few breaths before flowing into the next one. For more information, contact instructor Abigail Martinez at (954) 610-2144.

NEW! American Kenpo

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Level/Age	Date	Day	Time*	Fee	Activity #
Beginners/ 16+	Any	Any	5:45 - 7:15 pm	\$20	370700-K-Z
	2/7 - 3/2	TU & TH	5:45 - 7:15 pm	\$80	370700-B
	3/7 - 3/30	TU & TH	5:45 - 7:15 pm	\$80	370700-C
Int/Adv / 16+	Any	Any	7:15 - 8:45 pm	\$20	370700K-Z
	2/7 - 3/2	TU & TH	7:15 - 8:45 pm	\$80	370700-E
	3/7 - 3/30	TU & TH	7:15 - 8:45 pm	\$80	370700-F
Self-Defense Workshops/ 16+	2/4	SA	2:00 - 4:00 pm	\$50	370700-I
	3/18	SA	2:00 - 4:00 pm	\$50	370700-J

This is an all-inclusive system of martial arts based on ancient methods applied to solve modern-day violent scenarios using logic and practicality. *5:45 class is for Beginners; 7:15 class is Intermediate/Advanced; and 2:00 pm classes are single-day workshops.

Salsa Dancing

Location: Sunrise Athletic Complex (SAC),
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
18+	Any	Any	Any	\$18	370711-J-Z
	1/4 - 1/25	W	6:00 - 7:00 pm	\$65	370711-A
	1/4 - 1/25	W	7:15 - 8:15 pm	\$65	370711-B
	1/6 - 1/27	F	9:30 - 10:30 am	\$65	370711-C
	2/1 - 2/22	W	6:00 - 7:00 pm	\$65	370711-D
	2/1 - 2/22	W	7:15 - 8:15 pm	\$65	370711-E
	2/3 - 2/24	F	9:30 - 10:30 am	\$65	370711-F
	3/1 - 3/29	W	6:00 - 7:00 pm	\$81.25	370711-G
	3/1 - 3/29	W	7:15 - 8:15 pm	\$81.25	370711-H
	3/3 - 3/31	F	9:30 - 10:30 am	\$81.25	370711-I

Salsa is an amalgamation of Cuban dances, such as mambo, pachanga and rumba, as well as American dances such as swing and tap. All experience levels welcome. For more information, please call Angie at (754) 900-7744.

Salsa Dancing

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	1/6 - 1/27	F	6:00 - 7:00 pm	\$65	370664-A
	2/3 - 2/24	F	6:00 - 7:00 pm	\$65	370664-B
	3/10 - 3/31	F	6:00 - 7:00 pm	\$65	370664-C

Enjoy the rhythms of Afro-Cuban drums and the coordination of Latin dance traditions. This beginner-to-intermediate one-on-one salsa dance class does not require that you bring a partner, and is a great safe social space. Dress comfortably; however, sneakers are not encouraged for this class due to turns and pivots. We recommend heels for the ladies and dress shoes or loafers for the gentlemen. For more information, contact instructor Pablo Malco at (954) 282-1014.

Adult Hip Hop Dance Class

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	1/2 - 3/27	Any	Any	\$15	370658-D-Z
	1/2 - 1/30*	M	7:15 - 8:15 pm	\$50	370658-A
	2/6 - 2/27	M	7:15 - 8:15 pm	\$50	370658-B
	3/6 - 3/27	M	7:15 - 8:15 pm	\$50	370658-C

Dance yourself into shape with this one-hour body twisting, leg lifting, bun burning and ab firming fitness class. For more information, contact instructor Pablo Malco at (954) 282-1014. *No class on 1/16.

Caribbean Dance Fitness

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	1/7 - 4/1	Any	Any	\$15	370667-D-Z
	1/7 - 1/28	SA	10:00 - 11:00 am	\$50	370667-A
	2/4 - 2/25	SA	10:00 - 11:00 am	\$50	370667-B
	3/11 - 4/1	SA	10:00 - 11:00 am	\$50	370667-C

Caribbean Fitness combines aerobics, high-energy dance, soothing rhythms, and the smooth sounds of the Caribbean to help you shed pounds and stay fit! Dress comfortably and wear sneakers; no open-toed shoes or sandals. For more information, contact instructor Pablo Malco at (954) 282-1014.

PERSONAL TRAINING: 30-Minute Session*

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
16+	1 Session	Any	Any	\$25	370685A-Z
	3 Sessions	Any	Any	\$69	370673A-G
	6 Sessions	Any	Any	\$138	370673H-N
	9 Sessions	Any	Any	\$207	370673O-U
	12 Sessions	Any	Any	\$276	370673V-Z

A (one-time) complimentary 15-minute assessment will be scheduled after the purchase of the first 30-minute session to evaluate body weight, strengths, weaknesses, injuries, and personal goals. *Sessions are for current Athletic Club members!

PERSONAL TRAINING: 60-Minute Session*

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
16+	1 Session	Any	Any	\$45	370686A-Z
	3 Sessions	Any	Any	\$129	370674A-G
	6 Sessions	Any	Any	\$258	370674H-N
	9 Sessions	Any	Any	\$387	370674O-U
	12 Sessions	Any	Any	\$516	370674V-Z

A (one-time) complimentary 15-minute assessment will be scheduled after the purchase of the first 60-minute session to evaluate body weight, strengths, weaknesses, injuries, and personal goals. *Sessions are available only for current Athletic Club members!

PERSONAL TRAINING: 15-Minute "Lunch Rush"*

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
16+	1 Session	M-F	12:30 - 1:00 pm	\$15	370679-A-Z
	1 Session	M-F	1:00 - 1:30 pm	\$15	370680-A-Z
	Weekly Pass	M-F	12:30 - 1:00 pm	\$50	370681-A-M
	Weekly Pass	M-F	1:00 - 1:30 pm	\$50	370681-N-Z

*Sessions are available only for current Athletic Club members! Space is limited. Must register by 5:00 pm the day before.

Sunrise Steppers Walking

Location: City Park, 6600 Sunset Strip

Age	Date	Day	Time	Fee	Activity #
All	Ongoing	Daily	9:00 am - 12:00 pm	Free	N/A

Need a little motivation to get those daily steps in? Stop by the Village Multipurpose Center (during Center operating hours) to log your laps and learn when peak walking times are so you can find a "walking buddy." Let's get stepping, Sunrise!

40+ Double Dutch Jump Rope

Location: Village Multipurpose Center,
2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
40+	Ongoing	TH	7:00 - 8:45 pm	Free	470687A

Call (954) 747-4601 for information.

Transformation Tuesdays & Tone Up

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	Any	Any	5:45 - 6:45pm	\$15	370683-G-Z
	1/10 - 2/2	TU & TH	5:45 - 6:45 pm	\$90	370682-A
	2/7 - 3/2	TU & TH	5:45 - 6:45 pm	\$90	370682-B
	3/7-3/30	TU & TH	5:45 - 6:45 pm	\$90	370682-C
	1/10-1/31	TU	5:45 - 6:45pm	\$45	370683-A
	2/7-2/28	TU	5:45 - 6:45 pm	\$45	370683-B
	3/7-3/28	TU	5:45 - 6:45pm	\$45	370683-C
	1/12-2/2	TH	5:45 - 6:45 pm	\$45	370683-D
	2/19-3/2	TH	5:45 - 6:45pm	\$45	370683-E
	3/9-3/30	TH	5:45 - 6:45 pm	\$45	370683-F

Enjoy a full-body workout by attending both classes or work on a specific area by choosing to attend one of the classes on a weekly basis. Transformation Tuesdays (Tuesdays) is designed to be a FUN yet challenging, cardio toning class that offers a combination of low and high intensity exercises that prioritize your lower body. Tone Up (Thursdays) is designed to sculpt your body by shedding excess fat while building muscles. This class incorporates free weights, calisthenics, circuit training, cardio exercise, and body-weight exercises, and finishes with core training and stretching for a complete workout. Missed classes are NON-REFUNDABLE!

Adult Indoor Walking

Location: Village Multipurpose Center,
2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	M - F	9:00 - 11:00 am	Free*	N/A

Tired of the Florida weather interfering with your walk? WIN against the rain and heat, come inside, and move your feet! Our warm staff will motivate you and also provide you with various stretching exercises. A City of Sunrise waiver must be completed to participate in the program. Call (954) 747-4601 for information. *Free with membership.

Soca Step Dance Aerobics

Location: City Park, 6600 Sunset Strip

Age	Date	Day	Time	Fee	Activity #
All	1/27	F	7:00 pm	Free	N/A*
	2/24	F	7:00 pm	Free	N/A*
	3/31	F	7:00 pm	Free	N/A*

Join us for a FREE Soca Step Dance Aerobics class on the last Friday of every month! Bring water, a towel and your flag. Hosted by Coach Kamal from Tailored Fitness with a live Soca DJ. *Register online at www.sunrisefl.gov/soca.



Open Play Volleyball

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	SU	3:00 - 6:00 pm	Daily visit fee*	N/A

*Free to Athletic Club members. Non-members pay daily or annual fee. For more information and to schedule, please call (954) 747-4666.

Location: Sunrise Athletic Complex (SAC) Multipurpose Center,
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	TH	5:30 - 8:45 pm	Daily visit fee*	N/A

Children under 13 must be accompanied by parent or legal guardian. *Free with membership. Please call (954) 747-4604 for details.

Open Play Basketball

Location: Village Multipurpose Center,
2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	SU	9:00 am - 12:00 pm	Daily*	N/A
	Ongoing	T/TH	9:00 am - 2:00 pm	Daily*	N/A

FREE with membership. Non-members pay daily or annual fee. Please call (954) 747-4601 for daily schedule, as open gym schedules vary.

