



# News Release

**Sunrise Fire-Rescue Department**  
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[www.sunrisefl.gov](http://www.sunrisefl.gov)  
For Release: IMMEDIATE

## Happy New Year from Sunrise Fire-Rescue

(SUNRISE, FL) - It's a New Year and time for setting New Year's Resolutions. Sunrise Fire-Rescue encourages you to make fire safety part of your resolutions this year by adding these suggestions to your list. Following these simple safety tips can help keep you and your family safe this year.

- Clean the lint from your clothing dryer vent.
  - o Lint collects in the dryer exhaust vent and is extremely flammable.
  - o Be sure to clean the vent or have this done by a professional at least once a year.
  
- Keep your oven and stovetop clean.
  - o With the holidays behind us, it is a great time to clean the inside of the oven from any grease or excess food build-up.
  - o Self-cleaning ovens are great or use a non-flammable kitchen cleaner to remove the grease.
  - o Make sure to clean the stovetop, particularly those with coils from any food build up.
  
- Get rid of your expired or old medications.
  - o Check the labels on all prescription medications in your home.
  - o If they have expired, bring them to the safe disposal in the lobby of the Public Safety Building located at 10440 W. Oakland Park Blvd.
  - o Do not flush them down the toilet or throw out with the regular garbage.
  
- Reduce the clutter from your walkways.
  - o Falls in the home often occur due to cluttered walkways. Keep them clear from any potential trip hazards.
  - o Wear proper footwear in the home and avoid walking around only in socks.
  - o Keep the hallways well lit.

For more information and safety tips, visit the City of Sunrise website at [www.sunrisefl.gov](http://www.sunrisefl.gov). And as always, in the event of an emergency dial 9-1-1 immediately.

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