

HORIZONS

Your Guide to Events and Activities in the City of Sunrise • July / August / September • 2022



SAC Park Nears Completion New Amenities to Open Soon!



July 4th

Back-to-School Round Up

ComicCon

Join Us for a Summer of Fun!

July 4th Celebrations, Back to School Round-Up, Sunrise ComicCon and More

IT STARTS IN
PARKS

HEALTH • COMMUNITY • RECREATION • ENVIRONMENT

IN THIS ISSUE



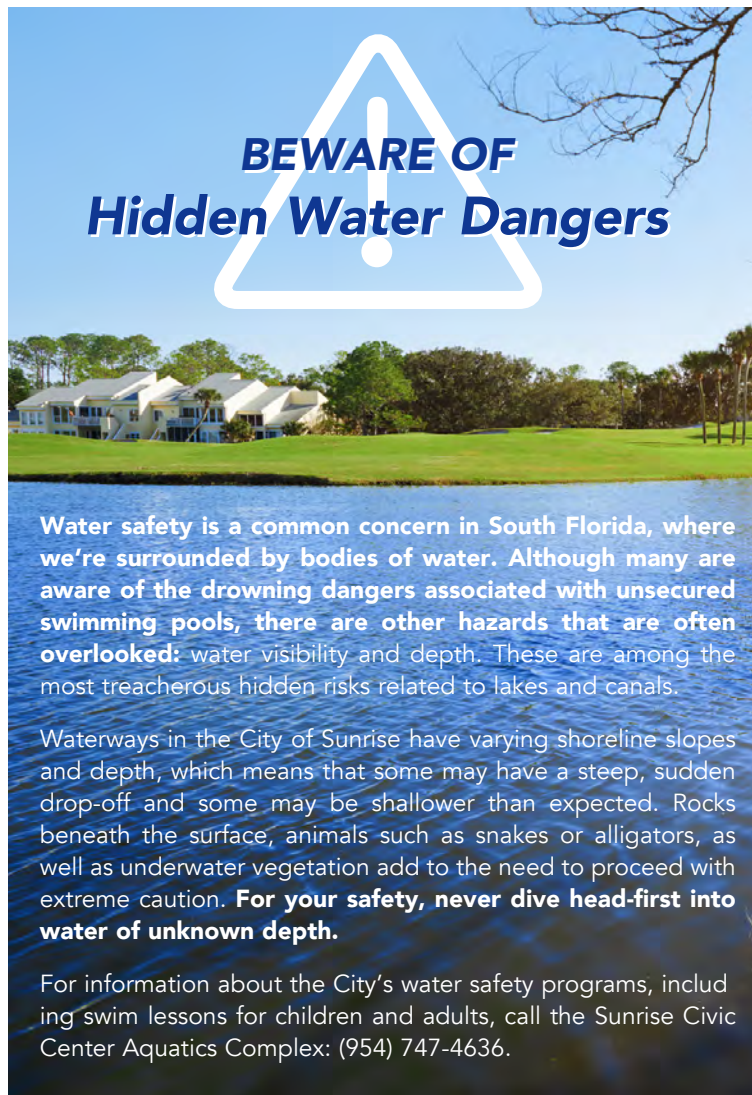
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Horizons is produced for the benefit of our residents. We welcome your comments regarding this publication. Write to: City of Sunrise/ Horizons, Attn: Marketing & Communications, 10610 West Oakland Park Boulevard, Sunrise, FL 33351



**BEWARE OF
Hidden Water Dangers**

Water safety is a common concern in South Florida, where we're surrounded by bodies of water. Although many are aware of the drowning dangers associated with unsecured swimming pools, there are other hazards that are often overlooked: water visibility and depth. These are among the most treacherous hidden risks related to lakes and canals.

Waterways in the City of Sunrise have varying shoreline slopes and depth, which means that some may have a steep, sudden drop-off and some may be shallower than expected. Rocks beneath the surface, animals such as snakes or alligators, as well as underwater vegetation add to the need to proceed with extreme caution. **For your safety, never dive head-first into water of unknown depth.**

For information about the City's water safety programs, including swim lessons for children and adults, call the Sunrise Civic Center Aquatics Complex: (954) 747-4636.

ADA NOTICE

The City of Sunrise is an equal opportunity agency and does not discriminate with regard to its services, programs and activities regardless of race, color, religion, national origin, sex, age or physical or mental abilities. Any person who believes he or she has a disability and requires an accommodation in order to participate in any of our programs, please call (954) 747-4600 as early as possible so that we may have adequate time to insure an accommodation by the start date.

IT'S EASY TO REGISTER FOR LEISURE SERVICES PROGRAMS!

The Leisure Services Department offers extended hours for in-person program registration. Sunrise residents may register for programs at the front desk of the Civic Center Athletic Club during normal business hours: weekdays from 6:30 am to 9:00 pm, and weekends from 8:00 am to 7:00 pm. Residents also have the option of registering online at www.sunrisefl.gov. To access this free, convenient service - available 24 hours a day - residents must have a household number as well as a Visa, Discover, MasterCard, or AmericanExpress for payment. Of course, registration by mail or fax - as well as in-person registration at the Leisure Services office - is still available.

A MESSAGE FROM THE MAYOR

School is out and our **summer camp** program is in full swing! Sunrise kids are enjoying enriching and educational activities – including museum field trips, swim days, arts and crafts projects and STEM workshops. With all the fun they're having, the campers may not realize they're learning, too. However, it's important to keep students engaged in order to avoid the "summer slide" – a loss of knowledge in reading and math that can happen during the school break.

Research shows that children in kindergarten through second grade can be most at risk because they're at a crucial stage in their development, and what they learn needs regular reinforcement. Parents and caregivers can help by offering opportunities for "smart" play, like puzzles and math-oriented games, as well play that's centered on imagination. Another tried-and-true way to boost brain power is to read for enjoyment. At the **Sunrise Dan Pearl Library**, young readers can access hundreds of books for free! If you want to grow your own home library, remember that Florida's sales tax exemption on books for children 12 and younger is in effect through August 14th. (You'll find tax holiday information at www.floridarevenue.com.)

The City of Sunrise is happy to do our part to put books in kids' hands – and connect families with other education resources – at our free **Back to School Round-Up** on August 6th at the Civic Center. Don't miss your chance to talk with school administrators, teachers and volunteers, and to enjoy refreshments and fun activities. Sunrise residents in grades K-12 can receive a backpack filled with school supplies as well as a grade-appropriate book.

Of course, the City's biggest summertime event is our **July 4th Celebration!** We'll start the day with our **Parade and Family Fun Day** at City Park. In the evening, enjoy a **Concert and Fireworks** outdoors at the FLA Live Arena. As always, parking and admission are free. There will be inflatables for the kids, food and beverage vendors for all ages, and three great bands playing reggae, '80s favorites, and Top 40.

We're also looking forward to the return of **Sunrise ComicCon**, happening on August 13th at the Civic Center. This amazing, family-friendly event continues to expand and excite! If you're a fan of superheroes, sci-fi and other pop culture entertainment, you'll want to participate. Make sure you purchase your tickets early, however; prices go up on August 7th!

On behalf of the entire Sunrise City Commission, I wish you and your loved ones a safe, healthy and happy summer.

SUNRISE RECEIVES \$2 MILLION FOR UTILITY INFRASTRUCTURE

In April, the City of Sunrise announced the receipt of **\$2 million in federal funding** – part of \$15 million secured through the efforts of Congresswoman Debbie Wasserman Schultz for several high-priority South Florida projects.

The funds allocated to Sunrise will be used to replace an aging City of Sunrise Utilities Department pump that manages stormwater and provides flood protection to thousands of acres of residents and businesses, including those in neighboring communities in western Broward County.

"Stormwater Pump Station #8 was nearing the end of its useful life, and Congresswoman Schultz was tremendously vigilant in helping Sunrise replace it so we can continue to reliably serve the neighborhoods and businesses that depend on our Utility infrastructure," said Sunrise Mayor Michael J. Ryan. "These funds – and the hardware they will secure – provide peace of mind to the greater Sunrise community."



Michael J. Ryan, Mayor

*The City of Sunrise
is represented by (left to right):*

Commissioner Joseph A. Scutto;

**Assistant Deputy Mayor
Mark A. Douglas;**

Mayor Michael J. Ryan;

Commissioner Neil C. Kerch;

Deputy Mayor Jacqueline A. Guzman

Get To Know Your Sunrise City Commission

The City of Sunrise operates under a Commission/Manager form of government. The Sunrise City Commission, which is comprised of a Mayor and four Commissioners, is the legislative and policy-making body of the City, responsible for approving the budget and providing strategic direction to staff. The City Commission appoints the City Manager, City Attorney, City Clerk, Police Chief, Fire Chief, and members of City boards and committees.

The Mayor and City Commissioners are each elected at-large on a non-partisan basis and serve four-year terms. The City Commission represents the public interest; promotes prompt, courteous responses to citizen problems and concerns; provides clear leadership and direction; and assures the present and future fiscal integrity of the City.

The Sunrise City Commission is dedicated to serving the broad needs of the community. The Mayor and Commissioners provide careful and responsible judgment in the exercise of legislative duties, with the clear understanding that they are the people's representatives in setting policies and in determining levels and priorities of programs and expenditures.



Mayor Michael J. Ryan

Michael J. Ryan was elected Mayor of Sunrise in August 2010, and returned to office without opposition in 2012, 2016 and 2020. He earned a B.B.A., majoring in Finance, from The George Washington University, and a Juris Doctorate, summa cum laude, from The Case Western Reserve University School of Law.

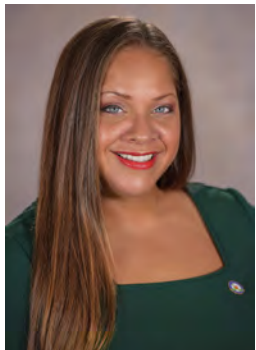
Mayor Ryan has long been an active resident of the City of Sunrise. Mayor Ryan served as a PTA President for two years and as an Executive Board Officer for an additional two years with the Sawgrass Elementary PTA; a volunteer coach over many years for youth soccer, baseball and flag football; volunteer coach for high school varsity girls soccer team; and two terms as Chair of the Education Advisory Board for the City of Sunrise.

In addition, Mayor Ryan is an appointed member of the Broward County Regional Planning Council; chair (and prior vice-chair) of the Broward County Consolidated Communications Committee (regional emergency 911 communications); co-chair of the Communications Working Group for Strengthening Police-Community Relations; past chair and past vice-chair of the Public Safety Committee for the Broward League of Cities; past co-chair of the Broward County League of Cities' Joint School Resource Officers Task Force; current co-chair of the Broward League of Cities' School and Community Public Safety Taskforce; and, a current member of the Broward County

Chiefs of Police Association Committee on Domestic Violence Injunction Process. He is an elected member of the Florida League of Mayors (2016-present) as well as a member of the Florida League of Cities' Transportation and Intergovernmental Relations Committee.

Mayor Ryan has received awards for his work in the community, and is a frequent author regarding matters of public importance. His work promoting scholastic and community based chess initiatives has been the subject of local, national and international news coverage. Mayor Ryan's efforts, along with that of the City Commission and City staff, led to the City of Sunrise earning the national title of "Chess City 2015" by the United States Chess Federation and the development of the Sunrise Center for Excellence in Chess. In 2014, celebrating his roots that go back to Ireland and his status as first generation American, Mike was named "Irishman of the Year" by the Emerald Society of Fort Lauderdale.

Mayor Ryan is also a lawyer and partner in the law firm of Freedman Harwin Valori Ryan in Fort Lauderdale, Florida. In 2019, Mayor Ryan was awarded the Broward County Bar Association's "Walter G. 'Skip' Campbell, Jr. Lawyer-Public Servant Award." Aside from his successful law practice, Mayor Ryan has been an active force in the lives of many in our community. He has served as a member of the Board of Directors and Secretary to the Board for Women in Distress for Broward County. His charitable works include running marathons for charity, helping gather goods and supplies to assist Haiti after the January 2010 earthquake, traveling to Haiti to volunteer after the earthquake, traveling overseas to volunteer at a U.S.O. Wounded Warrior Center, and a 900-mile bike ride to benefit, among others, wounded soldiers and their families.



Deputy Mayor Jacqueline A. Guzman

Jacqueline A. Guzman was elected to the Sunrise City Commission in November of 2020. Deputy Mayor Guzman made Sunrise election history with close to 20,000 votes and is the first Hispanic (Puerto Rican) female elected in Sunrise. ¡Muchas gracias por tu apoyo!

Deputy Mayor Guzman was born in Brooklyn, New York and has been raising her family in the City of Sunrise for almost 15 years. She attended Piper High School her freshman year and was raised in a Sunrise church during her teen years. Her three children attend Sunrise public schools and are active in Sunrise sports.

Deputy Mayor Guzman graduated in 2016 with her Associate's Degree in Healthcare from Las Vegas College in Nevada, and continued her education in Substance Abuse and Addictions Counseling.

Deputy Mayor Guzman is a two-time heart attack survivor which led her on her journey as a local spokeswoman with The American Heart Association from 2012 to 2014. For 10 years, she continues to spread awareness and currently serves as a Board Member.

Deputy Mayor Guzman and her children have volunteered with numerous organizations such as HandsOn Broward, YMCA, Habitat for Humanity, Ronald McDonald House and more. She has organized fundraisers for Jose's Hope 4 the Homeless, The American Heart

Association, Kids in Distress and Voices for Children.

Deputy Mayor Guzman has been an active member of her community with the following organizations: American Heart Association Board Member, HandsOn Broward Board Member, ESE School Board Committee Member, Child Advocate with the Guardian ad Litem Program, appointed as the Florida League of Cities Voting Delegate, Broward League of Cities-Alternate Voting Delegate and BLC Youth Leadership Committee Member, serves as the PTO President at Westpine Middle School, where she founded Panthers with a Purpose, (a volunteer program for students) and has been a volunteer coach for the City of Sunrise since 2012. She also continues to be a strong supporter of youth and teen programming in the City.

Deputy Mayor Guzman is a graduate of the Sunrise Residents Leadership Academy, Parent Leadership Training Institute, Community Emergency Response Team (C.E.R.T.) and currently completing the Citizens Police Academy this year.

As a daughter of a small business owner, Deputy Mayor Guzman is a supporter of Sunrise businesses. During the pandemic, she recognized a need to help business owners navigate through challenging times. In 2021, Deputy Mayor Guzman expressed her strong support for the City's new Sunrise Small Business Academy, which was unanimously approved by the City Commission.



Assistant Deputy Mayor Mark A. Douglas

Mark A. Douglas is an Attorney at Law since 2006. Assistant Deputy Mayor Douglas graduated from Florida International University (FIU) College of Law and litigates throughout the State of Florida, including in all three Federal Districts. He focuses on Criminal Defense and Immigration Law, and handles matters related to unpaid minimum wage and overtime arising under the Federal Fair Labor Standards Act (FLSA). He earned a Bachelor's Degree in Business Administration with honors from the University of Technology Jamaica and is a licensed Realtor for over 17 years.

Before entering private practice, Assistant Deputy Mayor Douglas worked as a Criminal Prosecutor in the Miami-Dade County State Attorney's Office. While in Law school, he served as a Certified Legal Intern at the Miami-Dade State Attorney's Office, worked pro bono in the Miami-Dade Public Defender's Office and participated in Student Government, serving as president of the Black Law Students Association. He also was member of the Law School's Board of Advocates, representing the school nationally in intra-mural negotiating competitions, and was named to the Dean's List of scholars.

Assistant Deputy Mayor Douglas has been involved in many community activities through the years, frequently providing pro bono services to indigent clients and providing free legal advice during citizenship drives within Broward County, as well as acting as a mentor to young law students and lawyers. He has served on the Board of four homeowners' associations, and continues to serve as President of his community association board for over 13 years.

Before being elected to the City Commission, Assistant Deputy Mayor Douglas was a member of the Broward County Consumer Protection Board, the City of Sunrise Economic Development Advisory Board, the City's Bicycle and Pedestrian Advisory Board - which he chaired for two terms - and the City's Board of Zoning Adjustment.

Assistant Deputy Mayor Douglas was first elected in 2016 and was the first minority to have been elected to or otherwise serve on the City Commission. In the November 2020 elections, he was returned to office un-opposed. He served as Deputy Mayor in 2019 and is the City's representative on the Board of the Broward League of Cities.

Assistant Deputy Mayor Douglas currently serves on the Board of Trustees of the Florida Municipal Insurance Trust, a mutual insurance entity of the Florida League of Cities that provides a range of insurance coverage for over 550 public entities statewide, including the City of Sunrise, insuring over 10 billion dollars in property values. He has served on several committees of the Florida League of Cities, including the Municipal Administration Committee, and the Legislative Action Committee, and currently serves on the Finance, Taxation and Personnel Committee.

At the national level, Assistant Deputy Mayor Douglas served for two terms on the National League of Cities' Finance, Administration and Intergovernmental Relations (FAIR) Federal Advocacy Committee. In November 2020, he was appointed Chairman of FAIR, and consequently to serve on the Board of the National League of Cities. He is also member of the Broward County Bar Association, serving on their Mentorship Committee.

Assistant Deputy Mayor Douglas and his family have resided in Sunrise since 2001.



Commissioner Neil C. Kerch

Neil C. Kerch was elected to the Sunrise City Commission in March of 2013, and re-elected in 2014 and 2018. Commissioner Kerch has served as Deputy Mayor in 2013, 2017, and 2021. Commissioner Kerch has three guiding principles as an elected official, which are follow your vision for the city, serve with integrity, and deliver results. Commissioner Kerch is team oriented and honored to work with his colleagues on the Commission and City staff to make Sunrise the best place to live, work, play, learn, shop, and eat.

Since being elected, Commissioner Kerch has spoken and participated in numerous community meetings and events. He is proud of the improvements to the parks and recreation facilities in neighborhoods city wide, the improvements in our Sunrise Police Department's community-based policing, improvements in Sunrise Fire Rescue, maintaining a structurally balanced budget without raising the tax millage rate, and implementing COVID-19 assistance programs, and planning for the City's future with a new city hall, infrastructure improvements, and investments throughout the city.

Commissioner Kerch graduated cum laude from Florida Atlantic University in 2001 with a B.A. in Finance and Management. He received his J.D. in 2005 from the Shepard Broad Law Center at Nova Southeastern University. Commissioner Kerch is admitted to the Florida Bar and the United States District Court of the Southern District of Florida. After being admitted to the Florida Bar,

Commissioner Kerch served as an Assistant Public Defender in Broward County. He currently works at his law firm as a Trial Lawyer and Counselor of Law where he represents clients with legal issues in Broward, Miami-Dade, and Palm Beach Counties. Prior to embarking on his legal career, Commissioner Kerch was employed in the Hotel/Restaurant industry.