Location: Sunrise Athletic Complex (SAC) Multipurpose Center,
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
13+	Ongoing	Varies	Varies	Daily visit fee*	N/A

Children under 13 must be accompanied by parent or legal guardian. *Free with membership. Please call (954) 747-4604 for daily schedule.

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	Varies	Varies	Daily visit fee*	N/A

*Free with membership. Non-members pay daily or annual fee. For more information and schedule, please call (954) 747-4666.

Badminton

Location: Village Multipurpose Center,
2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
13+	Ongoing	TU	7:00 - 8:45 pm	Daily*	270675-A
	Ongoing	SU	12:15 - 2:15 pm	Daily*	270675-B

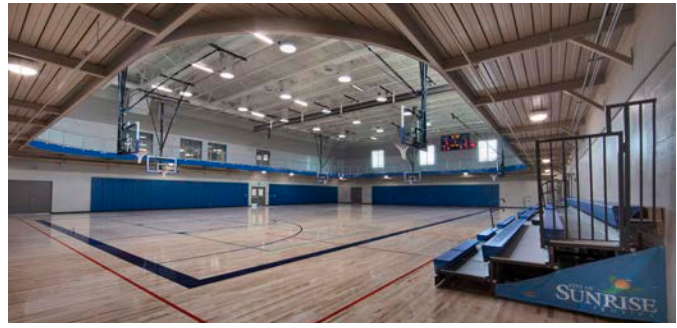
A City of Sunrise waiver must be completed to participate in the program. Non-members pay daily or annual fee. Call (954) 747-4601 for information.

Open Play Dodgeball

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	F	6:30 - 8:30 pm	Daily visit fee*	N/A

*Free to Athletic Club members. For more information and to schedule, please call (954) 747-4666.



Open Play Wallyball

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	F	6:00 - 8:30 pm	Daily visit fee*	N/A

Wallyball is a fast-paced sport, similar to volleyball. However, it's played in a racquetball court, where it is legal to hit the ball off of the walls. *Residents free with Athletic Club membership; \$4 non-resident daily fee; \$40 annual non-resident membership.

Open Play Pickleball

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	M - SA	Any	Daily visit fee*	N/A

Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. The lower net and lighter ball allow the game to be accessible to people of all abilities, while still allowing more competitive players to test their mettle. Call (954) 747-4666 for schedule and other information. *Residents free with Athletic Club membership; \$4 non-resident daily fee; \$40 annual non-resident membership.

Location: Sunrise Athletic Complex (SAC) Multipurpose Center,
11501 NW 44th Street

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	M - SA	Any	Daily visit fee*	N/A

Children under 13 must be accompanied by parent or legal guardian. *Free with membership. Please call (954) 747-4604 for daily schedule.

Pickleball Instruction

Location: Sunrise Civic Center Athletic Club,
10610 West Oakland Park Boulevard

Age	Class	Day	Time	Fee	Activity #
7+	90 Min. Private	Any	Any	\$90	370688A-Z
	60 Min. Private	Any	Any	\$60	370689A-Z
	Semi Private	Any	Any	\$35	370690A-Z
	Group Clinic	Any	Any	\$20	370691A-Z

For more information, contact Coach Callo at (917) 676-8888.

Open Play Netball

Location: Village Multipurpose Center,
2240 NW 68th Avenue

Age	Date	Day	Time	Fee	Activity #
18+	Ongoing	SU	2:30 - 4:30 pm	Daily*	270687-A

Netball is a ball sport played by two teams of seven players. Games are played on a rectangular court with raised goal rings at each end. Each team attempts to score goals by passing a ball down the court and shooting it through its goal ring. Note - this is an indoor court. *Free with membership. Non-members pay daily or annual fee. Call (954) 747-4601 for information.

ALL PROGRAMS LISTED TAKE PLACE INDOORS!

SOCIAL SERVICES

The **Special and Community Support Division** provides information regarding available state, and county social service programs. An emergency food pantry and medical equipment loan-out is available for Sunrise residents who may need temporary assistance due to loss of employment or other issues. Social Services also include transportation and special programs. For further information, contact the Social Worker at (954) 746-3670.

Cardiovascular Health Lecture

Location: Sunrise Senior Center,
10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity #
1/13	F	10:00 - 11:30 am	Free	Call now

Join Dr. Pascal from Chen Medical Center to learn about new treatments for various heart issues and advances in cardiovascular science. Light lunch for pre-registered participants.

Memory Care Lecture

Location: Sunrise Senior Center,
10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity #
2/10	F	10:00 - 11:30 am	Free	Call to sign up

Join an Isaac Health professional to learn about the brain, and how to exercise it to keep it performing optimally. Light lunch provided for pre-registered participants.

Complimentary & Alternative Therapies Lecture

Location: Sunrise Senior Center,
10650 West Oakland Park Boulevard

Date	Day	Time	Fee	Activity #
3/10	F	10:00 - 11:30 am	Free	Call to sign up

Learn about therapies designed to be used alongside conventional medical treatments. Presentation provided by Continuum Care Hospice. Light lunch for pre-registered participants.

Emergency Food Pantry

The City of Sunrise operates an Emergency Food Pantry with canned goods for Sunrise residents in need. Visits to the Pantry are limited to no more than once every three months until the crisis is past or an alternate agency can fulfill the need. It is by appointment only and must be arranged with the Social Worker. For information, call (954) 746-3670 between 8:30 am and 4:00 pm.

Blood Pressure Check

Location: Sunrise Senior Center,
10650 West Oakland Park Boulevard

Date(s)	Day	Time	Fee	Activity #
1/13, 2/10, 3/10	F	11:00 am	Free	Walk-ins welcome

Hosted by Sunrise Fire Rescue.

Property Tax Exemption Assistance

Location: Sunrise Senior Center,
10650 West Oakland Park Boulevard

Date(s)	Day	Time	Fee	Activity #
1/13, 2/10, 3/10	F	10:00 - 11:30 am	Free	Walk-ins welcome
1/18, 2/15, 3/15	W	4:30 - 6:00 pm	Free	Walk-ins welcome

Representatives from the Broward County Property Appraiser's office will help taxpayers apply for homestead and other property tax exemptions, including those for seniors, widows/widowers, the disabled, and veterans. Bring a Florida Driver's License; a Broward voter registration card; Social Security numbers of all owners; and a copy of the recorded deed or tax bill. Resident aliens must bring a permanent resident green card or proof of asylum.

Veterans Advisors/Assistance

Location: Sunrise Senior Center,
10650 West Oakland Park Boulevard

Date(s)	Day	Time	Fee	Activity #
1/13, 2/10, 3/10	F	9:00 am - 12:00 pm	Free	Walk-ins welcome

Broward County Veterans Services will have a Certified Veterans Advisor at the Sunrise Senior Center to provide assistance to veterans, their widows, dependents and dependent survivors regardless of age or other status. Services are focused on attainment and/or maintenance of self-sufficiency. Services include: Information, Referral and Linkage, & Benefits and Claims Processing.

Bereavement Support Group

Location: Sunrise Senior Center,
10650 West Oakland Park Boulevard

Date(s)	Day	Time	Fee	Activity #
Weekly	TH	9:30 - 11:00 am	Free	Walk-ins welcome

This group is facilitated by a Continuum Care Health professional grief counselor and is a valuable source of support for those dealing with grief and mourning. For more information call (954) 746-3670 or stop by the Senior Center Front Desk.

S.H.I.N.E. Counselor

Location: Sunrise Senior Center,
10650 West Oakland Park Boulevard

Date(s)	Day	Time	Fee	Activity #
1st & 3rd	TU	10:00 am - 12:00 pm	Free	Call for appt

Specialty-trained volunteers, provided by the Aging and Disability Resource Center (ADRC), offer free, unbiased, and confidential Medicare counseling to empower you to make the best decisions for your individual needs.

Prescription Discount Card Program

Sunrise residents who are without health insurance, a traditional pharmacy benefit plan, or have prescriptions not covered by insurance can take advantage of this plan. The savings is approximately 20%. No income or age requirements. Call the Sunrise Senior Center at (954) 746-3670 or come by the Senior Center for information.

F.L.O.W. (Florida Licensing on Wheels, a DMV unit)

Location: Sunrise Senior Center,
10650 West Oakland Park Boulevard

Date	Day	Time	Activity #
2/8	W	10:00 - 1:30 pm	Call to sign up

Broward County residents can renew their driver's license and vehicle registration and get a Florida I.D. Visit the website to know what documents you will need to bring with you to avoid a second trip: www.flhsmv.gov/driver-licenses. Note: This is not a City run program. Date subject to cancellation without notice. Please call before you come to the Senior Center.

FREE TRANSPORTATION

Minibus Routes operate weekdays from 8:00 am to 2:45 pm, picking up passengers from residential areas and transporting them to major shopping centers within Sunrise. For more information, or to obtain schedules, call (954) 764-3677.

Non-Emergency Medical Transportation is available to eligible Sunrise residents who are 62 or older, or physically handicapped. If you no longer drive or maintain a vehicle in your immediate household and need reliable transportation to doctors, dentists and other medical appointments, call (954) 746-3676 for transportation information. Application and approval is required.

SPECIAL INTEREST CLUBS

Sunrise Wood Carvers

Meets Tuesdays, from 6:00 - 9:00 pm

Free; Walk-ins welcome

Location: Sunrise Senior Center, 10650 West Oakland Park Blvd

No experience necessary. Volunteer instructors available. Must be 18 years or older.

Sunrise Women's Bocce Club

Meets Wednesdays, from 3:00 - 5:00 pm

Free; Walk-ins welcome

Location: Nob Hill Soccer Club Park, 10200 Sunset Strip

No experience necessary. Membership in the Sunrise Senior Center is required for participation. Call Captain Frances (Fran) Nugent at (954) 495-7730 or Co-Captain Irma Martorana (954) 578-1940 for information.

