

# HORIZONS



**Safety Town**



**Playground**



**Splash Pad**



**Dog Park**

**Enjoy the Enhanced and Expanded WELLEBY PARK**  
**FEATURING Safety Town, Playground, Splash Pad, Dog Park and more!**

IT STARTS IN  
**PARKS**  
HEALTH • COMMUNITY • ECONOMY • ENVIRONMENT



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Horizons is produced for the benefit of our residents. We welcome your comments regarding this publication. Write to: City of Sunrise/ Horizons, Attn: Marketing & Communications, 10610 West Oakland Park Boulevard, Sunrise, FL 33351

All ages and abilities are welcome – and costumes are encouraged!

**Be Part of Our 6th Annual Halloween-Themed Race!**

**5K and Kids Dash**

**CITY OF SUNRISE Tricker Trot 2022**

**5K REGISTRATION**  
**\$30** Starting October 1st

**KIDS' DASH REGISTRATION**  
**\$10** Ages 10 and Under

AGE DIVISIONS:  
 3 and under 6-7 year olds  
 4-5 year olds 8-10 year olds

\*Shirts available in Youth Medium, Youth Large, and Adult Sizes. Shirt size guaranteed only if picked up at Pre-Race Day Packet Pick-up on October 20th.

**SIGN UP NOW!**  
[www.sunrisefl.gov/5K](http://www.sunrisefl.gov/5K)  
 (954) 747-4600

**START-LINE SPONSOR**  
**ED MORSE SAWGRASS AUTOMALL**

[f](#) [@](#) [@](#) @cityofsunrise

**CITY OF SUNRISE FLORIDA**

**Saturday, October 22, 2022**  
**7:30 AM**

**Markham Park**  
 16001 W State Rd. 81

ADA NOTICE

The City of Sunrise is an equal opportunity agency and does not discriminate with regard to its services, programs and activities regardless of race, color, religion, national origin, sex, age or physical or mental abilities. Any person who believes he or she has a disability and requires an accommodation in order to participate in any of our programs, please call (954) 747-4600 as early as possible so that we may have adequate time to insure an accommodation by the start date.

IT'S EASY TO REGISTER FOR LEISURE SERVICES PROGRAMS!

The Leisure Services Department offers extended hours for in-person program registration. Sunrise residents may register for programs at the front desk of the Civic Center Athletic Club during normal business hours: weekdays from 6:30 am to 9:00 pm, and weekends from 8:00 am to 7:00 pm. Residents also have the option of registering online at [www.sunrisefl.gov](http://www.sunrisefl.gov). To access this free, convenient service - available 24 hours a day – residents must have a household number as well as a Visa, Discover, MasterCard, or AmericanExpress for payment. Of course, registration by mail or fax – as well as in-person registration at the Leisure Services office – is still available.

# A MESSAGE FROM THE MAYOR

As we reach the end of 2022, we have so much to celebrate as a community. This year marked the grand re-opening of two of the City's most popular recreation amenities, **Welleby Park** and **Sunrise Athletic Complex (SAC)**. We also unveiled a new green space, **Lakeside Park**, next to Sunrise Lakes Phase 1, and added a new splash pad feature at **Roarke Pool** in eastern Sunrise.

However, we are not done yet. Our enhancements to **Oscar Wind Park** in western Sunrise continue, including a fitness court and a new playground. And our new **City Hall** will ultimately unite City departments under one roof, making our customer service more convenient for residents interacting with staff and conducting vital business.

Thankfully, we have emerged from the most challenging years of the pandemic and have a renewed appetite for connection. That's why we're so pleased to offer programs and events that bring us together. The **Tunes 'N Trucks** outdoor concert series resumes in October with a great lineup of bands and food trucks. We're also presenting seasonal favorites, including the **Fall Harvest Festival**, the **Sunrise Arts & Crafts Festival** featuring **Winter Wonderland**, and a **Holiday Tree Lighting**.

If you haven't attended our **Cultural Festival** before, mark your calendar for November 5. In addition to children's activities and a variety of vendors and food options, we've expanded the entertainment lineup to include the winners of our own **Sunrise SuperStar** talent competition. And on November 11, please join us for one of our most important community celebrations—a **Veterans Day Ceremony** to honor the dedicated men and women who have served us as members of the U.S. military.

As we approach the holidays, Sunrise has a long-standing tradition of giving back, which includes creating **Thanksgiving Baskets** for families in need. Each basket contains the ingredients for a homemade meal, including a turkey, stuffing mix, canned vegetables, cranberry sauce, juice, rolls, and a pie. We partner with residents and local organizations again in December to assemble **Holiday Baskets**. Please reach out to the Sunrise Senior Center (954-747-3670) if you would like to donate supplies or volunteer your time. Throughout the season, showing our individual and collective gratitude through a charitable heart helps to galvanize our community and lift spirits.

On behalf of the entire Sunrise City Commission, I wish you and your family a safe, healthy and happy holiday season.

## APPLY TO SERVE ON A CITY ADVISORY BOARD

*Are you a civic-minded resident who would like to become involved with your local government? Do you have knowledge in specific areas of expertise that would benefit our community? Apply to serve on a City advisory board!*

*Sunrise advisory board members are talented and dedicated community members who provide the City with valuable input and advice. Visit [www.sunrisefl.gov/boards](http://www.sunrisefl.gov/boards) for a complete list of boards and their duties, along with our online application.*

*Completed applications must be submitted by Friday, October 28, at 5:00 p.m. Board appointments will be made by the Sunrise City Commission in December for terms to begin in January 2023.*

*For more information, please contact the City Clerk's Office: (954) 746-3333 or [cityclerk@sunrisefl.gov](mailto:cityclerk@sunrisefl.gov).*



Michael J. Ryan, Mayor

*The City of Sunrise  
is represented by (left to right):*

**Commissioner Joseph A. Scutto;**

**Assistant Deputy Mayor  
Mark A. Douglas;**

**Mayor Michael J. Ryan;**

**Commissioner Neil C. Kerch;**

**Deputy Mayor Jacqueline A. Guzman**



## PUBLIC ART IN SUNRISE

### Enriching and Elevating Our Community

Public art pieces are community focal points that provide a pop of color along with a sense of pride. They can be created in a variety of shapes, sizes and media—and their benefits are more than aesthetic. Studies show that public art can also improve street safety, foster tourism and job creation, and combat social isolation.

The Sunrise City Commission has prioritized the establishment of a public art program as part of a broader effort to elevate our surroundings and unite our residents. With this vision in mind, several projects have already been completed, more are underway, and a Public Art Master Plan will be developed.

### Traffic Control Box Art Wraps

*Where: Traffic control boxes in FDOT rights of way citywide*  
*When: Phase 1 (29 locations) completed in late 2020; Phase 2 (17 locations) completed in March 2022; Phase 3 (final 15 locations) underway*

With the completion of Phase 3 of this project, a total of 61 traffic control boxes across Sunrise will be covered with vibrant artwork that reflects the City's diverse and culturally rich population. The wraps spotlight the work of dozens of artists and transform otherwise utilitarian surfaces into colorful landmarks.

### Butterfly Mural

*Where: Sunrise Sportsplex, 9101 NW 50th Street*  
*When: Completed in August 2022*

Local artist Lori Practico was selected to paint a public art mural next to the butterfly garden at Sunrise Sportsplex. The mural's bright colors and bold words provide the backdrop for a transparent butterfly, creating an environment that vibrates with excitement and hope. The project celebrates the success of the **Sunrise Be A Butterfly Hero** program and encourages residents to make the connection between conservation and community strength. There are currently **272 certified wildlife habitats** at Sunrise homes, schools, businesses and City facilities—including Sunrise Sportsplex.

### Village Art Plaza

*Where: Just west of City Park, 6600 Sunset Strip*  
*When: Construction to begin in November 2022, with completion expected in 2023*

This open-air pedestrian plaza will span NW 68th Avenue just south of Sunset Strip, visually connecting City Park, Village Multipurpose Center, Library Square and the Village Civic Center. Defined by decorative pavers and landscaping, the Village Art Plaza will feature multiple murals and a variety of sculptures and ornamental art pieces. It will also host community gatherings, such as farmers markets.

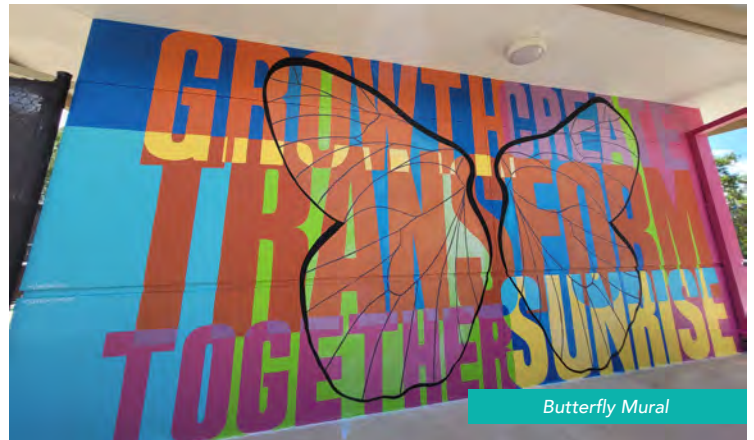
### Signature Sculptures

*Where: Flamingo Linear Park, where Flamingo Road intersects with the Sawgrass Expressway and West Oakland Park Boulevard*  
*When: Installation is expected in fall 2023*

In September, the Sunrise City Commission approved the selection of two large-scale sculptures to be placed along Flamingo Linear Park near one of the City's major gateways. These iconic pieces—designed especially for Sunrise—symbolize inclusion, unity and prosperity.



Traffic Control Box Art Wraps



Butterfly Mural

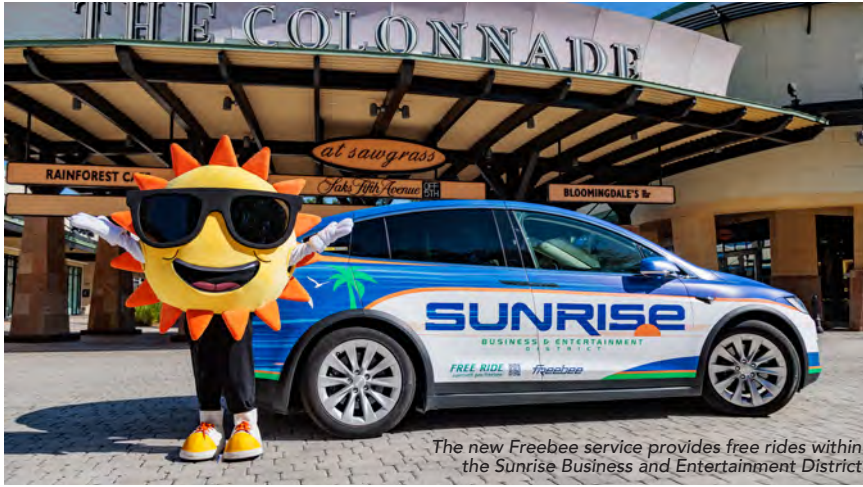


In August, Ms. Practico shared her work in progress with Sunrise summer campers and led them through a butterfly art project. The campers also received a tour of the Sunrise Sportsplex butterfly garden and released ladybugs. Get in on the fun: snap a photo in front of the mural and tag us, #seeninsunrise!



Rendering of Village Art Plaza





**FREEBEE**

**Enjoy Free On-demand Transportation in Sunrise**

The City of Sunrise now offers a free on-demand transportation service that picks up and drops off riders anywhere within the **Sunrise Business and Entertainment District**, including popular destinations like the FLA Live Arena and Sawgrass Mills. This service features an earth-friendly fleet of 100% electric vehicles: three Tesla Model X cars and a large electric van. It's operated by Freebee and offered free of charge to all riders by the City of Sunrise, with partial funding provided by the Florida Department of Transportation.

To use this free shuttle service, simply install the Ride Freebee app (available for Android and Apple/iOS devices) on your smartphone, and follow the instructions. Details—including app download links, a map of the Sunrise Business and Entertainment District and the service's hours of operation—are available at [www.sunrisefl.gov/freebee](http://www.sunrisefl.gov/freebee).



**SUNRISE CELEBRATES YOUTH ATHLETES!**

Each month, the Sunrise City Commission recognizes City employees who go above and beyond, top teachers from Sunrise public schools, and others whose stories engage and inspire—including youth athletes from Sunrise recreational, travel and instructional sports programs. Athletes are nominated by their coaches, selected by the City's Leisure Services Advisory Board, and exemplify the highest standards of sportsmanship, teamwork and academic achievement.

**Recent Youth Athlete of the Month Honorees**

**JULY 2022**

Dylan Akman, City of Sunrise Karate  
Camille Manzanillo, City of Sunrise Dance

**AUGUST 2022**

Paul Bower and Isabella Freitas, Sunrise Tennis

**SEPTEMBER 2022**

Isabella Alberto and Elijah Mobley, Youth Recreation Basketball

**THIS SEASON**

**IN SUNRISE**

**OCTOBER**

- 1 A Tribute to Marc Anthony  
Civic Center Theatre, 7:00 pm
- 5 "Word Up!" Teen Poetry Slam - Auditions  
Civic Center Theatre, 6:00 pm
- 7 "Lyrical Lounge" Workshop & Open Mic Night  
Civic Center Theatre, 6:00 pm to 9:00 pm
- 14 Hocus Pocus Family Dance  
Civic Center Ballroom, 7:00 pm
- 15 Fall Harvest Festival  
Welleby Park, 1:00 pm to 4:00 pm
- 15 Freckleface Strawberry the Musical  
Civic Center Theatre, 2:00 pm and 7:00 pm
- 16 Freckleface Strawberry the Musical  
Civic Center Theatre, 2:00 pm
- 21 Tunes 'N Trucks Concert – Latin Music  
Civic Center Amphitheater, 6:00 pm
- 22 Trick or Trot 5K and Kids' Dash  
Markham Park, 7:30 am
- 22 Household Hazardous Waste Disposal  
Public Works Complex, 9:00 am to 1:00 pm
- 22 Fushu Daiko  
Civic Center Theatre, 4:00 pm and 7:00 pm
- 29 Boo Bash  
City Park, 5:00 pm to 8:00 pm
- 29 "Beetlejuice": Interactive Movie Experience  
Civic Center Theatre, 6:00 pm

**NOVEMBER**

- 5 Cultural Festival  
City Park, 5:00 pm to 9:00 pm
- 11 Veterans Day Ceremony  
Civic Center Amphitheater, 10:30 am
- 12 Opening Reception: "Nostalgic Jamaica"  
Civic Center Art Gallery, 6:00 pm
- 12 "Something Rotten"  
Civic Center Theatre, 7:00 pm
- 13 "Something Rotten"  
Civic Center Theatre, 2:00 pm and 7:00 pm
- 16 "Word Up!" Teen Poetry Slam - Finals  
Civic Center Theatre, 7:00 pm
- 18 "Lyrical Lounge" Workshop & Teen Open Mic Night  
Civic Center Theatre, 6:00 pm to 9:00 pm
- 18 Tunes 'N Trucks Concert – Classic Rock  
Civic Center Amphitheater, 6:00 pm
- 19 "Harry Potter and the Goblet of Fire":  
Interactive Movie Experience  
Civic Center Theatre, 5:00 pm

**DECEMBER**

- 2 Holiday Tree Lighting  
Civic Center Campus, 6:00 pm to 8:00 pm
- 3 Ella Fitzgerald and Sammy Davis Jr.  
Christmas Tribute  
Civic Center Theater, 7:00 pm
- 9 "Lyrical Lounge" Workshop & Open Mic Night  
Civic Center Theatre, 6:00 pm to 9:00 pm
- 10 Sunrise Arts & Crafts Festival/Winter Wonderland  
Welleby Park, 10:00 am to 4:00 pm
- 10 "Elf the Musical Jr."  
Civic Center Theater, 2:00 pm and 7:00 pm
- 11 "Elf the Musical Jr."  
Civic Center Theater, 2:00 pm
- 17 "The Nutcracker Ballet"  
Civic Center Theater, 7:00 pm
- 18 "The Nutcracker Ballet"  
Civic Center Theater, 4:00 pm
- 19 "The Nutcracker Ballet"  
Civic Center Theater, 7:00 pm

# Re-opening Recap: Sunrise Athletic Complex and Welleby Park!

In July, Sunrise residents celebrated the grand re-openings of two beloved green spaces—Sunrise Athletic Complex (SAC) and Welleby Park. Both parks were enhanced thanks to voter support of Sunrise’s 2014 general obligation (GO) bond referendum, which funded expansions and improvements to recreation amenities in neighborhoods citywide.

We hope you were there for the festivities, and are continuing to enjoy these amazing parks! Here’s a recap of the extensive improvements at each facility:

## Sunrise Athletic Complex (SAC)

11501 NW 44th Street  
Open daily, 8:00 am to 10:00 pm  
Grand Re-opening: July 16th



The park’s existing playground, full-size multipurpose fields, meeting hall, and restroom facilities were renovated, and the tennis courts were resurfaced.



A new 15,000-square-foot multipurpose building was constructed, complete with an indoor gym and program space.



Five new full-size covered outdoor basketball courts were built, as well as a basketball-style Bankshot course for players of all ages and abilities.



A new concession building with scorers’ tower was constructed.



Other enhancements include sports lighting, connecting pathways, an additional batting cage, security features, and more parking along NW 44th Street.



Indoor Gym



Covered Basketball Courts







Pawgrass at Welleby Park Dog Park



Playground



Lakeside Boardwalk

### Welleby Park

11100 NW 44th Street  
Open daily, 8:00 am to dusk (7:00 pm)  
Grand Re-opening: July 30th



Welleby Park was expanded to include an adjacent four-acre parcel, developed as Pawgrass at Welleby Park—Sunrise’s first municipal dog park.



A nature-themed splash pad was constructed next to the park’s new playground.



A new a “safety town” play/learn area was built, featuring mini buildings modeled after city facilities.



The park’s existing meeting room was expanded by 800 square feet to better accommodate community groups.



A lakeside boardwalk was constructed, and new Flexi-pave pathways, supplemental parking, and lighting and security enhancements were added to the park.



Splash Pad



For information about all of the parks and recreational amenities in Sunrise, visit [www.sunrisefl.gov/parks](http://www.sunrisefl.gov/parks) or call the Leisure Services Department: (954) 747-4600.