Commissioner Kerch has been a resident of Sunrise since 2004, where he has been active throughout our community. Commissioner Kerch is a member of many professional associations and organizations. He has been a chess coach, a youth athletics coach for the children of Sunrise and, prior to being elected to the City Commission, served on the City's Leisure Services Advisory Board. Commissioner Kerch is married to Carmen, and they have one child.



Commissioner Joseph A. Scutto

Joseph A. Scutto - a resident of Sunrise for over 40 years - grew up playing youth sports in Sunrise, attended Bair Middle School, and graduated from St. Thomas Aquinas High School. A Sunrise business owner since 1985, Scutto has served as a City Commissioner since 1997, and was most recently returned to office without opposition in 2020. In 2014, Commissioner Scutto received a key to the City of Sunrise for, at that time, being the longest-serving commissioner. In 2017, the Florida League of Cities presented Commissioner Scutto with the "John Land Years of Service" award for his 20 years of service.

Commissioner Scutto participates in the Broward County School Board's Partners in Education program that has helped students enter the workforce, and has sponsored numerous civic organizations and charities, including the American Cancer Society, Kaitlyn's Gift for Jackson Memorial Hospital, Dan Marino Foundation, Lutz Buddy Up, Joe DiMaggio Children's Hospital and the Paralyzed Veterans Association of Florida. He is the president of the Sunrise Italian-American Civic Association and has been an active member of several committees, including serving as Chair of the Florida League of Cities' Environmental Quality Committee.

Commissioner Scutto has served as a member of several committees, including serving as Chair of the Florida League of Cities' Environmental Quality Committee, Broward County's Resource and Recovery Board, Areawide Council of Aging of Broward County,

Inc. Board of Directors, National League of Cities' Community and Economic Development Steering Committee, past Chair of the South Florida Regional Planning Council and as a current member of the Metropolitan Planning Organization.

Commissioner Scutto recently proposed a Free Recycled Paint program - unanimously approved by his colleagues - which would provide free exterior paint to Sunrise homeowners. He initiated the Youth Athlete of the Month program, which recognizes exemplary male and female student athletes. He also started and is a staunch supporter of expanding the City's School Resource Officer program to include grades K-12. Commissioner Scutto is the owner of Scutto's Pizza Café/Drive Thru restaurant in Sunrise. He and his fiancée, Allison, are the proud parents of two girls, Kaitlyn and Alyse.

HURRICANE SEASON IS UNDERWAY! ARE YOU PREPARED?

Hurricane season began on June 1st and continues through November 30th. While hurricanes can happen at any point during storm season, the most likely time for a hurricane to make landfall in Florida is mid-August through late October. As we approach the peak of hurricane season, do you have an emergency plan in place?

IS YOUR YARD READY?

Once a storm watch has been issued, it's too late to trim your trees and safely dispose of branches. For the safety of collection crews – and due to the closure of disposal sites – garbage, recycling and bulk trash collection must be suspended long before bad weather arrives. Do not put carts or debris outside before a storm!

All uncollected debris, as well as bulk trash and garbage carts, should be brought inside or safely secured next to your home. Debris that's left outside can cause serious damage to your home – or to your neighbors' homes – when the wind rises. It can also block roadways and slow the response of emergency personnel.

IS YOUR HOME READY?

Be sure that your homeowners (or renters) insurance is up to date, and that you have the shutters, hardware, and installation tools necessary to protect your windows and doors should a storm threaten our community.

IS YOUR FAMILY READY?

Here are a few important steps you can take now in order to stay safe:

• Assemble an Emergency Kit

If a storm hits, you may need to survive independently for several days. Prepare by placing your family's necessities in plastic bins or bags that will keep them dry and portable. A basic emergency kit should contain a minimum three-day supply of water and non-perishable food for each household member (including pets), as well as medicine, a first aid kit, personal hygiene items, a radio and flashlights with extra batteries, and copies of important documents. Visit www.ready.gov/kit for a comprehensive list.

• Create a Communication Plan

It's important to maintain an up-to-date list of contact information and share it with family members and friends. Visit www.ready.gov/plan to create a customized Family Emergency Communication Plan.

• Consider Your Medical Needs

The City of Sunrise is not in a hurricane evacuation zone. This means that healthy, non-vulnerable residents can remain in their home during a storm. If you are dependent on electricity for your medical needs, or if you have a medical condition that requires special care (but not hospitalization), a Broward County Special Needs Shelter may be appropriate for you. Pre-registration is strongly encouraged; visit www.broward.org/atrisk for an application, or call (954) 831-3902.

Residents who are at-risk due to frailty or disability, but who decide to stay home during a storm, are encouraged provide their contact information to Broward County's Vulnerable Population Registry. This tool is not a guarantee of assistance; however, it helps the County and the City better plan for emergencies. To register, visit www.broward.org/atrisk or call 311.

• Stay Informed

Sunrise uses the **CodeRED** notification system to alert residents in the event of a hurricane, boil water order or other emergency. You can decide how you want to be contacted: by phone, by text and/or by email. The only way to be sure you're in our database is to register. Visit www.sunrisefl.gov/codered to sign up online, or text AlertSunrise to 99411.

Other important sources of information include local media, the National Hurricane Center (www.nhc.noaa.gov and @NWSNHC on Facebook and Twitter), and these City channels:

- Our website, **www.sunrisefl.gov**
- The City's social media accounts, **@cityofsunrise** on Facebook, Twitter and Instagram
- The Police Department's social media accounts, **@sunrisepolicefl** on Facebook and Twitter
- The Fire Resue Department's social media accounts, **@sunrisefrd** on Facebook and Twitter
- **Sunrise Source** email newsletters (visit www.sunrisefl.gov/sunrisecode to opt in).

Be safe, Sunrise! For additional resources, visit sunrisefl.gov/hurricane.





Pollinators are responsible for one in every three bites of food we take. Florida is home to more than 300 species of bees that assist in pollination and ecosystem health.

CALLING ALL CITIZEN SCIENTISTS:

Support Pollinators by Participating in Our Sunrise BioBlitz!

The City's sustainability team is hosting a **Sunrise "Parks for Pollinators" BioBlitz Bingo event** in September – part of a fun, nationwide challenge to discover and document pollinator species!

"Bio" means "life" and "blitz" means "to do something quickly and intensively." Together they make BioBlitz – a collaborative race against the clock to find as many species as possible within a set location during a defined time period. Join us!

Sunrise "Parks for Pollinators" BioBlitz Bingo

Saturday, September 17th

10:00 am to 2:00 pm

Oak Hammock Park, 9220 NW 44th Street

Start by picking up a Sunrise BioBlitz Bingo card at the Pigeon Plum Pavilion. All ages are welcome. This is a great activity for families and school groups; no experience is necessary!

The protection of pollinators and other insects is vital to sustaining healthy communities – and parks play a key role in preserving pollinators and their habitats. This event is designed to engage residents in pollinator awareness and education while also collecting local pollinator data for a genuine scientific survey.

The "Parks for Pollinators" BioBlitz uses the free iNaturalist smartphone app, which enables local results to be shared and calculated up to the national level to show the program's broader impact. (In order to collect data for this event, you'll be asked to log in or create an iNaturalist account and join the **Parks for Pollinators 2022: Sunrise BioBlitz** project.)

On September 17th, BioBlitz Bingo participants will learn how to use iNaturalist to help collect data while participating in a family-friendly, naturalist-led nature walk. Attendees can also complete a Sunrise BioBlitz Bingo card to win an eco-friendly prize!

Extend the fun by visiting other Sunrise parks throughout September and uploading photos of the trees, plants, flowers, bugs, and birds you see. The iNaturalist app will identify the species, and then experts will review your photos – which are automatically linked to our project page.

Stay informed about the Sunrise BioBlitz and other sustainability initiatives: Sign up for the Good and Green newsletter at www.sunrisefl.gov/green.

THIS SEASON IN SUNRISE

JULY

- 4 July 4th Parade & Family Fun Day
City Park, 9:00 am to 12:00 pm
- 4 July 4th Concert & Fireworks
FLA Live Arena, 4:30 pm to 9:30 pm
- 15 "Lyrical Lounge" Teen Open Mic Night
Civic Center Art Gallery, 7:00 pm to 9:00 pm
- 23 Household Hazardous Waste Disposal
Sunrise Public Works, 9:00 am to 1:00 pm
- 23 Opening Reception: "The Memory Catcher"
Civic Center Art Gallery, 6:00 pm
- 30 Disney's "The Little Mermaid"
Civic Center Theatre, 7:00 pm
- 31 Disney's "The Little Mermaid"
Civic Center Theatre, 2:00 pm

AUGUST

- 2 National Night Out
Public Safety Complex, 6:00 pm to 9:00 pm
- 6 Back to School Round-Up
Civic Center, 10:00 am to 1:00 pm
- 13 Sunrise ComicCon
Civic Center, 11:00 am to 6:00 pm
- 19 "Lyrical Lounge" Teen Open Mic Night
Civic Center Art Gallery, 7:00 pm to 9:00 pm
- 26 Opening Reception: "Empowered"
Civic Center Art Gallery, 6:00 pm
- 28 "Snow White, Before the Dwarves"
Civic Center Theatre, 1:00 pm and 4:00 pm

SEPTEMBER

- 11 September 11th Remembrance Ceremony
Civic Center Theatre, 8:30 am
- 16 "Lyrical Lounge" Teen Open Mic Night
Civic Center Art Gallery, 7:00 pm to 9:00 pm
- 17 Kids' Fishing Derby
Welleby Park, 8:30 am to 10:30 am
- 17 BioBlitz Bingo
Oak Hammock Park, 10:00 am to 2:00 pm
- 18 Opening Reception: "This is How I Feel"
Civic Center Art Gallery, 4:00 pm
- 24 Mayors' Chess Challenge
Civic Center Grand Ballroom, 10:00 am to 12:00 pm
- 24 Muttville Comix
Civic Center Theatre, 2:00 pm

SAVE THE DATE

The City's annual, Halloween-themed **Trick or Trot 5K and Kids' Dash** is set for Saturday, October 22, at Markham Park. Visit www.sunrisefl.gov/5k for details!

GO Bond Update:

Improvements to Parks and Recreation Facilities Continue

SUNRISE & YOU

PARTNERS IN PLAY

On Election Day in 2014, more than 70% of Sunrise voters approved the City's general obligation (GO) bond referendum. Thanks to this overwhelming resident support, Sunrise was able to fund improvements to parks and recreation facilities in neighborhoods citywide. The map shown here provides a quick visual overview of work funded by GO Bonds. On the following page, you'll find more in-depth information about projects currently under construction.

We will continue to update you on our progress in upcoming issues of Horizons. We also invite you to visit www.sunrisefl.gov/park-bonds for additional information - including photos and renderings - for all of our projects. (Please keep in mind that renderings are conceptual, and that design details may change over the course of a project.)

You can find project information – and knowledgeable staff members – at City events, too. Look for our GO Bond team during the Back to School Round-Up at the Sunrise Civic Center on August 6th.



Roarke Hall
The renovation of Roarke Hall is nearly complete! The enhanced facility features a new roof, hurricane protection, and a resurfaced pool. Additional amenities include a splash pad and a gas grill.



COMPLETED

- 1 **12th Street Park** – a new neighborhood green space – was constructed on formerly vacant land.
- 2 **Flamingo Park** was renovated to add a new meeting hall, shaded basketball courts, fitness stations, a splash pad, and a second batting cage. The existing meeting facility was renovated and the playground was improved.
- 3 **Bicycle lanes** were constructed along NW 44th Street from Pine Island Road to the SAC entrance at NW 117th Avenue.
- 4 **Nob Hill Soccer Club Park** re-opened in November 2019 following a complete renovation. The facility now features two new synthetic turf fields, an improved natural turf field, and a music-themed tot

lot. Nob Hill Clubhouse received a new roof and HVAC system.

- 5 **Sunrise Sportsplex** opened in December 2019. The park features a pinwheel of youth baseball/softball fields, warmup areas, a concession stand/scorer's tower, a multi-purpose field, and a large playground.
- 6 The **Civic Center** was expanded and refreshed, and reopened in July 2020. The facility now includes a second indoor gymnasium with basketball courts and an elevated walking track; a bi-level fitness center, updated locker rooms and bathrooms, a new game room, and additional program space.
- 7 **City Park** was completely renovated, and reopened in November 2020. It now features a multi-use green space surrounded by a walking path with

exercise stations; a splash pad; shaded basketball courts; a new playground; resurfaced tennis courts; and a covered outdoor stage for events.

- 8 The **Senior Center**, reopened in June 2021, was expanded to accommodate new and enhanced programming. An additional parking lot was also constructed.
- 9 **Village Beach Club** was renovated to include a new lightning protection system; window, door and fence replacement, and pool renovation; restroom, exterior lighting and landscaping upgrades; and concession building renovation and new signage.



We appreciate your patience during the construction process. Our staff and contractors are striving to keep closures, program relocations and cancellations, and other inconveniences to a minimum as we work to enhance your recreation options.

UNDER CONTRACT/CONSTRUCTION

- 10** Expand **Welleby Park** to add a dog park, a “Safety Town” play-learn area, a splash pad, a new playground, and a lakeside promenade, and enlarge and renovate the existing Community Building.
- 11** Create a **Veterans Park** with an accessible playground, a meditation labyrinth, a small pavilion, and monuments in tribute to the U.S. Military Service Branches.
- 12** Improve **Roarke Hall** facilities to include new windows, interior remodeling, and exterior lighting (completed); fence replacement (completed); landscape upgrades (completed); and a new splash pad.
- 13** Renovate **Sunrise Athletic Complex (SAC)** to include a multipurpose building and gymnasium,

covered basketball courts, added parking, and a new concession stand and scorers’ tower. In addition, improvements will be made to the multipurpose field.

- 14** The scope at **Oscar Wind Park** (Intermediate Phase) is to demolish the remaining portable classrooms on the old Cypress Bay Annex property, replace the playground with a new playground and shade structure, replace the chain link fence on North New River Circle with a decorative fence, and then construct an outdoor fitness circuit, a connector road between Oscar Wind Park and Sawgrass Sanctuary Park, walking paths, parking lot improvements, and landscaping/irrigation improvements.

IN DESIGN

- 15** Convert vacant land at **Sunset Strip/109th Avenue** into a green space with walking paths, new landscaping, irrigation, and security improvements.

FUTURE

- 14** Renovate and expand **Oscar Wind Park** (Phase II) to include a multi-purpose building and gymnasium, a new sprayground, and dedicated parking.
- 16** Convert vacant land at **9525 West Oakland Park Boulevard** into a new neighborhood park.

PROJECT SPOTLIGHT: Parks Enhancements Near Completion!

SUNRISE ATHLETIC COMPLEX (SAC)

Work is wrapping up on the expansion of SAC! The project includes the renovation of the park's existing playground, full-size multipurpose fields, meeting hall, and restroom facilities, and the resurfacing of tennis courts. In addition, a 15,000-square-foot multipurpose building is being constructed, along with five new, covered outdoor basketball courts, a concession building with scorers' tower, and additional parking. SAC's sports lighting and security features are also being enhanced. Several fields and a new playground are already open for use.



WELLEBY PARK

In the existing portion of the park, improvements include an 800-square-foot meeting room expansion, as well as the construction of a nature-themed splash pad, a new playground, a "Safety Town" play/learn area, a boardwalk along the water's edge, new Flexi-Pave pathways, supplemental parking, and lighting and security enhancements. In addition, an adjacent four-acre parcel is being developed as Sunrise's first municipal dog park, with areas for large, small, and tiny dogs.

In March 2022, the Sunrise City Commission awarded a bid to a new contractor to take over the Welleby Park enhancement project. Work is well underway and nearing completion!

Stay tuned for announcements regarding **grand opening celebrations** for SAC and Welleby Park! Visit www.sunrisefl.gov or follow us on Facebook, Instagram and Twitter – @cityofsunrise – for updates.

ICYMI: In Case You Missed It!

Great things happen in City of Sunrise parks and recreation facilities! Recent events have included the grand opening of Lakeside Park, the Sunrise Senior Center's first pool party, and a "good and green" Earth Day Festival at the Sunrise Sportsplex. Flip through this issue of Horizons to find out what's happening next!

Lakeside Park In March, the City opened its newest passive green space, Lakeside Park. Located next to Sunrise Lakes Phase I at 3000 Sunrise Lakes Drive West, the park features a walking path and a picturesque lakeside pergola. The project was built on land provided to Sunrise by Broward County, and construction was funded through a Broward County Challenge Grant.

Residents turned out to celebrate the park's ribbon cutting, enjoy the beautiful weather and surroundings, sample healthy treats, and learn about the many programs offered by the Sunrise Leisure Services team.



Earth Day Festival The City's annual Earth Day Festival features live entertainment, giveaways, educational displays, a variety of food and retail vendors, and Earth-friendly activities for the whole family. This April's event at Sunrise Sportsplex kicked off with a tree-planting ceremony in celebration of Arbor Day. Many thanks to our sponsors – the Sunrise Utilities Department and Republic Services – and to Broward County's "Plan-it Green" carbon offset program, which helps us make the Festival carbon neutral.

Senior Center Pool Party In April, the Sunrise Senior Center hosted its first-ever pool party at the Sunrise Civic Center Aquatics Complex. Attendees took a dip in the pool, enjoyed music and fun activities – and had a picnic-style lunch and frozen treats. A good time was had (and sunscreen was worn) by all! For information about Senior Center membership, as well as the Center's expanded program hours, see page 19 of this issue.



Classes are held at the Sunrise Civic Center. Registration begins two weeks prior to the start of a session. Daily class fees are non-refundable. Adult must be present to register a minor. The Athletic Club will have reduced hours on 7/4 & 9/5 (8:00 am-3:00 pm).

PICKLEBALL

Ages: 18+
Dates/Days/Times: Ongoing, M-SA; Call for time schedule*
Fees: Resident Free with Membership; \$4 Non-Resident Daily; \$40 Annual Non-Resident Membership

Age	Class	Day/Time	Fee	Activity#
7+	90 minute private instruction	Any	\$90	170688A-Z
	60 minute private instruction	Any	\$60	170689A-Z
	Semi Private	Any	\$35	170690A-Z
	Group Clinic	Any	\$20	170691A-Z

Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. It's a lively racket game traditionally played on a badminton-sized court with special Pickleball paddles. The ball used is similar to a whiffle ball, but slightly smaller. The lower net and ball allow the game to be accessible to people of all abilities, while still allowing more competitive players to test their mettle. For more information on Pickleball Instruction with Coach Callo, please call (917) 676-8888



BOCCIA

Age	Date	Day	Time	Fee	Activity#
18+	Ongoing	TU	1:00 pm - 3:00 pm	Free	470693A

The Broward County Parks and Recreation Division's Special Populations Section is partnering with the City of Sunrise for a Boccia Program. Boccia is a highly competitive Paralympic throwing sport, in which individuals throw leather-like balls on a marked floor with the intent to have them land as close as possible to the target ball known as the Jack. Hand-eye coordination and fine motor skills improve with continued practice playing the sport.