Sunrise Latin Social Club

Meets 1st Tuesday of month from 6:00 - 8:00 pm

Free admission; Walk-ins welcome

Location: Sunrise Senior Center, 10650 West Oakland Park Blvd

Socialize, build friendships, and participate in activities and other special events. Senior Center membership is required. Queremos invitar a la comunidad We invite the Latin community to come embrace our center and be a part of our community. Latina que venga a disfrutar de nuestro centro y ser parte de nuestra comunidad. Contact Ana Lopez (908) 907-1324 or Elizabeth Lasprilla (954) 328-7483 for monthly meeting and ticket information.

Gold Coast Wood Turners

Meets 3rd Thursdays of month from 6:45 - 8:45 pm

Free; Walk-ins welcome

Location: Sunrise Senior Center, 10650 West Oakland Park Blvd

This non-profit organization is dedicated to promoting the art and craft of woodturning through education. Join us at meetings, where we conduct club business, present technical demonstrations, share work, discuss technique, and provide constructive feedback. Call Lara Baker at (954) 557-3038 or visit <https://goldcoastwoodturnersinc.org>.

American Legion Post 365

Meets 4th Tuesday of month, at 7:00 pm

Location: Sunrise Senior Center, 10650 West Oakland Park Blvd

The American Legion is the nation's largest veteran's service organization, committed to mentoring and sponsorship of youth programs in our communities, advocating patriotism and honor, promoting a strong national security, and continued devotion to our fellow service members and veterans. The American Legion's success depends entirely on active membership, participation and volunteerism. Contact Commander Loretta Young (954) 257-6763 for further information.



SENIOR EVENTS & ACTIVITIES

Sunrise Senior Center

10650 West Oakland Park Boulevard, (954) 746-3670

Hours of Operation:

M, TU, W & TH, 8:30 am to 9:00 pm;

F, 8:30 am to 4:30 pm; SA, 9:00 am to 1:00 pm

Annual Membership Fees:

Sunrise residents \$15/year; non-residents \$25/year

The Sunrise Senior Center offers services for people 55+ years young, including recreational classes, trips, transportation, health and safety programs, special events and more.

SPECIAL EVENTS

Hollywood Nights Dinner Dance

Date	Day	Time	Register	Fee	Activity #
2/16	TH	6:00 - 9:00 pm	1/6	\$22/\$24	380832-B

Lights, Camera, Action! We're rolling out the red carpet and partying like celebrities. Get glam and come dressed like the movie/pop star that you were born to be. Enjoy a delicious catered dinner, great music, and dancing.

Space Jamz Social and Silent Disco

Date	Day	Time	Register	Fee	Activity #
3/28	TU	12:30 - 3:00 pm	2/3	\$8/\$10	380822-A

Join us for an "out of this world" afternoon of fun and festivities. Dance to the beat of your own drum as you immerse yourself in an intergalactic "silent" disco. You will be outfitted with a pair of hi-tech headphones, giving you the power to control your listening and entertainment experience. Blast off and enjoy a delicious lunch, great music and tons of entertainment.



UPCOMING SENIOR TRIPS

JANUARY TICKET SALE: Members 1/6; Non-Members 1/13

Trip	Date	Day	Time	Fee	Activity #
Hard Rock Casino	2/2	TH	9:00 am - 3:00 pm	\$5/\$7	380826-B

Get ready for a great day at the famous Hard Rock casino. Try your luck at slots, table games and more. Lunch on your own.

Town Center at Boca Raton	2/9	TH	10:00 am - 3:00 pm	\$5/\$7	380846-B
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Spend the day at one of south Florida's top luxury shopping destinations, featuring an outstanding mix of over 200 upscale shops in an indoor environment. With stores like Neiman Marcus, Saks Fifth Avenue, Nordstrom, Macy's and Bloomingdale's, you will be sure to find what you need. Lunch on your own at one of the many eateries in the mall.

Brush with Nature	2/15	W	8:45 am - 3:30 pm	\$5/\$7	380842-A
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Join us for a morning of nature and painting at Sawgrass Sanctuary. Painting activity is led by local artist Pat Anderson with her patented Leaf Bar Table-Easels. Materials are provided and participants will take home their works of art. The workshop is offered by the National Wildlife Federation in partnership with NatureScape Broward and the City of Sunrise as part of the ongoing Connectivity Grant. Lunch provided; space is limited!

FEBRUARY TICKET SALE: Members 2/3; Non-Members 2/10

Trip	Date	Day	Time	Fee	Activity #
Miccosukee Casino	3/9	TH	9:00 am - 3:00 pm	\$5/\$7	380826-C

Feeling lucky? Enjoy a great day at the casino! Lunch on your own.

Dolphin Mall	3/16	TU	9:00 am - 3:00 pm	\$5/\$7	380846-C
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Enjoy shopping, plus lunch on your own.

Piano Men at the Civic Center Theatre	3/20	M	7:00 - 9:30 pm	\$30/\$32	380839-B
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Two men, two pianos, one fabulous night! Don't miss Terry and Nick Davis, father/son team, performing Bill Joel and Elton John's hits at our very own theatre!

Marlins vs. Mets	3/30	TH	1:45 - 8:30 pm	\$50/\$52	380837-C
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Join us for the baseball season opener! Seats in section 6, rows 6-10 (subject to change).

MARCH TICKET SALE: Members 3/3; Non-Members 3/10

Trip	Date	Day	Time	Fee	Activity #
Miami Tango Civic Center Theatre	4/4	TU	12:30 - 4:00 pm	\$30/\$32	480839-A

Enjoy a Latin-inspired lunch at the Senior Center, then head to the Civic Center Theatre for an unforgettable tango performance.

Delray Affair	4/14	F	9:00 am - 3:30 pm	\$5/\$7	480842-A
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Don't miss one of the largest arts and crafts festivals in the southeast! This outdoor event features an eclectic mix of over 800 vendors, showcasing fine art, crafts, and unique products from around the world. Food and beverages will be available for purchase. Space is limited!

Calder Casino	4/18	TU	9:00 am - 3:00 pm	\$5/\$7	480826-A
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Enjoy a day at the casino! Play the tables, slots, and more. Lunch on your own.

Loggerhead Marine Center	4/27	TH	9:15 am - 3:30 pm	\$20/\$22	480848-A
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Start the day with lunch on your own at Downtown at the Gardens. Afterwards, enjoy a guided tour of the Loggerhead campus. You'll go behind the gates of the outdoor sea turtle hospital to get up close and personal with its patients.



Trip & Ticket Policies

- No tickets will be sold before the published sale date. Sales commence at 8:30 am. Current Senior Center I.D. cards must be presented for any transaction.
- Members MUST be present to purchase tickets. You may, however, buy a ticket for a member who resides in the same household as you, provided you present their I.D. card. Both tickets will be charged the member rate.
- You may purchase one additional ticket (at the higher guest price) for each member ticket purchased (provided the member is present).
- Any person purchasing tickets will only be allowed to purchase a maximum of two tickets per person per event regardless of member/guest status.
- When purchasing tickets, indicate the full name, birth date and phone number of guest.
- Non-members may purchase tickets, based on availability, at a later date. Check with the front desk for open sale dates.
- If you purchase a ticket and later sell or give it to someone, you must contact a Senior Center staff member to make a name change on our roster.
- If you require wheelchair accommodations for a trip, you must inform us at sign up time. (Be sure this is noted on your registration form)
- When you are called about a food choice for a trip, you must return the call within 2-3 days; otherwise a choice will be made for you. No changes can be made seven days prior to the trip or at the restaurants.
- Trips departing before 3:30 pm leave from the Civic Center East (Pool) parking lot. Please do not park in restricted areas.
- A group leader is available on most trips. In their absence, the bus driver will act as group leader. The group leader checks all participants in and assists in providing you with the best possible experience.
- Please occupy the same bus seat on the way to and from an event.
- Refund Policy: The City reserves the right to retain fees to cover expenses non-refundable to the City.
- If a minimum number of people are not reached, the program may be cancelled.
- A \$5 Transportation fee is added to all trip prices.

SPECIAL INTEREST CLASSES

Beading Classes

Class	Day, Date	Time	Register	Fee	Activity #
Project TBA	M, 1/9 - 1/30*	10:30 am - 12:00 pm	Now	Free	380814-A
Project TBA	M, 2/6 - 2/27	10:30 am - 12:00 pm	1/9	Free	380814-B
Project TBA	M, 3/6 - 3/27	10:30 am - 12:00 pm	2/6	Free	380814-C
Open Beading	M, Ongoing*	12:30 - 2:30 pm	Walk-in	Free	
Sewing Creations	TU, Ongoing	1:00 - 3:00 pm	Walk-in	Free	
Open Stitchery	TH, Ongoing	6:30 - 8:00 pm	Walk-in	Free	

Join us for a *Beginners Beading Class* lead by Lazira Amar. Learn a new project each month. A list of materials will be available at the front desk. You must bring your supplies to the class. Senior Center membership required. *No class on 1/16.