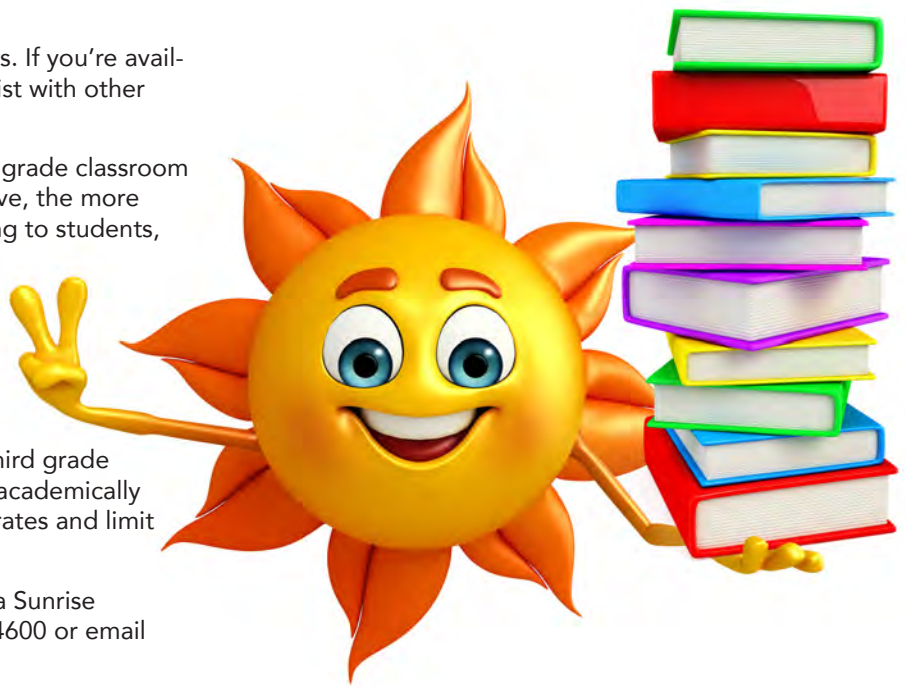
## VOLUNTEER READERS WANTED!

The City's **Sunrise Reads** program is seeking volunteers. If you're available during the school day to read to students and assist with other literacy activities, we'd love to hear from you!

Each Sunrise Reads volunteer is teamed with a second grade classroom at a Sunrise public school. (The more volunteers we have, the more schools and students can benefit!) In addition to reading to students, volunteers may participate in tutoring and can also assist with the City's Little Free Library program.

Research shows that kindergarten through third grade is a crucial period in a child's education. During these years, students develop reading skills that will become the cornerstone of their academic success. Students who do not reach reading benchmarks by the end of third grade have a more difficult time keeping up with peers both academically and socially—which can negatively impact graduation rates and limit employment and other opportunities.

Help Sunrise second graders to read and succeed: be a Sunrise Reads volunteer! For more information, call (954) 747-4600 or email [jflaig@sunrisefl.gov](mailto:jflaig@sunrisefl.gov).



### ADULT FITNESS

Sunrise Civic Center | 10610 West Oakland Park Boulevard | 954.747.4600 | [www.sunrisefl.gov](http://www.sunrisefl.gov)

## SUNRISE CIVIC CENTER

Classes are held at the Sunrise Civic Center. Registration begins two weeks prior to the start of a session. Daily class fees are non-refundable. Adult must be present to register a minor. \*The Athletic Club will have reduced hours on 11/11, 11/25, 12/24, 12/26, 12/31 & 1/2 (8:00 am - 3:00 pm). It will be closed on 11/24, 12/25 & 1/1.

### PICKLEBALL

Ages: 18+

Dates/Days/Times: Ongoing, M-SA; Call for time schedule\*

Fees: Resident Free with Membership; \$4 Non-Resident Daily; \$40 Annual Non-Resident Membership

Age	Class	Day/Time	Fee	Activity#
7+	90 minute private instruction	Any	\$90	270688A-Z
	60 minute private instruction	Any	\$60	270689A-Z
	Semi Private	Any	\$35	270690A-Z
	Group Clinic	Any	\$20	270691A-Z

Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. It's a lively racket game traditionally played on a badminton-sized court with special Pickleball paddles. The ball used is similar to a whiffle ball, but slightly smaller. The lower net and ball allow the game to be accessible to people of all abilities, while still allowing more competitive players to test their mettle. For more information on Pickleball Instruction with Coach Callo, please call (917) 676-8888.







**BOCCIA**

Age	Date	Day	Time	Fee	Activity#
18+	Ongoing	TU	1:00 pm - 3:00 pm	Free	470693A

The Broward County Parks and Recreation Division’s Special Populations Section is partnering with the City of Sunrise for a Bocchia Program. Bocchia is a highly competitive Paralympic throwing sport, in which individuals throw leather-like balls on a marked floor with the intent to have them land as close as possible to the target ball known as the Jack. Hand-eye coordination and fine motor skills improve with continued practice playing the sport.

**ADULT OPEN PLAY DODGE BALL**

Age	Date	Day	Time	Fee	Activity#
18+	Ongoing	F	6:30 pm - 8:30 pm	Free	N/A

Free for members. Non-members will pay the daily fee of \$5. Come out every Friday and enjoy a game of dodgeball! Use soft skin gator balls to eliminate all members of the opposing team.

**ADULT OPEN PLAY VOLLEYBALL**

**Ages:** 18+  
**Dates:** Ongoing  
**Days and Times:** Sunday, 3:00 pm - 6:00 pm  
**Fees:** FREE

\*Free to Athletic Club Members. For more information, please call (954) 747-4666.

**FAMILY TIME VOLLEYBALL**

**Ages:** 13+  
**Dates:** Ongoing  
**Days and Times:** Sunday, 12:00 pm - 3:00 pm  
**Fees:** FREE

\*Free to Athletic Club Members. For more information, please call (954) 747-4666.

**ADULT HIP HOP DANCE FITNESS**

Age	Date	Day	Time	Fee	Activity#
18+	10/10 – 12/19	Any	Any	\$15	270658D-Z
	10/10 – 10/31	M	7:15 pm - 8:15 pm	\$50	270658A
	11/7 – 11/28	M		\$50	270658B
	12/5 – 12/19	M		\$37.50	270658C

The name says it all! Dance yourself into shape with this one-hour body twisting, leg lifting, bun burning and ab firming fitness class. You will have all the cardio one can handle for a week. For more information contact the instructor Pablo Malco at (954) 282-1014.

**ADULT WALLYBALL**

Age	Date	Day	Time	Fee	Activity#
18+	Ongoing	F	6:00 pm - 8:30 pm	Free/resident \$5/guest \$75/annual guest membership	N/A

**FAMILY TIME WALLYBALL**

Age	Date	Day	Time	Fee	Activity#
12+	Ongoing	SA	2:00 pm - 4:30 pm	Free/resident \$5/guest \$75/annual guest membership	N/A

Wallyball is a fast-paced sport that is similar to volleyball. It’s played on a racquet-ball court, where it is legal to hit the ball off the walls.





**SALSA DANCING**

Age	Date	Day	Time	Fee	Activity#
18+	10/7 - 10/28	F	6:00 pm - 7:00 pm	\$65	270664A
	11/4 - 12/16			\$65	270664B

Enjoy the Rhythms of Afro-Cuban Drums and the coordination of Latin dance traditions. This beginner - intermediate one-on-one salsa dance class does not require that you bring a partner, and is a great safe social space for inquiring dancer. \*Dress comfortable, however sneakers are not encouraged for this class due to turns and pivots. We recommend heels for the ladies and Dress shoes or loafers for the gentlemen. For more information contact the instructor Pablo Malco at (954) 282-1014. \*No class on 11/11, 11/25 & 12/23.

**CARIBBEAN DANCE FITNESS**

Age	Date	Day	Time	Fee	Activity#
18+	10/1- 12/10	Any	Any	\$15	270667D-Z
	10/1-10/29	SA	10:00 am - 11:00 am	\$62.50	270667A
	11/5-12/10	SA		\$50	270667B

Caribbean Fitness is the aerobics of the modern-day fitness enthusiasts, combining aerobics, high energy dance, soothing rhythms, and the smooth sounds of the Caribbean all while shedding those pounds and staying fit. \*Dress comfortable: sneakers, NO OPEN TOED SHOES OR SANDALS. For more information contact the instructor Pablo Malco at (954) 282-1014. \*No class 11/26.



**30 MINUTE PERSONAL TRAINING SESSION**

Age	Date	Day	Time	Fee	Activity#
16+	1 Session	Any	Any	\$25	270685A-Z
	3 Sessions	Any	Any	\$69	270673A-G
	6 Sessions	Any	Any	\$138	270673H-N
	9 Sessions	Any	Any	\$207	270673O-U
	12 Sessions	Any	Any	\$276	270673V-Z

A (one-time) complimentary 15-minute assessment will be scheduled after the purchase of the 1st 30-minute session to evaluate body weight, strengths, weaknesses, injuries, and personal goals. \*Sessions only available for current Athletic Club members.\*



**60 MINUTE PERSONAL TRAINING SESSION**

Age	Date	Day	Time	Fee	Activity#
16+	1 Session	Any	Any	\$45	270686A-Z
	3 Sessions	Any	Any	\$129	270674A-G
	6 Sessions	Any	Any	\$258	270674H-N
	9 Sessions	Any	Any	\$387	270674O-U
	12 Sessions	Any	Any	\$516	270674V-Z

A (one-time) complimentary 15-minute assessment will be scheduled after the purchase of the 1st 60-minute session to evaluate body weight, strengths, weaknesses, injuries, and personal goals. \*Sessions only available for current Athletic Club members.\*

**15-MINUTE "LUNCH RUSH" SESSION**

Age	Date	Day	Time	Fee	Activity#
16+	1 Session	M-F	12:30 pm - 1:00 pm	\$15	270679A-Z
	1 Session		1:00 pm - 1:30 pm	\$15	270680A-Z
	Weekly Pass		12:30 pm - 1:00 pm	\$50	270681A-M
	Weekly Pass		1:00 pm - 1:30 pm	\$50	270681N-Z

\*Sessions only available for current Athletic Club members.\* Space is limited. Must register by 5:00 pm the day before.

**TONE UP & TRANSFORMATION TUESDAY**

Age	Date	Day	Time	Fee	Activity#
18+	Daily	TU or TH	5:45 pm - 6:45 pm	\$15	270683G-Z
	10/4-10/27	TU/TH	5:45 pm - 6:45 pm	\$90	270682A
	11/1-12/1*	TU/TH	5:45 pm - 6:45 pm	\$90	270682B
	12/6-12/29	TU/TH	5:45 pm - 6:45 pm	\$90	270682C
	10/4-10/25	TU	5:45 pm - 6:45 pm	\$45	270683A
	11/1-11/29	TU	5:45 pm - 6:45 pm	\$45	270683B
	12/6-12/27	TU	5:45 pm - 6:45 pm	\$45	270683C
	10/6-10/27	TH	5:45 pm - 6:45 pm	\$45	270683D
	11/3-12/1	TH	5:45 pm - 6:45 pm	\$45	270683E
	12/8-12/29	TH	5:45 pm - 6:45 pm	\$45	270683F

Full body workout by attending both classes or work on a specific area by choosing one of the classes to attend on a weekly basis. **Transformation Tuesday** - designed to be a FUN yet challenging, cardio toning class that offers a combination of low and high intensity exercises that prioritizes your lower body. **Tone Up (Thursdays)** - This class is designed to sculpture your body by shedding excess fat while building muscles. This class incorporates free weights, calisthenics, circuit training, cardio exercise, body weight exercises and finishes with core training then stretching for a complete workout. \*Missed classes are NON-REFUNDABLE\*No Class on 11/22 or 11/24\*



## VILLAGE MULTIPURPOSE CENTER

2240 NW 68th Avenue | (954) 578-3551  
 Monday – Friday 10:00 am - 9:00 pm  
 Saturday – Sunday 10:00 am - 6:00 pm  
 Reduced hours on 11/11, 11/25, 12/24, 12/26, 12/31 and 1/2 (10:00 am-3:00 pm).  
 Closed on 11/24, 12/25 & 1/1.

### VILLAGE MULTIPURPOSE CENTER MEMBERSHIPS:

Memberships are free for Sunrise residents.

**Individual Memberships** | Available to individuals 18+ with proof of Sunrise residency.

**Family Memberships** | Parent or guardian must be present with photo I.D. and proof of Sunrise Residency. Up to 5 members residing at the same address. A birth certificate must be presented for minor children.

Non-Members – Daily Visit fees: \$5/Adult or \$3/Child (17 & younger)  
 Non-Resident Annual Membership: \$75/Adult, \$50/Child (17 & younger)

### OPEN BASKETBALL

Age	Date	Day	Time	Fee	Activity#
13+	Ongoing	Varies	Varies	FREE*	N/A

Open basketball court ONLY, (no workout equipment) is FREE with membership. Non-members must pay daily visit fee. Please call for daily schedule, as open gym schedules vary.

### ADULT INDOOR WALKING

Age	Date	Day	Time	Fee	Activity#
18+	Ongoing	M-F	10:00 am - 12:00 pm	FREE	N/A

Tired of the “Florida” weather interfering with your walk? WIN against the rain and heat, come inside and move your feet! Our warm staff will motivate you and also provide you with various stretching exercises. A City of Sunrise waiver must be initially completed to participate in the program.

### BADMINTON

Age	Date	Day	Time	Fee	Activity#
13+	Ongoing	TU	7:00 pm - 9:00 pm	FREE	N/A
		SU	1:15 pm - 3:15 pm	FREE	N/A

A City of Sunrise waiver must be initially completed to participate in the program. For more information, please call (954)578-3551.

### NETBALL

Age	Day	Time	Fee	Activity#
18+	SU	3:30 pm - 5:30 pm	FREE	N/A
13 - 17	W	3:00 pm - 5:00 pm	FREE	N/A

Netball is a ball sport played by two teams of seven players. Games are played on a rectangular court with raised goal rings at each end. Each team attempts to score goals by passing a ball down the court and shooting it through its goal ring. Note – this is an indoor court.

### 40+ DOUBLE DUTCH

Age	Day	Time	Fee	Activity#
40+	Ongoing, TH	7:00 pm - 9:00 pm	FREE	N/A

Come out and get active with our classic 40+ Double Dutch program, designed to increase the quality of living for adults. A City of Sunrise waiver must be initially completed to participate in the program. For more information, please call 954-578-3551.



### PICKLEBALL

Age	Date	Day	Time	Fee	Activity#
13+	Ongoing	W	10:00 am - 1:45 pm	FREE	N/A

Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. It’s a lively racket game traditionally played on a badminton-sized court with special pickleball paddles. The ball used is similar to a whiffle ball, but slightly smaller. The lower net and ball allow the game to be accessible to people of all abilities, while still allowing more competitive players to test their mettle. Note – this is an indoor court.

### ADULT PICK-UP BASKETBALL

Age	Date	Day	Time	Fee	Activity#
18+	Ongoing	SU	10:00 am - 1:00 pm	FREE	N/A

Participants must be a member of the Village Multipurpose Center for admittance or be signed in as a guest of a member.

### YOUTH NIGHTS

Age	Date	Day	Time	Fee	Activity#
13-17	10/7, 10/21	F	5:15 pm - 7:15 pm	FREE	N/A
	11/4, 11/18				
	12/2, 12/16				

Kickoff your weekends with your “crew”! Youth Nights will take place on the 1st & 3rd Friday of each month. A variety of activities will be available ranging from 2K and Madden Tournaments, 3-point Shooting Contests, Obstacle Courses, Skills Challenges, Pick-up and Full Court Games, and much more.

### FIT KIDS / FIT TEENS

Age	Date	Day	Time	Fee	Activity#
6-12	7/5 - 9/29	TU/TH	3:30 pm - 4:15 pm	FREE	N/A
13-17	7/5 - 9/29	TH	4:15 pm - 5:00 pm	FREE	N/A

This program provides an exercise circuit designed for children. Program activities vary each session. The goal is to increase the child’s exercise level, self-esteem, social skills, motor skills, and maintain a healthy weight. A City of Sunrise waiver must be initially completed to participate.



## AQUATICS CLASSES

### Pool Locations, Hours & Fees

#### SUNRISE CIVIC CENTER AQUATICS COMPLEX

10610 West Oakland Park Blvd., (954) 747-4636

Lap Pool Hours: Open daily 10:00 am to 7:00 pm

HOLIDAY HOURS: Open 10:00 am to 3:00 pm on 11/11, 11/25, 12/26 and 1/2. Closed on 11/24, 12/25 & 1/1.

Family Pool Hours: 10:00 am to 7:00 pm

Waterslide Hours: Closed Monday – Thursday;  
Fridays: 2:30 pm - 7:00 pm, Weekends: 10:00 am – 7:00 pm  
*Fee entitles patrons to use the 50M pool and children's wading pool, and one session in the Family Pool. Call for height restrictions.*

Admission:  
Non-Resident - \$3/Child (17 and under); \$6/Adult

Annual Pool Memberships:  
Resident\* - \$75/Individual; \$175/Family  
Non-Resident - \$175/ Individual; \$250/Family  
*Admission and membership fees entitle patrons unlimited use of the 50M Pool, Family Pool, and Kiddie Pool. Call (954)747-4636 for membership details.*

Pool Party Reservation:  
Resident\* - \$75, Non-Resident - \$150  
*Includes up to a maximum of 30 people, one Family Pool session, and reservation of pool party deck. Call (954)747-4606 for details. \$50 deposit required.*

\*Proof of residency required upon payment.



### SWIM AMERICA Swim Lessons

**Swim America Group Swim Lessons - All sessions are held at one of the Civic Center Pools. Registration will only be accepted in-person at the Civic Center Aquatic Complex during normal hours of operation. \*\*Fees do not include use of pool outside of class time\*\* Please call (954) 747-4635 or visit [www.sunriseswimming.com](http://www.sunriseswimming.com) for info about next available session.**

#### PARENT & TOT

Age	Day	Time	Fee*
10 mo - 3 yrs	TBA	TBA	\$50/four 30-minute lessons

Class requires a parent in the water. Minimum four children to run the class. Classes are expected to run weekday mornings, weekday evenings, and also weekends. Make-up days will only be scheduled in the event the facility or instructor cancels the class. Call (954) 747-4635 or visit the website at [www.sunriseswimming.com](http://www.sunriseswimming.com) for more information about the next available session. \*Fee does not include use of pool outside of lesson time.