ADULT OPEN PLAY VOLLEYBALL

Ages: 18+
Dates: Ongoing
Days and Times: Sunday, 3:00 pm - 6:00 pm
Fees: FREE
 *Free to Athletic Club Members. For more information, please call (954) 747-4666.

FAMILY TIME VOLLEYBALL

Ages: 13+
Dates: Ongoing
Days and Times: Sunday, 12:00 pm - 3:00 pm
Fees: FREE
 *Free to Athletic Club Members. For more information, please call (954) 747-4666.

ADULT VOLLEYBALL CLINICS

Age	Date	Day	Time	Fee*	Activity#
18+	7/1- 9/30	Any	Any	\$15	170678D-Z
	7/1 - 7/29	F	7:15 pm - 8:45 pm	\$62.50	170678A
	8/5 - 8/26			\$50	170678B
	9/2 - 9/30			\$62.50	170678C

Please call (305) 788-2129 or email christianblandon@boldnationsports.com with questions.

TAI CHI

Age	Date	Day	Time	Fee	Activity#
18+	7/5 - 9/27	Any	Any	\$15	170660D-Z
	7/5 - 7/26	TU	9:00 am - 10:00 am	\$50	170660A
	8/2 - 8/30			\$62.50	170660B
	9/6 - 9/27			\$50	170660C

Students will learn to breathe and control body movements that will enhance health and stability through the slow meditated movements of Tai Chi Chaun. For more information, contact the instructor Pablo Malco at (954) 282-1014.

ADULT HIP HOP DANCE FITNESS

Age	Date	Day	Time	Fee	Activity#
18+	7/11 - 10/3	Any	Any	\$15	170658D-Z
	7/11 - 8/1	M	7:15 pm - 8:15 pm	\$50	170658A
	8/8 - 8/29	M		\$50	170658B
	9/12 - 10/3	M		\$50	170658C

The name says it all! Dance yourself into shape with this one-hour body twisting, leg lifting, bun burning and ab firming fitness class. You will have all the cardio one can handle for a week. For more information contact the instructor Pablo Malco at (954) 282-1014. *There will be no class on 9/5.

ZUMBA- WORLD BEATS

Age	Date	Day	Time	Fee	Activity#
18+	7/5 - 9/27	Any	Any	\$15	170684D-Z
	7/5 - 7/26	TU	5:45 pm - 6:45 pm	\$50	170684A
	8/2 - 8/30	TU		\$68.75	170684B
	9/6 - 9/27	TU		\$50	170684C

Take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin, Hip Hop and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check. A total workout, combining all elements of fitness – cardio and muscle conditioning. For more info, contact the instructor Ana Nicolau at (702) 883-2487.



INNER VIBE & FLOW-YOGA

Age	Date	Day	Time	Fee	Activity#
18+	7/2 - 8/1	Any	Any	\$12	170653F-Z
	7/11 - 8/1	M	9:00 am - 10:00 am	\$40	170653A
	7/5 - 7/26	TU	7:00 pm - 8:00 pm	\$40	170653B
	7/6 - 7/27	W	7:30 am - 8:30 am	\$40	170653C
	7/7 - 7/28	TH	6:00 pm - 7:00 pm	\$40	170653D
	7/2 - 7/30	SA	9:00 am - 10:00 am	\$50	170653E
	8/2 - 8/31	Any	Any	\$12	170654F-Z
	8/8 - 8/29	M	9:00 am - 10:00 am	\$40	170654A
	8/2 - 8/30	TU	7:00 pm - 8:00 pm	\$50	170654B
	8/3 - 8/31	W	7:30 am - 8:30 am	\$50	170654C
	8/4 - 8/25	TH	6:00 pm - 7:00 pm	\$40	170654D
	8/6 - 8/27	SA	9:00 am - 10:00 am	\$40	170654E
	9/1 - 10/3	Any	Any	\$12	170656F-Z
	9/12 - 10/3	M	9:00 am - 10:00 am	\$40	170656A
	9/6 - 9/27	TU	7:00 pm - 8:00 pm	\$40	170656B
	9/7 - 9/28	W	7:30 am - 8:30 am	\$40	170656C
	9/1 - 9/29	TH	6:00 pm - 7:00 pm	\$50	170656D
	9/3 - 9/24	SA	9:00 am - 10:00 am	\$40	170656E

An integration of yoga poses (asanas) and breath (pranayama). It builds outer strength while finding the inner peace, utilizing breath from posture to posture. Please bring a mat to class. For more information contact the instructor Ashley Collingwood at (954) 609-3530. *There will be no class on 7/4 & 9/5.

ADULT WALLYBALL

Age	Date	Day	Time	Fee	Activity#
18+	Ongoing	F	6:00 pm - 8:30 pm	Free/resident \$5/guest \$75/annual guest membership	N/A

FAMILY TIME WALLYBALL

Age	Date	Day	Time	Fee	Activity#
12+	Ongoing	SA	2:00 pm - 4:30 pm	Free/resident \$5/guest \$75/annual guest membership	N/A

Wallyball is a fast-paced sport that is similar to volleyball. It's played on a racquetball court, where it is legal to hit the ball off the walls.

SALSA DANCING

Age	Date	Day	Time	Fee	Activity#
18+	7/1 - 9/30	Any	Any	\$18	170664D-Z
	7/1 - 7/29	F	6:00 pm - 7:00 pm	\$81.25	170664A
	8/5 - 8/26			\$65	170664B
	9/2 - 9/30			\$81.25	170664C

Enjoy the Rhythms of Afro-Cuban Drums and the coordination of Latin dance traditions. This beginner - intermediate one-on-one salsa dance class does not require that you bring a partner, and is a great safe social space for inquiring dancer. *Dress comfortable, however sneakers are not encouraged for this class due to turns and pivots. We recommend heels for the ladies and Dress shoes or loafers for the gentlemen. For more information contact the instructor Pablo Malco at (954) 282-1014.

CARIBBEAN DANCE FITNESS

Age	Date	Day	Time	Fee	Activity#
18+	7/2 - 9/24	Any	Any	\$15	170667D-Z
	7/2 - 7/30	SA	10:00 am - 11:00 am	\$62.50	170667A
	8/6 - 8/27	SA		\$50	170667B
	9/3 - 9/24	SA		\$50	170667C

Caribbean Fitness is the aerobics of the modern-day fitness enthusiasts, combining aerobics, high energy dance, soothing rhythms, and the smooth sounds of the Caribbean all while shedding those pounds and staying fit. *Dress comfortable: sneakers, NO OPEN TOED SHOES OR SANDALS. For more information contact the instructor Pablo Malco at (954) 282-1014.



30 MINUTE PERSONAL TRAINING SESSION

Age	Date	Day	Time	Fee	Activity#
16+	1 Session	Any	Any	\$25	170685A-Z
	3 Sessions	Any	Any	\$69	170673A-G
	6 Sessions	Any	Any	\$138	170673H-N
	9 Sessions	Any	Any	\$207	170673O-U
	12 Sessions	Any	Any	\$276	170673V-Z

A (one-time) complimentary 15-minute assessment will be scheduled after the purchase of the 1st 30-minute session to evaluate body weight, strengths, weaknesses, injuries, and personal goals. *Sessions only available for current Athletic Club members.*



60 MINUTE PERSONAL TRAINING SESSION

Age	Date	Day	Time	Fee	Activity#
16+	1 Session	Any	Any	\$45	170686A-Z
	3 Sessions	Any	Any	\$129	170674A-G
	6 Sessions	Any	Any	\$258	170674H-N
	9 Sessions	Any	Any	\$387	170674O-U
	12 Sessions	Any	Any	\$516	170674V-Z

A (one-time) complimentary 15-minute assessment will be scheduled after the purchase of the 1st 60-minute session to evaluate body weight, strengths, weaknesses, injuries, and personal goals. *Sessions only available for current Athletic Club members.*

15-MINUTE "LUNCH RUSH" SESSION

Age	Date	Day	Time	Fee	Activity#
16+	1 Session	M-F	12:30 pm - 1:00 pm	\$15	170679A-Z
	1 Session		1:00 pm - 1:30 pm	\$15	170680A-Z
	Weekly Pass		12:30 pm - 1:00 pm	\$50	170681A-M
	Weekly Pass		1:00 pm - 1:30 pm	\$50	170681N-Z

Sessions only available for current Athletic Club members. Space is limited. Must register by 5:00 pm the day before.

TONE UP & TRANSFORMATION TUESDAY

Age	Date	Day	Time	Fee	Activity#
18+	Daily	TU or TH	5:45 pm - 6:45 pm	\$15	170683G-Z
	7/5-7/28	TU/TH	5:45 pm - 6:45 pm	\$90	170682A
	8/2-8/30	TU/TH	5:45 pm - 6:45 pm	\$90	170682B
	9/1-9/29	TU/TH	5:45 pm - 6:45 pm	\$90	170682C
	7/5-7/26	TU	5:45 pm - 6:45 pm	\$45	170683A
	8/2-8/30	TU	5:45 pm - 6:45 pm	\$45	170683B
	9/6-9/27	TU	5:45 pm - 6:45 pm	\$45	170683C
	7/7-7/28	TH	5:45 pm - 6:45 pm	\$45	170683D
	8/4-8/25	TH	5:45 pm - 6:45 pm	\$45	170683E
	9/1-9/29	TH	5:45 pm - 6:45 pm	\$45	170683F

Full body workout by attending both classes or work on a specific area by choosing one of the classes to attend on a weekly basis. **Tone Up Class (TH)** - This class is designed to sculpt your body by shedding excess fat while building muscles. Incorporating free weights, calisthenics, circuit training, cardio exercise, body weight exercises and finishing with core training, and stretching, this class offers a complete workout. **Transformation Tuesday Class (TU)** - is designed to be a FUN yet challenging, cardio toning class that offers high intensity exercises.

VILLAGE MULTIPURPOSE CENTER

2240 NW 68th Avenue | (954) 578-3551
 Sundays: 10:00 am-6:00 pm
 Monday - Friday: 10:00 am-5:30 pm
 Saturdays: Closed 7/2 through 8/13, 8/20 – 9/24 10:00 am-6:00 pm
 Open 10:00 am - 3:00 pm on 7/4 and 9/5

VILLAGE MULTIPURPOSE CENTER MEMBERSHIPS:
 Memberships are free and available only to Sunrise residents.

Individual Memberships | Available to individuals 18+ with proof of Sunrise residency.

Family Memberships | Parent or guardian must be present with photo I.D. and proof of Sunrise Residency. Up to 5 members residing at the same address. A birth certificate must be presented for minor children.

Non-Members must be accompanied by a registered member and signed in as that member's guest to gain entry. If not accompanied, non-members will be encouraged to use the outdoor basketball courts at our adjacent City Park.

ADULT OPEN GYM

Age	Date	Day	Time	Fee	Activity#
18+	7/1 - 8/12	M	10:00 am - 5:45 pm	FREE	N/A
		TU	12:00 pm - 4:45 pm		
		W	2:00 pm - 5:45 pm		
		TH	10:00 am - 4:45 pm 7:00 pm - 9:00 pm		
		F	10:00am - 5:45pm		
8/15 - 9/30		M	10:00 am - 9:00 pm		
		TU	12:00 pm - 2:00 pm		
		W	5:00 pm - 7:00 pm		
		TH	10:00 am - 2:00 pm 7:00 pm - 9:00 pm		
		F	10:00 am - 2:00 pm*		
		SA	5:00 pm - 9:00 pm 10:00 am - 6:00 pm		

*9/2 and 9/16 ONLY. Open gym (basketball court ONLY, no workout equipment) is FREE with membership. Patrons must be active members. Guests must be accompanied by members for admittance. Please call for daily schedule, as open gym schedules vary for "No School" days. Open gym 10:00 am - 3:00 pm on 7/4 and 9/5.

ADULT INDOOR WALKING

Age	Date	Day	Time	Fee	Activity#
18+	Ongoing	TU	10:00 am - 12:00 pm	FREE	N/A

Tired of the "Florida" weather interfering with your walk? WIN against the rain and heat, come inside and move your feet! Our warm staff will motivate you and also provide you with various stretching exercises. A City of Sunrise waiver must be initially completed to participate in the program.

BADMINTON

Age	Date	Day	Time	Fee	Activity#
12+	7/3-9/25	TU	7:00 pm - 9:00 pm	FREE	N/A
		SU	1:15 pm - 3:15 pm	FREE	N/A

A City of Sunrise waiver must be initially completed to participate in the program. For more information, please call (954)578-3551.

NETBALL

Age	Day	Time	Fee	Activity#
12+	SU, 7/3 - 9/25	3:30 pm - 5:30 pm	FREE	N/A

Netball is a ball sport played by two teams of seven players. Games are played on a rectangular court with raised goal rings at each end. Each team attempts to score goals by passing a ball down the court and shooting it through its goal ring. Note – this is an indoor court.

14 & UNDER OPEN GYM

Age	Date	Day	Time	Fee	Activity#
6-14	8/15 - 9/30	M,W,F	2:00 pm - 5:00 pm	FREE	N/A
		T/TH	2:00 pm - 3:30 pm	FREE	

Open gym (basketball court ONLY, no workout equipment) for youth residents ages 14 and under. Membership is not required. 14 and under open gym schedules vary for "No School" days. Open gym 10:00 am-3:00 pm on 9/5.

WHEELCHAIR BASKETBALL

Age	Date	Day	Time	Fee	Activity#
16+	Ongoing	TU & TH	5:00 pm - 7:00 pm	FREE	N/A

Open to spinal cord injuries/paraplegics, amputees, spina bifida, and polio. For more information, please contact Fran at sunrisesuns1@gmail.com or (954) 401-6970. Please leave a message.

PICKLEBALL

Age	Date	Day	Time	Fee	Activity#
12+	7/6 - 9/28	W	10:00 am - 1:45 pm	FREE	N/A

Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. It's a lively racket game traditionally played on a badminton-sized court with special pickleball paddles. The ball used is similar to a whiffle ball, but slightly smaller. The lower net and ball allow the game to be accessible to people of all abilities, while still allowing more competitive players to test their mettle. Note – this is an indoor court.

ADULT PICK-UP BASKETBALL

Age	Date	Day	Time	Fee	Activity#
18+	7/3 - 9/25	SU	10:00 am - 1:00 pm	FREE	N/A

Participants must be a member of the Village Multipurpose Center for admittance or be signed in as a guest of a member.

YOUTH NIGHTS

Age	Date	Day	Time	Fee	Activity#
13-17	9/2, 9/16	F	5:15 pm - 7:15 pm	FREE	N/A

Kickoff your weekends with your "crew"! A variety of activities will be available ranging from 2K and Madden Tournaments, 3-point Shooting Contests, Skills Challenges, Pickup and Full Court Games, and much more.

SUMMER STORY TIME

Age	Date	Day	Time	Fee	Activity#
4-8	7/16	SA	11:00 am - 12:00 pm	Free	N/A
		TH	6:00 pm - 7:00 pm	Free	N/A

Young readers are invited to enjoy a story, activity or craft project, and snack. This activity will take place at the Village Civic Center, 6800 Sunset Strip. Please call (954) 578-3551 to sign up. Registration closes two days prior.

FIT KIDS / FIT TEENS

Age	Date	Day	Time	Fee	Activity#
6-12	7/5 - 9/29	TU/TH	3:30 pm - 4:15 pm	FREE	N/A
13-17	7/5 - 9/29	TU/TH	4:15 pm - 5:00 pm	FREE	N/A

This program provides an exercise circuit designed for children. Program activities vary each session. The goal is to increase the child's exercise level, self-esteem, social skills, motor skills, and maintain a healthy weight. A City of Sunrise waiver must be initially completed to participate.

AQUATICS CLASSES

Pool Locations, Hours & Fees

SUNRISE CIVIC CENTER AQUATICS COMPLEX

10610 West Oakland Park Blvd., (954) 747-4636

Holiday Hours: Open 8:00 am to 3:00 pm on 7/4
Open 10:00 am to 3:00 pm on 9/5

Lap Pool Hours: Open daily 8:00 am to 8:00 pm through 8/14
Open daily starting 8/15, 10:00 am to 7:00 pm

Family Pool Hours: 10:00 am to 7:00 pm
Sessions apply through 8/18.

Waterslide Hours through August 18:
10:00 am – 12:45 pm, 1:00 pm – 3:45 pm, 4:00 pm - 6:45 pm
Admission fee entitles patrons to use the 50M pool and children's wading pool, and one session in the Family Pool. Call (954) 747-4636 for height restrictions.

Waterslide Hours beginning August 19:
Fridays: 2:30 pm - 7:00 pm,
Weekends: 10:00 am – 7:00 pm

Admission:
Resident* - \$1/Child (17 and under); \$1.25/Adult
Non-Resident - \$3/Child (17 and under); \$6/Adult

Annual Pool Memberships:
Resident* - \$75/Individual; \$175/Family
Non-Resident - \$175/Individual; \$250/Family
Admission and membership fees entitle patrons unlimited use of the 50M Pool, Family Pool, and Kiddie Pool. Call (954)747-4636 for membership details.

Pool Party Reservations:
Resident* - \$75, Non-Resident - \$150
Includes up to a maximum of 30 people, one Family Pool session, and reservation of pool party deck. Call (954)747-4606 for details. \$50 Deposit required.

WELLEBY POOL

9605 West Oakland Park Blvd., (954) 572-2285
Admission: Resident*- \$1; Non Resident - \$2/Child (17 and under), \$3/Adult
Please visit www.sunrisefl.gov for updated information.

VILLAGE BEACH CLUB

6767 NW 24 Street, (954) 572-2480
Admission: Resident*- FREE; Non Resident - \$2/Child (17 and under), \$3/Adult
Please visit www.sunrisefl.gov for updated information.

ROARKE POOL

1720 NW 60 Ave., (954) 572-2460
Admission: Resident*- FREE; Non Resident - \$2/Child (17 and under), \$3/Adult
Please visit www.sunrisefl.gov for updated information.



SWIM AMERICA Swim Lessons

Swim America Group Swim Lessons - All sessions are held at one of the Civic Center Pools. Registration will only be accepted in-person at the Civic Center Aquatic Complex during normal hours of operation. **Fees do not include use of pool outside of class time Please call (954) 747-4635 or visit www.sunriseswimming.com for info about next available session.**

PARENT & TOT

Age	Day	Time	Fee*
10 mo - 3 yrs	TBA	TBA	\$50/four 30-minute lessons

Class requires a parent in the water. Minimum four children to run the class. Classes are expected to run weekday mornings, weekday evenings, and also weekends. Make-up days will only be scheduled in the event the facility or instructor cancels the class. Call (954) 747-4635 or visit the website at www.sunriseswimming.com for more information about the next available session. *Fee does not include use of pool outside of lesson time.

PRESCHOOL-SCHOOL AGE

Age	Day	Time	Fee*
3 - 12	TBA	TBA	\$50/four 30-minute lessons

Class size is limited to four students per instructor. Minimum three children needed to run the class. Make-ups will ONLY be scheduled in the event the facility or instructor cancels the class. Classes are expected to run weekday afternoons, weekday evenings and a weekend day. Call (954)747-4635 or visit the website at www.sunriseswimming.com for more information about the next available session. *Fee does not include use of pool outside of lesson time.