Art, Crafting, and Computer Classes

Class	Day, Date	Time	Register by	Fee	Activity #
Quilting Corner	M, Jan - Mar	10:00 am - 2:00 pm	Now	Free	380828-A
Knitting & Crochet	TU, Jan - Mar	10:00 am - 12:00 pm	Now	Free	380828-A
Coloring with the Classics	SA, Jan - Mar	9:00 - 10:00 am	Now	Free	380814-C
Photography Workshop	SA, 1/7 - 2/11	10:00 am - 12:00 pm	Now	\$30/ \$32	380833-A
Photography Workshop	SA, 3/4 - 4/8	10:00 am - 12:00 pm	2/3	\$30/ \$32	380833-B
Card/Paper Crafting	W, Oct - Mar	10:00 am - 12:00 pm	Now	Free	280806A
Wig Making	SA, 1/7 - 3/11	10:45 am - 12:45 pm	Now	Free	380835-A
Wig Making	TH, 2/16 - 4/27	6:00 - 8:00 pm	1/6	Free	380835-B
Computer Journey	TU/TH, 1/17 - 2/14	9:30 - 10:30 am	12/2	\$5/ \$10	
Digital Scrapbooking	TU/TH, 1/17 - 2/14	11:00 am - 12:00 pm	12/2	\$5/ \$10	380803-A

Quilting/ Knitting & Crochet: Unlock your creativity while learning various techniques. Supply lists at Front Desk. Coloring: Enjoy your favorite hits while expressing your creativity. Coloring pages and markers provided. Photography: Receive personal hands-on instruction from Award-winning photographer and educator Jeremiah Jenner. Paper Crafting: Learn the fundamentals of cutting, using ink, rubber stamps and paper to create your own cards. Supply list at Front Desk. Wig Making: Each six-week session will focus on a specific style and walk you through the steps to design and create your wig. Led by volunteer instructor June Suepaul. Computer Journey: Learn a variety of tools and opportunities that computer use can offer you. Digital Scrapbooking: Formerly known as Creative Computers. This is a Family Legacy class. Create your legacy presentation while you develop new creative computer skills. This is an opportunity to share parts of your life and your life experiences. Class taught by volunteer instructor Steve Fleisch.

Senior Cooking Club

Class	Day, Date	Time	Register by	Fee	Activity #
Jan - Asian Inspiration	F, 1/27	10:00 am - 1:00 pm	Now	\$6/\$8	380816-A
Feb - Sheet Pan Dinner	F, 2/24	10:00 am - 1:00 pm	1/6	\$6/\$8	380816-B
Mar - Spring is Here!	F, 3/24	10:00 am - 1:00 pm	2/3	\$6/\$8	380816-C

Join us for this exciting class where you will be able to learn how to cook some unique dishes in a fun environment. Cooking tips, plating and presentation will all be discussed. Each month will focus on a different menu that we will enjoy at the end of class.

English Language Classes

Class	Day, Date	Time	Register	Fee	Activity #
Adv/Int ESOL	M, 2/6 - 3/13	6:00 - 7:30 pm	1/6	\$5/ \$10	380821-A
Adv/Int ESOL	M, 3/27 - 5/1	6:00 - 7:30 pm	2/3	\$5/ \$10	380821-B
Beginners ESOL	W, 2/8 - 3/15	2:00 pm - 3:00 pm	1/6	\$5/ \$10	380817-A
Beginners ESOL	W, 3/29 - 5/3	2:00 pm - 3:00 pm	2/3	\$5/ \$10	380817-B

Dance Classes

Class	Day, Date	Time	Register by	Fee	Activity #
Monday Mixer	M, Weekly	1:30 - 3:30 pm	Walk-in	Free	
Scottish Dancing	TU, Weekly	7:00 - 9:00 pm	Walk-in	Free	
Line Dancing	TU, Ongoing	10:15 - 11:15 am	Walk-in	Free	
Line Dancing	TH, Ongoing	10:00 - 11:00 am	Walk-in	Free	380833-A
Ballroom Dance	W, Jan	11:00 am - 12:00 pm	Now	\$12/ \$14	380864-A
Ballroom Dance	W, Feb	11:00 am - 12:00 pm	1/6	\$12/ \$14	380864-B
Ballroom Dance	W, Mar	11:00 am - 12:00 pm	2/3	\$15/ \$17	380864-C

Monday Mixer: Live entertainment and refreshments provided. Senior Center membership card must be shown for admission. Scottish Dancing: Available September - July. Learn traditional dances of Scotland. No experience or partner required. Ballroom Dance: Taught by Lidia Dumenigo, a NDTA Certified Ballroom Teacher and graduate of Conservatory of the Performing Arts in Madrid, Spain. Learn the fundamentals of a variety of dances. For more information, call (954) 439-5899.

Games/Movies

Class	Day, Date	Time	Register by	Fee	Activity #
Senior Bowling League	W, 9/7 - 5/17	12:00 - 2:30 pm	Call now	Free	180854-A
Open Game Room	M-TH, Ongoing	8:30 am - 9:00 pm	Walk-in	Free	
Open Game Room	F, Ongoing	8:30 am - 4:30 pm	Walk-in	Free	
Open Mah Jongg	TU, Ongoing	9:00 am - 12:00 pm	Walk-in	Free	
Bingo	F, Ongoing	1:00 pm - 2:30 pm	Walk-in	Free	
Classic Movies	M, Ongoing	11:00 am (Start Time)	Walk-in	Free	
New Release Movies	TU, Ongoing	11:30 am (Start Time)	Walk-in	Free	

Bowling: League plays at Strikers Lanes. Lane fees paid to Strikers the day of play. All players must be registered members of the Sunrise Senior Center and must sign up for the league prior to play. Call (954) 749-1400 for information and available space. Open Game Room: Enjoy pool tables, darts, and good company! Bingo: All participants must be current Senior Center members. Current membership card must be shown to play.

Book/Discussion Groups

Class	Day, Date	Time	Register by	Fee	Activity #
Let's Talk Discussion Group	W, Ongoing	1:00 - 2:00 pm	Walk-in	Free	
Book Club	4th Fri, Ongoing	12:00 - 1:00 pm	Previous month	Free	

For current book titles check the Senior Center calendar. Must sign up at the front desk.

SENIOR FITNESS CLASSES

Total Body Fitness With Alli

Month	Day	Time	Register by	Fee	Activity #
Jan	M	9:45 - 10:45 am	Now	\$9/\$11	380870-A
	W	2:15 - 3:15 pm	Now	\$12/\$14	380870-B
Feb	M	9:45 - 10:45 am	1/6	\$12/\$14	380870-C
	W	2:15 - 3:15 pm	1/6	\$12/\$14	380870-D
Mar	M	9:45 - 10:45 am	2/3	\$12/\$14	380870-E
	W	2:15 - 3:15 pm	2/3	\$15/\$17	380870-F

Experience a blend of heart health, strength training, cardio and balance exercises in this totally invigorating and energizing new program featuring upbeat music. Stay fit and have fun! Chair modifications available. Senior Center membership is required. Maximum 24 students per class.

Yoga with Abigail

Month	Day	Time	Register by	Fee	Activity #
Jan - Chair	TH	1:00 - 2:00 pm	Now	\$9/\$11	380861-A
Jan - Floor	SA	9:00 - 10:00 am	Now	\$12/\$14	380862-A
Feb - Chair	TH	1:00 - 2:00 pm	1/6	\$12/\$14	380861-B
Feb - Floor	SA	9:00 - 10:00 am	1/6	\$12/\$14	380862-B
Mar - Chair	TH	1:00 - 2:00 pm	2/3	\$15/\$17	380861-C
Mar - Floor	SA	9:00 - 10:00 am	2/3	\$15/\$17	380862-C

Classes taught by instructor Abigail Martinez. Learn foundational postures and modifications and become confident in your practice. Get ready to breathe deeply and benefit from a nice stretch! Concentrations in Chair on Thursdays and on the Floor on Saturdays.

Step Up to Fitness With Rosie

Month	Day	Time	Register by	Fee	Activity #
Jan	M	5:15 - 6:15 pm	Now	\$9/\$11	380852-A
	SA	10:15 - 11:15 am	Now	\$12/\$14	380852-B
Feb	M	5:15 - 6:15 pm	1/6	\$12/\$14	380852-C
	SA	10:15 - 11:15 am	1/6	\$12/\$14	380852-D
Mar	M	5:15 - 6:15 pm	2/3	\$12/\$14	380852-E
	SA	10:15 - 11:15 am	2/3	\$12/\$14	380852-F

Classes taught by instructor Rose Michaelson. Step Up to Fitness incorporates Step Aerobics, dynamic stretches and strength training to help you to stay fit in a fun environment. **Program sponsored by Humana**

Tone Your Abs & Glutes

Month	Day	Time	Register by	Fee	Activity #
Jan	M	6:30 - 7:30 pm	Now	\$9/\$11	380856-A
Feb	M	6:30 - 7:30 pm	1/6	\$12/\$14	380856-B
Mar	M	6:30 - 7:30 pm	2/3	\$12/\$14	380856-C

Classes taught by instructor Rose Michaelson. Tone Your Abs and Glutes incorporates aerobics, yoga, and strength and glutes training to help you to stay fit in a fun environment. **Program sponsored by Humana**

Aqua Fitness

Month	Day	Time	Register by	Fee	Activity #
Jan - Mar	TU/TH	9:00 - 9:45 am	Now	Free	380891-A

This class delivers a fun and energetic workout in the pool that combines cardio with strength building and increased flexibility. Senior Center membership required.



Drop-In Fitness Classes The following Senior Center exercise classes are being offered as "Drop-In" programs with no registration required. However, Senior Center membership is still required to participate in ALL exercise programs. Please see below for a list of "Drop-In" programs and their dates and times. Remember to please be on time for all instructor-led programs, as it is disruptive to enter after the class has started. Also listed are classes requiring registration. *These classes are subject to change if a live instructor becomes available.

Walk Your Way To Health

Day	Time	Fee	Format
M	9:45 - 10:45 am	Free	DVD
TU	11:00 am - 12:00 pm	Free	DVD
TU	5:45 - 6:45 pm	Free	DVD
W	9:45 - 10:45 am	Free	DVD
W	2:45 - 3:45 pm	Free	DVD
TH	5:45 - 6:45 pm	Free	DVD
F	11:15 am - 12:15 pm	Free	DVD

Senior Center membership is required. Maximum 20 students per class.