#### PRESCHOOL-SCHOOL AGE

Age	Day	Time	Fee*
3 - 12	TBA	TBA	\$50/four 30-minute lessons

Class size is limited to four students per instructor. Minimum three children needed to run the class. Make-ups will ONLY be scheduled in the event the facility or instructor cancels the class. Classes are expected to run weekday afternoons, weekday evenings and a weekend day. Call (954)747-4635 or visit the website at [www.sunriseswimming.com](http://www.sunriseswimming.com) for more information about the next available session. \*Fee does not include use of pool outside of lesson time.

#### ADULT GROUP SWIM LESSONS

Age	Day	Time	Fee*
15+	TBA	TBA	\$60/four 40-minute lessons

Adult group swim lessons are for beginning adults that want to learn to swim, as well as intermediate level for those who already have some swim experience. Classes are expected to run on weekday evenings and some Saturdays. Make-ups will ONLY be scheduled in the event the facility or instructor cancels class. Call (954)747-4635 or visit the website at [www.sunriseswimming.com](http://www.sunriseswimming.com) for more information about the next available session. \*Fee does not include use of pool outside of lesson time.

#### PRIVATE LESSONS

Age	Day	Time	Fee*
15 mo +	By appt.	By appt.	\$30/25-minute lesson

Private lessons are year-round. They include water safety & stroke lessons. Call (954)747-4635 or visit the website at [www.sunriseswimming.com](http://www.sunriseswimming.com) for more information and to make an appointment. \*Fee does not include use of pool outside of class time.





**GROUP SWIM LESSONS**

**PRESCHOOL 1**

Age	Day	Date	Time	Fee	Register by	Activity#
3 - 5	M-TH	10/3 – 10/13	10:30 am	\$42/\$50	9/30	251311A
	M-TH	10/3 – 10/13	11:05 am	\$42/\$50	9/30	251311B
	M-TH	10/3 – 10/13	5:30 pm	\$42/\$50	9/30	251311C
	M-TH	10/3 – 10/13	6:05 pm	\$42/\$50	9/30	251311D
	M-TH	10/17 – 10/27	10:30 am	\$42/\$50	10/10	251311E
	M-TH	10/17 – 10/27	11:05 am	\$42/\$50	10/10	251311F
	M-TH	10/17 – 10/27	5:30 pm	\$42/\$50	10/10	251311G
	M-TH	10/17 – 10/27	6:05 pm	\$42/\$50	10/10	251311H

**LEVEL 1**

Age	Day	Date	Time	Fee	Register by	Activity#
6 - 13	M-TH	10/3 – 10/13	5:30 pm	\$42/\$50	9/30	251331A
	M-TH	10/3 – 10/13	6:05 pm	\$42/\$50	9/30	251331B
	M-TH	10/17 – 10/27	5:30 pm	\$42/\$50	10/10	251331C
	M-TH	10/17 – 10/27	6:05 pm	\$42/\$50	10/10	251331D

The group lesson program consists of eight 30-minute classes. Classes are held at the Civic Center Family Pool. Registration will only be accepted in-person at the Civic Center during normal hours of operation. No mail or faxed in registrations will be accepted. The parent must bring a copy of their child's birth certificate, a current Sunrise utility bill to registration and a valid picture ID. \*Fee does not include use of pool outside of lesson time.

Preschool 1 is for beginning swimmers focusing on comfort and safety in the water. Level 1 is for the beginning swimmers focusing on basic water skills and safety.

**PRIVATE SWIM LESSONS**

Age	Day	Date	Time	Fee	Register by	Activity#
18 mo+	M-TH	10/3 – 10/6	10:30 am	\$45/\$55	9/30	251201A
	M-TH	10/3 – 10/6	11:05 am	\$45/\$55	9/30	251201B
	M-TH	10/3 – 10/6	5:30 pm	\$45/\$55	9/30	251201C
	M-TH	10/3 – 10/6	6:05 pm	\$45/\$55	9/30	251201D
	M-TH	10/10 – 10/13	10:30 am	\$45/\$55	10/6	251201E
	M-TH	10/10 – 10/13	11:05 am	\$45/\$55	10/6	251201F
	M-TH	10/10 – 10/13	5:30 pm	\$45/\$55	10/6	251201G
	M-TH	10/10 – 10/13	6:05 pm	\$45/\$55	10/6	251201H
	M-TH	10/17 – 10/20	10:30 am	\$45/\$55	10/13	251201I
	M-TH	10/17 – 10/20	11:05 am	\$45/\$55	10/13	251201J
	M-TH	10/17 – 10/20	5:30 pm	\$45/\$55	10/13	251201K
	M-TH	10/17 – 10/20	6:05 pm	\$45/\$55	10/13	251201L
	M-TH	10/24 – 10/27	10:30 am	\$45/\$55	10/20	251201M
	M-TH	10/24 – 10/27	11:05 am	\$45/\$55	10/20	251201N
	M-TH	10/24 – 10/27	5:30 pm	\$45/\$55	10/20	251201O
	M-TH	10/24 – 10/27	6:05 pm	\$45/\$55	10/20	251201P

Private lessons consist of four 30-minute classes. Classes are held at the Civic Center Family Pool. Registration will only be accepted in-person at the Civic Center during normal hours of operation. No mail or faxed in registrations will be accepted. Copy of birth certificate & parent/guardian's driver's license and utility bill for proof of Sunrise residency are required at registration. \*Fee does not include use of pool outside of lesson time.



**KIDS' DAYS OFF**

Spending your day off at the Civic Center Family Pool!

**October 5 & 21; November 8, 11, 21 – 23 & 25; and December 26– January 6**  
 Civic Center Family Pool water slide will open at 10:00 am

**"SUNRISE SWIMMING" Swim Team**

This is a year-round competitive USA Swimming program. All participants must tryout with the swim coach prior to registering for the swim team. For more information call (954) 747-4635 or visit [www.sunrisewimming.com](http://www.sunrisewimming.com). All sessions are held at the Sunrise Civic Center Pool. \*Registration fee does not include use of pool outside of class time.\*

**STROKES AND FUN**

Age	Day	Time	Fee*
6 - 15	M-TH	4:45 pm - 5:45 pm	2 practices/week, \$60/mo
			3 practices/week, \$65/mo
			4 practices/week, \$75/mo

Intro to competitive swimming. \*Fee does not include \$90/year registration fee or use of pool outside of class time.

**COMPETITIVE GROUPS**

Age	Day	Time	Fee*
Bronze	M-F	5:45 pm – 7:00 pm	\$80/month
Silver	M-F	5:30 pm – 7:00 pm	\$85/month
Gold	M-F	4:45 pm - 6:45 pm	\$95/month
Champions/SR	M-F	4:00 pm – 6:00 pm	\$105/month

Group open to all ages. Coach will make group determination. Saturday practices TBA for all competitive groups. \*Fee does not include \$90/year registration fee or use of the pool outside of class time.



## ON EXHIBIT AT THE SUNRISE CIVIC CENTER ART GALLERY

Free Admission! Open during Sunrise Civic Center Theatre Box Office hours: Tuesday and Friday, 10:00 am to 5:00 pm; Wednesday and Thursday, 12:00 pm to 7:00 pm; and Saturday, 10:00 am to 3:00 pm.  
Meet the artists and enjoy light refreshments at our opening receptions. For more information, call (954) 747-4646.

### "NOSTALGIC JAMAICA" WORKS BY CHRIS BUTLER

Exhibition Dates:

Saturday, November 12, 2022 – Wednesday, January 4, 2023

Reception:

Saturday, November 12, 2022 at 6:00 PM

Christopher Butler was born in Kingston, Jamaica, and later migrated to Toronto, Canada. He has studied art since early childhood, and attended both the Central Technical Fine Arts Institute of Toronto and the George Brown College of Graphic Design in order to advance his technique.

Chris is known for his insightful portraits painted in oils, pastels and water color. While he enjoys creating photorealistic paintings, his versatility has enabled him to crossover to mainstream interior decoration. Over the past 20 years, he has expanded his client list in New York, Toronto and Jamaica. His body of work includes vivid residential and public murals, contemporary abstract paintings and decorative faux finishes.

Chris explains: "Art has been my lifelong passion; however, it has never been just about creating a painting – it's about reflecting beauty on a piece of canvas. One of the greatest satisfactions for me is knowing my work is appreciated."



## COMING SOON TO THE SUNRISE CIVIC CENTER THEATRE

## Civic Center Theatre Box Office

Hours of Operation:

Tuesday and Friday, 10:00 am to 5:00 pm,

Wednesday and Thursday, 12:00 pm to 7:00 pm,

Saturday, 10:00 am to 3:00 pm and one hour before showtimes

## Purchase Tickets

By Phone | (954) 747-4646

In Person | 10610 West Oakland Park Blvd.

Online | <https://www.sunrisefl.gov/tickets.html>

- Please communicate any special seating requests or mobility limitations at time of purchase
- Coupons for applicable shows must be presented in person at the time of purchase
- Parking is always FREE



## A TRIBUTE TO MARC ANTHONY

Saturday, October 1 at 7:00 PM

Reserved seating: \$20 per person;

Open bar available

This amazing tribute to Marc Anthony is performed by Gio Beta—a Colombian singer from the well-known Betancourt family of musicians. He's shared the stage with some of the top salsa artists, including Oscar de León, Ismael Miranda, José Alberto el Canario, Tito Nieves, Gilberto Santa Rosa, and Jerry Rivera.

## NOT-SO-SPOOKY FAMILY DANCE

Friday, October 14

7:00 p.m. to 9:00 p.m.

Cost: \$5 per participant

Sunrise Civic Center – Grand Ballroom, 10610 W Oakland Park Boulevard  
Kids age 5-12 and their parents/guardians are invited for an evening of family fun inspired by the Hocus Pocus films! Enjoy dinner, dancing and activities. Pre-registration by October 7 is required! Call (954) 747-4600 to sign up.



## FRECKLEFACE STRAWBERRY THE MUSICAL

Saturday, October 15 at 2:00 PM & 7:00 PM

Sunday, October 16 at 2:00 PM

Reserved Seating: \$20

Freckleface Strawberry The Musical, based on the best-selling children's book by actress Julianne Moore, is fun for the whole family. Freckleface Strawberry will do anything to get rid of her freckles—from scrubbing them with soap to caking on makeup, and even wearing a ski mask to school! Will her friends realize that it's her under the mask? Will Freckleface be brave enough to finally face her complexion in the mirror? With the help of her schoolmates, Freckleface learns that everyone is different—and that's what makes everyone special.





### FUSHU DAIKO

Saturday, October 22 at 4:00 PM & 7:00 PM

Reserved Seating: \$18

Originally from Japan, taiko drumming has become popular worldwide—wowing audiences with visually-arresting performances featuring dynamically choreographed movements and powerful, percussive rhythms. Thrill to the sights and sounds of Fushu Daiko—South Florida’s own taiko drumming ensemble.

### BEETLEJUICE: INTERACTIVE MOVIE EXPERIENCE TRIVIA, COSTUME CONTEST AND FILM

Saturday, October 29, at 6:00 pm

Reserved seating: \$7 per person

Wear your zaniest Beetlejuice costume and join us for this fun-filled interactive experience, including trivia (6:00 pm) and a secret-judge costume contest (6:45 pm), followed by a 7:00 pm screening of the '80s dark comedy hit. Barbara and Adam Maitland die in a car accident and are stuck haunting their former home. When two brash out-of-towners buy the house, the Maitlands befriend the couple's teen daughter and attempt to scare her family away without success. They enlist the services of Beetlejuice, a rowdy "bio-exorcist" with his own best interests at heart.



### SOMETHING ROTTEN

Saturday, November 12 at 7:00 pm

Sunday, November 13 at

2:00 pm & 7:00 pm

Reserved Seating: \$20

Renaissance brothers Nick and Nigel Bottom are desperate to pen a play on a par with Shakespeare's hits.

When a local soothsayer foretells that the future of theatre involves singing, dancing and acting—all at the same time—Nick and Nigel set out to write the world's very first musical. Amidst the scandalous excitement of opening night, the Bottom Brothers realize that reaching the top means being true to thine own self, and all that jazz. Don't miss this Broadway sensation, hailed as "the funniest musical comedy in at least 400 years!"



### WORD UP! POETRY SLAM

Wednesday, November 16, at 7:00 p.m.

Reserved seating: FREE! Register in advance to claim your spot

Don't miss the City's annual poetry slam, featuring spoken-word artists from high schools across Broward County. Teens will compete for bragging rights, along with cash prizes provided by our program sponsors—the Jason Taylor Foundation and the Omari Hardwick blupple Poetry Network. This enlightening evening is emceed by Darius Daughtry—author, educator and Art Prevails Project founder. Poets: sign up by October 4 to audition for Word Up! See the back cover of this issue of Horizons for details.

### HARRY POTTER AND THE GOBLET OF FIRE: INTERACTIVE MOVIE EXPERIENCE - POTIONS CLASS, TRIVIA, COSTUME CONTEST AND FILM

Saturday, November 19, at 5:00 pm

Reserved seating: \$7 per person

Wear your best Potterverse costume and join us for a fun and interactive movie night featuring Potions-making Class\* (5:00 pm or 5:30 pm), trivia hosted by Omega from the Fanatically Correct podcast (6:00 pm) and a secret-judge costume contest (6:45 pm), followed by a 7:00 pm screening of the fourth film in the wizarding franchise! In Harry Potter and the Goblet of Fire, Harry is mysteriously selected to compete in the Triwizard Tournament, a thrilling and prestigious competition that pits him against students from Hogwarts' rival wizarding schools. Complicating matters, Voldemort signals his return to power—and Harry has to find a date for the Yule Ball.



\*Register for a Potions-making Class, free with the purchase of your movie ticket. Limited space available! Use Activity Code 000975A for 5:00 pm session or Activity Code 000975B for 5:30 pm session.

### ELLA FITZGERALD & SAMMY DAVIS JR – CHRISTMAS TRIBUTE

Saturday, December 3 at 7:00PM

Reserved Seating: \$20

Join us for two unbelievable tributes—all wrapped up in a bow! This holiday concert stars Dezhon Fields as Sammy Davis Jr. and Lenora Jaye as Ella Fitzgerald. Enjoy an amazing array of hits, including Mr. Bojangles, I've Gotta Be Me, Cheek to Cheek, Blue Skies, and It Don't Mean a Thing and more. You'll be on your feet, dancing and singing along!



### ELF THE MUSICAL JR.

Saturday, December 10 at 2:00PM & 7:00PM

Sunday, December 11 at 2:00PM

Reserved Seating: \$20

This fun family musical is based on the modern-day classic holiday film! Young orphan Buddy mistakenly crawls into Santa's bag and is transported to the North Pole, where he's raised as an elf. Years later—when his human stature and poor toy-making abilities finally give him away—Buddy embarks on a journey to New York City to find his birth father and discover his true identity. Buddy is determined to win over his new family and help New York remember the true meaning of Christmas.

### THE NUTCRACKER BALLET

Saturday, December 17 at 7:00 p.m.

Sunday, December 18 at 4:00 p.m.

Monday, December 19 at 7:00 p.m.

Tickets: \$30

This holiday favorite, performed by the Fort Lauderdale Youth Ballet, features spectacular dancing, beautiful costumes, and the timeless music of Tchaikovsky. Bring your whole family to enjoy the story of young Clara, her Nutcracker Prince, and their enchanted travels.



**Senior Center Hours of Operation:**

Monday - Thursday, 8:30 am to 9:00 pm;  
 Friday, 8:30 am to 4:30 pm;  
 Saturday, 9:00 am to 1:00 pm

**Annual Membership Fees:**

Sunrise Residents \$15/year; Non-Residents \$25/year

The Sunrise Senior Center offers services for people 55+ years young, including: recreational classes, trips, transportation, health and safety programs, special events and more. For more information contact us at (954) 746-3670.

**SPECIAL EVENTS**

**OKTOBERFEST SOCIAL**

Date	Time	Register	Fee	Activity#
TH, 10/6	1:00 pm - 3:00 pm	Now	\$8/\$10	280822A

Join us for our first social of the season. Throw on your suspenders, lederhosen and dirndl dresses to celebrate our very own Sunrise Senior Center Oktoberfest. Just like in Germany, there will be festive food, traditional music and dancing. This is a party you won't want to miss!

**A SALUTE TO OUR VETERANS SOCIAL**

Date	Time	Register	Fee	Activity#
W, 11/9	12:30 pm - 3:00 pm	10/7	\$8/\$10	280822B

Join the Sunrise Senior Center for an afternoon of entertainment and recognition as we celebrate our Veterans. Our annual patriotic luncheon will be filled with live music, dancing, a tasty lunch, tons of fun and surprises, as we pay tribute to the men and women who faithfully served our country.

**LIGHT UP THE HOLIDAYS LUNCHEON**

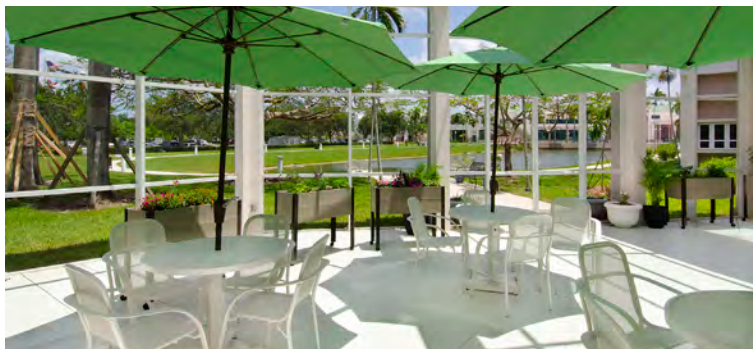
Date	Time	Register	Fee	Activity#
M, 12/12	1:00 pm - 3:00 pm	11/4	\$8/\$10	280822C

Celebrate the holidays with your friends at a festive holiday themed show with dancing. As a special twist, if you would like to participate in a mystery gift exchange, please bring a pre-wrapped gift valued at \$10. If you bring a gift, you will leave with a different gift. You must bring a gift to participate in the gift exchange portion of the program. This is really one event you do not want to miss!