ADULT GROUP SWIM LESSONS

Age	Day	Time	Fee*
15+	TBA	TBA	\$60/four 40-minute lessons

Adult group swim lessons are for beginning adults that want to learn to swim, as well as intermediate level for those who already have some swim experience. Classes are expected to run on weekday evenings and some Saturdays. Make-ups will ONLY be scheduled in the event the facility or instructor cancels class. Call (954)747-4635 or visit the website at www.sunriseswimming.com for more information about the next available session. *Fee does not include use of pool outside of lesson time.

PRIVATE LESSONS

Age	Day	Time	Fee*
15 mo +	By appt.	By appt.	\$30/25-minute lesson

Private lessons are year-round. They include water safety & stroke lessons. Call (954)747-4635 or visit the website at www.sunriseswimming.com for more information and to make an appointment. *Fee does not include use of pool outside of class time.

*Proof of residency required upon payment.

RISE UP LEARN-TO-SWIM PROGRAM

Preschool 1 is for beginning swimmers ages 4 - 5 years focusing on comfort and safety in the water. Preschool 2 is for children with some swimming ability, refining basic abilities and introducing new skills. Level 1 is for the beginning swimmers ages 6 – 9 years focusing on basic water skills and safety. Level 2 is for children who have mastered basic skills from level 1 and are ready for advanced skills and introduction to strokes. Stroke Fundamentals is for swimmers ages 10+ who are comfortable in the water and ready to learn new strokes.

RISE UP Summer Swim Lessons: The group lessons consist of eight 30-minute classes. Classes are held at Welleby Pool. Registration will only be accepted in-person at the Civic Center Aquatic Complex during normal hours of operation. No mail-in registrations will be accepted.

The parent/legal guardian must bring a copy of their child's birth certificate, a current Sunrise utility bill to registration and a valid picture ID.

PRESCHOOL 1

Age	Day	Date	Time	Fee	Register by	Activity#
4 - 5	M/W	7/11 – 8/3	8:00 am	\$42/\$50	7/8	151311A
	TU/TH	7/12 – 8/4	8:00 am	\$42/\$50	7/8	151311B

PRESCHOOL 2

Age	Day	Date	Time	Fee	Register by	Activity#
4 - 5	M/W	7/11 – 8/3	8:00 am	\$42/\$50	7/8	151312A
	TU/TH	7/12 – 8/4	8:00 am	\$42/\$50	7/8	151312B

LEVEL 1

Age	Day	Date	Time	Fee	Register by	Activity#
6 - 9	M/W	7/11 – 8/3	8:45 am	\$42/\$50	7/8	151331A
	TU/TH	7/12 – 8/4	8:45 am	\$42/\$50	7/8	151331B

LEVEL 2

Age	Day	Date	Time	Fee	Register by	Activity#
6 - 9	M/W	7/11 – 8/3	8:45 am	\$42/\$50	7/8	151332A
	TU/TH	7/12 – 8/4	8:45 am	\$42/\$50	7/8	151332B

STROKE FUNDAMENTALS

Age	Day	Date	Time	Fee	Register by	Activity#
10+	M/W	7/11 – 8/3	9:30 am	\$42/\$50	7/8	151346A
	TU/TH	7/12 – 8/4	9:30 am	\$42/\$50	7/8	151346B

RISE UP Free Group Swim Lessons – Sunrise Residents only: Registration begins 8/23. This group lesson program consists of up to eight free 30-minute classes at VILLAGE BEACH CLUB POOL, limited to 1 session a year per child, on a first-come/first-serve basis. Additional lessons are available for a fee at the Civic Center. There will be NO make-up lessons due to inclement weather. Registration will only be accepted in-person at the Civic Center Aquatic Complex from 10:00 am – 7:00 pm. Do not mail or fax registrations. Copy of birth certificate & parent/guardian's driver's license and current utility bill for proof of Sunrise residency are required at registration.

PRESCHOOL 1

Age	Day	Date	Time	Fee	Register by	Activity#
4 - 5	M/W	9/12 – 10/5	5:30 pm	\$0	9/9	151321A
	TU/TH	9/13 – 10/6	5:30 pm	\$0	9/9	151321B

PRESCHOOL 2

Age	Day	Date	Time	Fee	Register by	Activity#
4 - 5	M/W	9/12 – 10/5	5:30 pm	\$0	9/9	151322A
	TU/TH	9/13 – 10/6	5:30 pm	\$0	9/9	151322B

LEVEL 1

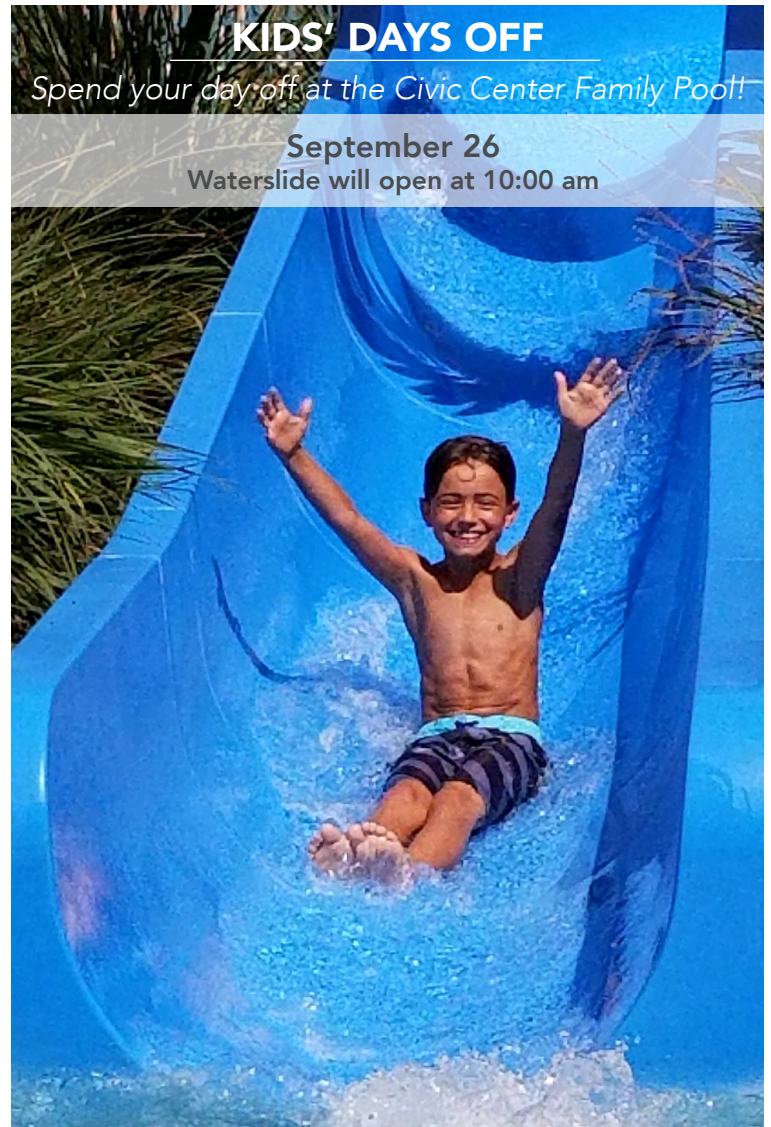
Age	Day	Date	Time	Fee	Register by	Activity#
6 - 9	M/W	9/12 – 10/5	6:15 pm	\$0	9/9	151341A
	TU/TH	9/13 – 10/6	6:15 pm	\$0	9/9	151341B

LEVEL 2

Age	Day	Date	Time	Fee	Register by	Activity#
6 - 9	M/W	9/12 – 10/5	6:15 pm	\$0	9/9	151342A
	TU/TH	9/13 – 10/6	6:15 pm	\$0	9/9	151342B

STROKE FUNDAMENTALS

Age	Day	Date	Time	Fee	Register by	Activity#
10+	M/W	9/12 – 10/5	4:45 pm	\$0	9/9	151344A
	TU/TH	9/13 – 10/6	4:45 pm	\$0	9/9	151344B



KIDS' DAYS OFF

Spend your day off at the Civic Center Family Pool!

September 26
Waterslide will open at 10:00 am

"SUNRISE SWIMMING" Swim Team

This is a year-round competitive USA Swimming program. All participants must tryout with the swim coach prior to registering for the swim team. For more information call (954) 747-4635 or visit www.sunrise-swimming.com. All sessions are held at the Sunrise Civic Center Pool. *Registration fee does not include use of pool outside of class time.*

STROKES AND FUN

Age	Day	Time	Fee*
6 - 15	M-TH	4:45 pm - 5:45 pm	2 practices/week, \$55/mo
			3 practices/week, \$60/mo
			4 practices/week, \$70/mo

Intro to competitive swimming. *Fee does not include \$90/year registration fee or use of pool outside of class time.

COMPETITIVE GROUPS

Age	Day	Time	Fee*
Bronze	M-F	5:45 pm – 7:00 pm	\$75/month
Silver	M-F	5:30 pm – 7:00 pm	\$80/month
Gold	M-F	4:45 pm - 6:45 pm	\$90/month
Champions/SR	M-F	4:00 pm – 6:00 pm	\$100/month

Group open to all ages. Coach will make group determination. Saturday practices TBA for all competitive groups. *Fee does not include \$90/year registration fee or use of the pool outside of class time.



The Sunrise Civic Center Amphitheater is the home of the City's popular Tunes 'N Trucks concert series and other special events. An amphitheater expansion is planned as part of enhancements to the municipal complex.



The 300-seat Sunrise Civic Center Theatre offers excellent sight lines and acoustics. In addition to hosting a wide variety of cultural events, the venue is available for private rental.

ON EXHIBIT AT THE SUNRISE CIVIC CENTER ART GALLERY

Free Admission! Open during Sunrise Civic Center Theatre Box Office hours: Tuesday and Friday, 10:00 am to 5:00 pm; Wednesday and Thursday, 12:00 pm to 7:00 pm; and Saturday, 10:00 am to 3:00 pm. Meet the artists and enjoy light refreshments at our opening receptions. For more information, call (954) 747-4646.

**THE MEMORY CATCHER:
WORKS BY YOCHI YAKIR-AVIN**

Artist's Talks: July 16 & 30, 12:00 pm to 3:00 pm
 Opening Reception: Saturday, July 23, at 6:00 pm
 Exhibition: July 16 through August 3
 Born in Poland and based in South Florida since 2014, Yochi Yakir-Avin is a multidisciplinary resident artist at Studio 18 Art Complex. She studied fine arts in Israel and Italy and has exhibited in Italy, France, Israel and the U.S. With a focus on representation, the majority of her works are portraits, still lifes, and installations produced with a variety of materials and techniques. Her goal is to bring her personal point of view and to create meaningful engaging experiences that will resonate with others. In "The Memory Catcher," Yakir-Avin uses family photo references to examine the complexity and tangled fabric of historical family relationships through fragmented memory. This project was made possible with support from the Broward County Cultural Division.



**THIS IS HOW I FEEL:
WORKS BY SUSAN BUZZI**

Reception: Sunday, September 18, at 4:00 pm
 Exhibition Dates: September 18 through October 24
 As an arts educator and coach practitioner assisting victims of crime, Susan Buzzi often uses expressive therapies to overcome adversity and to build confidence and trust. Buzzi works in the traditional medium of film photography. She develops the film by hand, and then incorporates digital manipulation to avoid compromising identities or locations – as well as to enhance and extend the imagery. Buzzi's awareness-raising exhibit, "This is How I Feel," focuses on the issues of sexual abuse, sexual assault and domestic violence. Her photographs are metaphors for the unspeakable. They promote healing through art and present opportunities for dialogue and social change.



**EMPOWERED:
WORKS BY VARIOUS ARTISTS**

Opening Reception: Friday, August 26, at 6:00 pm
 Exhibition: August 13 through September 9
 BAM! POW! WHAM! Presented in conjunction with the City's annual ComicCon, this exhibition unites the comic book and anime worlds with breathtaking results! Meet the artists during the opening reception – or see them at ComicCon on August 13. Their work will leave you feeling empowered!



COMING SOON TO THE SUNRISE CIVIC CENTER THEATRE

Civic Center Theatre Box Office

Hours of Operation:

Tuesday and Friday, 10:00 am to 5:00 pm,

Wednesday and Thursday, 12:00 pm to 7:00 pm,

Saturday, 10:00 am to 3:00 pm and one hour before showtimes

Purchase Tickets

By Phone | (954) 747-4646

In Person | 10610 West Oakland Park Blvd.

Online | <https://www.sunrisefl.gov/tickets.html>

- Please communicate any special seating requests or mobility limitations at time of purchase
- Coupons for applicable shows must be presented in person at the time of purchase
- Parking is always FREE

LYRICAL LOUNGE: TEEN OPEN MIC



Friday, July 15, from 7:00 pm to 9:00 pm
 Friday, August 19, from 7:00 pm to 9:00 pm
 Friday, September 16, from 7:00 pm to 9:00 pm
 Friday, October 7, from 7:00 pm to 9:00 pm
 FREE admission

Join us on our pop-up stage in the Sunrise Civic Center Art Gallery! The City's monthly open mic

nights provide a creative outlet for poets, musicians and other talented teens. Supportive audience members of all ages are welcome! Light refreshments will be served. Lyrical Lounge is presented in collaboration with the Jason Taylor Foundation and the Omari Hardwick bluepple Poetry Network.

LITTLE MERMAID: THE MUSICAL

Saturday, July 30, at 7:00 pm

Sunday, July 31, at 2:00 pm

Reserved seating: \$20

Based on one of Hans Christian Andersen's most beloved stories and the classic animated film, Disney's *The Little Mermaid* is a hauntingly beautiful love story. Ariel, King Triton's youngest daughter, wishes to pursue the human Prince Eric in the world above. She bargains with the evil sea witch, Ursula, to trade her tail for legs – but the deal is not what it seems. Ariel needs the help of her colorful friends, Flounder the fish, Scuttle the seagull, and Sebastian the crab to make things right again. This fishy fable will capture your heart with its irresistible songs, including "Under the Sea," "Kiss the Girl" and "Part of Your World."



SNOW WHITE, BEFORE THE DWARVES

Sunday, August 28, at 1:00 pm and 4:00 pm

Reserved seating: \$10

Our interactive summer show is filled with fun, songs and plot twists. In this quirky retelling of the original fairy tale, the talking mirror (complete with saucy attitude) has a starring role alongside Snow White. Add to the mix two silly ladies-in-waiting, a poison apple, and the evil Queen. Expect the unexpected – including a surprise ending.

JOHNNY PEERS & THE MUTTVILLE COMIX

Saturday, September 24, at 2:00 pm

Reserved seating: \$12

Johnny Peers and his personality-plus canines are coming to tickle your funny bone! A Ringling Brothers Clown College graduate, Peers has been working with dogs since he got his first puppy, Freckles, a Beagle mix, from the Humane Society. A show for the whole family and the dog lover in all of us, "Muttville Comix" stars mostly dogs rescued from shelters or pounds, like Murphy, the ladder climbing Fox Terrier and Willy, the Border Collie who only answers to "Sir." Peers brings on the hounds, and the fun abounds!



Senior Center Hours of Operation:

Monday - Thursday, 8:30 am to 9:00 pm;
 Friday, 8:30 am to 4:30 pm;
 Saturday, 9:00 am to 1:00 pm

Annual Membership Fees:

Sunrise Residents \$15/year; Non-Residents \$25/year

The Sunrise Senior Center offers services for people 55+ years young, including: recreational classes, trips, transportation, health and safety programs, special events and more. For more information contact us at (954) 746-3670.

SPECIAL EVENTS

GRANDPARENTS DAY EVENT

Date	Time	Register	Fee	Activity#
TH, 9/8	2:00 pm - 4:00 pm	8/5	Free	

Bring your grandchildren of all ages. No grandchildren? No problem. Come and enjoy an afternoon filled with music, dancing, activities and treats. This is a free event and space is limited! Senior Center membership required. Please call 954-746-3670 or stop by the Senior Center Front Desk to RSVP.

OKTOBERFEST SOCIAL

Date	Time	Register	Fee	Activity#
TH, 10/6	1:00 pm - 3:00 pm	9/2	\$8/\$10	280822A

Join us for our first social of the season. Throw on your suspenders, lederhosen and dirndl dresses to celebrate our very own Sunrise Senior Center Oktoberfest. Just like in Germany, there will be festive food, traditional music and dancing. This is a party you won't want to miss!



TRIP & TICKET POLICIES

- No tickets will be sold before the published sale date. Sales commence at 8:30 am. Current Senior Center I.D. cards must be presented for any transaction.
- Members MUST be present to purchase tickets. You may, however, buy a ticket for a member who resides in the same household as you, provided you present their I.D. card. Both tickets will be charged the member rate.
- You may purchase one additional ticket (at the higher guest price) for each member ticket purchased (provided the member is present).
- Any person purchasing tickets will only be allowed to purchase a maximum of two tickets per person per event regardless of member/guest status.
- When purchasing tickets, please indicate the full name, birth date and phone number of your guest.
- Non-members may purchase tickets, based on availability, at a later date. Check with the front desk for open sale dates.
- If you purchase a ticket and later sell or give it to someone, you must contact a Senior Center staff member to make a name change on our roster.
- If you require wheelchair accommodations for a trip, you must inform us at sign up time. (Be sure this is noted on your registration form)
- When you are called about a food choice for a trip, you must return the call within 2-3 days; otherwise a choice will be made for you. No changes can be made 7 days prior to the trip or at the restaurants.
- Trips departing before 3:30 p.m. leave from the Civic Center East (Pool) parking lot. Please do not park in restricted areas.
- A group leader is available on most trips. In their absence, the bus driver will act as group leader. The group leader checks all participants in and assists in providing you with the best possible experience.
- Please occupy the same bus seat on the way to and from an event.
- Refund Policy: The City reserves the right to retain fees to cover expenses non-refundable to the City.
- If a minimum number of people are not reached, the program may be cancelled.
- A \$5.00 Transportation fee is added to all trip prices.

UPCOMING TRIPS

JULY TICKET SALES *Members 7/1: Non-Members 7/8*

Description	Date	Time	Member/Guest Fee	Activity#
Miccosukee Casino	TH, 8/4	9:00 am - 3:00 pm	\$5/\$7	180826B

Feeling lucky? Try your luck and enjoy a great day at the casino. Play the tables, slots, and more. Enjoy lunch on your own.

Description	Date	Time	Member/Guest Fee	Activity#
Wellington Green Mall & Trader Joe's	TH, 8/11	9:00 am - 3:30 pm	\$5/\$7	180846B

Experience a premier shopping destination in West Palm Beach for your shopping needs. Enjoy lunch on your own at one of the many dine-in restaurants, or grab a quick bite in the Food Court. Then visit Trader Joe's, where you can find great quality items at great prices.