Yoga Balance & Strength

Day	Time	Fee	Format
M	11:30 am - 12:30 pm	Free	DVD
M	12:45 - 1:45 pm	Free	DVD
TH	1:00 - 2:00 pm	Free	DVD
TH	2:15 - 3:15 pm	Free	DVD

Senior Center membership is required. Maximum 20 students per class.

Firm and Burn/Tone Every Zone

Day	Time	Fee	Format
TU	2:00 - 3:00 pm	Free	DVD
TU	7:00 - 8:00 pm	Free	DVD
	6:00 - 7:00 pm	Free	DVD
TH	7:00 - 8:00 pm	Free	DVD

Senior Center membership is required. Maximum 20 students per class.

SUNRISE CIVIC CENTER AQUATICS COMPLEX

10610 West Oakland Park Boulevard

Lap Pool Hours: Open daily, 10:00 am to 7:00 pm

Holiday Hours: Open 10:00 am to 3:00 pm on 1/2 & 1/16;
Closed on 1/1

Family Pool Hours: 10:00 am to 7:00 pm

Waterslide Hours: Open Fridays 2:30 pm - 7:00 pm;
Weekends 10:00 am - 7:00 pm;
Closed Monday - Thursday

Admission: Resident - \$1/Child (17 and under); \$1.25/Adult
Non-Resident - \$3/Child (17 and under); \$6/Adult
Fee entitles patrons to use the 50M pool and children's wading pool,
and one session in the Family Pool. Call (954) 747-4636 for height
restrictions. *Proof of residency required upon payment.

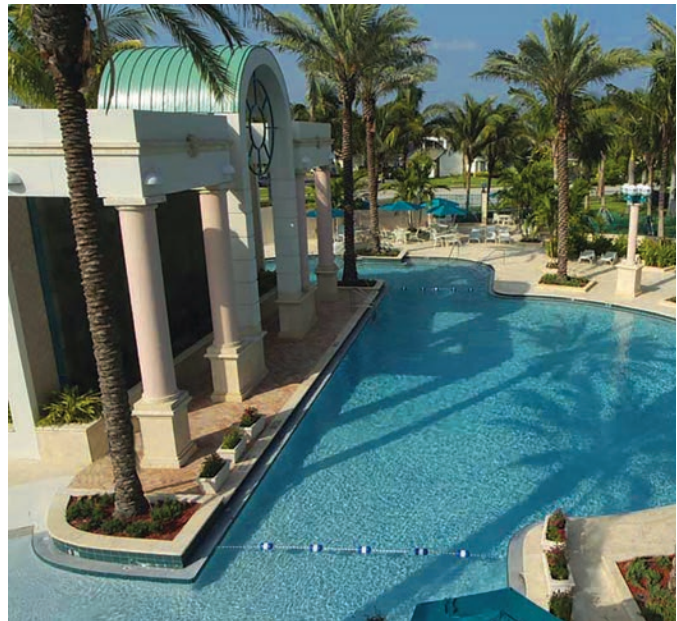
Annual Memberships: Resident* - \$75/Individual; \$175/Family
Non-Resident - \$175/ Individual; \$250/Family
*Proof of residency required upon payment.



Private Swim Lessons

Age	Days	Dates	Time	Fee	Register by	Activity #
18 mo+	M-TH	3/6 - 3/9	5:30 pm	\$45/\$55	3/2	351201-A
18 mo+	M-TH	3/6 - 3/9	6:05 pm	\$45/\$55	3/2	351201-B
18 mo+	M-TH	3/13 - 3/16	5:30 pm	\$45/\$55	3/9	351201-C
18 mo+	M-TH	3/13 - 3/16	6:05 pm	\$45/\$55	3/9	351201-D
18 mo+	M-TH	3/20 - 3/23	5:30 pm	\$45/\$55	3/16	351201-E
18 mo+	M-TH	3/20 - 3/23	6:05 pm	\$45/\$55	3/16	351201-F
18 mo+	M-TH	3/27 - 3/30	5:30 pm	\$45/\$55	3/23	351201-G
18 mo+	M-TH	3/27 - 3/30	6:05 pm	\$45/\$55	3/23	351201-H

Private lessons consist of four 30-minute classes held at the Civic Center Family Pool. Registration will only be accepted in-person at the Civic Center during normal hours of operation. No mail or faxed in registrations will be accepted. Copy of birth certificate & parent/guardian's driver's license and utility bill for proof of Sunrise residency are required at registration. Fee does not include use of pool outside of lesson time.



Group Swim Lessons - Preschool 1

Age	Days	Dates	Time	Fee	Register by	Activity #
3-5	M-TH	3/6 - 3/16	5:30 pm	\$42/\$50	3/2	351321-A
3-5	M-TH	3/6 - 3/16	6:05 pm	\$42/\$50	3/2	351321-B
3-5	M-TH	3/20 - 3/30	5:30 pm	\$42/\$50	3/16	351321-C
3-5	M-TH	3/20 - 3/30	6:05 pm	\$42/\$50	3/16	351321-D

Group Swim Lessons - Level 1

Age	Days	Dates	Time	Fee	Register by	Activity #
6-13	M-TH	3/6 - 3/16	5:30 pm	\$42/\$50	3/2	351321-E
6-13	M-TH	3/6 - 3/16	6:05 pm	\$42/\$50	3/2	351321-F
6-13	M-TH	3/20 - 3/30	5:30 pm	\$42/\$50	3/16	351321-G
6-13	M-TH	3/20 - 3/30	6:05 pm	\$42/\$50	3/16	351321-H

Group lesson program consists of eight 30-minute classes at the Civic Center Family Pool. Registration will only be accepted in-person at the Civic Center during normal hours of operation. No mail or faxed in registrations will be accepted. Copy of birth certificate & parent/guardian's driver's license and utility bill for proof of Sunrise residency are required at registration. Fee does not include use of pool outside of lesson time.



KIDS DAYS OFF AT CIVIC CENTER POOL

January 2, 3, 4, 5, 6, 13, 16;
February 20; and
March 17, 20, 21, 22, 23, 24

*Civic Center Family Pool
water slide will open
at 10:00 am*

Parent & Tot Swim Lessons

Age	Days	Dates	Time	Fee*
10 mo - 3	TBA	TBA	TBA	\$50/four 30-minute lessons

Classes are held at the Civic Center Family Pool and require a parent in the water. Minimum four children needed to run the class. Classes are expected to run weekday mornings, weekday evenings, and also weekends. Make-up days will only be scheduled in the event the facility or instructor cancels the class. Call (954) 747-4635 or visit www.sunriseswimming.com for information about the next available session. *Fee does not include use of pool outside of lesson time.

Preschool – School Age Swim Lessons

Age	Days	Dates	Time	Fee*
3 - 12	TBA	TBA	TBA	\$50/four 30-minute lessons

Classes are held at the Civic Center Family Pool and are limited to four students per instructor. Minimum three children needed to run the class. Make-ups will ONLY be scheduled in the event the facility or instructor cancels the class. Classes are expected to run weekday afternoons, weekday evenings and a weekend day. Call (954) 747-4635 or visit www.sunriseswimming.com for information about the next available session. *Fee does not include use of pool outside of lesson time.

Adult Group Swim Lessons

Age	Days	Dates	Time	Fee*
15+	TBA	TBA	TBA	\$60/four 40-minute lessons

Classes are held at the Civic Center Family Pool and are limited to four students per instructor. Minimum three adults needed to run the class. Make-ups will ONLY be scheduled in the event the facility or instructor cancels the class. Classes are expected to run weekday afternoons, weekday evenings and a weekend day. Call (954) 747-4635 or visit www.sunriseswimming.com for information about the next available session. *Fee does not include use of pool outside of lesson time.

Private Swim Lessons

Age	Days	Dates	Time	Fee*
15 mo+	TBD	TBD	TBD	\$30/25-minute lesson

Private lessons are offered year-round at the Civic Center Aquatics Center and include water safety and stroke lessons. Call (954) 747-4635 or visit www.sunriseswimming.com for more information and to make an appointment. *Fee does not include use of pool outside of class time.

“SUNRISE SWIMMING” SWIM TEAM - Strokes & Fun

This is a year-round competitive USA Swimming program based at the Civic Center Aquatics Center. All participants must try out with the swim coach prior to registering for the team. For more information call (954) 747-4635 or visit www.sunriseswimming.com. All sessions are held at the Sunrise Civic Center Pool. Registration fee does not include use of pool outside of class time.

Strokes & Fun

Age	Days	Time	Monthly Fee*
6 - 15	M - TH	4:45 - 5:45 pm	2 practices/week, \$60/mo 3 practices/week, \$65/mo 4 practices/week, \$75/mo

Introduction to competitive swimming. *Does not include \$90/year for registration fees or use of pool outside of class time.

Competitive Swim Groups

Group	Days	Time	Monthly Fee*
Bronze	M - F	5:45 - 7:00 pm	\$80/month
Silver	M - F	5:30 - 7:00 pm	\$85/month
Gold	M - F	4:45 - 6:45 pm	\$95/month
Champions/SR	M - F	4:00 - 6:00 pm	\$105/month

Competitive Groups are open to all ages. Coach will make group determination. Saturday practices TBA for all competitive groups. *Fee does not include \$90/year registration fee or use of the pool outside of class time.





SUNRISE TENNIS CLUB

9605 West Oakland Park Boulevard

Operating Hours: Monday - Friday, 8:00 am - 9:30 pm
Saturday & Sunday*, 8:00 am - 3:00 pm*

*The club will close at 3:00 pm on on 1/2 and 1/16, and will be closed on 1/1.