**WHITE HOT DINNER/DANCE PARTY**

Date	Time	Register	Fee	Activity#
TH, 1/12	6:00 pm - 9:00 pm	12/2	\$22/\$24	380832A

Are you ready to party? Join us for our White Hot Dinner Party. Come dressed in your best "all white" attire as we dance the night away. Come experience the latest event craze and party with your Senior Center Staff. Enjoy a delicious catered dinner, great music, and dancing. These tickets won't last long.



**TRIP & TICKET POLICIES**

- No tickets will be sold before the published sale date. Sales commence at 8:30 am. Current Senior Center I.D. cards must be presented for any transaction.
- Members MUST be present to purchase tickets. You may, however, buy a ticket for a member who resides in the same household as you, provided you present their I.D. card. Both tickets will be charged the member rate.
- You may purchase one additional ticket (at the higher guest price) for each member ticket purchased (provided the member is present).
- Any person purchasing tickets will only be allowed to purchase a maximum of two tickets per person per event regardless of member/guest status.
- When purchasing tickets, please indicate the full name, birth date and phone number of your guest.
- Non-members may purchase tickets, based on availability, at a later date. Check with the front desk for open sale dates.
- If you purchase a ticket and later sell or give it to someone, you must contact a Senior Center staff member to make a name change on our roster.
- If you require wheelchair accommodations for a trip, you must inform us at sign up time. (Be sure this is noted on your registration form)
- When you are called about a food choice for a trip, you must return the call within 2-3 days; otherwise a choice will be made for you. No changes can be made 7 days prior to the trip or at the restaurants.
- Trips departing before 3:30 p.m. leave from the Civic Center East (Pool) parking lot. Please do not park in restricted areas.
- A group leader is available on most trips. In their absence, the bus driver will act as group leader. The group leader checks all participants in and assists in providing you with the best possible experience.
- Please occupy the same bus seat on the way to and from an event.
- Refund Policy: The City reserves the right to retain fees to cover expenses non-refundable to the City.
- If a minimum number of people are not reached, the program may be cancelled.
- A \$5.00 Transportation fee is added to all trip prices.



UPCOMING TRIPS

**OCTOBER TICKET SALES** *Members 10/7; Non-Members 10/14*

Description	Date	Time	Member/Guest Fee	Activity#
Gulfstream Park Casino	TH, 11/3	9:00 am - 3:00 pm	\$5/\$7	280826B

Get ready for a fun day at Gulfstream Park Casino, with new state-of-the-art slots, electronic table games, Thoroughbred horse racing and dining. Try your luck, you never know what can happen. Lunch on your own.

Description	Date	Time	Member/Guest Fee	Activity#
The Shops at Pembroke Gardens	TU, 11/8	9:00 am - 3:30 pm	\$5/\$7	280846B

The Shops at Pembroke Gardens is a lifestyle center that offers a unique shopping and dining experience in an open-air setting. Enjoy the beautiful South Florida weather as you walk to your next shopping destination or dine at any of the many restaurant's outdoor patios. Lunch on your own.

Description	Date	Time	Member/Guest Fee	Activity#
Miami Dolphins Vs Houston Texans	SU, 11/27	9:00 am - 2:30 pm	\$55/\$57	280837A

It's time for some football! Don't miss this opportunity to support the new look Miami Dolphins in person as they take on the Houston Texans. Tickets are limited and will go fast, so make sure to get yours early! Section 308, Row 22, Seats 1-22.

Description	Date	Time	Member/Guest Fee	Activity#
Christmas on Las Olas	TU, 11/29	9:30 am - 1:30 pm	\$5/\$7	280842A

This is the MOST Wonderful Time of the Year, and Las Olas Boulevard will transform into an urban winter wonderland and celebrate its 60th year creating holiday magic in downtown Fort Lauderdale! This timeless tradition is a wonderful kick-off to the holiday season. Local choirs from schools and churches fill the air with the sounds of the holidays from 3 stages while crowds fill their bellies with sips and sweets! Food can be purchased on your own.



**NOVEMBER TICKET SALES** *Members: 11/4; Non-Members: 11/18*

Description	Date	Time	Member/Guest Fee	Activity#
Yellow Green Farmers Market	SA, 12/3	9:00 am - 2:00 pm	\$5/\$7	280846C

The Farmers Market is dynamic outdoor venue that connects local producers and artisans with the community. In addition to food and artisanal crafts, the culture of the market includes live music and other market happenings such as yoga, art and dance classes that are an integral part of the Yellow Green community.

Description	Date	Time	Member/Guest Fee	Activity#
Dania Casino	TU, 12/6	9:00 am - 3:00 pm	\$5/\$7	280826C

Get ready for a great day at the casino. Try your luck at the over 750 slot machines, as well as the electronic table games including Blackjack, Roulette, Baccarat and Craps. Lunch on your own.

Description	Date	Time	Member/Guest Fee	Activity#
Palm Beach Outlet Mall	TH, 12/15	9:30 am - 3:30 pm	\$5/\$7	280846C

Get ready to shop! Join us as we take a trip to West Palm Beach to visit the Palm Beach Outlets. Located in the heart of Palm Beach County it features over 100 outlet stores including some of the best names in fashion. While enjoying your shopping, don't forget to eat. Visit one or the many restaurants for lunch on your own.

Description	Date	Time	Member/Guest Fee	Activity#
Jungle Queen Dinner Cruise	TU, 12/20	3:45 pm - 11:00 pm	\$60/\$62	280842B

Set sail on this fully narrated cruise down Fort Lauderdale's New River, through Millionaire's Row with homes and yachts of the rich and famous. Next stop will be the tropical isles, where you will be treated to an "All You Can Eat" barbeque dinner with all the fixings. Enjoy live entertainment during dinner and a gut splitting variety show after dinner.

**DECEMBER TICKET SALES** *Members 12/2; Non-Members 12/9*

Description	Date	Time	Member/Guest Fee	Activity#
Coconut Creek Casino	TH, 1/5	9:00 am - 3:00 pm	\$5/\$7	280826A

Get ready for a great day at the casino. Try your luck at the tables, slots, and more.

Description	Date	Time	Member/Guest Fee	Activity#
Broward Mall	TU, 1/10	10:15 am - 3:30 pm	\$5/\$7	380846A

It's time to shop! This premier shopping mall in Plantation is home to Dillard's, Macy's, JC Penney, Regal Broward Stadium 12, Buffalo Wild Wings, The Whole Enchilada, and more. There are over 100 specialty shops. Enjoy lunch on your own.

Description	Date	Time	Member/Guest Fee	Activity#
Tina: The Tina Turner Musical at Broward Center	TH, 1/19	6:30 pm - 11:00 pm	\$65/67	380839A

"Her voice is undeniable, her fire is unstoppable, and her triumph is unlike any other." An uplifting comeback story like no other, this is the inspiring journey of a woman who broke barriers and became the queen of rock n' roll! This is a must see!

Description	Date	Time	Member/Guest Fee	Activity#
Heat vs. Magic	F, 1/27	4:30 pm - 10:30 pm	\$65/\$67	380837A

They're back! The Miami Heat are back in action! Get your tickets now and support our hometown team as they take on their in-state rivals, the Orlando Magic. These tickets will sell out fast, so don't wait!

Classes	Date	Time	Register	Activity #
Let's Talk Discussion Group	Ongoing, W	1:00 pm - 2:00 pm	walk-in	N/A
Classic Movies	Ongoing, M	11:00 am Start	walk-in	N/A
New Release Movies	Ongoing, TU	11:30 am Start	walk-in	N/A
Senior Bowling League	W, 9/7 - 5/17	12:00 pm - 2:30 pm	Call	180854A
Book Club	4th Friday	12:00 pm - 1:00 pm	month prior	N/A

Special Interest Classes are offered FREE of charge. **Senior Bowling:** League plays at Strikers Lanes. Lane fees are paid to Strikers the day of play. All players must be registered members of the Sunrise Senior Center and must sign up for the league prior to play. Call (954) 749-1400 for information and available space. **Book Club:** For current book titles check the Senior Center calendar. Must sign up at the front desk.

Dance Classes	Date	Time	Register	Fee	Activity#
Ballroom Dance	Oct, W	11:00 am - 12:00 pm	Now	\$12/\$14	280864A
	Nov, W		10/7	\$15/\$17	280864B
	Dec, W		11/4	\$12/\$14	280864C
Ballroom Dance	Oct, W	6:00 pm - 7:00 pm	Now	\$12/\$14	280865A
	Nov, W		10/7	\$15/\$17	280865B
	Dec, W		11/4	\$12/\$14	280865C
Monday Mixer	M, Weekly	1:30 pm - 3:30 pm	walk-in	Free	N/A
Scottish Dancing	TU, Weekly	7:00 pm - 9:00 pm	walk-in	Free	N/A
Line Dancing	TU, Weekly	10:00 am - 11:15 am	walk-in	Free	N/A
	TH, Weekly	10:00 am - 11:30 am	walk-in	Free	N/A

**Ballroom Dance** taught by Lidia Dumenigo, a NDTA Certified Ballroom Teacher and graduate from the Conservatory of the Performing Arts in Madrid, Spain. Learn the fundamentals of dances such as the Rumba, Salsa & Cha Cha. For more info, call (954) 439-5899. **Monday Dance Mixer:** Live entertainment and refreshments provided weekly. Senior Center membership card must be shown for admission to the dance. **Scottish Dancing:** September - July. Learn the traditional dances of Scotland. No experience or partner required. **Beginner Line Dancing** offers instruction.

Games	Date	Time	Register	Fee	Activity#
Open Gameroom	M-F	8:30 am - 4:30 pm	walk-in	Free	N/A
	TU	5:30 pm - 9:00 pm	walk-in	Free	N/A
	W	5:00 pm - 9:00 pm	walk-in	Free	N/A
Open Game Play	Ongoing, M	9:30 am - 12:00 pm	walk-in	Free	N/A
	Ongoing, W	12:30 pm - 3:30 pm	walk-in	Free	N/A
Mah Jongg Class	Ongoing, TU	9:00 am - 12:00 pm	walk-in	Free	N/A
	Ongoing, W	6:00 pm - 8:00 pm	walk-in	Free	N/A
Open Play Darts	Weekly, TU	6:00 pm - 8:00 pm	walk-in	Free	N/A
Chess Club	Weekly, F	10:00 am - 12:00 pm	walk-in	Free	N/A
Bingo	Ongoing, F	1:00 pm - 2:30 pm	walk-in	Free	N/A

**Open Gameroom:** Pool tables and darts. **Chess Club:** Learn, develop, or practice your game of chess. Lessons and matches are available. **Bingo:** Participants must be current Senior Center members and membership card must be shown to play.

Cooking Classes	Date	Time	Register	Fee	Activity#
Senior Cooking Club	F, 10/21	10:00 am - 12:30 pm	Now	\$6/\$8	280816A
	F, 11/18	10:00 am - 12:30 pm	10/7	\$6/\$8	280816B
	F, 12/16	10:00 am - 12:30 pm	11/4	\$6/\$8	280816C

If you have a love for food, join us for this exciting class where you will be able to learn how to cook some unique dishes in a fun environment. Cooking tips, plating and presentation will all be discussed. Each month will focus on a different menu that we will get to enjoy at the end of class.

Fiber/Beading	Date	Time	Register	Fee	Activity#
Beading Project	M, 10/3-10/31	10:30 am - 12:00 pm	Now	Free	280814A
	M, 11/7-11/28		10/7	Free	280814B
	M, 12/5-12/19		11/4	Free	280814C
Open Beading	M, Ongoing	12:30 pm - 2:30 pm	Walk-in	Free	N/A
Open Stitchery	TH, Ongoing	6:30 pm - 8:00 pm	Now	Free	N/A
Quilting Corner	M, Ongoing	10:00 am - 2:00 pm	Now	Free	280828A
Quilting Corner	M, Ongoing	2:30 pm - 5:30 pm	Now	Free	280829A
Sewing Creations	TU, Ongoing	1:00 pm - 3:00 pm	Walk-in	Free	N/A
Knitting & Crochet	TU, Ongoing	10:00 am - 12:00 pm	Now	Free	280828A

Senior Center membership required. **Beading Classes:** Join us for a Beginners Beading Class led by Lazira Amar. Each month learn a new project. A list of materials will be available at the front desk. You must bring your supplies to the class. Senior Center membership required. **Quilting:** Unlock your creativity as our volunteer instructor teaches you various quilting techniques. Supply list at Front Desk. Registration for Wednesday evening sessions are for the 2nd and 4th Wednesday of each month. No class 12/26.

Art Classes	Date	Time	Register	Fee	Activity#
Coloring the Classics	S, Ongoing	9:00 am - 10:00 am	Now	Free	N/A
Photography Workshop	S, 10/15 - 11/12	10:00 am - 12:00 pm	Now	\$30/\$32	280833A
Wig Making	S, 10/15 - 11/12	10:45 am - 12:45 pm	Now	Free	280835A
Card/Paper Crafting Class	W, Ongoing	10:00 am - 12:00 pm	Now	Free	280806A
Creative Computer Skills	TU & TH, 10/4-11/1	11:00 am - 12:00 pm	Now	Free	180803A

**Coloring:** adult coloring pages and markers provided for a creative way to relax and unwind while you hang with friends. **Photography Workshop:** Join us for hands-on instruction from award winning photographer and educator Jeremiah Jenner. **Wig Making:** Learn proper wig making techniques. Each session focuses on a specific style and walks you through the steps to design and create your wig. Led by volunteer instructor June Suepaul. **Card/Paper Crafting Class:** Learn the fundamentals of cutting, using ink, rubber stamps and paper to create your own cards. Stop by the front desk for a list of supplies. **Creative Computer Skills:** This class will help you increase your level of creativity and fun with a computer.

Language Classes	Date	Time	Register	Fee	Activity#
Adv/Int ESOL	10/3 - 11/7	6:00 pm - 7:30 pm	Now	\$5/\$10	280821A
	11/28 - 1/9	6:00 pm - 7:30 pm	Now	\$5/\$10	280821B
Beg ESOL	10/5 - 11/9	2:00 pm - 3:00 pm	Now	\$5/\$10	280817A
	11/30 - 1/4	2:00 pm - 3:00 pm	Now	\$5/\$10	280817B
Conversational English Workshop	10/4, 10/6, 10/8	5:30 pm - 7:30 pm; 10:30 am - 12:30 pm	9/9	\$5/\$10	280868A
	11/1, 11/3, 11/5	5:30 pm - 7:30 pm; 10:30 am - 12:30 pm	9/9	\$5/\$10	280868B



## SENIOR FITNESS CLASSES

### Tai Chi / Tai Chi for Balance\*

Date	Time	Register	Fee	Activity#
Oct, TU	8:45 am - 9:45 am	N/A	Free	N/A
*Oct, TU	10:00 am - 11:00 am	N/A	Free	N/A
Oct, TH	4:30 pm - 5:30 pm	N/A	Free	N/A
*Oct, TH	5:45 pm - 6:45 pm	N/A	Free	N/A
Nov, TU	8:45 am - 9:45 am	N/A	Free	N/A
*Nov, TU	10:00 am - 11:00 am	N/A	Free	N/A
Nov, TH	4:30 pm - 5:30 pm	N/A	Free	N/A
*Nov, TH	5:45 pm - 6:45 pm	N/A	Free	N/A
Dec, TU	8:45 am - 9:45 am	N/A	Free	N/A
*Dec, TU	10:00 am - 11:00 am	N/A	Free	N/A
Dec, TH	4:30 pm - 5:30 pm	N/A	Free	N/A
*Dec, TH	5:45 pm - 6:45 pm	N/A	Free	N/A

Senior Center membership is required. (Maximum 24 students per class). Tai Chi is a great way to improve your balance and help prevent falls. We now have a live instructor from Baptist Health for one day of each session. Classes will begin at 8:45 am on Tuesday and Thursdays. An additional waiver is required for this class.

### Zumba Gold / Zumba Gold Toning\*

Date	Time	Register	Fee	Activity#
Oct, W	4:30 pm - 5:30 pm	N/A	Free	N/A
Oct, TH	8:45 am - 9:45 am	N/A	Free	N/A
*Oct, TH	10:00 am - 11:00 am	N/A	Free	N/A
Nov, W	5:45 pm - 6:45 pm	N/A	Free	N/A
Nov, TH	8:45 am - 9:45 am	N/A	Free	N/A
*Nov, TH	10:00 am - 11:00 am	N/A	Free	N/A
Dec, W	4:30 pm - 5:30 pm	N/A	Free	N/A
Dec, TH	8:45 am - 9:45 am	N/A	Free	N/A
*Dec, TH	10:00 am - 11:00 am	N/A	Free	N/A

Senior Center membership is required. (Maximum 24 students per class) A certified instructor will be teaching the class which is sponsored by Baptist Health of South Florida. An additional waiver is required to participate in this program.

### Total Body Fitness with Alli

Date	Time	Register	Fee	Activity#
Oct, M	9:45 am - 10:45 am	Now	\$15/\$17	280870A
Oct, W	2:15 pm - 3:15 pm	Now	\$12/\$14	280870B
Nov, M	9:45 am - 10:45 am	10/7	\$12/\$14	280870C
Nov, W	2:15 pm - 3:15 pm	10/7	\$15/\$17	280870D
Dec, M	9:45 am - 10:45 am	11/4	\$9/\$11	280870E
Dec, W	2:15 pm - 3:15 pm	11/4	\$12/\$14	280870F

Experience a blend of heart health, strength training, cardio and balance exercises in this totally invigorating and energizing new program. With upbeat and energy inducing music, you will have no choice but to stay fit and have fun as you do! Chair modifications available. Senior Center membership is required. (Max. 24 students per class). No class on 12/26.

### Tone Your Abs And Glutes

Date	Time	Register	Fee	Activity#
Oct, M	6:30 pm - 7:30 pm	Now	\$15/\$17	280856A
Nov, M	6:30 pm - 7:30 pm	10/7	\$12/\$14	280856B
Dec, M	6:30 pm - 7:30 pm	11/4	\$9/\$11	280856C

Classes taught by instructor Rose Michaelson. Tone Your Abs and Glutes incorporates aerobics, yoga and strength training to help you to stay fit in a fun environment. Instructor sponsored by Humana.