Description	Date	Time	Member/Guest Fee	Activity#
Coral Springs Museum of Art	TU, 8/16	9:00 am - 2:30 pm	\$11/\$13	180841A

If you enjoy dynamic and engaging art work, you will love the exhibits at Coral Springs Museum of Art. The museum is housed in the 30,000 square foot Center for the Art building and is equally impressive. Afterwards it's off to TooJay's Deli for lunch on your own.

Description	Date	Time	Member/Guest Fee	Activity#
Picnic in the Park	TU, 8/23	9:30 am - 1:30 pm	\$12/\$14	180849A

Join us for a morning of games and fun or enjoy a brisk walk around the newly renovated Welleby Park. A delicious BBQ lunch will be served under a spacious pavilion. Don't miss out on this fun filled outing. It may be a warm day, so wear your sunscreen and a hat.



AUGUST TICKET SALES *Members: 8/5; Guests: 8/12*

Description	Date	Time	Member/Guest Fee	Activity#
Calder Casino	TU, 9/6	9:00 am - 3:00 pm	\$5/\$7	180826C

Feeling lucky? Try your luck and enjoy a great day at the casino. Play the tables, slots, and more. Lunch on your own.

Description	Date	Time	Member/Guest Fee	Activity#
Dania Point	TH, 9/15	10:00 am - 3:00 pm	\$5/\$7	180846B

Dania Pointe is one of the newest premier mixed use shopping and leisure places in South Florida. Featuring more than 45 stores and shops including 14 restaurants and eateries. Shop and enjoy lunch on your own at the eatery of your preference.

Description	Date	Time	Member/Guest Fee	Activity#
Wynwood Art Walk	TH, 9/22	10:30 pm - 3:30 pm	\$22/\$24	180842A

Enjoy a 1 hour guided walking tour of Wynwood, including the popular Wynwood Walls and galleries close by. Lunch will be on your own.

Description	Date	Time	Member/Guest Fee	Activity#
Town Center at Boca Raton	TU, 9/27	9:00 am - 3:30 pm	\$5/\$7	480846B

Spend the day at one of south Florida's top luxury shopping destinations, Town Center at Boca Raton. Featuring an outstanding mix of over 200 upscale and elite specialty shops along with your favorite Mall stores in an indoor environment. With stores like – Neiman Marcus, Saks Fifth Avenue, Nordstrom, Macy's and Bloomingdale's, you will be sure to find what you need. Lunch on own at one of the many eateries in the mall.

SEPTEMBER TICKET SALES *Members 9/2: Non-Members 9/9*

Description	Date	Time	Member/Guest Fee	Activity#
Isle Casino	TH, 10/6	9:00 am - 3:00 pm	\$5/\$7	280826A

Get ready for a great day at the casino. Try you luck at the tables, slots, and more.

Description	Date	Time	Member/Guest Fee	Activity#
Aventura Mall	TH, 10/13	9:15 am - 3:30 pm	\$5/\$7	280846A

Have fun experiencing the stores and boutiques at Aventura Mall, the premier luxury shopping destination for Miami and Fort Lauderdale. Featuring a collection of upscale boutiques and more than 300 of the world's most iconic, recognized retailers. While there, enjoy lunch on own at one of the 12 restaurants on site.

Description	Date	Time	Member/Guest Fee	Activity#
All That Jazz Music and Dinner	TH, 10/20	6:00 pm - 9:30 pm	\$30/\$32	280838A

Enjoy a delicious meal coupled with live music as we visit a gem in our own back yard, All That Jazz Café. The Café boasts home-style cooking with recipes passed on from generations of the family, with everything made from scratch.

Description	Date	Time	Member/Guest Fee	Activity#
Flagler Museum	TH, 10/27	9:00 am - 2:30 pm	\$31/\$32	280841A

Get to know the Flagler Museum on a one-hour group tour of the first floor of Whitehall. Then experience the second floor and the Flagler Kenan Pavilion on your own.

Special Interest Classes	Date	Time	Register	Activity #
Let's Talk Discussion Group	Ongoing, W	1:00 pm - 2:30 pm	walk-in	N/A
Classic Movies	Ongoing, M	11:00 am Start	walk-in	N/A
New Release Movies	Ongoing, TU	11:30 am Start	walk-in	N/A
Senior Bowling League	Begins 9/7	12:00 pm - 2:30 pm	Call	180854A
Book Club	4th Friday	12:00 pm - 1:00 pm	month prior	N/A

Special Interest Classes are offered FREE of charge. **Senior Bowling:** League plays at Strikers Lanes. Lane fees are paid to Strikers the day of play. All players must be registered members of the Sunrise Senior Center and must sign up for the league prior to play. Call (954)749-1400 for information and available space. **Book Club:** For current book titles check the Senior Center calendar. Must sign up at the front desk.

Dance Classes	Date	Time	Register	Fee	Activity#
Ballroom Dance	August, W	11:00 am - 12:00 pm	7/5	\$12/\$14	480864B
	Sept, W		8/5	\$15/\$17	480864C
	Oct, W		9/5	\$12/\$14	180864A
Ballroom Dance	August, W	6:00 pm - 7:00 pm	7/5	\$12/\$14	480865B
	Sept, W		8/5	\$15/\$17	480865C
	Oct, W		9/5	\$12/\$14	180865A
Monday Mixer	M, Weekly	1:30 pm - 3:30 pm	walk-in	Free	N/A
Scottish Dancing	TU, Weekly	7:00 pm - 9:00 pm	walk-in	Free	N/A
Line Dancing	TU, Weekly	10:00 am - 11:15 am	walk-in	Free	N/A
	TH, Weekly	10:00 am - 11:30 am	walk-in	Free	N/A

Ballroom Dance Classes taught by Lidia Dumenigo, a NDTA Certified Ballroom Teacher and graduate from the Conservatory of the Performing Arts in Madrid, Spain. Learn the fundamentals of a variety of dances such as the Rumba, Salsa & Cha Cha. For more information, call (954) 439-5899. **Monday Dance Mixer:** Live entertainment and refreshments provided weekly. Senior Center membership card must be shown for admission to the dance. **Scottish Dancing:** September - July. Learn the traditional dances of Scotland. No experience or partner required. **Beginner Line Dancing** offers instruction.

Language Classes	Date	Time	Register	Fee	Activity#
Adv/Int ESOL	7/13 - 8/22	2:00 pm - 3:30 pm	Now	\$5/\$10	180886A
Adv/Int ESOL	8/24 - 9/29	2:00 pm - 3:30 pm	7/1	\$5/\$10	180886B
Beg ESOL	7/25 - 8/29	6:00 pm - 7:30 pm	Now	\$5/\$10	180889A
Beg ESOL	9/12 - 10/17	6:00 pm - 7:30 pm	7/1	\$5/\$10	180889B

Games	Date	Time	Register	Fee	Activity#
Open Gameroom	M-TH	8:30 am - 9:00 pm	walk-in	Free	N/A
	F	8:30 am - 4:30 pm	walk-in	Free	N/A
	SA	9:00 am - 1:00 pm	walk-in	Free	N/A
Open Game Play	Ongoing, M	9:30 am - 12:00 pm	walk-in	Free	N/A
	Ongoing, W	12:30 pm - 3:30 pm	walk-in	Free	N/A
Mah Jongg Class	Ongoing, TU	9:00 am - 12:00 pm	walk-in	Free	N/A
	Ongoing, W	6:00 pm - 8:00 pm	walk-in	Free	N/A
Open Play Darts	Weekly, TU	6:00 pm - 8:00 pm	walk-in	Free	N/A
Chess Club	Weekly, F	10:00 am - 12:00 pm	walk-in	Free	N/A
Bingo	Ongoing, F	1:00 pm - 2:30 pm	walk-in	Free	N/A

Open Gameroom: Enjoy pool tables and darts. **Chess Club:** This is your chance to learn, develop, or practice your game of chess. Lessons and matches are available. **Bingo:** All participants must be current Senior Center members and membership card must be shown to play.

Cooking Classes	Date	Time	Register	Fee	Activity#
Senior Cooking Club	F, 8/19	10:00 am - 1:00 pm	7/1	\$6/\$8	180816B
	F, 9/16	10:00 am - 12:30 pm	8/5	\$6/\$8	180816C
	F, 10/21	10:00 am - 12:30 pm	9/2	\$6/\$8	280816A

If you have a love for food, join us for this exciting class where you will be able to learn how to cook some unique dishes in a fun environment. Cooking tips, plating and presentation will all be discussed. Each month will focus on a different menu that we will get to enjoy at the end of class.



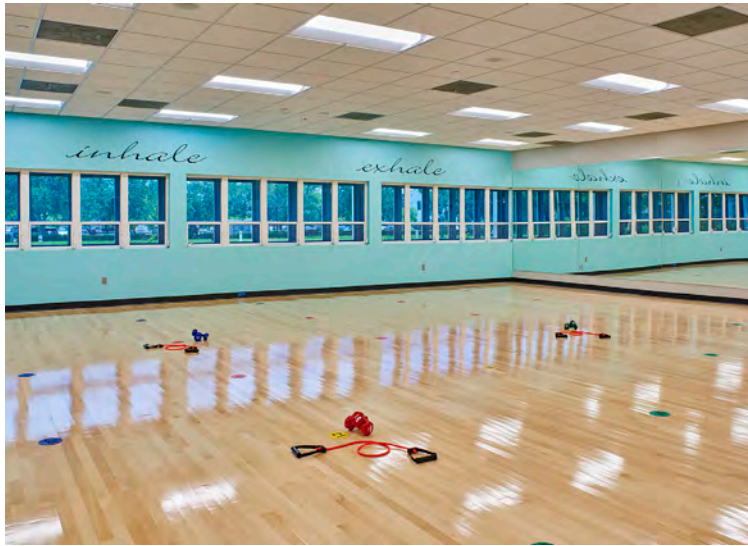
Fiber/Beading	Date	Time	Register	Fee	Activity#
Beading Project	M, 8/1-8/29	10:30 am - 12:00 pm	1/3	Free	380814B
	M, 9/12-9/26		2/7	Free	380814C
	M, 10/3-10/31		3/7	Free	480814A
Open Beading	M, Ongoing	12:30 pm - 2:30 pm	Walk-in	Free	N/A
Quilting Corner	M	10:00 am - 2:00 pm	Now	Free	180828A
Sewing Creations	TU, Ongoing	1:00 pm - 3:00 pm	walk-in	Free	N/A
Knitting & Crochet	TU Ongoing	10:00 am - 12:00 pm	walk-in	Free	180828A

Senior Center membership required. **Beading Classes:** Join us for a Beginners Beading Class led by Lazira Amar. Each month learn a new project. A list of materials will be available at the front desk. You must bring your supplies to the class. Senior Center membership required. **Quilting:** Unlock your creativity as our volunteer instructor teaches you various quilting techniques. Supply list at Front Desk. Registration for Wednesday evening sessions are for the 2nd and 4th Wednesday of each month.

Art Classes	Date	Time	Register	Fee	Activity#
Drawing & Watercolor	W, 10/5-11/9	1:30 pm - 3:30 pm	9/2	\$20/\$22	280859A
Mixed Media Workshop	W, 10/19	6:00 pm - 8:00 pm	9/2	\$20/\$22	280820A
Mixed Painting	F, 10/7 - 11/11	1:30 pm - 3:30 pm	9/2	\$20/\$22	280811A

Students limited to 2 painting classes max. Senior Center membership required for all levels. Taught by Malgorzata Kawashima. For questions call (954) 684-6163. **Drawing:** Utilize pencils, charcoals, pastels, pen & ink, and watercolor pencils in combination with the brush and paint techniques. **Mixed Media Workshop:** In this 2-hour workshop, students will create a unique work of art. All materials provided. **Mixed Painting:** Mediums include watercolor, acrylic, oil, pastels, pencils and charcoal.





SENIOR FITNESS CLASSES

Tai Chi

Date	Time	Register	Fee	Activity#
Aug, TU/TH	8:45 am - 9:30 am	N/A	Free	N/A
TU	9:00 am - 9:30 am	N/A	Free	N/A
W	9:00 am - 9:30 am	N/A	Free	N/A

Senior Center membership is required. (Maximum 24 students per class). Tai Chi is a great way to improve your balance and help prevent falls. We now have a live instructor from Baptist Health for one day of each session. Classes will begin at 8:45 am on Tuesday and Thursdays. An additional waiver is required for this class.

Zumba Gold

Date	Time	Register	Fee	Activity#
Aug, W	4:30 pm - 5:30 pm	N/A	Free	N/A
Sep, W	4:30 pm - 5:30 pm	N/A	Free	N/A
Oct, W	4:30 pm - 5:30 pm	N/A	Free	N/A

Senior Center membership is required. (Maximum 24 students per class) A certified instructor will be teaching the class which is sponsored by Baptist Health of South Florida. An additional waiver is required to participate in this program.

Aqua Fitness

Date	Time	Register	Fee	Activity#
July - Sept TU/TH	9:00 am - 9:45 am	Now	Free	380891A

Senior Center membership required. This class delivers a fun and energetic workout in the pool that combines cardio with strength building and increased flexibility.



Senior Aerobics

Date	Time	Register	Fee	Activity#
Aug, TU	4:30 pm - 5:30 pm	N/A	Free	N/A
Sep, TU	4:30 pm - 5:30 pm	N/A	Free	N/A
Oct, TU	4:30 pm - 5:30 pm	N/A	Free	N/A

Senior Center membership is required. (Maximum 24 students per class) A certified instructor will be teaching the class which is sponsored by Baptist Health of South Florida. An additional waiver is required to participate in this program.

Walk Your Way To Health

Day	Time	Register	Fee	Activity#
TU/TH	9:30 am - 10:30 am	Walk-in	Free	N/A

Senior Center membership is required. (Max. 20 students per class)

Step Up to Fitness With Rosie

Date	Time	Register	Fee	Activity#
Aug, TH	6:00 pm - 6:45 pm	4/3	\$15/\$17	180852B
Sep, TH	6:45 pm - 7:45 pm	5/1	\$12/\$14	180952C
Oct, TH	6:45 pm - 7:45 pm	6/5	\$15/\$17	280852A

Classes taught by instructor Rose Michaelson. Step Up to Fitness incorporates step aerobics, dynamic stretches and strength training to help you to stay fit in a fun environment. Instructor sponsored by Humana.

Tone Your Abs And Glutes

Date	Time	Register	Fee	Activity#
Aug, TH	4:30 pm - 5:30 pm	4/3	\$15/\$17	180856B
Sep, TH	4:30 pm - 5:30 pm	5/1	\$12/\$14	180956C
Oct, TH	4:30 pm - 5:30 pm	6/5	\$15/\$17	280856A

Classes taught by instructor Rose Michaelson. Tone Your Abs and Glutes incorporates aerobics, yoga and strength training to help you to stay fit in a fun environment. Instructor sponsored by Humana.

*The following Senior Center exercise classes are being offered via DVDs. Programs are offered daily as a "Drop In" with no registration required, however Senior Center membership is still required to participate in ALL exercise programs. Please see below for a list of "Drop In" programs and their dates and times. Also listed are classes requiring registration. *These classes are subject to change if a live instructor becomes available**

Yoga Balance & Strength

Date	Time	Register	Fee	Activity#
M	11:30 am - 12:30 pm	N/A	Free DVD	N/A
	12:45 pm - 1:45 pm	N/A	Free DVD	N/A
TH	1:00 pm - 2:00 pm	N/A	Free DVD	N/A
	2:15 pm - 3:15 pm	N/A	Free DVD	N/A

Firm & Burn / Tone Every Zone

Date	Time	Register	Fee	Activity#
TU	2:00 pm - 3:00 pm	N/A	Free DVD	N/A
	6:00 pm - 7:00 pm	N/A	Free DVD	N/A
	7:00 pm - 8:00 pm	N/A	Free DVD	N/A
TH	7:00 pm - 8:00 pm	N/A	Free DVD	N/A

Dancing With The Stars

Date	Time	Register	Fee	Activity#
TH	11:15 am - 12:15 pm	N/A	Free DVD	N/A

Senior Center membership is required. (Max. 20 students per class)

CITY OF SUNRISE JULY 4TH CELEBRATION!

"Game On!" Parade and Family Fun Day Camper of the Week Float sponsored by Baptist Health

Date & Time: Monday, July 4th, 9:00 am to 12:00 pm
Location: City Park, 6600 Sunset Strip
FREE admission

Themed floats will wind their way west along Sunset Strip from NW 12th Street to City Park - where the fun will continue with free rides and children's entertainment. Bring your bathing suit and enjoy the City Park splash pad! Admission is free.

Concert and Fireworks at the FLA Live Arena

Presented by Waste Innovations
Sponsored by Baptist Health, FLA Live Arena, Florida Panthers, Memorial Healthcare

Date & Time: Monday, July 4th, 4:30 pm to 9:30 pm
Location: Outdoors at the FLA Live Arena, One Panther Parkway
FREE parking and admission

There's something for everyone at our nighttime celebration, including inflatables for kids, a wide assortment of food and beverage vendors, and live music performed by three bands:

4:45 pm - Bobby Roze and the Roze Heytz Band (Reggae)
6:15 pm - On the Roxx ('80s Hits)
8:00 pm - Remix (Top 40)

At 9:00 pm, enjoy a spectacular fireworks display!

FOR YOUR SAFETY, the following items cannot be brought into the event area at the FLA Live Arena: Backpacks, bags larger than 12"x12", coolers, glass bottles, alcohol, weapons, fireworks, pets, and bicycles. (Bring a lock to park your bike in the lot.) All bags will be searched.



NATIONAL NIGHT OUT

Date & Time: Tuesday, August 2, from 6:00 am to 9:00 pm
Location: Outdoors at the Public Safety Building, 10440 W Oakland Park Boulevard
Admission: FREE

Join the Sunrise Police Department for a family-friendly evening featuring live music, refreshments, public safety displays and demonstrations, crime-prevention resources, and plenty of fun! National Night Out promotes the police-community partnerships that make our City a better, safer place to live. For more information, call (954) 746-3383 or email NationalNightOut@sunrisefl.gov.

BACK TO SCHOOL ROUND-UP

Sponsored by Baptist Health

Date: Saturday, August 6

Time: 10:00 am to 1:00 pm

Location: Sunrise Civic Center, 10610 W Oakland Park Boulevard

FREE admission!

Don't miss this annual end-of-summer celebration, complete with refreshments and inflatables. Representatives from Sunrise schools will be on hand to answer questions about the 2022-2023 academic year. In addition, the first 1,000 Sunrise K-12 students will receive a free drawstring backpack filled with school supplies and a grade-appropriate book. (Students must be accompanied by legal guardian. Driver's license required as proof of Sunrise residency.) Call (954) 747-4600 for more information.