Membership Fees

Sunrise Residents		Non-Residents	
Senior - Individual	\$135	Senior - Individual	\$200
Senior - Double	\$185	Senior - Double	\$250
Individual	\$240	Individual	\$325
Double	\$330	Double	\$425
Family	\$345	Family	\$450
Junior	\$65	Junior	\$100
Daily	\$5	Daily	\$6
Sunrise Business Owners		Guests (per visit)	
Individual	\$240	Resident	\$5
Double	\$330	Non-resident	\$6
Family	\$345		

Sunrise Tennis Club Membership Fees can be seen in the chart above. All fees are subject to sales tax. Age restrictions may apply. Please call (954) 572-2286 for more information. Discount guest passes now available - Buy 6 passes for the price of 5.

Tennis Camps

Activity	Age	Dates	Time	Fee
Winter Break Camp	4-11	1/2-1/6	8:00 - 11:00 am	\$45 daily
Spring Break Camp	4-11	3/20-3/24	8:00 - 11:00 am	\$45 daily

Private Tennis Lessons

For private lesson rates, call Tennis Pro Shop at (954) 572-2286.

Adult Clinics

Clinic	Age	Day	Time	Fee
Adult Beginner	18+	TU/TH	7:30 - 8:30 pm	\$20 daily, \$60/4 classes
Intermediate Drill and Play	18+	M/TU/W	7:00 - 8:30 pm	\$25 daily, \$85/4 classes \$140/8 classes
	18+	SA	10:30 am - 12:00 pm	\$25 daily, \$85/4 classes \$140/8 classes
Advanced Drill and Play	18+	TH	7:00 - 8:30 pm	\$25 daily, \$85/4 classes \$140/8 classes
	18+	SA	9:00 - 10:30 am	\$25 daily, \$85/4 classes \$140/8 classes
Cardio Tennis	18+	SA	9:00 - 10:00 am	\$20 daily
Ladies Drill	18+	F	9:30 - 11:00 am	\$25 daily

Youth Programming

Activity	Age	Day	Time	Fee
Mini Grinders	4-11	M-F	5:00 - 7:00 pm	\$40 daily, \$440/month
Orange Crush	5-9	M/W/F	4:00 - 5:00 pm	\$20 daily, \$240/month
Red Rockers	3-6	TU/TH	4:15 - 5:00 pm	\$20 daily, \$240/month
Super Saturday*	4-12	SA	9:00 - 10:00 am	\$20 daily, \$60/4 classes
Beginner/Intermediate Juniors	12-16	M/T/TH	6:00 - 7:30 pm	\$90/week, \$360/month

*Free to residents every 3rd Saturday.

Tennis Academy

Activity	Age	Day	Time	Fee
High Performance	All	M-F	3:00 - 6:00 pm	\$45/day, \$180/week, \$700/month
High Performance Elite*	All	M-F	9:00 - 11:00 am 4:00 - 7:00 pm	\$1000/month

*Try-out only.



THE BRIDGES AT SPRINGTREE GOLF CLUB

Location: 8150 Springtree Drive

Golf Course Hours: Sunrise to Sunset (weather permitting)

Pro Shop Hours: 6:30 am to 5:00 pm
(Course closes at 5:30 pm starting 3/13/23)

Restaurant Hours: 9:00 am to 3:30 pm

Hours subject to change depending on weather conditions and sunrise/sunset.

Located just north of West Oakland Park Boulevard and west of University Drive, The Bridges at Springtree Golf Club is an 18 hole executive course designed by former PGA pro Mark McCumber. The course provides enhanced play for golfers of all levels. Among the many events at The Bridges are the monthly scramble tournaments, featuring a continental breakfast, complimentary drinks on the golf course, buffet lunch, and prizes. The Sunrise Women's Association of Golf (SWAG) meets every Tuesday and hosts different events, including inter-club golf competitions and luncheons. Open seven days a week for breakfast and lunch, The Bridges Restaurant & Bar menu features weekly specials served by our friendly and efficient staff. Reservations are suggested for the Sunday breakfast buffet by calling (954) 572-2209. The catering staff at The Bridges would be happy to help you plan your next family celebration. From baby showers to weddings, The Bridges is the perfect location. Please visit www.springtreegc.com to book tee times or events.

Golf Membership Fees

Sunrise Residents		Non-Residents	
Single	\$325	Single	\$475
Family	\$425	Family	\$675
6-Month		Juniors	
Single	\$450	Juniors	\$120
Family	\$625		

*Annual membership benefits include significantly reduced daily play rates for members, complimentary access to the short game area, and complimentary pull carts. Prices do not include taxes. *Junior memberships available to ages 15 and under.*

Golf Rates

(Winter 12/22/22 - 3/31/23)

18-Holes Riding	Member	Sunrise Resident	Non-Resident
Before 12:00 pm	\$14.49	\$29	\$37
After 12:00 pm	\$14.49	\$25	\$31
After 2:00 pm	\$14.49	\$23	\$29

**All juniors are free with a paying adult after 3:00 pm daily.*

18-Holes Walking	Member	Sunrise Resident	Non-Resident
Before 8:00 am (M-F)	\$6	\$21	\$25
After 1:00 pm (M-SU)	\$6	\$21	\$25

Sunrise Civic Center Athletic Club

10610 West Oakland Park Boulevard | (954) 747-4666

Regular Hours: Open Monday through Friday from 6:30 am to 9:00 pm, and Saturday and Sunday from 8:00 am to 7:00 pm.

Holiday Hours: Closed on January 1; Open 8:00 am to 3:00 pm on January 2 and January 16.

The Sunrise Civic Center Athletic Club offers amenities and programs designed to help keep you fit—without costing a fortune! Our recently-renovated facility includes a bi-level fitness center with free weights and machines, as well as two gymnasiums—one with an elevated fitness track—and racquetball courts, a game room, and locker rooms.

Sunrise residents can use the fitness track, game room, and racquetball courts free of charge; just present your ID at the front desk as proof of residency! Annual and monthly Athletic Club membership fees—which provide access to additional amenities—are as follows:

BASIC ANNUAL MEMBERSHIP

Entitles member to use of fitness center, gymnasiums, racquetball courts and locker rooms.

Individual (one adult age 18 or over):

\$150/year

Family (up to five family members):

\$225/year



DELUXE ANNUAL MEMBERSHIP

Entitles member to Basic Annual Membership privileges, plus use of the Civic Center aquatics facilities.

Individual (one adult age 18 or over): \$175/year

Family (up to five family members):

\$250/year



BASIC MONTHLY MEMBERSHIP

Entitles member to use of fitness center, gymnasiums, racquetball courts and locker rooms.

Individual (one adult age 18 or over): \$20/month for Sunrise residents

Family (up to five family members): \$30/month for Sunrise residents

Daily rates are also available. All fees are subject to Florida sales tax. Children 12 and under must be accompanied by an adult when using Athletic Club facilities.

Need help with your fitness resolutions in the new year?

Athletic Club members can sign up for 15-minute, 30-minute or 60-minute personal training sessions! Visit page 18 for details.

Sunrise Athletic Complex (SAC) Multipurpose Center

11501 NW 44th Street | (954) 747-4604

Regular hours: Open weekdays from 9:00 am to 9:00 pm, Weekends from 9:00 am to 5:00 pm

Holiday hours: Closed on January 1; Open 9:00 am to 3:00 pm on January 2 and January 16.

Sunrise celebrated the grand re-opening of SAC in July 2022. Highlights of the park's renovation include a new playground and the construction of five full-size covered outdoor basketball courts, a basketball-style Bankshot course for players of all ages and abilities, and a new 15,000-square-foot multipurpose building with an indoor gym and program space.

Sunrise residents are encouraged to sign up for a **FREE membership** in order to fully utilize the SAC Multipurpose Center:

- **Individual Memberships** are FREE for ages 18+ with proof of Sunrise residency.
- **Family Memberships** are free—with proof of Sunrise residency—for up to five family members living at the same address. Parent or guardian must apply in person with a photo I.D., as well as a birth certificate for each minor child in the household.

Daily visit fees for non-members are \$5 per adult and \$3 per child (17 and younger). **Non-Resident Annual Memberships** are \$75 per adult and \$50 per child (17 and younger).

PROGRAMS

The SAC Multipurpose Center is home to innovative new programs, as well as familiar favorites!

Check out this issue for registration information.

FOR ADULTS:

Bright Soul Yoga ... page 16

Salsa Dance ... page 16

FOR KIDS:

Volleyball Clinics ... page 13

Start Smart Baseball ... page 13

Bright Soul Yoga for Kids ... page 10

Joga Bonito Futsal Academy ... page 12

Hoopster Basketball Academy ... page 15

FOR AGE 13 AND UP*:

Open Play Basketball ... page 13

Open Play Pickleball ... page 13

Open Play Volleyball ... page 13

*Kids 12 and under may participate if accompanied by a parent or legal guardian

FOR EVERYONE:

The SAC Multipurpose Center is the new home of the City's **Open Play Chess** program! Beginning on January 7, join us each Saturday from 10:00 am to noon for free, supervised chess sessions. All ages are welcome, and free instruction is available.



* City Park

6600 Sunset Strip

Regular Hours: Open daily from 8:00 am to 10:00 pm

Holiday Hours: Open 9:00 am to 3:00 pm on January 1

City Park was fully renovated in 2021. Amenities include a large multipurpose field for community events, concerts, and a variety of sports; a quarter-mile walking path featuring seven exercise stations; a covered amphitheater stage; two tennis courts; a soccer-themed splash pad; a shaded playground; and three covered outdoor basketball courts with professional rims and backboards.

City Park also features two rental pavilions with gas grills. Call (954) 747-4606 for reservation information!