### Step Up to Fitness With Rosie

Date	Time	Register	Fee	Activity#
Oct, M	5:15 pm - 6:15 pm	Now	\$15/\$17	280852A
Oct, SA	10:15 am - 11:15 am	Now	\$15/\$17	280952B
Nov, M	5:15 pm - 6:15 pm	10/7	\$12/\$14	280952C
Nov, SA	10:15 am - 11:15 am	10/7	\$15/\$17	280952D
Dec, M	5:15 pm - 6:15 pm	11/4	\$9/\$11	280852E
Dec, SA	10:15 am - 11:15 am	11/4	\$12/\$14	280852F

Classes taught by instructor Rose Michaelson. Step Up to Fitness incorporates step aerobics, dynamic stretches and strength training to help you to stay fit in a fun environment. Instructor sponsored by Humana. No class on 12/26.

### Aqua Fitness

Date	Time	Register	Fee	Activity#
Oct - Dec TU/TH	9:00 am - 9:45 am	Now	Free	280891A

Senior Center membership required. This class delivers a fun and energetic workout in the pool that combines cardio with strength building and increased flexibility.



### Chair Yoga

Date	Time	Register	Fee	Activity#
Oct, TH	1:00 pm - 2:00 pm	Now	\$12/14	280861A
Nov, TH	1:00 pm - 2:00 pm	10/7	\$9/\$11	280861B
Dec, TH	1:00 pm - 2:00 pm	11/4	\$15/\$17	280861C

### Floor Yoga

Date	Time	Register	Fee	Activity#
Oct, SA	9:00 am - 10:00 am	Now	\$15/\$17	280862A
Nov, SA	9:00 am - 10:00 am	10/7	\$12/14	280862B
Dec, SA	9:00 am - 10:00 am	11/4	\$9/\$11	280862C

Participate in chair yoga and floor yoga classes led by instructor Abigail Martinez. Maximum 20 students per class.



**MAYORS' CHESS CHALLENGE**

Join families and elected officials from across South Florida for a series of fun, friendly and FREE meetups in support of chess in our communities. New to the game? Instructors are on hand to help! Participants will receive a Mayors' Chess Challenge Passport that can be stamped at each event they attend during the 2022-2023 school year. Visit [www.sunrisefl.gov/chess](http://www.sunrisefl.gov/chess) for details and a complete schedule.

**HOCUS POCUS FAMILY DANCE**

**Date:** Friday, October 14  
**Time:** 7:00 pm to 8:30 pm  
**Tickets:** \$5 per person  
**Location:** Sunrise Civic Center – Grand Ballroom, 10610 W Oakland Park Boulevard  
 Kids all ages and their parents/guardians are invited for an evening of family fun inspired by the Hocus Pocus films! Enjoy dinner, dancing and activities. Tickets are limited and must be purchased by October 7. Buy yours at the Sunrise Civic Center Box Office (954-747-4646) or [www.sunrisefl.gov/tickets](http://www.sunrisefl.gov/tickets).



**FALL HARVEST FESTIVAL**

**Date & Time:** Saturday, October 15, 1:00 pm to 4:00 pm  
**Location:** Welleby Park, 11100 NW 44th Street  
**Admission:** \$5 per participant age 12 and under

This all-ages event features a petting zoo, games, rides and more! Bring your appetite and your holiday shopping ideas for our food and retail vendors. The City of Sunrise Fall Harvest Festival is sponsored by Memorial Healthcare System.



**TUNES 'N TRUCKS CONCERT SERIES**

Our FREE outdoor concert series returns to the Sunrise Civic Center Amphitheater and City Park! Enjoy a fantastic lineup of tribute and cover bands, as well as tasty food truck treats. Bring your lawn chair or blanket. The trucks start serving at 6:00 pm, and the music begins at 7:00 pm. Tunes 'n Trucks is sponsored by Memorial Healthcare System.

Join us on these Friday nights:



- October 21st – Hispanic Heritage Month**  
 La Muñeca de la Salsa  
 Sunrise Civic Center Amphitheater (10610 W Oakland Park Blvd)
- November 18th**  
 Greatest Decades of Rock  
 Sunrise Civic Center Amphitheater
- January 20th**  
 The Motowners  
 Sunrise Civic Center Amphitheater
- February 10th**  
 Alexander Star & The Golden People (Hip Hop and Top 40)  
 City Park (6600 Sunset Strip)
- March 17th – St. Patrick's Day**  
 Tom Sartori Band (Top 40)  
 Sunrise Civic Center Amphitheater
- April 14th**  
 Cadillac Blue (Country)  
 Sunrise Civic Center Amphitheater
- May 12th**  
 Johnny Wild and the Delights ('50s and '60s)  
 Sunrise Civic Center Amphitheater
- June 16th – Juneteenth**  
 Valerie Tyson Band (Jazz and R&B)  
 City Park

**TRICK OR TROT 5K AND KIDS' DASH**

**Date:** Saturday, October 22  
**Time:** Race starts at 7:30 am; Packet pickup opens at 5:45 am  
**Location:** Markham Park, 16001 West State Road 84  
**5K registration:** \$15 prior to October 1; \$30 beginning October 1  
**Kids' Dash registration:** \$10 (ages 10 and under)

Don't miss our sixth annual Halloween-themed race! Runners and walkers of all ages, skill levels and abilities are welcome, and family-appropriate costumes are encouraged. (Those with the best costumes will receive special recognition at the end of the race!) Participants will receive a commemorative medal and a t-shirt (youth medium, youth large and adult sizes only). Best of all, proceeds will benefit the Paralyzed Veterans of America (Florida Chapter). For additional information and to register, visit [www.sunrisefl.gov/5K](http://www.sunrisefl.gov/5K).





**BOO BASH AT CITY PARK**

**Date:** Saturday, October 29

**Time:** 5:00 pm to 8:00 pm

**Location:** City Park, 6600 Sunset Strip

Celebrate safely at our FREE, family-friendly outdoor Halloween party! We will have themed trick-or-treat stations throughout the park, as well, a DJ, games, activities, photo ops and food vendors. Dress up to take part in our costume contest, and bring an empty bag for your candy haul.



**CULTURAL FESTIVAL**

**Date:** Saturday, November 5

**Time:** 5:00 pm to 9:00 pm

**Location:** City Park, 6600 Sunset Strip

This FREE, family-friendly event is a celebration of community and diversity. The Festival features children’s activities, multi-ethnic foods, unique retail items, and live entertainment – including music and dance. New this year: enjoy performances by the winners of our Sunrise Superstars talent competition!

**VETERANS DAY CEREMONY**

**Date:** Friday, November 11

**Time:** 10:30 am

**Location:** Sunrise Civic Center Amphitheater, 10610 W Oakland Park Boulevard

Take part in the City’s annual celebration in honor of all Veterans. This event will feature distinguished speakers, a three-round volley, refreshments, the presentation of colors, and more. Call (954) 746-3670 for details.



**HOLIDAY TREE LIGHTING**

**Date:** Friday, December 2

**Time:** 6:00 pm to 8:00 pm

**Location:** Sunrise Civic Center Campus, 10610 W Oakland Park Boulevard  
Get into the holiday spirit at this FREE event! Enjoy live music and colorful decorations as we light our seasonal display. The Holiday Tree Lighting provides a great backdrop for family photos!

**SUNRISE ARTS & CRAFTS FESTIVAL, FEATURING WINTER WONDERLAND**

**Date:** Saturday, December 10

**Time:** 10:00 am to 4:00 pm; Santa will be on site from 10:00 am to 1:00 pm

**Location:** Welleby Park, 11100 NW 44th Street

**Admission:** Free for Festival; \$5 for kids 12 and under participating in Winter Wonderland.

This event combines the best of two traditional Sunrise favorites: the Woodstock Arts & Crafts Festival and Winter Wonderland. Enjoy hand-made arts and crafts, unique retail offerings, delicious food vendor selections, plant and nursery areas, and children’s activities – all in one spot. Kids 12 and under can experience snow and play holiday games in Santa’s Village. (Children must be accompanied by an adult. Santa will be on site from 10:00 am to 1:00 pm.) Bring the entire family and get into the holiday spirit!

**SAVE THE DATE! DRIVE-IN MOVIE- “MINIONS: THE RISE OF GRU”**

**Date:** Friday, January 6

**Time:** Gates open at 5:30 pm; movie starts at 6:30 pm

**Location:** Markham Park, 16001 West State Road 84

In the 1970s, young Gru tries to join a group of supervillains – the Vicious 6 – after they oust their leader, the legendary fighter Wild Knuckles. When the interview turns disastrous, Gru and his Minions go on the run with the Vicious 6 hot on their tails. Luckily, Gru finds an unlikely source of guidance (Wild Knuckles himself) and soon discovers that even bad guys need a little help from their friends. Enjoy this animated film from the comfort of your car, or bring your lawn chair and grab a spot up front. Audio will be broadcast via radio frequency. Food vendors will be onsite, and we’ll have a children’s fun zone for those with a little extra energy during the show. Admission is free!



## SUNRISE ATHLETIC CLUB

*Our affordable membership rates help put your fitness goals within reach.*

The newly upgraded Athletic Club offers a wide variety of facilities, equipment and programs. Features include a fitness center, racquetball courts, a gymnasium, a game room, and additional amenities. Guests can choose to become members of the Athletic Club, or decide to pay-as-they-go by taking advantage of reasonable daily fees.

### BASIC ANNUAL MEMBERSHIP

*Entitles member to use of gym, fitness room, racquetball courts and locker rooms.*

Individual (one adult age 18 or over): \$150/year

Family (up to five family members): \$225/year

### DELUXE ANNUAL MEMBERSHIP

*Entitles member to Basic Membership privileges, plus use of the Civic Center aquatics facilities.*

Individual (one adult age 18 or over): \$175/year

Family (up to five family members): \$250/year

### BASIC MONTHLY MEMBERSHIP

*Entitles member to use of gym, fitness room, racquetball courts and locker rooms.*

Individual (one adult age 18 or over): \$20/month for Sunrise residents

Family (up to five family members): \$30/month for Sunrise residents

Daily rates are also available. All fees are subject to Florida sales tax. Children 12 and under must be accompanied by an adult when using Athletic Club facilities.

The Athletic Club is located in the east wing of the Sunrise Civic Center. The Civic Center is on the south side of Oakland Park Boulevard, just west of Nob Hill Road and behind the Dan Pearl Library. The Athletic Club is open Monday through Friday from 6:30 a.m. to 9:00 p.m., and Saturday and Sunday from 8:00 a.m. to 7:00 p.m.





## CLUBS



### SUNRISE WOOD CARVERS

**Day and Time:** Tuesdays, 6:00 pm - 9:00 pm

**Fees:** Free

**Location:** Sunrise Senior Center, 10650 West Oakland Park Boulevard  
Walk-ins welcome. No experience necessary. Must supply tools and materials. Volunteer instructors available.

### GOLD COAST WOODTURNERS

**Day and Time:** 3rd Thursdays, 7:00 pm - 9:00 pm

**Fees:** Free

**Location:** Sunrise Senior Center, 10650 West Oakland Park Boulevard  
Walk-ins welcome. No experience necessary. Must supply tools and materials. Volunteer instructors available.

### SUNRISE WOMEN'S BOCCE CLUB

**Day and Time:** Wednesdays, 3:00 pm - 5:00 pm

**Fees:** Free

**Location:** Nob Hill Soccer Club Park, 10200 Sunset Strip  
Walk-ins welcome. No experience necessary. Membership in the Sunrise Senior Center is required for participation. Call Frances Nugent - Captain at (954) 495-7730 or Mary Robertson Co-Captain (954) 749-4733 for information.

### AMERICAN LEGION POST 365

**Day and Time:** 4th Tuesday of each month, 7:00 pm

**Fees:** Free

**Location:** Sunrise Senior Center, 10650 West Oakland Park Boulevard  
The American Legion is the nation's largest veteran's service organization, committed to mentoring and sponsorship of youth programs in our communities, advocating patriotism and honor, promoting a strong national security, and continued devotion to our fellow service members and veterans. The American Legion's success depends entirely on active membership, participation and volunteerism. Contact Commander Loretta Young (954) 257-6763 for further information.

### SUNRISE LATIN SOCIAL CLUB

**Day and Time:** First Tuesday of each month, 6:00 pm - 8:00 pm

**Fees:** Free

**Location:** Please contact Senior Center at (954) 746-3670 for location.  
This Club is geared towards socialization, building friendships, participating in activities & other special events. Everyone is invited. Senior Center membership is required. Queremos invitar a la comunidad Latina que venga a disfrutar de nuestro centro y ser parte de nuestra comunidad. We invite the Latin community to come embrace our center and be a part of our community. Contact Ana Lopez (908) 907-1324 or Elizabeth Lasprilla (954) 328-7483 for monthly meeting and ticket information.

...  
Public transportation offers mobility and access to the things senior citizens need in everyday life, helping older Americans maintain their quality of life.  
...

## TRANSPORTATION

**MINIBUS ROUTES** operate weekdays from 8:00 a.m. to 2:45 p.m., picking up passengers from residential areas and transporting them to major shopping centers within Sunrise. For more information, or to obtain schedules, call (954) 764-3677.

### NON-EMERGENCY MEDICAL TRANSPORTATION

is available to eligible Sunrise residents who are 62 or older, or physically handicapped. If you no longer drive or maintain a vehicle in your immediate household and need reliable, complementary transportation to doctors, dentists and other medical appointments, call (954) 746-3676 for transportation information. Application and approval is required.





**THE BRIDGES AT SPRINGTREE GOLF CLUB**

**HOURS OF OPERATION**

Golf Course - Sunrise to Sunset (weather permitting)

Pro Shop - 6:30 am - 5:30 pm

Restaurant - 9:00 am-3:30 pm

**Beginning 11/1:**

Pro Shop: 6:00 am - 5:00 pm; Restaurant: 9:00 am - 3:30 pm

**Holiday Hours:**

Thanksgiving Day – Golf Course open 6:00 am - 1:00 pm (1pm last tee time);

Kitchen & bar closed all day

Christmas Day – Golf Course open 6:00 am - 1:00 pm (1pm last tee time);

Kitchen & bar closed all day

Located just north of West Oakland Park Boulevard and west of University Drive, The Bridges at Springtree Golf Club is an 18 hole executive course – designed by former PGA pro Mark McCumber. The course provides enhanced play for golfers of all levels. Among the many events at The Bridges are the monthly scramble tournaments, featuring a continental breakfast, complimentary drinks on the golf course, buffet lunch, and prizes. The Sunrise Women’s Association of Golf (SWAG) meet every Tuesday and host different events including inter-club golf competitions and luncheons. Open seven days a week for breakfast and lunch, the restaurant menu features weekly specials served by our friendly and efficient staff. Reservations are suggested for the Sunday breakfast buffet by calling (954) 572-2209. The catering staff at The Bridges would be happy to help you plan your next family celebration. From baby showers to weddings, The Bridges is the perfect location. Please go to [www.springtreegc.com](http://www.springtreegc.com) to book tee times or events.

**GOLF ACTIVITIES**

Activity	Age	Day	Time	Fee
Private Lesson	5+	M - SU	8:00 am - 5:00 pm	Varies
Package 5 ½ hr	5+	M - SU	8:00 am - 5:00 pm	Varies

Lesson prices vary depending on instructor. For more information about golf activities, please call (954) 572-2270.

**GOLF MEMBERSHIP FEES**

Sunrise Residents	Florida Residents	6 Month	Juniors*
Single \$325	Single \$475	Single \$450	Junior \$120
Family \$425	Family \$675	Family \$625	

Annual membership benefits include significantly reduced daily play rates for members, complimentary access to the short game area, and complimentary pull carts. Prices do not include taxes. \*Junior memberships available to ages 15 and under.



**GOLF RATES**

*Summer 5/1/22 – 10/31/22*

18-Holes Walking	Member	Sunrise Residents	Non-Residents
Before 8:00 am (M-F)	\$6	\$14	\$16
After 1:00 pm (M-SU)	\$6	\$14	\$16
18-Holes Riding	Member	Sunrise Residents	Non-Residents
Before 12:00 pm	\$14.49	\$22	\$26
After 12:00 pm	\$14.49	\$20	\$23
After 2:00 pm	\$14.49	\$14	\$16

**GOLF RATES**

*Shoulder 11/1/22 – 12/21/22*

18-Holes Walking	Member	Sunrise Residents	Non-Residents
Before 8:00 am (M-F)	\$6	\$16	\$19
After 1:00 pm (M-SU)	\$6	\$16	\$19
18-Holes Riding	Member	Sunrise Residents	Non-Residents
Before 12:00 pm	\$14.49	\$24	\$29
After 12:00 pm	\$14.49	\$21	\$25
After 2:00 pm	\$14.49	\$16	\$19

**GOLF RATES**

*Winter 12/22/22 – 3/31/23*

18-Holes Walking	Member	Sunrise Residents	Non-Residents
Before 8:00 am (M-F)	\$6	\$21	\$25
After 1:00 pm (M-SU)	\$6	\$21	\$25
18-Holes Riding	Member	Sunrise Residents	Non-Residents
Before 12:00 pm	\$14.49	\$29	\$37
After 12:00 pm	\$14.49	\$25	\$32
After 2:00 pm	\$14.49	\$23	\$29

\*All juniors are free with a paying adult after 3:00 pm daily.

**UPCOMING EVENTS**

**OCTOBER:**

- Saturday, October 22 - Nine and Dine
- Friday, October 28 - Monthly Golf Scramble

**NOVEMBER:**

- Saturday, November 12 - Kaitlyn’s Gift Charity Tournament



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**The Special and Community Support Division provides information regarding available state, and county social service programs. An emergency food pantry and medical equipment loan-out is available for Sunrise residents who may need temporary assistance due to loss of employment or other issues. Social services also include transportation and special programs. For further information, contact the City's social worker at (954) 746-3670.**

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**PLEASE NOTE: There will be no November lecture due to Veterans Day, Friday, November 11**

#### STEPS TO IMPROVE BALANCE LECTURE

**Date & Time:** Friday, 10/14, 10:00 am – 11:30 am

**Fee:** Free

**Registration:** Call to sign up

Join Dr. Bronson Bartolone, PT, DPT, owner of Florida Strong Physical Therapy learn, "Steps to improve balance and prevent falls." What does balance entail to what things affect our balance, how to prevent falls, and how to manage after having a fall.