SUNRISE COMIC CON

Date: Saturday, August 13
Time: 11:00 am to 6:00 pm
Location: Sunrise Civic Center, 10610 W Oakland Park Boulevard
Tickets: On or before August 7 - \$10 per person (\$7 tickets for children 10 and under are available only at the box office). Beginning August 8 - \$20 per person (\$14 tickets for children 10 and under are available only at the box office)

Enjoy an all-ages day of fantasy and fun, including gaming, demos and panels, photo ops, and a cosplay contest. Check out our vendors and meet special guests, including voice actor Alyson Leigh Rosenfeld (*Pokémon*, *Strawberry Shortcake* and *Yu-Gi-Oh!*) and actor Jason Faunt (*Red Ranger* in *Power Rangers Time Force*). For an up-to-date list of activities and exhibitors, visit www.sunrisefl.gov/comiccon.



SEPTEMBER 11 REMEMBRANCE CEREMONY

Date: Sunday, September 11
Time: 8:30 am
Location: Sunrise Civic Center Theatre, 10610 W Oakland Park Boulevard
 Join us for a special ceremony in honor of the victims, heroes and survivors of the 2001 terrorist attacks on America. This event will feature distinguished speakers, as well as music, light refreshments, and the presentation of colors.



KIDS' FISHING DERBY

Date & Time: Saturday, September 17, 8:30 am to 10:30 am
Location: Welleby Park, 11100 NW 44th Street
 FREE admission!

Beginners welcome! Bring a pole and bait (night crawlers or worms work well) and enjoy a fun morning of fishing. Prizes will be awarded in several categories! Children under 12 must be accompanied by an adult at all times. Pre-registration is required; call (954) 747-4600 for details.



MAYORS' CHESS CHALLENGE – SUNRISE

Date & Time: Saturday, September 24, from 10:00 am to noon
Location: Sunrise Civic Center Grand Ballroom, 10610 W Oakland Park Boulevard
 FREE admission!

Join elected officials and families from across South Florida in support of chess in our communities. New to the game? Instructors will be on hand to help! Participants will receive a Mayors' Chess Challenge Passport that can be stamped at each event they attend during the 2022-2023 school year. Visit www.sunrisefl.gov/chess for more information, including a complete schedule.

SUNRISE ATHLETIC CLUB

Our affordable membership rates help put your fitness goals within reach.

The newly upgraded Athletic Club offers a wide variety of facilities, equipment and programs. Features include a fitness center, racquetball courts, a gymnasium, a game room, and additional amenities. Athletic Club fees are affordable and are broken down into membership fees and daily fees. Guests can choose to become members of the Athletic Club, or decide to pay-as-they-go by taking advantage of reasonable daily fees.

BASIC ANNUAL MEMBERSHIP

Entitles member to use of gym, fitness room, racquetball courts and locker rooms.

Individual (one adult age 18 or over): \$150/year

Family (up to five family members): \$225/year

DELUXE ANNUAL MEMBERSHIP

Entitles member to Basic Membership privileges, plus use of the Civic Center aquatics facilities.

Individual (one adult age 18 or over): \$175/year

Family (up to five family members): \$250/year

BASIC MONTHLY MEMBERSHIP

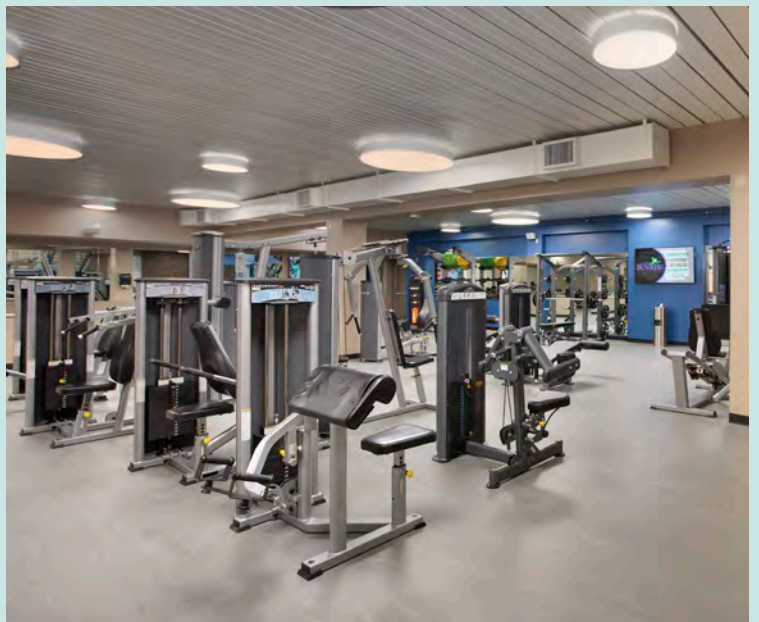
Entitles member to use of gym, fitness room, racquetball courts and locker rooms.

Individual (one adult age 18 or over): \$20/month for Sunrise residents

Family (up to five family members): \$30/month for Sunrise residents

Daily rates are also available. All fees are subject to Florida sales tax. Children 12 and under must be accompanied by an adult when using Athletic Club facilities.

The Athletic Club is located in the east wing of the Sunrise Civic Center. The Civic Center is on the south side of Oakland Park Boulevard, just west of Nob Hill Road and behind the Dan Pearl Library. The Athletic Club is open Monday through Friday from 6:30 a.m. to 9:00 p.m., and Saturday and Sunday from 8:00 a.m. to 7:00 p.m.



CLUBS



GOLD COAST WOODTURNERS

Day and Time: Tuesdays, 6:00 pm - 9:00 pm

Fees: Free

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard
Walk-ins welcome. No experience necessary. Must supply tools and materials. Volunteer instructors available.

SUNRISE WOMEN'S BOCCE CLUB

Day and Time: Wednesdays, 3:00 pm - 5:00 pm

Fees: Free

Location: Nob Hill Soccer Club Park, 10200 Sunset Strip
Walk-ins welcome. No experience necessary. Membership in the Sunrise Senior Center is required for participation. Call Frances Nugent - Captain at (954) 495-7730 or Mary Robertson Co-Captain (954) 749-4733 for information.

AMERICAN LEGION POST 365

Day and Time: 4th Tuesday of each month, 7:00 pm

Fees: Free

Location: Sunrise Senior Center, 10650 West Oakland Park Boulevard
The American Legion is the nation's largest veteran's service organization, committed to mentoring and sponsorship of youth programs in our communities, advocating patriotism and honor, promoting a strong national security, and continued devotion to our fellow service members and veterans. The American Legion's success depends entirely on active membership, participation and volunteerism. Contact Commander Loretta Young (954) 257-6763 for further information.

SUNRISE LATIN SOCIAL CLUB

Day and Time: First Tuesday of each month, 6:00 pm - 8:00 pm

Fees: Free

Location: Please contact Senior Center at (954) 746-3670 for location
This Club is geared towards socialization, building friendships, participating in activities & other special events. Everyone is invited. Senior Center membership is required. Queremos invitar a la comunidad Latina que venga a disfrutar de nuestro centro y ser parte de nuestra comunidad. We invite the Latin community to come embrace our center and be a part of our community. Contact Ana Lopez (908) 907-1324 or Elizabeth Lasprilla (954) 328-7483 for monthly meeting and ticket information.

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Public transportation offers mobility and access to the things senior citizens need in everyday life, helping older Americans maintain their quality of life.
...

TRANSPORTATION

MINIBUS ROUTES operate weekdays from 8:00 a.m. to 2:45 p.m., picking up passengers from residential areas and transporting them to major shopping centers within Sunrise. For more information, or to obtain schedules, call (954) 764-3677.

NON-EMERGENCY MEDICAL TRANSPORTATION

is available to eligible Sunrise residents who are 62 or older, or physically handicapped. If you no longer drive or maintain a vehicle in your immediate household and need reliable, complementary transportation to doctors, dentists and other medical appointments, call (954) 746-3676 for transportation information.

Application and approval is required.



THE BRIDGES AT SPRINGTREE GOLF CLUB

HOURS OF OPERATION

Golf Course - Sunrise to Sunset (weather permitting)
 Pro Shop - 6:30 am - 5:30 pm
 Restaurant - 9:00 am-3:30 pm

Hours subject to change depending on weather conditions and sunrise/sunset.

Located just north of West Oakland Park Boulevard and west of University Drive, The Bridges at Springtree Golf Club is an 18 hole executive course – designed by former PGA pro Mark McCumber. The course provides enhanced play for golfers of all levels. Among the many events at The Bridges are the monthly scramble tournaments, featuring a continental breakfast, complimentary drinks on the golf course, buffet lunch, and prizes. The Sunrise Women’s Association of Golf (SWAG) meet every Tuesday and host different events including inter-club golf competitions and luncheons. Open seven days a week for breakfast and lunch, the restaurant menu features weekly specials served by our friendly and efficient staff. Reservations are suggested for the Sunday breakfast buffet by calling (954) 572-2209. The catering staff at The Bridges would be happy to help you plan your next family celebration. From baby showers to weddings, The Bridges is the perfect location. Please go to www.springtreegc.com to book tee times or events.



GOLF ACTIVITIES

Activity	Age	Day	Time	Fee
Private Lesson	5+	M - SU	8:00 am - 5:00 pm	Varies
Package 5 ½ hr	5+	M - SU	8:00 am - 5:00 pm	Varies

Lesson prices vary depending on instructor. For more information about golf activities, please call (954) 572-2270.

GOLF MEMBERSHIP FEES

Sunrise Residents	Florida Residents	6 Month	Juniors*
Single \$325	Single \$475	Single \$450	Junior \$120
Family \$425	Family \$675	Family \$625	

Annual membership benefits include significantly reduced daily play rates for members, complimentary access to the short game area, and complimentary pull carts. Prices do not include taxes. *Junior memberships available to ages 15 and under.



GOLF RATES

Summer 5/1/22 – 10/31/22

18-Holes Walking	Member	Sunrise Residents	Non-Residents
Before 8:00 am (M-F)	\$6	\$14	\$16
After 1:00 pm (M-SU)	\$6	\$14	\$16

18-Holes Riding	Member	Sunrise Residents	Non-Residents
Before 12:00 pm	\$14.49	\$22	\$26
After 12:00 pm	\$14.49	\$20	\$23
After 2:00 pm	\$14.49	\$14	\$16

*All juniors are free with a paying adult after 3:00 pm daily.

UPCOMING EVENTS

JULY:

- Monday, July 25
JGA (Junior Golf Association) Golf Tournament

AUGUST:

- Saturday, August 27
10:00 am - 2:00 pm: Open House for Sunrise Residents

SEPTEMBER:

- Monday, September 12
Aerification: Greens/ Tee boxes/ Fairways
- Tuesday, September 13
Aerification: Greens/ Tee boxes/ Fairways
- Wednesday, September 14
Aerification: Greens/ Tee boxes/ Fairways

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The Special and Community Support Division provides information regarding available state, and county social service programs. An emergency food pantry and medical equipment loan-out is available for Sunrise residents who may need temporary assistance due to loss of employment or other issues. Social services also include transportation and special programs. For further information, contact the social worker at (954) 746-3670.

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HEALTHY HEART LECTURE

Date & Time: Friday, 7/8, 10:00 am – 11:30 am

Fee: Free

Registration: Call to sign up

If you plan to enjoy a long, active life, you have to keep your heart in good shape. Join Kathlene Ayala, Advanced Family Nurse Practitioner, from Conviva Health Center. See how your heart measures up to some key health indicators. A light lunch will be provided to all pre-registered participants.

OBESITY LECTURE

Date & Time: Friday, 8/5, 10:00 am – 11:30 am

Fee: Free

Registration: Call to sign up

Join a health professional from CareMax Medical Center for this lecture about obesity – a chronic condition defined by an excess amount of body fat. Obesity has become a public health problem in the United States, as being overweight can lead to many serious illnesses such as diabetes, hypertension and some cancers. Learn what you can do to combat this serious condition.

HEALTHY SLEEP LECTURE

Date & Time: Friday, 9/9, 10:00 am – 11:30 am

Fee: Free

Registration Deadline: Call to sign up

Dr. Ashwin Mehta, from Memorial Health Care, will speak about what is healthy sleep patterns. Sleep is a complex process that affects our entire body. Getting a healthy amount of sleep is a key part of a good sleep pattern. The National Sleep Foundation recommends that most adults get between 7 and 9 hours of sleep each night and older adults over 65 years of age get between 7 and 8 hours. Find out what you can do in order to get a restful night's sleep.

EMERGENCY FOOD PANTRY

The City of Sunrise operates an Emergency Food Pantry with canned goods for Sunrise residents in need. Visits to the Pantry are limited to no more than once every three months until the crisis is past or an alternate agency can fulfill the need. It is by appointment only and must be arranged with the Social Worker. For information, call (954) 746-3670 between 8:30 am and 4:00 pm.

PROPERTY TAX EXEMPTION ASSISTANCE

Date & Time: Fridays, 7/8, 8/12, 9/9, 10:00 am - 11:30 am

Wednesdays: 7/20, 8/17, 9/21, 4:30 pm - 6:00 pm

Registration: Walk-ins welcome

Representatives from the Broward County Property Appraiser's office will help taxpayers apply for homestead and other property tax exemptions, including those for seniors, widows/widowers, the disabled, and veterans. Bring a Florida Driver's License; a Broward voter registration card; Social Security numbers of all owners; and a copy of the recorded deed or tax bill. Resident aliens must bring a permanent resident green card or proof of asylum.

VETERAN'S ADVISORS

Date & Time: Fridays, 7/8, 8/12, 9/9 from 9:00 am - 12:00 pm

Fee: Free

Registration: Walk-ins welcome

Broward County Veterans Services will have a Certified Veterans Advisor at the Sunrise Senior Center to provide assistance to veterans, their widows, dependents and dependent survivors regardless of age or other status. Services are focused on attainment and/or maintenance of self-sufficiency. Services include: Information, Referral and Linkage, & Benefits and Claims Processing.

BLOOD PRESSURE CHECK

Date & Time: Fridays, 7/8, 8/5, 9/9, 11:00 am - 12:00 pm

Fee: Free

Registration: Walk-ins welcome

Provided by Sunrise Fire Rescue.

F.L.O.W.

Date & Time: Wednesday, 8/10, from 8:30 am - 12:30 pm

Fee: Free

Registration: Appointment only

Florida Licensing on Wheels, the DMV mobile unit, will be at the Sunrise Senior Center the second Wednesday of the month. Anyone can renew their driver's license, vehicle registration and get a Florida I.D. Please visit the website to know what documents you will need to bring with you to avoid a second trip www.flhsmv.gov/driver-licenses. This service is available to all Broward Co. residents. NOTE: This is not a City run program. These dates are subject to cancellation without notice. Please call (954) 747-3670 for an appointment. After April, FLOW will be offered every other month until further notice.

PRESCRIPTION DISCOUNT CARD PROGRAM

Sunrise residents who are without health insurance, a traditional pharmacy benefit plan, or insurance can take advantage of this plan. The savings is approximately 20%, and no income or age requirements. Please call the Sunrise Senior Center at (954) 746-3670 or come by the Senior Center for information.

SHINE COUNSELOR IS BACK!

Date & Time: 1st and 3rd Tuesdays of the month from 10:00 am - 12:00 pm

Registration: No appointment necessary.

A "Serving the Health Insurance Needs of the Elderly" counselor will be at the Senior Center. SHINE counselors provide free unbiased and confidential Medicare counseling to empower you to make the best decisions for your individual needs. Specially trained volunteers help Medicare beneficiaries, their families, and caregivers to understand their health care options. The program is sponsored by the ADRC. Please call ahead to make sure the S.H.I.N.E. will be there. * Note: This is not a City run program these dates are subject to cancellation without notice, please call before you come to the Senior Center.



SUNRISE TENNIS CLUB

Operating Hours: Monday to Friday, 8:00 am - 9:30 pm,
Saturday and Sunday 8:00 am to 3:00 pm
The club will close at 3:00 pm on July 4

Sunrise Tennis Club Membership Fees can be seen in the chart below. All fees are subject to sales tax. Age restrictions may apply. Please call (954) 572-2286 for more information.

MEMBERSHIP FEES

Sunrise Residents		Non-Residents	
Senior – Individual	\$135	Senior – Individual	\$200
Senior – Double	\$185	Senior – Double	\$250
Individual	\$240	Individual	\$325
Double	\$330	Double	\$425
Family	\$345	Family	\$450
Junior	\$65	Junior	\$100

Sunrise Business Owners		Daily Visit (Resident/Non-Resident)	
Individual	\$240	\$5/\$6	
Double	\$330		
Family	\$345		

Discount guest passes now available – Buy 6 passes for the price of 5.



ADULT CLINICS

Activity	Age	Day	Time	Fees Daily/4-class/8-class
Adult Beginner	18+	TU/TH	7:30 pm - 8:30 pm	\$20/\$60/NA
Intermediate Drill and Play	18+	M/TU/W	7:00 pm - 8:30 pm	\$25/\$85/\$140
	18+	SA	10:30 am - 12:00 pm	\$25/\$85/\$140
Advanced Drill and Play	18+	TH	7:00 pm - 8:30 pm	\$25/\$85/\$140
	18+	SA	9:00 am - 10:30 am	\$25/\$85/\$140
Cardio Tennis	18+	TU/TH	6:00 pm - 7:00 pm	\$20/\$60/NA

YOUTH PROGRAMMING

Activity	Age	Day	Time	Fees Daily/Monthly
Mini Grinders	4-11	M-F	5:00 pm - 7:00 pm	\$40/\$440
Orange Crush	5-9	M/W/F	4:00 pm - 5:30 pm	\$20/\$240
Red Rockers	4-7	TU/TH	4:15 pm - 5:00 pm	\$20/class
Super Saturday	4-12	SA	9:00 am - 10:00 am	\$20/\$60 per 4 classes <i>Free to residents every 3rd Saturday</i>
Beginner/Intermediate Juniors	12-16	M, TU, TH	6:00 pm - 7:30 pm	\$90/\$360

SUNRISE TENNIS ACADEMY

Activity	Age	Day	Time	Member Fees
High Performance	All	M-F	3:00 pm - 6:00 pm	\$45/daily \$225 for 5 classes/week \$700/month
High Performance Elite	All	M-F	9:00 am - 11:00 am & 4:00 pm - 7:00 pm	\$1000/month
Competitive Development	10+	M-F	3:00 pm - 6:00 pm	\$45/daily \$225 for 5 classes/week \$700/month
Mini Grinders	10 & Under	M-F	5:00 pm - 7:00 pm	\$40/daily or \$60 for 2 classes/week

KIDS' SUMMER BREAK TENNIS CAMP: 6/13 - 8/12

Activity	Age	Day	Time	Member Fees
Competitive	10 & Under	M-F	8:00 am - 11:00 am	\$45 daily, \$180/week
Recreational	11-17	M-F	9:00 am - 12:00 pm	Residents: \$120/week Non-residents: \$150/week

PRIVATE LESSONS

For private lesson rates, call Tennis Pro Shop at (954) 572-2286.