PROGRAMS

City Park hosts a wide range of FREE special events and activities. See this issue for details about:

NEW Soca Step Aerobics Classes ... page 18

Tunes 'N Truck Concerts ... page 6

Storytime ... page 10

Sidewalk Chalk Art ... page 10

Sunrise Steppers ... page 18



* VILLAGE Multipurpose Center

2240 NW 68th Avenue | (954) 747-4601

Regular Hours: Open Monday through Friday from 9:00 am to

9:00 pm, and Saturday and Sunday from 9:00 am to 5:00 pm

Holiday Hours: Closed on January 1; Open 9:00 am to 3:00 pm on

January 2 and January 16

Village Multipurpose Center features a large indoor gym for basketball and other activities. Sunrise residents are encouraged to sign up for a **FREE membership** in order to access the facility:

- **Individual Memberships** are FREE for ages 18+ with proof of Sunrise residency.
- **Family Memberships** are free—with proof of Sunrise residency—for up to five family members living at the same address. Parent or guardian must apply in person with a photo I.D., as well as a birth certificate for each minor child in the household.

Daily visit fees for non-members are \$5 per adult and \$3 per child (17 and younger).

Non-Resident Annual Memberships are \$75 per adult and \$50 per child (17 and younger).

PROGRAMS

See this issue for more information about activities at Village Multipurpose Center:

Youth Nights ... page 10

Fit Kids/Fit Teens ... page 12

13 and Under Open Play Basketball ... page 13

Open Play Basketball ... page 13

Badminton ... page 13

Jr. Netball ... page 13

Start Smart Youth Basketball ... page 14

40+ Double Dutch ... Page 18

Adult Indoor Walking ... Page 18

Netball ... page 18

Wheelchair Basketball ... page 31



* Special Populations

The City of Sunrise partners with the Special Populations Section of the Broward County Parks and Recreation Division—as well as other community organizations—to host programs that engage and enrich the special populations community. Activities include social events, athletics, and general recreation opportunities. For more information, call (954) 747-4600.

BOCCIA

Location: Sunrise Civic Center Gymnasium, 10610 W Oakland Park Blvd

Age: 18+

Day/Date/Time: Tuesday, ongoing, 1:00 - 3:00 pm

Fee: Free

Activity #: 470693-A

Boccia is a competitive Paralympic throwing sport, in which individuals throw leather-like balls on a marked floor in an effort to have them land as close as possible to a target ball. This program helps improve hand-eye coordination and fine motor skills.

WHEELCHAIR BASKETBALL

Location: Village Multipurpose Center, 2240 NW 68 Avenue

Age: 16+

Date/Day/Time: Tuesday/Thursday, 5:00 - 7:00 pm

Fee: Free

Activity #: 170687-A

For more information, call Fran Wade at (954) 401-6970.

CHALLENGER BASEBALL

For ages 6+! See page 14 for details!



* Facility, Pavilion, and Field Rentals

Are you planning a wedding, a birthday party, or a corporate meeting? Consider hosting your special event at one of the City's many facilities. We offer a range of locations, from open-air picnic pavilions and athletic fields to meeting halls and elegant ballrooms. Options include:

ATHLETIC FACILITY RENTALS

Indoor Basketball Gyms – Sunrise Civic Center, Sunrise Athletic Complex (SAC) and Village Multipurpose Center

Outdoor Athletic Facilities, such as sports/multipurpose fields and covered outdoor basketball courts – City Park, Flamingo Park, Nob Hill Soccer Club Park, Oscar Wind Park, Piper Field, Sunrise Athletic Complex (SAC), Sunrise Sportsplex and Welleby Park

PICNIC PAVILIONS

Pavilions are available in various sizes, accommodating 15 to 80 guests. Many locations also offer gas grills. Pavilions are located at:

- City Park
- Cypress Preserve Park
- Oak Hammock Park
- Oscar Wind Park
- Sawgrass Sanctuary
- Welleby Park



MEETING ROOMS AND HALLS

Indoor space is available for civic groups and families. Not all meeting rooms are equipped with kitchens; however, food, beverages and catering are allowed. Locations include:

- Flamingo Park
- New River Civic Center
- Nob Hill Soccer Club Park
- Village Civic Center
- Welleby Park



THEATRE AND AMPHITHEATER

The 300-seat Sunrise Civic Center Theatre and the adjoining Amphitheater may be rented for performances and events.

THE GRAND BALLROOM

For a full-service experience, consider The Grand Ballroom at the Sunrise Civic Center. This flexible function space accommodates up to 300 people, banquet style—or it can be divided into two or three smaller rooms. The Grand Ballroom, managed by Arc Culinary, offers traditional and trendy catering menus.

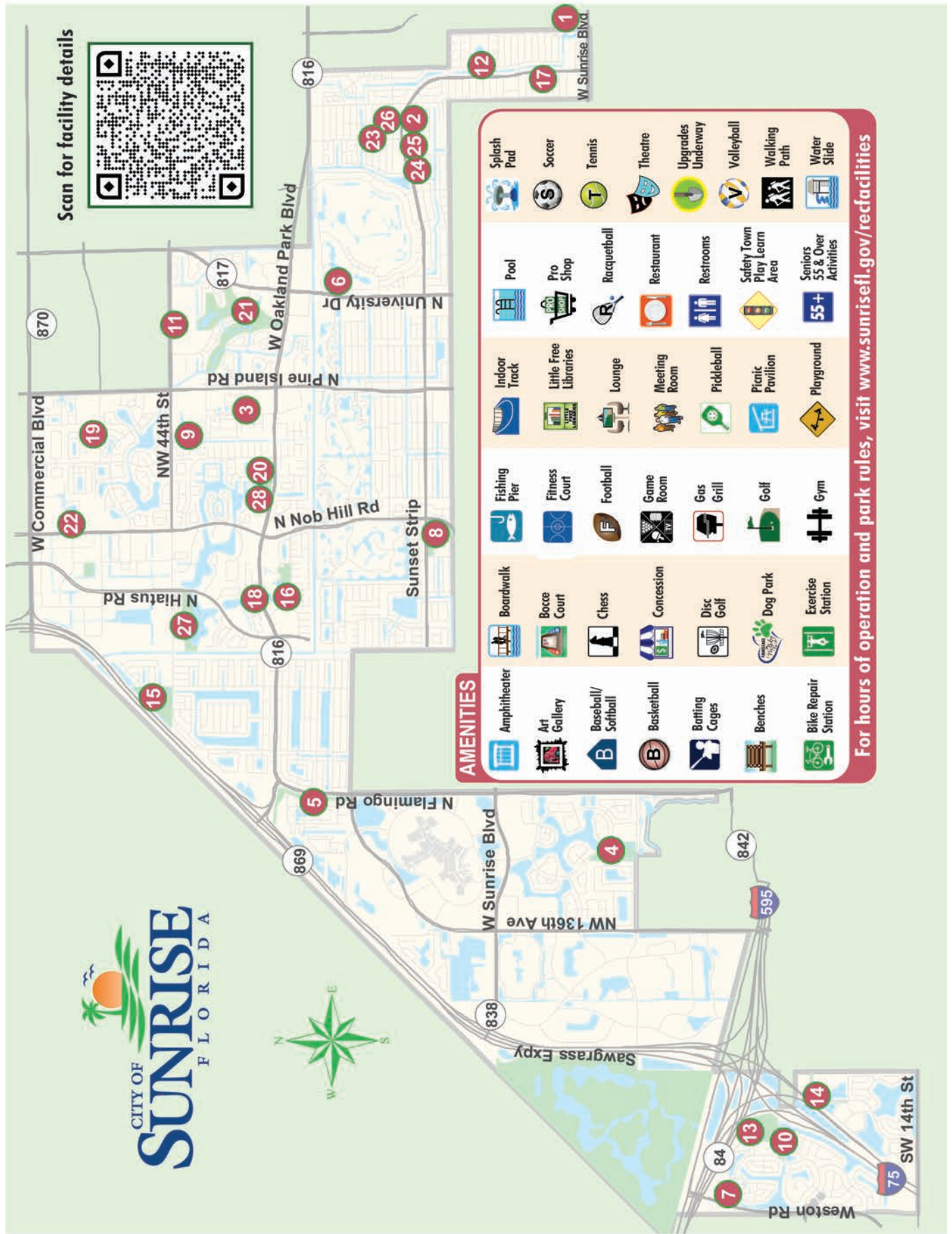
Make Your Reservation Today!

For details about renting **athletic facilities**, **picnic pavilions** or **meeting rooms**—including pricing and amenities—visit www.sunrisefl.gov/rentals or call (954) 747-4600.

For information about our **Theatre** and **Amphitheater**, visit www.sunrisefl.gov/rentals or call (954) 747-4646.

To inquire about **The Grand Ballroom**, call the Arc Culinary catering manager at (954) 578-3145.

MAP OF LEISURE SERVICES AMENITIES



1. **12th Street Park**
Corner of 12th Street and NW 58th Terrace
2. **City Park**
6600 Sunset Strip
3. **Cypress Preserve Park**
9020 NW 38 Street
4. **Flamingo Park**
12855 NW 8th Street
5. **Flamingo Road Linear Park**
Flamingo Rd. between Panther Pkwy & W. Oakland Pk. Blvd.
6. **Lakeside Park**
3000 Sunrise Lakes Drive, West
7. **New River Civic Center**
60 Weston Rd
8. **Nob Hill Soccer Club Park**
10200 Sunset Strip
9. **Oak Hammock Park**
9220 NW 44 Street
10. **Oscar Wind Park**
200 North New River Circle
11. **Piper Field**
8000 NW 44th Street
12. **Roarke Pool**
1720 NW 60 Avenue
13. **Sawgrass Sanctuary**
237 North New River Circle
14. **Shotgun Road Linear Park**
Shotgun Road, between SW 14 St & SW 148 Ave
15. **Sunrise Athletic Complex (SAC) and Multipurpose Center**
11501 NW 44th Street
16. **Sunrise Civic Center and Athletic Club**
10610 W. Oakland Park Blvd.
17. **Sunrise Golf Village Park**
1277 Sunset Strip
18. **Sunrise Senior Center**
10650 W. Oakland Park Blvd.
19. **Sunrise Sportsplex**
9101 NW 50th Street
20. **Sunrise Tennis Club**
9605 W. Oakland Park Blvd.
21. **The Bridges at Springtree Golf Club**
8150 Springtree Drive – 18-hole executive course
22. **Veterans Park**
5400 N Nob Hill Road
23. **Village Beach Club**
6767 NW 24th Street
24. **Village Civic Center**
6800 Sunset Strip Sunrise
25. **Village Multipurpose Center**
2240 NW 68th Avenue
26. **Village Square Park**
6601 Sunset Strip
27. **Welleby Park & Dog Park**
11100 NW 44th Street
28. **Welleby Pool**
9605 W. Oakland Park Blvd.