#### THE AGING FOOT HEALTH LECTURE

**Date & Time:** Friday, 12/9, 10:00 am – 11:30 am

**Fee:** Free

**Registration:** Call to sign up

Your feet are your base of support and treating them well as you age will help maintain your mobility and a healthy and active lifestyle. Join a Health Professional from Clinical Care Center to discuss how to take care of your feet, so you have a firm foundation!

#### BEREAVEMENT SUPPORT GROUP

**Date & Time:** Thursdays, 9:30 am - 11:00 am

**Bereavement is back at the Senior Center.** This group is facilitated by a Continuum Care Health professional grief counselor and is a valuable source of support for those dealing with grief and mourning. For more information call 954-746-3670 or stop by the Senior Center Front Desk.

#### EMERGENCY FOOD PANTRY

**Date & Time:** Weekly

**Fee:** Free

**Registration:** Call for an appointment

The City of Sunrise operates an Emergency Food Pantry with canned goods for Sunrise residents in need. Visits to the Pantry are limited to no more than once every three months until the crisis is past or an alternate agency can fulfill the need. It is by appointment only and must be arranged with the City's Social Worker. For information, call 954-746-3670 between 8:30 am and 4:00 pm.

#### PROPERTY TAX EXEMPTION ASSISTANCE

**Date & Time:** Friday, 10/14, 10:00 am - 11:30 am;  
Wednesday, 10/19, 4:30 - 6:00 pm;  
Thursday, 11/2, 10:00 am - 11:30 am;  
Wednesday, 11/16, 4:30 - 6:00 pm;  
Friday, 12/9, from 10:00 am - 11:30 am  
Additional December dates cancelled due to holiday

**Fee:** Free

**Registration:** Walk-ins Welcome

Representatives from the Broward County Property Appraiser's office will help taxpayers apply for homestead and other property tax exemptions, including those for seniors, widows/widowers, the disabled, and veterans. Bring a Florida Drivers License; a Broward voter registration card; Social Security numbers of all owners; and a copy of the recorded deed or tax bill. Resident aliens must bring a permanent resident green card or proof of asylum.

#### VETERAN'S ADVISORS

**Date & Time:** Fridays, 10/14 & 12/9, 9:00 am – 12:00 pm

**Fee:** Free

**Registration:** Walk-ins Welcome

Broward County Veterans Services will have a Certified Veterans Advisor at the Sunrise Senior Center to provide assistance to veterans, their widows, dependents and dependent survivors regardless of age or other status. Services are focused on attainment and/or maintenance of self-sufficiency. Services include: Information, Referral and Linkage, & Benefits and Claims Processing.

#### BLOOD PRESSURE CHECK

**Date & Time:** Fridays, 10/14 & 12/9, 11:00 am – 12:00 pm

**Fee:** Free

**Registration:** Walk-ins Welcome

Hosted by Sunrise Fire Rescue.

#### SERVING THE HEALTH INSURANCE NEEDS OF THE ELDERLY COUNSELOR

**Date & Time:** The 1st and 3rd Tuesday, 10:00 am - 12:00 pm

**Fee:** Free

**Registration:** Walk-ins welcome

A "Serving the Health Insurance Needs of the Elderly" counselor will be at the Senior Center. SHINE counselors provides free unbiased and confidential Medicare counseling to empower you to make the best decisions for your individual needs. Specially trained volunteers help Medicare beneficiaries, their families, and caregivers to understand their health care options. The program sponsored by the ADRC. Please call ahead to make your appointment. \*Note: This is not a City run program these dates are subject to cancellation without notice, please call before you come to the Senior Center.

#### FLORIDA LICENSING ON WHEELS (F.L.O.W.)

**Date & Time:** Wednesdays, 10/12, 12/14, 8:30 am - 12:30 pm

**Fee:** Free

**Registration:** Appointment Necessary

Florida Licensing on Wheels the DMV mobile unit will be at the Sunrise Senior Center the second Wednesday of the month. Residents can renew their drivers license, vehicle registration and get a Florida I.D. Please visit the website to know what documents you will need to bring with you to avoid a second trip! <https://www.flhsmv.gov/driver-licenses>. This service is available to all Broward Co. residents. NOTE: This is not a City run program. These dates are subject to cancellation without notice, please call before you come to the Senior Center.

#### PRESCRIPTION DISCOUNT CARD PROGRAM

Sunrise residents who are without health insurance, a traditional pharmacy benefit plan, or have prescriptions not covered by insurance can take advantage of this plan. The savings is approximately 20%, and no income or age requirements. Please call the Sunrise Senior Center at 954-746-3670 or come by the Senior Center for information.



**SUNRISE TENNIS CLUB**

**Operating Hours:** Monday to Friday, 8:00 am - 9:30 pm, Saturday and Sunday 8:00 am to 3:00 pm  
 \*The club will close at 3:00 pm on 11/11, 11/25, 12/26, and 1/2.  
 \*The club will be closed on 11/24, 12/25, and 1/1.

Sunrise Tennis Club Membership Fees can be seen in the chart below. All fees are subject to sales tax. Age restrictions may apply. Please call (954) 572-2286 for more information.

**MEMBERSHIP FEES**

Sunrise Residents		Non-Residents	
Senior – Individual	\$135	Senior – Individual	\$200
Senior – Double	\$185	Senior – Double	\$250
Individual	\$240	Individual	\$325
Double	\$330	Double	\$425
Family	\$345	Family	\$450
Junior	\$65	Junior	\$100

Sunrise Business Owners	Daily Visit (Resident/Non-Resident)
Individual	\$240
Double	\$330
Family	\$345

Discount guest passes now available – Buy 6 passes for the price of 5.



**ADULT CLINICS**

Activity	Age	Day	Time	Fees Daily/4-class/8-class
Adult Beginner	18+	TU/TH	7:30 pm - 8:30 pm	\$20/\$60/NA
Intermediate Drill and Play	18+	M/TU/W	7:00 pm - 8:30 pm	\$25/\$85/\$140
	18+	SA	10:30 am - 12:00 pm	\$25/\$85/\$140
Advanced Drill and Play	18+	TH	7:00 pm - 8:30 pm	\$25/\$85/\$140
Cardio Tennis	18+	SA	9:00 am - 10:30 am	\$25/\$85/\$140
	18+	TU/TH	6:00 pm - 7:00 pm	\$20/\$60/NA

**YOUTH PROGRAMMING**

Activity	Age	Day	Time	Fees Daily/Monthly
Mini Grinders	4-11	M-F	5:00 pm - 7:00 pm	\$40/\$440
Orange Crush	5-9	M/W/F	4:00 pm - 5:00 pm	\$20/\$240
Red Rockers	4-7	TU/TH	4:15 pm - 5:00 pm	\$20/class
Super Saturday	4-12	SA	9:00 am - 10:00 am	\$20/\$60 per 4 classes Free to residents every 3rd Saturday
Beginner/Intermediate Juniors	12-16	M, TU, TH	6:00 pm - 7:30 pm	\$90/wk; \$360/mo

**SUNRISE TENNIS ACADEMY**

Activity	Age	Day	Time	Member Fees
High Performance/Competitive Dev	All	M-F	3:00 pm - 6:00 pm	\$45/daily \$225 for 5 classes/week \$700/month
High Performance Elite	All	M-F	9:00 am - 11:00 am & 4:00 pm - 7:00 pm	\$1000/month
Mini Grinders	10 & Under	M-F	5:00 pm - 7:00 pm	\$40/daily or \$60 for 2 classes/week

**FALL/WINTER TENNIS CAMPS**

Dates	Age	Day	Time	Member Fees
10/5, 10/21, 11/8, 11/11	4-11	M-F	8:00 am - 11:00 am	\$45 daily
11/21-11/23, 11/25	4-11	M-F	8:00 am - 11:00 am	\$45 daily, \$180/week
12/26 - 12/30	4-11	M-F	8:00 am - 11:00 am	\$45 daily, \$180/week
1/2-1/6	4-11	M-F	8:00 am - 11:00 am	\$45 daily, \$180/week

**PRIVATE LESSONS**

For private lesson rates, call Tennis Pro Shop at (954) 572-2286.



## DANCE FX

MONDAYS - 10/3 - 10/31

Session A	Age	Day	Time	Fee	Activity #
Baby Ballerinas	3-5	M	4:00 pm - 4:45 pm	\$60	220777A
Hip Hop	6-10	M	4:45 pm - 5:30 pm	\$60	220775A

TUESDAYS - 10/4 - 10/25

Session A	Age	Day	Time	Fee	Activity #
Hip Hop	4-5	TU	4:00 pm - 4:45 pm	\$48	220797A
Jazz and Ballet	6-9	TU	4:45 pm - 5:30 pm	\$48	220796A

SATURDAYS - 10/1 - 10/29\*, No class 10/8

Session A	Age	Day	Time	Fee	Activity #
Tap and Ballet	4-6	SA	9:15 am - 10:00 am	\$48	220784A
Tap & Ballet	6-8	SA	10:00 am - 10:45 am	\$48	220786A
Hip Hop	4-6	SA	10:45 am - 11:30 am	\$48	220785A

MONDAYS - 11/7 - 12/19\*, No class 11/21

Session B	Age	Day	Time	Fee	Activity #
Baby Ballerinas	3-5	M	4:00 pm - 4:45 pm	\$72	220777B
Hip Hop	6-10	M	4:45 pm - 5:30 pm	\$72	220775B

TUESDAYS - 11/8 - 12/20\*, No class 11/22

Session B	Age	Day	Time	Fee	Activity #
Hip Hop	4-5	TU	4:00 pm - 4:45 pm	\$72	220797B
Jazz and Ballet	6-9	TU	4:45 pm - 5:30 pm	\$72	220796B

SATURDAYS - 11/5 - 12/10\*, No class 11/26

Session A	Age	Day	Time	Fee	Activity #
Tap and Ballet	4-6	SA	9:15 am - 10:00 am	\$60	220784B
Tap & Ballet	6-8	SA	10:00 am - 10:45 am	\$60	220786B
Hip Hop	4-6	SA	10:45 am - 11:30 am	\$60	220785B

Participants must be registered before sessions begins. A minimum of three students are required to run a class.\*

## YOUTH VOLLEYBALL CLINICS

Age	Date	Day	Time	Fee*	Activity#
9-12	10/3 - 12/28	Any	Any	\$20	270676D-Z
	10/3 - 10/26	M & W	5:30 pm - 7:00 pm	\$140	270676A
	10/31 - 11/30*			\$140	270676B
	12/5 - 12/28*			\$122.50	270676C
13-17	10/3 - 12/28	Any	Any	\$20	270677D-Z
	10/3 - 10/26	M & W	7:15 pm - 8:45 pm	\$140	270677A
	10/31 - 11/30*			\$140	270677B
	12/5 - 12/28*			\$122.50	270677C

The focus of this program is to introduce the athletes to the game while teaching them the proper technique and skill development. Teams will be divided by age groups. Please call (305)788-2129 or email christian-blandon@boldnationsports.com with questions. \*No class 11/21, 11/23, and 12/26.

## HOCUS POCUS FAMILY DANCE

Friday, October 14, 7:00 pm to 8:30 pm

Tickets: \$5 per person

Sunrise Civic Center – Grand Ballroom, 10610 W Oakland Park Blvd  
Kids all ages and their parents/guardians are invited for an evening of family fun inspired by the Hocus Pocus films! Enjoy dinner, dancing and activities. Tickets are limited and must be purchased by October 7. Buy yours at the Sunrise Civic Center Box Office (954-747-4646) or www.sunrisefl.gov/tickets.



## ART CLASSES

### ANIME AND MANGA CLASSES

Session	Age	Day	Time	Fee	Activity #
Session A	9+	F, 10/14 - 12/9*	6:15 pm - 7:15 pm	\$84	220718A
			7:30 pm - 8:30 pm	\$84	220719A

The goal of the class will center upon learning skills, developing creativity, inspiration and fun, as well as having the opportunity to meet others who love anime and manga. Students of all ability levels are welcome and will be challenged accordingly. Participants must be registered before sessions begins. \*No class 11/11 and 11/25.

## THEATRE CLASSES

### PERFORMANCE WORKSHOP - THE PLAY THAT GOES WRONG

Age	Date	Day	Time	Fee	Activity#
17+	10/6 - 2/26	TH	6:30 pm - 9:00 pm	\$350	110601A

BY AUDITION ONLY! This advanced performance-based class is for dedicated actors eager to work on Broadway's hit play "The Play That Goes Wrong." Auditions will be held on October 6. Rehearsals will begin October 13. Performances will be held on February 25, 2023 at 7:00 pm and February 26, 2023 at 2:00 pm. \*No class on 11/24, 12/29, and 1/5. Additional hours may be called and actors must attend the mandatory tech rehearsals the week prior to performances. Actors cast in the play must register for class at the Sunrise Civic Center before October 13.

### CURTAIN CALL PERFORMANCE DRAMA SERIES

Age	Date	Day	Time	Fee	Activity#
8-15	10/5 - 12/21	W	4:30 pm - 6:30 pm	\$300	110201A

This is the first of two 12 week sessions, culminating in a class show of "Something Wicked In Oz" on stage 4/5/23. Before Dorothy, there was... the untold story of the witches of Oz and how they became who they are, based on a novel by Gregory Maguire. Class minimum is 15 students. Cast party to be held 4/12/23.

### KIDS IN THE KITCHEN @ Sunrise Senior Center

Age	Date	Day	Time	Fee	Activity#
8 - 10	10/3 -12/19*	M	5:00 pm - 6:00 pm	\$60	220750A
11 - 15			6:30 pm - 7:30 pm		220750B

Participants will gain basic cooking skills and knowledge while preparing various foods. Skills will include reading recipes, wet and dry measuring, food safety, and basic knife skills. We will consume our creations at the end of each class. Participants must be registered before sessions begins. Deadline for registration 9/28. A minimum of three students are required to run this class. \*No class 10/31 and 11/21. Class on 10/24, 11/7 and 12/12 will be held at the Civic Center Art Room.

### TODDLER CLASSES

#### JUST YOU & ME

Age	Date	Day	Time	Fee	Activity#
3 - 5	10/4 -10/27	TU/TH	9:00 am - 10:30 am	\$48	220915A
	11/1 - 12/22*	TU/TH	9:00 am - 10:30 am	\$72	220915B

Program features developmentally age appropriate activities. Birth certificate required with registration. Unregistered siblings will not be permitted to attend the class. Parent participation required for this class. Deadline for registration one day prior to beginning of class. A minimum of 4 students are required to run this class. \*No class 11/8, 11/22 and 11/24.

#### FANTASTIC TODDLER FUN

Age	Date	Day	Time	Fee	Activity#
19 mo - 2	10/12 - 12/21*	W	9:00 am - 10:30 am	\$60	220917A

Program allows a caregiver the opportunity to participate with their child in age appropriate crafts, story time, songs, and more! Parent participation is required. Deadline for registration one day prior to beginning of class. A minimum of 4 students are required to run this class. \*No class 11/23.

### GYMNASTICS

#### TUMBLEBEARS

Age	Date	Day	Time	Fee	Activity#
3 - 4	10/1 - 10/29*	SA	10:00 am - 10:45 am	\$54	220760A
	11/5 - 12/10			\$67.50	220760B

Participants will use equipment such as parachutes, trampolines and balance beams to exercise and work on basic tumbling skills. No class 10/8 and 11/26. A minimum of 4 students are required to run this class. For more info, visit [www.JoyDecoEnterprises.com](http://www.JoyDecoEnterprises.com). \*Pre-registration is required.

#### GYMNASTICS BASICS

Age	Date	Day	Time	Fee	Activity#
4 - 6	10/6 - 10/27	TH	5:15 pm - 6:00 pm	\$54	220765A
	11/3 - 12/15*		5:15 pm - 6:00 pm	\$81	220765B
6 - 11	10/6 - 10/27	TH	6:05 pm - 6:50 pm	\$54	220766A
	11/3 - 12/15*		6:05 pm - 6:50 pm	\$81	220766B
5 - 11	10/1 - 10/29	SA	10:50 am - 11:35 am	\$54	220761A
	11/5 - 12/10*		10:50 am - 11:35 am	\$67.50	220761B

#### GYMNASTICS LEVEL 1

Age	Date	Day	Time	Fee	Activity#
6-11	10/6 - 10/27	TH	6:55 pm - 7:40 pm	\$54	220767A
	11/3 - 12/15*		6:55 pm - 7:40 pm	\$81	220767B
5-11	10/1 - 10/29	SA	11:40 am - 12:25 am	\$54	220762A
	11/5 - 12/10*		11:40 am - 12:25 am	\$67.50	220762B

Class focuses on basic rolls, cartwheels, handstands, back walkovers and trampoline work. Classes will participate in an end of the year recital. Classes held in the Civic Center Art Studio. Minimum of four students required to run this class. For more info, visit [www.JoyDecoEnterprises.com](http://www.JoyDecoEnterprises.com). Pre-registration required. \*No class 10/8, 11/24, and 11/26. Gymnastics Level 1 students must have experience in order to enroll.

### KIDS' & TEENS MINI CAMPS & DAYS OFF

#### FALL MINI CAMP

**Date:** November 21 – November 23

**Time:** 7:30 am – 6:00 pm

**Fee:** \$90/Residents, \$120/Non-Residents

Ages 5 to 10 Activity # 220404A

Ages 11 to 15 Activity # 220404B

Register by 11/16

Children must bring a lunch, snacks, and plenty of drinks every day. Space is limited. Campers are required to wear their City of Sunrise yellow camp shirt. For more information please call (954) 747- 4600. Drop off and pick up at the Sunrise Civic Center.

#### HOLIDAY MINI CAMP

##### Week 1

**Date:** 12/27 – 12/30

**Time:** 7:30 am – 6:00 pm

**Fee:** \$120/Residents,  
\$160/Non-Residents

Ages 5 to 10 Activity# 220404C

Ages 11 to 15 Activity# 220404E

Register by 12/22

##### Week 2

**Date:** 1/3 – 1/6

**Time:** 7:30 am – 6:00 pm

**Fee:** \$120/Residents,  
\$160/Non-Residents

Ages 5 to 10 Activity# 220404D

Ages 11 to 15 Activity# 220404F

Register by 12/29

**Location:** Sunrise Civic Center, 10610 W. Oakland Park Blvd

Children should bring a lunch, snacks, and plenty of drinks every day. Space is limited. Campers are required to wear their City of Sunrise yellow camp shirt. For more information please call (954) 747- 4600. Drop off and pick up at the Sunrise Civic Center.