DANCE FX

MONDAYS - 7/11 to 7/25

Session A	Age	Day	Time	Fee	Activity #
Baby Ballerinas	3-5	M	4:00 pm - 4:45 pm	\$36	120777A
Hip Hop	6-10	M	4:45 pm - 5:30 pm	\$36	120775A

TUESDAYS - 7/5 to 7/26

Session A	Age	Day	Time	Fee	Activity #
Hip Hop	4-5	TU	4:00 pm - 4:45 pm	\$48	120797A
Jazz and Ballet	6-9	TU	4:45 pm - 5:30 pm	\$48	120796A

SATURDAYS - 7/9 to 7/30

Session A	Age	Day	Time	Fee	Activity #
Tap and Ballet	4-6	SA	9:15 am - 10:00 am	\$48	120784A
Tap & Ballet	6-8	SA	10:00 am - 10:45 am	\$48	120786A
Hip Hop	4-6	SA	10:45 am - 11:30 am	\$48	120785A

MONDAYS - 9/12 to 9/26.

Session B	Age	Day	Time	Fee	Activity #
Baby Ballerinas	3-5	M	4:00 pm - 4:45 pm	\$36	120777B
Hip Hop	6-10	M	4:45 pm - 5:30 pm	\$36	120775B

TUESDAYS - 9/13 to 9/27

Session B	Age	Day	Time	Fee	Activity #
Hip Hop	4-5	TU	4:00 pm - 4:45 pm	\$36	120797B
Jazz and Ballet	6-9	TU	4:45 pm - 5:30 pm	\$36	120796B

Participants must be registered before sessions begins. A minimum of three students are required to run a class.

YOUTH VOLLEYBALL CLINICS

Age	Date	Day	Time	Fee*	Activity#
9-12	7/6 - 9/28	Any	Any	\$20	170676D-Z
	7/6 - 8/1	M & W	5:30 pm - 7:00 pm	\$140	170676A
	8/3 - 8/29			\$140	170676B
	8/31 - 9/28*			\$140	170676C
13-17	7/6 - 9/28	Any	Any	\$20	170677D-Z
	7/6 - 8/1	M & W	7:15 pm - 8:45 pm	\$140	170677A
	8/3 - 8/29			\$140	170677B
	8/31 - 9/28*			\$140	170677C

The focus of this program is to introduce the athletes to the game while teaching them the proper technique and skill development. Teams will be divided by age groups. Please call (305)788-2129 or email christianblandon@boldnationsports.com with questions. *No class on 9/5.



ART CLASSES

ANIME AND MANGA CLASSES

Session	Age	Day	Time	Fee	Activity #
Session A	9+	F, 7/8 - 8/5	6:15 pm - 7:15 pm	\$60	120718A
Session B	9+	F, 8/26 - 9/30*	6:15 pm - 7:15 pm	\$60	120718B
Session A	9+	F, 7/8 - 8/5	7:30 pm - 8:30 pm	\$60	120719A
Session B	9+	F, 8/26 - 9/30*	7:30 pm - 8:30 pm	\$60	120719B

The goal of the class will center upon learning skills, developing creativity, inspiration and fun, as well as having the opportunity to meet others who love anime and manga. Students of all ability levels are welcome and will be challenged accordingly. Participants must be registered before sessions begins. *No class 9/16.

PAINTING/ART WORKSHOPS

Session	Age	Day	Time	Fee	Activity #
Youth Painting & Mixed Media	7-14	TH, 9/8-9/29	5:00 pm - 6:30 pm	\$60	120711A

Students explore different ways of applying watercolor paint and learn to create their own color mixes. Other materials, such as water color pencils and soft pastels, may be used in combination with paint. Materials are not included in class fees. For materials list, please check your receipt or contact the instructor, Margo Kawashima, at (954)-684-6163. A minimum of three students are required to run this class. Participants must be registered before sessions begins.

THEATRE CLASSES

NEW! INSIDE OUT THEATRE COMPANY ADV SUMMER INTENSIVE

Fee: \$650

Activity # 410607A

Registration is now open for Disney's "The Little Mermaid." Looking for performers who want to be part of the production no matter the part they are cast. This intensive is for the committed performer working toward reaching the next level of excellence. For more information, email tstanish@sunrisefl.gov or call (954) 747-4290. 7/25-7/28: Load-in, tech rehearsal and dress rehearsal. 7/29:

Performances for summer camps. 7/30 - 7/31: Performances for the public.

Dates	Day	Time	Location
7/11 - 7/15	M-F	9:00 am - 4:00 pm	Civic Center Theatre
7/18 - 7/22	M-F	9:00 am - 4:00 pm	Civic Center Theatre & Multipurpose Room

Show Week Schedule

Dates	Day	Time	Location
7/25 - 7/28	M-TH	3:30 pm - 8:30 pm	Civic Center Theatre
7/29	F	8:00 am - 5:00 pm	Civic Center Theatre

THEATRE CLASSES

ADVANCED PERFORMERS: TITLE TBA

Age	Date	Day	Time	Fee	Activity#
15+	8/21-11/13	SU	9:00 am - 2:00 pm	\$425	11604A

This advanced performers class will be taking the audience on a ride TBA once licensing is secured. Auditions will be held on 8/21 and performances will be held on 11/12 & 11/13. Students cast in the play must register with the Sunrise Civic Center.

TEEN PERFORMANCE WORKSHOP: THE PLAY THAT GOES WRONG

Age	Date	Day	Time	Fee	Activity#
15+	10/6 - 2/26	TH	6:30 pm - 9:00 pm	\$350	11601A

This performance-based class is for actors who are eager to shine onstage. Auditions will be held on 10/6, and performances will be held on 2/25 & 2/26/23. *No class on 11/24, 12/29 or 1/5. Students cast in the play must register with the Sunrise Civic Center.

MUSICAL THEATRE PRODUCTION: BEAUTY AND THE BEAST, JR.

Age	Date	Day	Time	Fee	Activity#
10 - 14	9/12-12/22	M	5:00 pm - 7:30 pm	\$425	110606A

Focus on training in acting, voice, and movement with a rehearsal period that leads to a performance. Instruction includes traditional Stanislavski techniques, improv and character development. No experience necessary; however, class leads to a public performance and students are expected to work hard. Minimum of 10 participants required. *No class on 9/26, 12/26, 1/2, or 1/16. Classes will be extended as needed. Must be available for mandatory dress/tech rehearsal and the performances week prior to 1/22/23.



GYMNASTICS

GYMNASTICS BASICS

Age	Date	Day	Time	Fee	Activity#
4 - 6	7/7 - 7/28	TH	5:15 pm - 6:00 pm	\$54	120765A
	8/4 - 8/25		5:15 pm - 6:00 pm	\$54	120765B
	9/1 - 9/29		6:15 pm - 7:00 pm	\$67.50	120765C
5 - 12	7/7 - 7/28	TH	6:05 pm - 6:50 pm	\$54	120766A
	8/4 - 8/25		6:05 pm - 6:50 pm	\$54	120766B
	9/1 - 9/29		7:05 pm - 7:50 pm	\$67.50	120766C
5 - 12	7/7 - 7/28	TH	6:55 pm - 7:40 pm	\$54	120767A
	8/4 - 8/25		6:55 pm - 7:40 pm	\$54	120767B
	9/1 - 9/29		7:55 pm - 8:40 pm	\$67.50	120767C
5 - 12	7/9 - 7/30	SA	10:50 am - 11:35 am	\$54	120763A
	8/20 - 9/24*		10:50 am - 11:35 am	\$67.50	120763B
5 - 12	7/9 - 7/30	SA	11:40 am - 12:25 pm	\$54	120764A
	8/20 - 9/24*		11:40 am - 12:25 pm	\$67.50	120764B

Class will focus on basic rolls, cartwheels, handstands, back walkovers and trampoline work. Classes will participate in an end of the year recital. Classes will be held in the Civic Center Art Studio. A minimum of four students are required to run this class. For more information, visit www.JoyDecoEnterprises.com. Participants must be registered before session begins. *No class 9/17.

TODDLER CLASSES

JUST YOU & ME

Age	Date	Day	Time	Fee	Activity#
3 - 5	9/13 - 9/29	TU/TH	9:00 am - 10:30 am	\$36	120915A

This program features developmentally age appropriate activities for children three to five (pre-school age). Birth certificate is required with registration. Un-registered siblings will not be permitted to attend the class. Parent participation is required for this class. Deadline for registration 9/12. A minimum of 4 students are required to run this class.

FANTASTIC TODDLER FUN

Age	Date	Day	Time	Fee	Activity#
19 mo - 2	9/7 - 9/28	W	9:00 am - 10:30 am	\$24	120917A

This program allows a caregiver the opportunity to participate with their child in age appropriate crafts, story time, songs, and more! Parent participation is required. Deadline for registration 9/6. A minimum of 4 students are required to run this class.

TUMBLEBEARS

Age	Date	Day	Time	Fee	Activity#
3 - 4	7/9 - 7/30	SA	10:00 am - 10:45 am	\$54	120760A
	8/20 - 9/24*			\$67.50	120760B

Participants will use equipment such as parachutes, trampolines and balance beams to exercise and work on basic tumbling skills.* No class 9/17.

KIDS' & TEENS MINI CAMPS & DAYS OFF

SUMMER MINI CAMP

Dates: August 8 to 12

Time: 7:30 am to 6:00 pm

Fees: \$150/Residents, \$200/ Non Resident

Location: Sunrise Civic Center

Ages: 5 - 10 years

Activity #120402A

Ages: 11 - 15 years

Activity #120402B

KIDS' & TEENS' DAYS OFF FIELD TRIPS

Date: Monday, August 15

Ages: 5 to 10 / Activity #120402A

Ages: 11 to 15 / Activity #120406A

Time: 7:30 am to 6:00 pm

Fee: \$30/resident;

\$40/non-resident

Date: Monday, September 26

Ages: 5 to 10 / Activity #120402B

Ages: 11 to 15 / Activity #120406B

Time: 7:30 am to 6:00 pm

Fee: \$30/resident;

\$40/non-resident

For more information, call the Department of Leisure Services at (954) 747-4600. Drop off and pick up children at the Civic Center. Please make sure children bring their lunch and plenty of drinks and snacks for the entire day. Children must always wear their yellow City of Sunrise camp shirts. Pre-registration is required.

TEENS' LOCK-IN

Date & Time: July 15, 8:00 pm to 8:00 am

Fees: \$30/resident; \$40/non-resident

Location: Sunrise Civic Center

Ages: 11 - 15

Enjoy a fun overnight adventure at the Civic Center! We'll have games and activities, plus plenty of snacks. Pre-registration is required.

CITY PARK

City Park is located at 6600 Sunset Strip
 Open 8:00 am - 10:00 pm daily
 Open 8:00 am - 3:00 pm on 7/4

For a calendar of monthly park activities, please visit the City Park attendant's office or the adjacent Village Multipurpose Center.

STORY TIME

Age	Date	Day	Time	Fee	Activity#
4-8	9/10	SA	11:00 am-12:00 pm	Free	N/A

Young readers are invited to enjoy a story and snack on the City Park stage. Lawn chairs and blankets are optional, but recommended. Please call (954) 578-3551 to sign up. Registration closes two days prior. If inclement weather, please call 30 minutes prior to the start time.

SUNRISE STEPPERS

Age	Date	Day	Time	Fee	Activity#
All	Ongoing	Daily	8:00 am-10:00 pm	Free	N/A

Need a little motivation to get those daily steps in? Stop by the Village Multipurpose Center (during Center operating hours) to log your laps and learn when peak walking times are to find yourself a "walking buddy". Having a walking buddy helps to keep you on track, stay focused, provides a bit of friendly conversation and motivation, helps to create a regular routine, and makes the workout a bit more fun - let's get stepping, Sunrise!

READ & STROLL

STROLL the park and read! Content will be changed monthly and will include (but not be limited to) stories, fun facts, creative writing, and more to encourage exercising your body AND your brain; happy reading!

OPEN BOARD GAMES

Age	Date	Day	Time	Fee	Activity#
All	Ongoing	SU	1:00 pm-3:00 pm	Free	N/A

Enjoy open play board games on the amphitheater stage such a dominoes, ludi, Jenga, checkers, chess, mancala, and more. Bring a friend or make some new ones!

FIELD GAME FUN

Age	Date	Day	Time	Fee	Activity#
All	Ongoing	TU/TH	5:00 pm-7:00 pm	Free	N/A

Join us for fun games and activities on the field! Games consist of giant board games, ball games (netball, football, etc.), jump rope/double-dutch, relay races, and more. Come alone or bring a friend or two!

SIDEWALK CHALK ART

Age	Date	Day	Time	Fee	Activity#
All	9/10	SA	12:00 pm-1:00 pm	Free	N/A

Come and express yourself artistically on the sidewalks of City Park! There will be a different theme for each month to use as "inspiration" for your works of art. Chalk will be provided. Be sure to bring drinking water and a damp towel or rag for your hands (recommended). **THEME:** September-So Long Summer! **Please refrain from creating art with profanity or explicit images – let's keep it FAMILY FRIENDLY!**



Join us for Read & Stroll!





BEGINNER KARATE

Age	Date	Day	Time	Fee*	Activity#
5+	7/6 - 8/1	M & W	5:00 pm - 6:00 pm	\$80	120740A
	8/3 - 8/29			\$80	120740B
	8/31 - 9/28*			\$80	120740C

INTERMEDIATE KARATE

Age	Date	Day	Time	Fee*	Activity#
5+	7/6 - 8/1	M & W	6:00 pm - 7:00 pm	\$80	120741A
	8/3 - 8/29			\$80	120741B
	8/31 - 9/28*			\$80	120741C

ADVANCED KARATE

Age	Date	Day	Time	Fee*	Activity#
5+	7/6 - 8/1	M & W	7:00 pm - 8:00 pm	\$80	120742A
	8/3 - 8/29			\$80	120742B
	8/31 - 9/28*			\$80	120742C

Students must have experience in order to enroll in the Intermediate and Advanced classes. Instructor must approve enrollment. *\$25/yr Membership Karate Association (payable to instructor) PLUS additional fees for ranking test and uniforms not included. If you have any questions regarding Karate classes, please call (954) 940-8801. Participants must be registered before session begins. *No class 9/5.

YOUTH ATHLETICS

**COACHES
NEEDED**

*INTERESTED IN BEING A YOUTH
RECREATION COACH?*

Volunteer coaches are needed in all age divisions, and will be selected immediately following the registration deadline. **Head coaches are eligible for a 50% discount on their child's registration.** (Volunteer at the time of sign up.) All coaches are required to be fingerprinted, have a criminal background check completed, and become CPR/AED certified. Certification is provided at no cost. If you are interested and need further information, please call Leisure Services at (954) 747-4600.



HOOPSTER BASKETBALL ACADEMY

All Programs are conducted in the Sunrise Civic Center Gymnasium unless otherwise noted. Registration is accepted at the Athletic Club desk. For more information, call Coach Ceasar Diaz at (954) 634-2061. Refunds for the 5 week sessions must be made in writing, and submitted before the beginning of the 3rd class. All refunds are subject to approval by Coach Diaz.

SUMMER BREAK BASKETBALL CAMP AT SAC

Age	Date	Day	Time	Fee	Activity#
6 - 17	8/8 - 8/12	M - F	7:30 am - 5:30 pm	\$125	170621G
		Daily		\$30	170621H-L

KIDS' DAY OFF BASKETBALL CAMPS AT SAC

Age	Date	Day	Time	Fee	Activity#
6 - 17	8/15	M	7:30 am - 5:30 pm	\$30	270619A
	9/5	M	8:00 am - 3:00 pm	\$30	270619B
	9/26	M	7:30 am - 5:30 pm	\$30	270619C

SMALL FRY BASKETBALL PROGRAM

Age	Date	Day	Time	Fee	Activity#
4 - 5	7/9 - 8/6*	SA	9:00 am - 9:30 am	\$25	270623A
		Daily		\$6	270623B-F
	8/13 - 9/10*	SA		\$25	270623G
		Daily		\$6	270623H-L
	9/17 - 10/15	SA		\$25	270623M
		Daily		\$6	270623N-R

*The programs on 8/6 & 8/13 have been moved to the Sunrise Athletic Complex (SAC). Small Fry Basketball is an introductory program for boys and girls that teach children the fundamentals of basketball through the basics of ball handling, passing, shooting and defense. These drills will have an emphasis on fun, while learning the foundation of basketball.

BEGINNER SKILLS PROGRAM

Age	Date	Day	Time	Fee	Activity#
6 - 17	7/9 - 8/6*	SA	9:45 am - 10:45 am	\$50	270622A
		Daily		\$12	270622B-F
	8/13 - 9/10*	SA		\$50	270622G
		Daily		\$12	270622H-L
	9/17 - 10/15	SA		\$50	270622M
		Daily		\$12	270622N-R

*The programs on 8/6 & 8/13 have been moved to the Sunrise Athletic Complex (SAC). This program emphasizes basketball fundamentals, including ball handling, passing, shooting, rebounding and defense.

INTERMEDIATE SKILLS PROGRAM

Age	Date	Day	Time	Fee	Activity#
6 - 17	7/9 - 8/6*	SA	11:00 am - 12:00 pm	\$50	270606A
		Daily		\$12	270606B-F
	8/13 - 9/10*	SA		\$50	270606G
		Daily		\$12	270606H-L
	9/17 - 10/15	SA		\$50	270606M
		Daily		\$12	270606N-R

*The programs on 8/6 & 8/13 have been moved to the Sunrise Athletic Complex (SAC). This program emphasizes basketball fundamentals, including ball handling, passing, shooting, rebounding and defense. It is designed for players that have mastered the beginner drills.



INDIVIDUAL & GROUP INSTRUCTION

Program	Age	Day	Dates	Fee	Activity#
Individual Instruction	6 - 17	Any	7/1 - 9/30	\$35/hr	270620A-Z
Group Instruction	6 - 17	Any	7/1 - 9/30	\$35/hr	270624A-Z

Groups consist of 15 or more. Group Instruction is based on team concepts including offensive and defensive strategies, team conditioning, effective team practice, and overall team philosophy. Please contact Coach Diaz at (954) 634-2061 for availability.

SUNRISE HOOPSTER TRAVEL BASKETBALL

Hoopster travel basketball program is looking for players who would like to play in the AAU U.S. Amateur Basketball, USSSA, and USBA sanctioning competitive travel basketball circuit. We are currently looking for players in the 5th, 8th, 9th, and 10th grade levels. For more information please contact Coach Diaz at (954) 634-2061 or visit www.hoopsterbasketball.com. \$40 fee. Additional fees may apply.

RECREATION YOUTH SOCCER

Ages: 4 to 17 (see aging dates below)

Season Dates: October to January

Fees: \$75/Residents, \$110/Non-Residents

Registration Deadline: Friday, September 9

*Divisions may be combined based on registration numbers

Drafts and Practices

The coaches will contact all players by October 8, and practices will tentatively begin on October 10. Teams will practice two to three times per week during the preseason and play two games/1 practice per week during the season.

Player Ratings

All participants, except Instructional Division, must attend player ratings, which take place at Nob Hill Soccer Club, Field 2. See below for dates and times of scheduled ratings. Make-up ratings for all divisions will be from 10:00 am to 11:00 am on Saturday, September 17. Soccer Opening Night is Friday, October 28.