Closed for Construction

REGISTER TODAY: Proof of residency is required each time you register for a sport or activity. Registration forms without proper proof of residency and a copy of birth certificate (if applicable) will not be accepted. Remember to apply multiple child discount to fees, if appropriate.

Please contact me regarding youth athletics volunteer coaching opportunities.

PARTICIPANT INFORMATION *Please print in ink and fill out completely* Have you registered for a recreation activity before? Yes No

Parent/Legal Guardian's Name

Relationship to Participant Mother Father Court Appointed Legal Guardian

Home Phone - - Work Phone - - Cell Phone - -

Street Address

City State Zip Code

Email Address Yes, please use this email address to provide me with City of Sunrise program and event information. I understand that I can opt out of this service at any time.

Secondary Guardian's Name

Relationship to Participant Mother Father Court Appointed Legal Guardian

Home Phone - - Work Phone - - Cell Phone - -

Street Address

City State Zip Code

Email Address Yes, please use this email address to provide me with City of Sunrise program and event information. I understand that I can opt out of this service at any time.

PARTICIPANT NAME	DATE OF BIRTH	GRADE	AGE	SEX	ACTIVITY	ACTIVITY#	FEE

FOR CAMP/DAYS OFF ONLY: AUTHORIZED PICK-UP PERSONS (Other than Legal Guardians)

Last Name	First Name	Cell Phone	Home Phone

EMERGENCY CONTACT *(Other than parent/guardian. To be contacted in the event that parent/guardian listed above cannot be reached.)*

Emergency Contact Relationship to Participant

Home Phone - - Work Phone - - Cell Phone - -

Allergies or medications (specify which child)

CREDIT CARD / GIFT CARD PAYMENT

MasterCard Visa Discover AmEx Exp. Date / Card #

CVV # Signature as it appears on the card

I agree to pay the above amounts listed as credit card charges according to credit card user agreements.

9-Digit Gift Card # 6-Digit Gift Card PIN (Letters & Numbers)

RELEASE INFORMATION & REFUND POLICIES

- The Release and Waiver on the back of this registration form must be completed and submitted in order for a registration to be accepted.
- Refunds for one-day programs, Kids' Day Off, Mini Camps and Holiday Camps will only be granted if requested 24 business hours prior to the start of the activity. Refunds will not be granted for all other programs if requested four (4) weeks or more after the start of the activity, or if attendance has met or exceeded 50% of the activity. Refunds will be pro-rated. All refund requests must be submitted in writing to Leisure Services.

PLEASE NOTE: FLORIDA PUBLIC RECORDS LAW REQUIRES THAT ALL INFORMATION - INCLUDING E-MAIL ADDRESSES - RECEIVED IN CONNECTION WITH CITY BUSINESS BE MADE AVAILABLE TO ANYONE UPON REQUEST, UNLESS THE INFORMATION IS SUBJECT TO A SPECIFIC STATUTORY EXEMPTION. PLEASE SEE REVERSE FOR REQUIRED RELEASE AND WAIVER.

WAIVER, RELEASE OF LIABILITY AND INDEMNIFICATION FOR ADULTS AND MINORS

NOTICE TO THE MINOR CHILD’S NATURAL GUARDIAN

READ THIS FORM COMPLETELY AND CAREFULLY. YOU ARE AGREEING TO LET YOUR MINOR CHILD ENGAGE IN A POTENTIALLY DANGEROUS ACTIVITY. YOU ARE AGREEING THAT, EVEN IF THE CITY OF SUNRISE, ITS DEPARTMENTS, EMPLOYEES, OFFICIALS, COACHES, VOLUNTEERS AND AGENTS (HEREINAFTER “RELEASED PARTIES”) USE REASONABLE CARE IN PROVIDING THIS ACTIVITY, THERE IS A CHANCE YOU OR YOUR CHILD MAY BE SERIOUSLY INJURED OR KILLED BY PARTICIPATING IN THIS ACTIVITY BECAUSE THERE ARE CERTAIN DANGERS INHERENT IN THE ACTIVITY WHICH CANNOT BE AVOIDED OR ELIMINATED. BY SIGNING THIS FORM YOU ARE GIVING UP YOUR CHILD’S RIGHT AND YOUR RIGHT TO RECOVER FROM RELEASED PARTIES IN A LAWSUIT FOR ANY PERSONAL INJURY, INCLUDING DEATH, TO YOU OR YOUR CHILD OR ANY PROPERTY DAMAGE THAT RESULTS FROM THE RISKS THAT ARE A NATURAL PART OF THE ACTIVITY. YOU HAVE THE RIGHT TO REFUSE TO SIGN THIS FORM, AND RELEASED PARTIES HAVE THE RIGHT TO REFUSE TO LET YOU OR YOUR CHILD PARTICIPATE IF YOU DO NOT SIGN THIS FORM.

I, the undersigned, as the undersigned and/or as the parent or legal guardian of the minor child (“my child”) named below, do hereby give my full consent and approval for me or my child to participate as a member of the City of Sunrise’s Recreation Programs.

I understand that there are certain risks of damages and injuries, including death, inherent in the City of Sunrise’s Recreation Programs, as well as in traveling and in other related activities incidental to my or my child’s participation, and I am willing to assume these risks on behalf of myself or my child. These risks include, but are not limited to, those hazards associated with weather conditions, travel, playing conditions, equipment and other participants.

I understand that there is inherent risk in Recreation Programs and that inherent risk means those dangers or conditions, known or unknown, which are characteristic of, intrinsic to, or an integral part of the activity; and that the term “inherent risk” further includes, but is not limited to: (1) the failure by the Released Parties to warn me or my child of an inherent risk, and (2) the risk that someone may act in a negligent or intentional manner and contribute to the injury or death of me or my minor child.

Further, I agree that in consideration for my or my child’s participation in the City of Sunrise Recreation Programs, I hereby waive, release, discharge and agree not to sue the City of Sunrise, its departments, employees, officials, coaches, volunteers and agents (“Released Parties”), for any and all causes of actions, claims or damages arising out of or resulting from my or my child’s participation in this activity, including but not limited to damages, injuries, or death arising out of the negligence of Released Parties or otherwise. I agree that for me or my child to participate in the activity, I assume full responsibility for any loss of property, accident, bodily injury, or death as a result of my or my child’s participation in this activity.

I hereby permit the City of Sunrise to use or distribute any or all still and/or moving images in which I or my child appear for any use including, but not limited to: video, Web, print and multimedia applications; training or other instructional materials; advertising, commercials or other promotional materials; and other forms of media, without compensation. Any image (s) created shall be the property of the City of Sunrise.

I hereby give permission for me or my child to receive necessary medical treatment.

I further agree on behalf of myself and my child listed below, that I shall hold harmless and fully indemnify and defend the Released Parties from any and all causes of action, claims, damages, costs including but not limited to attorney’s fees and costs, which may arise from any cause of action made by me or by, through or on behalf of me or my child, even if the damages, injuries or death are caused in whole or in part by the negligence of the Released Parties.

I acknowledge (a) that I have read (or have had read to me) each and every one of the provisions in this waiver, release of liability and indemnification agreement, (b) that I understand each of the provisions in this agreement and (c) that I agree to abide by them.

PRINT NAME OF MINOR CHILD

PRINT NAME OF LEGAL GUARDIAN OR ADULT PARTICIPANT

ADDRESS

SIGNATURE OF LEGAL GUARDIAN OR ADULT PARTICIPANT

DATE: _____



Leisure Services Department
 10610 West Oakland Park Boulevard
 Sunrise, FL 33351
 Phone: (954) 747-4600

PRSR STD
 US Postage Paid
 Ft. Lauderdale, FL
 Permit No. 825

ECRWSS

*****ECRWSEDDM****

Residential Customer
 Sunrise, Florida

Mayor Michael J. Ryan, Commissioners Mark A. Douglas, Jacqueline A. Guzman, Neil C. Kerch, and Joseph A. Scutto



SATURDAY MARCH 4
11 AM TO 6 PM

SUNRISE CIVIC CENTER
10610 W. OAKLAND PARK BLVD.

FUN FOR THE WHOLE FAMILY!

COSPLAY CONTEST AT 6 PM

ENJOY

ARTISTS & AUTHORS
 COSPLAY CONTEST
 PANELS & DEMOS
 VENDORS
 OPEN-PLAY GAMING
 LIVE MUSIC
 FOOD TRUCKS & MORE!

RANDOM ENCOUNTERS

SPOOFERS
 YOUTUBE OPERA
 GAMING INFLUENCERS
 FIND OUT MORE!

BILL SLEVIN
 THE PARANORMAL RESEARCH SOCIETY
 PARASYCHOLOGIST
 HAUNTINGS EXPERT
 DEMONOLOGIST
 FIND OUT MORE!



Buy Your Tickets Now!
\$10 Adults, \$7 Age 10 & under
Prices Increase on February 26

(954) 747-4646 or
sunrisefl.gov/comiccon

For sponsorship opportunities email
tstanish@sunrisefl.gov