#### KIDS & TEENS DAY OFF

Age	Date	Day	Time	Fee	Activity#
5 - 10	10/5	W	7:30 am - 6:00 pm	\$30/\$40	220403A
	10/21	F			220403B
	11/8	TU			220403C
11-15	10/5	W	7:30 am - 6:00 pm	\$30/\$40	220406A
	10/21	F			220406B
	11/8	TU			220406C

Space is limited, so sign up early. For more information, call the Department of Leisure Services at (954) 747-4600. Drop off and pick up children at the Sunrise Civic Center. Please bring lunch and plenty of drinks and snacks for the entire day. Children must always wear their yellow City of Sunrise camp shirts.

#### HO! HO! HOTLINE

Holiday magic begins with a call from Santa! Parents: visit [www.sunrisefl.gov/santacalls](http://www.sunrisefl.gov/santacalls), complete our Ho! Ho! Hotline request form, and Santa will reach out to your child all the way from the North Pole. Calls will be made between 5:00 p.m. and 8:00 p.m. on December 5, 6, 7, 8, 12, 13, 14 and 16. (Sorry, we cannot guarantee a time or a date.) Only Sunrise residents age 10 or younger are eligible to receive calls. There's no cost to participate; however, requests submitted after 5:00 p.m. on Friday, December 2, cannot be accepted. For more information, call the City of Sunrise Leisure Services Department at (954) 747-4600.



## CITY PARK

2240 NW 68th Avenue

Open 8:00 am - 10:00 pm daily

Open 8:00 am - 3:00 pm on 11/24, 12/24 & 12/31

Open 9:00 am - 3:00 pm on 1/1 & 12/25

City Park features include an expansive 140-yard multipurpose field for community events, concerts, and a variety of sports, a quarter-mile walking path featuring seven outdoor exercise stations, a covered amphitheater stage, two covered event rental pavilions with gas grills, a soccer-themed splash pad and sun-shaded playground, three full covered outdoor basketball courts with professional rims and backboards, and two newly-resurfaced regulation tennis courts.

### RENTALS

Please contact the Leisure Services Department at (954) 747-4606 for pavilion rental information.

### PARK ACTIVITIES

For a calendar of monthly park activities, please visit the City Park kiosk or the adjacent Village Multipurpose Center.



### STORY TIME

Age	Date	Day	Time	Fee	Activity#
4-8	10/8	SA	11:00 am-12:00 pm	Free	N/A
	11/19				
	12/17				

Young readers are invited to enjoy a story and snack on the City Park stage. Lawn chairs and blankets are optional, but recommended. Please call (954) 578-3551 to sign up. Registration closes two days prior. If inclement weather, please call 30 minutes prior to the start time.

### READ & STROLL

STROLL the park and read! Content will be changed monthly and will include (but not be limited to) stories, fun facts, creative writing, and more to encourage exercising your body AND your brain; happy reading!

### OPEN BOARD GAMES

Age	Date	Day	Time	Fee	Activity#
All	Ongoing	SU	1:00 pm-3:00 pm	Free	N/A

Enjoy open play board games on the amphitheater stage such a dominoes, ludi, Jenga, checkers, chess, mancala, and more. Bring a friend or make some new ones!

### SUNRISE STEPPERS

Age	Date	Day	Time	Fee	Activity#
All	Ongoing	Daily	8:00 am-10:00 pm	Free	N/A

Need a little motivation to get those daily steps in? Stop by the Village Multipurpose Center (during Center operating hours) to log your laps and learn when peak walking times are to find yourself a "walking buddy". Having a walking buddy helps to keep you on track, stay focused, provides a bit of friendly conversation and motivation, helps to create a regular routine, and makes the workout a bit more fun - let's get stepping, Sunrise!

### FIELD GAME FUN

Age	Date	Day	Time	Fee	Activity#
All	Ongoing	TU/TH	5:00 pm-7:00 pm	Free	N/A

Join us for fun games and activities on the field! Games consist of giant board games, ball games (netball, football, etc.), jump rope/double-dutch, relay races, and more. Come alone or bring a friend or two!

### SIDEWALK CHALK ART

Age	Date	Day	Time	Fee	Activity#
All	10/8	SA	12:00 pm-1:00 pm	Free	N/A
	11/19				
	12/17				

Come and express yourself artistically on the sidewalks of City Park! There will be a different theme for each month to use as "inspiration" for your works of art. Chalk will be provided. Be sure to bring drinking water and a damp towel or rag for your hands (recommended). **THEME:** September-So Long Summer! **Please refrain from creating art with profanity or explicit images – let's keep it FAMILY FRIENDLY!**



**BEGINNER KARATE**

Age	Date	Day	Time	Fee*	Activity#
5+	10/3 – 10/26	M & W	5:00 pm - 6:00 pm	\$80	220740A
	11/2 – 11/28			\$80	220740B
	11/30 – 12/28*			\$80	220740C

**INTERMEDIATE KARATE**

Age	Date	Day	Time	Fee*	Activity#
5+	10/3 – 10/26	M & W	6:00 pm - 7:00 pm	\$80	220741A
	11/2 – 11/28			\$80	220741B
	11/30 – 12/28*			\$80	220741C

Students must have experience in order to enroll in the Intermediate classes. Instructor must approve enrollment. \*\$25/yr Membership Karate Association (payable to instructor) PLUS additional fees for ranking test and uniforms not included. If you have any questions regarding Karate classes, please call (954) 940-8801. Participants must be registered before session begins. \*No class on 12/26.

**Sunrise Athletic Complex**

11501 NW 44th Street, (954) 747-4604  
 Monday - Friday 9:00 am - 9:00 pm  
 Saturday – Sunday 9:00 am - 5:00 pm  
 SAC will have reduced hours on 11/11, 11/25, 12/24, 12/26, 12/31 and 1/2 (9:00 am - 3:00 pm).  
 It will be closed on 11/24, 12/25 & 1/1.

**SUNRISE ATHLETIC COMPLEX MEMBERSHIPS**  
 Memberships are free and available only to Sunrise residents.

*Individual Memberships - Available to Individuals 18+ with proof of Sunrise residency.*

*Family Memberships- Parent or guardian must be present with photo I.D. and proof of Sunrise Residency. Up to 5 members residing at the same address. A birth certificate must be provided for minor children.*

*Non-Members – Daily Visit fees: \$5/Adult or \$3/Child (17 & younger)  
 Non-Resident Annual Membership \$75/Adult, \$50/Child (17 & younger)*

**OPEN BASKETBALL**

**Ages:** 13+  
**Dates/Days/Times:** Ongoing, Varies  
**Fees:** Open gym is FREE with membership. Non-Members must pay a daily visit fee  
 Please call for daily schedule, as open gym schedules vary.

**PICKLEBALL**

**Ages:** 7+  
**Dates/Days/Times:** Ongoing, varies; Call for time schedule\*  
**Fees:** Free with Membership; Non-members must pay daily visit fee

Age	Class	Day/Time	Fee	Activity#
7+	90 minute private instruction	Any	\$90	170688A-Z
	60 minute private instruction	Any	\$60	170689A-Z
	Semi Private	Any	\$35/pp	170690A-Z
	Group Clinic	Any	\$20/pp	170691A-Z

Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. It's a lively racket game traditionally played on a badminton-sized court with special Pickleball paddles. The ball used is similar to a whiffle ball, but slightly smaller. The lower net and ball allow the game to be accessible to people of all abilities, while still allowing more competitive players to test their mettle. For more information on Pickleball instruction with Coach Callo, please call (917) 676-8888.

**ADULT OPEN PLAY VOLLEYBALL**

**Ages:** 18+  
**Dates:** Ongoing  
**Days and Times:** Thursday, 7:45 pm - 9:00 pm  
**Fees:** FREE  
 Open Volleyball is FREE with membership. Non-Members must pay a daily visit fee. Please call for daily schedule, as open gym schedules vary.

**FAMILY TIME VOLLEYBALL**

**Ages:** 13+  
**Dates:** Ongoing  
**Days and Times:** Thursday, 5:30 pm - 7:00 pm  
**Fees:** FREE  
 Open Volleyball is FREE with membership. Non-Members must pay a daily visit fee. Please call for daily schedule, as open gym schedules vary.



## HOOPSTER BASKETBALL ACADEMY

All Programs are conducted in the Sunrise Civic Center Gymnasium unless otherwise noted. Registration is accepted at the Athletic Club desk. For more information, call Coach Ceasar Diaz at (954) 634-2061. Refunds for the 5 week sessions must be made in writing, and submitted before the beginning of the 3rd class. All refunds are subject to approval by Coach Diaz.

### WINTER BREAK BASKETBALL

Age	Date	Day	Time	Fee	Activity#
6 - 17	12/27 – 12/30	TU - F	7:30 am - 5:30 pm	\$125	270621A
		Daily		\$30	270621B-D
	1/3 – 1/6	TU - F	7:30 am - 5:30 pm	\$125	270621E
		Daily		\$30	270621F-H

### KIDS' DAY OFF BASKETBALL

Age	Date	Day	Time	Fee	Activity#
6 - 17	10/5	W	7:30 am - 5:30 pm	\$30	370619A
	10/21	F		\$30	370619B
	11/8	TU		\$30	370619C

### SMALL FRY BASKETBALL PROGRAM

Age	Date	Day	Time	Fee	Activity#
4 - 5	10/22 – 11/19	SA	9:00 am - 9:30 am	\$25	370623A
		Daily		\$6	370623B-F
	12/3 – 1/14*	SA		\$25	370623G
		Daily	\$6	370623H-L	

\*No class on 12/24 & 12/31. Small Fry Basketball is an introductory program for boys and girls that teach children the fundamentals of basketball through the basics of ball handling, passing, shooting and defense. These drills will have an emphasis on fun, while learning the foundation of basketball.

### BEGINNER SKILLS PROGRAM

Age	Date	Day	Time	Fee	Activity#
6 - 17	10/22 – 11/19	SA	9:45 am - 10:45 am	\$50	370622A
		Daily		\$12	370622B-F
	12/3 – 1/14*	SA		\$50	370622G
		Daily		\$12	370622H-L

\*No class on 12/24 & 12/31. This program emphasizes basketball fundamentals, including ball handling, passing, shooting, rebounding and defense.

### INTERMEDIATE SKILLS PROGRAM

Age	Date	Day	Time	Fee	Activity#
6 - 17	10/22 – 11/19	SA	11:00 am - 12:00 pm	\$50	370606A
		Daily		\$12	370606B-F
	12/3 – 1/14*	SA		\$50	370606G
		Daily		\$12	370606H-L

\*No class on 12/24 & 12/31. This program emphasizes basketball fundamentals, including ball handling, passing, shooting, rebounding and defense. It is designed for players that have mastered the beginner drills.

### ADVANCED SKILLS PROGRAM

Age	Date	Day	Time	Fee	Activity#
6 - 17	10/22 – 11/19	SA	12:15 pm - 1:15 pm	\$50	370625A
		Daily		\$12	370625B-F
	12/3 – 1/14*	SA		\$50	370625G
		Daily		\$12	370625H-L

\*No class on 12/24 & 12/31. This clinic emphasizes advanced level drills and is designed for players that have mastered the intermediate drills.

## INDIVIDUAL & GROUP INSTRUCTION

Program	Age	Day	Dates	Fee	Activity#
Individual Instruction	6 - 17	Any	10/1 – 12/31	\$35/hr	370620A-Z
Group Instruction	6 - 17	Any	10/1 – 12/31	\$35/hr	370624A-Z

Groups consist of 15 or more. Group Instruction is based on team concepts including offensive and defensive strategies, team conditioning, effective team practice, and overall team philosophy. Please contact Coach Diaz at (954) 634-2061 for availability.

## SUNRISE HOOPSTER TRAVEL BASKETBALL

Hoopster travel basketball program is looking for players who would like to play in the AAU U.S. Amateur Basketball, USSSA, and USBA sanctioning competitive travel basketball circuit. We are currently looking for players in the 5th, 8th, 9th, and 10th grade levels. For more information please contact Coach Diaz at (954) 634-2061 or visit [www.hoopsterbasketball.com](http://www.hoopsterbasketball.com). \$40 fee. Additional fees may apply.

# COACHES NEEDED

## INTERESTED IN COACHING FOR THE 2023 YOUTH RECREATION BASEBALL OR SOFTBALL SEASON?

Volunteer coaches are needed in all age divisions, and will be selected immediately following the registration deadline. All coaches are required to be fingerprinted, have a criminal background check completed, and become CPR/AED certified. Certification is provided at no cost. If you are interested and need further information, please call Leisure Services at (954) 747-4600

### START SMART BASEBALL

Open to ages 3 to 5

**Days and Times:** Wednesdays, 6:00 pm - 7:00 pm

**Dates:** January 18 – February 22, 2023

**Location:** Sunrise Athletic Complex, 11501 NW 44th Street, Field 1

**Fees:** \$35.00/residents, \$60.00/non-residents

**Activity # 330204A**

Start Smart Baseball is a developmentally appropriate introductory program. The program prepares children and their guardians for organized tee ball and baseball/softball in a fun, non-competitive environment. Parent(s) work one-on-one with their child practicing a variety of skills including throwing, catching, batting, and running. Parent-child groups will receive a START SMART Baseball kit which includes: 1 Koosh bat, glove & ball. Class will run for 6 weeks. Space is limited to twenty participants.

### START SMART SOCCER

**Ages:** 3 to 5

**Day & Time:** Wednesdays, 6:00 pm to 7:00 pm

**Fee:** \$35/Residents, \$60/Non-Residents

**Location:** Nob Hill Soccer Club Park, Field 2

**Dates:** November 2 - December 14 (No Class 11/23)

**Activity #130203B**

Start Smart Soccer is a developmentally appropriate introductory program for boys and girls ages three to five years old that takes place over six classes. The program prepares children and their guardians for organized soccer in a fun, non-competitive environment. Parent(s) work one-on-one with their child practicing a variety of skills. Parent-child groups will receive a Start Smart soccer ball, which will be used during the program and can be used to continue the development of the child. Space is limited to twenty participants per session.

**TNT SUNRISE FASTPITCH SOFTBALL (TRAVEL)**

**Fees:** \$60.00/residents, \$75.00/non-residents

**Registration Deadline:** Thursday, January 5

**Tryouts:** January 7 & 8

This traveling program is for girls interested in playing competitive fast pitch softball. Each team will travel throughout Florida and compete in weekend tournaments. The season runs from late March to December. Tryouts will be held at the Sunrise Sportsplex, 9101 NW 50th Street. Interested players must complete a registration form and submit payment prior to tryouts. Players who do not make the team will receive a full refund.

*Player's age on January 1, 2023 will determine player age for each division.*

Division	Tryout Location	Time	Activity #
8 & under	Sportsplex, Field 3	9:00 am	330203A
10 & under	Sportsplex, Field 2	9:00 am	330203B
12 & under	Sportsplex, Field 3	11:00 am	330203C
14 & under	Sportsplex, Field 2	11:00 am	330203D
16 & under	Sportsplex, Field 3	1:00 pm	330203E
18 & under	Sportsplex, Field 2	1:00 pm	330203F



**YOUTH RECREATION BASEBALL/SOFTBALL**

**Ages:** 4 to 16 (Softball 7 to 13)

**Season Dates:** February to May

**Fees:** \$75/Residents; \$110/Non Residents

**Registration Deadline:** Friday, January 6

Boys and girls are drafted on teams based on their age and skill level, as determined by player ratings. The City of Sunrise supplies each player with a shirt, pants/shorts, socks, and team ball cap. Players must supply their own glove. Rubber molded cleats are also recommended. Coaches will contact players on or before Saturday, February 4.

**Games and Practices**

Depending on the division, games will be played on weeknights and Saturday or Sunday. Practices will tentatively begin Monday, February 6 and are typically held on weeknights at 6:00 pm or later and on weekends. Teams will practice two or three times per week prior to the beginning of the season. It may be necessary for younger age divisions to practice on grass fields. Dates, times, and location of practices and games will be announced by team coaches. Don't forget to attend Baseball/Softball Opening Night on February 24 at the Sunrise Sportsplex! If you have any concerns please contact the Leisure Services Department, Monday through Friday, 9:00 am to 5:30 pm at (954) 747-4600.

**Player Ratings**

Players in the Instructional Tee Ball division do not need to attend ratings. All other baseball and all softball players must attend ratings.

ANY SPECIAL REQUESTS MUST BE IN WRITING. REQUESTS ARE NOT AUTOMATICALLY GRANTED. REQUESTS MUST BE RECEIVED PRIOR TO DRAFTS. REQUESTS FOR A CHILD TO PLAY IN AN AGE DIVISION ABOVE THEIR AGE APPROPRIATE DIVISION WILL BE REQUIRED TO FOLLOW THE FOLLOWING PROCEDURE. A SPECIAL REQUEST FORM MUST BE FILLED OUT PRIOR TO RATINGS. REQUESTS ARE NOT AUTOMATICALLY GRANTED. THE CHILD MUST ATTEND RATINGS OR MAKE-UP RATINGS IN THE AGE DIVISION THAT THEY WISH TO PLAY IN. IF THEY ARE UNABLE TO ATTEND THE RATINGS DATE OR THE MAKE-UP RATINGS DATE, THEY WILL AUTOMATICALLY BE PLACED IN THE AGE APPROPRIATE DIVISION. A DECISION REGARDING THE REQUEST TO PLAY ABOVE HIS/HER ASSIGNED AGE GROUP SHALL BE BASED UPON THE SKILL LEVEL DISPLAYED BY THE CHILD AT RATINGS.