Division	DOB	Rating Date	Rating Time	Activity#
Instructional	8/1/16 to 7/31/18	N/A	N/A	230231A
8 & Under Girls	8/1/14 to 7/31/16	9/13	6:00 pm	230232B
10 & Under Girls	8/1/12 to 7/31/14	9/13	6:45 pm	230232C
12 & Under Girls	8/1/10 to 7/31/12	9/13	7:30 pm	230232D
14 & Under Girls	8/1/08 to 7/31/10	9/13	6:00 pm	230232E
HS Coed/18U	8/31/04 to 7/31/08	9/13	7:00 pm	230231F
8 & Under Boys	8/1/14 to 7/31/16	9/15	8:00 pm	230231B
10 & Under Boys	8/1/12 to 7/31/14	9/15	6:00 pm	230231C
12 & Under Boys	8/1/10 to 7/31/12	9/15	7:00 pm	230231D
14 & Under Boys	8/1/08 to 7/31/10	9/15	7:45 pm	230231E

Make-up Ratings	Rating Date	Rating Time
8 & Under Girls & Boys	9/17	9:00 am
10 & Under Girls & Boys	9/17	10:00 am
12 & Under Girls & Boys	9/17	11:00 am
14 & Under Girls & Boys	9/17	12:00 pm
HS Coed/18U	9/17	1:00 pm



SUNRISE HURRICANES CHEERLEADING

Ages: 4 to 15
Spring Training Begins: Begins May 2, 2022
Season: July to November
Fee: *Residents - \$225;
 *Non-residents - \$250

Participants are placed on squads based on age and ratings. The season consists of 11 games played in Broward and Palm Beach counties. There is a minimum of three practices a week and games are played on Saturdays. Each squad has a maximum of 25 participants. *Additional costs may apply.

Football Team Div.	Age/Year of Birth	Cheer Division	Activity #
Mighty Mites	4, 5 / '17, '18	Mighty Mites	130221G
8 & Under	**5, 6, 7, 8 / '17, '16, '15, '14	Pee Wee	130221A
9 & Under	8, 9, 10 / '14, '13, '12	Youth Prep	130221B
10 & Under	9, 10, 11 / '13, '12, '11	Youth	130221C
11 & Under	10, 11, 12, 13 / '12, '11, '10, '09	Junior Prep	130221D
12 & Under	12, 13, 14, 15 / '10, '09, '08, '07	Junior	130221E
13 & Under	13, 14, 15 / '09, '08, '07	Senior	130221F

*Must be 4 by 9/1/22. **Must be 5 by 9/1/22.

SUNRISE HURRICANES FOOTBALL

Ages: 5 to 14
Spring Training Begins: Begins May 2, 2022
Season: July to November
Fee: Residents - \$225;
 Non-residents - \$250

Registration required to participate. This is a full contact, competitive tackle football program. There is no mandatory play rule and players may be cut based upon registration and skill level. Players must provide their own rubber-molded cleats. The season consists of 11 games played in Broward and Palm Beach counties. There is a minimum of four practices per week and games are played on Saturdays. Each team has a maximum of 38 players. Participants are placed on a team based on age and weight. Player placement on each team is based on the player's age as of May 1, 2022 except Unlimited which is based on player's age as of January 1, 2022.

League Age	Maximum Weight	Activity #
5 & 6 yo Super Mighty Mites	70 lb	130220H
7 & Under Mighty Mites	80 lb to advance ball	130220G
8 & Under	90 lb to advance ball	130220A
9 & Under	110 lb to advance ball	130220B
10 & Under	120 lb to advance ball	130220C
11 & Under	130 lb to advance ball	130220D
12 & Under	unlimited	130220E
*13 (Cannot be 14 before 1/1/22)	unlimited	130220F



START SMART SOCCER

Ages: 3 to 5
Day & Time: Wednesdays, 6:00 pm to 7:00 pm
Fee: \$35/Residents, \$60/Non-Residents
Location: Nob Hill Soccer Club Park, Field 2
Dates: September 7 - October 12
Activity #130203A
Dates: November 2 - December 14 (No Class 11/23)
Activity #130203B

Start Smart Soccer is a developmentally appropriate introductory program for boys and girls ages three to five years old that takes place over six classes. The program prepares children and their guardians for organized soccer in a fun, non-competitive environment. Parent(s) work one-on-one with their child practicing a variety of skills. Parent-child groups will receive a Start Smart soccer ball, which will be used during the program and can be used to continue the development of the child. Space is limited to twenty participants per session.

SUNRISE SHARKS TRAVEL BASEBALL

Open to ages 9 to 14
Tryout Dates: Saturday, July 16
Season Dates: July to April
Fees: \$90/Residents, \$210/Non-Residents
COACHING APPLICATIONS ARE DUE BY MAY 17

Step up to the plate and tryout for this highly competitive baseball league. Teams consist of all-star caliber players that play against other teams from around the county. This program is year round, and roster changes may be made throughout the year. Participants need to commit to a minimum of three (3) practices and/or games per week. Pre-Registration is required before tryout. Ages are determined by how old the child is on May 1, 2022.

Age	Tryout Location	Time	Activity #
8	Sportsplex, Field 1	8:30 am	230208I
9	Sportsplex, Field 4	9:00 am	230208A
10	Sportsplex, Field 1	10:30 am	230208B
11	Sportsplex, Field 1	12:00 pm	230208C
12	Sportsplex, Field 1	1:30 pm	230208D
13	Sportsplex, Field 1	3:00 pm	230208E
14	Sportsplex, Field 1	4:30 pm	230208F

REGISTER TODAY: Proof of residency is required each time you register for a sport or activity. Registration forms without proper proof of residency and a copy of birth certificate (if applicable) will not be accepted. Remember to apply multiple child discount to fees, if appropriate.

Please contact me regarding youth athletics volunteer coaching opportunities.

PARTICIPANT INFORMATION Please print in ink and fill out completely Have you registered for a recreation activity before? Yes No

Parent/Legal Guardian's Name

Relationship to Participant Mother Father Court Appointed Legal Guardian

Home Phone - - Work Phone - - Cell Phone - -

Street Address

City State Zip Code

Email Address Yes, please use this email address to provide me with City of Sunrise program and event information. I understand that I can opt out of this service at any time.

Secondary Guardian's Name

Relationship to Participant Mother Father Court Appointed Legal Guardian

Home Phone - - Work Phone - - Cell Phone - -

Street Address

City State Zip Code

Email Address Yes, please use this email address to provide me with City of Sunrise program and event information. I understand that I can opt out of this service at any time.

PARTICIPANT NAME	DATE OF BIRTH	GRADE	AGE	SEX	ACTIVITY	ACTIVITY#	FEE

FOR CAMP/DAYS OFF ONLY: AUTHORIZED PICK-UP PERSONS (Other than Legal Guardians)

Last Name	First Name	Cell Phone	Home Phone

EMERGENCY CONTACT (Other than parent/guardian. To be contacted in the event that parent/guardian listed above cannot be reached.)

Emergency Contact Relationship to Participant

Home Phone - - Work Phone - - Cell Phone - -

Allergies or medications (specify which child)

CREDIT CARD PAYMENT

MasterCard Visa Discover AmEx Exp. Date / Card #

CVV # Signature as it appears on the card

I agree to pay the above amounts listed as credit card charges according to credit card user agreements.

RELEASE INFORMATION & REFUND POLICIES

- The Release and Waiver on the back of this registration form must be completed and submitted in order for a registration to be accepted.
- Refunds for one-day programs, Kids' Day Off, Mini Camps and Holiday Camps will only be granted if requested 24 business hours prior to the start of the activity. Refunds will not be granted for all other programs if requested four (4) weeks or more after the start of the activity, or if attendance has met or exceeded 50% of the activity. Refunds will be pro-rated. All refund requests must be submitted in writing to Leisure Services.

PLEASE NOTE: FLORIDA PUBLIC RECORDS LAW REQUIRES THAT ALL INFORMATION – INCLUDING E-MAIL ADDRESSES – RECEIVED IN CONNECTION WITH CITY BUSINESS BE MADE AVAILABLE TO ANYONE UPON REQUEST, UNLESS THE INFORMATION IS SUBJECT TO A SPECIFIC STATUTORY EXEMPTION. PLEASE SEE REVERSE FOR REQUIRED RELEASE AND WAIVER.

WAIVER, RELEASE OF LIABILITY AND INDEMNIFICATION FOR ADULTS AND MINORS
NOTICE TO THE MINOR CHILD'S NATURAL GUARDIAN

READ THIS FORM COMPLETELY AND CAREFULLY. YOU ARE AGREEING TO LET YOUR MINOR CHILD ENGAGE IN A POTENTIALLY DANGEROUS ACTIVITY. YOU ARE AGREEING THAT, EVEN IF THE CITY OF SUNRISE, ITS DEPARTMENTS, EMPLOYEES, OFFICIALS, COACHES, VOLUNTEERS AND AGENTS (HEREINAFTER "RELEASED PARTIES") USE REASONABLE CARE IN PROVIDING THIS ACTIVITY, THERE IS A CHANCE YOU OR YOUR CHILD MAY BE SERIOUSLY INJURED OR KILLED BY PARTICIPATING IN THIS ACTIVITY BECAUSE THERE ARE CERTAIN DANGERS INHERENT IN THE ACTIVITY WHICH CANNOT BE AVOIDED OR ELIMINATED. BY SIGNING THIS FORM YOU ARE GIVING UP YOUR CHILD'S RIGHT AND YOUR RIGHT TO RECOVER FROM RELEASED PARTIES IN A LAWSUIT FOR ANY PERSONAL INJURY, INCLUDING DEATH, TO YOU OR YOUR CHILD OR ANY PROPERTY DAMAGE THAT RESULTS FROM THE RISKS THAT ARE A NATURAL PART OF THE ACTIVITY. YOU HAVE THE RIGHT TO REFUSE TO SIGN THIS FORM, AND RELEASED PARTIES HAVE THE RIGHT TO REFUSE TO LET YOU OR YOUR CHILD PARTICIPATE IF YOU DO NOT SIGN THIS FORM.

I, the undersigned, as the undersigned and/or as the parent or legal guardian of the minor child ("my child") named below, do hereby give my full consent and approval for me or my child to participate as a member of the City of Sunrise's Recreation Programs.

I understand that there are certain risks of damages and injuries, including death, inherent in the City of Sunrise's Recreation Programs, as well as in traveling and in other related activities incidental to my or my child's participation, and I am willing to assume these risks on behalf of myself or my child. These risks include, but are not limited to, those hazards associated with weather conditions, travel, playing conditions, equipment and other participants.

I understand that there is inherent risk in Recreation Programs and that inherent risk means those dangers or conditions, known or unknown, which are characteristic of, intrinsic to, or an integral part of the activity; and that the term "inherent risk" further includes, but is not limited to: (1) the failure by the Released Parties to warn me or my child of an inherent risk, and (2) the risk that someone may act in a negligent or intentional manner and contribute to the injury or death of me or my minor child.

Further, I agree that in consideration for my or my child's participation in the City of Sunrise Recreation Programs, I hereby waive, release, discharge and agree not to sue the City of Sunrise, its departments, employees, officials, coaches, volunteers and agents ("Released Parties"), for any and all causes of actions, claims or damages arising out of or resulting from my or my child's participation in this activity, including but not limited to damages, injuries, or death arising out of the negligence of Released Parties or otherwise. I agree that for me or my child to participate in the activity, I assume full responsibility for any loss of property, accident, bodily injury, or death as a result of my or my child's participation in this activity.

I hereby permit the City of Sunrise to use or distribute any or all still and/or moving images in which I or my child appear for any use including, but not limited to: video, Web, print and multimedia applications; training or other instructional materials; advertising, commercials or other promotional materials; and other forms of media, without compensation. Any image (s) created shall be the property of the City of Sunrise.

I hereby give permission for me or my child to receive necessary medical treatment.

I further agree on behalf of myself and my child listed below, that I shall hold harmless and fully indemnify and defend the Released Parties from any and all causes of action, claims, damages, costs including but not limited to attorney's fees and costs, which may arise from any cause of action made by me or by, through or on behalf of me or my child, even if the damages, injuries or death are caused in whole or in part by the negligence of the Released Parties.

I acknowledge (a) that I have read (or have had read to me) each and every one of the provisions in this waiver, release of liability and indemnification agreement, (b) that I understand each of the provisions in this agreement and (c) that I agree to abide by them.

 PRINT NAME OF MINOR CHILD

 PRINT NAME OF LEGAL GUARDIAN OR ADULT PARTICIPANT

 ADDRESS

 SIGNATURE OF LEGAL GUARDIAN OR ADULT PARTICIPANT

DATE: _____

1. REGISTER ONLINE AT www.sunrisefl.gov OR USE ONE FORM TO REGISTER: Please print in ink or type. Make sure you fill out the registration form and waiver completely. Incomplete forms will be returned, and could delay your registration process. You may make additional photocopies of the form to submit if necessary.
2. HOUSEHOLD IDENTIFICATION#: The Department of Leisure Services has implemented a computerized registration process. If you have registered for any previous programs, your family was assigned a "Household Identification #." This number can be found on the receipt you received. Please write this number on your registration form. This will greatly speed up the registration process and improve the accuracy of your registration.
3. SUNRISE RESIDENTS RECEIVE SIBLING DISCOUNTS FOR YOUTH SPORTS PROGRAMS: Fee is for the first child; residents receive a 10% reduction for the second child, 15% for the third child, 20% for the fourth child, 25% for fifth child and an additional 5% cumulative reduction for each successive child.
4. LIST THE APPROPRIATE ACTIVITY NUMBER ON YOUR REGISTRATION FORM. Refer to the activity listing for the proper activity number.
5. DO NOT SEND CASH! Make checks or money orders payable to the City of Sunrise or complete credit card information on your registration form. Payment in full is required with each registration. (There is a \$20 or 5% charge - whichever is greater - for all checks not honored for any reason by the bank). Payment by check will only be accepted if received three (3) weeks prior to the activity.
6. PROOF OF RESIDENCY/AGE IS REQUIRED. Each time you register for a sport or activity, you must provide proof of residency as specified in the table on the right in order to qualify for the discounted Sunrise resident rate. You must also provide a copy of each child's birth certificate as proof of age if this is their first time participating in a Sunrise sports activity or other activity.

Proof A or ↓	ONE Document* from Category A: <input type="checkbox"/> Mortgage Statement <input type="checkbox"/> Utility Bill: Water, Cable, FPL, or Internet <input type="checkbox"/> Printout from the Broward County Property Appraiser website (BCPA.net) <i>Don't have Proof A? Provide Proof B...</i>
Proof B or ↓	TWO Documents* from Category B: <input type="checkbox"/> Car registration <input type="checkbox"/> Car insurance <input type="checkbox"/> Tax return / tax assessment <i>Don't have Proof A or Proof B? Provide Proof C...</i>
Proof C	THREE Documents* from Category C: <input type="checkbox"/> Bank statement <input type="checkbox"/> Student loan <input type="checkbox"/> Toll bill <input type="checkbox"/> Credit card statement <input type="checkbox"/> School enrollment form <input type="checkbox"/> Insurance policy <input type="checkbox"/> Medical bill <input type="checkbox"/> Paystub <input type="checkbox"/> Driver's license or <input type="checkbox"/> Cell phone bill <input type="checkbox"/> Lease agreement <input type="checkbox"/> State-issued photo ID with Sunrise address
*Documents cannot be more than two months older than the date on which they are submitted as proof of residency.	

7. SIGN AND DATE THE BOTTOM OF THE FORM. Send: 1) Completed registration form; 2) check or money order; 3) proof of residency; and 4) a copy of each first-time participant's birth certificate to:
 The City of Sunrise, Department of Leisure Services
 ATTN: Registration
 Civic Center & Athletic Club
 10610 West Oakland Park Blvd.
 Sunrise, Florida 33351
 Call (954) 747-4600 with any questions.

SUNRISE PARKS & FACILITIES

Leisure Services Office
 10610 W. Oakland Park Blvd.
 Open 9:00 am - 5:30 pm, weekdays
 Closed 7/4

Athletic Club | 10610 W. Oakland Park Blvd.
 Open 6:30 am - 9:00 pm, weekdays
 Open 8:00 am - 8:00 pm, weekends
 Open 8:00 am - 3:00 pm 7/4 & 9/5

City Park | 6600 Sunset Strip
 Open 8:00 am - 10:00 pm, daily

Cypress Preserve Park
 9020 NW 38 Street
 Open 8:00 am - sunset, daily

Flamingo Park | 12855 NW 8 Street
 Open 8:00 am - 10:00 pm, daily

Flamingo Road Linear Park
 Flamingo Road between
 Panther Parkway & Oakland Park Blvd

Lakeside Park
 3000 Sunrise Lakes Drive West.
 Open 8:00 am – sunset, daily

Nob Hill Soccer Club Park
 10200 Sunset Strip
 Open 8:00 am - 10:00 pm, daily

Oak Hammock Park
 9220 NW 44 Street
 Open 8:00 am - sunset, daily

Oscar Wind Park
 200 North New River Circle
 Open 8:00 am - 10:00 pm, daily

Piper Field | 8000 NW 44 Street

Sawgrass Sanctuary
 237 N. New River Circle
 Open 8:00 am - sunset, daily

Shotgun Road Linear Park
 1201 Shotgun Road

The Bridges at Springtree Golf Club
 8150 Springtree Drive
 Golf Course Open 7:00 am - sunset

Sunrise Athletic Complex (SAC)
 11501 NW 44 Street
 Open 8:00 am - 10:00 pm, daily

Sunrise Senior Center
 10650 W. Oakland Park Blvd.
 Open 8:30 am - 9:00 pm, M-TH
 Open 8:30 am - 4:30 pm, F
 Open 9:00 am - 1:00 pm, Sat
 Closed 7/4

Sunrise Golf Village Park
 1277 Sunset Strip

Sunrise Sportsplex
 9101 NW 50 Street
 Open 8:00 am - 10:00 pm, daily

Sunrise Tennis Club
 9605 W. Oakland Park Blvd.
 Open 8:00 am - 9:30 pm, weekdays
 Open 8:00 am - 3:00 pm, weekends
 Open 8:00 am - 3:00 pm, 7/4 & 9/5

Village Multipurpose Center*
 2240 NW 68 Avenue
 Open 10:00 am - 9:00 pm, weekdays
 Open 10:00 am - 6:00 pm, weekends
 Open 10:00 am - 3:00 pm, 7/4 & 9/5

Village Square Park | 6601 Sunset Strip

Welleby Park
 11100 NW 44 Street
 Open 8:00 am - sunset, daily

** Closed periodically for programming; call for availability.*

7/4 Park Hours: 8:00 am - 3:00 pm



Leisure Services Department
 10610 West Oakland Park Boulevard
 Sunrise, FL 33351
 Phone: (954) 747-4600

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2022

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