



BLACK LIGHT

PAINTING

SENSORY
FRIENDLY
SATURDAY

Activity

Create a 3D glow party sculpture with black light paint and a cereal box! Use a black light and fluorescent paint to create an epic glow effect or just follow along with bright paint, either way, this cereal box transformation is fun to create! Get creative and make your box into a robot, car, or any other thing you can imagine! We're going to use fun and simple designs like swirls, zig zags, stars, circles and words!

Note:

We've created a shopping list to help you get started! Click [HERE](#) to shop!

Glow in the dark painting is a visual sensory activity. It not only engages your child's visual motor skills through the simple act of painting, but it also challenges their visual perceptions of what they've painted when the lights go out and their designs glow!

1



Gather Supplies:

- Cereal Box or Large Cardboard Box
- Paintbrush
- Fluorescent Paint
- Black Light Bulb
- Tape

2



Disassemble the cereal box so it lays open and flat. Flip it inside out and fold the creases in the opposite direction.



3



Reassemble the box inside out. Start by connecting the long sides together with a long piece of tape.

4



Connect the top tabs with tape. If needed, stick your hand inside the box to add pressure to the inside of the taped area to make sure the seal is tight.

5



Lastly, connect the bottom tabs with tape. The box should be fully assembled inside out.

6



Using the fluorescent paint, start adding designs to the front and back surface of the box. Make sure to leave some space in the background so the design pops under the black light. Simple lines and swirls work best!



7



Paint designs on both sides and the top of the box. Small details work best.

8



Once all sides except for the bottom are painted, allow it to dry for about 20 minutes.

9



Find a dark area and set up the black light lamp or bulb. Direct the light at the box and shut off any other lights.

10



Now watch your box glow from every angle! Move your box around to see how the different designs interact with each other and have a cool light show glow party!