**Baseball Ratings**

Division	Tryout Location	Date	Time
Tee Ball	Sportsplex, Field 1	1/11	Begins at 6:00 pm
Coach Pitch	Sportsplex, Field 1	1/11	Begins at 7:00 pm
Minor Division	Sportsplex, Field 1	1/10	Begins at 6:00 pm
Major Division	Sportsplex, Field 1	1/10	Begins at 7:00 pm
Junior Division	Sportsplex, Field 1	1/9	Begins at 7:30 pm
Senior Division	Sportsplex, Field 1	1/9	Begins at 7:30 pm

**Softball Ratings**

Division	Tryout Location	Date	Time
Coach Pitch	Sportsplex, Field 2	1/9	6:00 pm
Midget	Sportsplex, Field 2	1/9	6:30 pm
Senior	Sportsplex, Field 2	1/9	7:00 pm

**Make up Ratings**

Division	Tryout Location	Date	Time
All Softball Divisions	Sportsplex, Field 1	1/14	9:30 am
Tee Ball / Coach Pitch	Sportsplex, Field 1	1/14	10:00 am
Minor & Major Divisions	Sportsplex, Field 1	1/14	10:30 am
Junior/Senior Baseball	Sportsplex, Field 1	1/14	11:00 am

Softball Division	Activity Number	Age as of 1/1/23
Coach Pitch	330202B	7, 8
Midget	330202C	9, 10
Senior	330202D	11, 12, 13
Baseball Division	Activity Number	Age as of 4/30/23
Instr. Tee Ball	330201A	4, 5
Tee Ball	330201B	6
Coach Pitch	330201D	7, 8
Minors	330201E	9, 10
Majors	330201F	11, 12
Juniors	330201G	13, 14
Seniors	330201H	15, 16



REGISTER TODAY: Proof of residency is required each time you register for a sport or activity. Registration forms without proper proof of residency and a copy of birth certificate (if applicable) will not be accepted. Remember to apply multiple child discount to fees, if appropriate.

Please contact me regarding youth athletics volunteer coaching opportunities.

**PARTICIPANT INFORMATION** Please print in ink and fill out completely

Have you registered for a recreation activity before?  Yes  No

Parent/Legal Guardian's Name

Relationship to Participant  Mother  Father  Court Appointed Legal Guardian

Home Phone  -  -  Work Phone  -  -  Cell Phone  -  -

Street Address

City  State  Zip Code

Email Address   Yes, please use this email address to provide me with City of Sunrise program and event information. I understand that I can opt out of this service at any time.

Secondary Guardian's Name

Relationship to Participant  Mother  Father  Court Appointed Legal Guardian

Home Phone  -  -  Work Phone  -  -  Cell Phone  -  -

Street Address

City  State  Zip Code

Email Address   Yes, please use this email address to provide me with City of Sunrise program and event information. I understand that I can opt out of this service at any time.

PARTICIPANT NAME	DATE OF BIRTH	GRADE	AGE	SEX	ACTIVITY	ACTIVITY#	FEE
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

**FOR CAMP/DAYS OFF ONLY: AUTHORIZED PICK-UP PERSONS (Other than Legal Guardians)**

Last Name	First Name	Cell Phone	Home Phone
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

**EMERGENCY CONTACT** (Other than parent/guardian. To be contacted in the event that parent/guardian listed above cannot be reached.)

Emergency Contact  Relationship to Participant

Home Phone  -  -  Work Phone  -  -  Cell Phone  -  -

Allergies or medications (specify which child)

**CREDIT CARD PAYMENT**

MasterCard  Visa  Discover  AmEx  Exp. Date  /  Card #

CVV #  Signature as it appears on the card

*I agree to pay the above amounts listed as credit card charges according to credit card user agreements.*

**RELEASE INFORMATION & REFUND POLICIES**

- The Release and Waiver on the back of this registration form must be completed and submitted in order for a registration to be accepted.
- Refunds for one-day programs, Kids' Day Off, Mini Camps and Holiday Camps will only be granted if requested 24 business hours prior to the start of the activity. Refunds will not be granted for all other programs if requested four (4) weeks or more after the start of the activity, or if attendance has met or exceeded 50% of the activity. Refunds will be pro-rated. All refund requests must be submitted in writing to Leisure Services.

**PLEASE NOTE: FLORIDA PUBLIC RECORDS LAW REQUIRES THAT ALL INFORMATION – INCLUDING E-MAIL ADDRESSES – RECEIVED IN CONNECTION WITH CITY BUSINESS BE MADE AVAILABLE TO ANYONE UPON REQUEST, UNLESS THE INFORMATION IS SUBJECT TO A SPECIFIC STATUTORY EXEMPTION. PLEASE SEE REVERSE FOR REQUIRED RELEASE AND WAIVER.**

## WAIVER, RELEASE OF LIABILITY AND INDEMNIFICATION FOR ADULTS AND MINORS

### NOTICE TO THE MINOR CHILD'S NATURAL GUARDIAN

READ THIS FORM COMPLETELY AND CAREFULLY. YOU ARE AGREEING TO LET YOUR MINOR CHILD ENGAGE IN A POTENTIALLY DANGEROUS ACTIVITY. YOU ARE AGREEING THAT, EVEN IF THE CITY OF SUNRISE, ITS DEPARTMENTS, EMPLOYEES, OFFICIALS, COACHES, VOLUNTEERS AND AGENTS (HEREINAFTER "RELEASED PARTIES") USE REASONABLE CARE IN PROVIDING THIS ACTIVITY, THERE IS A CHANCE YOU OR YOUR CHILD MAY BE SERIOUSLY INJURED OR KILLED BY PARTICIPATING IN THIS ACTIVITY BECAUSE THERE ARE CERTAIN DANGERS INHERENT IN THE ACTIVITY WHICH CANNOT BE AVOIDED OR ELIMINATED. BY SIGNING THIS FORM YOU ARE GIVING UP YOUR CHILD'S RIGHT AND YOUR RIGHT TO RECOVER FROM RELEASED PARTIES IN A LAWSUIT FOR ANY PERSONAL INJURY, INCLUDING DEATH, TO YOU OR YOUR CHILD OR ANY PROPERTY DAMAGE THAT RESULTS FROM THE RISKS THAT ARE A NATURAL PART OF THE ACTIVITY. YOU HAVE THE RIGHT TO REFUSE TO SIGN THIS FORM, AND RELEASED PARTIES HAVE THE RIGHT TO REFUSE TO LET YOU OR YOUR CHILD PARTICIPATE IF YOU DO NOT SIGN THIS FORM.

I, the undersigned, as the undersigned and/or as the parent or legal guardian of the minor child ("my child") named below, do hereby give my full consent and approval for me or my child to participate as a member of the City of Sunrise's Recreation Programs.

I understand that there are certain risks of damages and injuries, including death, inherent in the City of Sunrise's Recreation Programs, as well as in traveling and in other related activities incidental to my or my child's participation, and I am willing to assume these risks on behalf of myself or my child. These risks include, but are not limited to, those hazards associated with weather conditions, travel, playing conditions, equipment and other participants.

I understand that there is inherent risk in Recreation Programs and that inherent risk means those dangers or conditions, known or unknown, which are characteristic of, intrinsic to, or an integral part of the activity; and that the term "inherent risk" further includes, but is not limited to: (1) the failure by the Released Parties to warn me or my child of an inherent risk, and (2) the risk that someone may act in a negligent or intentional manner and contribute to the injury or death of me or my minor child.

Further, I agree that in consideration for my or my child's participation in the City of Sunrise Recreation Programs, I hereby waive, release, discharge and agree not to sue the City of Sunrise, its departments, employees, officials, coaches, volunteers and agents ("Released Parties"), for any and all causes of actions, claims or damages arising out of or resulting from my or my child's participation in this activity, including but not limited to damages, injuries, or death arising out of the negligence of Released Parties or otherwise. I agree that for me or my child to participate in the activity, I assume full responsibility for any loss of property, accident, bodily injury, or death as a result of my or my child's participation in this activity.

I hereby permit the City of Sunrise to use or distribute any or all still and/or moving images in which I or my child appear for any use including, but not limited to: video, Web, print and multimedia applications; training or other instructional materials; advertising, commercials or other promotional materials; and other forms of media, without compensation. Any image (s) created shall be the property of the City of Sunrise.

I hereby give permission for me or my child to receive necessary medical treatment.

I further agree on behalf of myself and my child listed below, that I shall hold harmless and fully indemnify and defend the Released Parties from any and all causes of action, claims, damages, costs including but not limited to attorney's fees and costs, which may arise from any cause of action made by me or by, through or on behalf of me or my child, even if the damages, injuries or death are caused in whole or in part by the negligence of the Released Parties.

I acknowledge (a) that I have read (or have had read to me) each and every one of the provisions in this waiver, release of liability and indemnification agreement, (b) that I understand each of the provisions in this agreement and (c) that I agree to abide by them.

\_\_\_\_\_  
PRINT NAME OF MINOR CHILD

\_\_\_\_\_  
PRINT NAME OF LEGAL GUARDIAN OR ADULT PARTICIPANT

\_\_\_\_\_  
ADDRESS

\_\_\_\_\_  
SIGNATURE OF LEGAL GUARDIAN OR ADULT PARTICIPANT

DATE: \_\_\_\_\_



1. REGISTER ONLINE AT [www.sunrisefl.gov](http://www.sunrisefl.gov) OR USE ONE FORM TO REGISTER: Please print in ink or type. Make sure you fill out the registration form and waiver completely. Incomplete forms will be returned, and could delay your registration process. You may make additional photocopies of the form to submit if necessary.
2. HOUSEHOLD IDENTIFICATION#: The Department of Leisure Services has implemented a computerized registration process. If you have registered for any previous programs, your family was assigned a "Household Identification #." This number can be found on the receipt you received. Please write this number on your registration form. This will greatly speed up the registration process and improve the accuracy of your registration.
3. SUNRISE RESIDENTS RECEIVE SIBLING DISCOUNTS FOR YOUTH SPORTS PROGRAMS: Fee is for the first child; residents receive a 10% reduction for the second child, 15% for the third child, 20% for the fourth child, 25% for fifth child and an additional 5% cumulative reduction for each successive child.
4. LIST THE APPROPRIATE ACTIVITY NUMBER ON YOUR REGISTRATION FORM. Refer to the activity listing for the proper activity number.
5. DO NOT SEND CASH! Make checks or money orders payable to the City of Sunrise or complete credit card information on your registration form. Payment in full is required with each registration. (There is a \$20 or 5% charge - whichever is greater - for all checks not honored for any reason by the bank). Payment by check will only be accepted if received three (3) weeks prior to the activity.
6. PROOF OF RESIDENCY/AGE IS REQUIRED. Each time you register for a sport or activity, you must provide proof of residency as specified in the table on the right in order to qualify for the discounted Sunrise resident rate. You must also provide a copy of each child's birth certificate as proof of age if this is their first time participating in a Sunrise sports activity or other activity.

Proof A or ↓	<b>ONE Document* from Category A:</b> <input type="checkbox"/> Mortgage Statement <input type="checkbox"/> Utility Bill: Water, Cable, FPL, or Internet <input type="checkbox"/> Printout from the Broward County Property Appraiser website (BCPA.net) <i>Don't have Proof A? Provide Proof B...</i>
Proof B or ↓	<b>TWO Documents* from Category B:</b> <input type="checkbox"/> Car registration <input type="checkbox"/> Car insurance <input type="checkbox"/> Tax return / tax assessment <i>Don't have Proof A or Proof B? Provide Proof C...</i>
Proof C	<b>THREE Documents* from Category C:</b> <input type="checkbox"/> Bank statement <input type="checkbox"/> Student loan <input type="checkbox"/> Toll bill <input type="checkbox"/> Credit card statement <input type="checkbox"/> School enrollment form <input type="checkbox"/> Insurance policy <input type="checkbox"/> Medical bill <input type="checkbox"/> Paystub <input type="checkbox"/> Driver's license or <input type="checkbox"/> Cell phone bill <input type="checkbox"/> Lease agreement <input type="checkbox"/> State-issued photo ID <span style="margin-left: 150px;">with Sunrise address</span>
*Documents cannot be more than two months older than the date on which they are submitted as proof of residency.	

7. SIGN AND DATE THE BOTTOM OF THE FORM. Send: 1) Completed registration form; 2) check or money order; 3) proof of residency; and 4) a copy of each first-time participant's birth certificate to:  
 The City of Sunrise, Department of Leisure Services  
 ATTN: Registration  
 Civic Center & Athletic Club  
 10610 West Oakland Park Blvd.  
 Sunrise, Florida 33351  
 Call (954) 747-4600 with any questions.

SUNRISE PARKS & FACILITIES

**Leisure Services Office**  
 10610 W. Oakland Park Blvd.  
 Open 9:00 am - 5:30 pm, weekdays

**Athletic Club** | 10610 W. Oakland Park Blvd.  
 Open 6:30 am - 9:00 pm, weekdays  
 Open 8:00 am - 8:00 pm, weekends  
 Open 8:00 am - 3:00 pm 11/11, 11/25, 12/26,  
 1/2. Closed 11/24, 12/25, 1/1

**City Park** | 6600 Sunset Strip  
 Open 8:00 am - 10:00 pm, daily

**Cypress Preserve Park**  
 9020 NW 38 Street  
 Open 8:00 am - sunset, daily

**Flamingo Park** | 12855 NW 8 Street  
 Open 8:00 am - 10:00 pm, daily

**Flamingo Road Linear Park**  
 Flamingo Road between  
 Panther Parkway & Oakland Park Blvd

**Lakeside Park**  
 3000 Sunrise Lakes Drive West.  
 Open 8:00 am - sunset, daily

**Nob Hill Soccer Club Park**  
 10200 Sunset Strip  
 Open 8:00 am - 10:00 pm, daily

**Oak Hammock Park**  
 9220 NW 44 Street  
 Open 8:00 am - sunset, daily

**Oscar Wind Park**  
 200 North New River Circle  
 Open 8:00 am - 10:00 pm, daily

**Piper Field** | 8000 NW 44 Street

**Sawgrass Sanctuary**  
 237 N. New River Circle  
 Open 8:00 am - sunset, daily

**Shotgun Road Linear Park**  
 1201 Shotgun Road

**The Bridges at Springtree Golf Club**  
 8150 Springtree Drive  
 Golf Course Open 7:00 am - sunset

**Sunrise Athletic Complex (SAC)**  
 11501 NW 44 Street  
 Open 8:00 am - 10:00 pm, daily

**Sunrise Senior Center**  
 10650 W. Oakland Park Blvd.  
 Open 8:30 am - 9:00 pm, M-TH  
 Open 8:30 am - 4:30 pm, F  
 Open 9:00 am - 1:00 pm, Sat  
 Closed 11/11, 11/24, 11/25,  
 12/24, 12/26, 12/31, 1/2

**Sunrise Golf Village Park**  
 1277 Sunset Strip

**Sunrise Sportsplex**  
 9101 NW 50 Street  
 Open 8:00 am - 10:00 pm, daily

**Sunrise Tennis Club**  
 9605 W. Oakland Park Blvd.  
 Open 8:00 am - 9:30 pm, weekdays  
 Open 8:00 am - 3:00 pm, weekends  
 Open 8:00 am - 3:00 pm

**Village Multipurpose Center**  
 2240 NW 68 Avenue  
 Open 10:00 am - 9:00 pm, weekdays  
 Open 10:00 am - 6:00 pm, weekends  
 Open 10:00 am - 3:00 pm, 11/11, 11/25, 12/26,  
 1/2. Closed 11/24, 12/25, 1/1

**Village Square Park** | 6601 Sunset Strip

**Welleby Park**  
 11100 NW 44 Street  
 Open 8:00 am - sunset, daily

*Holiday Hours for Parks:*  
 11/24, 8:00 am - 3:00 pm  
 12/24, 8:00 am - 3:00 pm  
 12/25, 9:00 am - 3:00 pm  
 12/31, 8:00 am - 3:00 pm  
 1/1, 9:00 am - 3:00 pm



Leisure Services Department  
 10610 West Oakland Park Boulevard  
 Sunrise, FL 33351  
 Phone: (954) 747-4600

PRSR STD  
 US Postage Paid  
 Ft. Lauderdale, FL  
 Permit No. 825

ECRWSS

\*\*\*\*\*ECRWSEDDM\*\*\*\*

Residential Customer  
 Sunrise, Florida

Mayor Michael J. Ryan, Commissioners Mark A. Douglas, Jacqueline A. Guzman, Neil C. Kerch, and Joseph A. Scutto

# JUST FOR TEENS

at the Sunrise Civic Center  
 Theatre & Art Gallery  
 10610 West Oakland Park Boulevard

WRITING WORKSHOP AND  
 TEEN OPEN MIC NIGHT

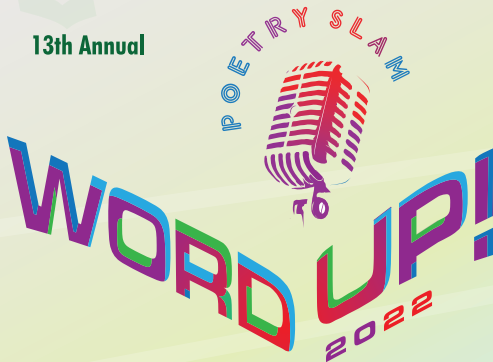
Workshop at 6:00 pm  
 Open Mic from 7:00 pm to 9:00 pm  
 featuring DJ Prec

One Friday Each Month:  
**October 7** – Halloween theme  
**November 18** – Gratitude theme  
**December 9** – Happy Holidays theme

# LYRICAL LOUNGE

The City's FREE teen open mic night happens every month — and now includes a writing workshop facilitated by a teaching artist. Fine-tune your words at 6:00 pm and take the stage at 7:00 pm! Attire and poems that match the monthly theme are encouraged, and audience members are welcome. Light refreshments will be served. Visit [sunrisefl.gov/lyrical](http://sunrisefl.gov/lyrical).

13th Annual



Be part of our annual spoken-word competition for Broward County high school students!

Poets selected through the audition process will participate in a series of free Saturday writing workshops at the Sunrise Civic Center. During these workshops (scheduled for 10:00 a.m. to 2:00 p.m. on October 15, 22 and 29, and November 5), students will receive writing and performance assistance in preparation for the Finals. Darius Daughtry — author, arts educator, and founder of the Art Prevails Project — will lead our workshops and emcee the finals. The Jason Taylor Foundation will award cash prizes to the top three finishers!

Registration Deadline: **Tuesday, October 4**  
 Audition: **Wednesday, October 5**, at 6:00 p.m.  
 Finals: **Wednesday, November 16**, at 7:00 p.m.

Visit [sunrisefl.gov/wordup](http://sunrisefl.gov/wordup) today to download an audition application.

For details about Lyrical Lounge and Word Up!, call (954) 747-4646 or email [iginn@sunrisefl.gov](mailto:iginn@sunrisefl.gov).

Special thanks to our program sponsors:



2021 Word Up!  
 Champion  
 Raya Shaw